

We take great pride in supporting the local economy and sourcing the finest ingredients from local farmers, fishermen & artisans. Our preparations are seasonal and sustainable and promote the "foodshed" of South Jersey.



### Our local partners

Zone 7 Jah's Creations Organic Farm Samuel & Sons Seafood South Bay Shellfish Nature Source Beef Gerbers Amish Farm Chicken Compart Farms Duroc Pork LaBelle Farms Duck Cape May Brewery Hawk Haven Winery Cherry Grove Farms Cheese Sandy Ridge Organic Eggs

# SOUP OF THE DAY

Cup 5 • Bowl 7

## FROM THE GARDEN

#### Caesar Salad

hearts of romaine | shaved locatelli roasted red peppers | garlic croutons 8

#### Farm Salad

chef's daily preparation of the local harvest rose balsamic & local honey vinaigrette 10

#### Salad Add-ons

chargrilled chicken breast 6 lump crabmeat 10

# SANDWICHES

#### Nature Source Prime Sirloin Burger

cheddar cheese | smoked bacon sesame bun | french fries 11

#### Grilled Vegetable Wrap

portabello mushroom | red onion asparagus I red pepper | spring greens balsamic reduction lemon herb quinoa salad 11

#### **Our Signature Crabcake**

lettuce | tomato | tartar sauce brioche roll | old bay french fries | coleslaw 14

#### **Junior Turkey Club**

house roast turkey | lettuce | tomato bacon | toasted rye | herb mayonnaise side salad 11

#### Grilled All Beef Hot Dog

ketchup | mustard | sweet relish toasted roll | french fries

### LUNCH ENTREES

### Chicken & Ravioli

chargrilled chicken | sautéed spinach oven roasted tomatoes | crispy bacon truffle mushroom ravioli balsamic reduction

14

#### **Chilled Ahi Tuna**

herb crusted ahi tuna | soba noodle salad sesame lime vinaigrette lemongrass soy reduction