

OCTOBER 2026



Pro Shop
843-856-9000

Grille
843-856-9000 ext. 7

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

Sunday Brunch

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8:30PM

Dunes West

GOLF & RIVER CLUB

this month

Community Yard Sale

October 3 ● 8AM-1PM
(Rain Date: October 10)
The Athletic Club Parking Lot
Pelican Sweet Ice Truck

Oktoberfest

Friday October 16 ● 5-7PM ● Athletic Club

Live Music, City Sliders Food Truck
with special menu, Club Bar offerings.
Questions? Contact: Jenn Devaney
jenn.devaney@duneswestgolfclub.com.

Trunk or Treat Night

Friday, October 30 ● 6-8PM
Dunes West Athletic Club Parking Lot

- Prizes for Best Trunks
- Lowcountry Cone Truck

Questions? Contact Jenn Devaney
jenn.devaney@duneswestgolfclub.com.

save the dates!

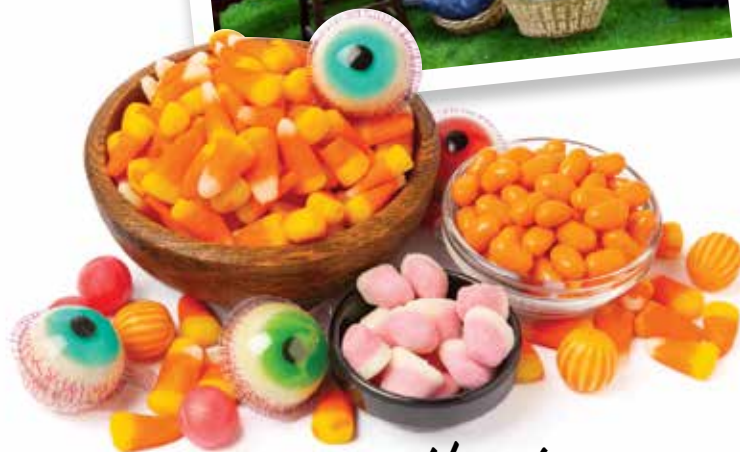
2026 Children's Holiday Market

Saturday, November 7 ● 4-5PM
Dunes West Athletic Club

30th Annual Dunes West Craft Show

Saturday, November 14 ● 9AM-2PM
Athletic Club

Contact Jenn Devaney, jenn.devaney@
duneswestgolfclub.com.



around the club

Thursday Dinner

Dinner served from 5-8:30PM

NEW WINE SPECIAL!

Featuring \$25 Bottles of Wine

Side Salads

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese

- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

- **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Appetizer

- **Fried Calamari**

Grilled smoked sausage & peppers, balsamic reduction drizzle, \$12



2026 Fitness Schedule

Monday

8:45AM Pilates – Tracy
6PM Yin – Megan

Tuesday

7AM Vinyasa – Megan
8:30AM Pump It Up
– Pam
11:30AM Water
Aerobics at TLH
– Susan
6:30PM Restorative
Yoga – Jim

Wednesday

7AM Vinyasa – Megan
8:45AM Pilates – Tracy
6:30PM Restorative
Yoga – Jim

Thursday

7AM Vinyasa – Megan
8:30AM Pump It Up
– Pam
11:30AM Water
Aerobics @TLH – Susan
6:30PM Restorative
Yoga – Jim

Friday

8:45AM BARRE Sculpt
– Tricia
10AM Recovery Stretch
& Reset – Tracy NEW
11:30AM Water Aerobics
@TLH – Susan

Saturday

9AM Vinyasa – Megan

Sunday

8AM Chisel – Jim



CONTINUED »

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

● Grilled Shrimp

Brown-butter spaghetti squash, roasted pumpkin, arugula, dried cranberries & candied walnuts, \$26

● Pork Loin

Herb-crusted medallions, mashed sweet potatoes, roasted patty pan squash, cranberry reduction, \$27

● Grilled Chicken

Blood orange mixed green salad, goat cheese, blackberries, roasted beets, toasted almonds, white balsamic vinaigrette, \$21

● 8 oz. Filet

Roasted garlic mashed potatoes, asparagus, Rosemary port wine demi-glace, \$39

Salads & Sandwiches

● Grille Room Burger**

Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso served with Bibb lettuce, tomato, onion, pickle, Brioche bun, \$15.
Add Bacon \$.75



● Chicken Sandwich

Grilled or fried, Swiss, American, Cheddar, Havarti, Provolone or Queso served with Bibb lettuce, tomato, onion, pickle, Brioche bun, \$15.
Add Bacon \$.75

● Salmon Salad

Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

Kids Choose one side, \$6.

- Grilled Cheese ● Chicken Tenders
- Cheese Quesadilla ● Burger

The Pool Update

The pool season is ending this month.

- Note that the Lifeguards are off to school and no longer opening the slide for 2026.
- Main pool and TLH open for adult and 13 and older with adult supervision only for lap swim ONLY at 6-10AM
- All pools open at 10AM for rec swim unless there is a scheduled Aqua Aerobics class.
- Pools close on October 31.

Tennis

Fall 2026

Junior Tennis Series

Tuesday Intermediate Yellow/Green Ball

Tuesdays ● 4:30-6PM ● \$198 ● Ages 11-16

For players who can rally and know all the strokes. Six weeks of drills and point play with instruction. »

Save the Dates

November 7

Children's Holiday Market, 4-6PM

November 14

30th Annual Craft Show

December 1

Club Anniversary/Member Holiday Party, 4:30-8PM

*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Tuesday Orange Ball Knee Knockers

Tuesdays ● 4:30-6PM ● \$198

● **Ages 8-11** ● Perfect for juniors just starting or returning to tennis. Games, drills, and point play keep it fun!

Wednesday Orange Ball Knee Knockers

Wednesdays, 4:30-6PM ● \$198

● **Ages 8-11** ● Perfect for juniors just starting or returning to tennis. Games, drills, and point play keep it fun!

Wednesday Red Ball Ankle Biters

Wednesdays, 4:30-6PM ● \$198

● **Ages 5-8** ● A playful introduction to tennis with games that build coordination and strokes.

**Please note that the above classes are ongoing. If you would like to get your junior signed up, please reach out to Jack to discuss options.*

Each series runs for six weeks and requires a minimum of four juniors to conduct. Questions? Text Jack at 843-345-2995.



Adult Tennis Series

Begins Tuesday, October 6

Never Ever — Adult Beginner Class

Tuesdays, 6-7PM ● Starts October 6
4-Class Series ● \$88/person

Boo! Boo!



- For adults brand new to tennis
- Covers groundstrokes, volleys, serves, scoring & point play
- Taught by Director Jack Miller, Head Pro Dave Cavanaugh & Staff Coaches
- Racquets available to borrow
- For first-time participants only

Rusty Racquets — Adult Refresher Class

4-class series ● Tuesdays, 6-7PM
● Starts October 6 ● \$88/person

- For players who know the basics but haven't played in a while
- Focus on rebuilding technique & confidence
- For first-time Rusty Racquets participants only

Registration Details

- Sign up through your tennis account: Activities > Adult Programs
- If full, join the waitlist — additional series may be added

Registration deadline: October 4

Questions? Text Jack at 843-345-2995.

pickleball

New Pickleball Classes

Mondays, October 5, 12, 19 & 26;
Wednesdays, October 7, 14, 21 & 28
● 8-9AM

This is a fast-paced, high-energy group fitness cardio pickleball class that replaces traditional game scoring with non-stop, music-driven drills. Players burn 400 to 800 calories per hour through rapid footwork exercises, fed-ball multi-shot rallies, and agility training designed to improve stamina and court coverage.

Trick & Treat Tennis Round Robin

Saturday, October 24 ● 10AM-12PM
\$15/person

Levels: 3.0-4.0

Maximum: 20 players

Join Coach Mark Passman for a fun and festive Trick & Treat Tennis Round Robin! Every round will feature a trick that players must deal with—and every round will include a treat for players to enjoy!

It's a fun way to:

- Meet new people to play with
- Play against different players
- Enjoy two hours of organized tennis
- Have a few festive treats along the way!

Come ready to play, have fun, and embrace the tricks & treats!

BYOB. To sign up for this event log into your tennis portal account and click on the <Activities> tab. Please note that you must prepay for this event. If you don't cancel before October 23 then you will not receive a refund. If you have any questions regarding this fun event, please contact Mark Passman at 843-737-2268.

Please note that members can sign up seven days in advance and non-members can sign up 5 days in advance. To sign up login to your pickleball/tennis portal account and click on Activities. \$10 per person per class. 10 max.

You're invited

***Children's Holiday
Market 2026!***

**Sat. Nov 7th 4pm–5pm
At the Dunes West Athletic Club (inside)**

**Joining us:
City Sliders Food Truck
Lowcountry Cone Truck**

**Contact: Jenn Devaney
jenn.devaney@duneswestgolfclub.com**



hole-in-one!



Wednesday Night Pickleball Round Robin

Wednesdays ● 6:30-8PM

\$15/person. Includes refreshments and prizes!

Level: Advanced Beginner to Intermediate players

Limit: 8 players. Spots fill quickly!

Join us for this is a popular, organized, and friendly format designed for continuous play. Participants will play multiple timed matches, cycling through different partners and opponents. It's the perfect opportunity for socializing, skill development, and competitive fun. The top-scoring players will advance to a championship match. If you sign up and don't cancel within 24 hours of the scheduled event you will be charged \$15.

spots fill quickly!

Beginning Pickleball Crash Course 1

Thursday, October 15 ● 6-8PM

\$50/person

Ready to jump into pickleball? Our beginners course is designed to give new players all the essentials in just two hours. Participants will learn proper grip and ready position, core skills like dinking, groundstrokes, and volleys, plus serving, returning, scoring, and the two-bounce rule. The session finishes with supervised, slow-paced gameplay to help players put everything together on the court.

To register, log into your account and click <Activities>. For questions, text Peter McGhee at 843-847-1586.

Pickleball Crash Course 2

Thursday, October 22 ● 6-8PM

● \$50/person

Prerequisite: Must have completed Crash Course 1 or have instructor approval.

Limit: 8 players

This course builds on the fundamentals learned in PCCI, giving players a deeper understanding of strategy, shot selection, and court movement. This two-hour session revisits essential skills before moving into advanced concepts such as third- and fourth-shot tactics, defensive resets, and coordinated court positioning.

Players will work through focused segments including kitchen control, mastering the third shot (drop vs. drive), defending against power hitters, and advanced movement patterns. The class finishes with live play and a King-of-the-Court rotation to reinforce communication, teamwork, and smart decision-making.

This course is ideal for developing players who are ready to elevate their game and build confidence in real match situations.

For questions, text Peter McGhee at 843-847-1586.

Congratulations to Rivertowne for their victory in the 2026 Dunes West Rivertowne Challenge!



Upcoming Events Affecting Tee Times

MGA Member/Guest

October 24
No Tee Times October 25.
Closed until 4:42PM

LGA Member/Member

October 29
Course Open, 10:33AM

Interclub

November 2
Course Open @ 2:54PM

Tournament

November 3
Course Open @ 2PM

Tournament

November 5
Course Open @ 2PM

Tournament

November 16
Course Open @ 2PM

Lots of new artists this year!

There will be **local edible goods, jewelry, paintings, wood creations, ceramics, and ornaments** to name a few.

30th Annual Dunes West CRAFT SHOW

Saturday, November 14th, 2026
from 9:00am until 2:00pm

Athletic Club
3293 Harpers Ferry Way



**shop and sip
mimosas**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				LGA, 8:18-9:03 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24	MGA, 7:15-8:54 Yardsale, 8AM-1PM @ AC
4	5	6		8	9	10
MGA, 7:15-8:00 Sunday Brunch RSVPs Recommended 843-856-9378	COURSE CLOSED - OVERSEED			LGA, 8:18-9:03 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24	MGA, 7:15-8:54 Yardsale Raindate Sunday Brunch RSVPs Recommended 843-856-9378
11	12	13	14	15	16	17
MGA, 7:15-8:00	MGA, 7:15-8:36 LGA, 8:45-9:03 SMGA, 9:12-10:33	LGA, 8:09-8:54	SMGA, 8:45-10:24 LGA, 8:18-8:36	LGA, 8:18-9:03 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Oktoberfest, 5-7PM @AC	MGA, 7:15-8:54 Blood Drive
18	19	20	21	22	23	24
MGA, 7:15-8:00 Couples, 1PM Sunday Brunch RSVPs Recommended 843-856-9378	SMGA Championship, 8:45-10:24 LGA, 8:09-8:36	LGA, 8:09-8:54	SMGA, 8:45-10:24 LGA, 8:18-8:36	LGA, 8:18-9:03 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA Championship, 8:45-10:24 MGA Member/Guest, 12:03-2:36	MGA Member/Guest
25	26	27	28	29	30	31
MGA Member/Guest Tee Open @4:42 Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 LGA, 8:09-8:36	LGA, 8:09-8:54	SMGA, 8:45-10:24 LGA, 8:18-8:36	LGA Member/Member, 8:18 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8:45-10:24 Trunk or Treat, 6-8PM @AC	MGA, 7:15-8:54 Pools Close for the Season

*Columbus
Day*

Halloween