

E-Newsletter for the Members of River Strand Golf & Country



Connect with your Clubhouse and Community

All the News from River Strand Golf & Country Club

# COMMUNITY MATTERS

Dan Arens, LCAM

I hope everyone is enjoying the warmer weather. I would like to take this time to thank Bianca Johnson, the administrative assistant, for all the exceptional work she has done for the Club over the last year. Her last day will be June 10th. With her departure and a previously unfilled position at the front desk, we have hired two new administrative personnel. Please help me welcome Angela Duncan and Denise Amato to the River Strand Administrative Staff.



Please remember, no vehicle shall be parked in the Subdivision except on a paved driveway or inside a garage. If you are having a party or need a variance, please contact me so I can inform the Security patrol.

We have established new Architectural Review forms for your use when making submissions. Please visit the website to view and download the new forms or stop by the clubhouse and we will print the appropriate form out for you. The new forms require additional information and have more established guidelines.

Please remember to be respectful of others while at the community's pools. Please be sure to return pool furniture

back to its original location, place umbrellas in the down position, and clean up after yourself at the pools.

Though the Association does not have bike paths on the road, please be cautious towards bikers. As a reminder, all bikers are to obey all traffic control signs posted within the community.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!

# Did You RNOW

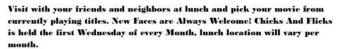
<u>NEW</u> River Strand Architectural Review Committee Applications are posted on the River Strand website at www.riverst/andgolf.com/members/forms.

River Strand Sign Specifications can be found at www.riverstrandgolf.com/-river-strand-association-documents under Amendments.

### **Chicks And**

#### **Flicks**

Wednesday, June 1st at Noon
Meet at Bone Fish Grill
8101 Cooper Creek Blvd (Pier One Plaza)
University Park, FL



Check out the movie listings for these theaters: Lakewood Ranch Cinema 941-955-3456, Royal Palm Cinema 941-752-3796 (cash only), Parkway 8 Cinema 941-360-6741, DeSoto 6 Colonia Cinema 941-405-9247, Regal Cinema 844-462-7342, Burns Court Cinema 941-955-3456, Regal Cinema—Hollywood 20 844-462-7342

RSVP to lhoppe@theiconteam.com by Monday, May 30th.





May Luncheon at The Ranch Grill.

# **Important Reminders**

- Dinner Service is available **Wednesday thru Friday**. Reservations are recommended. Seating on the 1/2 hour from 5:30 pm to 8:00 pm. There is no dinner service on Saturday, Sunday, Monday or Tuesday evenings. The Lunch Buffet will be ending at the end of May.
- **Don't Forget Dad on Father's Day!** Take him to Lunch at River Strand. Every Dad receives a Free Build Your Own Sundae. See page 13 for more information.
- **New Blue Plate Specials** will be available in the Dining Room EVERY Wednesday Night in June. See Page 17 for a complete listing.
- Please keep your guest listing updated! You may login to www.myenvera.com using your login and password to add new guests or remove old ones. The regular maintenance of your guest list will help eliminate long lines at the guard gate entrance.
- Interested in Starting a Men's, Ladies or Co-Ed Bible Study Group in River Strand? If you are or you want to start another type of group contact Lori Hoppe, Lifestyle Director by email at lhoppe@theiconteam.com to reserve space for your group and advertise to the River Strand Community.
- Don't Miss **Happy Days Night** at the Clubhouse! There will be a burgers, 50's & 60's music and prizes for the best outfit, hula hoop contest, and an Elvis look-a-like contest.





## NEIGHBORHOOD WATCH MEET-N-GREET

DEPUTY RUSS YOUNGER,
MANATEE COUNTY SHERIFF'S OFFICE
& ALERT PROTECTION SERVICES

WEDNESDAY, JUNE 1st at 3:30PM SANCTUARY COMMUNITY CENTER

Learn about neighborhood watch, how to be safe in our community and about some of the crime that is currently happening in our county. Deputy Younger & Alert Protection Services will hold a question and answer session.

Please submit your questions in advance to Dan Arens by email at darens@theiconteam.com

# New Fish Fry Night

**Every Thursday Night** at the Clubhouse



\$13.95 plus tax & tip

Includes Fried Cod Crispy French Fries and Cole Slaw

## **GOLF COMMENTS FROM COREY**

#### **PGA Head Golf Professional, Corey Pion**



Hopefully everyone is getting a chance to take advantage of the reciprocal courses. Please make sure you are following the procedure for reciprocals. It's part of our agreement with the other courses for our staff to call your desired course with the number of players, and date of play. Make sure that you bring your Member ID with you as well.

Junior Golf Camps are starting this month. If you have kids or friends with kids we are going to be offering several camps through-out the summer. Please let me know if you have questions about dates or prices, I can send you the flyer or you can swing by the pro shop and pick one up.



Our 2016-2017 Member Events Schedule will be coming out soon!

#### **Golf Course Reminders:**

- No personal golf carts allowed on the golf course
- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.
- Please fill your divots on course and on the driving range.

## Junior Camp Kickoff Cookout on May 14<sup>th</sup>





Amy Keisel, #2 Tributary on January 2, 2016

Bob Avery, #2 Tributary on May 25, 2016

# Golf Rules Tip of the Month PGA Assistant Golf Professional, Jodi Hooper

#### Play To Your Strengths

The next time you start a round of golf, start by thinking ahead! If you struggle pitching the ball from 40 yards, try to avoid that distance. On long



#### **MAY GOLF EVENTS**

**Ladies' Day** Tuesday at 8:00am—Shotgun start **Men's Day** Wednesday at 8:00am—Shotgun start

#### **SATURDAY CLINICS**

Adults: Every Saturday at 10-11am (Please call pro shop to sign up) Juniors: Every Saturday at 11am (Please call pro shop to sign up) when you can't quite reach the green in regulation, consider laying up to a distance for which you will be left hitting a club into the green that you are comfortable. When deciding on the shot you are attempting, always keep in mind where you want the next one to be played from. The point is – try to set yourself up

for success rather than making things more

difficult than they have to be!

par fours and fives

#### 2016 Junior Golf Program

**River Strand Golf & Country Club** is proud to announce our schedule of Junior Golf Camps. This summer we are planning a couple of different levels of programming, which should help create a better learning environment for all of our campers.

#### **Level 1 (Beginner Boys & Girls Golf)**

Cost: \$140 / \$120 Member Dates: June 13-16 / July 4-7

• 8:30am-11:30am (Instruction/ Drills/ Contests)

11:30am-11:45am (Pick Up)

This camp is designed for the beginner / first time golfer. The overall goal of the program is to get the child excited about playing golf and learn the skills that will enable them to go out on the golf course and play a round of golf. The camp will cover every aspect of golf and will incorporate on-course experiences. Groups will be split by age, gender, and ability if applicable.

#### Level II & III (Intermediate / Advanced Boys & Girls Golf)

• 9:00am-11:30am (Instruction/ Drills/ Contests)

• 11:45am-12:30pm (Lunch)

• 12:30pm-3:30pm (Play golf on the course)

3:30pm-3:45pm (Pick Up)

The level 2 program is designed for the child who has participated in our past golf camps & has previous golf experience. Level 3 will be designed to help the junior who is looking to make that next big step in their game. Both of these camps will include playing golf on the course daily. A choice of lunch will be offered for \$5 each day or the camper is welcome to bring their own lunch. We

Contact the River Strand Golf Shop at 941-708-3617 for more information or to register.

are really looking forward to having a great summer program and hope that you will be able to take part.



# A Note from Nate

USPTA Director of Tennis, Nate Griffin

Welcome to the Florida Summer! But first, a quick look back at our "season". We had a great season with lots of adult teams, social play, recreational junior tennis, high level tournament tennis, league singles matches by our members, beginners learning the game, clay court maintenance by Bill, projects completed by Gary, and fun clinics and lessons given by Abdul, Tiffany, Scott, Gary, and myself.



A look forward to our Summer. We will have our **French Open Mixer on Saturday, June 4th** and our **Wimbledon Mixer on Saturday, July 9th**. We will also have a **Kid's Night on Friday, July 15th**. We look forward to our **Junior Summer Camp**, which begins **Monday, June 13th**. We are pleased to inform everybody that our reservations system (makeclubreservations.com) now has the capability to add family and friends to your profile. We look forward to upgrading our tennis center with new umbrellas around all the courts and repairing the tennis patio umbrellas. Bill will be resurfacing

all 8 courts again this Summer and putting down some new lines where needed. We will have our summer tennis singles league beginning June 26th. We will also continue our in house ladies doubles league this summer on Thursday's at 10:00 a.m.

Make sure you remember our schedule changes in the summer for morning doubles. We will be playing on Monday, Wednesday, Friday, and Saturday's from 8:30-10:00 a.m., and our (Complimentary) shot of the week is Saturday from 8:00-8:30 a.m. Let's have a safe, healthy, and fun summer season!

# Members enjoying Tennis Appreciation Day



Pictured Left to Right, Cathy Santopolo, Phil Lahm, Nilou Navab, & Hugo Lopez.

# TENNIS TIP OF THE MONTH USPTA Director of

# USPTA Director of Tennis, Nate Griffin

As the heat and humidity increase, it is important to limit the amount of time you spend on the courts. It is very important to hydrate before, during, and after play. Eating the right foods, drinks, and staying in good cardiovascular shape are also a must to playing tennis in the Florida Summer. Come on out early in the morning or late in the evening to avoid the heat of the mid-afternoon. Wear light colored clothing, use plenty of sunscreen, wear a hat (the hats that cover the ears and neck are the best), and always wear sunglasses! Take frequent breaks and don't overdo it! If you are becoming faint, dizzy, overheated, or nauseas, make sure you stop immediately, head indoors, and call it for at least the day!

#### RIVER STRAND TENNIS PROGRAMS

#### Junior Clinics (sign up on www.makeclubreservations.com)

Pee Wee Clinic (3-5 years old) - Friday, 4:30-5:00p.m. \$10 per class Stars Clinic (5-14 years old) - Mon, Wed & Fri 5:00-6:30p.m. \$20 per class

#### Adult Clinics (sign up on www.makeclubreservations.com)

Nate's Cardio Tennis - Monday, 2:00–3:00 p.m., Saturday 8:00-9:00 a.m., \$15 per class Tiffany's Cardio Tennis - Thursday, 5:00-6:30 p.m. \$15 per class

Abdul's 90 Minute Drill and Play - Tues. & Thurs. 8:00-9:30 a.m. \$20.00 per class

Tuesday's with Tiffany Clinic – Tuesday: 6:00–7:00 p.m. \$15 per class

Tiffany's Mixed Doubles Clinic—Thursday, 6:00-7:00 p.m. \$15 per class

Tiffany's Cardio Tennis—Thursday, 5:00-6:00 p.m. \$15 per class

Gary's Beginner's 101 Clinic- Wednesday, 5:30-6:30 p.m. \$15 per class

Gary's Intermediate Clinic—Friday, 5:30-7:00 p.m. \$15 per class

Shot of the Week – Saturday, 8:00-8:30 a.m. (FREE)

Scott's 3.5-4.0 Clinic - Sunday, 10:00- 11:30 a.m. \$20.00 per class

#### Adult Social Play (sign up on www.makeclubreservations.com)

Morning Doubles: Monday, Wednesday, Friday, and Saturday, 8:30-10:00 a.m. cost: \$2.00

Men's Night: Tuesday, 7:00-9:00 p.m. cost: \$2.00

Mixed Doubles Night: Thursday, 7:00-9:00 p.m. cost:

\$2.00 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00 a.m. \$2.00

#### **TENNIS PRO SHOP HOURS**

Monday-Friday, 8:00 a.m. – 7:00 p.m. Saturday and Sunday – 8:00 a.m. – 3:00 p.m.

Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941.932.8680

**COURT HOURS** 

All days - 7 a.m. - 9:30 p.m.

#### **TENNIS STAFF/LESSON FEES**

#### Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40

1 Hour Private: \$80 (buy 5, get 1 free)

Head Tennis Professional - Abdul Idi, USPTA

1/2 Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional - Scott Pothul

½ Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional - Tiffany Davis, PTR

1/2 Hour Private: \$35

1 Hour Private: \$70 (buy 5, get 1 free)

**Assistant Tennis Professional - Gary Coulter** 

1/2 Hour Private: \$30

1 Hour Private: \$60 (buy 5, get 1 free)



Come Celebrate the Beginning of Hurricane Season at the Tiki Bar with Drink Specials All Day - Monday, June 20th

## **River Strand Tennis Policies**

#### **Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)**

• All no show's to any of the events will get a written warning for 1<sup>st</sup> offense, the 2<sup>nd</sup> offense will be a 2 week suspension from club organized play.

- If you need to cancel Morning Doubles, players must cancel no later than 10:00 p.m. the night before the event. Men's night and Mixed night players must cancel no later than 2:00 p.m. the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

#### **Guest Fee Policies:**

- Guest fees are \$10 per player in season (Oct 1-May 31) and \$5 per player (June 1-Sept 30).
- Guests can play no more than 4 times per month, there is no limit on house guest play.
- House guest fees are \$5 per player.
- Members are responsible for reminding their guests to pay prior to play.

#### **Court Reservation Policies:**

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.
- Flex league reservations must be played during non prime time hours.

#### **Ball Machine Policies:**

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

#### **Court Rules/Etiquitte:**

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, cargo shorts, bathing suits.
- Men shirts required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.

## Please Congratulate Our New Food & Beverage Assistant Manager, Laura Brady



Laura has worked at River Strand for eight years and has worked in many departments, including the beverage cart, tiki bar, and a server & bartender inside the dining room. She is excited about her new role and is looking forward to meeting new faces and seeing familiar ones too.

# Big Z Band Dinner Dance Thursday, June 23rd 5:30pm - 9:30pm



Buffet Dinner begins at 5:30pm,

Entertainment begins at 6:30pm to 9:30pm

\$45 per person inclusive & Reservations with Credit Card Required





The Big Z Band showcases some of the most talented musicians in the area. With their big band sound, you will enjoy renditions of chart topping hits and popular titles. They are favorites of Marina Jack, The Longboat Key Club and were the former house band at the Ritz Carlton.

We are EXCITED to bring this band to River Strand, if you live to dance, this is the night for you!

### PICKLEBALL NEWS

#### **USPTA Director of Tennis, Nate Griffin**

Pickleball continues to grow in popularity!

- River Strand hosted its vey first Pickle Ball tournament and enjoyed over 50 players on Saturday, April 9th
- Want to find a game? Just Show Up and play at 9:00 a.m.!! This is our "Just Show Up" time for all players to find a game with each other.
- Want to book a court? You can reserve your pickleball court by using the makeclubreservations.com website, facility code is river1
- Need a paddle? Rent a paddle for \$5 a day at the Tennis Shop
- Need Pickleballs? Pickelballs are available for \$3 a ball, available in the Tennis Shop
- Ready to buy a paddle? Paddle costs range from \$70 to \$110, available in the Tennis Shop.
- Want to take a beginners clinic? Come on out to Nate's beginner clinics on Wednesday's at 2:00 p.m., Please sign up on makeclubreservations.com website.
- Wondering what the rules are? We have flyers in the tennis shop or simply google Pickelball 101 Rules.
- Want to play at night? All 8 pickleball courts are lighted, courts close at 10 p.m., and please remember to turn off lights after you play. Thanks!

Questions, concerns, suggestions??? Email me at ngriffin@theiconteam.com

#### RIVER STRAND PICKLEBALL INFORMATION

Adult Clinics (sign up on

www.makeclubreservations.com)

Nate's Beginner Clinic: Wednesday 2:00 – 3:30 p.m.

cost (\$10.00 per player)

(This clinic will cover scoring, rules, match play strategy,

fundamentals, positioning, and fun, fun, fun!)

Adult Social Play (sign up on

www.makeclubreservations.com)

Morning Pickleball:

Tuesday, Thursday, and Saturday,  $9:00\ a.m.-10:30\ a.m.$ 

(all levels)

Afternoon Pickleball:

Monday 2:00 p.m. - 3:30 p.m. (all levels)

Evening Pickleball:

Wednesday 6:00 p.m. - 7:30 p.m. (all levels)

Adult Competitive Play (sign up on

www.makeclubreservations.com)

TBA – Adult Leagues

TBA – Adult Tournaments



<u>Pro Shop Info (Pickleball equipment and information located in Tennis Shop)</u>

Pro Shop Hours: Monday-Friday, 8:00 a.m. – 7:00 p.m.

Saturday and Sunday: 8:00 am- 3:00 p.m..

The Tennis Shop does have Pickleball paddles and balls for purchase.

Pickleball Court Reservation System Information

Go to www.makeclubreservations.com.

The facility code is "river1".

All residents please choose member type "annual". This system is a great way to meet other Pickleball players and get games.

#### Pickleball Court Hours and Information

The courts are open 7 days a week from 7 a.m. to 10:00 p.m. The lights are located next to the entrance gates and are four hour timers, please shut off after you leave. Players always welcome to play as "walk on's" but the online reservation system will guarantee you your court reservation.

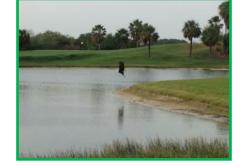
Any questions regarding Pickleball can be answered by our Director of Tennis, Nate Griffin.

### STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

Pond Professional, LLC would like to take this opportunity to thank all of the River Strand homeowners for their input and assistance in making the community and it's ponds a beautiful environment for the community. Our job is to keep all the community storm water ponds functioning and compliant with the Southwest Florida Water Management District for proper drainage, while also striving for great aesthetic appeal.

As your storm water representatives, we ask the community to be prepared for our coming summer months. In lite of last years' record



temperatures, temperatures are projected to be higher than normal again this year. Throughout May, we may see water levels drop until we enter our rainy season in June and with added shallow water levels, increased nutrients and temperatures, filamentous algae will be on the rise. Rest assured that our highly trained field technicians are on the job and will address all concerns to the best of our ability.

We would also ask that homeowners be wary with your small pets as we are entering alligator mating season from April through July. Please notify management of any large nuisance animals and Florida Fish & Game will be notified. Our local Sandhill Cranes have also started hatching recently and may be seen throughout the community. Be aware of this when driving. For more information on the wildlife found within Heritage Harbour and River Strand contacts us or MyFWC.com for more information. Please feel free to contact us at (941)447-6030.

# Golf Course Maintenance Report Renze Berg, GCSA

Over the next few months, **Estuary will be closed from May 23rd through June 10th** and **Sanctuary will be closed from June 13th through July 1st.** We will renovate a couple bunkers during the closures and add new irrigation to the south side of a new berm on Number 4 Sanctuary.

The change out of flowers will be done the first week in June, we are installing Pentas with a border of Purslane, which should hold up for the hot summer months. We are going to do minor repairs to the golf course bridges over the next month and the Estuary bathroom floors will be painted as well. For your safety please note that during the course closures we are continuously applying chemicals and fertilizers so please remember to stay off of the closed course. We hope you enjoy your golfing experience.

# COMMUNITY LANDSCAPE UPDATE Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Spring is here and the TruScapes Industries team is ready to take services to the next level for the residents of River Strand. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During this quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides.

As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs / rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape.

Our irrigation crews will continue preforming their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn, this is attributed to the warmer temperatures and the absence of rain so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key entering the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed.

In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we as a commercial applicators are limited as to what fertilizers we can apply and when as directed by local county authorities in helping preserve our natural environment around us. We wish all of the residents of River Strand a joyful Spring soaking up the beautiful Florida weather as we work hard on their yards.



# FOOD & BEVERAGE CALENDAR JUNE 2016

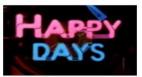
No Longer Serving the Lunch Buffet

Dinner Reservations Accepted from 5:30pm to 8:00pm

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BLUE PLATE SPECIAL EVERY WEDNESDAY NIGHT \$11.95++  See Page 19 for a complete listing for the Month of June		Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	3 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment Wine Raffle 7:30pm	4 Lunch 11am-5pm Bar 11am-6pm	
5 Lunch 11am-5pm Bar 11am-6pm	6 Lunch 11am-5pm Bar 11am-6pm	7 Lunch 11am-5pm Bar 11am-6pm	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment Wine Raffle 7:30pm	Lunch 11am-5pm Happy Days Night 5:30pm-8pm Reservations Required (No Regular Dinner Menu)
12 Lunch 11am-5pm Bar 11am-6pm	13 Lunch 11am-5pm Bar 11am-6pm	Lunch 11am-5pm Trivia Night Buffet 5:30pm-8:30pm Reservations Required (No Regular Dinner Menu)	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment Wine Raffle 7:30pm	18 Lunch 11am-5pm Bar 11am-6pm
Lunch 11am-5pm Bar 11am-6pm Father's Day Ice Cream Social 11:30am-4pm	20 Lunch 11am-5pm Bar 11am-6pm Hurricane Party at the Tiki Bar	21 Lunch 11am-5pm Bar 11am-6pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Big Z Band Dinner Dance 5:30pm-8:30pm Reservations Required (No Regular Dinner Menu)	Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment Wine Raffle 7:30pm	25 Lunch 11am-5pm Bar 11am-6pm
26 Lunch 11am-5pm Bar 11am-6pm	27 Lunch 11am-5pm Bar 11am-6pm	28 Lunch 11am-5pm Bar 11am-6pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Suw	imer

Dust Off Your Saddle Shoes and Hair Grease for River Strand's







#### Saturday June 11th 5:30pm - 9:30pm

\$30 per person inclusive

Request your favorite 50's & 60's DJ Music

#### **Buffet Menu**

Build Your Own Burger Bar & Hot dogs Fried Onion Rings & French Fries Chili & Coleslaw Ice Cream Sundae Bar







#### **Prizes Awarded for Best**

- Outfit (Poodle Skirts, Bowling Shirts)
   Vintage Car
  - · Elvis Look-a-Like Contest
    - · Hula Hoop Contest

# Trivia

#### Tuesday, June 14th

5:30pm-6:30pm Dinner Buffet 6:30pm-8:30pm Trivia



Buffet Dinner & Trivia - \$25 per person Trivia Game Only - \$10 per person

Teams of 8 are the maximum number recommended. If you do not have a team, you can be paired with one. Individuals are always welcome to attend fun event.

#### BUFFET MENU

Grilled Chicken with Picatta Sauce & Mango Relish Roasted Brussels with Bacon Parmesan Risotto

No Regular Dinner Menu, Reservations Required with Credit Card



Bring Dad to the Club



Join Us on Tuesday, June 7th at 3pm for a Cooking Demonstration with Chef Radames

\$20 per person Don't Delay, Space is Limited!

Limit of 20 participants Call 941-932-8669 or email Ihoppe@theiconteam.com to Reserve Your Spot!







Enjoy Dad-Inspired
Lunch Specials All Day!

# FITNESS & SOCIAL CALENDAR JUNE 2016

\*Denotes Clubs/Classes Meeting at the Community Center

Denotes Clubs/C	lasses Meeting at the	e Community Center	l	l	I	I
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Sum	imer Wa	1 Butts & Abs 7am Mah jongg 9am* Zumba Tone/Step 11:30pm Chicks and Flicks 12pm Mixed Bridge 5:30pm* Neighborhood Watch 3:30pm*	2 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Streaching</u> 9am <u>Bunco</u> 9:30am <u>Sports Yoga</u> 5pm <u>Veterans</u> 6:30pm <u>Book Club</u> 5:30pm*	3  X-Treme Fitness 7am Bridge 9:30am Zumba-Aqua 11:30am New Member Orientation 2pm	4 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion
5	6 Butts & Abs 9am Bridge 9:30am Sports Yoga 10am Zumba 11:30am	7 Tai-Chi 9am Walking Club 9am Sports Yoga 9am X-Treme Fitness 10:30am Zumba-Aqua 11:30am Texas Hold-Em 5:20pm*	8 Butts & Abs 7am Mah jongg 9am* Zumba Tone/Step 11:30pm Mixed Bridge 5:30pm*	9 Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Compliance Committee 4:30pm Sports Yoga 5pm	10 X-Treme Fitness 7am Bridge 9:30am Zumba-Aqua 11:30am	RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am
12 <u>Girl's Night Out</u> 6pm*	13 <u>Bridge</u> 9:30am <u>Sports Yoga</u> 10am <u>Zumba</u> 11:30am	14 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>Zumba-Aqua</u> 11:30am <u>RSCCC</u> 4:30pm* <u>Texas Hold-Em</u> 5:20pm*	Butts & Abs 7am Mah jongg 9am* Zumba Tone/Step 11:30pm Mixed Bridge 5:30pm*	16  Tai-Chi_9am  Walking Club_9am  Yoga Streaching 9am  Bunco_9:30am  Sports Yoga_5pm	17 X-Treme Fitness 7am Bridge 9:30am Zumba-Aqua 11:30am	18 <u>RS Striders</u> <u>Walking Club</u> 9am - Pavilion
19	20 Butts & Abs 9am Bridge 9:30am Sports Yoga 10am Zumba 11:30am	21 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Sports Yoga</u> 9am <u>X-Treme Fitness</u> 10:30am <u>Zumba-Aqua</u> 11:30am <u>Texas Hold-Em</u> 5:20pm*	Butts & Abs 7am Mah jongg 9am* Fitness 101 10am* Zumba Tone/Step 11:30am Mixed Bridge 5:30pm*	23 <u>Tai-Chi</u> 9am <u>Walking Club</u> 9am <u>Yoga Stretching</u> 9am <u>Sports Yoga</u> 5pm <u>Book Club</u> 5:30pm* <u>Budget &amp; Finance</u> <u>Committee</u> 6:30pm*	24  X-Treme Fitness 7am Bridge 9:30am Zumba-Aqua 11:30am	25  RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am
26	27  Butts & Abs 9am  Bridge 9:30am  Sports Yoga  10am  Zumba  11:30am	28 Tai-Chi 9am Walking Club 9am Sports Yoga 9am X-Treme Fitness 10:30am Zumba-Aqua 11:30am Texas Hold-Em 5:20pm*	Butts & Abs 7am Mah jongg 9am* Zumba Tone/Step 11:30am Mixed Bridge 5:30pm*	Tai-Chi_9am Yoga Stretching 9am Walking Club 9am Sports Yoga 5pm Book Club 5:30pm*		



## June Fitness and Social Activities

**FITNESS** 

BUTTS & ABS: Monday at 9:00 am and Wednesday at 7:00 am (No Class June 13th).

Classes are \$10.

CARDIO TENNIS: 6:30 pm on Wednesday and Friday. \$15 members.

FITNESS 101: 10:00 am on Wednesday, June 22th. Learn the Basics of Exercise. See page 17 for

more information.

MOMMY & ME FITNESS: 9:30 am on Every other Saturday. Clubhouse fitness room. Classes are \$10.

RIVER STRAND STRIDERS: 9:00 am on Tuesday, Thursday and Saturday. Pavilion at Central Park.

SPORTS YOGA: Monday at 10 am, Tuesday at 9 am, Thursday at 5 pm. Classes are \$15.

TAI-CHI: 9:00 am on Tuesday & Thursday. Pavilion at Central Park. Classes are \$5.

YOGA STREACHING: 9:00 am on Thursday. See Denise Paska, Instructor for class fees.

ZUMBA: 11:30 am on Monday. Classes are \$5/\$7 for First-time.

ZUMBA-AQUA: 11:30 am on Tuesday & Friday. Classes are \$5/\$7 for First-time.

ZUMBA TONING/STEP MIX: 11:30 am on Wednesday. Classes are \$5/\$7 for First-time.

X-TREME FITNESS: Tuesday at 10:30 am and Friday at 7:00am (No Class June 10th & 14th).

Classes are \$10.

#### **SOCIAL**

\*PLEASE NOTE SOME SOCIAL GROUPS WHO HAVE PREVIOUSLY MET AT THE RIVER STRAND CLUBHOUSE, WILL RELOCATE TO THE COMMUNITY CENTER. PLEASE REVIEW THOSE AND THEIR START DATE BELOW:

BRIDGE: 9:30 am on Monday and Friday. Group will play at the River Strand Clubhouse.

BUNCO: 9:30 am the first and third Thursday of the month at the River Strand Clubhouse.

CHICKS AND FLICKS: First Wednesday of every month. This month meet at The Bone Fish Grill at Noon

followed by a movie of your choice. See page 2 for more information.

GIRL'S NIGHT OUT: 6:00 pm on Third Sunday of the Month at the Community Center. See flyer on

Page 17 for more information. (Meeting June 12th this month.)

MAH JONGG: 9:00 am till Noon on Wednesday. Group will play at Community Center. This is a fun,

friendly group for intermediate to experienced players. Contact Lynne Monnell

(941)201-4253 or gmonnell@tampabay.rr.com

MAH JONGG LESSONS: Group has suspended meetings for the Summer Months. Will be back in the Fall.

MIXED BRIDGE: 5:30 pm on Wednesday. Group will play at Community Center.

TEXAS HOLD-'EM: 5:20 pm-8:00 pm on Tuesday. Group will play at the Community Center.

VETERANS NETWORK: 6:30 pm on the first Thursday of the month in the conference room at the

River Strand Clubhouse..

NEIGHBORHOOD WATCH: 3:00 pm at the Community Center on first Wednesday of the month.

KNITTING CLUB: Meeting at homes for the Summer Months. Starting again in October.

BOOK CLUBS: 5:30 pm-8:00 pm at the Community Center meets first Thursday of the month. Full

5:30 pm-8:00 pm at the Community Center meets third Thursday of the month. Full

RIVER STRAND TRANSITION

BUDGET & FINANCE COMMITTEE: 6:30 pm on the Fourth Thursday of the month in the Community Center.

RSCCC MEETING: 4:30 pm on the Second Tuesday of the month in the Clubhouse Conference Room.



#### River Strand Ladies Bridge

Bridge meets at 9:30am on Monday and Friday and ends around noon. To play contact Pauline Tasler: 941-405-4733 / ptasler@gmail.com or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

#### <u>Bunco</u>

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first and third Thursday of the month at 9:30am in the Community Center. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

#### Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

#### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

#### River Strand Mixed Bridge

#### (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm -8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

### **Mother's Day at River Strand**



Tennis Professional, Tiffany Davis and son, Grayson, 16 months pass out flowers for Mothers Day, on May 6th.

# TRANSITION COMMITTEE CHAIRMAN INFORMATION

Committee Name
Food & Beverage
Phil Lahm
Email address: philclahm@gmail.com
Meetings held on a as Needed Basis

Tennis Janice McLeod Email address: janicebmmcleod@gmail.com Meetings held on a as Needed Basis

Golf Chuck Glasser

Email Address: caglasser@aol.com Meetings held on a as Needed Basis

Property Management Eddie Hicks Email Address: jeh0100@aol.com Meetings held on a as Needed Basis

Budget/Financing Bill Moritz
Email Address: number1nole23@gmail.com
Meetings held on the 4th Thursday of the Month
at 6:30pm in the Community Center.

Compliance Bob Walsh Email Address: RTW967@gmail.com
Meetings held on the 2nd Tuesday of the Month at 4:30pm in the Clubhouse Conference Room.

# Bands Kettlebell Recumbent Bike

Hand Weight

Barbell

Weighted Ball

Foam Roller

Stability Ball

Bosu Ball

Ab Roller

Elliptical

Treadmill

Leg Press

Stretch Cage

Abdominal

Hip Abductor/Adductor

Leg Extension

Seated Leg Curl

Lat Pull

Overhead Press

Chest Press

#### Learn the basics.

10:00 am Wednesday, June 22 Community Center at the Sanctuary Fitness Room **EQUIPMENT 101** 

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.









Saturday, July 30, 2016

Tampa Bay Rays vs. New York Yankees

1st pitch @ 6:10pm

Bus leaving River Strand Clubhouse at 4:00pm

Seats in Lower Box, Section 127 \$65.00 per person

**Includes Transportation, Ticket and a Free Rays Hat!** 

Limited to first 40 members who reserve & pay. Email Ihoppe@theiconteam.com or stop by the administrative office to make your reservations.

**RESERVE YOUR SEATS TODAY!** 

# **BLUE PLATE SPECIAL**

EVERY WEDNESDAY NIGHT \$11.95++

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### **June Specials**

June 1st - Kentucky Hot Brown June 8th - Fried Chicken June 15th - Seafood Pot Pie June 22nd - Grilled Pork Chop with Apple Sauce June 29th - Salisbury Steak



## Girl's Night Out

Sunday, June 12th (2nd Sunday, this Month) 6pm to 9pm **Community Center 6835 Willowshire Way** 



We will be playing Bunco. Bring \$10 for pizza, salad & dessert. Bring a drink of choice, if desired. Water and tea are provided.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!





## Club Connections

Lifestyle Director, Lori Hoppe

#### Welcome to our newest members!

Sign up in the Administrative Offices at the clubhouse for our New Member Orientation. These informative sessions take place in the clubhouse conference room at 2pm on the first Friday of every month. June 4th this month. Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

Offertation is a great way to meet other new members and
Markus & Edith Bienz
Lynn Bulman
Rosina Vukov
Maureen Boyd & Donald Robertson
John Silva
Gerald & Louise Buckley
William & Clare Hartland
John & Carol Jerrehian
Petra Cenovova
James & Paulette Culp
Barbara Doolittle
Spiro & Tess Magoulas
Arlene Capolino
Larry Liederman
James & Sandra Rolff
Michael & Lillian Corona
Mark & Joanne Harmer
John & Catherine Moscon
Vicky Small
Ryan & Nicole Hebl
Russ & Margy Jarem
David & Joan Clowser
Kevin Kramer
Victor Tirado & Carla Rolandi
Earl & Shannon Alexander
Robert & Susan Parker
Nicholas Cotsanas
Frederico & Mary Goyzueta
Joseph & Marla Coniglio
Russell & Rhonda Depetrillo
Linda Kuhns
Kannon & John Lutsky
Birney & Janet Humphrey
Richard & Jackie Imbrey
Millicent Cingone & Nicholas Incontrera
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James & Carol Humphry

•
Jerry & Angel Matthews
Robert & Diane Gerlach
Charles (Greg) & Ruthelia Abdian
John & Lori Crellin
Maria (Tania) Ding
Albert W. Eberling
Douglas & Sonya MacAskill
Ricky & Terri Robbins
Peter Hankey & Victoria Stevenson
Mark & Soon Powell
Peter & Lisa Brooks
Bill & Debbie Meyer
Dennis & Bonnie Mix
Glenn & Christine Herpst
Nancy & Richard Nelson
David & Donna
Harry Smiles
William & Marlo McGhie
Robert & Margaret Ural
Kristian & Jillian Bieber
Kristine Zornig
Donna & Ridge Shipley
John & Janice States
John & Janice Lewis
Grant & Elizabeth Smith
Brian & Rosemarie Farrell
Josephine Collins

# EAT SMART COMING SOON!

TRY OUR NEW SUPER FOOD MENU ITEMS & NATURAL GREEN SMOOTHIES



# Cinco De Mayo Fiesta at River Strand



Phil Lahm breaks open the piñata during the Cinco de Mayo party at River Strand.



Residents watch as another resident is blindfolded at the piñata.



Residents grab up goodies after the piñata breaks.

# Trivia Night is Enjoyed by River Strand Residents





## RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

<u>Lennar Customer Care</u> 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617

<u>Tennis Shop</u> Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-4:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com

Envera (Gate Company): 941-556-0732 (24-hours)

Nightly Security Patrol: 941-549-9637

<u>Property Managers - River Strand/Heritage Harbour</u> Dan Arens, LCAM, Single Family Homes

Phone: 941-932-8663

E-Mail: darens@ThelconTeam.com Matt Koratich, LCAM, Condominiums

Phone: 941-932-8671

E-Mail: mkoratich@ThelconTeam.com Kasey Dick, LCAM, Condominiums

Phone: 941-747-7261

Email: kdick@ThelconTeam.com

General Manager

Pat Cattanach, PGA 10

Pat Cattanach, PGA, LCAM Phone: 941-708-3837

E-Mail: pcattanach@ThelconTeam.com

River Strand Master Association Board Member

Terry Lyons

Phone: 941-896-7525 Email: ternanlyons@aol.com

Golf Course Superintendent

Renze Berg

Phone: 941-748-8626

E-Mail: rberg@ThelconTeam.com

Head Golf Professional

Corey Pion, PGA Phone: 941-708-3617

E-Mail: cpion@ThelconTeam.com

<u>Director of Tennis</u> Nate Griffin, USPTA

Phone: 941-932-8680

E-Mail: ngriffin@ThelconTeam.com

Executive Chef
Radames Febles

Phone: 941-932-8665

E-Mail: rfebles@ThelconTeam.com

Food & Beverage Manager

Wendy Wallis

Phone: 941-932-8664

E-Mail: wwallis@ThelconTeam.com

Lifestyle Director

Lori Hoppe

Phone: 941-932-8669

E-Mail: lhoppe@ThelconTeam.com

Administrative Office

Angela Duncan & Denise Amato

Phone: 941-708-3837

E-Mails: rsreception@ThelconTeam.com &

admin@riverstrandgolf.com

Concession Supervisor

Laura Kommick

Phone: 941-708-3837, ext. 110

