

AUGUST 2026



Pro Shop
843-856-9000

Grille
843-856-9000 ext. 7

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

Sunday Brunch

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8PM

Dunes West

GOLF & RIVER CLUB

this month

BBQ Buffet & Karaoke

Friday, August 21
Cocktails 5-5:30PM
Buffet Dinner 5:30-7PM

Buffet: \$35/person++
This event is 21 & Over

Karaoke,* 7-11PM
*You do not have to come to dinner to join us
for Karaoke after 7PM. **Reservations not
needed for karaoke.**

For dinner reservations, please email:
Corinne Jarvis at Corinne.jarvis@
duneswestgolfclub.com.

Buffet Menu

- Southern Salad: Romaine, cucumbers, tomatoes, red onion, shredded cheddar, candied walnuts, Ranch or Honey-Mustard
- Corn Bread with Honey-Butter
- Slow-Cooked Beef Brisket
- Pulled Pork with two sauces
- Charleston Red Rice
- Coleslaw
- Peach Cobbler with fresh whipped cream

Wanna Pool Party?

Want to throw a pool party at the main pool? Reserve the screened in porch for \$60 an hour. For reservations, contact Jenn Devaney jenn.devaney@duneswestgolfclub.com.



Thursday Dinner

Dinner served, 5-8:30PM

New Wine Special!

Featuring \$25 Bottles of Wine

Side Salads

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Appetizer

- **Bruschetta**
Tomatoes, onion, & basil, tossed in EVOO & balsamic vinegar, on a toasted crostini with mozzarella cheese, \$13

Entrees

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Chicken Pignatelli**
Stuffed with spinach, prosciutto, & mozzarella, topped with a Chardonnay cream sauce, over scallion rice with seared asparagus, \$24
- **Filet Oscar – Mixed Grille**
4 oz. Filet, topped with crab & Bearnaise, with grilled shrimp & sausage, over buttery mashed potatoes & seared asparagus, \$39

- **Fried Pork Chops**
Two breaded & fried chops, with brown gravy, mashed potatoes & sauteed French-style green beans, \$22

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**Plus tax & gratuity.

2026 Fitness Class Schedule

Monday

8:45AM Pilates, Tracy

6PM Yin, Megan

Tuesday

7AM Vinyasa, Megan

8:30AM Pump It Up,
Pam

10:30AM Water
Aerobics at TLH, Susan

6:30PM Restorative
Yoga, Jim

Wednesday

7AM Vinyasa, Megan

8:45AM Pilates, Tracy

6:30PM Restorative
Yoga, Jim

Thursday

7AM Vinyasa-Megan

8:30AM Pump It Up,
Pam

10:30AM Water
Aerobics @TLH, Susan

6:30PM Restorative
Yoga, Jim

Friday

8:45AM Barre Sculpt,
Tricia

10AM Recovery Stretch
& Reset, Tracy **NEW!**

10:30AM Water
Aerobics @TLH, Susan

Saturday

9AM Vinyasa, Megan

Sunday

8AM Chisel, Jim

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● Seafood Alfredo

Seared tuna & shrimp, with penne, broccoli, and a homemade Alfredo sauce, with grilled garlic toast points, \$27

Salads & Sandwiches

● Grille Room Burger**

Half-pound char-grilled Angus beef, with Swiss, American, cheddar, havarti, provolone or queso. bibb lettuce, tomato, onion, pickle, Brioche bun, \$15. Add Bacon \$.75

● Chicken Sandwich

Grilled or fried, Swiss, American, cheddar, Havarti, provolone or queso. bibb lettuce, tomato, onion, pickle, Brioche bun, \$15 Add bacon, \$.75

● Salmon Salad

Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

Kids Choose one side, \$6

Grilled Cheese ● Cheese Quesadilla

Chicken Tenders ● Burger

come
dine with
us!

net news

Ladies Night Pickleball

Mondays August 3-31 ● 7-8:30PM

These sessions are held every Monday and designed for players at an intermediate level or higher.

Format: Up & Down the River**

This is a fun, competitive way to play and socialize. Players rotate courts after each timed game: the winning team moves "up the river" toward the top court, while the other team moves "down the river" one court.

- \$15/player/night.
- Registration: Please sign up via the Tennis/Pickleball portal.
- Extras: Refreshments & prizes will be provided!

Men's Night Pickleball

August 4 – September 1 ● 7-8:30PM

These sessions are held every Tuesday and are designed for players at an intermediate level or higher. »

Pool Info

- **NEW!** Main pool & TLH open for adult and 13 and older with adult supervision only for lap swim **only** at 6-10AM.
- All pools open at 10AM for rec swim.
- We have great pool events planned this season:

August 8

3rd Annual Duck Race

August 9

Last day for guards
7 days a week



Format: Up & Down the River**

This is a fun, competitive way to play and socialize. Players rotate courts after each timed game: the winning team moves "up the river" toward the top court, while the other team moves "down the river" one court.

- \$15/player/night
- Registration: Please sign up via the Tennis/Pickleball, portal.
- Extras: Refreshments and prizes will be provided!

Open Play Days

Beginner & Intermediate

Monday, Wednesday, & Fridays

● 8-10AM

Intermediate

Thursdays ● 6:30-8PM

To sign up simply log into your tennis/Pickleball, click on activities and find the day and time that works for you. There is no charge for open play days.

Fall 2026

Junior Tennis Series

Tuesday

Intermediate

Yellow/Green Ball

Tuesdays, 4:30-6PM (Starting August 18)
Ages 11-16 ● \$198

For players who can rally and know all the strokes. Six weeks of drills and point play with instruction. Sign-up by August 16.

Orange Ball Knee Knockers

Tuesdays, 4:30-6PM (Starting August 18)
Ages 8-11 ● \$198

Perfect for juniors just starting or returning to tennis. Games, drills, and point play keep it fun! Sign-up by August 16.

Congrats Paul!



Paul Hopmeier



wednesday

Orange Ball
Knee Knockers

Wednesdays, 4:30-6PM
(starting August 19) Ages 8-11 ● \$198

Perfect for juniors just starting or returning to tennis. Games, drills, and point play keep it fun! Sign-up by August 17.

Red Ball Ankle Biters

Wednesdays 4:30-6 PM
(Starting August 19)
Ages 5-8 ● \$198

A playful introduction to tennis with games that build coordination and strokes. Sign-up by August 17.

Each series runs for six weeks and requires a minimum of four juniors to conduct. To register, log into your tennis account and go to <Activities> Junior Programs. Questions? Text Jack at 843-345-2995.

golf news

Hole-In-One

Paul Hopmeier

Wednesday, July 8

Hole #6 ● 127 Yards ● 7-Iron

Witnesses: Bill Brown, Ray Miller,
& Mike Zettle

adult tennis series

Begins Tuesday, August 18

Never Ever

Adult Beginner Class

4-class series ● Tuesdays, 6-7PM
(Starts August 18) ● \$88/person

Class is for adults brand new to tennis and covers ground strokes, volleys, serves, scoring & point play.

- Racquets available to borrow
- For first-time participants only

Taught by Director Jack Miller, Head Pro Dave Cavanaugh & Staff Coaches

Rusty Racquets

4-Class series ● Tuesdays, 6-7PM
(Starts August 18) ● \$88/person

This adult refresher class is for players who know the basics but haven't played in a while and will focus on rebuilding technique & confidence. This is for first-time Rusty Racquets participants only.

Sign up through your tennis account:
<Activities> Adult Programs

Registration Deadline: August 16

If full, join the waitlist — additional series may be added. Questions? Text Jack at 843-345-2995.

see you on the courts!

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Summer Tennis Camps

It's hard to believe that Summer Tennis Camps have been completed for 2026! We would like to thank all of the tennis campers that attended the camps. We hope to see everyone in the Fall for the after-school tennis program. —*The Tennis Staff*

Fall Adult Tennis Leagues

The Fall USTA Adult League season is almost here! Sign ups for teams begin August 9 and the season will begin shortly after September 6. We have Women's (18+, 39+, 55+, and 65+) teams from 2.5-4.0 and Men's teams (39+ and 55+) 3.0-3.5. We're always looking for new players and would love to hear from you. If you're interested in joining a Dunes West Team, please text Jack at 843-345-2995.

Crash Pickleball—Beginners

Sessions:

Thursday, August 6 ●
6:30–8:30PM or Sunday,
August 16 ● 8–10AM ● \$50

Ready to jump into pickleball? This class is designed to give new players all the essentials in just two hours.

Participants will learn proper grip and ready position, core skills like dinking, ground strokes, and volleys, plus serving, returning, scoring, and the two-bounce rule. The session finishes with supervised, slow-paced gameplay to help players put everything together on the court.

Limited to 8-players per class
— spots fill quickly!

To register, log into your account and click <**Activities**>. For questions, text Peter McGhee at 843-847-1586.

spots fill quickly



Pickleball Crash Course 2

Thursday, August 27
● 6:30-8:30PM ● \$50

Prerequisite: Must have completed Crash Course 1 or have instructor approval.

Limit to 8 players

This course builds directly on the fundamentals learned in PCCI, giving players a deeper understanding of strategy, shot selection, and court movement. This two-hour session revisits essential skills before moving into advanced concepts such as third- and fourth-shot tactics, defensive resets, and coordinated court positioning.

Players will work through focused segments including kitchen control, mastering the third shot (drop vs. drive), defending against power hitters, and advanced movement patterns. The class finishes with live play and a King-of-the-Court rotation to reinforce communication, teamwork, and smart decision-making.

This course is ideal for developing players who are ready to elevate their game and build confidence in real match situations.

Limited to 8-players per class.

For questions, text Peter McGhee at 843-847-1586.



LOWCOUNTRY TENNIS ASSOCIATION
FALL LEAGUE
REGISTRATION
BEGINS: SUNDAY, AUG. 9TH, 2026
ENDS: SUNDAY, SEPT. 6TH, 2026
Required Number of Players In TennisLink By The Deadline
18+ Teams • 8 Players 39+ Teams • 9 Players 54/64/69+ Teams • 6 Players
lctatennis.org
Facebook icon, QR code
Globe icon, QR code
Instagram icon, QR code

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						MGA, 7:15-8:54
2				6	7	8
MGA, 7:15-8:00	Course Closed Ladies Night Pickleball, 7PM	Course Closed Mens Night Pickleball, 7PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 Round Robin Pickleball, 6PM	LGA, 8:18-9:03 Thursday Dinner 5-8:30pm RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24	MGA, 7:15-8:54 Annual Duck Race, 11AM-1PM
9	10	11	12	13		15
MGA, 7:15-8:00 Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Ladies Night Pickleball, 7PM	LGA, 8:09-8:54 Mens Night Pickleball, 7PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 Round Robin Pickleball, 6PM	LGA, 8:18-9:03 Thursday Dinner 5-8:30pm RSVPs Recommended 843-856-9378	SMGA Chapman, 8:45-10:24	MGA, 7:15-8:54
16	17	18	19	20	21	22
MGA, 7:15-8:00 Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Ladies Night Pickleball, 7PM	LGA, 8:09-8:54 Mens Night Pickleball, 7PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 Round Robin Pickleball, 6PM	LGA, 8:18-9:03 Thursday Dinner 5-8:30pm RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 BBQ Buffet & Karaoke RSVPs, please email: Corinne.Jarvis@ duneswestgolfclub.com	Club Championships, 7:15-10:06
23	24	25	26	27	28	29
Club Championships, 7:15-10:06 Sunday Brunch RSVPs 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36 Ladies Night Pickleball, 7PM	LGA, 8:09-8:54 Mens Night Pickleball, 7PM	SMGA, 8:45-10:24 LGA, 8:18-8:36 Round Robin Pickleball, 6PM	LGA, 8:18-9:03 Thursday Dinner 5-8:30pm RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24	MGA, 7:15-8:54
30	31					
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