The Strand April 2016

E-Newsletter for the Members of River Strand Golf & Country Club

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COMMUNITY MATTERS

As our main season is coming to a end, there are a few items I would like to remind owners. Please remember to keep your AC units on. By doing so you will help prevent the possibility of mold. It is also recommended to shut off the water to your property if you are going to be gone for long periods of time. This will help prevent water leaks while you are gone. Please be sure to have someone checking your property during the months that you are gone.



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The weather has been beautiful and I have seen several people enjoy-

ing the pools. Please be sure to follow the posted signs. Also, please put umbrellas down after you are done using them. This time of year we can expect storms to pop up, and can break the umbrellas if they are left open thus costing the Association money.

Safety is always one of our main concerns throughout the Community! Please remember that the speed

limit through the Community is 25 MPH. Speeding through our Neighborhood could cause an unnecessary accident.

Golf carts are to be registered at the Administrative Office. Once registered you will receive a sticker that must be placed on your cart in order for us to identify who the owner is. Please also remember that the rules for usage of golf carts are that you must be the age of 16 to drive alone, or 14 to drive with an adult.

Please remember to notify the administrative office of your rentals by filling out the transfer form and transfer of the membership is a \$200 fee. It is required to notify us 15 days prior to their arrival in order for them to be added to the Envera gate system. If the renter/guest is not a family member or friend to the owner, a lease is also required to be submitted with the transfer form.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!



Wednesday, April 6th at Noon Meet at Gianni's Pizza 4925 East St. Road #64 (Rivers Edge Shopping Center)



Visit with your friends and neighbors at lunch and pick your movie from currently playing titles.

New Faces are Always Welcome! Chicks And Flicks is held the first Wednesday of every Month, lunch location will vary per month.

RSVP to admin@riverstrandgolf.com by Monday April 4th





March Luncheon at Waterlefe Golf & River Club



Important Reminders

- Dinner Service is available **Tuesday thru Friday**. Reservations are recommended. Seating on the 1/2 hour from 5:30 pm to 8:00 pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- The Administrative office will no longer be open on Saturday beginning April 1st. The office will continue to be open from 9am to 5pm Monday through Friday.
- Don't Miss **Jimmy Mazz Dinner and Show** on Thursday, April 7th with music from the 50's and 60's. Tickets are currently available for purchase at the Grille Room Bar.
- **Rye Road Band** will be performing on in the Dinning Room on Wednesday, April 20th. Tickets will be available for purchase at the Grille Room Bar on April 8th at 11am.
- Come join Deputy Russ Younger on Wednesday, April 6th at 3pm for a Crime Prevention Seminar in the Community Center.
- Join Manatee County Fire Inspector, Troy Toman on Wednesday, April 20th at 3pm for a Fire Safety Seminar at the Community Center.

Complimentary Beginner Mah jongg Classes Held in the Community Center

Resident Kathy Martin has offered to host complimentary beginner Mah jongg classes again this season. Classes meet on Monday evenings from 6:00 pm to 8:00 pm at the Community Center. Mah jongg also is a great way to exercise your mind and socialize with your neighbors.

Please bring a personal beverage if you need one and if you wish, a snack to share. If you have any questions, please contact Kathy Martin at 719-238-9964.

Please Note: Don't forget to bring your Member Access ID Card (which you will need to access the multi-purpose room and rest rooms), when visiting the Community Center.

Men's Bridge

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If your are interested in playing bridge in a Men's group at River Strand please Contact Larry Sivak by email at lesivak@msn.com. Please be ready with suggestions on day of the week, time and what type of bridge interests you (rubber, Chicago scoring, and/or duplicate).



Monique Patenaude, Trib #5 on March 3, 2016

Jack McCauley, Sanctuary #7 on March 15, 2016

Ken Willms, Sanctuary #4 on March 23, 2016

Ron Milewski, Sanctuary #4 on March 25, 2016



GOLF COMMENTS FROM COREY

PGA Head Golf Professional, Corey Pion



Pavel Vilimovosky is our new 2016 Men's Club Champion. River Strand definitely showed it's toughness on Sunday as only 2 rounds were in the 70's. This year's Senior Club Champion

goes to Robert Melville. Beatriz Neimeyer is our back to back Ladies' Club Champion! Low Gross for Men's First Flight was Rick Todd and Low Gross for Ladies' First Flight was Joan LaPierre. Congratulations to all of this year's winners and

participants.

The area left of #1 Sanctuary is marked OUT OF BOUNDS. It defines the boundary between the golf course and our resident back yards. As you know there are many other areas as well where the courses are lined with resident's backyards. These areas also have St. Augustine grass which is noticea-

Golf Course Reminders:

- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.
- Please help keep our course beautiful by filling your divots on the driving range and the course, also raking your tracks in the sand.

bly different from the golf course Bermuda grass. Please **do not** drive your golf carts nor hit your shots from private property. The White stakes define golf course out of bounds.



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Senior Club Champion



Robert Melville, River Strand Seniors Club Champion winner



Golf Rules Tip of the Month PGA Assistant Golf Professional, Jay Blackwell

Using the rules to your advantage...As many of you are aware, it is against the rules of golf to ask a fellow competitor for advice during a round. Advice is any counsel or suggestion which could influence a player in determining his play, the choice of a club, or the method of making a stroke. Information on the rules, distance, or matters of public information, such as the position of hazards, or the flagstick on the putting green, is not advice.

So be careful not to ask your playing partner for advice or you could be charged a two stroke penalty. This penalty may only jokingly be enforced during a friendly round but in tournament play it should be enforced every time.

But can I peek into my opponent's bag to see which club he used? You CAN look, just don't touch. Decision 8-1/10 states that information obtained by observation is not a breach of Rule 8-1, but Decision 8-

1/11 prohibits a player from obtaining such information by a physical act, such as removing a towel to see a club. Therefore, if you really feel lost on what to hit on that tough par 3....feel free to take a peek into their bag!

Club Champions



Pavel Vilimowsky, River Strand Men's Club Champion winner, pictured with Corey Pion, Head Golf Professional

APRIL GOLF EVENTS

Ladies' 18 Holes Tuesday at 8:30am Shotgun Ladies' 9 Hole Tuesday at 9:00am Shotgun Men's 18 Holes Wednesday at 8:30am Shotgun Men's 9 Holes Wednesday at 9:00am Tee Times Couples Championship Saturday, April 2, Tee Times starting at 9:00am 9 & Dine Monday, April 4 at 4:00pm <u>SATURDAY CLINICS</u> Adults: Every Saturday at 10-11am & 11am-12pm (Please call pro shop to sign up) Juniors: Every Saturday at Noon (Please call pro shop to sign up)



Beatriz Niemeyer, River Strand Ladies' Club Champion winner, pictured with Kristina Wagner, Assistant Golf Professional





A Note from Nate

USPTA Director of Tennis, Nate Griffin

River Strand members, as the season begins to slow down a little, I thought this would be a good time to recap our season, and highlight what is coming down the road for tennis and pickleball.

As anticipated, the tennis program is the busiest it's ever been as we meet new homeowners every day. On the pickleball front, we have had an amazing interest and activity level on a daily basis on the (8) brand new pickleball courts located in the Sanctuary community center.

For both programs, we use the www.makeclubreservations.com website (facility code-river1) to monitor activity and reserve courts for social play, clinic play, league play, and much more. We encourage anybody that is interested in playing tennis or pickleball to register an online account to stay up to date with all the happenings in these two programs.

The reservations system is working well as it has saved the day for our tennis programs that have event lists and wait lists. The reservations company is launching a few new features which will make it easier for family accounts and the ability for one user in the family to sign up the entire family under one account, and also have the ability to register guests for activities and reservations without having to create a new account for every guest.

The tennis program was handling 15 league teams, and several players on the morning doubles wait list this season. While we enjoy being extremely busy in season, we have come up with a solution for next season with our scheduling times to allow more players access to the facilities. We will be moving the league start time back to 12:00pm instead of 11:30am, which will allow us to run 3 (social) reservation slots in the morning, 7:00-8:30am, 8:30-10:00am, and 10:00-11:30am; court maintenance and league warm up from 11:30am-12:00pm and league play beginning at noon. This will allow us to maximize our court usage and give everybody a chance to enjoy our wonderful amenities.

Tennis players, a reminder that as always, we will bring Morning Doubles time back from a 9:30 a.m. start to an 8:30 a.m. and we will announce the start date as we monitor the activity level and weather predictions.

On the pickleball side, we have expanded our Tuesday, Thursday, and Saturday "open pickleball play" from a 4 court block to an 8 court block from 9:00-10:30 a.m. We also have "open play" every other day of the week from 9:00-10:30am and in the afternoon from 2:00-3:30pm, and evening play on Wednesday from 6:00-7:30pm. We will monitor the activity as the summer heat approaches and make adjustments to this schedule according to member demand. A reminder that the Tennis Pro Shop has pickleball paddles for sale and rentals at \$5 per paddle per day. We will be increasing our pickleball paddle inventory as needed based on demand.

I'd like to thank the entire membership and my staff for working together this past season to make this a great place to keep an active lifestyle while enjoying great sports like tennis and pickleball that bring us all together on a social level, and keep our bodies and minds healthy and sharp. See you on the courts!

River Strand Ladies Tennis Tri-Citi Team



Pictured Left to Right: Kneeling, Sandy Shallcross. Front: Linda Bauer, Bobbi Walsh, Lulu Lopez, Karen Baig, Linda Tosi. Back, Sue Nicoletti, Nancy Crum, Lynn Bucknam, Dottie Wiencek



The Strand

RIVER STRAND TENNIS PROGRAMS

Junior Clinics (sign up on www.makeclubreservations.com)

Pee Wee Clinic (3-5 years old) - Friday, 4:30-5:00p.m. \$10 per class Stars Clinic (5-14 years old) - Mon, Wed & Fri 5:00-6:30p.m. \$20 per class

Adult Clinics (sign up on www.makeclubreservations.com)

Nate's Cardio Tennis - Monday, 2:00–3:00 p.m., Saturday 8:00-9:00 a.m., \$15 per class Tiffany's Cardio Tennis - Thursday, 5:00-6:30 p.m. \$15 per class Abdul's 90 Minute Drill and Play – Tues. & Thurs. 8:00-9:30 a.m. \$20.00 per class Tuesday's with Tiffany Clinic – Tuesday: 6:00–7:00 p.m. \$15 per class Tiffany's Mixed Doubles Clinic—Thursday, 6:00-7:00 p.m. \$15 per class Tiffany's Cardio Tennis—Thursday, 5:00-6:00 p.m. \$15 per class Gary's Beginner's 101 Clinic- Wednesday, 5:30-6:30 p.m. \$15 per class Gary's Intermediate Clinic—Friday, 5:30-7:00 p.m. \$15 per class Shot of the Week – Saturday, 8:00-8:30 a.m. (FREE)

Scott's 3.5-4.0 Clinic - Sunday, 10:00- 11:30 a.m. \$20.00 per class

Adult Social Play (sign up on

www.makeclubreservations.com)

Morning Doubles: Monday, Wednesday, Thursday, Friday, and Saturday, 9:30-11:00 a.m. cost: \$2.00 Men's Night: Tuesday, 7:00-9:00 p.m. cost: \$2.00 Mixed Doubles Night: Thursday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner) Men's 4.0/4.5 Day: Sunday, 8:30-10:00 a.m. \$2.00

TENNIS PRO SHOP HOURS

Monday-Friday, 8:00 a.m. – 7:00 p.m. Saturday and Sunday – 8:00 a.m. – 3:00 p.m. Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941.932.8680

COURT HOURS

All days - 7 a.m. - 9:30 p.m. TENNIS STAFF/LESSON FEES

Director of Tennis – Nate Griffin, USPTA 1/2 Hour Private: \$40

1 Hour Private: \$80 (buy 5, get 1 free)

Head Tennis Professional – Abdul Idi, USPTA

¹/₂ Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free) Assistant Tennis Professional – Scott Pothul

Assistant Tennis Professional – Sco 1/2 Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional – Tiffany Davis, PTR

1/2 Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 1 Hour Private: \$60 (buy 5, get 1 free)

TENNIS TIP OF THE MONTH USPTA Director of Tennis, Nate Griffin

If you look at the very top professional players, you will quickly realize that tennis is very much a game of movement, thinking, and anticipation. There is an excellent drill/game that we use for many of our students, especially our junior players. The game is called minitennis. You play inside the service boxes and doubles alleys as well if you have 4 players.

You must serve the ball in underhand and to the correct box just as you would in a regular game and play a regular set. You can play this game in a variety of ways, I like to include volleying in this game so that you get practice at angle volleys, and the opponent gets practice at touch passing shots.

This game will force you to learn how to move efficiently, while learning how to construct points and how to move your opponent around the court. This will also allow you to develop some feel and touch over the racquet and the ball, which is missing in so much of the club level game.

This is also a way to have much longer points than in the regular game and an excellent way to start and finish your practice session to make it more fun.

I guarantee as your mini-tennis game improves, so will your regular game.





River Strand Tennis Policies

Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)

- All no show's to any of the events will get a written warning for 1st offense, the 2nd offense will be a 2 week suspension from club organized play.
- If you need to cancel, Morning Doubles players must cancel no later than 10:00 p.m. the night before the event. Men's night and Mixed night players must cancel no later than 2:00 p.m. the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

Guest Fee Policies:

- Guest fees are \$10 per player in season (Oct 1-May 31) and \$5 per player (June 1-Sept 30).
- Guests can play no more than 4 times per month, there is no limit on house guest play.
- House guest fees are \$5 per player.
- Members are responsible for reminding their guests to pay prior to play.

Court Reservation Policies:

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.
- Flex league reservations must be played during non prime time hours.

Ball Machine Policies:

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

Court Rules/Etiquitte:

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, cargo shorts, bathing suits.
- Men shirts required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.



Friday Pee Wee Tennis Class: Coach Tiffany Davis, Kids Left to Right, Trey, Annie, Logan, Leah and Kate



PICKLEBALL TIP OF THE MONTH Assistant Tennis Professional, Scott Pothul

When serving or returning, focus on depth of shot and getting the ball to your opponents backhand. Instead of thinking about hitting serves or returns with power or spin and risking more of a miss, focus on depth with your placement in order to set up your next shot. The advantage that the serving team has is that it is the only way you add points to your score. The advantage that the return team has is that they can station the returners partner at net before the start of the point. If the serve lands deep in the box, it forces a tough return from behind the baseline that will probably bounce short when returned to your side of the court. This short return allows the serving team to now move forward into a more aggressive position. Remember, the first two hits in pickleball must bounce. However, if you can hit a deep return it may allow your net person to poach on the very next shot. The points in pickleball are relatively short. It is about establishing good positioning, usually based on the effectiveness of either the serve or return. Have fun, play well!

RIVER STRAND PICKLEBALL INFORMATION

Adult Clinics (sign up on

<u>www.makeclubreservations.com</u>) Scott's Beginner Clinic: Wednesday 2:00 – 3:30 p.m. cost (\$10.00 per player) (This clinic will cover scoring, rules, match play strategy, fundamentals, positioning, and fun, fun, fun!)

Adult Social Play (sign up on www.makeclubreservations.com) Morning Pickleball: Tuesday, Thursday, and Saturday, 9:00 a.m. – 10:30 a.m. (all levels) Afternoon Pickleball: Monday 2:00 p.m. – 3:30 p.m. (all levels) Evening Pickleball: Wednesday 6:00 p.m. – 7:30 p.m. (all levels)



Adult Competitive Play (sign up on www.makeclubreservations.com) TBA – Adult Leagues TBA – Adult Tournaments

<u>Pro Shop Info (Pickleball equipment and information located in Tennis Shop)</u>

Pro Shop Hours: Monday-Friday, 8:00 a.m. – 7:00 p.m. Saturday and Sunday: 8:00 am– 3:00 p.m.. The Tennis Shop does have Pickleball paddles and balls for purchase.

<u>Pickleball Court Reservation System Information</u> Go to <u>www.makeclubreservations.com</u>. The facility code is "river1". All residents please choose member type "annual". This system is a great way to meet other Pickleball players and get games.

Pickleball Court Hours and Information

The courts are open 7 days a week from 7 a.m. to 10:00 p.m. The lights are located next to the entrance gates and are four hour timers, please shut off after you leave. Players always welcome to play as "walk on's" but the online reservation system will guarantee you your court reservation.

Any questions regarding Pickleball can be answered by our Director of Tennis, Nate Griffin.



Golf Course Maintenance Report Renze Berg, GCSA

Aerification Dates and Course closures:

Tributary will be closed the weeks of May 2nd to May 20th, July 5th to July 22nd & Sept. 5th to Sept. 16th Estuary will be closed the weeks of May 23rd to June 10th, July 25th to Aug 12th & Sept. 19th to Sept. 30th. Sanctuary will be closed the weeks of June 13th to July 1st, August 15th to Sept. 2nd & Oct. 3rd to Oct. 14th.

During these closures we will aerify greens, tees, fairways and roughs, along with topdressing of greens and tees. Other summer projects include, repairing liners and bunker faces, sodding thin spots from seed transition, applying pesticides for mole crickets and other spray applications. During the month of April and May we will be going through a transition time where the over seeded fairways and tees will start getting thinner due to the seed drying out and dying. Seeded grass cannot tolerate hot weather, so we have to let it start dying off in late April to allow the Bermuda grass to heal and grow from the stress of competing with the over seed. If you have any questions or concerns please contact me. We hope you enjoy the next few months of good golf weather.

COMMUNITY LANDSCAPE UPDATE Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Spring is here and the TruScapes Industries team is ready to take services to the next level for the residents of River Strand. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides.

As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs / rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape.

Our irrigation crews will continue preforming their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn, this is attributed to the warmer temperatures and the absence of rain so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key entering the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed.

In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we as a commercial applicators are limited as to what fertilizers we can apply and when as directed by local county authorities in helping preserve our natural environment around us. We wish all of the residents of River Strand a joyful Spring soaking up the beautiful Florida weather as we work hard on their yards.





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NEIGHBORHOOD WATCH AND CRIME PREVENTION PRESENTATION

DEPUTY RUSS YOUNGER MANATEE COUNTY SHERIFF'S OFFICE WEDNESDAY, APRIL 6th 3:00 PM SANCTUARY COMMUNITY CENTER

Learn about neighborhood watch, how to be safe in our community and about some of the crime that is currently happening in our county. Deputy Younger will hold a question and answer session after his presentation.

RSVP: admin@riverstrandgolf.com or stop in the clubhouse



Girl's Night Out

Sunday, April 17th 6pm to 9pm **Community Center 6835 Willowshire Way**

Bring an appetizer to share, Bring a drink of choice, if desired. Water and tea are provided.

Please bring six one dollar bills for a game, for a chance to go home with everyone's money. It's a very simple game called LCR (Left Center Right).

New to River Strand? **Come check us out!**







Learn the basics.

ess cents s instructor and le uipment use and technique. N ed to pre-register, just get her

10:00 am

Thursday, April 21 Community Center at the Sanctuary Fitness Room **EQUIPMENT 101**

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.





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FOOD & BEVERAGE CALENDAR **APRIL 2016**

Lunch Buffet served from 11:00am to 3:00pm Daily

SUNI	DAY MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Lunch 11am-4:30pm Dinner 5:30pm-8pm	2 Lunch 11am-4pm Bar 11am-4pm Couples Golf
3 Lun 11am- Ba 11am-	5pm 11am-4pm r Bar	5 Lunch 11am-4:30pm Dinner 5:30pm-8pm	6 Lunch 11am-4:30pm Dinner 5:30pm-8pm	7 Lunch 11am-4:30pm Jimmy Mazz Dinner & Dance (Tickets Required) Happy Hour Ends at 4:30pm (No Regular Menu)	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Championship 9 Lunch 11am-5pm Bar 11am-6pm
10 Lun 11am- Ba 11am-	5pm 11am-4:30pm r Bar	12 Lunch 11am-4:30pm Dinner 5:30pm-8pm	13 Lunch 11am-4:30pm Dinner 5:30pm-8pm	14 Lunch 11am-4:30pm Dinner 5:30pm-8pm	15 Lunch 11am-4:30pm Dinner 5:30pm-8pm	16 Lunch 11am-5pm Bar 11am-6pm
17 Lun 11am- Ba 11am-	5pm 11am-4:30pm r Bar	19 Lunch 11am-4:30pm Dinner 5:30pm-8pm	20 Lunch 11am-4:30pm Rye Road Dinner & Dance (Tickets Required) Happy Hour Ends at 4:30pm (No Regular Menu)	21 Lunch 11am-4:30pm Dinner 5:30pm-8pm	22 Lunch 11am-4:30pm Dinner 5:30pm-8pm	23 Lunch 11am-5pm Bar 11am-6pm
24 Lun 11am- Ba 11am-	5pm 11am-4:30pm r Bar	26 Lunch 11am-4:30pm Dinner 5:30pm-8pm	27 Lunch 11am-4:30pm Dinner 5:30pm-8pm	28 Lunch 11am-4:30pm Dinner 5:30pm-8pm	29 Lunch 11am-4:30pm Dinner 5:30pm-8pm	30 Lunch 11am-5pm Bar 11am-6pm







JIMMY MAZZ MENU

CARIBBEAN STYLE FISH SOUP CURRY TOMATO SOUP SMOKED CHICKEN TABBOULEH ROASTED BRUSSEL SPROUT SALAD GRILLED VEGETABLE RATATOUILLE MARINATED MUSHROOM SALAD SWEET POTATO MASH POTATO SEASONAL GRILLED VEGETABLES HONEY MUSTARD GLAZED PORK LOIN PECAN CRUSTED GROUPER GARLIC CHICKEN WITH CAPER LEMON SAUCE ASSORTED DESSERTS



RYE ROAD EVENT MENU

SPINACH AND POTATO SOUP

MARINATED MUSHROOM SALAD

GRILLED ROMAINE SALAD /CHERRY TOMATOES/RED ONIONS/CREAMY CAESAR DRESSING

SOBA NOODLE SALAD/EDAMAME/PEPPERS/SHIITAKE/DAIKON SPROUTS/CILANTRO

RED WINE BRAISED SHORT RIBS CRISPY ONIONS RINGS

FIVE SPICE SALMON WITH LOBSTER SAUCE

BLACK PEPPER CRUSTED PORK WITH RASPBERRY REDUCTION

LEMON RISOTTO

GRILLED VEGETABLES

ASSORTED DESSERTS



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FITNESS & SOCIAL CALENDAR APRIL 2016

*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5 <u>Tai-Chi</u> 9am	6 <u>Fit4Life</u> 8am	7 Welling Club	1 <u>Yoga</u> 9:00am <u>Bridge</u> 9:30am <u>Knitting Club</u> 2pm* <u>New Member</u> <u>Orientation</u> 2pm	2 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion <u>Mommy & Me</u> <u>Fitness</u> 9:30am <u>Spring Walkabout</u> 4:30pm 9
	<u>Fit4Life</u> 8:am <u>Aqua Fit</u> 9:15am <u>Bridge</u> 9:30am* <u>Sports Yoga</u> 10am <u>Zumba</u> 11:30am <u>FLOW Yoga</u> 4pm	<u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>Zumba Tone/Step</u> 11:30am <u>Texas Hold-Em</u> 5:20pm*	<u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone</u> 11:30am <u>Chicks and Flicks</u> 12pm <u>Neighborhood Watch</u> <u>3pm*</u> <u>Mixed Bridge</u> 5:30pm*	<u>Walking Club</u> 9am <u>Yoga</u> 9am <u>Bunco</u> 9:30am <u>Sports Yoga</u> 5pm <u>Book Club</u> 5:30pm*	<u>Yoga</u> 9am <u>Bridge</u> 9:30am	<u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion
10	11 <u>Fit4Life 8am</u> <u>Aqua Fit 9</u> :15am <u>Bridge 9:30am*</u> <u>Sports Yoga</u> 10am <u>Zumba</u> 11:30am <u>FLOW Yoga</u> 4pm	12 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>Zumba Tone/Step</u> 11:30am <u>Texas Hold-Em</u> 5:20pm*	13 <u>Fit4Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone</u> 11:30am <u>Mixed Bridge</u> 5:30pm*	14 <u>Walking Club</u> 9am <u>Yoga</u> 9am <u>Sports Yoga</u> 5pm <u>Veterans</u> 6:30pm	15 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Knitting Club</u> 2pm*	16 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion <u>Mommy & Me</u> <u>Fitness</u> 9:30am
17 <u>Girl's Night Out</u> 6pm*	18 <u>Fit4Life</u> 8:am <u>Aqua Fit</u> 9:15am <u>Bridge</u> 9:30am* <u>Sports Yoga</u> 10am <u>Zumba</u> 11:30am <u>FLOW Yoga</u> 4pm	19 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>Zumba Tone/Step</u> 11:30am <u>Texas Hold-Em</u> 5:20pm*	20 <u>Fit4Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Zumba Toning</u> 11:30am <u>Fire Safety Seminar</u> 3pm* <u>Mixed Bridge</u> 5:30pm*	<u>Walking Club</u> 9am <u>Yoga</u> 9am <u>Bunco</u> 9:30am <u>Fitness 101</u> 10am* <u>Sports Yoga</u> 5pm <u>Book Club</u> 5:30pm*	22 Yoga 9am <u>Bridge</u> 9:30am	23 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion
24	25 <u>Bridge</u> 9:30am* <u>Sports Yoga</u> 10am <u>Zumba</u> 11:30am <u>FLOW Yoga</u> 4pm	26 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>Zumba Tone/Step</u> 11:30am <u>Texas Hold-Em</u> 5:20pm*	27 <u>Mah jongg</u> 9am* <u>Zumba Toning</u> 11:30am <u>Mixed Bridge</u> 5:30pm*	28 <u>Walking Club</u> 9am <u>Yoga</u> 9am <u>Sports Yoga</u> 5pm <u>Transition Budget</u> <u>& Finance</u> 6:30pm*	29 Yoga 9am <u>Bridge</u> 9:30am	30 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion <u>Mommy & Me</u> <u>Fitness</u> 9:30am



April Fitness and Social Activities

FITNESS	
AQUA FIT:	9:15 am on Monday and Wednesday. Classes End April 20th.
CARDIO TENNIS:	6:30 pm on Wednesday and Friday. \$15 members.
FIT 4 LIFE:	8:00 am on Monday and Wednesday. Classes End April 20th.
FITNESS 101:	10:00 am on Thursday, April 21st. Learn the Basics of Exercise. See page 11 for more information.
FLOW YOGA:	6:00 pm on Monday. Intermediate practice.
MOMMY & ME FITNESS:	9:30 am on Every other Saturday. Clubhouse fitness room. Classes are \$10.
RIVER STRAND STRIDERS:	9:00 am on Tuesday, Thursday and Saturday. Pavilion at Central Park.
SPORTS YOGA:	Monday at 10 am, Tuesday at 9 am, Thursday at 5 pm. Classes are \$15.
TAI-CHI:	9:00 am on Tuesday. Pavilion at Central Park.
YOGA:	9:00 am on Thursday & Friday.
ZUMBA:	11:30 am on Monday.
ZUMBA TONING/STEP MIX:	11:30 am on Tuesday.
ZUMBA TONING:	11:30 am on Wednesday.

SOCIAL

	PS WHO HAVE PREVIOUSLY MET AT THE RIVER STRAND CLUBHOUSE, WILL NTER. PLEASE REVIEW THOSE AND THEIR START DATE BELOW:
BRIDGE:	9:30 am on Monday and Friday. Group will play at the Community Center on
	Mondays and at the Club house on Fridays.
BUNCO:	9:30 am the first and third Thursday of the month. River Strand Clubhouse.
CHICKS AND FLICKS:	First Wednesday of every month. This month meet at Gianni's Pizza at Noon
	followed by a movie of your choice. See page 2 for more information.
GIRL'S NIGHT OUT:	6:00 pm on Third Sunday of the Month at the Community Center. See flyer on
	Page 11 for more information.
MAH JONGG:	9:00 am till Noon on Wednesday. Group will play at Community Center. This is a fun,
	friendly group for intermediate to experienced players. Contact Lynne Monnell
	(941)201-4253 or gmonnell@tampabay.rr.com
MAH JONGG LESSONS:	6:00 pm to 8:00 pm on Monday. Complimentary. Community Center. See page 3.
MIXED BRIDGE:	5:30 pm on Wednesday. Group will play at Community Center.
TEXAS HOLD-'EM:	5:20 pm-8:00 pm on Tuesday. Group will play at the Community Center.
VETERANS NETWORK:	6:30 pm on the first Thursday of the month in the conference room. Meet at the
	River Strand clubhouse.
NEIGHBORHOOD WATCH:	3:00 pm at the Community Center on first Wednesday of the month.
KNITTING CLUB:	2:00 pm on Friday. First and Third of the month at the Community Center.
BOOK CLUB:	5:30 pm-8:00 pm at the Community Center meets first Thursday of the month.
	Contact Paulette Gandel at 716-863-4248 for more information.
	5:30 pm-8:00 pm at the Community Center meets third Thursday of the month.
RIVER STRAND TRANSITION	
BUDGET & FINANCE COMMITTEE:	6:30 pm on the Fourth Thursday of the month in the Community Center.





River Strand Ladies Bridge

Bridge meets at 9:30am on Monday and Friday and ends around noon. To play contact Pauline Tasler: 941 -405-4733 / ptasler@gmail.com or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

<u>Bunco</u>

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first and third Thursday of the month at 9:30am in the Community Center. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge

(Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm -8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

Please Join Us In Welcoming Our New River Strand Food & Beverage Manager, Wendy Wallis!



I'm very excited to join the River Strand team as Food and Beverage Manager!

I've recently relocated back to South West Florida from Wisconsin. While "up north" I had the privilege to work at a Forbes 5-star resort, The American Club, as well as work at the 2015 PGA Championship at Whistling Straights. What a great experience!

My club career began after serving in the Air Force and found myself in Fort Worth, Texas which eventually led me to spend many years in Dallas at some well know country and city clubs.

My move to Florida had me opening one of our local country clubs and attempting to learn the game of golf! I was the chef/owner of an upscale catering company in Sarasota for over a decade (and a wedding consultant) before returning to private clubs.

I look forward to meeting the members and am happy to talk about food, wine and entertaining with you all!



Ladies Golf League's Annual Solheim Competition

The River Strand Ladies Golf League held their annual Solheim competition on March 1st. The event was a match play format with the USA Team vs the International Team competing.

Over 100 golfers from the 9 and 18 hole league wore team colors and creatively decorated carts with balloons, crepe paper, flags and decals. Congratulations to the International Team who won both matches!

Our thanks to Louie LaPierre for the photography.





Farwell, Good Luck & Thank You

River Strand Golf and Country Club would like to thank Nikki Resner and Ryan DiPasquale for their tireless efforts managing the Food & Beverage Department. We say farewell and wish them good luck in all their future endeavors.

NEWS FROM THE KITCHEN:

New & Exciting Farm that we are starting to work with



The Creekstone Farms legacy began over a decade ago with one simple idea: provide superior beef products to satisfy the most discerning of palates. Upon this vision, they began a beef program based on Black Angus cattle. Why Black Angus beef? Because Black Angus is known as the gold standard for premium beef-consistently tender and delicious.

Club Connections Lifestyle Director, Lori Hoppe

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Welcome to our newest members!

Sign up in the Administrative Offices at the clubhouse for our New Member Orientation. These informative sessions take place in the clubhouse conference room at 2 pm on the first Friday of every month. April 1st this month.

Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

Richard & Tina Biller Mary Fusco Pamala DePasquale Jav Baer & Heidi Fezer Mark & Teresa Skehan Ronald & Joanne Tocco Jeffrev & Natalie French Al & Antonia Guglielmi Paula Hartman & Don Ray James & Kathryn Ramage Patrick & Denise Murphy Craig & Lisa Campbell Pamela DePasquale Kenneth & Pamela Ray Nunzio Esposito & Celia Capozzoli Tressa Verna & Delores Dorsey Kevin Forward & Michelle LeClair Alan & Norman Waisanen **Todd & Beverly Potter** Randy & Jennifer Best **Cathy Gasparis Darryl & Bridget Pettigrew** Oded & Na'ama Haklai Justin, Stacee & Cindi Meccage Endres & Sylke Knapp James Schneck & Martine Weghe Larry & Peggy Harris Gary & Nancy Jenkins Carmen DeRosa Ken & Anna Grish

The Strand Page 19 h Spowson From the River Strand Ladies Golf League To all who made our recent Charity Event a Success! **ICON Management** The Golf Pros at River Strand Gettel Hyundai ABS AC of Tampa Clean Sweep De La Pooch D & W Heating & Cooling Greg Miller - Golf Cart Outlet Gulf Coast Property Management Harder Law - Tampa Kimi Klean LPAC Services Maid in the Shade New Concepts Home Services Ocean Blue Pool Service Peace of Mind Housewatch Pool Boy of Tampa Scott Abraham - Wagner Realty Terry & Nancy Lyons The Wright Way Willis Adams II - Morgan Stanley Wealth Management Your Home Sitters The Tennis Pros at River Strand And all the donors and volunteers at River Strand

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

Lennar Customer Care 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617

Tennis Shop Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-4:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

Swimming Pools Open from dawn until dusk.

<u>Gate Attendant</u> Phone: 941-746-2167 (gatehouse) E-Mail: gatehouse@riverstrandgolf.com Envera (Gate Company): 941-556-0732 (24-hours) Nightly Security Patrol: 941-549-9637

Property Managers - River Strand/Heritage Harbour Dan Arens, LCAM, Single Family Homes Phone: 941-932-8663 E-Mail: darens@ThelconTeam.com Matt Koratich, LCAM, Condominiums Phone: 941-932-8671 E-Mail: mkoratich@ThelconTeam.com Kasey Dick, LCAM, Condominiums Phone: 941-747-7261 Email: kdick@ThelconTeam.com <u>General Manager</u> Pat Cattanach, PGA, LCAM Phone: 941-708-3837 E-Mail: pcattanach@ThelconTeam.com

<u>River Strand Master Association Board Member</u> Terry Lyons Phone: 941-896-7525 Email: ternanlyons@aol.com

Golf Course Superintendent Renze Berg Phone: 941-748-8626 E-Mail: rberg@ThelconTeam.com

<u>Head Golf Professional</u> Corey Pion, PGA Phone: 941-708-3617 E-Mail: cpion@ThelconTeam.com

Director of Tennis Nate Griffin, USPTA Phone: 941-932-8680 E-Mail: ngriffin@ThelconTeam.com

Executive Chef Radames Febles Phone: 941-932-8665 E-Mail: rfebles@ThelconTeam.com

Food & Beverage Manager Wendy Wallis Phone: 941-932-8664 E-Mail: wwallis@ThelconTeam.com

<u>Lifestyle Director</u> Lori Hoppe Phone: 941-708-3785 E-Mail: lhoppe@ThelconTeam.com

Administrative Assistant Bianca Johnson Phone: 941-708-3837 E-Mail: rsadmin@ThelconTeam.com

<u>Concession Supervisor</u> Laura Kommick Phone: 941-708-3837, ext. 110

