



November 2019

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille

843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

23rd Annual Dunes West Holiday Craft Show

Saturday, November 9 ■ 9-4 p.m.

Save the date to join us at the Athletic Club. Over 50 vendors will be selling their crafts. Crafts scheduled for sale include; jewelry, wood crafts, pottery, shells, ornaments, paintings, quilts, and much more. Food will be available for purchase. Do all your holiday shopping early, buy something for family or friends or something for yourself that you know you will like. If you have any questions call the Athletic Club at 843-881-8735 and ask for Neal or Betty.

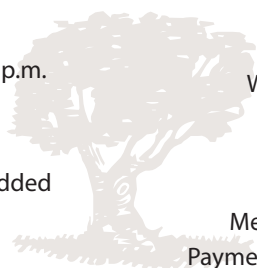
Wine & Dine Dinner

(Ladies Only)

Tuesday, November 12 ■ 6 p.m.

Menu

- **Caesar Salad** with shredded Parmesan cheese
- **Focaccia** with our signature garlic oil
- **Shrimp Scampi** tossed with penne pasta
- **Chicken Cordon Bleu** with white wine, lemon butter sauce



- **Oven-Roasted Potatoes**
- **Fresh Green Beans**

Dessert

- **Pumpkin Pie** with fresh whipped cream

Payment Note

\$24 per person

Tax & gratuity included

Ladies, please plan to pay by cash, personal check or member number at the door. Credit card payments for drinks at the bar only.

To RSVP, call 843-856-9378.



Gingerbread Decorating Classes

December 3-5 ■ 5-6 p.m.

Does your child have a creative spark and a sweet tooth? Join us for our annual Gingerbread House classes at The Club at Dunes West! Children ages 5-12 are invited to participate in one of three gingerbread building sessions:

Tuesday, December 3

Wednesday, December 4

Thursday, December 5

Cost per child:

Members, \$12 ■ Guests, \$13

Payment due at time of registration.

RSVP by emailing to

neal.cavallon@duneswestgolfclub.com

The Gingerbread Classes fill up very

Save the Date!

Sliders in the Eagles Nest \$4.50

Every Friday | 5-9 p.m.

Thursday Dinner

5-8:30 p.m. | RSVP 843-856-9378

November 1

DW Grille First Friday
No Eagles Nest

November 9

- 23rd Annual Dunes West Holiday Craft Show
- Member-Guest

November 10

Member-Guest

November 12

Wine & Dine Dinner

December 3-5

Gingerbread Decorating Classes

December 7

Member Holiday Party

quickly. If you call and we are full, we will add your child to the waiting list.

AROUND THE CLUB

Thanksgiving Desserts To Go

Let us do the work for you! Pre-order desserts from us and pick up at the club the week of Thanksgiving.

CONTINUED »

Holiday Craft Show

CONTINUED »»

- **Pumpkin Pie (9")** with chantilly cream serves 8 people, \$15
- **Apple Cranberry Cobbler** with chantilly cream serves 12 people, \$18
- **Tiramisu**, \$22
Serves 12

Orders taken starting Friday, November 1 and must be placed by Sunday, November 24 at 3 p.m.

Scheduled pick up times will be Monday, November 25-Wednesday, November 27 between 3-6 p.m.

Payment must be made when placing the order (Member charge, cash or credit card).



DW Grille Thursday Dinner

APPETIZERS

- **Sausage & Squid**
Fried calamari & grilled sweet Italian sausage, tossed with fresh lemon juice, pepper rings & garlic-parsley butter, served with marinara & a roasted red pepper cream sauce, \$9
- **New England Clam "Chowdah,"**
\$4 / \$7

ENTREÉS

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Eggplant Napoleon**
Breaded and lightly fried eggplant layered with Italian herbs, ground beef, ground sausage & cheese finished with homemade marinara, served with a side of penne, \$16
 - **Tuscan Ribeye**
Grilled 12 oz. Ribeye topped with a roasted garlic & rosemary demi-glace, with creamy Parmesan-herbed polenta & fresh green beans, \$21
 - **Zuppa di Pesce**
Calamari, salmon, shrimp & mussels sautéed in an onion & tomato broth with Cannellini beans, served with a wedge of char-grilled, garlic rubbed focaccia, \$20
 - **Chicken Parmesan**
Topped with marinara sauce & fresh mozzarella, served on a bed of penne Alfredo, \$15
 - **Dunes West Burger**
American cheese, cheddar cheese, fried pickles & our homemade secret sauce with shredded lettuce, tomato & onion on a buttered & grilled brioche bun, \$12
 - **Charleston Chicken**
Grilled or fried chicken breast with pimento cheese, shredded lettuce & fried green tomato, on a buttered & grilled brioche bun, \$12
 - **Caesar Salad**
Romaine lettuce, croutons & Parmesan cheese, \$8
- Add: Grilled chicken, shrimp, bourbon marinated salmon, flank steak or fried green tomato, \$4*

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.
- 3 Pools open next month! Be sure to pay your balance in full so we can activate your pool cards!



SALAD

Add to any entrée for \$4.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled Bleu cheese, diced tomatoes, bacon bits & Bleu cheese dressing
- **House Salad**
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

DW SIGNATURE DRINKS

- **Southern Sour**
Woodford Reserve Bourbon with fresh lemon juice, honey infused simple syrup & a cherry, \$9
- **Charleston Tonic**
Charleston based Nippitaty Gin elder flower tonic & lime wedge, \$9
- **Dunes West Mule**
Tito's Vodka, Ginger Beer & lime juice, garnished with a lime, \$9

DW Grille First Friday

APPETIZERS

- **Queso Dip**
Homemade queso cheese dip & tortilla chips, \$8

CONTINUED »»

Fall is here!

Add: Grilled chicken, shrimp, bourbon marinated salmon, flank steak or fried green tomato, \$4

CONTINUED » »

■ **New England Clam "Chowdah,"**

4- / 7-

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ **Prime Rib**

8 oz. Queen-Cut, \$18

12 oz. King-Cut, \$22

Served with au jus, scallion mashed potatoes & fresh green beans

■ **BBQ Chicken**

Two grilled chicken breasts brushed with bbq sauce topped with smoked gouda, shredded cheddar cheese, two strips of bacon, diced tomatoes & scallions on a bed of smashed red potatoes and braised collard greens, \$16

■ **Chipotle Fried Shrimp** on a bed of petite peas, roasted corn & rice, drizzled with a smoky lime aioli, garnished with chopped scallions, \$17

■ **Black & Blue Burger**

8 oz. burger with blackened seasoning, bleu cheese crumbles & bleu cheese dressing with lettuce, tomato & onion, served with hand-cut fries, \$12

■ **Hunter's Chicken Sandwich**

Fried chicken breast, topped with a mushroom red wine demi glace & smoked gouda on buttered and grilled white bread, served with hand-cut fries, \$12

■ **Caesar Salad**

Romaine lettuce, croutons & Parmesan cheese, \$8

SALAD

Add to any entrée for \$4.

■ **Caesar Salad** with homemade croutons & Parmesan cheese

■ **Romaine Wedge** with crumbled Bleu cheese, diced tomatoes, bacon bits & Bleu cheese dressing

■ **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

DW SIGNATURE DRINKS

■ **Southern Sour**

Woodford Reserve Bourbon with fresh lemon juice, honey infused simple syrup and a cherry, \$9

■ **Charleston Tonic**

Charleston based Nippitaty Gin elder flower tonic & lime wedge, \$9

■ **Dunes West Mule**

Tito's Vodka, ginger beer & lime juice, garnished with a lime, \$9

Eagle's Nest

Friday Night Sliders
5-9 p.m.

Special Drink Prices

Happy Hour Pricing All Night Long!

Sliders Menu

Three sliders served with hand-cut fries, tater tots, onion rings, sweet potato fries, kettle chips or coleslaw

■ **Classic**

Ground beef burgers, sliced pickles, diced onion & white American cheese, \$12

■ **Cuban**

Sliced ham, pulled pork with Swiss cheese, pickles & brown mustard, \$12

■ **Garlic Shrimp**

Fried shrimp tossed with garlic, Parmesan, parsley butter, with lemon aioli, \$12

■ **Buffalo Chicken**

Fried chicken, wing sauce & bleu cheese dressing, \$12

Bar Snacks

■ **Pimento Cheese** with Captain's Wafers, \$6

■ **Queso Dip**

Tortilla chips & homemade queso dip, \$6

■ **Specialty Drink**

Ask your server for tonight's special.

CONTINUED » »

Having a Party
or Meeting?

Where will you have your holiday party this year? Did you know that Club Members can rent the Clubhouse Meeting Room for private events? The Meeting Room is a beautiful, spacious part of the Clubhouse that can accommodate up to 100 people. Members have enjoyed renting this space for birthday parties, meetings and other social events. For details call or email Neal at 843-881-8735 or Neal.Cavallon@duneswestgolfclub.com for an electronic copy. Available dates can be held for 48 hours until Club staff receives the completed application and payment. Weekends are especially popular, so book your event well ahead of time and get ready to party! ... Or have a quiet meeting.

*Member-Member
Champions!*

CONTINUED »

Fall Fitness Session

October 7 – January 3

End 2019 with a bang! Everyone needs to get in shape before Holiday season and holiday eating. Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join

Schedule

Monday:

Body Conditioning, 8 a.m.
Pilates, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Body Conditioning, 8 a.m.
Yoga for You, 9:15 a.m.

Saturday:

Mat Barre, 8:30 a.m.

Fee for Fall Fitness Session

Unlimited Classes

\$145 per person and you will receive
3 months of unlimited classes,
6 days per week! Only \$1.50 per class!

Drop-In Fee: \$10 (for those who just
want to come every now and then!)

Sign up today for our Fall Fitness
Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com



*Please drop off payments either in the
black box on the office door in the lobby
or in the mail slot of the Athletic Club.

GOLF NEWS

MGA & Dunes West Updated Tournament Schedule

November 9 & 10:

Member-Guest

November 23 & 24:

Ryder Cup

December 7:

**MGA CUP

ClubCorp Update

Congratulations to all our members
who have signed up for ClubCorp
Signature Gold. Enjoy your
new benefits!

2019 LGA Member -Member Results

1st Place Overall:

Jennifer Browne, Karen Snyder – 67

1st Place – Front 9:

Chris Zavada, Patty Tykal – 31

2nd Place – Front 9:

Kelly Garrison, Sheila Moses – 33

Follow Us on Facebook & Twitter

**Did you know that we have
Facebook/Twitter Accounts for
different features of the clubs?**

Dunes West Golf Club: You'll find out
all you need to know about golf specials,
special dinner menus, member socials,
special events and more! Information
about pool events, tennis socials, fitness
updates and more posted here.

Dunes West Tennis: This is our
newest page and is for ALL things
tennis! Jack, our Director of Tennis,
will be posting updates and pictures
of tournaments and socials. It's a great
way to keep in touch with fellow players
and to ask Jack specific questions
regarding lessons, camps and clinics!

We hope you 'Like' some or all of these
pages! It's a great way for us to keep
you in the loop in real time.

A link to both the Facebook and Twitter
social networks can be found on our
website: www.duneswestgolfclub.com.



3rd Place – Front 9:

Debbie Caruana, Denise Bromer – 35

1st Place – Back 9:

Sue Eggert, Peggy Shaffer – 34

2nd Place – Back 9:

Hilda Rose, Patrice Hardee – 35

3rd Place – Back 9:

Barbara Miller, Linda Travis – 36



November

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

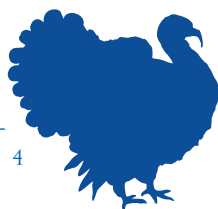
Saturday

*Daylight
Saving
Time ends*

*Veterans
Day*

*Enjoy Fall at
The Club!*

Thanksgiving!



							1	2
							SMGA, 9:30-10:24 LGA, 8:45-9:21 Body Conditioning, 8 a.m. Yoga for You, 9:15 a.m. First Friday Dinner - RSVPs 843-856-9378 Eagle's Nest will not open due to First Friday Dinner downstairs and a wedding upstairs	MGA, 7:15-8 GOB, 8:45-8:54 BELL, 9 a.m. Mat Barre, 8:30 a.m.
3	4	5	6	7	8	9		
MGA, 7:15-7:42	Interclub, 9 a.m. Tee Open, 2:36 p.m. Body Conditioning, 8 a.m. Pilates, 9:15 a.m.	LGA, 8:27-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	SMGA, 9:30-10:24 LGA 9 & Lunch, 8:45-9:21 Plates, 9 a.m. Restorative Yoga, 6:30 p.m.	LGA Presidents Cup, 8:09 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m. Thursday Night Dinner - RSVPs 843-856-9378	SMGA, 9:30-10:24 LGA, 8:45-9:21 Men's Invitational 1 p.m. Body Conditioning, 8 a.m. Yoga for You, 9:15 a.m. Eagle's Nest New Sliders Menu! 5-9 p.m. Happy Hour Bar Pricing All Night!	Mens Invitational 23rd Annual Holiday Craft Show, 9 a.m.-4 p.m.		
<i>Daylight Saving Time ends</i>								
10	11	12	13	14	15	16		
Mens Invitational Tee Open, 4:42 p.m.	SMGA, 9:30-10:24 LGA, 8:45-9:21 Body Conditioning, 8 a.m. Pilates, 9:15 a.m.	LGA, 8:27-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m. Wine & Dine Dinner (Ladies Only) RSVP 843-856-9378	SMGA, 9:30-10:24 LGA 9 & Lunch, 8:45-9:21 Plates, 9 a.m. Restorative Yoga, 6:30 p.m.	LGA Turkey Trot, 8:09-9:21 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m. Thursday Night Dinner - RSVPs 843-856-9378	SMGA Pirates Cup, 9:30 LGA, 8:45-9:21 Body Conditioning, 8 a.m. Yoga for You, 9:15 a.m. Eagle's Nest New Sliders Menu! 5-9 p.m. - Happy Hour Bar Pricing All Night!	MGA, 7:15-8 LGA 9:12-9:21 GOB, 9:57-10:15 Mat Barre, 8:30 a.m.		
<i>Veterans Day</i>								
17	18	19	20	21	22	23		
MGA, 7:15-7:42	SMGA, 9:30-10:24 LGA, 8:45-9:21 Body Conditioning, 8 a.m. Pilates, 9:15 a.m.	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	SMGA, 9:30-10:24 LGA 9 & Lunch, 8:45-9:21 Plates, 9 a.m. Restorative Yoga, 6:30 p.m.	LGA, 8:27-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m. Thursday Night Dinner - RSVPs 843-856-9378	GA Southern, 11 a.m. Body Conditioning, 8 a.m. Yoga for You, 9:15 a.m. Eagle's Nest New Sliders Menu! 5-9 p.m. - Happy Hour Bar Pricing All Night!	MGA End of Season, 7:33-8:54 & 12:12-1:33 GOB, 9:57-10:15 Mat Barre, 8:30 a.m.		
24	25	26	27	28	29			
MGA End of Season, 7:33-9:21 Deadline to Pre-order Thanksgiving Desserts	SMGA, 9:30-10:24 LGA, 8:45-9:21 Body Conditioning, 8 a.m. Pilates, 9:15 a.m.	LGA, 8:27-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	SMGA, 9:30-10:24 LGA 9 & Lunch, 8:45-9:21 Plates, 9 a.m. Restorative Yoga, 6:30 p.m.	LGA, 8:27-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Thanksgiving Tee Closed, 1 p.m. No Thursday Night Dinner due to Thanksgiving Holiday	SMGA, 8:36-9:57 LGA, 8:09-8:27 MGA, 7:15-8 Body Conditioning, 8 a.m. Yoga for You, 9:15 a.m. Eagle's Nest New Sliders Menu! 5-9 p.m. Happy Hour Bar Pricing All Night!	MGA, 7:15-8 Mat Barre, 8:30 a.m.		
<i>Thanksgiving!</i>								

