# The Strand April 2018

E-Newsletter for the Members of River Strand Golf & Country Club



## **COMMUNITY MATTERS**

### Shaun Fitzer, LCAM

On February 26, 2018 the members of River Strand approved two amendments to the governing documents of the community regarding parking on the street and the use of trash containers. These amendments provided for the following:



Parking on the street: residents are allowed to park on the street in front of their home for no more than 4 continuous hours between the hours of 8AM-6PM. This amendment also allows owners to load and unload a recreational vehicle for a reasonable amount of time. Owners who are having multiple vehicles that may need to park on the street are requested to email the manager in advance. Please note that overnight parking is still prohibited.

Use of trash containers: residents are required to utilize a metal or rigid container with a lid for all garbage

bags. Trash is still only permitted to be put out on the day of pickup – Tuesday or Friday for trash, Friday for recycle and Wednesday for properly prepared landscape debris, and containers must be brought back inside on the same day.

On March 12, 2018 the Board of Directors approved six additional colors to be utilized for the front doors of the single family homes in River Strand. The paint colors selected are available in the member forms section of the riverstrandgolf.com website. Information on the selected colors are based on Sherwin Williams family of colors and may be selected from other paint providers within the same family of colors. Please note any exterior painting still requires application and approval of the architectural review committee.

The next meeting of the architectural review committee will be on April 17th. Applications must be submitted with all documentation by **April 11th**.

## Member ID Requirement



Last summer River Strand began an identification card encoding process for all of our current and incoming members. This card is required for use at all transactions on River Strand property to assist in making sure all transactions are credited to a members account.

This policy is implemented in order that purchases are recorded as member revenue and not public revenue. The reason this is important, is because it impacts the amount of income tax the Club has to pay which could impact members yearly fees. Any revenue received by the Club, which cannot be directly charged to a member's account, must be labeled as public revenue and the Club (you) must pay income tax on that amount. If your guests pay for theirs or your meal, or for their round of golf, this would be considered public revenue and taxes paid.

This is also for the protection of our members and will help ensure that the correct items are charged to the right accounts and not accidentally to another member's account. This policy applies to both equity and transfer members.

The Board of Directors has made it mandatory for staff to request the presentation of the member ID card during each transaction. If you have not yet had your card encoded, please come to the administrative office to have your card encoded with your member number. This will also assist with incorrect billing. Please be kind and assist our staff when asked for your membership card.

Effective March 1st, all members must present their member IDs when making any purchases in the Restaurant, Grille Room, Tiki Bar, Tennis Pro Shop and Golf Pro Shop.

Thank you, Board of Directors

Page 3

The Strand

## Board of Directors & Committees

Bob Walsh	President		
Tim Curran	Vice President		
Scott Hancock	Treasurer		
Anita Tierney	Secretary		
Samara Paice	Director		
Al Ambrosino	Director		
Eddie Hicks	Director		
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison: Tim Curran & Scott Hancock		
Compliance Committee:	Lance Dunne Idunnersccc@gmail.com BOD Liaison: Tim Curran & Anita Tierney		
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison: Eddie Hicks		
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison: Anita Tierney		
Safety, Security & Emergency Preparedness Committee:	TBD BOD Liaison: Al Ambrosino		
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison: Al Ambrosino		
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison: Samara Paice & Scott Hancock		
Golf Greens Committee:	Randy Clark BOD Liaison: Samara Paice		
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison: Al Ambrosino & Bob Walsh		
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison: Eddie Hicks		
ARC Committee:	Pauline Tasler		

## **GOLF COMMENTS FROM AARON**

#### Director of Golf, Aaron Merritt

Did you know that we are scheduled to receive a NEW fleet of Golf Cars? This new fleet will include GPS units for your enjoyment. The GPS features - yardages, cart control / geo fencing - for safety and security, tracking, and Pace of Play monitoring. If you've never used this type of system before, it's designed to be somewhat "hands free". The units DO most of the work automatically, and offer some key "touch point" features that allow you to show the "green view" of each hole, carry points for yardage, contact the ranger, etc. Our staff will be able to offer you a tutorial before your round to review the benefits of this amenity. We expect to receive the new fleet in the coming weeks. As approved by the BOD, the daily cart fees will be increased by one dollar / per 18 Hole round, & fifty cents / 9 Holes, to cover the costs of this added accessory, effective upon delivery. Any/all feedback or questions that you have with the product, or any of it's features, please reach me at amerritt@theiconteam.com.

On another note, I'd like to recognize Morgan Kelley on acquiring her recent membership with the LPGA. Morgan has been working diligently; balancing the graduate assignments, studying, and her career here at River Strand, to accomplish this prestigious achievement!

**TOURNAMENT RESULTS:** Congratulations to all of the recent event Champions!

2/25, 2018 Couples Club Champions - Rob Knights & Raylene Baker

3/3, Couples Member / Guest; Winning team members; Rob Knights & Raylene Baker and their guests James & Wendy Reid

3/15, The River Strand Interclub team has qualified to compete in the State Championship on March 27th and 28th at Mission Hills Resort. After finishing the regular season 5-1 they won two rounds of playoffs, including a sudden death shoot out, to become one of nine teams that will move on.

3/17 & 18, Club Championship – Overall Ladies Winner, Sam Paice & Men's Winner, Jack McCauley

#### **IMPORTANT NEWS TO NOTE**

Coming soon! The Practice balls for the Aqua Range will be issued from a new Ball Machine dispenser, located at the Practice range.

WALKING Golfers - effective 4/30/18, the Board recently approved a joint recommendation by the Golf Greens and the Golf Activities committees, requiring walking golfers to carry sand bottles. Please show the Pro Shop staff, or your friendly neighborhood Starter(s), your sand bottle upon checking in.

What does this mean? If you are walking in the afternoons, you have to carry your own sand bottle, not a River Strand sand bottle. (These bottles are intended for players in carts and we have a limited amount.) The Pro Shop has sand bottles for sale at cost, plus tax, rounded to the next dollar. These bottles will clip on the push carts and can be refilled from the sand boxes located at the tee blocks during play.

#### **SPECIAL REMINDERS:**

Golf Shop Discounts - Members receive 20% OFF ALL apparel and preferred pricing on accessories, and equipment. Stop by to shop for some of the latest golf trends!

4/9, Couples 9 & Dine – Register online

The Golf Shop Hours of Operation are from 7am-5:30pm.

Tee – time, reservations may be made/updated online. If you need assistance with the online tee times, please stop by the Golf Shop for some assistance. If you'd prefer to make reservations by phone, or in person, please consider the slower parts of each day, (after 4pm) when we'll have the best opportunity to better serve you.

River Strand Practice & Putting Greens, and Driving range, are all NON-SMOKING areas. We appreciate your consideration toward others and cooperation with this "Clubhouse Rule". See you on the links!

## **Ladies Golf Association**

# Congratulations to our 2018 18 Hole League Champion Jean Cooper!

Congratulations to our winners of the 2018 River Strand Charity Event's 18 Hole Scramble



Brenda Emanuele Beverly Russell Kathleen Haas Pat Clavin ...And to our best dressed!



Both the 18 and 9 Hole leagues continue every Tuesday year round and the luncheon and buffet will continue through the end of April. As the end of league season comes to a close, I would like to thank all of the 9 and 18 Hole members for participating in ladies' day this season. It has been a great year!!

## **April Golf Events**



#### Men's League

Apr. 4 "Golden Boy" 2 BB of 4 (Net)

Apr. 11 "Captain's Cup" \*Team Pick Party on Monday 4/2 @ 5:30pm TBA "Heritage Harbour" Cup

Apr. 18 Individual Net Stableford (Flights)

Apr. 25 "Closing Luncheon" Player of the Year awards. Individual Quota Points

#### Ladies 18 Hole League

Apr. 3 Masters Match Up (Random Pairings)
Apr. 10 Individual Net Stableford (Pairings in Flights)
Apr. 17 The Waltz (1,2,3...1,2,3) (AB/CD)
Apr. 24 Individual Net Skins (Pairings in Flights)

Ladies 9 Hole League - See you next season!

#### Saturday Side Game

Apr. 7 The Masters Pro-AM Apr. 21 Skins Game (Individual Gross & Net – Flighted)

## **Tennis Tip**

#### Nate Griffin, Director of Tennis, USPTA

#### The "Fake Poach"

Have you ever been part of that doubles match where the ball goes back and forth for hours and hours while the net players stand in the alley and turn their heads back and forth until they get a cramp in their neck?

If so, I have a tip for you! As a net player, it is crucial in doubles that you remain active and look for ways to help your partner by putting pressure on the other team with your movement, positioning, and bravery!

A good way to get involved is by using a "fake poach", which is where you take a strong step and sell it with a little "lean to the middle", and then quickly come back to the doubles alley and anticipate the other player to try and beat you down the line. Perhaps the most important part of this strategy is that you need to actually poach once or twice before you try this, so that it will be believable (similar to a poker bluff). The other way you can sell a fake poach is to all of a sudden begin using hand signs behind your back to your serving partner so the return team begins to wonder what you are up to.

The idea of all this, is to put a little pressure on the other team, hoping to cause more errors on their side. This is also a great way to remind yourself to be involved, active, and aggressive at the net.

# Action Photos from the Tennis Charity Event - March 3rd

for Hope Family Services and the Manatee Food Bank











## **PICKLEBALL**

Daily Program Play
No Court Reservation Needed\*



### Social Play All Courts 1-8

Monday - Sunday 8:00-10:00 a.m.

Monday & Wednesday evenings 6:30- 8:30 p.m.

(Use paddle rotation holder during peak activity)

### Advanced Challenge Play Courts 5-8

Monday - Sunday 10:00-11:30 a.m.

(Use paddle rotation holder during peak activity)

\* To schedule courts outside of Program Play times, use Salix online reservation system to ensure court availability

# A few more photos from the Pickleball Charity Event - March 3rd

for Hope Family Services and the Manatee Food Bank









## **RIVER STRAND TENNIS PROGRAMS**

#### **Junior Clinics**

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

#### **Adult Clinics**

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Nate's Drills-Monday & Wednesday: 10:00-11:00am. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30-6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

#### **Adult Social Play**

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2 Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2

(sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2

#### **Tennis Staff/Lesson Fees**

(Buy 5 Lessons, Get 1 Free)

Director of Tennis - Nate Griffin, USPTA ½ Hour Private: \$40 or 1 Hour Private: \$80 Head Tennis Professional – Abdul Idi, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Scott Pothul**1/2 Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Gary Coulter** 1/2 Hour Private: \$30 or 1 Hour Private: \$60

#### **Tennis Pro Shop Hours**

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680

Court Hours All days – 7am – 9:30pm

## Pickleball Beginner Clinics

### First Monday of the month

April 2nd 3:30pm - 4:30pm 3 person minimum

Event Sign up at www.salixreservations.com
Facility code: river1

\$10 cash per clinic



## All Events Sign up at Salixreservations.com

### **Morning Doubles:**

Monday, Wednesday, Friday & Saturday's 8:30am - 10:00am \$2 per player

### Hurricane, Tornado and Emergency Preparedness

#### ARE YOU READY?

Learn what you need to do before disaster strikes to protect yourself, your family, your property, and your community.

Do you know where to go if you had to evacuate?
Are you aware of where shelters are located near you?
What can you do with your pets?
Does your family have an emergency communication
plan and 72 hour kit if you need to shelter in place?

plan and 72 hour kit if you need to shelter in place?

How best can you prepare your home?

Are you aware there is a special needs registry?

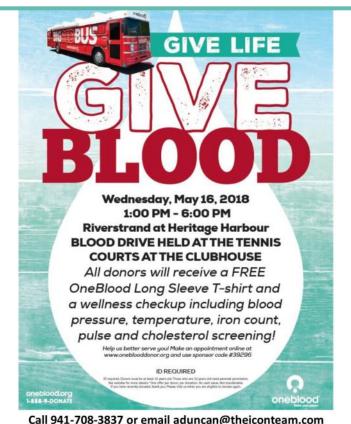
Steve Litschauer, Chief, Operations Section Manatee County Emergency Management will be the speaker.

Thursday, May 10, 2018

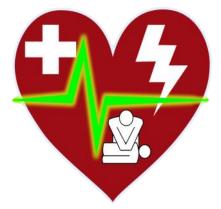
From 9:00am - 11:00am in the Dining Room
of the main clubhouse.

(presentation will include evacuation levels, hurricane categories, storm watch and storm warnings)

Call 941-708-3837 to make reservation.



Call 941-708-3837 or email aduncan@theiconteam.con to make your reservation today!



## Join us for CPR & AED Training!

Covers Adult, Child & Infant This is a family friendly event

Cost is \$10 per person

### River Strand Invites you to LEARN CPR!

It is critical to acquire the knowledge and skills necessary to save lives by performing CPR. Although it is necessary to call 911 during an emergency, it is critical to maintain oxygen flow to the brain to increase the chances of survival. Cardiopulmonary Resuscitation is a method used to maintain oxygen flow throughout the brain, the heart, and the rest of the body. CPR is necessary once an individual becomes unresponsive and is not breathing. In addition, the use of a defibrillator (AED) is also critical to increasing the chances of survival. Join us to learn how performing CPR and using an

May 14, 2018 3:00pm to 6:00pm

AED can save a life!

Location: River Strand Dining Room Call 941-708-3837 or email

aduncan@theiconteam.com for reservations

Reservation Deadline: Monday May 7th

### **RENZE'S MAINTENANCE REPORT**

Renze Berg, GCSA

This past month has been very odd with the weather changing from cold to warm and back to cold. We had to change our fertilization programs and heights of mowers to adjust green speeds and turf health and growth.

We had number 9 Tributary bridge replaced with new pressure treated wood for the base and Links Bridges installed the new fiberglass top and railings. It is very durable and should last 30+ years. Also, last month we had all the bridges inspected and number 8 Estuary and 8 Sanctuary bridges are in need of minor structure repairs which we will have a company secure the frame and foundation of those bridges with no interruption to golf.

Course closures will be different this summer. We will close Tributary from April 30th –June 27th, Estuary from June 27th – August 27th, and Sanctuary August 27th – October 15th. We are hoping this will keep 18 holes more consistent through the summer with more healing time in between aerifications. This will also allow us to get more projects accomplished per 9-hole closures. You will notice by mid-April number 7 and 9 Tributary fairway grasses turning brown. We are going to regrass these holes to improve playability and check out 3 different grasses that we want to test out and see which one performs the best for future course renovations. Enjoy the beautiful weather and good golf!

### STRAND POND REPORT

#### George Colbath, Biologist, Pond Professional, LLC

Spring is here and we are seeing a lot of new growth. Oak tree pollen is a messy business right now, both for allergies...and our cars! This is also the dry time of year, so we will be seeing the water levels drop further and many of the littoral areas of the ponds and wetlands dry up. Things will rapidly recover as the regular summer rains begin in June. We can expect some light rain days throughout April, but this is expected to be minimal. Pond Professional, LLC is an environmentally responsible company, using many "green" approaches and only utilizing EPA aquatically approved and regulated herbicides/algaecides in order to better protect our local ecosystem. All of our technicians are licensed with the State of Florida.

Spring is also a time for the hatching of new Sandhill Crane chicks. Typically this species has only a pair of young at a time. The Florida subspecies has actually been quite rare until recent years. As a biologist, I have witnessed a surprising effect of urban sprawl and development having seen a rise in their population here. Possibly, the low speed limits, abundant food sources and limited predators that gated communities and their retention ponds and wetland preserves provide, has lead to increased survivability of their young.

Where typically only 1 of the 2 offspring would reach maturity, there is a statistical rise in both hatchlings reaching adulthood now. The Florida subspecies of Sandhill Crane is protected by State and Federal Law. They nest during December within littoral and wetland areas. The mated pair incubate their eggs for about 30 days, hatching in early spring. You may now see the mated pairs of Cranes accompanied by their pair of offspring through most of the summer. Upon reaching adulthood in fall, they migrate to other groups, until they find mates and the original pair again prepare for another clutch of egg laying in the winter and the process begins again. This species mate for life. Typically Sandhill Cranes are gentle and harmless, but homeowners should deter from accosting them to avoid aggressive behavior protecting their young or fleeing into traffic.



## **COMMUNITY LANDSCAPE UPDATE**

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Spring is here once again and the TruScapes team is taking services to the next level. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides. As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs - rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape.

Our irrigation crews will continue preforming their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn. This is attributed to the warmer temperatures and the absence of rain, so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key as we enter the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed. In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we, as a commercial applicators, are limited as to what fertilizers we can apply and when, as directed by local county authorities, in helping preserve our natural environment around us.

As we work hard on gardens and turf areas, we wish all of the residents of River Strand a joyful spring season with all of the scent blooming shrubs and trees have to offer during this time of the year.

Finally...for the residents that like to add some splash of color to their gardens and seek suggestions on what annuals to install this time of the year, our team recommends Pentas, Dragon Leaf Begonias and Vincas, these come in many different colors and will tolerate the weather spring and early summer has to offer.







## FOOD & BEVERAGE CALENDAR APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Easter Brunch 11am-3pm	2 Lunch 11am-5pm Bar 11am-7pm	3 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	5 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	6 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	7 Lunch 11am-5:00pm Bar 11am-7pm
8 Brunch 10am-2pm Bar Menu 3pm-5pm  Bar 10am-7pm	9 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm  Wine Tasting 5:00pm - 7:00pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar 11am-7pm  The Rick Hardy 5:00pm-8:30pm
Brunch 10am-2pm Bar Menu 3pm-5pm  Bar 10am-7pm	16 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm	Lunch 11am-4:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-5:00pm Bar 11am-7pm
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Brunch 10am-3pm Bar Menu 3pm-5pm  Bar 10am-7pm	30 Lunch 11am-5pm Bar 11am-7pm					n n y y y

## FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup in the dining room for the month of April - Entertainment is from 6:00pm - 9:00pm

April 6th - Peter Solomin April 13th - Sara Combs April 20th – John Rinell April 27th – TBD

## BEER, WINE AND SPIRIT OF THE MONTH!

Beer - Jai Alai—India Pale Ale \$6.00

Wine - Votre Sante Chardonnay by Francis Ford Coppola

**Spirit** - Three Olives Vodka \$5.00 all mixed drinks

## RESTAURANT HOURS OF OPERATION

Tuesday Lunch - 11:00am to 3:30pm Tuesday Night Buffet - 4:30pm to 8:00pm

Wednesday- Friday Lunch Menu - 11:00am to 3:30pm

Bar Menu Only - 3:30pm to 4:30pm

**Dinner Menu/Bar Menu -** 4:30pm to 8:00pm

Saturday & Monday Lunch Menu/Bar Menu - 11:00am to 5:00pm

Sunday Brunch Menu - 10:00am to 2:00pm Bar Menu - 3:00pm to 5:00pm

Dinner Take Out Orders - 4:30pm to 6:00pm ONLY





### **April Specials**

April 4th - Fried Pork Chops

April 11th - Sausage & Peppers

April 18th - Salisbury Steak

April 25th - Lemon Baked Cod











#### TUESDAY, APRIL 17TH

Arrive between 5:00pm - 6:00pm for Dinner Service Trivia Game Starts at 6:30pm

#### DINNER & TRIVIA \$27 PER PERSON

#### Plated Dinner Menu:

Choice of Petite Sirloin Grillades with Grits, & Fresh Vegetables or Pan Roasted Airline Chicken with Sweet Potato Succotash & Green Beans Assorted Cookies

No Regular Dinner Menu Will Be Available

#### RESERVATIONS REQUIRED

Deadline to submit team is April 9th by 5:00pm

Make your reservation via the separate eblast sent April 3rd





## Saturday, April 14th \$37 per person inclusive

Dinner Buffet: 5:00pm To 7:00pm Music: 5:30pm To 8:30pm Main Clubhouse Dining Room

Make reservations through the email sent Saturday, March

Join us and *The Billy Rice Band* playing songs that we all remember and some of their own originals, they are songs that make you dance or make you listen and enjoy the pure pleasure of music.

#### Menu:

Kale Caesar Salad
Cucumber Tomato Salad
Grilled Skirt Steak with Chard Corn Salsa
Lemon Garlic Shrimp
Sweet Potato Succotash
Roasted Brussel Sprouts
Chef's Choice Dessert

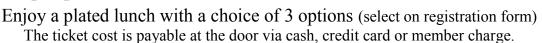
## 1st Annual River Strand Luncheon & Fashion Show

Ladies, you and a guest are invited to join us for the 1st Annual River Strand Luncheon & Fashion Show! "Spring into Style" will showcase Foxy Lady

(located in St. Armand's Circle) clothing with our very own River Strand models!

When: Saturday, April 28th at 11:30am Where: River Strand Main Dining Room

Cost: \$25.00 per person inclusive



#### **Menu Options:**

- 1. Tuna Nicoise Salad Seared Tuna, Baby Potatoes, Hard Boiled Eggs, French Green Beans, Cherry Tomatoes, Nicoise Olives with Vinaigrette
- 2. Grilled Chicken Breast topped with Fresh Chopped Tomato Basil Salad. Served with Tropical Rice.
- 3. Pasta Primavera Roasted Onions, Carrot Sticks, Yellow or Red Peppers, Cherry Tomato Halves & Broccoli We will also have a 50/50 Raffle (cash only). Half going to the winner of the drawing and half benefitting Manatee County's Food Bank.

Be on the lookout on April 5th for an email with a link to register online. You may also register with Angela Duncan at 941-932-8671 or aduncan@theiconteam.com

**Deadline to Register:** April 19, 2018





## fused glass jewelry workshop

with Liana Martin from Firebug Designs

#### Friday, April 13, 2017

from 10:00am to 12:00pm at the Community Center \$25 Per Person



Please register with the administrative office (941)708-3837or by email to aduncan@theiconteam.com

Payment is due upon reservation. *Spaces are limited!* 

Learn to create a pendant and/or earrings using frits,
stringers, rods, dots, as well as pieces of glass that you cut
yourself. This is a great class for

someone looking for a fun way to be creative while learning the art of fused glass. No experience necessary. All materials included.



Imagine a weight-loss plan where everything is still on the menu—that's freedom you can taste. You can expect all that with Weight Watchers\*. Our new program, WW Freestyle\*\*, has an expanded list of zero Points\* froods, giving you more flexibility with every meal. With less to track, there's more to enjoy.



Freedom starts here. Learn more at our Information Session.

DATE: April 16th TIME: 1:00pm

LOCATION: Sanctuary Clubhouse (community center)

CONTACT: Angela Duncan 941-708-3837 aduncan@theiconteam.com

Join us for a





Sunday, April 15th 7:00pm to 8:30pm Community Center 6835 Willowshire Way

Bring something to drink 6 one dollar bills and your ideas for future Girls Night Outs!

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!

## Kim Ryan is coming back with more crafty FUN offering 2 Classes this month!

Join us in crafting a one of a kind piece of function art!

#### Coastal Flip Flop Wall Décor or Accent Table

Sunday, April 22nd 12:00pm to 4:00pm | Sanctuary Clubhouse \$55.00 per person



The top is a solid wood surface that is 16" wide by 32" long. This class is a fun four hour project to create either a hanging wall piece or a Florida Fun accent table! Choose from multiple designs to paint, from Palm Trees,

Turtles, Mermaids, Parrots etc!

Take home your project the day of class!





#### Wine Cooler and Wine Glass Painting

Friday, April 27th 2:00pm to 4:00pm Sanctuary Clubhouse \$35.00 per person

In this class we use a new technique and color shift paint.

Painters are invited to bring wine
glasses with them to paint and drink from.

All classes are for beginners as well as experienced painters.

Drawing skills are not required to design and develop your own piece of functional art.

Call 941-708-3837 or email aduncan@theicontleam.com

to make your resentations today!

### Chicks And Flicks



Wednesday, April 4th at Noon Meet at Joey D's Chicago Style Eatery & Pizzeria 945 10th St E, Palmetto, FL 34221

New Faces & Friends are Always Welcome!

Meet & Mingle with your River Strand Neighbors &
Friends at Lunch and Select a Movie
from Currently Playing Titles
or Simply Enjoy Lunch with the Ladies.

Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month.

RSVP to aduncan@theiconteam.com by Monday, April, 2nd.





The March Luncheon at Speaks Clam Bar

Snowbirds



Our April selection –1000 White Women by Jim Fergus

#### We'd love to have you join us!

Meets...

January - April

Every 3rd Monday at 1:00pm

Contact Janice States at

(412) 720-3647 or

statesjanice@icloud.com

for more information.

The Recreation and social committee are happy to announce that River strand now has a.....



Ni9h+!

SOHURDAY, APRIL 21SH All 096S WEICOME!

(minors must be accompanied by an adult)

Time: 6:00PM - doors open at 5:00PM Bring your own beverage & Munchies Price: \$4.00 Per Book (6 games in each) \$1.00 Per Daubers (or bring your own)

Location: sanctuary clubbouse

CASH ONLY! (small bills please)

An email will be sent Friday, April 6th to make reservations

\*\*Bingo Night will continue on the third Saturday of each month



#### Join in on the fun!

This is a simple, game that anyone can play and is very easy to learn. Take the opportunity to meet and laugh with old pals and new friends! Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table. But really, almost any number can play!

> Thursday, April 5th at 10:00am in the main clubhouse Card Room Enjoy lunch with the ladies after the game at Bonefish

8101 Cooper Creek Boulevard, Bradenton, FL 34201

RSVP to aduncan@theiconteam.com by Monday, April 2nd if you will be attending Bunco and/or Lunch.

Thursday, April 19th at 10:00am in the main clubhouse Card Room Enjoy lunch with the ladies after the game at the Pier 22

1200 1st Ave W, Bradenton, FL 34205

RSVP to aduncan@theiconteam.com by Monday, April 16th if you will be attending Bunco and/or Lunch.

# FITNESS & SOCIAL CALENDAR APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>Euchre</u> 7:00pm	2 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm*	3 Yoga Fusion 9:00am Bible Study 10am* Book Club with Linda 10:00am Zumba-Aqua 10:15am Golf Yoga 11:30am Book Club with Paulette 6:00pm	4 Fit 4 Life: 8am Mah Jonga 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	5 Yoga Stretch 9am Bunco 10:00am Butts & Abs 10:30am Golf Yoga 11:30am Line Dancing 2:00pm Men's Asian Cards 3pm* Iexas Hold-Em 5:20pm* Veterans Network: 6:30pm	6 Bridge 9:30am Yoga 9:00am Zumba-Aqua 10:15am Fiber Arts Club 2:00pm Hand & Foot 6:00pm*	7
8 <u>Euchre</u> 7:00pm	9 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm*	10 Yoga Fusion 9:00am Bible Study 10am* Book Club with Linda 10:00am Zumba-Aqua 10:15am Golf Yoga 11:30am Book Club with Paulette 6:00pm	11 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	12 Yoga Stretch 9am Tai-Chi 10:00am Butts & Abs 10:30am Golf Yoga 11:30am Line Dancing 2:00pm Men's Asian Cards 3pm* Texas Hold-Em	13 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand &amp; Foot</u> 6:00pm*	14
15 Girls Night Out 6:00pm	16 Fit 4 Life: 8am Aqua Fit 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jongg 6:00pm	17 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am	18 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	19 Yoga Stretch 9am Tai-Chi_10:00am Bunco_10:00am Butts & Abs_10:30am Golf Yoga_11:30am Line Dancing_2:00pm Men's Asian Cards 3pm* Iexas Hold-Em 5:20pm*	20 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand &amp; Foot</u> 6:00pm*	21 <u>Bingo</u> 5:00pm
22 <u>Euchre</u> 7:00pm	23 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jongg 6:00pm*	24 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	25 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am Fitness 101: 11:00am* May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	26 Yoga Stretch 9am Tai-Chi_10:00am Butts & Abs_10:30am Golf Yoga 11:30am Line Dancing 2:00pm Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	27 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> : 10:15am <u>Hand &amp; Foot</u> 6:00pm*	28
29 <u>Euchre</u> 7:00pm	30 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jongg 6:00pm*				0	



The Strand

# FITNESS & SOCIAL ACTIVITIES APRIL 2018



**FITNESS** 

**BUTTS & ABS:** 

LINE DANCING:

AQUA FIT: Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes.

10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

FIT 4 LIFE: Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes.

FITNESS 101: 11:00am on Wednesday, February 21st in the Community Center fitness room.

Learn the Basics of Exercise.

FITNESS BALL CLASS: Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome.

GOLF YOGA: Tuesdays and Thursdays at 11:30am in the Clubhouse Fitness Room. Classes are \$15.

(ALL Attendees must register in advance at sagejohnson@comcast.net)

BEGINNER & INTERMEDIATE TAI-CHI: 10:00am on Thursday at the Pavilion in Central Park.

Classes are \$10. For those who want to develop or hone their Tai Chi skills.

2:00pm—2:45pm Beginners 2:50pm—3:00pm Advanced Beginners Thursday's in the Clubhouse

Fitness Room

YOGA: 4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. \$5 per class.

YOGA FUSION: 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska.

YOGA STRETCH: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5. .

ZUMBA: 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

ZUMBA-AQUA: 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.

ZUMBA TONING/STEP MIX: 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

**SOCIAL** 

BIBLE STUDY: 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

BINGO: Every third Saturday of each month. 6:00pm in the Sanctuary Clubhouse.

BOOK CLUB: Will resume Monday, November 27th

BOOK CLUB WITH PAULETTE: 6:00pm in the Community Center the first Tuesday of every month. THIS GROUP IS FULL AT THIS TIME.

BOOK CLUB WITH LINDA: 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members

welcome! Any questions contact Linda at 410-935-7083

BRIDGE: 9:30am on Monday & Friday. Group will play at the Clubhouse.

BUNCO: 10:00am on the first & Third Thursday of the month in the Clubhouse Card Room.

CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, March 7th

Meet at Speaks Clam Bar at Noon.

EUCHRE: 7:00pm on Sundays (except the 3rd Sunday of each month) in the Sanctuary Clubhouse.

Anyone interested in joining our group to message me at farrell.rosie@gmail.com or

call me 989-387-0482

FIBER ARTS CLUB: 2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month.

All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting

Lessons, please call Shirley Goss at (941)251-6416 to schedule a time. 6:00pm on the third Sunday of the month at the Community Center.

GIRLS' NIGHT OUT:

6:00pm on the third Sunday of the month at the Community Center.

6:00pm on Friday at the Community Center A fun again to loan agree that a

HAND & FOOT CARD GAME: 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played

with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569

LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group

for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253

MAH JONGG: 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

MAY I? GAME

1:30pm on Wednesday at the Community Center.

MEN'S ASIAN CARDS GROUP

3:00pm on Thursdays at the Community Center.

MIXED BRIDGE:

6:00pm on Wednesday at the Community Center.

SOCIAL GAME NIGHT: 6:00pm on Tuesdays in the Community Center except the first Tuesday of the month.

(Card games and/or board games)

Contact Peyton Wynns at 941-281-2131 with questions or suggestions. 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

TEXAS HOLD-'EM: 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

VETERANS NETWORK: 6:30pm on the first Thursday of the month in the Clubhouse Conference Room.



#### River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

#### **Bunco**

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

#### Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

#### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

#### River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

#### <u> May 1?</u>

Newcomers and beginners always welcome to our mixed group. 'May I' is a card game, similar to Rummy, but no prior knowledge is needed. We will help you pick up all the basics fast so that you can enjoy the game. We meet at 1:30 on Wednesdays in the Community Center. Any questions? Just email me at walsh.elaine@outlook.com

#### Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

### **Fitness Class Descriptions**

Interested in one of our fitness classes?
Check below for a full description of a class you may want to take.
Keep checking for other class descriptions added in the future.

#### Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

#### Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

#### Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

#### Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

#### Agua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

#### Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

#### Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

#### Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

#### Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.



## Did you know that River Strand has over 250 street signs on the private roads of River Strand?

This includes 71 stop signs, 82 street name signs, 48 pedestrian signs, and 30 speed limit signs as well as numerous reminders about dead ends, golf cart crossings, and sharp curves. These signs are reflective and situated to help control traffic and keep the community safe.

On February 16, 2018 additional signage was added to the community roads. Please be aware that when travelling on Heritage Preserve Run (the road which goes to the west gate closest to Kay Street leading to Walmart and Toyota) there are now 3 intersections which drivers will need to stop in either a 3-way or 4-way intersection. These areas are located close to pedestrian and golf cart cross walks. A curve with reduced speed sians have been installed near the main clubhouse tennis courts on Grand Estuary Trail. This area has a sharp curve as resident's driveways which must back out of driveways located on it. Also installed were additional stop signs and a sharp curve sign for the 3 was intersection located at Quiet Creek and Wild Lake Terrace.

Please familiarize yourself with these locations as they are placed to ensure a safe environment for everyone in the community.

## Reminders

- The next Board of Directors meeting will be held on Monday, April 2nd at 6:00pm in the Main Clubhouse Dining Room.
- Trivia will be held on April 17th!
- Dinner Service is now available Tuesday thru Friday.

Call 941-708-3837 option 2 to make reservations. They are required for the dining room. Seating on the half hour from 4:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings (unless otherwise noted due to a special event)



## Save the Date

**May 5th** "Julips & Margarita"

A Kentucky Derby and Cinco de Mayo Party!



## RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

#### <u>Lennar Customer Care</u> 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

<u>Clubhouse General Office</u> Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

Tennis Shop Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

Swimming Pools

Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com

Envera (Gate Company): 941-556-0732 (24-hours)

Nightly Security Patrol: 941-549-9637

Community Association Managers

Shaun Fitzer, LCAM, Single Family Homes/River Strand Phone: 941-932-8663

E-Mail: SFitzer@theiconteam.com

Lee Weiss, Condominiums/Heritage Harbour

Phone: 941-747-7261

E-Mail: Iweiss@theiconteam.com

General Manager

Robert Brown, CCM Phone: 941-708-3837

E-Mail: RBrown@theiconteam.com

River Strand Master Association Board President

Bob Walsh

Phone: 941-896-7525

Email: bwalsh@riverstrandbod.com

Golf Course Superintendent

Renze Berg

Phone: 941-920-2274

E-Mail: RBerg@theiconteam.com

Director of Golf

Aaron Merritt, PGA Phone: 941-708-3617

E-Mail: AMerritt@theiconteam.com

<u>Director of Tennis</u> Nate Griffin, USPTA

Phone: 941-932-8680

E-Mail: NGriffin@theiconteam.com

Executive Chef Radames Febles Phone: 941-932-8665

1110116. 741-732-0003

E-Mail: RFebles@theiconteam.com

Food & Beverage Manager

David Mclaughlin Phone: 941-932-8664

E-Mail: DMclaughlin@theiconteam.com

Lifestyle Director

Angela Duncan Phone: 941-932-8671

E-Mail: ADuncan@theiconteam.com

Administrative Office

Deanna Broten Laurel Johnson Phone: 941-708-3837

FIIOTIE. 941-700-3037

E-Mails: rsreception@theiconteam.com &

admin@riverstrandgolf.com

Concession Supervisor

Laura Kommick

Phone: 941-708-3837, ext. 110

