

JANUARY 2025



Pro Shop
843-856-9000

Grille
843-856-9000 ext. 7

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

**Sunday
Brunch**

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8:30PM

Dunes West

GOLF & RIVER CLUB

Dear Members,

We are very grateful for another amazing year. Membership continues to grow, the golf course continues to be recognized as one of the best around, and with changes coming for tennis and pickleball we are very excited for 2025.

We greatly appreciate your support of our employees during the holidays, **Veterans during Folds of Honor, Toys for Tots, Duck Race for MUSC Children's Playroom** as well as your unwavering support for the club in 2024.

We would like to congratulate our Club Champions **Barbara Miller** and **Jerad Shaffer**, our Member Guest Winners, **Anna Johnson** and **Jennifer Alvarez, Scott Flanders** and **Mr. Thullenar** as well as recognize our Hole-In-One recipients **Ray Bradshaw (2), Roy Flanagan, Dave Attard, Richard Scheldt, Ray Dickinson, Howard Whittaker** and **Jeff Teague**.

This year we have welcomed many new members and hope everyone has enjoyed the updates and changes that took place around the club. We also hope everyone is enjoying the course and the fabulous playing conditions thanks to **Rob Mackie** and his incredible staff.

We are happy to report some of the Capital improvements that took place during the year to include but not limited to **cart path repairs, new maintenance equipment, water coolers, driving range mats, re-shaped tee boxes, bridal suite, new kitchen equipment, new HVAC units** in the banquet room, added a **StairMaster® stepper** and **self propelled bike** in the gym, **painted/new roof** on the athletic clubhouse and resurfaced stadium court to name just a few.



Happy New Year!

We are equally as excited about what 2025 will bring and we have many more capital improvements planned.

We are excited to be building six dedicated Pickleball Courts with Lights and transitioning four Tennis courts to Clay.

Construction has begun and will continue through the beginning of 2025.

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this month

Hot Cocoa & Marshmallows Tennis Social

January 18
\$20 per person

Join us for the Hot Cocoa and Marshmallows Tennis Social. This is a great way to meet or make new tennis friends. You don't have to have a partner to sign up for this event and all levels are welcome. We will have several rounds of regular doubles, followed by one round of mixed doubles. Hot cocoa, marshmallows, and adult beverages will be supplied, and several prizes given out.

Please sign up by January 15 to reserve your spot. To sign up for this event please log in to your Dunes West 10sportal account, click <Activities>, then <Events>. If you need help setting up an account, please text Jack at 843-345-2995.



**Plus tax & gratuity.

Did you know we offer Fitness Classes at the Athletic Club?

If a class a try for free for your first class. Join our Fitness Classes for your 2025 goals. You can just show up to the classroom on the far right of the clubhouse at the time of class. If you want to keep taking classes, contact Jenn Devaney jenn.devaney@duneswestgolfclub.com to sign up.

\$10 drop-ins ● \$150 / 4 months unlimited

Monday

7:30AM Total Body Conditioning – Traci S.

8:45AM Pilates – Tracy

6PM Yin - Megan

Tuesday

7AM Vinyasa – Megan

8:30AM Pump It Up – Pam

6:30PM Restorative Yoga – Jim

Wednesday

7AM Vinyasa – Megan

8:45AM Pilates – Tracy

6:30PM Restorative Yoga – Jim

Thursday

7AM Vinyasa – Megan

8:30AM Pump It Up – Pam

6:30PM Restorative Yoga – Jim

Friday

7:30AM Total Body Conditioning – Tracy S

Saturday

9AM Vinyasa – Megan

Sunday

8AM Chisel – Jim



Try our Fitness Class for free!

Appetizer

● Southern-Style Oysters Rockefeller

Oysters on the half shell topped with a collard green, Parmesan & cream cheese blend, on a bed of rock salt, garnished with Old Bay seasoning, Market

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

● Beef Tenderloin Roulade

8 oz. Filet wrapped around a filling of spinach, crab & cream cheese, served with a fresh herb ravioli on a bed of arugula, with balsamic glaze & fried leeks, Market

● Bone-In Pork Chop

8 oz. Chop, with sage butter, served over red rice-style Hoppin John & collard greens, \$22

● Grilled Seabass

Topped with a zesty rémoulade, served with truffle fries & collards, \$23

● Spatchcock Chicken

Butterflied half chicken with house seasoning, pan-seared and served over collard greens with red rice-style Hoppin John, \$21

Salads & Sandwiches

● Grille Room Burger*

Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso and served with Bibb lettuce, tomato, onion, pickle, brioche bun, \$15 . Add Bacon, 75¢

● Chicken Sandwich

Grilled or Fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15. Add Bacon, 75¢

● Salmon Salad

Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

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We also wanted to inform you that in 2025 you will see a slight increase in Membership Dues. These increases along with other dollars will be going directly into capital improvements around the club.

● Dues will increase **\$4 per month** for **Athletic Club/Social Members.**

● Dues will increase **\$15 per month** for **Premier/Golf/Dual/Triple Members.**

Thank you for your continued support and we wish everyone a Safe and Happy Holiday Season and a Happy New Year!

around the club

Thursday Dinner

Dinner served, 5-8PM

NEW WINE SPECIAL!

Featuring \$25 Bottles of Wine

Side Salads

Add to any entrée for \$5.

● **Caesar Salad** with homemade croutons & Parmesan cheese

● **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

● **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

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Kids

Choose one side.

Grilled Cheese, Burger, Chicken Tenders,
Cheese Quesadilla \$6

racquet news

Adult USTA Teams

The Adult USTA Teams are set to get started mid January. If you're interested in playing on a team there is still time to join. We have teams for levels 2.5-4.0 for ladies and 3.0-3.5 for men. Please text Jack at 843-345-2995 for more information.

New App for Tennis/ Pickleball Court Reservations

We have some great news regarding the tennis/pickleball portal. Some of you may have seen that the sign in page on your computer or tablet has a new look. For those of you that use your mobile phones to make reservations or to sign up for clinics or events, you now can download an app designed specifically for your phones. Simply go to the App Store for iPhone or the Play Store for Android users, and search for the Dunes West Athletic Club app. You want to download the app that says . Once you have downloaded the app you can use your current username and password to log in. If you use face recognition or fingerprint scan you will now be able to use that in the

Holiday Wrapup!

future to log in. Simply click on the smiley face just under <Forgot Password> and it will ask you which method that you want to use. As with anything new there will be a learning curve with this app. If you need assistance with this process please text Jack at 843-345-2995.



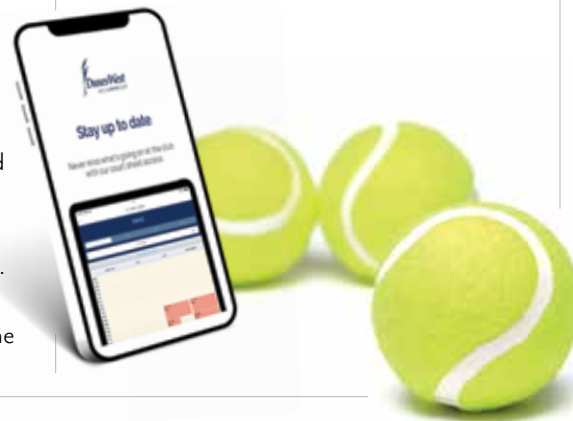
Upcoming Junior Classes

The programs will be coached by Director of Tennis Jack Miller, Head Pro Dave Cavanaugh, and Staff Coaches. It is our goal each week to provide a safe and fun environment for your child or children to learn the game of tennis. They will learn the rules and strokes through a variety of games promised to keep their attention.

See Refund/Make-Up Policy below.*

Tuesday Intermediate Yellow/Green Ball
Ages 10-16 ● \$198 / Junior

For juniors that have a good understanding of all the strokes and can maintain a rally. The classes are a mix of drills and point play with instruction. The series is for six weeks and will begin on January 7.



Orange Ball Knee Knockers
Ages 8-11 ● \$198 / Junior

For juniors that are just getting started or have played a little in the past. Our goal is to keep it fun with games, drills, and some point play as well. The series is for six weeks and will begin on January 7.

Wednesday Red Ball Ankle Biters
Ages 5-8 ● \$198 / Junior

For juniors that are just getting started in the game of tennis. Our goal for this group is to conduct games where the juniors are having fun but developing their hand and eye coordination skills as well as tennis strokes. The series is for six weeks, and the series will begin on January 8.

Orange Ball Knee Knockers
Ages 8-11 ● \$198 / Junior

For juniors that are just getting started or have played a little in the past. Our goal is to keep it fun with games, drills, and some point play as well. The series is for six weeks and will begin on January 8.

To sign up for any of the above series simply log into your tennis account and click on the <Activities> tab and then <Junior Programs> to sign your juniors up.

Refund/Make-Up Policy: After the first week of the junior series there will be no refunds unless you move from the local area. Any classes missed due to the weather, instructor illness, or holidays will be added to the end of the series. No refunds will be given for missed classes and there will be no carryover credit at the end of the series. If the student misses a scheduled class, there are no make-ups or credits given. Participants will not be allowed to class jump (i.e., Tuesday this week, Wednesday next week, etc.). The only exception for missing a class is for family emergencies (such as a death in the family), or a serious illness. In this case, this would be considered an excused absence, and we would allow a carryover credit to the next series.

Try your hand
at Pickleball!



Intro to Pickleball

Tuesdays ● 6-7PM

Starting January 7

Deadline to sign up is January 5

\$88 / 4-class series / person

Wednesdays ● 6-7PM

Starting January 8

Deadline to sign up is January 6

\$88 / 4-class series / person

Peter McGhee will be teaching the four-class series. We need at least four participants to conduct each series. We are limiting each class size to six. If the class is full, please sign up on the waitlist (you're not charged to sign up for the waitlist). If we have enough people on the waitlist, we will create another series. In the series you will be taught forehands, backhands, volleys and serves. You will also learn double's positions and strategies as well as how to keep score. It's a great way to get a workout and have some fun! *Please note:* there will be no class credits given for classes missed. We do not allow class fill-ins or substitutions. If a class is canceled due to weather or instructor illness, then the make-up class will be conducted at the end of the series. Come join the pickleball craze!

Intermediate Pickleball

Tuesdays ● 7-8PM

Starting January 7

Deadline to sign up is January 5.

\$88 / 4-class series / person

Wednesdays ● 7-8PM

Starting January 8

Deadline to sign up is January 6.

\$88 / 4-class series / person

If you already know the basics of pickleball and want to up your game, then the four-class series with Peter McGhee is for you. We need at least four participants to conduct the series. We are limiting the class size to six. If the class is full, please sign up on the waitlist (you're not charged to sign up for the waitlist). If we have enough people on the waitlist, we will create another series. This series will help you learn skills and strategies for more competitive play. The following will be covered: position on the court relative to your partner, use of the split step, introduce dinking straight and diagonal, how not to get caught in no man's land, and learn to hit the all-important lob. *Please note:* there will be no class credits given for classes missed. We do not allow class fill-ins or substitutions. If a class is canceled due to weather or instructor illness, then the make-up class will be conducted at the end of the series.

If you have any further questions, please contact Peter McGhee at 843-847-1586.

Junior Pickleball

After School Junior Pickleball

Series Beginning Tuesday, January 7

4:30-6PM ● Ages 8-14

The juniors will be split into groups based on skill level. This 4-class series

program taught by Peter McGhee will go over the rules, scoring, strokes, and play development of a game that will be enjoyed for years to come. Players will be grouped according to skill level as the series progresses. The classes will cover targeted skills, games, and playing time.

See Refund/Make-Up Policy previous page.*

The cost is \$132 for the 4-class series. Deadline to sign up is January 5. We must have at least four juniors signed up to conduct the series. To sign up please log into your account and click the <Activities> tab and then <Junior Programs> to sign your juniors up. If you have any further questions, please contact Peter McGhee at 843-847-1586.

Adult Pickleball

Thursdays at 6-7:30PM

Join us at Dunes West for our new weekly Pickleball Liveball Clinic with Peter McGhee. Liveball is the pickleball clinic that people cannot get enough of - fast-paced, hundreds of touches, this calorie-burning workout is a great way to play with new people, have fun, and get better at the game. Reserve your spot for just \$30 per person. We need at least five participants signed up to conduct the class. Please note that this is a week-to-week drop-in clinic. To sign up log into your pickleball account, click on <Activities> and you will see the clinic in the list. Please note that you can register six days in advance, and you will need to register each week. There is a 24-hour cancellation policy, so if you sign up and don't attend the clinic you will be charged. If the clinic is full, please sign up on the waitlist.

in the pool

Pools open April 1, 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>Happy New Year!</i></p>						
			1	2	3	4
			SMGA, 9:12-10:33 LGA, 8:45-9:23 MGA, 7:15-8:36 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	LGA, 8:18-9:03 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Total Body, 7:30AM	MGA, 7:15-8:54 Vinyasa, 9AM
5	6	7	8	9	10	11
MGA, 7:15-8 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA, 8:09-8:54 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 & 10:33-10:42 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	LGA, 8:18-9:03 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Total Body, 7:30AM	MGA, 7:15-8:54 Vinyasa, 9AM
12	13	14	15	16	17	18
MGA, 7:15-8 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA, 8:09-8:54 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 LGA, 10:33-10:42 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	LGA, 8:18-9:03 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	3 Club Tournament SMGA, 8:45-10:24 Total Body, 7:30AM	MGA, 7:15-8:54 Vinyasa, 9AM
19	20	21	22	23	24	25
MGA, 7:15-8 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	MGA, 7:15-8:36 SMGA, 9:12-10:33 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA, 8:09-8:54 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM	SMGA, 9:12-10:33 LGA, 8:18-8:36 LGA, 10:33-10:42 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	LGA, 8:18-9:03 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Total Body, 7:30AM Tacos & Trivia Reservations Required 843-856-9378	MGA, 7:15-8:54 Vinyasa, 9AM
26	27	28	29	30	31	
MGA, 7:15-8 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA, 8:09-8:54 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM	LGA, 8:18-8:36 LGA, 8:45-10:24 SMGA, 10:33-10:42 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	LGA, 8:18-9:03 Vinyasa, 7AM Pump It Up, 8:45AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Total Body, 7:30AM	

