

SEPTEMBER 2023



Pro Shop
843-856-9000

Grille
843-856-9378

Athletic Club
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

Sunday Brunch

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8:30PM
Wednesday Buffet,
5-8PM

Dunes West

GOLF & RIVER CLUB

This Month

Second Friday Social

September 8
Front of the Athletic Club

Our next event is a great way to meet your neighbors and members of the club. Our food trucks *Drunken Tony's* and more TBD. Our **live music** is *Michael Duff*.

The Experience

Saturday 23 ● Adults Only
Athletic Club in Dunes West

It's time to take care of yourself ladies! Stop by the Club and learn about different experiences that you might have always been interested in but wanted to learn more first. There will be 'mocktails' served while you browse around the rooms checking out new ideas and asking questions in a female friendly environment. We have leaders for reiki, sound bath, Color Street Nails, esthetician, pelvic PT and organic CBD options to name a few.



Food Truck Fridays

Athletic Club ● 5-7PM

September 1: El Jefe & Dizzy Lamb

September 8: Drunk Tony's & TBD

September 15: Wally's Gyros

September 22: & Lobster & Dizzy Lamb

September 29: Shaka Shrimp
& Dizzy Lamb



Around the Club

Folds of Honor

Dunes West Golf & River Club
Monday, August 7

Results

- Teed off at 6:17AM, finished at 8:49PM (14 hours & 32 minutes)
- Played 252 holes (14 rounds)
- Average round played in 62 minutes
- Used 8 Titleist® Pro V1's
- **Scores by round:** 80, 80, 77, 73, 79, 80, 79, 79, 75, 73, 78, 76, 83, 81
- **Average score:** 78 (Par 72)
- **Highest Score:** 83
- **Lowest Score:** 73
- **Birdies:** 10
- **Eagles:** 0
- **Pars:** 233
- **Other:** 9

- **Best Stretch of Holes:** Round 5, shot 34 on the front nine with birdies on holes 2, 3 & 7
- **Strangest Stretch:** Round 3, had back-to-back 7's on holes 14 and 15 & shot 79
- **Consumed:** 6 Waters, 7 Gatorade's, 1 PB&J sandwich & ½ pint of blueberries
- Ninety-one cents of every dollar donated goes directly to the families of the military who have made the ultimate sacrifice.
- **Freedom is not free!**
- **Donations to Date:** \$7,500 (Will be accepting donations through August 31)

CONTINUED TO PAGE 2 »

*Thank you
all for the
support!*

Mark your
Calendars!

September 8

Second Friday
at the AC, 5-7PM

September 23

The Experience:
A Ladies Self-Care
Vendor Event, 1-4PM

October 13

Second Friday
at the AC, 5-7PM

October 20

DW Social Committee's
3rd Annual Octoberfest

November 10

Second Friday
at the AC, 5-7PM

November 11

Dunes West 27th
Annual Crafts Show

December 8

Second Friday with
Vendors, 5-7PM

December 31

Great Gatsby
NYE Party

In the Pool

Pool Calendar

- **Aqua Aerobics** are presently Tuesday, Thursday, Friday at 10:30AM at the lap pool by the tennis courts (TLH). You can just show up at the pool and join class.
- **High School swim practice** has begun: Wando starts at 6AM (this year only) and Oceanside's follows.
- September 24 is the **last day for the 2023 season guards** on the weekends and rest of the season.
- **Pools closes** October 31 for the 2023 season. Pools will reopen April 1, 2024.

Pool Reminder

Friendly reminder that kiddos have to wait 'til 10AM to enter the main pool area while there is adult lap swim.

Thursday Dinner

Dinner served, 5-8:30PM

Thursday Specials

See the special board for our:
\$25 Wine Bottle Specials

Side Salads

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Hole-In-One

Hilda Rose

Friday, August 18 ● Hole #17 ● 92 Yards
● 6-Hybrid ● Witnesses: Randy Richardson, Ian Inglis



« MGA President's Cup
Champion Bruce Thompson

Appetizer

- **Spinach & Artichoke Dip**
served with tortilla chips, \$9

Entrées

All entrées served with fresh baked focaccia
with our signature garlic Parmesan dip.

- **Fried Chicken & Waffles:** Our traditional Southern fried chicken on sweet waffles with whipped butter and drizzled with our homemade spicy buffalo-maple glaze, \$18
- **Lemon Shrimp:** Char-grilled shrimp on a bed of cold quinoa salad, with baby peas, spinach, roasted red peppers & a lemon herb vinaigrette, \$19
- **Sausage & Broccoli Rabe:** Tossed with orecchiette pasta, garlic, crushed red pepper, white wine & lemon butter, with Parmesan cheese, \$18
- **Surf & Turf:** Eight ounce filet, topped with roasted garlic herb butter & a pan-seared crab cake with lemon garlic aioli, with roasted fingerling potatoes & sauteed spinach, \$31

Salads & Sandwiches

- **Grille Room Burger*:** Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15. Add Bacon, \$.75
- **Chicken Sandwich:** Grilled or Fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, Brioche bun, \$15. Add Bacon, \$.75.
- **Salmon Salad**
Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

Kids

Choose one side.

- Grilled Cheese ● Chicken Tenders
- Burger ● Cheese Quesadilla, \$6





POOL SIDE YOGA

EVERY SATURDAY IN OCTOBER

9AM AT ATHELIC CLUB

Drink Pumpkin Spice Mimosa	\$15 drop ins \$55 to reserve all four sets	Unlimited class members \$5 mimosas
	Instructor Megan	

contact Jenn Devaney
jenn.devaney@duneswestgolfclub.com
843-865-9000 ext.4

Sunday	Thursday	Friday	Saturday
		1	2
		SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM
3		8	9
MGA, 7:15-7:42 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	MGA, 7:15-8:36 LGA, 8:45-9:12 SMGA, 9:21-10:33 Total Body, 7AM Pilates, 9AM Yin, 6PM	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM	MGA, 7:15-8:36 LGA, 8:54-9:03 GOB, 9:48-10:15 Whispering Marsh, 1:30PM Vinyasa, 9AM
<i>Labor Day</i>			
10	11	12	13
MGA, 7:15-7:42 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM Pilates, 9AM Yin, 6PM	LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Hackers, 3:30 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM	SMGA, 8:09-9:30 LGA, 9:39-10:24 Tournament, 9AM Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM
14	15	16	
LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM	
17	18	19	20
DW/RT, 7:15-9:03 Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM Pilates, 9AM Yin, 6PM	LGA Champ, 8:09-9:30 SLIP, 10:15-10:33 GOB, 10:42-11:27 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM	SMGA, 8:09-9:30 LGA, 9:39-10:24 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM
21	22	23	
LGA Champ, 8:09-9:30 SLIP, 9:30-9:57 GOB, 10:06-10:51 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA Team Challenge, 8:18-9:39 LGA, 7:42-8 Total Body, 7AM	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM	
24	25	26	27
MGA, 7:15-7:42 Couples Golf, IPM Chisel, 8AM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM Pilates, 9AM Yin, 6PM	LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:24 Hackers, 3:30 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM	SMGA, 8:09-9:30 LGA, 9:39-10:24 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM
28	29	30	
LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:09-9:21 LGA, 7:42-8 Total Body, 7AM	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM	