



November 2018

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

22nd Annual Dunes West Holiday Craft Show

November 10 ■ 9-4 p.m.

Our holiday craft show will have over 45 vendors who will be selling their crafts. Crafts scheduled for sale include; jewelry, wood crafts, pottery, shells, ornaments, paintings, quilts, and much more. Food available for purchase.

Do all your holiday shopping early, buy something for family or friends or something for yourself that you know you will like. Questions? Call the Athletic Club at 843-881-8735 and ask for Neal or Betty.



Book Club

November 13 ■ 7 p.m.

Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting room or in a book club member's home. If you have any questions or would like to find out what this month's reading is, contact Anna Ewing at aeewing@ameritech.net.

Tuesday Night Wine & Dine

(Ladies Only)

Tuesday, November 13
(Second Tuesday of every month)

For reservations, call 843-856-9378.
All RSVPs must be in by the Friday before the event and any cancellations by Monday (the day before).

\$22, including tax & gratuity
Salad, two entrées, starch,
vegetable & dessert

November Menu

- **Caesar Salad** with croutons & Parmesan cheese
- **Chicken Piccata** with white wine, lemon & capers
- **Grilled Garlic Shrimp** with garlic parsley butter
- **Pasta Primavera**
Penne tossed with char-grilled vegetables

Dessert

Tiramisu with fresh whipped cream

Gingerbread Decorating Classes

December 3-5 ■ 5-6 p.m.

Does your child have a creative spark and a sweet tooth? Join us for our

Save the Date!

New Eagle's Nest Menu

Every Monday | 5-9 p.m.

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

November 10

22nd Annual Dunes West Holiday Craft Show

November 13

Book Club
Tuesday Night Wine & Dine

December 3-5

Gingerbread Decorating Classes

annual gingerbread house classes at The Club at Dunes West! Children ages 5-12 are invited to participate in one of three gingerbread building sessions:

Monday, December 3
Tuesday, December 4
Wednesday, December 5.

Cost per child:

\$12 / Members ■ \$13 / guests.
Payment due at time of registration.

RSVP by emailing to neal.cavallon@duneswestgolfclub.com.

The Gingerbread Classes fill up very quickly. If you call and we are full, we will add your child to the waiting list.

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Layer up!
Fall is here!

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AROUND THE CLUB

Eagle's Nest Monday Night Menu

Kitchen Open, 5-9 p.m.

Special drink prices all night long!

- Domestic Beer, \$2
- House Wine, \$3
- House Liquor, \$4

Kitchen Menu

- **Wings** with celery & carrot sticks, 6 for \$8 ▪ 12 for \$12

Choose:

Buffalo, dry ranch, BBQ, buffalo ranch

Choose:

Bleu cheese or ranch dressing

- **Buffalo Crunch Burger**

Bleu cheese crumbles, bleu cheese dressing, buffalo wing sauce & kettle chips with lettuce, tomato & onion, served with hand-cut fries, \$12

- **Fried Shrimp Basket**

Choice of garlic shrimp with lemon aioli or buffalo shrimp with bleu cheese, served with hand-cut fries, 8 for \$12

- **Lettuce Wraps**

Ginger-soy marinated chicken & carrot slaw, drizzled with homemade peanut Satay, served with Thai chili dipping sauce, 3 for \$12



Bar Snacks

- **Pimento Cheese** with Captain's wafers, 6
- **Soft Pretzel**
Homemade Sierra Nevada beer cheese dip, 7
- **Queso Dip**
Tortilla chips & homemade queso dip, 8

DW Grille Thursday Dinner

Every Thursday Night

Half Price Bottles of House Wine

Appetizers

- **Crab Cake** with a roasted red pepper & corn relish with lemon aioli, \$9
- **Beef & Red Bean Chili** topped with shredded cheddar & red onions, \$4/\$7

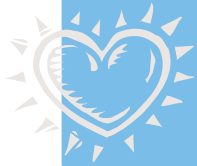
Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Ahi Tuna**
Black & white sesame crusted and seared tuna, drizzled with a soy ginger reduction, with pickled ginger on a bed of wasabi mashed potatoes, with glazed carrots, \$20
- **Smoky Mac & Cheese** with grilled chicken, andouille sausage, smoked gouda, cheddar & American cheese, topped with buttery panko & chive topping, \$15

Remembering Erin Thomas

Erin's positive impact on those who loved her continues to live on. As you know this weekend was the Whispering Marsh Tournament. Mike Evans came to me and said he wanted to do something special in Erin's honor because she took such good care of this group on the beverage cart every year. They all loved her spirit, her personality and her top notch service. Mike asked me what Erin's favorite charity was so I reached out to John and he told me it was Donate Life. Mr. Evans and the entire group dedicated this year's tournament to Erin and had a raffle and took donations and they raised \$1600! They will be contacting **Donate Life** this week and making the donation in Erin's honor.



This is the charity:
Go to www.donatelife.net
to learn more.

- **Braised Leg of Lamb** with a mint demi-glace over mashed potatoes & glazed carrots, \$21
- **Dunes West Burger**
American cheese, cheddar cheese, crisp bacon & our homemade smoked aioli with shredded lettuce, tomato and onion on a buttered & grilled brioche bun, \$12
- **Charleston Chicken**
Grilled or fried chicken breast with pimento cheese, shredded lettuce and tomato, on a buttered & grilled brioche bun, \$12

Salads

Add to any entrée for \$4

- **Caesar Salad** with homemade croutons & Parmesan cheese

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A Note from Linda in Accounting

❶ If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30 day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing

❷ Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

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■ **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

DW Signature Drinks

Basil Basil

Basil Hayden® bourbon with basil infused simple syrup, lime juice & club soda, \$8

Basil Nip

Charleston based Nippitay Gin with basil infused simple syrup, lime juice & tonic water, \$8

Fall Fitness Session

October 8-January 5

Fall fitness session has started. End 2018 with a bang! Everyone needs to get in shape before holiday season and holiday eating. Get involved with our fitness classes



Fee for Fall Fitness Session

Unlimited Classes:

\$145 per person
You will receive three months of unlimited

Happy Thanksgiving!

and meet new people while getting in shape. We would love for you to join!

New Saturday class! Core and More, 8:30 a.m.

Class will be held outside (weather permitting) for 30-45 minutes, working on core/strength and cardio. Last 15 minutes will be inside with light weights and final stretch using stretch straps. Class is designed for **ALL** fitness levels and modifications will be provided.

We are adding a second **Pilates class** on Monday mornings and come try our evening **Restorative Yoga classes**.

Schedule

Monday:

Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Body Conditioning, 9:15 a.m.

Saturday:

Core & More, 8:30 a.m.

classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come every now and then!)

Sign up today for our Fall Fitness Session! 843-881-8735
or neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.

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Having a Party or Meeting?

Where will you have your holiday party this year? Did you know that Club Members can rent the Clubhouse Meeting Room for private events? The Meeting Room is a beautiful, spacious part of the Clubhouse that can accommodate up to 100 people. Members have enjoyed renting this space for birthday parties, meetings and other social events. For details call or email Neal at 843-881-8735 or neal.cavallon@duneswestgolfclub.com for an electronic copy. Available dates can be held for 48 hours until Club staff receives the completed application and payment. Weekends are especially popular, so book your event well ahead of time and get ready to party! ... or have a quiet meeting.

2018 Junior Club Champs!

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Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for ALL things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter Social Networks can be found on our website: www.duneswestgolfclub.com.

Hole-In-One

Barbara Boyer ■ 10/14/18
Hole #6 ■ 7 Iron ■ 107 Yards

Witnesses: Jack Boyer,
Janice Zagorski, Richard Zagorski



Sloan Stoklosa



Alex Levin

GOLF NEWS

2018 MGA 1-Day Member Guest Results

Gross:

1st Place

Stephan Eckhardt / Patrick Murphy, 68

2nd Place

Jerad Shaffer / Matt Zeleniak, 70

Net:

1st Place

Carlos Jensen / Robert Scoli, 61

2nd Place

David Papagoda / Ed McDonough, 63

3rd Place

Woody Thacker / Mike McCraw, 63

Congratulations!



Barbara Boyer

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000



2018 One Day Men's Member Guest Winners:
Stephan Eckhardt & Patrick Murphy

2018 Junior Club Championship Results

Girls Champion

1st Place: Sloan Stoklosa

Boys Champion

1st Place: Alex Levin

November



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



It's the season for golf!

4

MGA, 7:15-7:42
Couples Golf, 12:30 p.m.
Dinner after Golf, Menu TBD

5

Interclub 9 a.m.
Tee Open, 2:36 p.m.
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.
Eagle's Nest Open!
Monday Night Menu, 5-9 p.m.

6

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

7

SMGA, 9:30-10:24
LGA 9 & Lunch, 9:03-9:21
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

8

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:51
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

9



SMGA, 9:30-10:24
LGA, 9:03-9:21
Body Conditioning, 9:15 a.m.

10

MGA, End of Season, 7:33-8:54 & 12:12-1:33
Core & More, 8:30 a.m.
22nd Annual Holiday Craft Show, 9-4 p.m.

11

MGA
End of Season, 8-9:21

12

SMGA, 9:30-10:24
LGA, 9:03-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.
Eagle's Nest Open!
Monday Night Menu, 5-9 p.m.

13

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Book Club, 7 p.m.
Ladies Wine & Dine Dinner - Call For RSVPs 843-856-9378

14

SMGA, 9:30-10:24
LGA 9 & Lunch, 9:03-9:21
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

15

LGA Presidents Cup, 9:03
SLIP, 8-8:54
GOB, 8:27-8:54
Cardio Sculpt, 6:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

17

MGA, 7:15-8
Core & More, 8:30 a.m.

18

MGA, 7:15-7:42

19

SMGA, 9:30-10:24
LGA, 9:03-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.
Eagle's Nest Open!
Monday Night Menu, 5-9 p.m.

20

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

21

SMGA, 9:30-10:24
LGA 9 & Lunch, 9:03-9:21
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

22

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Thanksgiving Tee Closed, 1 p.m.
No Thursday Dinner Due to Thanksgiving Holiday

23

SMGA, 8:36-9:57
LGA, 8:09-8:27
MGA, 7:15-8
Body Conditioning, 9:15 a.m.

24

MGA, 7:15-8
Core & More, 8:30 a.m.

25

MGA, 7:15-7:42

26

SMGA, 9:30-10:24
LGA, 9:03-9:21
Pilates, 8 a.m.
Body Conditioning, 9:15 a.m.
Eagle's Nest Open!
Monday Night Menu, 5-9 p.m.

27

LGA, 8:27-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

28

SMGA, 9:30-10:24
LGA 9 & Lunch, 9:03-9:21
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

29

LGA, 8:18-8:54
SLIP, 9:03-9:21
GOB, 10:06-10:33
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8 p.m. RSVPs 843-856-9378

30

SMGA, 9:30-10:24
LGA, 9:03-9:21
Body Conditioning, 9:15 a.m.

