The Strand February 2018

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your Clubhouse and Community All the News from River Strand Golf & Country Club

COMMUNITY MATTERS Shaun Fitzer, LCAM

With the return of so many people in the community and the increase in traffic, please be careful when driving in the community. Distracted driving (texting or performing actions other than paying attention to the road) is the number 1 reason for accidents. Please do not text and drive.

Increased security procedures and protocols: Club members who access at the guard lane are required to hand their active club card to the guard so that he can verify access the same way that you access the fitness facilities. You must be an active member for this to function, alternatively guests and residents can be verified as being on a guest list by providing the resident address or resident last name, and their photo identification. Residents are reminded to screen their guest lists on the www.myenvera.com system to remove blanket access and provide more specifics for the guards to properly identify your guests.

All guests accessing the community will be issued a pass which specifically identifies what they will be doing in the community. Residents are reminded that visitors coming to participate in private activities such as pickleball must identify who has invited them into the community and they must be on the guest list for that person.

Please be sure to direct visitors who are coming to your home in River Strand to access the property thru the main guardhouse located at 150 River Strand Blvd. Many GPS systems will guide your guests to our resident only gates.

Annual Meeting: The annual meeting of the members will take place on February 26, 2018 at 6PM. There will be an election this year. Please come to our Meet the Candidate's night on February 12 at 6PM. For those of you whom we received your consent to vote electronically you will receive an initial notice and then reminder emails will be sent weekly until you cast your vote. For those of you who wish to vote by paper document, those documents are available on the riverstrandgolf.com website under annual meeting, and can also be obtained at the front office.



This is your opportunity to find out about the people who want to represent you on the Board of Directors for River Strand Golf & Country Club. The two dates below have been planned to give everyone involved the best opportunity to meet the candidates one on one and hear what they have to say.

Annual Meeting Documents and Candidate Information is posted on the River Strand Website under Annual Meeting (www.riverstrandgolf.com)

Monday, February 12th from 6:00-8:30PM

At the main clubhouse dining room located at 7155 Grand Estuary Trail. Candidates will be arranged throughout the room so that you can approach them and speak to them directly.

Chicks And Flicks



Wednesday, February 7th at Noon Meet at Seasons 52 170 University Town Center Dr #103, Sarasota, FL 34243

New Faces & Friends are Always Welcome! Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.

> Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month.

> > RSVP to aduncan@theiconteam.com by Monday, February, 5th.





he January Luncheon at Valentine





FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup in the dining room for the month of January - Entertainment is from 6:00pm - 9:00pm

> February 2nd - Rod Keiser February 9th - Sara Combs February 16th – John Rinell February 23rd –TBD

BEER. WINE AND SPIRIT OF THE MONTH!

Beer - Naughty Blonde & Belgian Blonde by the Naughty Monk in Bradenton \$5.50

Wine - TBD

Spirit - All Titos Vodka \$1 off All Mixed Drinks

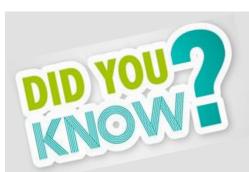


Tuesday Lunch - 11:00am to 3:30pm Tuesday Night Buffet - 4:30pm to 8:00pm Wednesday- Friday Lunch Menu - 11:00am to 3:30pm Bar Menu Only - 3:30pm to 4:30pm Dinner Menu/Bar Menu - 4:30pm to 8:00pm



Sunday Brunch Menu - 10:00am to 2:00pm Bar Menu - 2:00pm to 5:00pm

Dinner Take Out Orders - 4:30pm to 6:00pm ONLY



Rental/Lease Homeowners:

Your Transfer/Guest Form and Rental Lease signed by both parties must be submitted 15 days prior to your tenants arrival. This allows the staff to prepare in advance of the tenants arrival.





The Strand

GOLF COMMENTS FROM AARON

Director of Golf, Aaron Merritt

As you may know, throughout the next few months, available tee times become extremely scarce. As a result, we encourage you to make appropriate cancellations or adjust the number of players attending each reservation, as needed. This will benefit your fellow members and can be done online, or for day of reservations, please contact the Golf Shop.

Another solution may be to take advantage of our 2018 River Strand Charity Event, for a guaranteed "weekly" tee time slot. We are currently hosting a live auction, as a Fundraising opportunity for Charity. This will provide benefits to the local Food Bank of Manatee, and the HOPE Family Services. Each member may bid to win a guaranteed time slot for the months of February, March, & April. See the Golf Shop for more details.

TOURNAMENT RESULTS:

The first match of the Interclub series was competed on Thursday the January 4, at home with River Stand winning 16-8 over Jacaranda West. The club alternates away and home matches over the next 5 weeks with the team already looking forward to a successful playoff run and an invite to the State Championship.

SPECIAL REMINDERS:

I was asked by the Golf Activities Committee, to share an important notice with our membership. This is to announce that our Golf Service Staff, is a minimum wage position, and sometimes a thankless role. Please understand these associates, are here to help and work extremely hard to assist the membership, and your guests. As time permits, we strive to exceed your expectations, loading/cleaning clubs, assuring the range ball supply is adequate, and the carts are readily available.

Although, Gratuities are not required, it's common practice in the golf industry, to handout a Gratuity for these types of services. As we've become more and more private, it's imperative that we keep this notion in mind, in order to retain and build a tremendous team of hospitality professionals.

Our Practice areas have become extremely congested.

IMPORTANT NEWS TO NOTE:

2017 Annual Golf Shop "Credit Book" balances, expire - March 31, 2018

All guest names should be provided to the Welcome & Security Gate prior to tee time arrival.

Club Storage is currently at capacity. In an effort to accommodate the demand, our monthly storage fees will be increasing to \$45 per bag, effective February 1, 2018.

See you on the links!



Ladies Golf Association

Congratulations to Team Canada for winning both the 9 and 18 Hole 2018 Can/Am Cups!



<u>9 Hole League Formats</u>

Feb. 6 – Ribbon Scramble Feb. 13 – Regular Golf Feb. 20 – 2 Best Balls of 4 Feb. 27 – Regular Golf

18 Hole League Formats

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Feb. 6 – Individual Nassau Feb. 13 – 2 Best Balls of 4 - Shamble Feb. 20 – Putt for Points Feb. 27 – 1-2-3 on 5-4-3

18 Hole Ladies – Tuesday - 8:30 shotgun 9 Hole Ladies – Tuesday - 9:00 shotgun League Membership is still available to equity golf members. Forms are available in the pro shop.

February Golf Events

February 1st - FSGA - Pasadena Yacht & CC at River Strand (Register for the Qualifying round via www.riverstrandgolf.com) February 3rd - Super Bowl - Super Ball February 8th - FSGA - River Strand at The Preserve (Register for the Qualifying round via www.riverstrandgolf.com) February 11th - Couples Cupid Classic 12:30pm / Shotgun Start February 17th & 18th - Spring Member/Member (Men's & Ladies) Tee Times February 24th - Canadian Skins - Flighted

Tennis & Pickleball Tip Nate Griffin, Head Tennis Professional

I have some advice that applies to both the pickleball players and the tennis players. I am a huge advocate for growing lifelong sports as a whole. Both tennis and pickleball can be played at all ages. Tennis in the United States is basically flat in growth and pickleball is exploding for sure.

Several national studies on this topic show that other than injuries, the primary reason people stop playing tennis and pickleball is because lack of nearby facilities and not being able to find players to play with.

This leads me to the concept that I believe all players owe it to their fellow players to at least play with some players at a lower level once in a while. Again, I'm not advocating that you don't play with players at your own level and hope to get some games with players that are stronger as well. But if more players would adopt the philosophy that it is for the good of the game to be more inclusive when it comes to arranging games, we all benefit. I also believe that it is actually good for your game to play "down" levels once in a while. This gives you a chance to try shots that you may not be confident enough to try in a more competitive match yet.

As a general rule for improvement, if you play 4 times a week, you should play 1 match against somebody stronger than you, 2 games against the same level, and 1 match against a weaker opponent.

I have seen many clubs simply fall apart as they get older and older and the players start breaking up into their own groups and decide not to include anybody else into that circle. For the most part, I am proud of River Strand and its players when it comes to tennis and pickleball, and how everybody is included, but not always.

It is not good for the culture of this club when I get reports of players being rude and uninviting towards lower levels of players, in both of our sports. That is how we lose players from our programs, and that is how we could potentially the good reputation of this club, which we can all agree would not be a good thing.

It is also for your own good to help bring up those players that might only be one small level below you. If you can help them improve, that could be another player who can challenge you at your own level, just something to think about it.

Let's get out there and play some tennis and pickleball, and help each other on the way to a fun journey of improvement and fun. I have specifically tried to set up both the tennis and pickleball programs so that there are some set times where all levels can come together and find a game. For more program information, visit <u>www.riverstrandcountryclub.com</u>





Salix League 8.0 Mixed Doubles Champions... Rick Salomone and Nancy Finman!

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Father Son match for 941 Junior Tennis League Kent and Cooper Lane Nate and Jaxon Griffin





PICKLEBALL

Daily Program Play No Court Reservation Needed*

Social Play All Courts 1-8

Monday - Sunday 8:00-10:00 a.m.

Monday & Wednesday evenings 6:30- 8:30 p.m.

(Use paddle rotation holder during peak activity)

Advanced Challenge Play Courts 5-8

Monday - Sunday 10:00-11:30 a.m.

(Use paddle rotation holder during peak activity)

* To schedule courts outside of Program Play times, use Salix online reservation system to ensure court availability

Pickleball Beginner Clinics

First Monday of the month

February 5th 3:30pm - 4:30pm 3 person minimum

Event Sign up at www.makeclubreservations.com Facility code: river1

\$10 cash per clinic

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2 Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2

(sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30–10:00am, cost: \$2

Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free) **Director of Tennis - Nate Griffin, USPTA** ¹/₂ Hour Private: \$40 or 1 Hour Private: \$80 **Head Tennis Professional – Abdul Idi, USPTA** ¹/₂ Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Scott Pothul** ¹/₂ Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Ben Zink, USPTA** ¹/₂ Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Gary Coulter** 1/2 Hour Private: \$30 or 1 Hour Private: \$60

Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680 <u>Court Hours</u> All days – 7am – 9:30pm

All Events Sign up at Salixreservations.com

Morning Doubles:

Monday, Wednesday, Friday & Saturday's 8:30am - 10:00am \$2 per player

Leagues and Ladders:

Looking for a singles game? Join our ladder!

941-932-8680

RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

During January, we had a few freezes that set the grass back and had some frost damage throughout the courses. Hopefully this month we will not have too many cold days so we can recover and get some growth back.

We are continuing to stay on our biweekly fertilizer sprayings of the faiways ,tees, and collars, as well as applying light topdressing to the greens.

This time of year it is important to repair your ballmarks because of the amount of golfers and cooler weather, they do not heal as quick. When filling to divots on tees and fairways, please put sand in level with the grass edges so it is smooth for the grass to heal into.

Number 9 tributary bridge will be complete by February 1st. The Greens Committee has done a great job in finding the best material for the longest life and aesthetically pleasing looking bridge.

Number 8 Estuary bridge was repaired last month and is now structurally sound.

All fairway bunkers will have new sand installed by the middle of this month. Enjoy this great weather and fun golf courses.

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

We hope everyone is enjoying the cooler weather.



Residents can expect continued cool and dry weather throughout February. What this means for the retention ponds within the community is a continuing drop in water levels, and due to recent cold 'snaps", some browning of aquatics plantings. Do not be alarmed. Most will recover completely in the spring. Aquatic plantings have very hardy root stock and should recover with the ongoing growing season.



We can also expect certain planted areas to become a haven for nesting birds over the coming 2 months as spring approaches.

Please continue to bring any abnormal or dramatic pond related events to our attention so we may investigate further. Even with lower water levels, reduced construction, cooler water temperatures and a consistent maintenance plan prevent any major algal blooms. The Strand

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COMMUNITY LANDSCAPE UPDATE Llomell Llorca, President & CEO, TruScapes Industries, Inc.

We'd like to welcome you to our first news article of 2018. As we commence what we Floridians consider the peak of our winter season, January and February, our team is mindful of the threats this time of the year poses to the plants when servicing your properties to prevent plant and turf damage should we be impacted by a freeze.

During this first quarter (January – March) you will notice we will continue mowing every-other- week not only because your turf is growing at a slower rate but because we want to leave enough turf tissue should we experience a freeze. In doing so should a freeze occur at some point only the top layer of turf will be affected and damaged by the small layer of ice allowing the roots to stay healthy and unaffected helping our turf areas bounce back in color and overall appearance as quickly as possible ultimately minimizing the risk of turf loss due to freeze.

We will start to bed edge every-other-mowing event, this keeps ornamental beds from growing larger and keep the garden bed size pleasant to the eyes. Our ornamental bed weed control crews will continue to keep the undesired ornamental bed weeds managed using minimal chemistry as the cooler temperatures will retard the weed development and the recently applied mulch will serve as a barrier and help us suppress the weed population.

As with the turf, ornamental bed pruning is kept light and to a minimum as recommended by the University of Florida for this time of year. This practice will help protect and keep the plants warm during the cold nights expected ahead. In the second quarter news article we will communicate what is our goal regarding the rejuvenation pruning and removal of excessive vegetation during that season. Please do expect for yellow and brown fronds to be cut off and removed from palms below the height of 15' during our pruning visits, we want to make sure we keep the community looking fresh for everyone to enjoy even post holidays.

Our irrigation crews will be preforming their monthly irrigation inspections and clean the irrigation filter cartridges. The months of January and February we do our best to maintain irrigation watering to a minimum, don't be surprised if one see's the system run a day less per week or for a shorter period of time. With cooler weather approaching the supplemental irrigation water is not needed as much. Many local municipalities even launch campaigns like "skip-a-week" this is suggesting that homeowners and contractors like us skip one week of irrigation water during these cooler months. Overwatering can be just as bad as under watering as many of us already know. If we saturate or lawns and ornamentals with water we open the window to undesired aquatic weeds and increase the possibility of fungus which can result in plant / turf loss due to the lack of oxygen exchange at the roots level.

In preparation for this possible threat, our lawn and ornamental pest control department will be making a necessary fungicide applications and selective weed control applications. The fertilization department will start preparations for ornamental bed fertilization and gear your plants nutritionally during February for the month of March when temperatures start to creep up and nutrition uptake increases.

Residents that like to add a splash of color to their landscape during this season you may consider installing Geraniums, they love the cool weather and come in all kinds of colors. Pansies and Petunias are other good choices but keep in mind annuals are delicate and they may need to be protected from the potential freeze with landscape freeze blankets to help keep them off harm's way.

We wish all of the residents a Happy New Year and want to thank everyone for allowing us to service their property for yet another year. Should our assistance is needed regarding our services please feel free to contact our local office directly at 941.567.6116 or visit our website www.truscapesindustries.com and follow the "contact us" link, a team member will promptly reach out to you.



FOOD & BEVERAGE CALENDAR FEBRUARY 2018

The Strand

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|---|---|--|
| | | | | 1 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 2 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 3 Lunch 11am-3:00pm Bar 11am-7pm Glass Onion Band 7pm - 10pm |
| 4 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm | 5 Lunch 11am-5pm Bar 11am-7pm | 6 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm | 7 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 8 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 9 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 10 Lunch 11am-4:30pm Bar 11am-7pm The Klick Baud 7pm—10pm |
| 11 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm | 12 Lunch 11am-5pm Bar 11am-7pm | 13 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 14 Lunch 11am-2:30pm Dinner 4:30pm-8pm Valentines Dinner | 15 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 16 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 17 Lunch 11am-5:00pm Bar 11am-7pm |
| 18 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm | 19 Lunch 11am-5pm Bar 11am-7pm | 20 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 21 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 22 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 23 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 24 Lunch 11am-5:00pm Bar 11am-7pm |
| 25 Brunch 10am-3pm Bar Menu 2pm-5pm | 26 Lunch 11am-5pm Bar 11am-7pm | 27 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | 28 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm | | | |

Tuesday - Friday Lunch Menu 11:00am to 3:30pm | Bar Menu Only 3:30pm to 4:30pm | Dinner Menu/Bar Menu 4:30pm to 8:00pm Saturday & Monday Lunch Menu/Bar Menu 11:00am to 5:00pm Sunday Brunch Menu 10:00am to 2:00pm | Bar Menu 2:00pm to 5:00pm | Dinner Take Out Orders 4:30pm to 6:00pm ONLY



Menu:





Starts Thursday, February 1st!! 2:00pm - 2:45pm Beginners 2:50pm - 3:30pm Advanced Beginners Main Clubhouse Fitness Center Room



If you have always wanted to learn to line-dance, this is your chance!

All levels of experience are welcome. This is a great source of exercise and a whole lot of fun! Just \$5 donation to the Food Bank per class!



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Have you ever seen an unfamiliar bird here at River Strand and wondered, "What is that?" If so, you are invited to attend this presentation on bird recognition.

Many of the birds we have in our community will be identified and some simple tips and a handout to help identify unfamiliar birds will be provided.

The presenter is River Strand Resident, Mattie Watson, who has identified 64 birds here in River Strand and Heritage Harbour.

Saturday, February 17, 2018 9:00 AM at the COMMUNITY CENTER

Call 941-708-3837 to make a reservation today!



Girls Night Out! Bird House Painting with Kim Ryan

Sunday, February 18, 2018

from 6:00pm to 8:00pm at the Community Center

\$25 Per Person

Learn to use the painting method of "one stroke" with Kim Ryan. The method allows you, the artist to create a piece by applying paint to most surfaces using "one stroke" to blend color which gives variation and shadowing to art work. In this class you will be painting a unique bird house in the shape of an Apple or Pear.

No experience necessary. All materials included.

Please register with the administrative office and pay your registration fee by <u>Friday, February 16, 2018</u>. *Spaces are limited*!

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For Reservations Call 941-708-3837 or via email aduncan@theiconteam.com



RSVP by Friday, February 23rd - Q Please to: riverstrandflyinfgsolo@gmail.con As always, if you have a single friend not living in River Strand please invite them!

RSVP to aduncan@theiconteam.com by Monday, February 19th Meet in the Clubhouse Parking Lot by the Tennis courts between 9:30am and 9:45an

FITNESS & SOCIAL CALENDAR FEBRUARY 2018

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------------------------|--|---|--|---|--|----------|
| >>> | | | | 1 Bunco 10:00am Butts & Abs 10:30am Golf Yoga 11:30am Line Dancing 2:00pm Men's Asian Cards 3pm* Texas Hold-Em 5:20pm* Veterans Network: 6:30pm | 2 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand & Foot</u> 6:00pm* | 3 |
| 4 <u>Euchre</u> 6:00pm | 5 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Golf Yoga</u> 2:30pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm* | 6 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am | 7 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm* | 8 <u>Yoga Stretch</u> 9am <u>Tai-Chi</u> 10:00am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> | 9 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand & Foot</u> 6:00pm* | 10 |
| 11 <u>Euchre</u> 6:00pm | 12 <u>Fit 4 Life:</u> 8am <u>Aqua Fit</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Golf Yoga</u> 2:30pm <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm | 13 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> <u>6:00pm</u> * | 14 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit 9:15am</u> <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm* | 15 Yoga Stretch 9am Tai-Chi 10:00am Bunco 10:00am Butts & Abs 10:30am Golf Yoga 11:30am Line Dancing 2:00pm Men's Asian Cards 3pm* Texas Hold-Em 5:20pm* | 16 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand & Foot</u> 6:00pm* | 17 |
| 18 Girls Night Out 6:00pm | 19 <u>Fit 4 Life:</u> 8am <u>Aqua Fit:</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Golf Yoga</u> 2:30pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm* | 20 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> <u>6:00pm</u> * | 21 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>Fitness 101</u> : 11:00am* <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm* | 22 <u>Yoga Stretch</u> 9am <u>Tai-Chi</u> 10:00am <u>Butts & Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> 5:20pm* | 23 Bridge 9:30am Yoga 9:00am Zumba-Aqua: 10:15am Hand & Foot 6:00pm* | 24 |
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The Strand

FITNESS & SOCIAL

FITNESS AQUA FIT:

BUTTS & ABS: FIT 4 LIFE:

FITNESS 101:

FITNESS BALL CLASS: GOLF YOGA:

BEGINNER & INTERMEDIATE TAI-CHI:

LINE DANCING:

YOGA: YOGA FUSION: YOGA STRETCH: ZUMBA: ZUMBA-AQUA : ZUMBA TONING/STEP MIX:

SOCIAL

BIBLE STUDY: BOOK CLUB: BOOK CLUB WITH PAULETTE: BOOK CLUB WITH LINDA:

BRIDGE: BUNCO: CHICKS AND FLICKS:

EUCHRE:

FIBER ARTS CLUB:

GIRLS' NIGHT OUT: HAND & FOOT CARD GAME:

LADIES MAH JONGG:

MAH JONGG: MAY I? GAME MEN'S ASIAN CARDS GROUP MIXED BRIDGE: SOCIAL GAME NIGHT:

TEXAS HOLD-'EM: VETERANS NETWORK:

Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes. CLASSES RESUMING OCTOBER 11TH 10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes. CLASSES RESUMING OCTOBER 16TH 11:00am on Wednesday, February 21st in the Community Center fitness room. Learn the Basics of Exercise. Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome. Tuesdays, Thursday and Saturday 11:30am—12:30pm in the Clubhouse Fitness Room. Classes are \$15. (ALL Attendees must register in advance at sagejohnson@comcast.net) 10:00am on Thursday at the Pavilion in Central Park. Classes are \$5. For those who want to develop or hone their Tai Chi skills. 2:00pm—2:45pm Beginners 2:50pm—3:00pm Advanced Beginners Thursday's in the Clubhouse **Fitness Room** 4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. \$5 per class. 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5... 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time. 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage. Will resume Monday, November 27th 6:00pm in the Community Center the first Tuesday of every month. THIS GROUP IS FULL AT THIS TIME. 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members welcome! Any questions contact Linda at 410-935-7083 9:30am on Monday & Friday. Group will play at the Clubhouse. 10:00am on the first & Third Thursday of the month in the Clubhouse Card Room. First Wednesday of every month. This month Wednesday, February 7th Meet at Seasons 52 at Noon. 6:00pm on Sundays (except the 3rd Sunday of each month) in the Sanctuary Clubhouse. Anyone interested in joining our group to message me at farrell.rosie@gmail.com or call me 989-387-0482 2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month. All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time. 6:00pm on the third Sunday of the month at the Community Center. 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed. 1:30pm on Wednesday at the Community Center. 3:00pm on Thursdays at the Community Center. 6:00pm on Wednesday at the Community Center. 6:00pm on Tuesdays in the Community Center except the first Tuesday of the month. (Card games and/or board games) Contact Peyton Wynns at 941-284-2131 with questions or suggestions. 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

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6:30pm on the first Thursday of the month in the Clubhouse Conference Room.



River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

Newcomers and beginners always welcome to our mixed group. 'May I' is a card game, similar to Rummy, but no prior knowledge is needed. We will help you pick up all the basics fast so that you can enjoy the game. We meet at 1:30 on Wednesdays in the Community Center. Any questions? Just email me at walsh.elaine@outlook.com

Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions

Interested in one of our fitness classes? Check below for a full description of a class you may want to take. Keep checking for other class descriptions added in the future.

Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Aqua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

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The Strand

Committee Chair Information

| <u>Committee Name:</u> | Chair & Email | | | |
|---|---|--|--|--|
| Finance Committee: | Alan Sukoneck a.sukoneck@comcast.net BOD Liaison - Scott Hancock shancock@riverstrandbod.com | | | |
| Compliance Committee: | Lance Dunne Idunnersccc@gmail.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com | | | |
| Property Management Committee: | Paul Martin pmartin135@tampabay.rr.com BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com | | | |
| IT Committee: | Jim Moline jmoline@yahoo.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com | | | |
| Safety, Security & Emergency Preparedness Committee: | Al Ambrosino gateturner@verizon.net BOD Liaison - Bob Walsh bwalsh@riverstrandbod.com | | | |
| Recreation & Social Committee: | Patti Reid recreationandsocial@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com | | | |
| Golf Activities Committee: | Patricia Braeger pat.braeger@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com | | | |
| Golf Greens Committee: | Samara Paice spaice13@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com | | | |
| Food and Beverage Committee: | Phil Lahm philclahm@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com | | | |
| Tennis Committee: | Jack Wilson jack@jackmwilson.net BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com | | | |
| ARC Committee: | Pauline Tasler sfitzer@theiconteam.com | | | |

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Club Connections

The Strand

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on February 2nd.

Donald & Judy Moshuk

Ray & Frances Taylor

Whendy Kelliher

Tracy & Craigie Sanders

Randy & Julia Toomajanian

Kenneth & Sue Hemsworth

Anthony & Jean Cairo

Lawrence & Lynel DeRose

Larry Salvatori

Brock & Kay Renshaw

Stephen Shanklin

John Grossman & Janice Dent

Lawrence & Patricia Schulte

Reminders

- Board of Directors Meeting on Monday, February 5th at 10:00pm in the Main Clubhouse Dining Room.
- **Trivia** will be held the **First Tuesday** of this month. February 6th
- Dinner Service is now available **Tuesday thru Friday.**

Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.

- Sunday Brunch is now REQUIRING RESERVATIONS! Call 941-708-3837 to make your reservation today
- SAVE THE DATE! 2018 River Strand Annual Charity Event will be Friday, March 2nd— Wednesday, March 7th! See Event Schedule on page 21.
- Meet the Candidates! February 12th 6:00pm to 9:30pm in the Main Clubhouse Dining Room



A red hawk on watch atop the light pole at the end of River Preserve Drive.



December & January Trivia Champions! Pictured left to right: Timothy Springer, Barry and Lauren Koller, Oreste and Marti Salerni, Patricia and Craig Springer (the photographer)

Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436







Be A Hero

All men and women of River Strand are invited to sponsor a table at the 6th Annual River Strand Charity Event!

Here is your opportunity to support a community-wide event benefiting the Food Bank of Manatee County and Hope Family Services. These worthwhile organizations are always in need of our support.

For only \$50 your name will be displayed on "your" table for both the men's and women's golf luncheons.

> To sign up please contact Diana Shollenberger at (941) 782-8362 adshollenberger@snet.net

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Cards For A Cause

Come for the Fun, Play for the Charities

For the benefit of Manatee County Food Bank and Hope Family Services

\$40 buy-in (\$20 for charity, \$20 for prizes)

Bridge: Main Clubhouse

March 4th from 6-9:30 Free Hors d'oeuvres. Cash bar Sign up in clubhouse office by February 28th.

Bunco: Main Clubhouse

March 4th from 6-9:30 Free Hors d'oeuvres. Cash bar Sign up in clubhouse office by February 28th

Texas Hold'em: Sanctuary Community Center

March 10th from 5-9:30. Free snacks, BYOB Sign up in golf pro shop by March 7th. (\$40 re-buy, all for charity) RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

Lennar Customer Care 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

<u>Golf Shop</u> Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

<u>Tennis Shop</u> Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

<u>Swimming Pools</u> Open from dawn until dusk.

<u>Gate Attendant</u> Phone: 941-746-2167 (gatehouse) E-Mail: gatehouse@riverstrandgolf.com Envera (Gate Company): 941-556-0732 (24-hours) Nightly Security Patrol: 941-549-9637

Community Association Managers Shaun Fitzer, LCAM, Single Family Homes/River Strand Phone: 941-932-8663 E-Mail: SFitzer@theiconteam.com Lee Weiss, Condominiums/Heritage Harbour Phone: 941-747-7261 E-Mail: Iweiss@theiconteam.com Kasey Dick, LCAM, Condominiums Phone: 941-747-7261 Email: KDick@theiconteam.com <u>General Manager</u> Robert Brown, CCM Phone: 941-708-3837 E-Mail: RBrown@theiconteam.com

<u>River Strand Master Association Board President</u> Terry Lyons Phone: 941-896-7525 Email: tlrsbod@aol.com

Golf Course Superintendent Renze Berg Phone: 941-920-2274 E-Mail: RBerg@theiconteam.com

Director of Golf Aaron Merritt, PGA Phone: 941-708-3617 E-Mail: AMerritt@theiconteam.com

Director of Tennis Nate Griffin, USPTA Phone: 941-932-8680 E-Mail: NGriffin@theiconteam.com

Executive Chef Radames Febles Phone: 941-932-8665 E-Mail: RFebles@theiconteam.com

Food & Beverage Manager David Mclaughlin Phone: 941-932-8664 E-Mail: DMclaughlin@theiconteam.com

<u>Lifestyle Director</u> Angela Duncan Phone: 941-932-8671 E-Mail: ADuncan@theiconteam.com

Administrative Office Deanna Broten Laurel Johnson Phone: 941-708-3837 E-Mails: rsreception@theiconteam.com & admin@riverstrandgolf.com

<u>Concession Supervisor</u> Laura Kommick Phone: 941-708-3837, ext. 110

