

SEPTEMBER 2021



Pro Shop,  
843-856-9000

Grille,  
843-856-9378

Fitness Center,  
843-881-8735

duneswestgolfclub.com

Join us!

### Breakfast

#### Breakfast

#### Sandwiches Only:

WED-FRI, 8-11AM

#### Full Breakfast:

SAT – SUN, 8am-12PM

Sunday Brunch

Sunday, 8am-12PM

### Lunch

Daily, 11am-3pm

Pre-made Salads

& Sandwiches:

Monday – Tuesday,

### Dinner

Thursdays, 5-8:30PM

See page 2  
for more events!



# Dunes West

GOLF & RIVER CLUB

## upcoming events

### Alice in Wonderland Themed Tea Party

Sunday, September 19 ● 2-4PM

Join us in the back Gardens at The Golf Clubhouse for an Alice in Wonderland Themed Tea Party. Dress in your favorite frock (dress) and Garden party hat.

#### **This is a reservation only event.**

Make your reservations with Jenn Devaney [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com) or call the Grill Room 843-856-9378 before it's **sold out**. There will be an assortment of little bites of savory and sweets; hot tea, cold tea and lemonade.

Adults, \$20 ● Children, \$10

\*Plus tax & gratuity

## around the club

### Summer Fitness Class Session

July 4 – September 5

#### **Unlimited Spring Session:**

\$150. Please note the small price bump

#### **Drop-in Class Fee:**

\$10/Class

#### **Aqua Aerobics classes:**

\$50/Summer session



To register and pay for classes, email Jenn Devaney at [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com).

### Class Schedule

#### **Monday:**

Pilates, 9AM

Aqua Aerobics, 10:30AM at TLH

#### **Tuesday:**

Cardio Sculpt, 8:30AM

Restorative Yoga, 6:30PM

#### **Wednesday:**

Pilates, 9AM,

Aqua Aerobics, 10:30AM at TLH,

Restorative Yoga, 6:30PM

#### **Thursday:**

Cardio Sculpt, 8:30AM,

Aqua Aerobics, 10:30AM

Restorative Yoga, 6:30PM

#### **Friday:**

Yoga for You, 9:30AM (note time change)

Water Aerobics, 10:30AM at TLH

#### **Saturday:**

Chisel, 8AM

CONTINUED »



# Food Truck Fridays

Please come and show them love and order. Even if it's a 'not so good' pool day, have the food truck of the day do dinner for your family.

## September's Schedule:

**September 3:**  
Stuffed,

**September 10:**  
La'Son Anchor Grill,

**September 17:**  
Area 51 Foods

**September 24:**  
Tobo Sushi

**September 25:**  
Mama Dots Little Girl

## Fitness Facility Updates

- Reminders on children in the fitness facility: No children under 13 may be in the fitness facility at any time for any reason. Children ages 13-17 must be with an adult 18 years of age or older.
- Please be courteous to others coming in to work out after you and put away equipment. We don't have staffing to clean up after each person.
- Please clean up after yourself after working out in the Fitness room. It is unfair for Fitness Class Participants to have to put step equipment and medicine balls away to start class.



## Thursday Dinner

Dinner, 5-8PM ● The Grille Room

### Thursday Specials

See the special board: \$20 Wine Bottle Specials

### SIDE SALADS

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**  
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

### APPETIZER

- **Sausage & Squid**  
Fried calamari & grilled sweet Italian sausage, tossed with fresh lemon juice, pepper rings & garlic-parsley butter, served with marinara & a roasted red pepper cream sauce, \$9

CONTINUED »

## 2021 Pool Season

- All three pools are open and will be open 6-10AM for adult lap swimmers. Please no children in the pool until 10AM. Pools are included in Athletic and Premier memberships. Members must have access cards to enter the pools. To replace lost access cards, please contact the office at 843-856-9000.
- **Sunday, August 8 was the last day we have Lifeguards seven days a week as our guards and kids will be going back to school. September 25 will be the last day of the season that the Pools have lifeguards. Slide will close after this point for the rest of the season.**
- Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. Please contact them with questions, comments or suggestions at 843-568-5371.
- There has been quite a good amount of items left behind pool side. If you're missing something, please check the *Lost & Found* bin.
- **Keep in mind that the Lifeguards are there for slide safety. Parent supervision is still required at all times.**
- **Oceanside is swimming in the Thomas Lynch Hall Pool from 7:45-10AM for practice until October.**

Enjoy the Last Days of Summer!



## ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Eggplant Napoleon** breaded and lightly fried eggplant layered with Italian herbs, ground beef, pork & cheese, finished with homemade marinara, served with a side of penne, \$16

- **Grilled Tuscan Steak**  
Chef's cut, marinated in olive oil, lemon zest, garlic, rosemary, oregano, crushed red pepper & black pepper, with a char-grilled tomato & hand-cut Parmesan fries, Market Price

- **Lemon Shrimp** sautéed in garlic parsley butter, served on a bed of lemon & petite pea orzo pasta, \$21

- **Chicken Parmesan** topped with marinara sauce & fresh mozzarella, served on a bed of penne Alfredo, \$17

## SALADS & SANDWICHES

- **Burger\***  
Have it with or without bacon. Choose: American, cheddar, Swiss or smoked Gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

- **Chicken Sandwich**  
Have it grilled or fried, with or without bacon. Choose from American, cheddar, Swiss or smoked Gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

- **Salmon Salad**  
Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$16

## KIDS (Choose one side)

- Grilled Cheese, \$6
- Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

# Saturday Night Prime

September 11 & 18  
Dinner, 5-8:30PM ● The Grille Room

## Wine Specials

See the special board for our: \$20 Wine Bottle Specials

## SIDE SALADS

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**  
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

## APPETIZER

- **Spinach & Artichoke Dip**  
Hot, creamy, three cheese dip sprinkled with shredded Parmesan cheese, served with tortilla chips

## ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Prime Rib** with au jus, mashed potatoes & char-grilled vegetables, 8 oz. Queen-Cut, \$19  
12 oz. King-Cut, \$23
- **Low Country Boil**  
Shrimp, smoked sausage, corn on the cob and red potatoes, \$20
- **Mushroom Chicken**  
Two char-grilled chicken breasts with crispy bacon & smoked Gouda, topped with a Madeira mushroom gravy, on a bed of mashed potatoes with char-grilled vegetables, \$18
- **Fish & Chips**  
Beer-battered fish with hand-cut fries, coleslaw & Cajun tartar sauce, \$18

## SALADS & SANDWICHES

- **Burger\***  
Have it with or without bacon. Choose: American, cheddar, Swiss or smoked Gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

- **Chicken Sandwich**  
Have it grilled or fried, with or without bacon. Choose from American, cheddar, Swiss or smoked Gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

- **Salmon Salad**  
Bourbon glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$16

## DESSERT

- **Homemade Chocolate Chip Bread Pudding** topped with a vanilla bean sweet glaze, \$8

## KIDS (Choose one side)

- Grilled Cheese, \$6
- Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

*Eat at the Club!*





## Way to go, Ladies!

Congratulations to our **2.5 Ladies Tennis Team 'Always Causing a Racquet'** captained by Kimberly Harris Richart! After winning the South Carolina State Championship, they set their sights on the USTA Southern Tennis Sectional Championships where all the Southern teams send their state champions. After competing against the best 2.5's, they ended up losing in the semi-finals and placed 3rd overall at Sectionals which means out of hundreds of teams that competed at the 2.5 18 & Over level, they finished 3rd. They were two wins away from Nationals.

Please join us in congratulating all of the ladies when you see them around the club. The roster included: **Kimberly Harris Richart, Anya Kent, Terri Ryerson, Neda Smith, Erika Bowlin, Marina Harrison, Tracie Wilson, Sue Davies, Tamar Dessner, Lynden Pelbath, Lynda Hamilton, and Deborah Mahoney.**

## Court 10/Pickleball Reservation Change

As many of you know, we have two sets of pickleball lines on Court 10 that is located by the Golf Clubhouse. In order to make reservations for both pickleball courts online, we asked the site developer to add a feature that would allow members to book one or both pickleball courts or just book Court 10 for tennis.

This is a beta release, and we will be the first club in America under the Racquet Desk reservation system to try this new feature. You will notice that the top line of the court reservations now reflects that we have Golf Club Tennis, Golf Club Pickleball A and Golf Club Pickleball B. To book the Golf Club court for tennis you will simply click on the court as normal on a time that is available.

You will notice that once you submit your reservation that it has now blocked off the Pickleball A and Pickleball B as well during the time of your reservation. If you are wanting to book one of the Pickleball courts, simply click on either



Pickleball A or Pickleball B on a time that's available. Once you submit your reservation, you will now see your name on the Pickleball court that you just booked and the Golf Club Tennis court.

Please note that you will see signs on the fences so that you know which court is Pickleball A and which court is Pickleball B. Again, since this is a beta release, we may have some issues along the way. If you have problems booking Court 10 or Pickleball court, please contact Jack at 843-345-2995.

## Fall USTA Adult Tennis Team Registration

Fall registration for the USTA Adult Tennis season is currently underway through September 10. We have Women's morning and evening teams for all levels, and we offer Men's evening teams at the 3.0 and 3.5 levels. We are looking for players for all levels but especially need men that may be interested in an 18 & over 3.0 team. If you are interested in representing the club and making new friends, please contact Jack at 843-345-2995.



# Mark Your Calendars

## Double Bogie 5K

October 30 ● 8AM

Our charities are *Low Country Orphan Relief* and *One 80 Place Shelter*. If you would like to sponsor our 5K and get advertised on our race shirts or would like to volunteer. Please contact Jenn Devaney [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com).

Register at

[raceroster.com/  
events/2021/51152/  
2021-double-bogie-5k](https://raceroster.com/events/2021/51152/2021-double-bogie-5k)



# Congrats Seniors!

We wish all our kids a happy back to school shout-out!  
Congratulations again to our graduates and we wish them the best of luck in their next phase of life.



Audrey Wessinger  
Mikala Anderson  
Makenzie Anderson  
Abby Sullivan  
Goodwin Madison  
Erin Ashley Lawson  
Dawson LeVan  
Josh Colangelo  
Grace Colangelo  
Chris Colangelo  
Justin Nadelstumph  
Benjamin Fauteux  
Pleasant Ballenger  
Susan IB Ballenger  
Jay Kuehmeir  
Chandley Thompson  
Marcelo Diaz Duran Reyes  
Noah Lewis  
Sarah Feingold  
Tom Feingold  
Ameer Alahmad  
Grace Fowles  
Dillian Smith  
Hannah Van Law  
Hannah Davis  
Timothy J Carbon  
Christopher J Carbon  
Kyle Robertson  
Adam Frye  
Caroline Grace Simmonds

Micah DiCarlo  
Ethan Chrismer  
Daniel Martin  
Emily Progar  
Jack Slaydon  
Alyssa Gantenbein  
Olivia Ponessa  
Sydney Isaacks  
Grayson Lutz  
Grace Poremski  
Joshua Frankel  
Marym Aboueillela  
Caroline Haigh  
Erin Brynes  
Alaina Mcilwain  
Cassandra Alexis  
Bobby  
Claire Van Hook  
Claudia Miller  
Reagan Hamilton  
Coleman O'Keefe  
Thomas Glennon  
Braden Prichard  
Emalee Goode  
Reiley Cote  
Matthew Doyle  
Jeffery Bellino  
Amanda Reines  
Dylan Carter  
Mason Yost  
Christopher

Richardson  
Elliot Peak  
Jacob Sparks  
Mason Hayes  
Antoinette Manteau  
Michael Anthony Owens  
Trip Yarborough  
Thomas Glennon  
Sean S Healy  
Connor Fishburne  
Seth Wilson  
Maggie Wallace  
Ariana Rigoni  
Abby Sullivan  
Kyle Boyce  
Abby Camp  
Breyer Bagwell  
Tyler Kirk  
Ramie Thompson  
Mercedes Neriah Barker  
Jack Barnes  
Spencer Quinn  
Connor Ford  
JT Ho-Mueller  
Alanna Nicole Steljes  
Jay Kuehmeier

Lizzie Hamilton  
Madelyn Hamilton  
Sarah Frankel  
Megan Beitel  
Matthew Beitel  
Brad Brooks  
Jack Bushey  
Lily Feingold  
Sam Feingold  
Katie Troy  
Ben Karinsak  
Claire Gaddy  
Michael Anthony Owens  
Morgan Bagnell  
Katie VanScoy  
Catherine Grace Isaacs  
Isabella Zarzaca  
Jake Leiker  
Griffin Honig  
Jacob Quinn  
Matthew McDonald  
Adam Crawford  
Brendon Womble  
Isaac Brook Barney  
Kaitlyn C Thompson  
Autumn Chaveco  
Margaret Levin  
Katie Vanscoy  
Michael K Cook  
Reid Thomas  
Sarah Browne  
Sage Baraso  
Theodore Rhett Klok

Hope Spencer  
Molly Grace Storm  
McKinley Wing  
Keith Evans  
Cooper Norman  
Hannah Shatz  
Page Keener  
Braden Pritchard  
Madison Broach  
Jordan Davis  
Morgan Bagnell  
Ella McCarthy  
Mark C France  
Katie Jacques  
Kyle Thayer  
Marcelo Diaz  
Durkee Watts  
Ava Sirota  
Christian E, Johnson  
Kyle Thayer  
William Costello  
Jack Costello  
Abby Gardner  
Jay Kuehmeier  
Renner Grayson  
Tonya Morelli  
Riley Davis  
Matthew C McDonald  
Cameron Davies  
Erin Slowey  
Joy Katzburg  
Mersina Argyropais  
Charlotte Murray  
Disha Qunungo



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<p>1</p> <p>SMGA, 8:18-9:21 LGA 9 &amp; Lunch, 9:39-10:24 Pilates, 9AM Aqua Aerobics, 10:30 Yoga, 6:30</p>	<p>2</p> <p>LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:06 Cardio Sculpt, 8:30AM Yoga, 6:30 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378</p>	<p>3</p> <p>SMGA, 8:18-9:21 LGA, 7:33-8:09 Yoga for You-Yin, 9:30AM Aqua Aerobics, 10:30</p>	<p>4</p> <p>MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 9:30-9:57 Chisel, 8AM</p>	
	<p>5</p> <p>MGA, 7:15-7:42</p>	<p>6</p> <p>MGA, 7:15-8:09 LGA, 8:18-8:54 SMGA, 9:03-10:06 Pilates, 9AM Aqua Aerobics, 10:30 <i>Labor Day</i></p>	<p>7</p> <p>LGA, 7:24-7:51 SLIP, 8:36-8:54 GOB, 9:03-9:30 SOCMA 1 Cardio Sculpt, 8:30AM Yoga, 6:30</p>	<p>8</p> <p>SMGA, 8:18-9:21 LGA 9 &amp; Lunch, 9:39-10:24 Pilates, 9AM Aqua Aerobics, 10:30 Yoga, 6:30</p>	<p>9</p> <p>LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:06 Cardio Sculpt, 8:30AM Yoga, 6:30 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378</p>	<p>10</p> <p>SMGA, 8:18-9:21 LGA, 7:33-8:09 Yoga for You-Yin 9:30AM Aqua Aerobics, 10:30</p>	<p>11</p> <p>MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 9:30-9:57 Chisel, 8AM Saturday Night Prime (Featuring Prime Rib) 5-8:30PM RSVPs Recommended 843-856-9378</p>
	<p>12</p> <p>DW/RT Challenge, 7:15 <i>National Grandparents Day</i></p>	<p>13</p> <p>SMGA, 8:18-9:21 LGA, 7:33-8:09 Pilates, 9AM Aqua Aerobics, 10:30</p>	<p>14</p> <p>LGA CHAMP, 8:09-9:21 &amp; 10:33-10:51 SLIP, 9:39-9:57 GOB, 10:06-10:24 Cardio Sculpt, 8:30AM Yoga, 6:30</p>	<p>15</p> <p>SMGA, 8:18-9:21 LGA 9 &amp; Lunch, 9:39-10:24 Pilates, 9AM Aqua Aerobics, 10:30 Yoga, 6:30</p>	<p>16</p> <p>LGA CHAMP, 8:09-9:21 &amp; 10:33-10:51 SLIP, 9:39-9:57 GOB, 10:06-10:24 Cardio Sculpt, 8:30AM Yoga, 6:30 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378</p>	<p>17</p> <p>SMGA Team Challenge, 8:18-9:39 LGA, 7:33-8:09 Yoga for You-Yin 9:30AM Aqua Aerobics, 10:30</p>	<p>18</p> <p>MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 9:30-9:57 Chisel, 8AM Saturday Night Prime (Featuring Prime Rib) 5-8:30PM RSVPs Recommended 843-856-9378</p>
	<p>19</p> <p>MGA, 7:15-7:42 Couples Golf, 1PM Couples Golf Dinner</p>	<p>20</p> <p>CALGA, 9:30AM Pilates, 9AM Aqua Aerobics, 10:30</p>	<p>21</p> <p>LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:06 HACKERS, 3:30 Cardio Sculpt, 8:30AM Yoga, 6:30 <i>Last Day of Summer</i></p>	<p>22</p> <p>SMGA, 8:18-9:21 LGA 9 &amp; Lunch, 9:39-10:24 Pilates, 9AM Aqua Aerobics, 10:30 Yoga, 6:30</p>	<p>23</p> <p>LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:06 Cardio Sculpt, 8:30AM Yoga, 6:30 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378</p>	<p>24</p> <p>SMGA, 8:18-9:12 LGA, 7:33-8:09 Yoga for You-Yin, 9:30AM Aqua Aerobics, 10:30</p>	<p>25</p> <p>MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 9:30-9:48 Whispering Marsh, 1:30PM Chisel, 8AM</p>
<p>26</p> <p>MGA, 7:15-7:42</p>	<p>27</p> <p>SMGA, 8:18-9:21 LGA, 7:33-8:09 Pilates, 9AM Aqua Aerobics, 10:30</p>	<p>28</p> <p>LGA DW/RT, 9:03 SLIP, 8-8:18 GOB, 10:24-11 HACKERS, 3:30 Cardio Sculpt, 8:30AM Yoga, 6:30</p>	<p>29</p> <p>SMGA, 8:18-9:21 LGA 9 &amp; Lunch, 9:39-10:24 Pilates, 9AM Aqua Aerobics, 10:30 Yoga, 6:30</p>	<p>30</p> <p>LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:06 Cardio Sculpt, 8:30AM Yoga, 6:30 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378</p>			