The Strand January 2018

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your Clubhouse and Community

All the News from River Strand Golf & Country Club



COMMUNITY MATTERS

Shaun Fitzer, LCAM

Our new system for processing your quarterly dues to River Strand is now active.

There is a link on the www.riverstrandgolf.com website to log into your account to make payments, sign up for automatic payment, and to view the details of the balance of your account.

For those of you with single family homes a new link has been added to the website to allow you to directly communicate issues to the landscape company – this would be limited to only those items which the association is responsible such as irrigation, weeding, lawn and shrub issues.

The new links for both of these items in located on the right side of the page below the scrolling news section.

New procedures are being implemented to help secure the community. Owners are requested to utilize the ENVERA guest list for all people coming to visit you. Club members are required to hand their club card to the guard for verification. Only cards which are active to access the amenities will function to allow access.

Covenants enforcement, these are the rules which all owners agreed to abide by when you purchased your home. The rule for renting your property regardless if you are transferring your membership rights is that notice must be provided to the office 15 days prior to the lease starting, and that the term of the lease is not be for less than 30 days (exceptions made for the month of February). Homeowners have been caught breaking this rule and fines have been levied and the right to use the common areas will be suspended for offenders. We are utilizing the gate system and booking reservations through the internet to catch owners who are violating these rules.

The next Architectural review meeting will be held on the 23rd of January. All applications must be received by January 10th in order to be considered at this meeting.

New Clubhouse Rules Effective June 1, 2017

DRESS CODE:

- 1. At all times, bathing attire, bare feet, and profanity and/or sexual images on clothing are not allowed in the Clubhouse.
- 2. In the Clubhouse dining areas, cut-offs, sleeveless shirts on men, ripped clothing, and exposed midriffs are not allowed at any time.
- 3. After 5:00 pm in the main dining room, gentlemen must wear shirts with collars or turtlenecks, and pants or dress/Bermuda style shorts; women and children should be similarly appropriately attired. No baseball style hats or visors, beach type flip-flops, cargo pants/shorts, tank-tops, or tee-shirts are allowed.
- **4.** Going "shirtless" while exercising in the fitness centers is not allowed, everyone should be properly attired.

SMOKING

Smoking is prohibited in all enclosed areas of the Club, including, but not limited to, the clubhouse, fitness centers, golf shop, tennis shop and restrooms. Smoking is also prohibited inside all fenced pool areas, tennis courts, golf practice facilities, and is discouraged on the golf course and Common areas. Smoking is not permitted within fifty (50) feet of any building entrance. Smoking in this context includes vaporizers, or other such electronic cigarettes.

CELL PHONES:

Talking on a cell phone is not permitted in the Dining Room, Grill Room and Card Room and is discouraged on the golf course. Exception to this policy will be for emergency phone calls only. Please be considerate of others when using your cell phone.

Chicks And Flicks



Wednesday, January 17th at Noon
PLEASE NOTE THE CHANGE IN DATE
JUST FOR THIS MONTH

Meet at Rosedale Country Club 5100 87th Street East, Bradenton, FL 34211

New Faces & Friends are Always Welcome!

Meet & Mingle with your River Strand Neighbors & Friends
at Lunch and Select a Movie from Currently Playing Titles
or Simply Enjoy Lunch with the Ladies.

Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month.

R\$VP to aduncan@theiconteam.com by

Monday, January 12th.





The December Luncheon at Polo Grille

FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup in the dining room for the month of January - Entertainment is from 6:00pm - 9:00pm

January 5th - Eva Sevcikovi Adams January 12th - Sara Combs January 19th – Felecia Gilgeous January 26th -Skyway

NEW RESTAURANT HOURS OF OPERATION

Tuesday - Friday Lunch Menu 11:00am to 3:30pm | Bar Menu Only 3:30pm to 4:30pm | Dinner Menu/Bar Menu 4:30pm to 8:00pm Saturday & Monday Lunch Menu/Bar Menu 11:00am to 5:00pm Sunday Brunch Menu 10:00am to 2:00pm | Bar Menu 2:00pm to 5:00pm Dinner Take Out Orders 4:30pm to 6:00pm ONLY

HAPPY HOUR POLICY CHANGE

As of January 1st, 2018, the current Happy Hour policy of, two for one drinks, will be modified to River Strand single pricing all day.

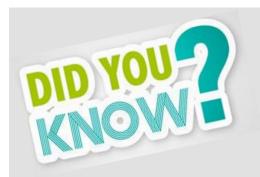
Our current Happy Hour is, two for one well drink, select draft beer and house wine from 11am to 7pm, excluding holidays and special events.

Modification:

River Strand single pricing on well drinks, select draft beer and house wine all day, 11am to close. All well drinks, select draft beer and house wines will increase .50 plus tax & Gratuity off current pricing, to off-set the increased times of new pricing. Additionally, there will be a special priced wine, beer and spirit for each month to increase variety in our offerings.

Rationalizations:

Liability issues, exposed by our insurance carrier with the 2 for 1 policy. Simplicity and less confusion for residents and staff with current policy. Reduction in the last-minute rush at the current end of Happy Hour at 7pm. The increase in pricing is to offset the price reduction for drinks after 7pm from currently full price, to new low pricing.



Rental/Lease Homeowners:

Your Transfer/Guest Form and Rental Lease signed by both parties must be submitted 15 days prior to your tenants arrival. This allows the staff to prepare in advance of the tenants arrival.

GOLF COMMENTS FROM AARON

Director of Golf, Aaron Merritt

Happy New Year and thank you for the warm welcome received as I onboarded this month as the new PGA, Director of Golf! It's been a great pleasure joining the community, meeting many of you, and working with the Golf Staff. It's a busy place and a large membership. For those of you I haven't yet met, please stop by and say hello. For everyone I've met multiple times, please forgive me and be patient as I continue learning everyone's name and face.

My family (wife - Kristin, daughter – Sofia, age 11, son – Cole, age 9), and I, are relocating from the Jacksonville area, at Amelia Island. We're all extremely excited to make the Gulf Coast our new home! I'm thrilled and honored to be here and really looking forward to getting to know each of you and working together to enhance the membership experience.

I've been a career Golf Professional for nearly 20 years and have had the opportunity to work with some of the finest instructor's in the industry. I've had the privilege of working at one of the Top 10 Golf School's in the country, and have worked closely with the PGA Tour, as the host Professional for multiple events. All of these experiences have provided me the essential knowledge about the proper fundamentals of an efficient swing and how to successfully teach it.

For those players whose New Year's resolution, is to "Play Better Golf", I'm extending a BOGO (Buy one (1) Hour Lesson – get one (1) Hour Lesson FREE) for the month of January. In addition, all of my sessions come with a satisfaction guaranteed commitment and hope you can find time to take advantage of this New Year savings!

On another note, I always like to include Major event results and some key reminders as we start the golf season. Please see some important notices below.

TOURNAMENT RESULTS:

Congratulations to this year's Fall Member/Member, Champions! Ladies Division – Lora Elliott & Sam Paice Men's Division – John Taylor & Jack McCauley

SPECIAL REMINDERS:

2017 Annual Golf Shop "Credit Book" balances, expire - March 31, 2018
All guest names should be provided to the Welcome & Security Gate prior to tee time arrival
Annual Locker Room / GHIN Handicap Service / Club Storage, FEES - should be paid by January
15, 2018

2018 Interclub Opportunities (Contact the Associations below or myself for more details)
Ladies – Hosted by Gulf Coast Women's Golf Association (GCWGA)
Men – Hosted by the Florida State Golf Association (FSGA)

See you on the links!

Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436

Ladies Golf Association

The River Strand Ladies Golf Association had an exciting month of December. One highlight was the 9 Hole Holiday Scramble that was held on December 12, 2017. Both our 18 and 9 Hole leagues had the chance to play and compete together as one group.

Congratulations to our winners from the Sanctuary flight: Monique Patenaude, Kathy Greenbank, Michelle Kailer and Ann Morgado.

Congratulations to our winners from the Tributary flight: Beatriz Niemeyer, Paula Baglole and Norma Waisanen.



Coming up in January...

The Ladies Leagues very own Solheim Cup style tournament called the "Can/Am Cup" will be held on Tuesday, January 16, 2018. Last year, the American team won by just 1 point. Let's see if the International team has what it takes to take the cup this year! Sign-ups will be sent out a week in advance. You must be a registered 9 or 18 Hole Ladies League member to participate. If you are not registered and would like to join either league you may still do so. Registration forms are located in the pro shop.



Kristina Wagner Assistant Golf Professional kwagner@theiconteam.com Phone: 941-708-3617

January Golf Events

January 6th - Saturday Skins
(Individual Gross & Net/Flighted)

January 13th - Stableford (Individual Net)

January 20th - Deuces (Card a NET 2? = Get Paid!)

January 22nd - Couples 9 & Dine 3:00pm Shotgun Start

January 27th - Fourball (2 player - Blind Draw, Net)

January 28th - Couples Club Championship - Tee Times



Mixer & Luncheon

Saturday, January 27, 2018
9am to 1pm
\$25 per person
(Includes tennis clinic, lunch & trivia)

Schedule of Events

9am to 10am - Pro Clinic 10am to Noon - Australian Open Doubles Tournament Noon to 1pm - Lunch in the Grille Room

Reserve Your Spot at salixreservations.com

Friday, January 12th 5:00pm to 8:00pm

Parents, Need A Night Out?

Drop the Kids off at the River Strand Tennis Shop
for a Night of Fun!

Kids Ages 5-13 Cost is \$20 per Child

Gennis Clinic, Pizza, & a Movie at the Gennis Pro Shop

To register call the Pro Shop at 941-932-8680 or email ngriffin@theiconteam.com





Interested in playing or captaining the team?
Email Nate Griffin at ngriffin@theiconteam.com
DEADLINE FOR REGISTRATION IS DECEMBER 15TH



Tennis Tip

Nate Griffin, Head Tennis Professional

Lob and "sneak in" to take control of the net

"They really didn't beat us, they just lobbed it the whole time". To the tennis pro's out there, we hear this all the time! If you have played a bit of competitive tennis, you know what I am talking about. There is a common stereotype for tennis players that the really good players hit the ball really hard....Well....not really.....

They might have some power, but they mostly are much more controlled and have much better accuracy than the average player. The two shots that take the most precision are the drop shot and the lob.

So while most people think about a lob being a defensive shot, I am going to get you to buy in to the notion that it can be used to control the net and take an offensive position for doubles strategy. The ideal time to lob is when you have two players at the net, but you can also do it when there is one player at the net and one player at the baseline.

The goal is not to hit a winner, but rather to put the net players in a defensive and/or a retreating position. If you hit your lob so that the opponents are forced to reach up for the ball in a defensive position and/or they are moving further and further to the back of the court to retrieve your shot, you should try to leave your position at the baseline and transition to the middle of the court with your partner and try to take the next ball out of the air and hit a forcing volley or overhead.

So remember, hit that lob over the net player and "sneak" into the net and look to control the court from an offensive position!

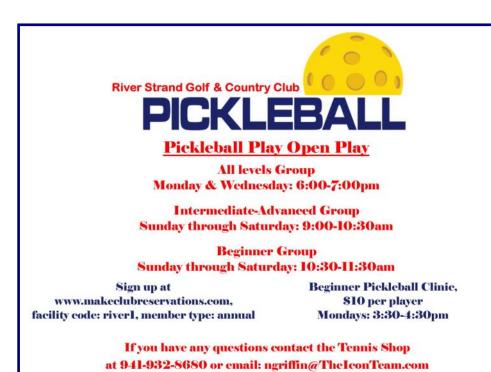
Nate Griffin, USPTA Director of Tennis

PICKLEBALL TIP

Tennis Professional, Nate Griffin

10. Use a neutral (continental) grip when you are at the net

- 9. Stay wide and strong with your stance when hitting the low shot
- 8. Hit it high and slow when you are approaching the net to give you time to get set
- 7. Down the middle....solves the riddle! Aim mostly between the two opponents...
- 6. Use the lob to slow down an attacking team and then take the net when they go back for it
- 5. Hit a short, dink shot to draw the opponent close to the net and force them to hit up to you
- 4. Don't take chances on the serve, hit to safe targets and start the point!
- 3. When the ball is low, return to opponents feet, when high, let it FLY! Be aggressive!
- 2. Protect your partner....do NOT hit high floaters to the net player.....
- 1. Take the net whenever possible so that you can take the ball in the air!



B

Pickleball Beginner Clinics

First Monday of the month

January 8th 3:30pm - 4:30pm 3 person minimum

Event Sign up at www.makeclubreservations.com Facility code: river1

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Shot of the week – Saturday, 8:00–8:30am (Free) Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2

(sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2

Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40 or 1 Hour Private: \$80

Head Tennis Professional - Abdul Idi, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Scott Pothul**1/2 Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional - Ben Zink, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 or 1 Hour Private: \$60

Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680

Court Hours All days – 7am – 9:30pm

All Events Sign up at Salixreservations.com

Morning Doubles:

Monday, Wednesday, Friday & Saturday's 8:30am - 10:00am \$2 per player

Leagues and Ladders:

Looking for a singles game?

Join our ladder!

941-932-8680

RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

Over the last month, the courses have improved and recovered well from sodding contaminated areas in fairways. We will continue to improve turf growth and color through the winter season with bi-weekly fertilizer sprayings.

We will also do light grooming and topdressing of greens throughout the season as well. The greenside bunkers have all been re-sanded with G-angle trap sand.

We will now add a thin layer to the fairway traps. The pinestraw has been down for 3 weeks now, so it should be packed down for better lies. This time of year is our dormant time for Bermuda grass, so please be aware of ropes and stakes to help with compaction with so many golf carts driving throughout the courses.

Please fill your divots and repair ballmarks on greens to help with playability for your fellow golfers.

Thank you from the golf maintenance staff for our holiday gifts, we appreciate it!

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

Happy New Year from Pond Professional!!

As we enter 2018, some homeowners can expect pond levels to drop significantly over the dry season the next few months. Depending upon the water table, connected water bodies and sediment type, some ponds may see more exposed bank than others. Do not be alarmed. This will quickly be returned to normal control levels with advent of summer rains.

In addition, we may see nesting birds and alligators "trample" some of the littoral plantings during the course of sunning or nesting preparations. This is normal and the vegetation will recover. Any large washout/erosion that may become exposed during this time, please bring to the attention of Pond Professional or Icon Management so they can be assessed. Some preserve buffers and pond littoral areas will also be undergoing further dry season inspection and corrective action by our staff over the next couple of months in preparation for the next rainy season.

Finally, homeowners may also see one of our sub-contractors periodically netting nuisance Tilapia from select ponds as part of our ammonia & erosion control directive. Thinning out any overpopulated ponds of this non-native fish and reducing ammonia levels that would otherwise increase future algae blooms. Thinning-out their population will also reduce the amount of "bedding" they will be able to conduct along the shorelines thus reducing erosion issues. All native fish inadvertently captured shall be returned to said pond.

COMMUNITY LANDSCAPE UPDATE

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

We'd like to welcome you to our first news article of 2018. As we commence what we Floridians consider the peak of our winter season, January and February, our team is mindful of the threats this time of the year poses to the plants when servicing your properties to prevent plant and turf damage should we be impacted by a freeze.

During this first quarter (January – March) you will notice we will continue mowing every-other- week not only because your turf is growing at a slower rate but because we want to leave enough turf tissue should we experience a freeze. In doing so should a freeze occur at some point only the top layer of turf will be affected and damaged by the small layer of ice allowing the roots to stay healthy and unaffected helping our turf areas bounce back in color and overall appearance as quickly as possible ultimately minimizing the risk of turf loss due to freeze.

We will start to bed edge every-other-mowing event, this keeps ornamental beds from growing larger and keep the garden bed size pleasant to the eyes. Our ornamental bed weed control crews will continue to keep the undesired ornamental bed weeds managed using minimal chemistry as the cooler temperatures will retard the weed development and the recently applied mulch will serve as a barrier and help us suppress the weed population.

As with the turf, ornamental bed pruning is kept light and to a minimum as recommended by the University of Florida for this time of year. This practice will help protect and keep the plants warm during the cold nights expected ahead. In the second quarter news article we will communicate what is our goal regarding the rejuvenation pruning and removal of excessive vegetation during that season. Please do expect for yellow and brown fronds to be cut off and removed from palms below the height of 15' during our pruning visits, we want to make sure we keep the community looking fresh for everyone to enjoy even post holidays.

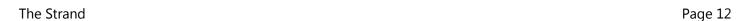
Our irrigation crews will be preforming their monthly irrigation inspections and clean the irrigation filter cartridges. The months of January and February we do our best to maintain irrigation watering to a minimum, don't be surprised if one see's the system run a day less per week or for a shorter period of time. With cooler weather approaching the supplemental irrigation water is not needed as much. Many local municipalities even launch campaigns like "skip-a-week" this is suggesting that homeowners and contractors like us skip one week of irrigation water during these cooler months. Overwatering can be just as bad as under watering as many of us already know. If we saturate or lawns and ornamentals with water we open the window to undesired aquatic weeds and increase the possibility of fungus which can result in plant / turf loss due to the lack of oxygen exchange at the roots level.

In preparation for this possible threat, our lawn and ornamental pest control department will be making a necessary fungicide applications and selective weed control applications. The fertilization department will start preparations for ornamental bed fertilization and gear your plants nutritionally during February for the month of March when temperatures start to creep up and nutrition uptake increases.

Residents that like to add a splash of color to their landscape during this season you may consider installing Geraniums, they love the cool weather and come in all kinds of colors. Pansies and Petunias are other good choices but keep in mind annuals are delicate and they may need to be protected from the potential freeze with landscape freeze blankets to help keep them off harm's way.

We wish all of the residents a Happy New Year and want to thank everyone for allowing us to service their property for yet another year. Should our assistance is needed regarding our services please feel free to contact our local office directly at 941.567.6116 or visit our website www.truscapesindustries.com and follow the "contact us" link, a team member will promptly reach out to you.





FOOD & BEVERAGE CALENDAR JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	4 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	5 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	6 Lunch 11am-5:00pm Bar 11am-7pm
7 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	8 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm Wine Tasting 5pm –7pm	12 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-5:00pm Bar 11am-7pm Pool Party in Paradise
14 Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	15 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm Casual Wine Tasling 5:30 - 7:00pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	20 Lunch 11am-5:00pm Bar 11am-7pm
Brunch 10am-2pm Bar Menu 2pm-5pm Bar 10am-7pm	22 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-5:00pm Bar 11am-7pm Glass Onion Band 7pm - IOpm
28 Brunch 10am-3pm Bar Menu 2pm-5pm	29 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm		Marry / Park Marry	420000

Tuesday - Friday Lunch Menu 11:00am to 3:30pm | Bar Menu Only 3:30pm to 4:30pm | Dinner Menu/Bar Menu 4:30pm to 8:00pm Saturday & Monday Lunch Menu/Bar Menu 11:00am to 5:00pm

Sunday Brunch Menu 10:00am to 2:00pm | Bar Menu 2:00pm to 5:00pm | Dinner Take Out Orders 4:30pm to 6:00pm ONLY

Glass Onion Band

the sound of the Beatles



Spend an evenina reliving the unforgettable era of the Beatles!

turday, January 27, 2018 7:00pm - 10:00pm | Clubhouse Dining Room

per person

(2 people per member number) Tables of 7 or less will be joined to maximize seating

Reservations to be made via the separate eblast sent January I, 2018

Salad Station: Mixed Greens & Chopped Romaine Hearts Creamy Caesar Dressing & Herb Balsamic Dressing

Grape Tomatoes, Apple Smoked Bacon, Cucumbers, Carrots, Garlic Croutons, Blue Cheese Crumbles & Grated Parmesan

Surf & Turf Station:

Herb Roasted Prime Rib with Sautéed Shrimp in a White Wine Garlic Butter Sauce served with Assarted Rolls

Pasta Station:

Cheese Tortellini with Roasted Mushrooms, Tomatoes & a Toasted Garlic Cream Sauce Chicken Farfelle with Spinach, Walnuts, Chicken & Roasted Peppers

Dessert:

Bananas Foster with Rum, Bananas & Vanilla Ice Cream

Dinner menu available from 5:30pm - 7:30pm



January Specials

January 3rd - Pappardelle Bolognese January 10th - Chicken Marsala January 17th - Roasted Turkey January 24th - Baked Founder January 31st - Pineapple Glazed Ham





Pool Party in Paradise

January 13, 2018 | 12pm - 4pm

\$12 per person inclusive

Live Entertainment from

The Big Z Band!!

MENU: available 12pm-3pm

Sausage & Peppers Hamburgers **Pulled Chicken Sandwiches** served with Lettuce, Tomato, Coleslaw & Watermelon

The pool will be available ONLY to ticketed members and their guest on this day.

Make your reservations via the separate eblast sent December 28th

4 TICKETS PER MEMBER NUMBER

No outside coolers or food | No take out orders



TUESDAY, JANUARY 9

Arrive between 5:00pm - 6:00pm for Dinner Service Trivia Game Starts at 6:30pm

DINNER & TRIVIA \$27 PER PERSON

Plated Dinner Menu:

Choice of Honey Garlic Airline Chicken with Rice Pilaf or Grilled Bistro Tender with Roasted Garlic Mashed Potatoes Both served with Fresh Vegetables and Assorted Cookies

No Regular Dinner Menu Will Be Available

RESERVATIONS REQUIRED

Deadline to submit team is January 3rd by 5:00pm

Make your reservation via the separate eblast sent December 29th



Beginner Mah Jongg will be starting **January 15, 2018** 6:00pm - 8:00pm in the **Sanctuary Clubhouse**

No Registration Needed

The Birds of River Strans

Have you ever seen an unfamiliar bird here at River Strand and wondered, "What is that?" If so, you are invited to attend this presentation on bird recognition.

Many of the birds we have in our community will be identified and some simple tips and a handout to help identify unfamiliar birds will be provided.

The presenter is River Strand Resident, Mattie Watson, who has identified 64 birds here in River Strand and Heritage Harbour.

Friday, January 12, 2018 1:00 PM at the COMMUNITY CENTER

Call 941-708-3837 to make a reservation today!





Learn the Basics

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

EOUIPMENT 101

Wednesday, January 17th at 11:00am Fitness Room at the Community Center

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.

Hand Weight

Barbell

Weighted Ball

Foam Roller

Stability Ball

Bosu Ball

Ab Roller

Bands

Kettlebell

Elliptical

Treadmill

Recumbent Bike

Leg Press

Stretch Cage

Abdominal

Hip Abductor/Adductor

Leg Extension

Seated Leg Curl

Lat Pull

Overhead Press

Chest Press



A Little bit of baint A Little bit of wing

> Join us for a fun night of Painting, Socializing and **Meeting New People!**

Tainting with I wist.

per person

Saturday, January 20th 6:00pm - 8:00pm in the Sanctuary Clubhouse

Bring your favorite beverage and enjoy step-by-step instruction with an experienced and enthusiastic local artist! You'll have a one of a kind creation and be ready to paint again!

Remember its FUN art not FINE art!!

Rize and Shine!

join us tor

Sunday Brunch

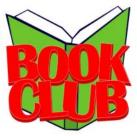


Every Sunday! 10:00am - 2:00pm

Bar Menu Available 2:00pm - 5:00pm

RESERVATIONS **REQUESTED** 941-708-3837

Snowbirds



Meets

January - April

Every 3rd Monday

Contact Janice States at

(412) 720-3647 or statesjanice@icloud.com

for more information.

Our January selection - MANHATTAN BEACH

By Jennifer Egan

We'd love to have you join us!

Flying Solo Join us for some Fun

January 10, 2018 - 6:00pm **Naughty Monk Brewery**

2507 Lakewood Ranch Blvd. (Next to Ace Hardware)

\$8 per person



It's the Naughty Monk's Trivia Night! Plus Pool, Darts and Games.

Pizza Provided -

Beer, Wine & Cider at your expense

RSVP - Please to: riverstrandflyingsolo@gmail.com by 12:00pm noon January 10th



This is a simple, game that anyone can play and is very easy to learn. Take the opportunity to meet and laugh with old pals and new friends! Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table. But really, almost any number can play!

> Join in on the fun Thursday, January 18th at 10:00am in the main clubhouse Card Room

WCOMERS ARE WELCOME!

Enjoy lunch with the ladies after the game at the Speaks Clam Bar

8764 East SR 70, Bradenton, FL

RSVP to

aduncan@theiconteam.com by Wednesday, January 15th if you will be attending Bunco and/or Lunch.



FITNESS & SOCIAL CALENDAR JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm*	2 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am	3 Fit 4 Life: 8am Mah Jonga 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	4 Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	5 Bridge 9:30am Yoga 9:00am Zumba-Aqua 10:15am Fiber Arts Club 2:00pm Hand & Foot 6:00pm*	6
7 Euchre 6:00pm	8 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Golf Yoga</u> 2:30pm <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm*	9 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am	10 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 11:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	12 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand & Foot</u> 6:00pm*	13
14 <u>Euchre</u> 6:00pm	15 Fit 4 Life: 8am Aqua Fit 9:15am Bridge 9:30am Zumba 10:30am Golf Yoga 2:30pm Yoga 4:00pm Mah Jongg 6:00pm	16 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	17 Fit 4 Life: 8am Mah Jonga 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am Fitness 101: 11:00am* May 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	18 Yoga Stretch 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	Bridge 9:30am Yoga 9:30am Yoga 9:00am Zumba-Aqua 10:15am Fiber Arts Club 2:00pm Hand & Foot 6:00pm*	20
21	Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Golf Yoga 2:30pm Yoga 4:00pm Mah Jonga 6:00pm*	23 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	24 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	25 Yoga Stretch 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	26 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua:</u> 10:15am <u>Hand & Foot</u> 6:00pm*	27
28 <u>Euchre</u> 6:00pm	29 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Golf Yoga 2:30pm Yoga 4:00pm Mah Jongg 6:00pm*	30 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	31 Fit 4 Life: 8am Mah Jonga 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*			

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FITNESS & SOCIAL ACTIVITIES **JANUARY 2018**

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FITNESS

AQUA FIT: Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes.

CLASSES RESUMING OCTOBER 11TH

BUTTS & ABS 10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

FIT 4 LIFE: Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes.

CLASSES RESUMING OCTOBER 16TH

FITNESS 101: 6:00pm on Wednesday, November 29th in the Community Center fitness room.

Learn the Basics of Exercise.

FITNESS BALL CLASS: Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome.

GOLF YOGA Tuesdays, Thursday and Saturday 11:30am—12:30pm in the Clubhouse Fitness Room. Classes are

\$15. (ALL Attendees must register in advance at sagejohnson@comcast.net)

BEGINNER & INTERMEDIATE TAI-CHI 9:00am on Thursday at the Pavilion in Central Park.

Classes are \$5. For those who want to develop or hone their Tai Chi skills.

4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome.

YOGA FUSION: 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. YOGA STRETCH: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5.. 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

ZUMBA-AQUA: 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.

ZUMBA TONING/STEP MIX: 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

SOCIAL

YOGA:

BIBLE STUDY: 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

BOOK CLUB: Will resume Monday, November 27th

BOOK CLUB WITH PAULETTE: 6:00pm in the Community Center the first Tuesday of every month. THIS GROUP IS FULL AT THIS TIME.

BOOK CLUB WITH LINDA: 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members

welcome! Any questions contact Linda at 410-935-7083

BRIDGE: 9:30am on Monday & Friday. Group will play at the Clubhouse.

BUNCO: 10:00am on the first Thursday of the month in the Clubhouse Card Room.

Beginning in November the group will meet the first and third Thursday of each month.

CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, January 17th

Meet at Rosedale Country Club at Noon.

EUCHRE: 6:00pm on Sundays (except the 3rd Sunday of each month) in the Sanctuary Clubhouse.

Anyone interested in joining our group to message me at farrell.rosie@gmail.com or

call me 989-387-0482

FIBER ARTS CLUB: 2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month.

All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting

Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.

GIRLS' NIGHT OUT: 6:00pm on the third Sunday of the month at the Community Center.

HAND & FOOT CARD GAME: 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played

with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569

LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group

for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253

MAH JONGG: 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

MAY I? GAME 1:30pm on Wednesday at the Community Center. MEN'S ASIAN CARDS GROUP 3:00pm on Thursdays at the Community Center. MIXED BRIDGE: 6:00pm on Wednesday at the Community Center.

SOCIAL GAME NIGHT: 6:00pm on Tuesdays in the Community Center except the first Tuesday of the month.

(Card games and/or board games)

Contact Peyton Wynns at 941-284-2131 with questions or suggestions. 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

TEXAS HOLD-'EM: **VETERANS NETWORK:** 6:30pm on the first Thursday of the month in the Clubhouse Conference Room.



River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

Newcomers and beginners always welcome to our mixed group. If you've played any form of Rummy before, you will pick up 'May I' easily and soon be having fun. We meet at 1:30 on Wednesdays in the Community Center. Any questions? Just email me at walsh.elaine@outlook.com

Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions

Interested in one of our fitness classes?
Check below for a full description of a class you may want to take.
Keep checking for other class descriptions added in the future.

Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Aqua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

Committee Chair Information

Committee Name:	Chair & Email
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison - Scott Hancock shancock@riverstrandbod.com
Compliance Committee:	Lance Dunne Idunnersccc@gmail.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com
Safety, Security & Emergency Preparedness Committee:	Al Ambrosino gateturner@verizon.net BOD Liaison - Bob Walsh bwalsh@riverstrandbod.com
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com
Golf Greens Committee:	Samara Paice spaice13@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com
ARC Committee:	Pauline Tasler sfitzer@theiconteam.com

Club Connections

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month.

This month it will take place on January 5th.

Gary & Nancy Simonds
Rosalie Cuozzo
Mike & Mary Payne
Ralph Smith
Paul & Judy Smith
Robert Moses
Jeanette Radivoy
Vladimir & Helena Zemanek
Peter & Beth Maser
Miles Antony
John & Nancy (Ann) Locke
Patricia Ouimet
Paul James & Elizabeth Fisichella
Darshan Naidu
Nancy & Roberto Mendizabal
Kenneth Seeman
John & Mabel Schranz
Christopher & Jamie Huston
Sandra Pfeifer
James & Colleen Leax
Marshall & Gail Roe
Steve & Melissa Bristol
Robert & Linda Itts
Joseph Finnerty & Karen Sergison
Paul & Jayne Lynch
Kennedy & Jodi Esteban
Helga Pohl Bellmann
Gary & Sandra Frazier

Reminders

- Board of Directors Meeting on Monday, January 15th at 6:00pm in the Main Clubhouse Dining Room.
- Trivia will be held the second Tuesday of each month. This month Trivia will be held on January 9th
- Dinner Service is now available
 Tuesday thru Friday.
 Reservations are required for the dining room.
 Seating on the half hour from 5:30pm to 8:00pm.
 There is no dinner
 service on Saturday, Sunday or Monday evenings.
- SAVE THE DATE! 2018 River Strand Annual Charity Event will be Friday, March 2nd— Wednesday, March 7th! See Event Schedule on page 21.

Thank you to all the residents who participated in the Giving Tree this year!

All the wishes we were given were fulfilled and we had a full office of gifts under the tree!

Thank You Ladies for your help with the Giving Tree

Wrapping Party!!





Flying Solos at Trivia Night December 2017

At the end of regulation the Flying Solo team was in the middle of the pack and had very positively represented itself. Facing a need for an "all or nothing" move for the final, bonus question, the team fell short but still remained in the middle of the pack.





RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

<u>Lennar Customer Care</u> 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

Tennis Shop Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

Swimming Pools

Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com

Envera (Gate Company): 941-556-0732 (24-hours)

Nightly Security Patrol: 941-549-9637

<u>Community Association Managers</u> <u>Shaun Fitzer, LCAM,</u> Single Family Homes/River Strand

Phone: 941-932-8663

E-Mail: SFitzer@theiconteam.com

Lee Weiss, Condominiums/Heritage Harbour

Phone: 941-747-7261

E-Mail: lweiss@theiconteam.com Kasey Dick, LCAM, Condominiums

Phone: 941-747-7261

Email: KDick@theiconteam.com

General Manager Robert Brown, CCM Phone: 941-708-3837

E-Mail: RBrown@theiconteam.com

River Strand Master Association Board President

Terry Lyons

Phone: 941-896-7525 Email: tlrsbod@aol.com

Golf Course Superintendent

Renze Berg

Phone: 941-920-2274

E-Mail: RBerg@theiconteam.com

<u>Director of Golf</u> Aaron Merritt, PGA Phone: 941-708-3617

E-Mail: AMerritt@theiconteam.com

<u>Director of Tennis</u> Nate Griffin, USPTA Phone: 941-932-8680

E-Mail: NGriffin@theiconteam.com

Executive Chef Radames Febles Phone: 941-932-8665

E-Mail: RFebles@theiconteam.com

Food & Beverage Manager

David Mclaughlin Phone: 941-932-8664

E-Mail: DMclaughlin@theiconteam.com

<u>Lifestyle Director</u> Angela Duncan Phone: 941-932-8671

E-Mail: ADuncan@theiconteam.com

Administrative Office

Deanna Broten Laurel Johnson Phone: 941-708-3837

E-Mails: rsreception@theiconteam.com &

admin@riverstrandgolf.com

Concession Supervisor Laura Kommick

Phone: 941-708-3837, ext. 110

