

DECEMBER 2022



Pro Shop,  
843-856-9000

Grille,  
843-856-9378

Fitness Center,  
843-881-8735

duneswestgolfclub.com

Join us!

**Breakfast**

Monday-Friday,  
8-11AM

Saturday & Sunday,  
8AM-Noon

**Lunch**

Daily,  
11AM-3PM

**Dinner**

Thursdays,  
5-8:30PM

# Dunes West

GOLF & RIVER CLUB

## Dear Members,

The end of 2022 is only a chip and a putt away as the holidays quickly approach. We appreciate your support and cooperation during these difficult and challenging times.

We greatly appreciate you supporting our employees during the holidays, Veterans during **Folds of Honor** as well as all your support during the year.

This year we have welcomed many new members to the club and hope all our members have enjoyed the updates and changes we experienced in 2022. We would like to congratulate our Club Champions, **Evie Wasson** and **Arthur Kwon**; our Member Guest winners, **Mary Fraggos** and **Mrs. Truslow**, **Carlos Jensen** and **Robert Scoli**; as well as recognize our hole-in-one recipients **Kevin Cooper (2)**, **Chris Clemins (2)**, **Ray Dickinson**, **Mike Randle**, **Jim Versteegen**, **Joette Licaus**, **Larry Siupa**, **Jane Bowers**, **Barbara Brown**, **Roger Stegmaier** and **Morgan Jacobson**. Pickleball is exploding and we welcomed our first ever Pickleball Professional and Teacher **Anderson Scarpa...**



to the club this year. Congratulations to our **Dunes West Swordfish Swim Team** for coming in second place in their division and to our **2.5 Ladies Tennis Team 'Always Causing a Racquet'** captained by **Kimberly Harris Richart** for winning the South Carolina State Championships.

We hope that everyone is enjoying the course and the fabulous playing conditions we are experiencing thanks to **Rob Mackie** and his incredible staff. We are happy to report some of the following capital improvements that took place this year. **Back 9 Bunker Renovations**, drainage box repairs, new irrigation controllers, new beverage cart, new club car golf carts, new bag stands, tennis court resurfacing, new restaurant chairs and tables, boat ramp dock repairs, new automatic gates at boat storage, new gym equipment and expansion, cart path addition and repairs along with many new pieces of maintenance equipment, some have arrived, and unfortunate others will be arriving next year.

We are equally excited for what 2023 will bring. We have budgeted many more capital improvements and equipment purchases that will begin arriving in early 2023.

In 2023 you will see an increase in some costs, these increases along with other dollars will be going directly into capital improvements around the facility.

### this month

## Farmer's Market & Social

Thursday, December 8 ● 5:30-7:30PM  
The Exchange  
3003 Dunes West Blvd.

Come and check out our local vendors, live music and children's activities.





- Dues will increase \$2 per month for Athletic Club/Social Members
- Dues will increase \$5 per month for the Premier/Golf Members
- Member range balls will increase \$1 per bucket
- Member cart fees will increase \$1 per 18-hole round and .50¢ per 9-hole round
- Annual handicap fee will increase \$3

Thank you for your continued support and we wish everyone a safe and Happy Holiday Season and a Happy New Year!

## around the club

### Group Fitness

Have you been thinking about trying our Fitness classes and waiting for a good excuse?

**Our new fitness session started November 1.** Email Jenn Devaney with questions at [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com).

Try a new class for free. Our group fitness room is the door on the far right of the

Athletic Club for members only. Just show up and try one. If you'd like to continue taking classes, you can just do 'pop-in' as you'd like for \$10 or sign up for three months of unlimited classes for \$150.

#### Monday

Total Body Conditioning – Tracy S, 7AM  
Pilates – Tracy, 9AM

#### Tuesday

Vinyasa – Megan, 7AM  
Cardio Sculpt – Pam, 8:30AM  
Restorative Yoga – Jim, 6:30PM

#### Wednesday

Vinyasa – Megan, 7AM  
Pilates – Tracy, 9AM  
Restorative Yoga – Jim, 6:30PM

#### Thursday

Vinyasa – Megan, 7AM  
Cardio Sculpt – Pam, 8:30AM  
Guts & Butts – Megan, 11:30 AM  
Restorative Yoga – Jim, 6:30PM

#### Friday

Total Body Conditioning – Tracy S, 7AM  
Yin for You – Tracy, 9:30AM

#### Saturday

Vinyasa – Megan, 9:15AM

#### Sunday

Chisel – Jim, 8AM

## Clubin' @ the Club Mom Prom

mark your calendars!

Saturday, January 21, 2023 ● 8-11PM  
The Athletic Club with DJ Edie

A dance party at the Athletic Club for a fun girl's night out. There will be a bar, snacks, and fun music. It will be a black and neon vibe. Dress appropriately. Get your tickets from Jenn, [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com) or call 843-856-9000 ext. 4.

No one under 18 years of age can work out in the gym without an adult. This does not count if there is an 'adult' in the gym. Other adults are not responsible for children that are not their own. If your child would like to work out there with you supervising, they must be 13 or older. If they are told more than once that they are not allowed, I will start turning off the access cards.

### December at The Grille

Dinner served, 5-8:30PM

*All entrées served with fresh baked focaccia with our signature garlic Parmesan dip*

#### THURSDAY SPECIALS

See the special board for our: \$25 Wine Bottle Specials

## Holiday Craft Show!



CONTINUED »

Congrats!

## SIDE SALADS

Add to any entrée for \$5

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**  
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

## APPETIZERS

- **Fromage Bleu Mussels** with smoky bacon, shallots, white wine, garlic & crumbled bleu cheese, \$11

## Entrées

- **Chicken Piccata**  
Sauteed with lemon, white wine, parsley & capers with mashed potatoes & roasted vegetables, \$17
- **Bone-In Pork Chop** with a raspberry demi-glace, mashed potatoes & roasted vegetables, \$20
- **Cajun Shrimp Pasta**  
Tossed with penne pasta, julienne bell peppers & onions in a light cream sauce, topped with shredded Parmesan, \$19



## Man Cave Microbrew Tasting

\*Saturday, February 4, 2023  
6:30-8:30PM  
The Athletic Club

Come 'hang out' and try a variety of new beers with the opportunity to buy more to enjoy at home. The \$10 fee covers snacks and take away tasting glass. Sign up with Jenn, jenn.devaney@duneswestgolfclub.com or 843-856-9000 ext. 4.



Morgan Jacobson

- **8oz. Filet** with a port wine demi-glace, fried onion straws, mashed potatoes & roasted vegetables, \$26

## SANDWICHES & SALADS

- **Burger\***  
Have it with or without bacon. Choose from American, cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14
- **Beyond Burger**  
Plant-based burger, vegan cheddar, lettuce, pickles, tomato, on a brioche roll, \$15
- **Chicken Sandwich**  
Have it grilled or fried, with or without bacon. Choose from American, cheddar, Swiss or smoked gouda cheese. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

- **Salmon Salad**  
Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

## KIDS

Ages 11 & under only.  
Choose one side.

- Grilled Cheese ● Chicken Tenders
- Burger ● Cheese Quesadilla, \$6



Mike Hamilton & Keith Harris

## MGA Ringers Choice Champions

Mike Hamilton & Keith Harris

*\*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

## pool news

### Re-opening in April

All Pools at the Dunes West Athletic Club will re-open on April 1, 2023.

## golf news

### Hole-in-One

**Morgan Jacobson**

Friday, October 28

Hole #12 ● 166 Yards ● 6-Iron

Witness: Chris Clemons, Mike Hankins,



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 9:30-10:33 LGA, 8:45-9:03 Total Body, 7AM Yin, 9:30AM	MGA, 7:15-8:09 MGA Cup, 12:30 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9:15AM
4	5	6	7	8	9	10
MGA, 7:15-7:42 Chisel, 8AM		LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Restore, 6:30PM	SMGA, 9:21-10:33 LGA, 10:42-11:27 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM	LGA Holiday Fun, 8:00 SG SLIP, 9:48-10:06 GOB, 10:15-10:51 Vinyasa, 7AM Cardio Sculpt, 8:30AM Butts 'n Guts, 11:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 9:21-10:33 LGA, 8:45-9:03 Total Body, 7AM Yin, 9:30	MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9:15AM
11	12	13	14	15	16	17
MGA, 7:15-7:42 Chisel, 8AM	CALGA, 9:30AM Total Body, 7AM Pilates, 9AM	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Restore, 6:30PM	SMGA, 9:30-10:33 LGA, 10:42-11:27 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Butts 'n Guts, 11:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA Flighted Gross, 9:30-10:51 LGA, 8:45-9:03 Total Body, 7AM Yin, 9:30	MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9:15AM
18	19	20	21	22	23	24
MGA, 7:15-7:42 Chisel, 8AM	SMGA, 9:30-10:33 LGA, 8:54-9:21 Total Body, 7AM Pilates, 9AM	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Restore, 6:30PM	SMGA, 9:21-10:33 LGA, 10:51-11:36 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Butts 'n Guts, 11:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 9:21-10:33 LGA, 8:45-9:03 Total Body, 7AM Yin, 9:30	MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9:15AM
25	26	27	28	29	30	31
No Classes <i>Christmas Day</i>	SMGA, 9:21-10:33 LGA, 8:45-9:03 Total Body, 7AM	LGA, 8:09-8:54 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Restore, 6:30PM	SMGA, 9:21-10:33 LGA, 10:42-11:27 Vinyasa, 7AM Pilates, 9AM Restore, 6:30PM	LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:42 Vinyasa, 7AM Cardio Sculpt, 8:30AM Butts 'n Guts, 11:30AM Restore, 6:30PM Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	SMGA, 9:21-10:33 LGA, 8:45-9:03 Total Body, 7AM Yin, 9:30	MGA, 7:15-8:09 LGA, 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9:15AM <i>Happy New Year</i>



*Christmas Eve*



1.21.23. 8PM. DW ATHLETIC CLUB

DJ AND SNACKS

DRINKS FOR \$

TICKET \$20

CLUBIN @ THE CLUB

*Mom & Goth*

VIBE: DRESS TO IMPRESS IN BLACK AND NEON

FOR TICKETS: JENN DEVANEY

JENN.DEVANEY@DUNESWESTGOLFCLUB.COM