

# The Strand

The background of the entire page is a festive image featuring two champagne flutes filled with a golden, bubbly liquid topped with a thick layer of foam. The flutes are positioned in the center-left and center-right of the upper half. Golden streamers or ribbons are draped around the flutes and across the frame. The background is dark with numerous small, out-of-focus golden lights (bokeh) scattered throughout, creating a celebratory atmosphere.

January 2017

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your  
Clubhouse and Community

All the News from River Strand Golf & Country Club

# COMMUNITY MATTERS

## Shaun Fitzer, LCAM

Welcome Home, and thank you for allowing us to service your community.

Change is upon us as we approach the turnover of the community association from the developer controlled board of directors to one elected by the owners. You will be receiving a notification of the upcoming **transition meeting and annual meeting of the members to be held on February 28, 2017 at 6PM and located at Bayside Community Church.**



The purpose of this meeting is to elect a Board of Directors from you the owners of the community, indicating the owners control of the community.

It is critical for the association to be able to conduct its business that we have a quorum of the members present in person or by proxy. In our mailings you will be receiving a proxy form, and if necessary balloting information on the members – these will also be posted on the association web site. The first mailing will go out before the end of the year.

### Complimentary Beginner Mah jongg Classes Held in the Community Center

Kathy Martin has offered to host complimentary beginner Mah jongg classes again this season. Classes meet on Monday evenings from 6:00 pm to 8:00 pm at the Community Center. Mah jongg also is a great way to exercise your mind and socialize with your neighbors. If you have any questions, please contact Kathy Martin at 719-238-9964.

## Did You KNOW ?

River Strand Residents generously provided for 143 Giving Tree gifts. 81 gifts provided presents for the low income families at the Family Partnership Center of Bradenton and 62 gifts provided presents for children at the Boys & Girls Club of Bradenton. Thank you all for making Christmas brighter for all of these children and families.

### Chicks And Flicks



Wednesday, January 4th at Noon

Meet at Seasons 52 at UTC Mall

170 University Town Center Dr #103, Sarasota, FL 34243

**New Faces & Friends are Always Welcome!**

**Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.**

**Car Pooling is Suggested!**

Chicks And Flicks is Held the first Wednesday of Every Month, the Lunch Location Changes Every Month.

RSVP to [LHoppe@ThelconTeam.com](mailto:LHoppe@ThelconTeam.com) by 12pm (Noon) on Monday, January 2nd.



The December Luncheon at Half Shell Seafood House.



## Important Reminders

- Dinner Service is available **Tuesday thru Friday**. Reservations are recommended. Seating on the half hour from 5:30pm to 8:00pm. **Saturday Night Dinner will begin on January 14th**. There is no dinner service on Sunday or Monday evenings.
- The popular **Lunch Buffet is back!** The Lunch Buffet is available weekdays during season from 11am to 3pm. Enjoy different delicious choices daily for \$11.95 plus tax and gratuity.
- **Blue Plate Specials** are available in the Dining Room on most **Wednesday Nights** in January. See Page 19 for a complete listing of Blue Plate Specials in January.
- **Don't Miss the "Rocket Man" Elton John Tribute Show**. Show dates are January 24th & 25th. Tickets went on sale Tuesday, December 27th at Noon in the Grille Room Bar. See Page 9 for more details.
- Visit the Clubhouse dining room for **Prime Rib Night** every **Friday night in January**. Please see page 13 for more information.
- **Line Dancing Class is back by popular demand!** See additional information on page 14 & 15 for day, time and location.
- Congratulations to all the fall **Member-Member Golf Outing** winners pictured on page 5.
- Don't miss your opportunity to **Be The Thunder when the Tampa Bay Lightning** take on the Edmonton Oilers on **Tuesday, February, 21st** at Amalie Area. Tickets are limited so don't delay! See details on page 13.
- Save the Date for the **2017 Annual Charity Golf Event at River Strand**. It will be held on **March 13-15, 2017**. See page 17 for more details.



### Free Beginner & Intermediate Bridge Lessons

**Complimentary Bridge Lessons taught by volunteers will be available at the Community Center on Tuesday Afternoons from 1:30pm until 3:30pm beginning January 17, 2017.**

Bridge is a fun card game that is played all over the world.

It can be a social occasion or a competitive card game.

Beginner lessons will be taught by Vivienne & Larry Sivak, using the book written by Audrey Grant at the request of the American Contract Bridge League.

Intermediate lessons will be offered by Vicki Sherman and include items such as bidding, playing and defending no trump; Stayman and transfers to majors; signals and leads; Gerber and Blackwood; and how to respond to a weak two opener, including a two club bid.

Advance signup is not necessary, but it's helpful if you can plan to attend regularly, particularly for new players.

In the approximate 12-week period that lessons are offered, you can expect to learn enough to play the game then work on your skills with other players.



### Administrative Office Holiday Hours

**Saturday, December 31, 2016**

**9am to 1pm**

**Sunday, January 1, 2017**

**9am to 1pm**

# GOLF COMMENTS FROM COREY

## PGA Head Golf Professional, Corey Pion



On behalf of myself and my entire golf staff, we would like to thank everyone for all the wonderful treats and baked goodies that we received. Your efforts have definitely fattened up my staff. Thanks again for another great year at the club!



December's 9 & Dine Winners were Barry & Marsha Voit and their partners Roy & Marty Dahl. Congratulations to those winners.

Special shout out to Andrew Grady and Tom Schuster for winning the Fall Member-Member Tournament for the third straight year. The next Member-Member Tournament is in February, so let's see if there's another team that can step up and take these two players down!

I hope that all that came to this year's Christmas Sale on December 13th & 14th, enjoyed the great specials and found some great presents to hide under the tree this year. Please remember that throughout the year you get 20 percent off of all tops, bottoms and head-wear. We can also do special orders if you find anything that you are interested in and we don't have it in your size.



### **JANUARY GOLF EVENTS**

**Couples 9 & Dine**, January 9th—3pm

**Couples 18 Hole "Jack & Jill"**

January 22—1pm

**Ladies' Day**

Tuesday at 8:30am—Shotgun Start

**Men's Day**

Wednesday at 8:30am—Shotgun Start

### **SATURDAY CLINICS**

**Adults:** Every Saturday at 10-11am  
(Please call pro shop to sign up)

**Juniors:** Every Saturday at 12-1pm  
(Please call pro shop to sign up)

### **Golf Course Reminders:**

- Range balls must be purchased before 4pm and the range closes at 5pm.
- Please wear appropriate golf attire even when practicing at the facility. Collared shirt and no denim.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- **No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.**
- Help us Keep River Strand beautiful. Please fill in divots with sand and repair your ball marks on the greens.

# GOLF TIP OF THE MONTH

## PGA Head Golf Professional, Corey Pion




1.) You want to create the most club head velocity for your shot so you want to play the ball further up in your stance just off of your left heel (for right handed golfers) and off of your right heel (for left handed golfers). 2.) To hit the ball slightly on the upswing, and 3) to swing a little faster with a bit later release. You also want to widen your stance a little more than usual; this will allow a full hip turn. Your added stability will permit you to swing with a little more force automatically, especially if your intention is to "rip it".

Another common question is how high should I tee up the ball? Best answer is about half way over the top of your driver. Newer technology has deeper faced drivers, so make sure your ball height is consistent.

If you have any questions about this please feel free to reach out to me at [cpion@theiconteam.com](mailto:cpion@theiconteam.com).



Flight winners from the Fall Member-Member: pictured left to right: Susan Hemsworth, Michelle Callaghan, Louise Caulfield, Lori Bailey, Lora Elliot, Jane Lowry, Sam Paice, Stacy Zurchin, Paul Zanat, Rich Falco, Ken Hemsworth and Mike Callaghan.



**Fred Ross, #5 Estuary  
on December 5, 2016**

**Joe Mekosh, #2 Estuary  
on December 16, 2016**

**John Drysdale, #2 Estuary  
on December 19, 2016**



Fall Men's Member Champs: Tom Schuster & Andrew Grady





# TENNIS NOTES FROM NATE

## USPTA Director of Tennis, Nate Griffin



### A look back at a few of the news stories of the 2016 River Strand Tennis Season:

January -**Griffin Tennis** makes an early smash as over 100 player participate in a county wide singles flex league, but sadly, makes an early exit! River Strand tennis staff adds **Sebastian Espinel** and **Nicole Caruso** to our tennis staff and both have been great additions to the River Strand tennis family.

April -Ladies' Tri Cities and Men's Suncoast seasons come to a close. 3.5 National Ladies' team recorded the best season of all the ladies teams, finishing in 3rd place in their respective division, captained by **Linda Tosi** and **Janice McLeod**. The highest finishing team for the River Strand men was the 70's level 5 team, with a 3rd place finish, captained by **Jim Stephenson**.

June - September -Despite the hottest recorded Florida summer ever, Court Maintenance guru **Bill Bosold** manages to repair and resurface all 8 of our har-tru clay courts (estimated 8 tons of clay added this summer!) Thanks Bill! Junior Summer Camp begins and enjoys another very successful camp, under the direction of River Strand's Tennis Pros **Scott Pothul** and **Abdul Idi**.

August -**Eric Eriksen** finishes with another #1 ranking in Florida at the Men's 4.5 singles level. Way to go EE!

September -**Tiffany Davis**, our longtime and beloved Assistant Pro bids a sad farewell with a relocation to Virginia. The club held a farewell party at the clubhouse, and it was hard to say goodbye to this absolute gem of a person and pro!

October -Welch Tennis finishes construction of court #9 and Nate and Gary found a way to strike the first few balls ever on the new court! Susan Komen event is a smashing success. Thanks to **Pat Springer** and **Pat Van Stedum** for organizing. Thanks to all the team captains, volunteers, auction donors, and participants for making this a great event!

December -River Strand Pro **Gary Coulter** racks up an estimated 500 hours on organizing Tuesday Men's Nights, Thursday Mixed Doubles Nights, and Sunday Men's Morning Play! Thanks Gary! River Strand Morning Doubles players end up playing over 300 hours of tennis in 2016! Thanks players and thanks Abdul, for organizing!

All year long -River Strand quietly has a plethora of top juniors, college players, and WTA players making their mark on the state and national tennis scene. **Tyler Zink**-made a deep run to the quarterfinals of the Boys 16 & under world renown Eddie Herr championships, **Lindsey Zink**-highly ranked in Florida Girls 14 & under, **Zach Bessette**-named conference freshman of the year at Amherst College in Massachussetts, **Meredith Jones**, highly ranked in Florida Girls 18 & under, **Anastasia Nefedova**-playing on the WTA Tour, **Mason Beiler**-highly ranked in United States boys 16 & under, **Reese and Ryan Carter**-win multiple Canadian junior tennis girls events, **Grayson Goldin**-playing at University of South Florida, **Grant Goldin**, playing at Belmont Abbey in North Carolina-**Gabriel Goldin**, playing at Florida State University. River Strand captains of USTA, Tri Cities, Suncoast, and Sunshine leagues represent our club in a great way throughout the community.

## PICKLEBALL TIP OF THE MONTH

### USPTA Director of Tennis, Nate Griffin

Stay low, stay wide! Those of you that have already played pickleball understand that the ball doesn't bounce super high. Most of the shots you will hit in pickleball will be from below your waist and often times below your knees. Doing lunges and keeping your fitness level strong is a must for an avid pickleball player. But one thing that everybody can do to improve their pickleball play, is to practice widening your stance in the ready position so that you don't have as far to go to get down to the ball as you would if you were standing too tall. This becomes increasingly important as you move up to the higher levels of play in pickleball, because the top players are able to place the ball down at your shoes to keep you from attacking a high ball.



## RIVER STRAND TENNIS PROGRAMS

### Junior Clinics (sign up at [www.makeclubreservations.com](http://www.makeclubreservations.com))

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

### Adult Clinics (sign up on [www.makeclubreservations.com](http://www.makeclubreservations.com))

Abdul's 90 minute drill and play – Tues. & Thurs. 8:00–9:30am, \$20 per class

Monday Clinic – Monday, 11:00–12:00am, \$15 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday's with Nate Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

### Adult Social Play (sign up on [www.makeclubreservations.com](http://www.makeclubreservations.com))

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:00–10:00am, cost: \$2

### TENNIS STAFF/LESSON FEES

(buy 5 Lessons, Get 1 Free)

**Director of Tennis - Nate Griffin, USPTA**

½ Hour Private: \$40 or 1 Hour Private: \$80

**Head Tennis Professional – Abdul Idi, USPTA**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Scott Pothul**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Gary Coulter**

1/2 Hour Private: \$30 or 1 Hour Private: \$60

### TENNIS PRO SHOP HOURS

Monday-Friday, 8:00am – 7:00pm

Saturday and Sunday, 8:00am – 3:00pm

Email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)

Pro Shop Phone: 941-932-8680

Signing up for the 1st time at

[www.makeclubreservations.com](http://www.makeclubreservations.com),

facility code: river1, member type: annual

COURT HOURS All days – 7am – 9:30pm



## TENNIS TIP OF THE MONTH

### USPTA Director of Tennis, Nate Griffin

#### **"Turn the doorknob for a better forehand"**

As you look at all the great forehands on the ATP and WTA tour's, they are starting to look more and more alike. This is because players and coaches are always looking to make their strokes more efficient, more consistent, more accurate, and more powerful.

This said, we can find commonalities among all the players on the tour when it comes to the forehand groundstroke drive, which is a topspin stroke. Some prepare the racquet higher than others and some are more compact and some have a longer stroke, but that is really dependent on the player's body type and playing style.

What they all do is "turn the doorknob" directly after contact with the ball. I am talking about the good old fashioned round door knobs and I am talking about turning the doorknob counter clockwise. Assuming that your grip is either "Eastern" or "Semi-Western/Western," this will allow the forearm to rotate and for the wrist to release properly through the shot. This will allow the racquet head to "flip" after contact is made so that the racquet tip will face completely opposite of where your shot was traveling to.

I've always noticed a very direct correlation to the skill levels of players when it comes to the quality of "the finish." Most club players hit at the ball and change their swing path too often to develop the proper stroke consistency that is required to reach the higher levels of play in tennis. The professionals may finish a bit differently for certain shots depending on the height of the ball at contact and what they are trying to do with the ball (cross court, down the line, sharp angles, moon balls, driving shots, arching balls, etc) but they always hit that type of shot the same way over and over and over and over.

So head out to the court and start "turning that doorknob" on all your forehand drive attempts, and do it over and over and over until you own it!

# River Strand Tennis Policies

## Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)

- All no show's to any of the events will get a written warning for 1<sup>st</sup> offense, the 2<sup>nd</sup> offense will be a 2 week suspension from club organized play.
- If you need to cancel Morning Doubles, players must cancel no later than 6:00pm the night before the event. Men's night and Mixed night players must cancel no later than 1:00pm the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

## Guest Fee Policies:

- Guest fees are \$10 per player in season (Nov 1 -April 30) and \$5 per player (May 1-Oct 31).
- House guest fees are \$5 per player, regardless of season.
- Members are responsible for reminding their guests to pay prior to play.

## Court Reservation Policies:

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.

## Ball Machine Policies:

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

## Court Rules/Etiquette:

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, midriiffs, jerseys, cargo shorts or bathing suits. Men - shirts are required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.



## Pickleball Play Open Play

### All levels Group

**Monday & Wednesday: 6:00-7:00pm**

### Intermediate-Advanced Group

**Tuesday, Thursday & Saturday: 9:00-10:00am**

### Beginner Group

**Tuesday, Thursday & Saturday: 10:00-11:00am**

Sign up at [www.makeclubreservations.com](http://www.makeclubreservations.com),  
facility code: river1, member type: annual

**Beginner Pickleball Clinic, \$10 per player**  
**Mondays: 3:30-4:30pm**

The other pickleball news is that we are having a  
pickleball paddle sale on all Gamma Pickleball Paddles  
Gamma Voltage: Was: \$110 — Now: \$77  
Gamma Atomic: Was: \$90 — Now: \$72

If you have any questions contact the Tennis Shop  
at 941-932-8680 or email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)

## UPCOMING TENNIS EVENTS

### Friday, January 13th

Kids Night Out - \$20 per child  
(tennis, pizza, movie) 5pm - 9pm

### Saturday, January 21st

Rally the Family Day  
(Grill Out, \$25 per family) 3pm - 6pm

### Saturday, January 28th

Australian Open Mixer & Lunch  
9am to 1pm

Event Sign up at  
[www.makeclubreservations.com](http://www.makeclubreservations.com)





# Elton John Tribute Show "Rocket Man"

**Tuesday & Wednesday,  
January 24 & 25, 2017**  
**\$50.00 per person**  
**(Includes Buffet Dinner)**

*Rocket Man Show has been featured at Legends In Concert, Hard Rock Live, House Of Blues, Disney, BB King's, & many more, The Rocket Man Show is the USA's #1 70's & 80's Elton John Tribute and sets the standard for world-class entertainment.*

*It's the biggest, most flamboyant Elton tribute in the USA. Many of the costumes were owned by Elton and they are GORGEOUS! It is an intense, sincere and magical musical journey. Audiences laugh, cry, sing and dance - not always in that order, whilst having a blast of energy recalling the highs & lows of Elton's career. There are ballads & driving rock songs. It is a trip down the yellow brick road and more!*



## Dinner Buffet

**Mixed Green Salad & Assorted Dressings**

**Seafood Pasta**

**Root Vegetable Au Gratin**

**Corvina Provençal**

**Pan Roasted Airline Chicken with Sundried Tomato Cream Sauce**

**Toffee Crunch Blondie, Apple Crumb Cake, Lemon Bar**

**Tickets On Sale Now at the Grille Room Bar**  
**or call 941-708-3837**

# WENDY'S WORLD OF FOOD

## Wendy Wallis, Food & Beverage Manager

We are excited to bring a fantastic variety of Friday night entertainment in 2017! Due to Member request the entertainment will be re-located in the dining room. Here is the lineup for the month of January:

- Friday, January 6th Latraya Savage
- Friday, January 13th Sarah Combs
- Friday, January 20th Broadway Baby
- Friday, January 27th Vida Loves Donnie

Our heartfelt thanks go out to all the residents who contributed to the River Strand Holiday Fund. Staff members you rarely see, the dishwashers, the golf course maintenance crew, pantry and grill cooks and many more, enjoyed a special holiday with their spouses and children because of your overwhelming generosity. All of the employees at The Club value their positions and strive during inclement weather, late nights, before dawn mornings and holiday celebrations to insure members and guests enjoy the beautiful surroundings and amenities offered in this very special place. We thank and appreciate all of you.

**ROCKETMAN!!** Two consecutive nights of the most amazing show ever seen at River Strand!

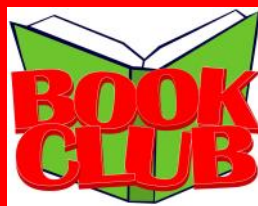
Celebrate Valentine's Day at River Strand. In February, we will host two evenings of love! Join us Saturday and Tuesday nights February 11<sup>th</sup> and 14<sup>th</sup> for dinner and dancing. Chef has created a prix fixe dinner menu with your choice of appetizer, second course and entrée, followed by a dessert to share. By member request, enjoy the always popular Vida Loves Donnie Duo. Reservations a must to secure your table on these sure-to-be-sold-out nights!

# RENZE'S MAINTENANCE REPORT

## Renze Berg, GCSA

We have had some unusually dry, warm weather recently, which is good for growing conditions, but rough on flowers and other plantings. We have replaced a few dozen plants and will continue to monitor the situation throughout the winter. In addition, we are addressing bunkers that need additional sand and pulling out exposed liner on a weekly basis.

The next area we are planning to trim on the course is near the #1 Estuary tee. We plan trim the vegetation so that you will be able to have a better line of sight to the red tee area. We have fertilized all three courses this month and will continue to apply a liquid fertilizer every other week, so we can give the turf grass every chance to thrive with all the traffic it receives from 300 plus rounds of golf a day being played in season. My staff and I want to thank all of you for your donations to the Employee Christmas Fund, it was very much appreciated. Enjoy this beautiful weather and golf course.



Interested in starting a new book club for "snowbirds"? If you are please contact Janice States at [statesjanice@icloud.com](mailto:statesjanice@icloud.com)



Are you looking for some fellow euchre players? We are! Please contact Rosie Farrell by email at [rosiefarrell@charter.net](mailto:rosiefarrell@charter.net)

# COMMUNITY LANDSCAPE UPDATE

**Llomell Llorca, President & CEO, TruScapes Industries, Inc.**

We'd like to welcome you to our first news article of 2017 as we are hot for the cold winter. As we commence what we Floridians consider the peak of our winter season, January and February, our team is mindful of the threats this time of the year poses to the plants when servicing your properties to prevent plant and turf damage, should we be impacted by a freeze.

During this first quarter (January – March) you will notice we will continue mowing every-other-week not only because your turf is growing at a slower rate but because we want to leave enough turf tissue should we experience a freeze. In doing so should a freeze occur at some point only the top layer of turf will be affected and damaged by the small layer of ice allowing the roots to stay healthy and unaffected helping our turf areas bounce back in color and overall appearance as quickly as possible and ultimately prevent turf loss due to freeze damage.

We will begin bed edging every-other-mowing event, this keeps ornamental beds from growing larger and keep the garden bed size pleasant to the eyes. Our ornamental bed weed crews will continue to keep the undesired ornamental bed weeds under control using minimal chemistry as the cooler temperatures will retard the weed development and the recently applied mulch will serve as a barrier and help us suppress the weed population.

As with the turf, ornamental bed pruning is kept light and to a minimum as recommended by the University of Florida for this time of year. This practice will help protect and keep the plants warm during the cold nights expected ahead. In the second quarter news article we will communicate what our goal is regarding the rejuvenation pruning and removal of excessive vegetation during that season.

Please do expect for yellow and brown fronds to be cut off and removed from palms below the height of 15' during our pruning visits, we want to make sure we keep the community looking fresh for everyone to enjoy even post holidays. Our irrigation crews will be performing their monthly irrigation inspections and cleaning the irrigation filter cartridges. During the months of January and February we do our best to maintain irrigation watering to a minimum so don't be surprised if you notice the system run a day less per week or for a shorter periods of time. With cooler weather approaching the supplemental irrigation water is not needed as much and many local municipalities even launch campaigns like "skip-a-week" this is suggesting that homeowners and contractors, like us, skip one week of irrigation water during these cooler months. Overwatering can be just as bad as under watering as many of us already know. If we saturate or lawns and ornamentals with water, we open the window to undesired aquatic weeds and increase the possibility of fungus which can result in plant/turf loss due to the lack of oxygen to the roots, which we want to avoid.

In preparation for this possible threat, our lawn and ornamental pest control department will be making necessary fungicide applications and selective weed control applications. The fertilization department will start preparations for ornamental bed fertilization and prepare your plants nutritionally during February for the month of March when temperatures start to creep up and nutrition uptake increases.

In the meantime, for homeowners that like to add a splash of color to their landscape during this season which is lacking in colorful bloom, as we normally would see in the spring months, you may wish to add annual flowers to your landscaping. Consider installing Geraniums, they love the cool weather and come in all kinds of colors. Pansies and Petunias are another good choice of flower but keep in mind annuals are delicate and they may need to be protected from a potential freeze with landscape freeze blankets. This will keep them out of harm's way and prevent cold damage. We wish all of the residents a Happy New Year and want to thank everyone for allowing us to service their property with love and compassion yet another season.










# FOOD & BEVERAGE CALENDAR

## JANUARY 2017



Dinner Reservations Accepted from 5:30pm to 8:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Lunch 11am-5pm Bar 11am-5pm</p> <p><b>Bring on the NEW YEAR!</b></p>	<p>2</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>3</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>4</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p></p>	<p>5</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>6</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p>Live Entertainment 6:30pm - 8:30pm</p>	<p>7</p> <p>Lunch 11am-4:30pm Bar 11am-7pm</p>
<p>8</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>9</p> <p>Lunch 11am-5pm Bar 11am-7pm</p> <p><b>Couples 9 &amp; Dine Golf Outing 3pm</b></p>	<p>10</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>11</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p></p>	<p>12</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>13</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p>Live Entertainment 6:30pm - 8:30pm</p>	<p>14</p> <p>Lunch 11am-5pm Dinner 5:30pm-8pm</p> <p><b>Saturday Night Dinner Service Returns</b></p>
<p>15</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>16</p> <p>Lunch 11am-5pm Bar 11am-7pm</p> <p><b>Town Hall Meeting 6pm</b></p> <p></p>	<p>17</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>18</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p></p>	<p>19</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>20</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p>Live Entertainment 6:30pm - 8:30pm</p>	<p>21</p> <p>Lunch 11am-5pm Dinner 5:30pm-8pm</p>
<p>22</p> <p>Lunch 11am-5pm Bar 11am-7pm</p> <p><b>Couples 18 Hole Jack &amp; Jill Golf Outing 1pm</b></p>	<p>23</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>24</p> <p>Lunch 11am-4:30pm <b>Rocket Man Buffet Dinner 6:00pm-9:30pm</b> Reservations Required (No Regular Dinner Menu)</p>	<p>25</p> <p>Lunch 11am-4:30pm <b>Rocket Man Buffet Dinner 6:00pm-9:30pm</b> Reservations Required (No Regular Dinner Menu)</p>	<p>26</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p>27</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p> <p>Live Entertainment 6:30pm - 8:30pm</p>	<p>28</p> <p>Lunch 11am-5pm Dinner 5:30pm-8pm</p>
<p>29</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>30</p> <p>Lunch 11am-5pm Bar 11am-7pm</p>	<p>31</p> <p>Lunch 11am-4:30pm Dinner 5:30pm-8pm</p>	<p><b>BLUE PLATE SPECIAL</b> EVERY WEDNESDAY NIGHT \$11.95++</p> <p>See Page 19 for a complete listing for the Month of January</p>			



Have you ever seen an unfamiliar bird here at River Strand and wondered, "What IS that?" If so, you are invited to attend this presentation on bird recognition.



## The Birds of River Strand

Wednesday, January 11, 2017 2:00 PM  
at the COMMUNITY CENTER



Many of the birds we have in our community will be identified and some simple tips and a handout to help identify unfamiliar birds will be provided.

The presenter is River Strand Resident, Mattie Watson, who has identified 64 birds here in River Strand and Heritage Harbour.

## Slow Roasted Prime Rib Every Friday Night in January



### Prime Rib Special

10 oz. - \$25.95++ or 12 oz. - \$29.95++

Includes your choice of:

Caesar or House Salad, Whipped or Baked  
Potato & Fresh Vegetable du Jour

**Call 941-708-3837 for Reservations**

RUSSIAN NATIONAL BALLET THEATRE PERFORMS  
"SWAN LAKE"



**TUESDAY, FEBRUARY 28TH**

**AT THE VAN WEZEL PERFORMING ARTS HALL  
\$100 PER PERSON**

MATTISON'S DINNER BUFFET AT 6:15PM AND THE BALLET STARTS AT 8:00PM. THERE WILL BE A COACH BUS LEAVING FROM THE CLUBHOUSE TO THE EVENT AT 5:30PM. ALL TAXES AND GRATUITIES ARE INCLUDED. ANY ALCOHOLIC BEVERAGES ARE NOT INCLUDED.

**CALL (941) 708-3837 TO MAKE RESERVATIONS  
OR EMAIL LHOPPE@THEICONTEAM.COM**

Presented By FLORIDA HOSPITAL

YOU'RE INVITED TO  
**RIVER STRAND GOLF AND  
COUNTRY CLUB NIGHT**

WITH THE TAMPA BAY LIGHTNING



VS



**TUE, FEB 21 | 7:30 PM**

Join the RiverStrand Golf and Country Club Community when the Tampa Bay Lightning welcome the Edmonton Oilers to town.

We will enjoy the game from the Verizon Loft that includes an All You Can Eat Buffet along with beer, wine and soda.

**Ticket and Bus Ride: \$160.00**

Bus departs at River Strand at 5:00pm Sharp!

To purchase your tickets please contact the Administrative Office at 941.708.3837 or email Lori Hoppe at [lhoppe@theiconteam.com](mailto:lhoppe@theiconteam.com)

TampaBayLightning.com | BE THE THUNDER |

77 VICTOR HEDMAN



# FITNESS & SOCIAL CALENDAR

## JANUARY 2017



\*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 <u>Golf Yoga</u> 9:30am <u>Bridge</u> 9:30am <u>Mah jongg</u> 6pm*	3 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:30am <u>Texas Hold-Em</u> 5:20pm*	4 <u>Fit 4 Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Zumba Tone/Step</u> 10:30am <u>Chicks and Flicks</u> 12pm <u>Line Dancing</u> 2pm <u>Neighborhood Watch</u> 3pm <u>Mixed Bridge</u> 5:30pm*	5 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Stretching</u> 9am <u>Book Club</u> 5:30pm* <u>Veterans</u> 6:30pm	6 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Fiber Arts Club</u> 2pm* <u>New Member Orientation</u> 2pm	7 <u>RS Striders Walking Club</u> 9am - Pavilion <u>Mommy &amp; Me Fitness</u> 9:30am <u>Golf Yoga</u> 11:15am
8	9 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Mah jongg</u> 6pm*	10 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bible Study</u> 10am* <u>Bands &amp; Butts</u> 10:30am <u>Zumba-Aqua</u> 10:30am <u>RSCCC</u> 4:30pm <u>Texas Hold-Em</u> 5:20pm*	11 <u>Fit 4 Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Fused Glass Jewelry Workshop</u> 10am <u>Zumba Tone/Step</u> 10:30am <u>Birds of River Strand</u> 2pm* <u>Line Dancing</u> 2pm <u>Mixed Bridge</u> 5:30pm*	12 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Stretching</u> 9am <u>Bands &amp; Butts</u> 10:30am <u>Yoga</u> 4pm	13 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Tennis Kids</u> <u>Night Out</u> 5pm	14 <u>RS Striders Walking Club</u> 9am - Pavilion <u>Golf Yoga</u> 11:15am
15 <u>Girls Night Out</u> 6pm*	16 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Mah jongg</u> 6pm*  <u>Town Hall Meeting</u> 6pm	17 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bible Study</u> 10am* <u>Bands &amp; Butts</u> 10:30am <u>Zumba-Aqua</u> 10:30am <u>Texas Hold-Em</u> 5:20pm*	18 <u>Fit 4 Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Fitness 101</u> 10am* <u>Zumba Tone/Step</u> 10:30am <u>Line Dancing</u> 2pm <u>Mixed Bridge</u> 5:30pm*	19 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Stretching</u> 9am <u>BUNCO</u> 9:30am <u>Bands &amp; Butts</u> 10:30am <u>Yoga</u> 4pm <u>Book Club</u> 5:30pm*	20 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am <u>Fiber Arts Club</u> 2pm*	21 <u>RS Striders Walking Club</u> 9am - Pavilion <u>Mommy &amp; Me Fitness</u> 9:30am <u>Tennis Rally the Family Day</u> 3pm <u>Golf Yoga</u> 11:15am
22	23 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Mah jongg</u> 6pm*	24 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bible Study</u> 10am* <u>Bands &amp; Butts</u> 10:30am <u>Zumba-Aqua</u> 10:30am <u>Texas Hold-Em</u> 5:20pm*	25 <u>Fit 4 Life</u> 8am <u>Mah jongg</u> 9am* <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Zumba Tone/Step</u> 10:30am <u>Line Dancing</u> 2pm <u>Mixed Bridge</u> 5:30pm*	26 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bands &amp; Butts</u> 10:30am <u>Yoga</u> 4pm <u>Budget &amp; Finance Committee</u> 6:30pm*	27 <u>Yoga</u> 9am <u>Bridge</u> 9:30am <u>Zumba-Aqua</u> 10:30am	28 <u>RS Striders Walking Club</u> 9am - Pavilion <u>Australian Open Mixer</u> 9am <u>Golf Yoga</u> 11:15am
29	30 <u>Fit 4 Life</u> 8am <u>Aqua Fit</u> 9:15am <u>Golf Yoga</u> 9:30am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Mah jongg</u> 6pm*	31 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Bible Study</u> 10am* <u>Bands &amp; Butts</u> 10:30am <u>Zumba-Aqua</u> 10:30am <u>Texas Hold-Em</u> 5:20pm*				
						





# January Fitness and Social Activities

## FITNESS

AQUA FIT:	9:15am on Monday & Wednesday at the Clubhouse Pool. Classes are \$7.
BANDS & BUTTS:	10:30am on Tuesday & Thursday at the Clubhouse Fitness Room. Bands & Butts is a full body strength training for a stronger, leaner, fit body. Classes are \$10.
FIT 4 LIFE:	8:00am on Monday & Wednesday in the Clubhouse Fitness Room. Classes are \$7.
FITNESS 101:	10:00am on Wednesday, January 18th in the Community Center fitness room. Learn the Basics of Exercise. See page 19 for more information.
GOLF YOGA	9:30am on Monday & Wednesday. 11:15am on Saturday in the Clubhouse Fitness Room. Classes are \$15. <b>(Attendees must register in advance at <a href="mailto:sagejohnson@comcast.net">sagejohnson@comcast.net</a>)</b>
MOMMY & ME FITNESS:	9:30am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.
LINE DANCING:	2pm on Wednesday in the Clubhouse Fitness Room. Classes are \$5.
RIVER STRAND STRIDERS:	9:00am on Tuesday, Thursday & Saturday at the Pavilion in Central Park.
TAI-CHI:	9:00am on Tuesday & Thursday at the Pavilion in Central Park. Classes are \$5.
YOGA:	4:00pm on Thursday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome.
YOGA STREACHING:	9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. <b>Class will not meet January 26th to February 9th.</b>
ZUMBA:	10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.
ZUMBA-AQUA :	10:30am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.
ZUMBA TONING/STEP MIX:	10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

## SOCIAL

BEGINNER MAH JONGG:	6:00pm till 8:00pm on Monday. Group meets at the Community Center. Call Kathy Martin at 719-238-9964 if you have questions.
BIBLE STUDY:	10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.
BOOK CLUBS:	5:30pm-8:00pm at the Community Center meets first Thursday of the month. (Full) 5:30pm-8:00pm at the Community Center meets third Thursday of the month. (Full)
BRIDGE:	9:30am on Monday & Friday. Group will play at the Clubhouse.
BUNCO:	9:30am on the third Thursday of the month in the Clubhouse Card Room.
CHICKS AND FLICKS:	First Wednesday of every month. This month Wednesday, January 4th meet at Seasons 52 at Noon followed by a movie of your choice. See page 2 for more information.
FIBER ARTS CLUB:	2:00pm-4:00pm at the Community Center meets first, third & Fifth (if possible) Friday of the month. All are welcome: Knitters, Crocheters, Quilters ect. <b>If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.</b>
GIRLS' NIGHT OUT:	6:00pm on the third Sunday of the month at the Community Center. See flyer on page 19 for more information.
GOLF COMMITTEE MEETING:	Will meet on an as needed basis in the Clubhouse Conference Room.
LADIES MAH JONGG:	9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 or <a href="mailto:gmonnell@tampabay.rr.com">gmonnell@tampabay.rr.com</a> .
MIXED BRIDGE:	5:30pm on Wednesday. Group will play at the Community Center.
NEIGHBORHOOD WATCH:	3:00pm at the Community Center on the first Wednesday of the month.
RIVER STRAND TRANSITION	
BUDGET & FINANCE COMMITTEE:	6:30pm on the fourth Thursday of the month in the Community Center.
RSCCC MEETING:	4:30pm on second Tuesday of the month in the Clubhouse Conference Room.
TEXAS HOLD-'EM:	5:20pm-8:00pm on Tuesday. Group will play at the Community Center.
VETERANS NETWORK:	6:30pm on the first Thursday of the month in the Clubhouse Conference Room.





## TOP FIVE NEW YEARS RESOLUTIONS FOR 2017

1. ENJOY LIFE TO THE FULLEST
2. TREAT OTHERS AS YOU YOURSELF WOULD EXPECT TO BE TREATED
3. LIVE A HEALTHIER LIFESTYLE
4. LOSE WEIGHT
5. SPEND MORE TIME WITH FAMILY AND FRIENDS

**IMPORTANT  
ANNOUNCEMENT !**

**IMPORTANT  
ANNOUNCEMENT !**

**IMPORTANT  
ANNOUNCEMENT !**

**IMPORTANT  
ANNOUNCEMENT !**

In a previous River Strand Newsletter, an announcement was posted regarding a change in policy respective to the food minimum at River Strand. The newsletter stated that the end date for use of your food minimum was being moved.

### **KEY POINTS FOR RESIDENT TO KNOW REGARDING THE CHANGE IN POLICY FOR THE FOOD MINIMUM**

- If you have not used all of your required food minimum for 2016 by December 31, 2016, your remaining balance for 2016 will need to be used by March 31, 2017.
- All River Strand resident accounts will have a one time food minimum of \$125, that covers the 1st quarter (Jan.– March 2017). This minimum should be used by March 31, 2017.
- If there is a food minimum balance remaining from either 2016 or the 1st quarter of 2017, that remaining balance will be charged to the unit owners account on March 31, 2017.
- The new food minimum requirement of \$500 will run from April 1, 2017 thru March 31, 2018.



# River Strand Golf and Country Club Annual Charity Event "Let's Have a Ball"



Events Begin on March 10, 2017

**All River Strand Residents and Guests are Welcome!**

Hole  
In  
One  
Contest

**Proceeds Benefit  
The Food Bank of Manatee  
and  
Hope Family Services**

Putting  
Contest

**March 10th Thru 15th, 2017**

Friday thru Sunday: Preliminary rounds for Hole-In-One  
and Putting Contests

Monday: Playoffs for Hole-In-One and Putting Contests

Monday 5-7 P.M. Live and Silent Auctions

Tuesday: Women's Golf Tournament

Wednesday: Men's Golf Tournament

**Hole-In-One Prize: New Custom Golf Cart!!!**



*Shhhhh!!!*

*Sneak peak at sample auction items.....*

*\*\*\*Private Parking Space by the Clubhouse\*\*\**

*\*\*\*Fairmont Hotel Certificate\*\*\**

*\*\*\*Benderson 2017 World Rowing Gift Basket\*\*\**

**Mulligans!!**

Buy a golf shot  
from a pro!





### River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

### Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

### Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

### River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm -8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

## INTERESTED IN JOINING NEW CARD GAME GROUP??

**"May I?" is an amusing and sociable card game. Technically, it's a form of Progressive Rummy (you make sets and runs). In practice it's a fun and rewarding way to spend a couple of hours on a game that is easy to learn and where success depends on a good balance of skill and luck.**

**We will be starting a social "May I?" group on Wednesday's from 2:00pm to 4:30pm beginning January 4th at the Community Center. If anyone is interested in joining, or just have a question, please email at [walsh.elaine@outlook.com](mailto:walsh.elaine@outlook.com)**

## TRANSITION COMMITTEE CHAIRMAN INFORMATION

<u>Committee Name</u>	<u>Chairman</u>
Food & Beverage	Phil Lahm
Email address:	<a href="mailto:philclahm@gmail.com">philclahm@gmail.com</a>
Meetings held on a as Needed Basis.	

Tennis	Janice McLeod
Email address:	<a href="mailto:janicebmmcleod@gmail.com">janicebmmcleod@gmail.com</a>
Meetings held on a as Needed Basis.	

Golf	Chuck Glasser
Email Address:	<a href="mailto:caglasser@aol.com">caglasser@aol.com</a>
Meetings held on a as Needed Basis.	

Property Management	Eddie Hicks
Email Address:	<a href="mailto:jeh0100@aol.com">jeh0100@aol.com</a>
Meetings held on a as Needed Basis.	

Budget/Financing	Bill Moritz
Email Address:	<a href="mailto:number1nole23@gmail.com">number1nole23@gmail.com</a>
Meetings held on the 4th Thursday of the Month at 6:30pm in the Community Center.	

Compliance	Bob Walsh
Email Address:	<a href="mailto:RTW967@gmail.com">RTW967@gmail.com</a>
Meetings held on the 2nd Tuesday of the Month at 4:30pm in the Clubhouse Conference Room.	

**BLUE PLATE SPECIAL**

EVERY WEDNESDAY NIGHT \$11.95++

**January Specials**January 4th -  
Country Fried SteakJanuary 11th -  
Spaghetti & MeatballsJanuary 18th -  
Fried Chicken**FITNESS  
101****Learn the Basics**

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

**EQUIPMENT 101**

Wednesday, January 18th at 10:00am

Fitness Room at the Community Center

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.

Hand Weight

Barbell

Weighted Ball

Foam Roller

Stability Ball

Bosu Ball

Ab Roller

Bands

Kettlebell

Elliptical

Treadmill

Recumbent Bike

Leg Press

Stretch Cage

Abdominal

Hip Abductor/Adductor

Leg Extension

Seated Leg Curl

Lat Pull

Overhead Press

Chest Press

**Food & Beverage News****Member Charge Accounts:**

To insure accurate billing and application of your food minimum, please present your member identification card at all outlets, when charging to your member account.

Thank you!

**Girl's Night Out**

Sunday, January 15th

6pm to 9pm

Community Center

6835 Willowshire Way



Please bring six one dollar bills for a variety of games.

Bring a hearty appetizer or small covered dish to share and a drink of choice, if desired. Water and tea are provided.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!



October Girl's Night Out Event.



## River Strand Christmas Golf Cart Parade



Winners of the Holiday Golf Cart Parade: First Place, The Aiello Family. There was a tie between 2<sup>nd</sup> & 3<sup>rd</sup>, Bonnie and Ron Dubin & Jayne and Tim Healy.



## Club Connections

Lifestyle Director, Lori Hoppe

### Welcome to our newest members!

Stop by the Conference Room at the clubhouse for our New Member Orientation.

These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on January 6th.

Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

Edd & Rebecca Dean
Roger & Mary Ann Godin
Richard & Mary Myers
Robert & Karen Feldman
Dawn Hoaglund
Jim Washburn/ Colleen Fitzgerald
Robert Hatzmann & Christine Rizo-Darran
Michael & Terri Kingsley
Charlene & Linda Lemon-Steiner
Daniel & Shannon Clark
Richard & Mary Buono
Jim & Cath Van Natta
Daniel & Helene Miron
Anthony Hutchinson & Anne Stepnick
John & Susan Torrence
Robert Stihler & Nancy Kuncis
Jay & Kim Rabideau
Patricia Wood
Rosalie Cuozzo
Lisa & James Lacey
James & Stephanie Fox
Leslie & Jane Muranyi
Marcio & Renata Imperiale
Louis & Kay Eyermann
Celeste Miller & Frank Rabsatt
Randolph & Judy Rines
Edward & Lori Tompkins
Edward & Mary Ann Kopp
Peter & Lori Hudson
Robert & Deborah Menzel
Michael & Janis Egan Family Trust
Nelida Alvarez
Anne Hamrick



# STRAND POND REPORT

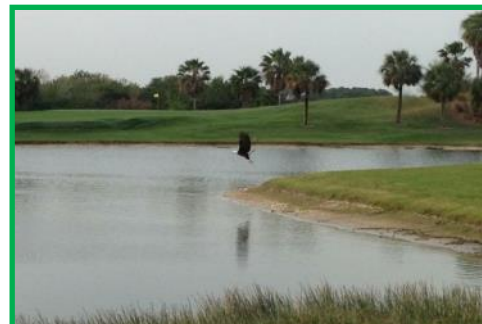
George Colbath, Biologist, Pond Professional, LLC

We at Pond Professional, LLC hope everyone had a wonderful holiday season! As we get ready for the New Year, I would like to reach out to every homeowner be aware of what to expect from our retention ponds for the coming year.

We are currently in dry winter months and will have low water and some bare banks for the next couple of months. 2016 saw record high temperatures every month of the year and this winter is no different. As some of the littoral areas dry up, you can expect some increase in algae in these low lying planted areas until they dry up completely. Aggressively treating within the littoral shelves can be minimal in order to not overly stress the beneficial plantings. As next spring approaches, be wary of alligator mating season which begins in the spring and goes through June. Some of the littoral areas may become nesting ground for mature breeding females. Please be cautious with small dogs and small children. Also, DO NOT feed alligators as this can cause them to lose their fear of humans.

As construction also nears completion, established preserve and pond littoral areas have seen a drastic increase in wildlife such as Sandhill Cranes, Bald Eagles, Water Fowl and other aquatic animals. Please do not consume fish caught or swim in the "retention ponds" as the high water temperatures and street runoff can lead to a higher risk of Giardia, and other water borne illnesses.

For further questions, please feel free to contact us at (941)447-6030 or support@PondProsFL.com. You may also contact Florida Fish and Wildlife Nuisance Alligator Hotline @ 866-FWC-GATOR (866-353-4286).



Thank You & Happy Holidays

The Staff of River Strand Golf & Country Club would like to extended a huge Thank You to all the Members who contributed to the River Strand Employee Holiday Fund. Many staff members enjoyed a special holiday with their families because of your extra generosity this holiday season. We appreciate it greatly!



**3rd Annual Texas Hold 'em Tournament**  
**At River Strand Country Club**  
**Saturday, February 25, 2017 4:30 PM 'til**  
**Finished (Buffet 4:30 till 5:30 PM)**

**\$80.00\* per person Cash Only, No Refunds**

**Limited to 80 Players Maximum**

**Members only until Jan. 30th, 2017 – then extended**  
**to Member's Guests.**

**\*Includes Buffet Dinner**

(Mixed Green Salad with Choice of Ranch or Balsamic Vinaigrette, Caesar Salad, Warm Rolls, Oven Roasted Turkey Breast with Herbed Bread Stuffing and Natural Gravy on the Side, Old Fashioned Style Meatloaf with Mushroom Demi Glaze on the Side, Whipped Potatoes, Fresh Green Beans, Iced Tea, Coffee and Soft Drinks, Assorted Cookie Platter Served to Each Table)

**Registration must be paid in full no later than Tuesday,**  
**February 7, 2017**

(Additional dinners for non-tournament players friends and spouses \$30.00 each – includes taxes, tip and unlimited soft drinks) **Get your tickets Tuesday Night Jan., 3, 2017 in the New Community Center from 4:30 PM till 5:15 PM – Once 80 Tickets are sold the event is Sold Out! You are not registered until you pay!**

# RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail  
Bradenton, FL 34212  
941-708-3837 Phone  
941-708-3785 Fax  
[www.riverstrandgolf.com](http://www.riverstrandgolf.com)

Lennar Customer Care  
866-226-4057

Icon Management Services  
941-747-7261 Phone  
941-526-3283 After Hours

Clubhouse General Office  
Mon-Fri, 9:00am-5:00pm  
Phone: 941-708-3837

Golf Shop  
Every Day, 6:00am-6:00pm  
Phone: 941-708-3617

Tennis Shop  
Monday-Friday, 8:00 am-7:00 pm  
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room  
941-932-8667  
Check calendar for seasonal hours of operation.

Swimming Pools  
Open from dawn until dusk.

Gate Attendant  
Phone: 941-746-2167 (gatehouse)  
E-Mail: [gatehouse@riverstrandgolf.com](mailto:gatehouse@riverstrandgolf.com)  
Envera (Gate Company): 941-556-0732 (24-hours)  
Nightly Security Patrol: 941-549-9637

Community Association Managers  
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Lifestyle Director  
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