

OCTOBER 2024



Pro Shop
843-856-9000

Grille
843-856-9000 ext. 7

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

**Sunday
Brunch**

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8:30PM

Dunes West

GOLF & RIVER CLUB



this month

Fall Yoga Event

Poolside Yoga & Sound Bath

October 12 ● 9AM

Cucumber/Lavender Water &
Pumpkin Spice Mimosas, \$15

Reserve your spot with Jenn,
jenn.devaney@duneswestgolfclub.com.

Trunk or Treat

Sunday, October 27 ● 11AM-1PM

Athletic Club Parking Lot

- Face Painting
- Best Trunk Contest

If you would like to participate and
decorate your trunk and pass out candy email
duneswestsocialcommittee@gmail.com
to sign up.



Save the Dates

November 9

Annual Craft Show
The Athletic Club ● 9AM-4PM

December 2

Member Party

December 15

Hot Chocolate with Santa



Dunes West Athletic Club Presents

28th Annual Holiday Craft Show

Saturday, November 9 ● 9AM-4PM
3293 Harpers Ferry Way

- So many great new artists this year!
- Everything is handcrafted by local artists.
- Jams, pickles, felt flowers, many assortments of jewelry, ceramics, art, candles & much more
- Local Food Truck & Beverage Cart Mimosas

around the club

The Grille Room

October BBQ Buffet

Dinner served, 5-8PM
Adults, \$29** ● Kids, 11 & Under, \$12**
Reservations Strongly Recommended
Call Grille Room for reservations,
843-856-9000 ext. 7.

CONTINUED »

**Plus tax & gratuity.

MENU

3 Meats

2 of the 3 rotated weekly

- Pulled Pork (offered every week)
- Beer Sausage
- Braised Brisket
- St. Louis Pork Ribs

2 Hot Sides

1 of the 3 rotated weekly

- Mac & Cheese (Offered every week)
- Squash Casserole
- BBQ Baked Beans

1 Cold Side

1 of the 2 rotated weekly

- Broccoli Crunch Salad
- Loaded Baked Potato Salad

1 Dessert

1 of the 3 rotated weekly

- Assorted Pie's
- Homemade Banana Pudding
- Homemade Fruit Cobbler with Fresh Whipped Cream

in the pool

Aqua Aerobics

Mondays, Wednesdays, Fridays
11AM-12PM ● TLH Pool

Pool Hours

All pools close October 31
& re-open April 1, 2025.

Poolside Yoga & Sound Bath

October 12 ● 9AM

Congrats!



Roy Flanagan



Ray Bradshaw



Hole-in-One

Roy Flanagan

September 16 ● Hole #8 ● 179 Yards
● 5-Iron

Ray Bradshaw

Wednesday September 25 ● Hole #6
148 yards ● 9-Wood
Witnesses: Tim Hamm, Dan LaVista,
Mike Block

Did you know we offer fitness classes at the Athletic Club?

Give a class a try for free for your first class. Classes are \$10 drop-ins or \$150 for four months unlimited.

You can just show up to the classroom on the far right of the clubhouse at the time of class. If you want to keep taking classes, contact Jenn Devaney jenn.devaney@duneswestgolfclub.com to sign up.

Monday

- 7:30AM** Total Body Conditioning, Traci S
- 8:45AM** Pilates, Tracy
- 11AM** Aqua Aerobics, Susan
- 6PM** Yin, Megan

Tuesday

- 7AM** Vinyasa, Megan
- 8:30AM** Pump It Up, Pam
- 6:30PM** Restorative Yoga, Jim

Wednesday

- 7AM** Vinyasa, Megan
- 8:45AM** Pilates, Tracy
- 11AM** Aqua Aerobics, Susan
- 6:30PM** Restorative Yoga, Jim

Thursday

- 7AM** Vinyasa, Megan
- 8:30AM** Pump It Up, Pam
- 6:30PM** Restorative Yoga, Jim

Friday

- 7:30AM** Total Body Conditioning, Tracy S.
- 11AM** Aqua Aerobics, Susan

Saturday

- 9AM** Vinyasa, Megan

Sunday

- 8AM** Chisel, Jim

golf news DW Rivertowne Challenge

Rivertowne victorious 33 to 26



Trunk or Treat

October 27th 11am - 1pm

Face Painting

Best Trunk contest

**If you would like to participate and
decorate your trunk and pass out
Candy please email
duneswestsocialcommittee@gmail.com
to sign up

Located in the Athletic Club Parking
Lot



Dunes West
Athletic Club

FALL YOGA EVENT

POOLSIDE YOGA
AND SOUND BATH



OCT. 12, 9AM

CUCUMBER/LAVENDER WATER AND PUMPKIN
SPICE MIMOSAS OFFERED \$15

RESERVE YOUR SPOT WITH JENN
JENN.DEVANEY@DUNESWESTGOLFCLUB.COM



**Dunes West Athletic Club
Presents
28th Annual
HOLIDAY CRAFT SHOW
NOV. 9
9am - 4pm
3293 Harpers Ferry Way**

So many great new artists this year!

Everything is handcrafted by local artists.

**Jams, pickles, felt flowers, many assortments of jewelry, ceramics, art,
candles and much more.**

Local Food truck and Bev Cart Mimosas



	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:30	SMGA, 8-9:21 LGA, 9:30-10:15	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:51 Thursday Dinner BBQ Buffet 5-8PM RSVPs Recommended 843-856-9378	LGA, 7:33-7:51 SMGA, 8-9:21	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33
6	MGA, 7:15-7:51 Sunday Brunch RSVPs Recommended 843-856-9378	Closed Overseeding	Closed Overseeding	9	10
		SMGA, 8-9:21 LGA, 9:30-10:15	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:51 Thursday Dinner BBQ Buffet 5-8PM RSVPs Recommended 843-856-9378	LGA, 7:33-7:51 SMGA, 8-9:21	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33
	13	14	15	16	17
	MGA, 7:15-7:51 Couples Golf, 1PM Sunday Brunch RSVPs Recommended 843-856-9378	MGA, 7:15-8:36 LGA, 8:45-9:12 SMGA, 9:21-10:51	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:24	SMGA, 8-9:21 LGA, 9:30-10:15	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:51 Thursday Dinner BBQ Buffet 5-8PM RSVPs Recommended 843-856-9378
	18	19	20	21	22
	LGA, 7:33-7:51 SMGA, 8-9:21 Octoberfest 5-7:30 @ AC	MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33	MGA, 7:15-7:51 Sunday Brunch RSVPs Recommended 843-856-9378	LGA, 8:45-9:03 SMGA Championship, 09:30-10:51	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:33
	23	24	25	26	27
	SMGA Championship, 9:30-10:51 LGA, 11-11:45	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:51 Thursday Dinner BBQ Buffet 5-8PM RSVPs Recommended 843-856-9378	LGA, 8:45-9:03 SMGA Championship, 9:30-10:51	MGA Invitational	MGA Invitational Trunk or Treat, 11AM-1PM @AC Sunday Brunch RSVPs Recommended 843-856-9378
	28	29	30	31	
	LGA, 8:45-9:03 SMGA, 9:12-10:33	LGA Member/Member, 8:18 SLIP, 8-8:09 GOB, 10:42-11:27	SMGA, 9:12-10:33 LGA, 10:42-11:27	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:51 Pools Close for the Season No Thursday Dinner Due to Halloween <i>Halloween</i>	

