

The background of the entire page is a close-up, low-angle shot of the Statue of Liberty. The torch is on the left, and the crown is on the right. The background is a large American flag with red and white stripes and a blue field with white stars.

The Strand

July 2015

eNewsletter for the Members of River Strand Golf and Country Club

Connect with your
Clubhouse and Community

Read the latest & greatest from River Strand Golf and Country Club

KIM BETTS IS THE DAUGHTER OF DICKEY BETTS OF THE ALLMAN BROTHERS BAND!

KIM BETTS
★
GAMBLE
CREEK
BAND

Thursday, July 9

6 pm to 9 pm

River Strand Saloon

Live Country Music



Salad Course:

Jumbo Four Pepper Bacon Wrapped Scallop,
Caramelized Onions, and Goat Cheese on
Mixed Greens with Port Wine Reduction

Choice of Entrée:

Jack Daniels Braised Short Ribs or Mesquite
Rubbed Airline Chicken



\$40 Show and Dinner

Tickets on SALE NOW in
the Clubhouse Grille.

Portion counts toward
annual food minimum.

COMMUNITY MATTERS

Dan Arens, LCAM



"We have found a website, www.nextdoor.com, that is a great tool to communicate with your neighbors."

Summer heat is here and in full affect! As a health advisory note, please remember to drink plenty of water and wear sunscreen.

In connection with the River Strand Community Compliance Committee and your management staff we have discussed several items. One of the continual issues is trash throughout the River Strand Community. We are requesting all owners that take their trash out to the end of their driveways to please use a trash can

with a lid. We have a lot of wildlife that likes to go through bags of garbage left at the edge of the road leaving a mess to clean up.

We recently had Deputy Younger with the Manatee County Sheriff's office here to discuss Neighborhood safety issues. We plan to have Deputy Younger do another presentation in the fall. In conjunction with this event, your Neighborhood Watch Committee has been hard at work to discuss issues within the community. Issues range from street lights in the community to discussions regarding the security team.

Most recently, it was discussed that there are no street lights on Port Harbor Parkway. With the future plans in our Community of connecting this road straight through to Upper Manatee Road thus causing more traffic to come through this

area, this can be determined to be a real safety issue. The Committee has recommended to contact your local Commissioner to further discuss these future plans. If you would like to be part of a small task force please contact me and I will forward your information to the Neighborhood Watch Committee.

We have found a website, www.nextdoor.com, that is a great tool to communicate with your neighbors. This website is not managed by the club and the club has no affiliation with this website. However, this is a great place to ask for advice, place classified ads, or get to know some of your neighbors.

We have had several entry gates hit by vehicles. Please do not tailgate, and when approaching an exit gate use caution. We do have cameras on all gates and will expect payment from the person that damages the gate.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!

Did You Know...?

New Lunch Menu

Our new lunch menu will roll out this month. Plan to try some of the exciting new menu items from Chef Esteban Herrera.

Feeding Wildlife

In Florida, it is illegal to feed manatees, Sandhill cranes, bears, raccoons, foxes and alligators.

Intentionally placing food or garbage, allowing the placement of food or garbage, or offering food or garbage in such a manner that it attracts black bears, foxes, raccoons or Sandhill cranes and thereby creates a public nuisance is prohibited. Please read more about living with wildlife as well as an article about the negative impact of feeding bread to birds on page 16.

Dinner Menu Only on Wednesday's, Thursday's and Friday's for the Summer Months

Please note that the Wednesday Buffets and 2 for \$40 specials will cease for the summer. We will serve our regular dinner menu only on the nights we are open for dinner: Wednesday, Thursday and Friday. As always, it is suggested that dinner reservations are made in advance so kitchen and restaurant staff can prepare accordingly.

2015 Member Survey

Your 2015 River Strand Member survey will be sent out this month. We very much appreciate your time in completing this survey and providing your feedback so that we may continue to make your River Strand experience the best that it can be.

4th of July Party at the Pool!

Catch some rays, enjoy the company of your fellow members and sip on a frozen "Firecracker". \$5 Chef's small plates and live music from 12 to 3 pm are also on the lineup of fun! Flyer on page 9.



KITCHEN CONNECTION

Chef de Cuisine, Esteban Herrera



Chocolate Chip Double Stuffed Oreo Brownie

Ingredients

Cookie Dough

- 1 cup (2 sticks) butter, softened
- 1 cup granulated sugar
- ¾ cup light brown sugar
- 2 large eggs
- 1 Tablespoon pure vanilla extract
- 2½ cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 2 cups (12 ounces) milk chocolate chips

Oreo

- 1 pkg Double Stuffed Oreos

Brownie

- 1 Family Size (9x13) Brownie mix plus eggs and oil as called for on the back of the box
- ¼ cup hot fudge topping

Instructions

Preheat oven to 350 degrees F. Line a 9x13-inch baking dish with foil. Coat generously with nonstick cooking spray.

For the Cookie Dough

1. Cream the butter and both sugars in a large bowl with an electric mixer on medium speed for 3-5 minutes. Add the eggs and vanilla and mix well to thoroughly combine. In a separate bowl, whisk together the flour, baking soda and salt, then slowly incorporate into the mixer until the flour is just combined. Stir in chocolate chips. Spread the cookie dough in the bottom of prepared pan. Top with a layer of **Oreos**. Mix together **Brownie** mix according to directions, adding an optional ¼ cup of hot fudge topping to the mix. Pour the brownie batter over the cookie dough and Oreos. Bake at 350 degrees F for 45-55 minutes. Let cool completely before cutting. Brownies may still be gooey in the middle when still warm, but will set up perfectly once cooled. Enjoy!!

Note: You can place the pan in the fridge to speed up the cooling process. Don't forget the vanilla ice cream and hot fudge drizzle!



GOLF UPDATE

PGA Head Professional, Corey Pion

We have had good numbers for the golf camps so far and are offering several more junior golf camps throughout the summer. If you have kids, grandkids, or have friends with kids and would like to enroll them into our summer golf programs please call the pro shop for more details.

We have a huge equipment sale in our pro shop: cost plus 10% on all in-stock golf equipment. Come check out this great opportunity to pick up some new clubs at the lowest prices around. We are also discounting all in-stock tops, bottoms and headwear at 30% off.

If there is anything that we can do in the pro shop to enhance your member golf experience this summer, please do not hesitate to reach out to me. I look forward to seeing you around the club.



GOLF LEAGUES AND CLINICS

Ladies Day
8:00 am Shotgun
Tuesday

Men's Day
8:00 am Shotgun
Wednesday

Saturday Clinics
Adults: Saturday at 10am
(Please call pro shop to sign up)
Juniors: Saturday at 11am
(Please call pro shop to sign up)

GOLF TIP OF THE MONTH

PGA Professional, Jodi Hooper

Everyone should add the bump and-run to their arsenal. You'll especially appreciate it when you have a tight lie or firm ground between you and the green. Even if you don't make perfect contact, you can still get the ball on the surface.

Unlike a standard chip, where you want to carry the fringe, the goal with the bump-and-run is to get the ball to bounce a few times short of the green and roll to the hole. What you're trying to do is get a little topspin on the ball. Think of it as a big putt.

Many golfers try to hit bump-and-run shots with a wedge, but the ball stays in the air too long and doesn't scoot forward much after it lands. To make sure your bump-and-runs actually run, I recommend using a hybrid or mid iron. Don't be afraid to employ your putting grip and stroke. Play the ball slightly back of center in your stance, and hit down on it.

Here's a few things to remember the next time you try a bump and run:

1. Choke up on the club.
2. Take a narrow stance.
3. Minimize your wrist movement.

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

(sign up on www.makeclubreservations.com)

Stars Clinic (ages 6-14)—Monday, Wednesday, & Friday, 5:00-6:30p.m. \$20 per class

Future Stars (ages 4-5)—Friday, 4:30-5:00 p.m. \$10 per class

Adult Clinics

(sign up on www.makeclubreservations.com)

Nate's Intermediate Doubles Clinic—Monday, 6:30-8:00 p.m. \$20 per class

Abdul's 90 Minute Drill and Play—Tuesday and Thursday, 8:30–10:00 a.m. \$20.00 per class

Gary's Beginner's 102 Clinic—Wednesday, 6:30-8:00 p.m. \$15.00 per clinic

Shot of the Week—Wednesday, 8:00-8:30 a.m.. (Free)

Scott's 3.5-4.0 Clinic—Sunday, 10:00-11:30 a.m. \$20.00 per class

Adult Social Play

(sign up on www.makeclubreservations.com)

Morning Doubles—Monday/Wednesday/Friday 8:30-10:00 a.m. cost: \$2.00

Men's Night—Tuesday, 7:00-9:00 p.m. cost: \$2.00

Mixed Doubles Night—Thursday, 7:00-9:00 p.m. cost: \$2.00. (sign up with partner)

8.5/9.0 Mixed Doubles Night—Monday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner)

TENNIS PRO SHOP HOURS

Monday-Friday - 8:00 am – 7:00 pm

Saturday and Sunday - 8:00 am – 3:00 pm

Email: tennispro@riverstrandtennis.com

Phone: 941.932.8680

TENNIS STAFF/LESSON FEES

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$35, 1 Hour Private: \$70

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35, 1 Hour Private: \$70

1 hour hitting/playing session \$50.00

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35, 1 Hour Private: \$70

Assistant Tennis Professional – Tiffany Davis

½ Hour Private: \$35, 1 Hour Private: \$70

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30, 1 Hour Private: \$60

GETTING TO KNOW YOUR TENNIS STAFF

SCOTT POTHUL, DIRECTOR OF JUNIOR TENNIS



Scott Pothul joined the River Strand staff in January 2011. He grew up and played junior tennis in Western Massachusetts where he held a ranking as high as 4th in New England in the 16 and under division in 1986. At that time he was coached by a top 100 world ranked player.

He played NCAA Div. 1 college tennis at Fairfield University in Southern Connecticut. He was a Managing Partner of Enfield Tennis Club in Connecticut and a member of the Nike Tennis Staff at Amherst College in Massachusetts.

Scott enjoys being the Director of Junior Tennis and coaching the up and coming tennis players.

LET THE GAMES BEGIN!



River Strand Ladies Bridge

Bridge meets at 9:30am every Monday and Friday and ends around noon. Lunch afterward is optional. To sign up to play: Pauline Tasler - 941-405-4733 or ptasler@gmail.com or Vivienne Sivak - 941-251-7494 or viviennesivak@msn.com

Bunco

Newcomers are welcome! This is a simple, fun game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 9:30am. Contact Judi Aharon at 336-407-7625 to play.

Texas Hold-Em Poker

Texas Hold-Em is held every Thursday from 5:00 pm to 8:00 pm. Group size is limited to 50 players. \$10 to Buy-In. Winners receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week.

River Strand Junior Summer Tennis Camps

Camp sessions Monday thru Thursday.
Rain date Friday.

July 6-9
July 13-16
July 20-23
July 27-30
August 3-6
August 10-13

9:55 am to 1:30 pm.
\$150 per week—member
\$160 per week—non-member
\$40 per day—member
\$45 per day—non-member

spothul@hotmail.com
941-932-8680

River Strand Ladies Mahjong

Ladies Mahjong plays every Wednesday at 9:00am. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group and players of all skill levels are welcome! Lynne Monnell - 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings in the card room from 5:30pm - 8:00pm. Contact Larry Sivak at lesivak@msn.com or 941-251-7494.

COMMUNITY CENTER UPDATE

Since last month, construction of our Community Center located in the Sanctuary has come along nicely.

The building has been primed for the first coat of paint and the roof tiles have been installed.

Start thinking about Pickle Ball and half court basketball tournaments!





TRUSCAPES

TRUSCAPES COMMUNITY LANDSCAPE UPDATE

June Services:

- ◆ Continue weekly mowing.
- ◆ Spot treatment of turf weeds as needed.
- ◆ Trimming throughout the commons and homes to start on River Preserve.
- ◆ Spot treatments of fungicide and pesticide as needed.
- ◆ Irrigation wet checks and filter cleanings.

Golf Course Reminders:

- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.

Golf Course Maintenance Report

Jamie McCrosky, GCSA

“This month we are scheduled to fertilize golf courses wall to wall which will help areas to continue to thrive and heal in.”

We have made it through the closings of the first 3 nines. Aerifications went right on schedule despite some weather events. As said in recent months we double aerified all the greens round 1 including a deep tine about 10 inches. Hole sizes were 5/8 and 3/8 inches. Our goal this year was to help our aging greens drain better to maintain good health longer term. Aerifying deep and more frequent helps with better water percolation and removal of excess organic build up in the soil profile. Greens healed nicely but are somewhat on the slower side due to fertilizer inputs post aerification which promotes grain. Moving forward we will implement more grooming and verticutting to smooth and quicken the surfaces. Also as we get more into the growing summer weather at least for round 2 aerifi-

cations we won't need the same amounts of fertilizer for healing. This will promote less grain and more speed.

Overseed transition areas are growing in slow but sure. Collars around greens and a few of our Fairway areas on Tributary are getting smaller. This month we are scheduled to fertilize golf courses wall to wall which will help areas to continue to thrive and heal in. We are going to fertilize slow release and light on the Nitrogen side. We don't want to over grow the golf course to where we can't mow it successfully after summer rains. We still want the rough to be playable and we don't want to scalp when we mow either. We are going to top dress the over seed transition areas as well as extra fertilizer to insure good grow in before months end.

Time to get back into the large bunker renovations. The outside company that worked here last year is coming in again while Tributary is closed. We are going to take out the old sand, put in new drains, and then new sand on the 2 large traps on #1 Tributary. Another project in the works is on #4 Estuary shell trap. We will bring the sod face down about 10 more feet from the green in the very front to create an easier chipping area and prevent the shell from getting on the green when blasting out. The area on the far left we are going to make a normal bunker with drainage and white sand.

Upcoming events:

- June 29th through July 19th Tributary closed for aerification
- July 20th through August 9th Estuary closed for aerification
- Golf courses fertilized wall to wall: mid-summer application.
- Bunker renovations— #1 Tributary and #4 Estuary

Condo Corner

Matt Koratich, CMCA



Noise is an inevitable reality in condominium communities. Condominium dwellers live in such close proximity, it's essential that we consider the effect noise will have on our neighbors when deciding on floor coverings, where to mount the flat-screen television or when to throw a house party.

We—you *and* your neighbors—all have a right to enjoy our homes in peace and to furnish them as we like. But remember, how you furnish your unit may be a nuisance to your neighbors in theirs.

Hard flooring—wood, ceramic, stone—is fashionable and collects far fewer allergens than carpet, making it very popular. But it can be a problem for the folks downstairs, even if you make an effort to tread lightly or wear soft shoes. If you're considering installing hard flooring in your unit, first remember that you must submit an ARC (Architectural Review Application) to your Condo Association. Installation of a sound barrier—like cork—to reduce noise is a requirement and the sound transmission rating must be 55 or more.

How much noise does it take to be a nuisance? One definition says nuisance is a level of disturbance beyond what a reasonable person would find tolerable. But, sometimes the question isn't how much noise we make, but when we make it. You or your neighbor might find the raucous party next door entirely tolerable—until about 10 or 11 p.m. A noisy renovation downstairs might be intolerable if it's a religious or ethnic holiday for you. Whatever you're planning, give some thought to the day as well as the time of day for your activity.

FUN FACTS ABOUT THE DECLARATION OF INDEPENDENCE

July 4th marks the annual holiday that celebrates the adoption of the Declaration of Independence. So how much do you know about this famous document?

- 1. Is Independence Day really July 2?** Officially, the Continental Congress declared its freedom from Britain on July 2, 1776, when it approved a resolution and delegates from New York were given permission to make it a unanimous vote. John Adams thought July 2 would be marked as a national holiday for generations to come.
- 2. July 4 is when the Declaration was adopted** After voting on independence, the Continental Congress needed to finalize a document explaining the move to the public. It had been proposed in draft form by the Committee of Five (John Adams, Roger Sherman, Robert Livingston, Benjamin Franklin and Thomas Jefferson) and it took two days for the Congress to agree on the edits.
- 3. Six people signed the Declaration and also the Constitution** Franklin was literally among a handful of people who signed both historic documents. The others were George Read, Sherman, Robert Morris, George Clymer and James Wilson.
- 4. But they didn't sign the Declaration on July 4th!** Once the Congress approved the actual Declaration on Independence document on July 4, it ordered that it be sent to a printer named John Dunlap. About 200 copies of the Dunlap Broadside were printed, with John Hancock's name printed at the bottom. Today, 26 copies remain.
- 5. So what if I stumble upon a lost version of the Dunlap Broadside at a flea market?** That's exactly what happened in 1989 in Adamstown, Pa. It was tucked behind an old picture in a frame and it cost the buyer \$4. That version of the Declaration was eventually acquired by TV producer Norman Lear for \$8.1 million.
- 6. OK – when was the Declaration actually signed?** Most of the members of the Continental Congress signed a version of the Declaration in early August 1776 in Philadelphia. The names of the signers were released publicly in early 1777. So that famous painting showing the signing of the Declaration on July 4, 1776 is a bit of an exaggeration.
- 7. The Declaration's association with Independence Day came from a lapse of memory** Historian Pauline Maier said in her 1997 book about the Declaration that no member of Congress recalled in early July 1777 that it was almost a year since they declared their freedom from the British. They finally remembered on July 3rd and July 4th became the day that seemed to make sense for celebrating independence.
- 8. The Declaration suffered from a lack of early respect** Maier also said that the Declaration (and celebrating its signing) was stuck in an early feud between the Federalists (of John Adams) and the Republicans (of Thomas Jefferson). The Declaration and its anniversary day weren't widely celebrated until the Federalists faded away from the political scene after 1812.
- 9. The Declaration and Constitution were hidden away during World War II** Both documents were packed up about two weeks after Pearl Harbor, given a military escort and taken to Fort Knox in Kentucky, where they remained for several years.
- 10. There really is a message written on the back of the Declaration of Independence** In the movie *National Treasure*, a secret message written on the back of the Declaration is a key plot device. In reality, there is a visible message on the back that reads, "Original Declaration of Independence dated 4th July 1776." It's not as dramatic as the movie and experts believe it was a label added at some point when the Declaration was in storage.

4th of July

PARTY AT THE POOL

LIVE MUSIC

NOON to 3 PM



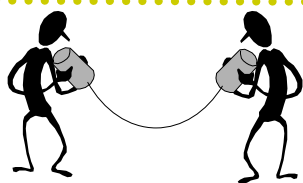
Come try a
FIRECRACKER
frozen drink
Just 5.00++!

Try one of the
CHEF'S SMALL PLATES TO GO
(Order at the Clubhouse Grille)

- 5—BBQ or Teriyaki Wings
or
- 4—Smashed Potato Skins Loaded
with Pepper Blend Bacon and Topped
w/ Ghost Pepper Cheese
or
- 2—BBQ Pork Sliders

Served with Bistro Chips
just \$5.00++!

Tiki Bar open from 7 am to 5 pm
Grille Room open from 11 am to 5 pm



ClubConnections

Membership & Communications Director, Tami Prince

"Buy your tickets now at the clubhouse Grille Room for the Gamble Creek Band on July 9. Lead singer Kim Betts, is the daughter of Dickey Betts of The Allman Brothers Band. This will be a very exciting event for River Strand, don't miss it".

We hope you will enjoy your newly formatted newsletter! We feel it's visually much cleaner and easier to read, not to mention more modern and trendy!

Summer is full throttle and the humid weather has felt like August! Head over to one of the community pools to cool off and get social with your neighbors.

A multitude of July events will surely keep you busy this month. Don't forget to reserve right away for all events that interest you so you don't miss out.

July 1—Chicks and Flicks—Noon. This month we will meet at Main Street Trattoria for lunch, then attend the movie of your choice at Lake-wood Ranch Cinemas.

July 4—Party at the Pool! Live music 12pm to 3pm. Try a special firecracker frozen drink or one of Chef Esteban's small plates for \$5. Mingle with your neighbors and help us celebrate independence!



July 8—Manatee County Hurricane Preparedness—4pm. The presenter from Manatee County will offer advice on hurricane safety and preparation and will answer your questions. Free.

July 9—Country Music Dinner Dance with the Gamble Creek Band—6pm. \$40++ pp includes this amazing show and dinner. Buy your tickets in the Grille Room before it's sold out.

July 13—The Armchair Traveler—China, Then and Now—11am. Meet River Strand member Stan Zimmer and learn all he knows about China gathered from over 60 years of visits. We are planning another Armchair Traveler in October on Africa. Like to present your travels at a future event? Send me an email!

July 16—Trivia Night—6pm. Singles welcome, will be paired with teams. This is a very well attended highlight event every month!

July 28—Field Trip—Tampa Bay Rays vs. Detroit Tigers at Tropicana Field—Bus departs 5pm. \$50 includes ticket, bus trip and a free Ray's Baseball Hat! For tickets: email tamip@riverstrandgolf.com or stop in the clubhouse. Only 40 tickets are available.

What Does the Statue of Liberty Represent?

The Statue of Liberty represents many things, among them friendship between nations and freedom from oppression. Before air travel, ships would sail into New York Harbor and Lady Liberty would welcome their passengers, many of them being immigrants traveling to the United States for the first time.

Lady Liberty is one of the first sites when sailing into the harbor, and she is symbolic of freedom.

Statue of Liberty Inscription

The only Statue of Liberty inscription can be found on the tablet in her left hand, which says JULY IV MDCCLXXVI (July 4, 1776), the day the United States adopted the Declaration of Independence.

FOOD & BEVERAGE CALENDAR

JULY 2015

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---------------------------------------|--------------------------------------|--|---|---|--|
|  | | | 1 | 2 | 3 |  <p>Lunch 11am-5pm Bar 11am-5pm 4TH OF JULY POOL PARTY</p> |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Closed for Regular Dinner Service GAMBLE CREEK BAND 6 pm Buy tickets at Grille | Lunch 11am-4:30pm Friday Dining 5:30pm-8pm | Lunch 11am-6pm Bar 11am-7pm |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5 pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm TRIVIA NIGHT 6pm-9pm Happy Hour Ends 4:30pm | Lunch 11am-4:30pm Friday Dining 5:30pm-8pm | Lunch 11am-6pm Bar 11am-7pm |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Friday Dining 5:30pm-8pm | Lunch 11am-6pm Bar 11am-7pm |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-5pm Bar 11am-6pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Dinner 5:30pm-8pm | Lunch 11am-4:30pm Friday Dining 5:30pm-8pm | |

Join us in congratulating our River Strand Director of Tennis, Nate Griffin!

Congratulations to Director of Tennis, Nate Griffin! Nate is now the USPTA District 8 President (Sarasota, Bradenton, Venice, Englewood). Quite an honor!



Founded in 1927, the United States Professional Tennis Association is the global leader in tennis-teacher certification and professional development. With more than 15,000 members worldwide, the association raises the standards of tennis-teaching professionals and coaches, and promotes a greater awareness of the sport.

We also congratulate River Strand member Andrew Hammett!

According to the Bradenton Herald, eight players qualified for the Florida State Amateur Championship following the local qualifier at Lakewood Ranch Country Club. Bradenton's Andrew Hammett, who is heading to Ferris State to play golf in the fall, took medalist honors with a 67.

Andrew was the 2014 River Strand Club Champion. We enthusiastically applaud him for qualifying for the Amateur championship and wish him many successes both in that arena and at Ferris State!



More Pets Go Missing on July 4th Than Any Other Day Of The Year!

Share these great tips to provide a safe Independence Day for your canine household!

Take your dog for a long walk before the festivities begin. This will allow them to potty before the noise begins and it tires them out.



Leave your dog at home with all the windows securely closed and all shades drawn. Turn on some music to drown out noise from fireworks.



Never use fireworks around your dog. The noise can spook them into taking off, or they can accidentally get burned by the fireworks.



Leave your dog with something to play with (A frozen kong stuffed with treats will last hours).



Make sure your dog is wearing an ID collar with your current contact info. Collars can come off, so microchip your dog as well (and be sure to register it).



Consider staying home with your dogs to insure they remain safe, especially if they have anxiety.



Loud, crowded fireworks displays are no fun for dogs. Resist the urge to bring your dog with you to the festivities.





If your dog is extremely anxious, consult with your vet about giving a mild sedative to help calm your dog.



FITNESS & SOCIAL CALENDAR

JULY 2015

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|--|---|
|  | | | | | |  |
| | | | 1 Mahjong 9:00 am Zumba Toning 11:30 am CHICKS & FLICKS Noon Mixed Bridge 5:30 pm | 2 RS Striders Walking Club 9:00 am Yoga 9:00 am Texas Hold-Em 5:00 pm | 3 Yoga 9:00 am Bridge 9:30 am Zumba 4:00 pm | 4 Walking Club 9:00 am 4TH OF JULY POOL PARTY |
| 5 Tai-Chi 9:00 am Lighthouse at Central Park | 6 Bridge 9:30 am Zumba Gold 11:30 am FLOW Yoga 6:00 pm | 7 RS Striders Walking Club 9:00am Zumba Step 11:30 am Zumba 5:00 pm | 8 Mahjong 9:00 am Zumba Toning 11:30 am Hurricane Seminar 4 pm | 9 Walking Club 9:00 am Yoga 9:00 am Bunco 9:30 am NO texas hold-em GAMBLE CREEK BAND—6 PM Buy tickets at Grille | 10 Yoga 9:00 am Bridge 9:30 am Zumba 4:00 pm | 11 RS Striders Walking Club 9:00 am Meet at Pavilion |
| 12 Tai-Chi 9:00 am Lighthouse at Central Park | 13 Bridge 9:30 am THE ARMCHAIR TRAVELER—11 am Zumba Gold 11:30 am FLOW Yoga 6:00 pm | 14 RS Striders Walking Club 9:00am Zumba Step 11:30 am Zumba 5:00 pm | 15 Mahjong 9:00 am Zumba Toning 11:30 am | 16 RS Striders Walking Club 9:00 am Yoga 9:00 am Texas Hold-Em 5:00 pm TRIVIA NIGHT | 17 Yoga 9:00 am Bridge 9:30 am Zumba 4:00 pm | 18 RS Striders Walking Club 9:00 am Meet at Pavilion |
| 19 Tai-Chi 9:00 am Lighthouse at Central Park | 20 Bridge 9:30 am Zumba Gold 11:30 am FLOW Yoga 6:00 pm | 21 RS Striders Walking Club 9:00am Zumba Step 11:30 am Zumba 5:00 pm | 22 Mahjong 9:00 am Zumba Toning 11:30 am | 23 RS Striders Walking Club 9:00 am Yoga 9:00 am Texas Hold-em 5:00 pm | 24 Yoga 9:00 am Bridge 9:30 am Zumba 4:00 pm | 25 RS Striders Walking Club 9:00 am Meet at Pavilion |
| 26 Tai-Chi 9:00 am Lighthouse at Central Park | 27 Bridge 9:30 am Zumba Gold 11:30 am FLOW Yoga 6pm | 28 RS Striders Walking Club 9:00am Zumba Step 11:30 am Zumba 5:00 pm RAYS VS. TIGERS FIELD TRIP | 29 Mahjong 9:00 am FITNESS 101 10am/10:30 am Zumba Toning 11:30 am | 30 RS Striders Walking Club 9:00 am Yoga 9:00 am Bunco 9:30 am Texas Hold-Em 5:00 pm | 31 Yoga 9:00 am Bridge 9:30 am Zumba 4:00 pm | |

June Fitness and Social Activities

FITNESS

| | |
|--------------------|---|
| AQUA ZUMBA: (NEW!) | 11:30 am on Monday, June 1 |
| CARDIO TENNIS: | 6:30 pm on Wednesday and Friday. \$15 members |
| FITNESS 101: | Wednesday, July 29. 10 am Fitness Equipment/10:30 am Weights. |
| FLOW YOGA: | 6:00 pm Monday. Intermediate practice. |
| TAI-CHI: | 9:00 am at Central Park Lighthouse |
| WALKING CLUB: | Tuesday, Thursday & Saturday at 9:00 am at Pavilion. |
| YOGA: | 9:00 am on Thursday & Friday |
| ZUMBA: | 5:00 pm on Tuesday and 4:00 pm on Friday |
| ZUMBA GOLD: | 11:30 am on Monday |
| ZUMBA STEP: | 11:30 am on Tuesday |

SOCIAL

| | |
|----------------------------|--|
| 4TH OF JULY POOL PARTY: | Live music from 12 to 3. Drink specials and tiki bar menu. |
| BRIDGE: | 9:30 am on Monday and Friday. RSVP page 7/ |
| BUNCO: | 9:30 am This month ONLY will be held on July 9th not July 2nd. |
| CHICKS AND FLICKS: | First Wednesday of the month. This month is MacAllister's for lunch at noon. Followed by Lakewood Ranch Cinemas movie. |
| GAMBLE CREEK BAND: | Thursday, July 9, 6:00 pm, \$40 includes dinner. See page 2. |
| HURRICANE PREPAREDNESS: | 4 pm, July 8. Presenter from Manatee County. |
| MAHJONG: | 9:00 am on Wednesday. RSVP page 7. |
| MIXED BRIDGE: | 5:30 pm on Wednesday, July 1 only. On hold until August. |
| RIVER STRAND STRIDERS: | 9:00 am on Tuesday, Thursday and Saturday, start at pavilion |
| TAMPA BAY RAYS FIELD TRIP: | Rays vs. Tigers. \$50 pp includes ticket, bus and a Ray's hat! Tuesday, July 28. Bus departs River Strand at 5:00 pm. |
| TEXAS HOLD-'EM: | 5:00 pm - 8:00 pm on Thursday. Not playing July 9th. |
| THE ARMCHAIR TRAVELER: | CHINA—Then and Now. Monday, July 13, 11:00 am. FREE. |
| TRIVIA NIGHT: | Thursday, July 16 from 6:00 to 9:00 pm. Singles welcome. |
| VETERANS NETWORK: | Meetings are on hold for July and August, resume in September |

STAY CONNECTED TO YOUR CLUB. VISIT CLUB CONNECTIONS ON A REGULAR BASIS AND READ YOUR RIVER STRAND EMAIL REGARDING UPCOMING EVENTS AND ACTIVITIES. SOME EVENTS MAY NOT BE ARRANGED IN TIME FOR PROMOTION IN YOUR MONTHLY NEWSLETTER.

LIVING WITH WILDLIFE

Florida's wildlife and human population are encountering each other more often than ever before. As humans develop more open space and wildlife habitat is reduced and fragmented, encounters between humans and wildlife become more common. For most people, observing wildlife is a thrilling experience, but when an animal causes damage or attempts to share your living space, that thrill can turn to irritation or fear.

Just like us, birds and other animals are doing their best to make a living and raise their young. Developing an appreciation and understanding of these wild neighbors can help you learn to accept them and live in harmony with them without resorting to extreme measures. Feeding wildlife accustoms them to humans and is a certain death sentence for bears, alligators and other species.



Question: Is it legal to feed birds and other wildlife?

Answer: Feeding wildlife is generally discouraged and, in some cases, illegal. In Florida, it is illegal to feed manatees, Sandhill cranes, bears, raccoons, foxes, and alligators. Intentionally placing food or garbage, allowing the placement of food or garbage, or offering food or garbage in such a manner that it attracts black bears, foxes, raccoons, or Sandhill cranes and thereby creates a public nuisance is prohibited.

Additionally, intentionally feeding [species listed as threatened, endangered, or of special concern](#) including Florida scrub-jays - is prohibited unless authorized by FWC permit. Feeding listed species is prohibited because it can negatively alter feeding behavior in some species and can cause them to become accustomed to people.

Feeding wildlife often has a detrimental rather than a helpful effect. Feeding animals may cause some species to concentrate so much on this supplemental feeding that they become a nuisance or a threat to people (e.g., bears, Sandhill cranes). When fed, alligators can overcome their natural wariness and learn to associate people with food. When this happens, some of these alligators have to be removed and killed.



Feeding stations where wildlife congregates also can help spread diseases among wildlife. In addition, some food that is fed to wildlife is considered "junk food" to animals. Things like bread and other human staples are generally poor substitutes for naturally occurring foods that wildlife finds in the wild. If you maintain a bird feeder, it should be stocked with the proper feed and cleaned regularly. Feeders should be cleaned at least once every two weeks with soapy water and rinsed in a 10 percent bleach solution. Feeding birds responsibly can be a fun and safe activity. However, if you attract nuisance species (such as bears or Sandhill cranes), you must stop feeding until these animals are no longer visiting your property. Intentionally attracting listed species to a feeder is prohibited.

Editors Note: This information was obtained from Florida Fish and Wildlife Conservation Commission. We would like to make you aware that we have also learned from two local non-profit wildlife rescue and rehabilitation agencies that feeding bread to birds can cause a calcium deficiency which will contribute to foot and leg problems. In some cases, the birds will be unable to walk due to the pain that ensues. If you have any questions, please contact the Florida Fish and Wildlife Conservation Commission directly at <http://myfwc.com/contact>.

We Welcome Our Newest River Strand Members



NEW MEMBER? HAVE QUESTIONS?

Sign up in the Administrative offices at the clubhouse for our New Member Orientation.

These informative sessions take place in the Board Room at 2 pm on the first Friday of every month.

Meet other new members and get your River Strand bearings. RSVP required.

Dani Fox & Jason Nelson
Eric & Nancy Vilkoski
Larry Matthews & Vanessa Collier
Old World Travel, LLC
Kurt & Linda Schultz
Robert & Deborah Lilly
Peter & Helen Macdonald
Vince & Michele Thompson
Robert & Gwen Glaviano
Cindy & Kelly Caprel
Carol & Nick Kramer
Harold & Sue Smith
William Martin
Bruce & Lynn Jamieson
David & Robyn Hughes
Thomas & Heather Schuster

Vicki Kotsaftis
Howard & Gail Banner
Daniel & Ligia Kinney
Rosanne Pietrangelo
Winding Brook Ventures
Renee Comeaux
Cindy Armata
Amy Eaglowski
Stanley & Heather Warner
Deborah Mulcahy
Robert & Jamie Lange
Robert Cepuchowski & Jacquie
Witucki-Cepuchowski

River Strand Clubhouse, Community and World Views



Junior Golf (and Tennis) Camp is a great way to entertain and educate. Still taking reservations for the summer.



Timothy Springer shares this Bald Eagle.



River Strand Tennis Members Kara Beene and Motoyo Ari defeated Bath and Racquet's Barb Lancer/Jen Bright to win the Griffin Tennis League 9.0 combined ladies doubles division.



June Trivia champions: Maria Sine, Marti Salerni, LeRoy Salerni, Lauren Koller, and Barry Koller. Back row from the left are: Pat Springer, Craig Springer, and Terry Sine.



Tennis members gather to participate in the French Open Mixer this past month.

Congrats Ladies!!



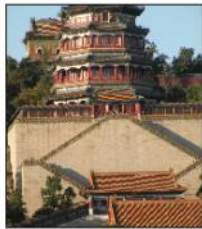
River Strand member Stan Zimmer shares these fascinating photos taken on one of his many excursions to China over a 60 year span. Stan will present his stories and knowledge at our "The Armchair Traveler—China, Then and Now" event on July 13 at 11 am. Sign up for this wonderful and educational morning by emailing tamip@riverstrandgolf.com.

Email your photos to tamip@riverstrandgolf.com for possible inclusion in an upcoming newsletter.

The Armchair Traveler

China, Then and Now –
Over 60 Years of Observation

Monday, July 13—11:00 am—River Strand Clubhouse
Presentation is Free. RSVP Required: tamip@riverstrandgolf.com



While working in an International Marketing management position with IBM Corporation, River Strand member, Stan Zimmer, traveled to over 50 countries and learned much about their customs and traditions. While living in Japan, he visited many Asia Pacific countries including his birth place in Southwest China. For the last 20 years, Stan has been traveling to China 2-3 times a year bringing holistic support to many southwestern communities. Since 2003, he has lead the efforts to bring more than 50 scholarships to needy students to a local University in Guizhou. He is happy to share his knowledge about China: travel, customs and doing business, along with traditions and trends.

FITNESS 101

- Hand Weight
- Barbell
- Weighted Ball
- Foam Roller
- Stability Ball
- Bosu Ball
- Ab Roller
- Bands
- Kettlebell
- Elliptical
- Treadmill
- Recumbent Bike
- Leg Press
- Stretch Cage
- Abdominal
- Hip Abductor/Adductor
- Leg Extension
- Seated Leg Curl
- Lat Pull
- Overhead Press
- Chest Press

Learn the basics.

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

10:00 am
Wednesday, July 29
FITNESS EQUIPMENT 101

Learn how to use the miscellaneous equipment and machines to get a cardio and heart pumping total body workout.

10:30 am
Wednesday, July 29
FREE WEIGHTS 101

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.

SAVE THIS DATE!

The residents of
River Strand Golf and Country Club
are cordially invited to participate in

The First Annual River Strand Walkabout

on

Saturday, December 12, 2015

Beginning at 4:30 pm

The River Strand Walkabout is a progressive party where you will have the opportunity to share appetizers and desserts with your neighbors at different homes with different groups of people. There will be three homes to visit for 90 minutes each. There's no cost, you need only make an appetizer or dessert and bring along your preferred beverage. Host homes will be needed and we'd appreciate it if you volunteered to host one 90-minute session, but it's not required to participate.

For now, just save this date and plan to join us in this First Annual River Strand Community event. For more specific information, feel free to contact River Strand members and event organizers, Stan and Pat Zimmer, at cstanleyzimmer@gmail.com.



"Like" us on Facebook and be the first to know about all the exciting upcoming events, neighborhood news, and contests.

Click the link above and be sure to "like" River Strand's page. It's just that easy!

www.facebook.com/riverstrandgolfcc



Tournaments

Events

Contests

Neighborhood News



**RIVER STRAND
GOLF AND COUNTRY CLUB**

**Like Us
And
WIN!**





WE ARE
GOING TO A **RAYS**
GAME



TUESDAY, JULY 28

Tampa Bay Rays vs. Detroit Tigers

1st pitch @ 7:10 pm

Bus pickup at River Strand at 5:00 pm

Seats in Lower Box, Section 124

\$50.00 per person

Includes Transportation, Ticket and a Free Rays Hat!

Limited to first 40 members who reserve & pay.

Email tamp@riverstrandgolf.com or stop
in the administrative office to reserve your seats now!

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 8:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-4:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Fitness Center
24 Hours, every day
Member photo id card needed for access.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Property Managers - River Strand/Heritage Harbour
Dan Arens, LCAM, Single Family Homes
Phone: 941-932-8663
E-Mail: darenstheiconteam.com
Matt Koratich, LCAM, Condominiums
Phone: 941-932-8671
E-Mail: mkoratich@theiconteam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: pcattanach@theiconteam.com

River Strand Master Association Board Member
Terry Lyons
Phone: 941-896-7525
Email: ternalyons@aol.com

Golf Course Superintendent
Jamie McCrosky, GCSA
Phone: 941-748-8626
E-Mail: jamiem@riverstrandgolf.com

Head Golf Professional
Corey Pion, PGA
Phone: 941-708-3617
E-Mail: corey@riverstrandgolf.com

Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: tennispro@riverstrandtennis.com

Executive Chef
Esteban Herrera
Phone: 941-932-8665
E-Mail: estebanh@riverstrandgolf.com

Food & Beverage Manager
Nicole Resner
7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax

Membership & Communications Director
Tami Prince
Phone: 941-932-8669
E-Mail: tamip@riverstrandgolf.com

Administrative Assistants
Charli Carlson: charlic@riverstrandgolf.com
Annie Ingram: annie@riverstrandgolf.com
Phone: 941-708-3837

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

