The Strand December 2017

E-Newsletter for the Members of River Strand Golf & Country Club



Connect with your Clubhouse and Community All the News from River Strand Golf & Country Club

COMMUNITY MATTERS Shaun Fitzer, LCAM

The 2018 budget was approved on November 14th. Coupon books indicating your 2018 quarterly payment amounts have been ordered and will be mailed out

the first week of December. Please be reminded that how you pay your dues in 2018 is different than 2017. For complete information, please see the River Strand website, or contact the office.

Security changes at the Heritage Preserve Run (Sanctuary Driveway) gate: The entrance gate will now only open on the left side when a transponder opens the gate. Emergency vehicles will still be able to open both sides. This should prevent vehicles from parking on one side and accessing the property two at a time. Renovation work is nearly complete at the pool at 8206 Grand Estuary Trail and should be reopen by December 6th.

The next Architectural review meeting will be held on December 19th. All applications must be received by December 13th in order to be considered at this meeting.

A members meeting to amend the governing documents to allow for staggered terms on the board will be held on December 18th at 10:30 AM in the main dining room. For those of you who have elected to vote electronically you should have gotten an email directing you to vote. If you are not voting electronically a paper proxy will be mailed to you or you may stop in at the office to cast your vote.

New Clubhouse Rules Effective June 1, 2017

DRESS CODE:

1. At all times, bathing attire, bare feet, and profanity and/or sexual images on clothing are not allowed in the Clubhouse.

 In the Clubhouse dining areas, cut-offs, sleeveless shirts on men, ripped clothing, and exposed midriffs are not allowed at any time.
 After 5:00 pm in the main dining room, gentlemen must wear shirts with collars or turtlenecks, and pants or dress/Bermuda style shorts; women and children should be similarly appropriately attired. No baseball style hats or visors, beach type flip-flops, cargo

pants/shorts, tank-tops, or tee-shirts are allowed. **4.** Going "shirtless" while exercising in the fitness centers is not allowed, everyone should be properly attired.

SMOKING:

Smoking is prohibited in all enclosed areas of the Club, including, but not limited to, the clubhouse, fitness centers, golf shop, tennis shop and restrooms. Smoking is also prohibited inside all fenced pool areas, tennis courts, golf practice facilities, and is discouraged on the golf course and Common areas. Smoking is not permitted within fifty (50) feet of any building entrance. Smoking in this context includes vaporizers, or other such electronic cigarettes.

CELL PHONES:

Talking on a cell phone is not permitted in the Dining Room, Grill Room and Card Room and is discouraged on the golf course. Exception to this policy will be for emergency phone calls only. Please be considerate of others when using your cell phone.

Chicks And Flicks

Wednesday, December 6th at Noon Meet at Polo Grill and Bar 10670 Boardwalk Loop, Lakewood Ranch, FL 34202

Please Bring a \$5 Christmas Gift for a Gift Exchange.

New Faces & Friends are Always Welcome! Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.

Car Pooling is Suggested!

If anyone is available to or needs to carpool please let me know when you call or email to make your reservation.

Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month.

RSVP to aduncan@theiconteam.com by Monday, December, 4th.



he November Luncheon at Brio Tuscan Grill



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FRIDAY NIGHT ENTERTAINMENT

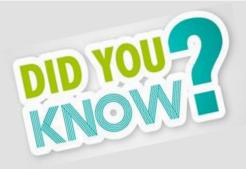
Here is the Friday lineup in the dining room for the month of December - Entertainment is from 6:00pm - 9:00pm



December 1st - Georgia & Mike December 8th - Skyway December 15th – Sarah Combs December 22nd -Eva Sevcikova Adam December 29th –Sarah Combs

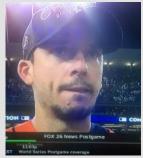
NEW RESTAURANT HOURS OF OPERATION

Tuesday - Friday Lunch Menu 11:00am to 3:30pm | Bar Menu Only 3:30pm to 4:30pm | Dinner Menu/Bar Menu 4:30pm to 8:00pm Saturday & Monday Lunch Menu/Bar Menu 11:00am to 5:00pm Sunday Brunch Menu 10:00am to 2:00pm | Bar Menu 2:00pm to 5:00pm Dinner Take Out Orders 4:30pm to 6:00pm ONLY



The Winning Pitcher of the World Series

was a former River Strand resident!



Charlie Morton

Rental/Lease Homeowners:

Your Transfer/Guest Form and Rental Lease signed by both parties must be submitted 15 days prior to your tenants arrival. This allows the staff to prepare in advance of the tenants arrival.

The Recreation and Social Committee are looking for Volunteers!

The committee is looking for the ladies of River Strand to volunteer to organize the Girls Night Out on the 3rd Sunday of each month. Contact Angela Duncan at aduncan@theiconteam.com if interested.

The Icon Corporate Office has moved!

Their new address is 5540 State Road 64 East, Suite 220, Bradenton, FL. 34208 located at the corner of SR 64 and Morgan Johnson Road.

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GOLF COMMENTS FROM OSCAR

Interim PGA Head Golf Professional, Oscar Parks

I want to thank the entire River Strand community for the opportunity to have worked at such a wonderful country club over past 9 years. I feel blessed to have had such a long tenure at the club and Im grateful for all the opportunities that have been given to me over the years. I would like to think that I have even helped some of you become better gofers along the way. Although my time at River Strand has come to an end, there will always be a special place in my hear for my River Strand family! Sincerely,

Oscar

An introduction to our Wednesday "Men's Day" golf leagues...

<u>18 Hole Men's League</u>

River Strand Golf & Country Club is home to one of the largest Men's Day Golf Leagues in the state of Florida. Depending on the time of season you may be part of a 130 person field with the purse to match.

Our 18 Hole Men's League competes throughout a 34 week schedule utilizing a revolving series of formats to keep things fresh & fun. Simply visit the Golf-Shop to pick up your registration form and return it along with your \$45 League dues and you will be included in our weekly email sign-up list. There is no weekly commitment from you so only sign-up for the events you are interested in on a week-to-week basis.

Once you begin competing you can follow the weekly results online through the www.riverstrandgolf.com website and you can even track your personal statistics on the same site.

<u>9 Hole Men's League</u>

If you are interested in playing in a less competitive/demanding setting we offer our 9 Hole Men's League. Simply visit the Golf-Shop and add your name to the weekly roster as a single or as a group and we'll set your tee times and any necessary pairings. The 9 Hole is open to all golf members and requires no dues.

For more information on either of our Men's Leagues or general golf events check out our "Member Event Schedule" found at www.riverstrandgolf.com/-member-events-schedule .

Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436



Ladies Golf Association

The River Strand Ladies Golf Association 18 and 9 Hole Leagues have officially started and we are off to a great start! There is still availability for membership in both the 18 hole League (8:30 shotgun) and 9 Hole League (9:00 shotgun), but we are filling up fast. If you are interested in joining, please pick up a registration form and information packet in the Pro Shop.

The Annual 9 Hole Holiday Scramble and Luncheon will be held on Tuesday, December 12th. It will be a 9:00am shotgun for both the 9 and 18 Hole League members. The luncheon and live scoring will be held right after golf in the dining room. This is a great event as both the 9 and 18 Hole leagues get the opportunity to play with one another. Sign-ups for the Holiday Scramble will open 1 week prior. You must be a member of either the 9 or 18 Hole League to sign up and participate. We hope to see you there!





Kristina Wagner Assistant Golf Professional kwagner@theiconteam.com Phone: 941-708-3617

December Golf Events



Saturday & Sunday, December 2nd & 3rd -Fall Member / Member (Men's & Ladies) Tee Times \$100 per player (includes golf both days, breakfast on Saturday & Dinner on Sunday Saturday, December 9th - "3 Blind Mice" - Saturday Side Game Monday, December 11th - 13th- Holiday Golf Shop Sale 4:00pm - 8:00pm Monday, December 18th - Couples 9 & Dine 3:00pm Saturday, December 23rd - "Santa Ball" Challenge - Saturday Side Game Sunday, December 24th - Christmas Eve 9:00am Shotgun

River Strand Tennis: Something for everybody! Nate Griffin, Head Tennis Professional

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Never played tennis? A prior tennis player? Looking for social play? Looking for organized play? Want to get a workout on the ball machine? Want a lesson? For a 4 year old? For an 80 year old? How about a junior clinic? Or an adult clinic?

You get the picture.... We have it!

River Strand has a very active and friendly tennis program. We have 9 clay (har-tru) courts, which are all lighted for night time play. On any given day, you will see a professional tour level player on one court and a brand new player on another court! We have juniors training to become professionals and we have recreational junior players just out there to have some fun, get some exercise, and develop a lifelong skill of playing tennis.

We have USTA (United States Tennis Association) teams, Tri City (local ladies league) teams, Sunshine teams (social based league), Suncoast teams (Men's 50's 60's and 70's local league), and flex league (Ultimate Tennis or Griffin Tennis).

Looking for organized play? We are the only club in the area that organizes Morning Doubles 4 days a week (8:30-10:00 a.m.)! We also have a men's night on Tuesday nights and mixed doubles on Thursday nights.

Social play? We have an online court reservations system which gives you the ability to book a court up to 3 days in advance (web based system called salixreservations.com).

We have pee wee classes, junior classes, adult classes, beginner classes, drill clinics, and private lessons as well.

We have plenty of Tennis Professionals on staff to help meet your needs and take your game to the next level. Our' professionals and staff can also help point you in the right direction for finding games and the appropriate levels of play for you.

You can better get to know your staff and all of our policies and programs by going to www.riverstrandcountryclub.com and search through the tennis site for all of our information.

Feel free to email me with any questions at ngriffin@theiconteam.com

Nate Griffin, USPTA

Director of Tennis

The Strand

Tennis Tip

Nate Griffin, Head Tennis Professional

It has been too long since we talked about your tennis equipment, so here is a little refresher.

Shoes: It is important that you have tennis specific shoes, especially since we have Har-Tru clay tennis courts. Even if the outer soles are not significantly worn, it will be important that you have enough cushion and support for your heel so that you do not develop plantar fasciitis. Another option is to use inserts to give you a little more support. As a rule of thumb, if you play 2-3 times a week, you should replace your shoes every 6 months.

Racquets: You've heard the phrase "different strokes for different folks"? The same applies to tennis racquets. There is a wide range of tennis racquet selection on the market and here are some basics. The advantages of the lighter racquets (7.0-10.0 oz) is that they are more maneuverable and you can generate easier racquet head speed. The disadvantage is that they don't provide much stability on contact, especially on off center hits. The advantages of heavier racquets (10.0-14.0 oz) is that they are very stable on off center hits and allow a "plow-through" affect and they also are easier to feel the weight of the racquet and aid in developing a full and smooth swing. The disadvantages are that they are more difficult to wield and prepare, and they can fatigue the arm and muscles if you are not strong enough to handle the weight. As a rule of thumb, thicker and larger racquets generate easier power and thinner and skinnier racquet give more control. As far as grips are concerned, the smaller the grip size, the more wrist and hand action is allowed, and the opposite is true for larger grips. As a rule of thumb, ladies will use between a 1/8th and a ½ grip size. In the summer months in Florida I advise players to use tourna-grips, which are the most absorbent on the market. In the winter months, is it more possible to use just the replacement grip or a tacky overgrip as the weather is a bit dryer.

Strings: There are a million strings on the market, so here is the short version. The most popular string for club level players is a multi-filament string, which has similar characteristics as natural gut, but is much less expensive. Multi-filaments strings are made for feel and playability, and they also hold their tension and elasticity very well. The cheaper option is a synthetic gut which also has good playability and holds the tension well. If you are breaking strings and/or generating a good amount of power and spin, you can try a polyester or co-polyester string. The down side to the polyester strings is that they aren't as arm friendly as the other strings and they do lose their tension quite quickly. As a general rule of thumb, if you play tennis 2 to 3 times a week, you should get your racquet strung 2 to 3 times a year. Just know that if you don't strike the ball with a lot of force, you won't need to restring as often and the opposite is true if you hit with a lot of power and spin.

RIVER STRAND has two tri cities ladies 3.5 national teams that played against each other in the league. Thursday, November 9th



PICKLEBALL TIP **Tennis Professional**. Nate Griffin

"You know what they say about drop shots and lobs?" They win a lot of points, but not many friends! Most people think to be great at a sport, you need to have lots of power, which simply is not true. While it is nice to have another weapon in your game such as power, the finesse and

control factors are the most important. The drop shot in pickleball is used at all levels, even at the pro level! This is a great shot to be able to move your opponents into a weak position, which will set you or your teammate up to put the ball away. The same is true with a lob over the net players head. It will get them moving back and often times in a neutral of defensive position, which will give you and your teammate time to be able to move up to the net area (basically, right behind the non-volley zone).

Beginner Pickleball Clinic,

\$10 per player

Mondays: 3:30-4:30pm

This is also a good tactic if you are playing against a power player! So get out there and start working on your drop shots and lobs!

Pickleball Beginner Clinics

First Monday of the month

December 4th 3:30pm - 4:30pm 3 person minimum

Event Sign up at www.makeclubreservations.com Facility code: river1

\$10 cash per clinic

If you have any questions contact the Tennis Shop at 941-932-8680 or email: ngriffin@TheIconTeam.com







All levels Group Monday & Wednesday: 6:00-7:00pm

Intermediate-Advanced Group Sunday through Saturday: 9:00-10:30am

Beginner Group Sunday through Saturday: 10:30-11:30am

Sign up at www.makeclubreservations.com, facility code: river1, member type: annual

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) - Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) - Mon, Wed.& Fri. 5:00-6:30pm, \$20 per class

Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30-6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30-7:00pm, \$15 per class Shot of the week - Saturday, 8:00-8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class **Adult Social Play**

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30-10:00am, cost: \$2

Men's Night: Tuesday, 7:00-9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00-9:00pm, cost: \$2 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2

Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free) **Director of Tennis - Nate Griffin, USPTA** 1/2 Hour Private: \$40 or 1 Hour Private: \$80 Head Tennis Professional – Abdul Idi, USPTA 1/2 Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Scott Pothul** ¹/₂ Hour Private: \$35 or 1 Hour Private: \$70 Assistant Tennis Professional – Ben Zink, USPTA ¹/₂ Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Gary Coulter** 1/2 Hour Private: \$30 or 1 Hour Private: \$60 **Tennis Pro Shop Hours**

Monday-Friday, 8:00am - 7:00pm Saturday & Sunday, 8:00am - 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680 Court Hours All days – 7am – 9:30pm

Battle of the Sexes

Come join in on River Strands re-make of **Bobby Riggs vs. Billy Jean King!**



Saturday, December 9th 9am - 12pm

The men (armed with wooden racquets) will be taking on the ladies for a fun and social event followed by lunch on the Tennis patio.

\$25 per person inclusive of lunch and drinks

Call 941-932-8680 to make your reservation today!

All Events Sign up at Salixreservations.com

Morning Doubles:

Monday, Wednesday, Friday & Saturday's 8:30am - 10:00am \$2 per player

Leagues and Ladders: Looking for a singles game? Join our ladder!

941-932-8680

The Strand

RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

Another year done at River Strand and as with other years we try to learn from each and do things a little better than the year before. We applied a granular fertilizer throughout all 3 nines, which will take a few weeks to kick in and see a green-up. The Dryject process went well and is now healing. The greens should be firming up and putting smooth.

We are busy on the course with golf play, we will continue to work with our staff on golf etiquette while they are working to provide the attention to details we want to provide. During the first week in December, we will apply pinestraw to all the golf course beds, which normally takes 3-4 days to complete. The small areas in some of the fairways that we sodded were due to us spraying contaminated grasses, which should take a few weeks for the new sod to take. We will make them ground under repair till they heal. Please remember to repair your ball marks on greens and fill your divots on tees and fairways.

Happy Holidays to everyone and their families!!

Golf Course Update:

This month I will explain why our golf course is showing signs of wear recently and what is being done to remedy the issues facing us.

First, let's address the fairways. The bare spots you are currently seeing in the fairways are due to the paspalum grass, nut sedge and other various weeds being treated with a herbicide. This application cannot be done in the summer months as it is too warm and would kill off more than what we are attempting to eradicate.

This process was always done in the past at this time but we also overseeded those areas. The herbicide used to kill the paspalum and other weeds takes some time so by the time it is dying out the rye that was planted is growing in. That effectively masked the area. It should also be noted that paspalum is a very aggressive grass and may take multiple applications to eradicate it.

So you might ask why don't we overseed now? Overseeding means you have 2 types of grass competing for water, nutrients, and root growth and ultimately the rye wins. This leads to more problems which is weaker Bermuda growth and more bare spots in the summer months that used to require large truck loads of sod. The strength of our Bermuda is of utmost concern thus the decision was made to not overseed in late 2016.

What were we doing and what are we going to do? We were watering these areas to stimulate growth of the Bermuda as it does generally fill in quickly. However, after hearing the residents and their concerns about the wet conditions, we have chosen to back off on the watering a bit and lay sod in the areas most impacted.

Second, Greens. The DryJect process was completed November 13-15. The greens appear to be healing well and I would expect them to be completely healed in 2 weeks, weather permitting. You are probably familiar with the aerification process most golf courses use. That process pulls plugs of organic material from under the top surface and allows for fertilization, air and water to penetrate deeper to allow better root growth. The DryJect process we just did served to displace some of the compacted organic material and allowed us to inject sand amendments. This process has been used on some local courses with very good results.

Third, Tees. The tee boxes are experiencing some of the same issues as the fairways and will be addressed in much the same way using sod when necessary.

Fourth. The Rough. We listened to the membership and mowed the rough around the greens higher than we had in the past but the additional length has led to more comments. We will be lowering our mowing height to get a little definition back in the rough surrounding our greens.

Finally. The Bunkers. We are researching bunker solutions for a longer lasting, easier maintenance type solution. We will continue to pull the old liners and pins and will continue to fill bunkers with fresh sand. We started with green side bunkers and will continue the maintenance as we back up toward the fairway bunkers.

Please know, we are aware of these issues and are taking measures we believe will address them. In the meantime please come to the Golf Greens Committee meetings the first Tuesday of the month in the main conference room from 2-4.

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COMMUNITY LANDSCAPE UPDATE Llomell Llorca, President & CEO, TruScapes Industries, Inc.

We hope that everyone had a fun and safe summer especially pre and post Hurricane Irma. The smell of autumn is in the air and with that TruScapes Industries, Inc. wishes to welcome everyone to our fourth quarter news article. As our plants are preparing for the cooler drier weather quickly approaching our team members are also preparing and below we explain what everyone can expect concerning our services during the fall months and start of winter. This quarter (October – December) most will notice that we go from weekly mowing events to every-other-week mowing event throughout St. Augustine, Zoysia and Bahia turf areas around the community. The bed edging frequencies will also be reduced to keep from enlarging your plant beds further than desired during the slow growing patterns of the turf. Our ornamental bed weeding frequency will remain the same at monthly service intervals of mechanical means and herbicide applications for the smaller less noticeable weeds.

Our trimming technicians will be more nurturing of the ornamental plants being a bit more selective and less aggressive during the pruning events. Currently, we are still "fine tuning" and removing damaged twigs, limbs and other plant tissue damaged during the heavy rains this summer and Hurricane Irma but at the same time we want to make sure we leave enough growth on the plants to help preserve them during the cooler months and start of the winter later this quarter. We will also be allowing for some blooms to be enjoyed by many residents returning to their winter homes. All that in mind plays a huge role for the curb appeal of the community combined with a fresh coat of mulch historically applied during the month of November/December to really freshen the look of all the yards. The irrigation technicians have been very busy all summer re-programing irrigation controllers after power losses due to the rough weather this rainy season and the tropical Cyclone Irma. They will be preforming the usual monthly inspections of the watering system and cleaning the VU flow filters where it applies. They will also make adjustments to the seasonal settings on the timer as we move deeper into the drier and cooler season. For most, there will not be a noticeable difference in the shorter irrigation run times and weeks of skipped irrigation cycles depending on the amount of precipitation experienced and or cool temperatures. We all know the cooler the temperature the less likely we would need to water for long periods of time. As I am sure we've read before, we want to be mindful that too much water can be as bad as not enough water as this contributes too many aquatic lawn weeds and can lead to fungus in the following months especially if we experience a very cold winter following a record breaking wet summer. As we leave the heavy rains and hot weather in our rearview mirror we come out of our fertilizer black out period also known as the nitrogen fertilizer ban months in our county. Many will notice our techs busy at work the month of October making granular applications of turf fertilizer followed by the ornamental plant bed fertilization. This process will be repeated in December. By doing this, it will preserve the green appearance of the already established lawns and provide the energy and color to the younger lawns are in need of in addition to also driving roots deep into the ground. It is critical and important to us that we strengthen the turf grass for any potential freeze we may experience before the end of the year. Our trained technicians will also be looking for any fungus activity in the lawns following fertilization applications when it's more common to occur.

In walking, driving and meeting with residents on occasions I know that there are allot of green thumbs in the community that like to keep busy around their gardens digging their seasonal flower beds. With that in mind, you may wish to look into planting Geraniums, Impatiens, Begonias, Pansies and or Petunias...winter for us in Florida gives us a wide range of annual flowers to splash lots of color around our gardens.

We wish everyone a joyful fall and winter surrounded by friends and family as the holidays quickly approach.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ha	ppy	Ho	lide	rys!	1 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	2 Lunch 11am-5:00pm Bar 11am-7pm
3 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	4 Lunch 11am-5pm Bar 11am-7pm	5 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	6 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	7 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm Wine Tasting 5pm –7pm	8 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	9 Lunch 11am-5:00pm Bar 11am-7pm
10 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	11 Lunch 11am-5pm Bar 11am-7pm	12 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	13 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	14 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	15Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	16 Lunch 11am-5:00pm Bar 11am-7pm River Strand Holiday Party 6:00pm - 10:00pm
17 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	18 Lunch 11am-5pm Bar 11am-7pm	19 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	20 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	21 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	22 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	23 Lunch 11am-5:00pm Bar 11am-7pm
24/31 Brunch 10am-3pm The Clubhouse will close at 3:00pm both Christmas Eve & New Year's Eve	25 Club Closed in Observance of Christmas Day	26 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	27 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	28 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	29 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	30 Lunch 11am-5:00pm Bar 11am-7pm

Tuesday - Friday Lunch Menu 11:00am to 3:30pm | Bar Menu Only 3:30pm to 4:30pm | Dinner Menu/Bar Menu 4:30pm to 8:00pm Saturday & Monday Lunch Menu/Bar Menu 11:00am to 5:00pm Sunday Brunch Menu 10:00am to 2:00pm | Bar Menu 2:00pm to 5:00pm Dinner Take Out Orders 4:30pm to 6:00pm ONLY

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Festivities begin at 7:00pm with delicious hors d'oeuvres and cocktails as you mingle with friends! Elegant three course dinner begins at 8:30pm. Complimentary Champagne toast and balloon drop at midnight!

One Hundred and Wenty Ocllars

(price does not include alcohol)

per person inclusive

Menu and further details were announced in a separate eblast.







join us for

Sunday Brunch

Every Sunday! 10:00am - 2:00pm

> Bar Menu Available 2:00pm - 5:00pm

RESERVATIONS REQUESTED 941-708-3837

River Strand Singles Group

> Save the Date! December 7th Happy Hour 5:30pm - 7:30pm Details to be announced

The newly formed Singles Club in River Strand is looking for new members. If you haven't already signed up and you wish to join others who share an interest in travel, dining, shows, other forms of entertainment and socializing send your name, phone number, address and email to recreationandsocial@gmail.com.





This is a simple, game that anyone can play and is very easy to learn. Take the opportunity to meet and laugh with old pals and new friends! Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table. But really, almost any number can play!

Join in on the fun Thursday, December 7th & December 21st at 10:00am

in the main clubhouse Card Room

NEWCOMERS ARE WELCOME!

Enjoy lunch with the ladies after the game at the Blue Mangrove Grill 102 Riviera Dunes Way, Palmetto, FL 34221

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RSVP to

aduncan@theiconteam.com by Monday, December 4th if you will be attending Bunco and/or Lunch.



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FITNESS & SOCIAL CALENDAR DECEMBER 2017

	~	-				10 A
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand & Foot</u> 6:00pm*	2 <u>Golf Yoga</u> 11:30am
3 <u>Euchre</u> 6:00pm	4 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm*	5 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am	6 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	7 <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> 5:20pm*	8 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand & Foot</u> 6:00pm*	9 <u>Golf Yoga</u> 11:30am
10 <u>Euchre</u> 6:00pm	11 <u>Fit 4 Life:</u> 8am <u>Aqua Fit</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm	12 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	13 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	14 <u>Yoga Stretch</u> 9am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> <u>3pm*</u> <u>Texas Hold-Em</u> <u>5:20pm*</u>	15 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand & Foot</u> 6:00pm*	16 <u>Golf Yoga</u> 11:30am
17 <u>Girls Night Out</u> <u>Cookie</u> <u>Exchange</u> <u>6:30pm</u>	18 <u>Fit 4 Life:</u> 8am <u>Aqua Fit</u> ; 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm*	19 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	20 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	21 <u>Yoga Stretch</u> 9am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> <u>3pm*</u> <u>Texas Hold-Em</u> <u>5:20pm*</u>	22 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua:</u> 10:15am <u>Hand & Foot</u> 6:00pm*	23 Golf Yoga 11:30am
24/31 <u>Euchre</u> 6:00pm (Will not meet December 24th)	25 <u>Fit 4 Life:</u> 8am <u>Aqua Fit;</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm Mah Jongg 6:00pm*	26 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	27 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit 9:15am</u> <u>Zumba Ione/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm* <u>Fitness 101</u> : 6:00pm*	28 <u>Yoga Stretch</u> 9am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> 5:20pm*	29 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua:</u> 10:15am <u>Hand & Foot</u> 6:00pm*	30 <u>Golf Yoga</u> 11:30am

The Strand

FITNESS & SOCIAL ACTIVITIES DECEMBER 2017

FITNESS AQUA FIT:

Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes. CLASSES RESUMING OCTOBER 11TH BUTTS & ABS 10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. FIT 4 LIFE: Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes. CLASSES RESUMING OCTOBER 16TH FITNESS 101: 6:00pm on Wednesday, November 29th in the Community Center fitness room. Learn the Basics of Exercise. FITNESS BALL CLASS: Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome. **GOLF YOGA** Tuesdays, Thursday and Saturday 11:30am—12:30pm in the Clubhouse Fitness Room. Classes are \$15. (ALL Attendees must register in advance at sagejohnson@comcast.net) **BEGINNER & INTERMEDIATE TAI-CHI** 9:00am on Thursday at the Pavilion in Central Park. Classes are \$5. For those who want to develop or hone their Tai Chi skills. YOGA: 4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. \$5 per class. YOGA FUSION: 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. YOGA STRETCH: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5.. 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. ZUMBA: ZUMBA-AQUA : 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time. ZUMBA TONING/STEP MIX: 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. SOCIAL **BIBLE STUDY:** 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage. BOOK CLUB: Will resume Monday, November 27th BOOK CLUB WITH PAULETTE: 6:00pm in the Community Center the first Tuesday of every month. THIS GROUP IS FULL AT THIS TIME. BOOK CLUB WITH LINDA: 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members welcome! Any questions contact Linda at 410-935-7083 BRIDGE: 9:30am on Monday & Friday. Group will play at the Clubhouse. **BUNCO:** 10:00am on the first Thursday of the month in the Clubhouse Card Room. Beginning in November the group will meet the first and third Thursday of each month. CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, October 4th Meet at Eds Tavern in Lakewood Ranch at Noon. EUCHRE: 6:00pm on Sundays (except the 3rd Sunday of each month) in the Sanctuary Clubhouse. Anyone interested in joining our group to message me at farrell.rosie@gmail.com or call me 989-387-0482 FIBER ARTS CLUB: 2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month. All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time. GIRLS' NIGHT OUT: 6:00pm on the third Sunday of the month at the Community Center. See flyer on page 14 for more information. HAND & FOOT CARD GAME: 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569 LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 MAH JONGG: 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed. MAY I? GAME 1:30pm on Wednesday at the Community Center. MEN'S ASIAN CARDS GROUP 3:00pm on Thursdays at the Community Center. MIXED BRIDGE: 6:00pm on Wednesday at the Community Center. 6:00pm on Tuesdays in the Community Center except the first Tuesday of the month. SOCIAL GAME NIGHT: (Card games and/or board games) Contact Peyton Wynns at 941-284-2131 with questions or suggestions. TEXAS HOLD-'EM: 5:20pm-8:00pm on Thursdays. Group will play at the Community Center. VETERANS NETWORK: 6:30pm on the first Thursday of the month in the Clubhouse Conference Room.

The Strand



River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

<u>Bunco</u>

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

Newcomers and beginners always welcome to our mixed group. If you've played any form of Rummy before, you will pick up 'May I' easily and soon be having fun. We meet at 1:30 on Wednesdays in the Community Center. Any questions? Just email me at walsh.elaine@outlook.com

Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions

Interested in one of our fitness classes? Check below for a full description of a class you may want to take. Keep checking for other class descriptions added in the future.

Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Aqua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

<u>Yoga:</u>

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

Committee Chair Information

<u>Committee Name:</u>	Chair & Email			
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison - Scott Hancock shancock@riverstrandbod.com			
Compliance Committee:	Lance Dunne Idunnersccc@gmail.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com			
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com			
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com			
Safety, Security & Emergency Preparedness Committee:	Al Ambrosino gateturner@verizon.net BOD Liaison - Bob Walsh bwalsh@riverstrandbod.com			
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com			
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com			
Golf Greens Committee:	Samara Paice spaice13@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com			
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com			
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com			
ARC Committee:	Pauline Tasler sfitzer@theiconteam.com			

Club Connections

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on December 1st.

Tom & Kathy Pulcine

Harold & Susan Stout

Cheryl & Kevin Tiedemann

Roy Lindsay

Jessica Scoville-Taft & Kanoa Wegesend

Matthew Moore

Peter & Barbara Mills

Matthew Moore

Matthew Moore

Donald & Sonya Campbell

Virginia Hochroth

Wayne & Maria LaMura

Michael & Sandra Schwarz

The Moorings Estates, LLC

Tulay & Bulent Dincer

Suzette Valiton & Leo Kramer

Joseph Ojo

John Wilson & Patricia Mitchell

Patricia Laird

Dennis & Linda Koons

Jo Ann & Michael Nelsen

Billy & Lisa Gibbins

Dorothy Ungarelli

Richard & Joanne Harby

Reminders

- The Administration Office will be closed Monday, December 25th in observance of the Christmas Day holiday.
- Tampa Bay Buccaneers vs. Detroit Lions Sunday, December 10th! See details on page 14!
- **Trivia** will be held the second Tuesday of each month. This month Trivia will be held on December 12th.
- Dinner Service is now available
 Tuesday thru Friday. Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday
- evenings.
 SAVE THE DATE! 2018 River Strand Annual Charity Event will be Friday, March 2nd—Wednesday, March 7th! Details to follow!
- River Strands Holiday Walk About Progressive Dinner returns on Saturday, December 9th. Don't miss out on this great Holiday event!



River Strand Pool Party

Saturday, January 13th 12:00pm - 4:00pm Food, Drinks and Music!





Swingin' at the Strand!

<u>Save the Date</u>

Friday, March 2 through Wednesday, March 7, 2018

For the benefit of the Manatee Food Bank & Hope Family Services!

Benefitting Hope Family Services and

Food Bank Manatee



Putting and Closest-to-pin Contests

Tennis Tournament and Exhibition Play

- Pickleball Tournament
- Live and Silent Auctions
- Women's Golf Tournament
 - Men's Golf Tournament

Bridge, Poker and Bunco Tournaments

For River Strand Residents and their Guests!

This year's theme is "Swingin' at the Strand" Get your poodle skirts and leather jackets ready!

Last year we raised over \$40,000! This year let's do more!

RSCharityEvent@gmail.com

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

Lennar Customer Care 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

<u>Golf Shop</u> Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

<u>Tennis Shop</u> Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

<u>Swimming Pools</u> Open from dawn until dusk.

<u>Gate Attendant</u> Phone: 941-746-2167 (gatehouse) E-Mail: gatehouse@riverstrandgolf.com Envera (Gate Company): 941-556-0732 (24-hours) Nightly Security Patrol: 941-549-9637

Community Association Managers Shaun Fitzer, LCAM, Single Family Homes/River Strand Phone: 941-932-8663 E-Mail: SFitzer@theiconteam.com Lee Weiss, Condominiums/Heritage Harbour Phone: 941-747-7261 E-Mail: Iweiss@theiconteam.com Kasey Dick, LCAM, Condominiums Phone: 941-747-7261 Email: KDick@theiconteam.com <u>General Manager</u> Pat Cattanach, PGA, LCAM Phone: 941-708-3837 E-Mail: PCattanach@theiconteam.com

<u>River Strand Master Association Board President</u> Terry Lyons Phone: 941-896-7525 Email: tlrsbod@aol.com

Golf Course Superintendent Renze Berg Phone: 941-920-2274 E-Mail: RBerg@theiconteam.com

Director of Golf Aaron Merritt, PGA Phone: 941-708-3617 E-Mail: AMerritt@theiconteam.com

Director of Tennis Nate Griffin, USPTA Phone: 941-932-8680 E-Mail: NGriffin@theiconteam.com

Executive Chef Radames Febles Phone: 941-932-8665 E-Mail: RFebles@theiconteam.com

Food & Beverage Manager David Mclaughlin Phone: 941-932-8664 E-Mail: DMclaughlin@theiconteam.com

<u>Lifestyle Director</u> Angela Duncan Phone: 941-932-8671 E-Mail: ADuncan@theiconteam.com

Administrative Office Deanna Broten Laurel Johnson Phone: 941-708-3837 E-Mails: rsreception@theiconteam.com & admin@riverstrandgolf.com

<u>Concession Supervisor</u> Laura Kommick Phone: 941-708-3837, ext. 110

