

E-Newsletter for the Members of River Strand Golf & Country Club



Connect with your Clubhouse and Community

All the News from River Strand Golf & Country Club

COMMUNITY MATTERS

Shaun Fitzer, LCAM

In early March, Lennar informed the Board of Directors at River Stand that they would be relinquishing control of the Architectural Review Process. The Board immediately went to work to establish the committee so that the applications that had been



submitted for review in March could be processed. With the help of ICON Mgmt, the committee met and was able to review the applications that had been submitted. In a review of the applications submitted a few important points were identified; 1) Architectural request forms need to be submitted by the end of day on the second Tuesday of the month. The forms are available at the Admin office or on the River Strand web site under "forms". 2) Only forms with all required information will be considered for approval. Submittal of the application before the deadline date will allow an early review by management to identify any missing information that is required.

ROAD SAFETY

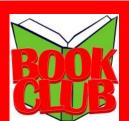
The community has been very active during the last two months with activity at its peak. Roads and sidewalks have been very busy with motor vehicles, personal golf carts, bikers, walkers and joggers. To assist in the enjoyment of all, courtesy and awareness must be in place. Vehicles need to be aware of personal golf carts and bikers who ride on the roadways in the community. Golf carts use the sidewalks in certain areas between golf holes, around the clubhouse and in route to the 1st hole on one of the golf courses. Personal golf carts and bikes are to use the roadways in all other locations, staying to the right side of the roadways. Vehicles are required to give at least a 3' clearance and need to respect the right of the golf carts and bikes to be on the roadways.

Sanctuary Wifi

The Sanctuary Clubhouse now has wifi available!

Network: Sanctuary Rec Facility Password: Riverstrand

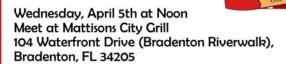




Book Club Next Meeting Monday, April 3rd at 1pm *Gift From The Sea* by Anne Morrow Lindbergh

Contact Janice States at (412) 720-3647 or statesjanice@icloud.com for more information. We'd love to have you join us!

Chicks And Flicks



New Faces & Friends are Always Welcome!

Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.

Car Pooling is Suggested!

Chicks And Flicks is Held the first Wednesday of Every Month, the Lunch Location Changes Every Month.

> RSVP to aduncan@theiconteam.com by Monday, April 3rd.





The March Luncheon at River House Reef & Grill.



WENDY'S WORLD

Wendy Wallis, Food & Beverage Manager

SCHEDULING UPDATES

-April 8th is the last night of Saturday dinner service for the summer months, and will resume in the fall. Watch for special events and game nights coming up!

-Saturday, April 15th and April 22nd the clubhouse will close at 3:00pm to prepare for Easter Brunch and Private Event including the Grille Room, Bar and Patio.

Here is the Friday lineup for the month of April 6pm to 9pm:

- Friday, April 7th Eddie Cooper
- Friday, April 14th Sarah Combs
- Friday, April 21st Broadway Baby
- Friday, April 28th An Evening with Vida

Upcoming Events- Friday, May 5th

Celebrate Cinco de Mayo! Enjoy a south of the border dinner buffet, Margaritas galore and plenty of fun! \$18.50⁺⁺. Reservations required.

March Trivia Winners

Anthony & Catherine Santopolo, Robert & Anna Long, Ronald & Lynn Wabby





GOLF COMMENTS FROM COREY

PGA Head Golf Professional, Corey Pion



I would like to start off this months Newsletter by saying congratulations to George and Lenora Haag for winning the "Jack and Jill" couples event we had on March 12th. They beat out a full field of 142 players which is the largest field to date.

Congratulations to Edward & Beverly Russell and their partners Wayne & Kathleen Haas were this months winners of 9 & Dine on March 4th.

Junior Golf Camps are around the corner. If you have kids or friends with kids we are going to be offering several golf camps through-out the summer. Dates will be announced shortly, so stay tuned.

We are currently working on our reciprocal list for the summer months and it will be out later this month. Reciprocal season is May 1^{st} thru October 31^{st} .

Remember now with the time change the new walking time will begin at 4:04.





Sheila Kassel, #5 Tributary on March 14, 2017 Barbara Tarchak, #2 Tributary on March 14, 2017 Keith Crocker #2 Estuary on March 13, 2017 Harry Kenny #2 Estuary March 17, 2017

Sally Graham #2 Tributary March 28, 2017

Late Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436

The phone number will be located on the golf cart signs and on your receipt from the pro shop, so make sure you save it in your own personal cell phone.

<u>Upcoming</u> <u>Championships</u>

Couples Club Championship,
April 2nd—Tee Time

36 Hole Club Championship,
April 8th & 9th—Tee Time

April GOLF EVENTS

9 & Dine April 10th—4pm

Ladies' 18 Hole—8:30am Shotgun Tuesday
Ladies' 9 Hole —9:00am Shotgun Tuesday
Men's 18 Hole —8:15am Shotgun Wednesday
Men's 9 Hole —9:00am Shotgun Wednesday

SATURDAY CLINICS

Adults: Every Saturday at 10-11am, 11am-12pm (Please call pro shop to sign up) Juniors: Every Saturday at 12:00 (Please call pro shop to sign up)

GOLF TIP OF THE MONTH

PGA Head Golf Professional, Corey Pion

The USGA and R&A have drafted more than 100 proposed changes to the Rules of Golf with the goal of simplifying the rules and making them easier to apply. While the amendments will not go into effect until January 1, 2019, they represent what will be the most significant rewrite of the rules book in more than 30 years.

Here are some of the man new proposed changes of the Rules of Golf...

Putting with an unattended flagstick left in the hole.

Current Rule - Loss of hole/2-stroke penalty if the ball is played from the putting green and hits the unattended flagstick in hole.

New Rule - No penalty if a ball played from the putting green (or anywhere else) hits the unattended flagstick in hole.

Player moves loose impediments, touches the ground with hand or club or grounds the club in a penalty area when the ball is in the penalty area.

Current Rule - Loss of hole/2-stroke penalty (with exceptions). New Rule - No penalty.

Player moves or touches a loose impediment in a bunker when the ball is in the bunker.

Current Rule - Loss of hole/2-stroke penalty (with exceptions). New Rule - No penalty.

Unpayable ball relief options

Current Rule - No relief outside the bunker (other than in playing from where the player's last stroke was made).

New Rule - A player may take relief outside the bunker back on a line from the hole through where ball was at rest for 2 penalty strokes.

Use of clubs damaged during round

Current Rule - A player may use the damaged club only if it was damaged in the "normal course of play"

New Rule - A player may keep using any damaged club, even if the player damaged it in anger.

- Adding clubs to replace a club damaged during round Current Rule - A player may replace a damaged club if it is "unfit for play" and was damaged in the "normal course of play".
- New Rule A player may not replace a damaged club. Unless the player was not responsible for the damage.
- Repairing damage on the putting green

Current Rule - A player may only repair ball-marks or old hole plugs on the putting green.

New Rule - A player may repair almost any damage (including spike marks and animal damage but not including natural imperfections) on the putting green.

Time allowed for a ball search

Current Rule - A ball is lost if not found in five minutes. New Rule - A ball is lost if not found in 3 minutes.

How to drop a ball

Current Rule - Stand erect, hold the ball at shoulder height and arm's

New Rule - The only requirement is for the player to hold the ball above the ground without it touching any growing thing or other natural or artificial object, and let it go so that it falls through the air before coming to rest; to avoid any doubt, it is recommended that the ball be dropped from at least one inch above the ground or any growing thing or object.

Golf Course Reminders:

- Range balls must be purchased before 5:30pm and the range closes at 6:30pm
- Please remember the golf course is designated for registered golfers only. No jogging, walking, biking or use of your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots to the right of our parking lot even if you are coming out to practice.
- No driving range balls or bags shall ever leave the driving range area. Do not take them home with you. If you see someone taking them inform the golf shop.
- Help keep our course beautiful by filling your divots on the driving range and the course, also raking your tracks in the sand.
- Repair ball marks on the green.

TENNIS TIP OF THE MONTH

Assistant Tennis Professional, Ben Zink

Don't play side-by-side.

In doubles matches, when you and your partner are both at the net at the same time, be sure that you are staggered in your positioning. The player that is on "ball side" (ball has bounced in front of them on opponents' side) is closer to the net, while your partner is two or three steps back, and 6 feet to the right or left depending on side. This will help allow the person closer to the net to be more offensive, knowing that the person who is deeper in the court is ready to cover behind their partner if necessary. After each shot, try to assess and adjust your positioning according to the ball side and the positioning of your partner and you will

RIVER STRAND TENNIS POLICIES

Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)

- All no show's to any of the events will get a written warning for 1st offense, the 2nd offense will be a 2 week suspension from club organized play.
- If you need to cancel Morning Doubles, players must cancel no later than 6:00pm the night before the event. Men's night and Mixed night players must cancel no later than 1:00pm the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

Guest Fee Policies:

- Guest fees are \$10 per player in season (Nov 1-April 30) and \$5 per player (May 1-Oct 31).
- House guest fees are \$5 per player, regardless of season.
- Members are responsible for reminding their guests to pay prior to play.

Court Reservation Policies:

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.

Ball Machine Policies:

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

Court Rules/Etiquette:

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, midriffs, jerseys, cargo shorts or bathing suits. Men shirts are required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00-9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2



Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40 or 1 Hour Private: \$80

Head Tennis Professional - Abdul Idi, USPTA

½ Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional - Ben Zink, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 or 1 Hour Private: \$60

Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680

Signing up for the 1st time at www.makeclubreservations.com,

facility code: river1, member type: annual

Court Hours All days – 7am – 9:30pm



PICKLEBALL TIP OF THE MONTH

Assistant Tennis Professional, Scott Pothul

As we continue to enjoy and learn more about this new wave game of pickleball, we can't help but begin to process and implement basic strategies. It obviously starts with the serve. Instead of concentrating on using pace or spin with the serve, focus more on hitting a serve with good depth. This will not allow the returner to have aggressive options with their return. Remember, your serve must pass the no volley zone (the kitchen), but the returner can utilize the entire court, both short and deep. If the returner does get an easy, comfortable look at a return they will have the option to either drive it deep in order to set up their net man or chip it short and force you to run and hit up. The first two shots in pickle ball must bounce, so try to use some depth and be the first team to get an aggressive look at the winning volley!! Have fun, support you pros, see you on the courts!!!



Pickleball Play Open Play
All levels Group

Monday & Wednesday: 6:00-7:00pm

Intermediate-Advanced Group Sunday through Saturday: 9:00-10:30am

Beginner Group Sunday through Saturday: 10:30-11:30am

Sign up at www.makeclubreservations.com, facility code: river1, member type: annual Beginner Pickleball Clinic, \$10 per player Mondays: 3:30-4:30pm

If you have any questions contact the Tennis Shop at 941-932-8680 or email: ngriffin@TheIconTeam.com

PICKLEBALL SOCIAL March 15, 2017

Members enjoyed their first Pickleball Social event last month! With over 40 people attending it was a hit! The group just keeps growing! See page 8 for sign up information and Open Play times if your interested in joining in on all the Pickleball Fun!











RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

The weather so far this year has been beautiful both for golfers and from an agronomy viewpoint. In March a wall-to-wall pre-emergent weed control product was applied on the golf course. This helps control the weed population by killing them before they germinate. The product last about three months, which means we will again apply the pre-emergent product in June.

In March I received a number of requests from residents. In the following months I will discuss those items in the newsletter. This months topic is the subject of sand bunker rakes; where should they be placed when not in use. The options are; completely in the sand bunker (current program), partially in - partially out, or put on golf carts. Clubs have used each of these options with no set method for the sand rakes that has universally won out. River Strand has opted to leave the rakes entirely in the sand for many years. Is that the best solution? It has its benefits and its negatives. The goal in the end is to have golfers rake the trap after they have hit a shot. Nothing worse than hitting out of someone's foot print. Keep the golfers behind you in mind and leave the condition of the sand bunker in a manner you would want. Continue to enjoy your golf, continue to make recommendations and always remember to leave the golf course better than when you found it.



Fresh pine straw has been added to the landscape beds along the main boulevard at the entrance to maintain the high quality standard currently in place throughout the community.

The entrance to the Tennis Shop has been updated with new landscaping for the Spring season!



COMMUNITY LANDSCAPE UPDATE

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Dear residents,

Spring is here once again and the TruScapes Industries team is taking services to the next level for the residents of River Strand. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides. As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs / rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape. Our irrigation crews will continue preforming their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn, this is attributed to the warmer temperatures and the absence of rain so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key entering the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed. In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we as a commercial applicators are limited as to what fertilizers we can apply and when as directed by local county authorities in helping preserve our natural environment around us. We wish all of the residents of River Strand a joyful spring season with all of the scents blooming shrubs and trees have to offer during this time of the year as we work hard on gardens and turf areas.

Finally...for the residents that like to add some splash of color to their gardens and seek suggestions on what annuals to install this time of the year, our team recommends Pentas, Dragon Leaf Begonias and Vincas, these come in many different colors and will tolerate the weather spring and early summer has to offer.

FOOD & BEVERAGE CALENDAR APRIL 2017 Dinner Reservations Accepted from 5:30pm to 8:00pm



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			BLUE PLAT Wednesday Night	E SPECIAL foot s 12.95++ lis for th	Page 13 or a nplete sting e Month	1 Lunch 11am-4:30pm Dinner 5:30pm-8pm
2 Lunch 11am-5pm Bar 11am-7pm	3 Lunch 11am-5pm Bar 11am-7pm	4 Lunch 11am-4:30pm Name That Tune 6:00pm No Regular Dinner Service	5 Lunch 11am-4:30pm Dinner 5:30pm-8pm	6 Lunch 11am-4:30pm Dinner 5:30pm-8pm	7 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm
9 Lunch 11am-5pm Bar 11am-7pm	Lunch Lunch 11am-5pm Bar 11am-7pm Couples 9 & Dine Golf Outing 4pm 36 Hole Club Championship 5pm	11 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	13 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	Lunch 11am-3:00pm Clubhouse closes at 3:00pm to prepare for Easter Brunch.
Easter Brunch 10am-2pm	17 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	20 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	Lunch 11am-3:00pm Clubhouse closes at 3:00pm for a Private Event.
23/30 Lunch 11am-5pm Bar 11am-7pm	24 Lunch 11am-5pm Bar 11am-7pm	25 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	27 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	Lunch 11am-4:30pm Bar 11am-7pm Trivia Night 5:30pm - 8:30pm No Regular Dinner Service





Saturday, April 29th

Dinner Buffet Begins at 5:30pm Trivia Game Begins at 6:30pm

Buffet Dinner & Trivia - \$25 per person inclusive

Teams of 8 are the maximum number recommended. If you do not have a team, you can be paired with one. Individuals are always welcome to attend fun event.

Call (941) 708-3837 to Make Your Reservations

BUFFET MENU

Assorted Mixed Greens & Dressings Grilled Salmon with Almond Butter, Green Beans & Jasmine Rice

No Regular Dinner Menu,
Reservations Required with Credit Card



April Specials

April 5th - Pork Tenderloin with Braised Red Cabbage & Apples

April 12th– Bourbon Chicken
Breast over Rice

April 19th - Lemon Baked Cod with Creamy Mashed Potatoes

April 26th - Linguini & Clams











Tuesday, April 4th

recommended.

6:00pm Dinner Buffet 7:00pm Game Begins in the Clubhouse Dining Room

\$25 per person inclusive

Buffet Menu

Caesar Salad, Assorted Rolls, Pot Roast with Horseradish Mashed Potatoes & Roasted Vegetables

Call 941-708-3837 to make your reservation today!

The Strand

FITNESS & SOCIAL CALENDAR

APRIL 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY 1 Walking Club
						9am - Pavilion Mommy & Me Fitness 9:30am Golf Yoga 11:15am
<u>G</u>	Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:15am Bridge 9:30am Zumba 10:30am	4 <u>Walking Club</u> 9am <u>Golf Yoga</u> 9:15am <u>Book Club</u> 10am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:30am <u>Texas Hold-Em</u> 5:20pm*	5 Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Zumba Tone/Step 10:30am Chicks and Flicks 12pm Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	6 Beginner Tai-Chi 9am Walking Club 9am Yoga Stretching 9am BUNCO 9:30am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm*	7 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Fiber Arts Club</u> 2pm*	8 <u>Walking Club</u> 9am - Pavilion <u>Golf Yoga</u> 11:15am
2	<u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:15am <u>Bridge</u> 9:30am	Malking Club 9am Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	12 Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	Beginner Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Butts & Abs 10:30am Golf Yoga 11:30am Book Club 5:30pm* Men's Asian Cards 3pm* Kinky Boots Musical	14 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am	15 Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am Golf Yoga 11:15am
	7 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4pm <u>Mah Jongg:</u> 6:00pm*	18 Walking Club 9am Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	19 Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm* Fitness 101 6:00pm*	20 Beginner Tai-Chi_9am Walking Club 9am Yoga Stretching 9am BUNCO 9:30am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards_3pm*	21 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Fiber Arts Club</u> 2pm*	22 <u>Walking Club</u> 9am - Pavilion <u>Golf Yoga</u> 11:15am
<u>G</u>	4 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4pm <u>Mah Jongg:</u> 6:00pm*	25 Walking Club 9am Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	26 Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	27 <u>Beginner Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Stretching</u> 9am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> 3pm*	28 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Fiber Arts Club</u> 2pm*	29 <u>Walking Club</u> 9am - Pavilion <u>Golf Yoga</u> 11:15am



Page 15 The Strand

April Fitness and Social Activities

FITNESS

9:15am on Monday & Wednesday at the Clubhouse Pool. Classes are \$7. AQUA FIT:

BUTTS & ABS 10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. FIT 4 LIFE: 8:00am on Monday & Wednesday in the Clubhouse Fitness Room. Classes are \$7.

FITNESS 101: 6:00pm on Wednesday, April 19th in the Community Center fitness room. Learn the Basics of Exercise.

See page 19 for more information.

FITNESS BALL CLASS: 3:30pm on Wednesdays at the Clubhouse Fitness Room. Space is limited. Please contact Kathy Rome at

609-980-7914 to register. Remember to bring your own ball.

GOLF YOGA 9:30am on Monday, 9:15am on Tuesday, 11:30am on Thursday or 11:15am on Saturday in the Clubhouse

Fitness Room. Classes are \$15. (ALL Attendees must register in advance at sagejohnson@comcast.net)

MOMMY & ME FITNESS: 9:30am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.

LINE DANCING: 2pm on Wednesday in the Clubhouse Fitness Room. Classes are \$5. **RIVER STRAND STRIDERS:** 9:00am on Tuesday, Thursday & Saturday at the Pavilion in Central Park.

BEGINNER & INTERMEDIATE TAI-CHI 9:00am on Thursday at the Pavilion in Central Park. Classes are \$5. For those who want to develop or hone

their Tai Chi skills.

YOGA: 4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. YOGA STREACHING: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5. ZUMBA: 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. **ZUMBA-AQUA:** 10:30am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time. **ZUMBA TONING/STEP MIX:** 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

SOCIAL

BIBLE STUDY: 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

BOOK CLUBS: 5:30pm-8:00pm at the Community Center meets first Thursday of the month. (Full)

5:30pm-8:00pm at the Community Center meets third Thursday of the month. (Full)

1:00pm in the Clubhouse Conference Room meets Monday, April 3rd.

BRIDGE: 9:30am on Monday & Friday. Group will play at the Clubhouse.

BRIDGE LESSONS: 1:30pm on Tuesday at the Community Center.

BUNCO: 9:30am on the first and third Thursday of the month in the Clubhouse Card Room. On March 2nd the

group will go to lunch after BUNCO.

CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, March 1st meet at River House Reef & Grill

at Noon followed by a movie of your choice. See page 2 for more information.

EUCHRE 6:30pm on Sunday (except the third Sunday of the month) at the Community Center. FIBER ARTS CLUB: 2:00pm-4:00pm at the Community Center meets first, third & fifth (if possible) Friday of the

month. All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting

Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.

GIRLS' NIGHT OUT: 6:00pm on the third Sunday of the month at the Community Center. See flyer on page 19 for more

GOLF COMMITTEE MEETING: Will meet on an as needed basis in the Clubhouse Conference Room.

LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for

intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 or gmonnell@tampabay.rr.com.

MAH JONGG: 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

MAY I? GAME 1:30pm on Wednesday at the Community Center. (Except March 8th)

3:00pm on Thursday at the Community Center. (Taking a break from Feb 3rd to March 8th) MEN'S ASIAN CARDS GROUP

6:00pm on Wednesday at the Community Center. MIXED BRIDGE:

NEIGHBORHOOD WATCH: 3:30pm in the Clubhouse Card Room on the first Wednesday of the month. RS BUDGET & FINANCE COMMITTEE: 4:00pm on Wednesday, March 23rd in the Clubhouse Conference Room. RSCCC MEETING: 4:30pm on second Tuesday of the month in the Clubhouse Conference Room. TEXAS HOLD-'EM: 5:20pm-8:00pm on Tuesday. Group will play at the Community Center.

VETERANS NETWORK: 6:30pm on the first Thursday of the month in the Clubhouse Conference Room.

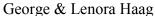


Jack & Jill Champions!



9 & Dine Winners!







Ed & Beverly Russell and Kathleen & Wayne Haas

LADIES TRI CITIES COMES TO A CLOSE:

It was another successful and fun year for the Ladies Tri Cities Tennis teams! The highlight of the year of all the teams was the 3.5 National Team winning 1st place in their division. The 3.0 American team earned a 2nd place finish and the 4.0 American team earned a 3rd place finish. Thank you captains and co-captains for organizing the ladies and making it fun for everybody!

Captains and co-captains:

3.0 American – Sandy Shallcross and Bobbi Walsh 3.5 National – Linda Tosi and Karen Baig 4.0 National – Vikki Parker 4.0 American – Kara Beene and Teri Barnard

4.5 American – Kara Beene



Ladies Golf League's Annual Solheim Competition

The River Strand Ladies Golf League held their annual Solheim competition of February 28th. The event was a match play format with the USA Team vs the International Team competing.

Over 100 golfers from the 9 and 18 hole league wore team colors and creatively decorated carts with balloons, crepe paper, flags and decals.

Congratulations to the USA Team for their win over the International Team!











River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week.

Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players.

Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

COMMITTEE LIAISON INFORMATION (Current as of 3/28/2017)

ARC Committee -

Eddie Hicks / Charles Glasser eddieriverstrand@aol.com cglasser@riverstrandgolf.com

Compliance -

Anita Tierney atierney@riverstrandgolf.com

Finance -

Scott Hancock srhancock1@aol.com

Food & Beverage -

Mike Fisher / Bob Walsh mfisher@riverstrandgolf.com bwalsh@riverstrandgolf.com

Golf -

Charles Glasser cglasser@riverstrandgolf.com

Safety & Security -

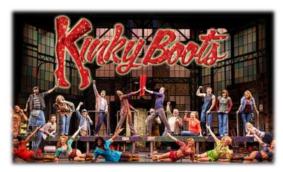
Bob Walsh bwalsh@riverstrandgolf.com

Social -

Mike Fisher mfisher@riverstrandgolf.com

Tennis -

Eddie Hicks eddieriverstrand@aol.com



Thursday, April 13, 2017 At Ruth Eckerd Hall \$95 Per Person

Performance begins at 8:00pm Bus Departs River Strand at 4:00pm sharp

Tickets are limited!

Price includes coach bus trip to performance and a dinner buffet with your choice of two entrees and one beverage at 6:00pm.



For Reservations
Call 941-708-3837or email
aduncan@theiconteam.com



The Girl's Night Out Evening
has been cancelled this month due to the Easter Holiday.
Please join us next moth May 21st at 6pm in
the Community Center?

Remember!

To insure accurate billing and application of your food minimum, please present your member identification card at all outlets (Golf Shop, Tennis Shop, Restaurant, Bar & Tiki Bar) at your point of purchase.



Learn the Basics

Fake a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

EQUIPMENT 101

Wednesday, April 19th at 6:00pm Fitness Room at the Community Center

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.

Hand Weight
Barbell
Weighted Ball
Foam Roller
Stability Ball
Bosu Ball
Ab Roller
Bands
Kettlebell
Elliptical
Treadmill

Recumbent Bike
Leg Press
Stretch Cage
Abdominal
Hip Abductor/Adductor
Leg Extension
Seated Leg Curl
Lat Pull
Overhead Press
Chest Press



Whether you are a cyclist or a motorist, we all share the responsibility to keep our roads safe!

Remember...

<u>Motorist</u>

- Stay Alert Keep and eye out for bicyclist who share our roads.
- Give some room When passing a bicyclist, give at least 3 feet of space by Florida Law.
- Do not honk the horn Please do not honk your horn at a bicyclist unless they are in immediate danger.

<u>Bicyclists</u>

- Ride On The Right Always ride on the right side of the road. Never ride against traffic.
- Be Predictable Do not weave in and out of traffic, signal when possible.
- Stay Visible Use a front light and rear reflector in low light and bright clothing at all times.

3rd Annual Texas Hold'Em

Tournament

Saturday February 25th

With over 60 Players attending we have 10 total winners!

10th Place—Bob Camastro
9th Place—Jim Brown
8th Place—Harry Knapp
7th Place—Dan Miron
6th Place—Ray Brown
5th Place—Clark Baglole
4th Place—Eric Greco
3rd Place—Blake Sanderson
2nd Place—Michele Shaski
1st Place—Jeff Justinak





Club Connections

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the clubhouse for our New Member Orientation.

These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on April 7th.

Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

your river or and bearings.
Henry & Cheryl Lackner
Ronald & Kathleen Kuziel
Donald Dunnington & David Kark
Bill & Sherry Sapon
Timothy & Cheryl Lozon
Samuel & Christine LaMonte
David & Pamela Swanstrom
David North
John & Joanne Letwinetz
Angelo Caliri
Tim Jaeger
Corby Decker & Susan Boyer
Todd & Danielle Hays
George Will
William & Barbara Wenzel
Carolyn Fox & John Toms
William & Elizabeth Kollada
Eric & Debora Carlson
James & Rosalyn Housley
Scott & Jan Ellsworth
Anthony & Christine Hutchinson
Risto & Sangrole Kontinen
Des & Susan Patton
Mark & Linda Singer
Jesse & Nancy Vance
David & Cynthia Kubissa

Important Reminders

- Saturday, April 8th will be the last Saturday Dinner Service.
- Dinner Service is available **Tuesday thru Friday**. Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- Seating in the Grille Room is on a first come, first serve basis. No reservations will be accepted for the Grille Room.
- **Blue Plate Specials** are available in the Dining Room on **Wednesday Nights**. See Page 13 for a complete listing of Blue Plate Specials in April.
- The Tony Award Winning Musical "Kinky Boots" is coming to the Ruth Eckerd Hall in Clearwater on Thursday, April 13, 2017. Please reserve your tickets now by calling or stopping by the Administrative Desk at the Clubhouse. See more information on page 19.
- April 1st is the start of the next food minimum requirement period. Each member has till
 March 31,2018 to fulfill \$500. Only food and soft beverages will apply; alcohol, tax and gratuity
 are not included.

St. Patrick's Day Fun!









Motown Night!









RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

<u>Lennar Customer Care</u> 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

<u>Clubhouse General Office</u> Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617

Late Day Ranger: 941-730-4436

<u>Tennis Shop</u> Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com

Envera (Gate Company): 941-556-0732 (24-hours)

Nightly Security Patrol: 941-549-9637

<u>Community Association Managers</u> <u>Shaun Fitzer, LCAM, Single Family Homes/River Strand</u>

Phone: 941-932-8663

E-Mail: SFitzer@ThelconTeam.com

Matt Koratich, LCAM, Condominiums/Heritage Harbour

Phone: 941-747-7261

E-Mail: MKoratich@ThelconTeam.com Kasey Dick, LCAM, Condominiums

Phone: 941-747-7261

Email: KDick@ThelconTeam.com

<u>General Manager</u> Pat Cattanach, PGA, LCAM

Phone: 941-708-3837

E-Mail: PCattanach@ThelconTeam.com

River Strand Master Association Board President

Terry Lyons

Phone: 941-896-7525 Email: tlrsbod@aol.com

Golf Course Superintendent

Renze Berg

Phone: 941-748-8626

E-Mail: RBerg@ThelconTeam.com

Head Golf Professional

Corey Pion, PGA Phone: 941-708-3617

E-Mail: CPion@ThelconTeam.com

<u>Director of Tennis</u> Nate Griffin, USPTA Phone: 941-932-8680

E-Mail: NGriffin@ThelconTeam.com

Executive Chef Radames Febles Phone: 941-932-8665

E-Mail: RFebles@ThelconTeam.com

Food & Beverage Manager

Wendy Wallis

Phone: 941-932-8664

E-Mail: WWallis@ThelconTeam.com

Lifestyle Director

Angela Duncan Phone: 941-932-8671

E-Mail: ADuncan@ThelconTeam.com

Administrative Office

Deanna Broten & Tara Scheid

Phone: 941-708-3837

E-Mails: RSreception@ThelconTeam.com &

admin@riverstrandgolf.com

Concession Supervisor

Laura Kommick

Phone: 941-708-3837, ext. 110

