

# The Strand

June 2017

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your  
Clubhouse and Community

All the News from River Strand Golf & Country Club

# COMMUNITY MATTERS

**Shaun Fitzer, LCAM**



Important reminder that River Strand is a Neighborhood Watch community. If you see a suspicious circumstance, person, or event, residents are to contact the police department (941 932-9300). Onsite staff and our security company have limited authority compared to law enforcement authority.

**Architectural requests must be received by June 14th** for consideration at the meeting on June 20th at 3:30. No work shall be started without formal approval of the request per the governing documents.

New rules relating to appropriate attire in the clubhouse, restaurant, and fitness centers come into effect on June 1st. No smoking or vaping allowed in any of the pool areas, golf practice areas, and within 50' of the entrances to the club facilities. Talking on a cell phone is not permitted in the Dining Room or Grille Room.

June is the first month of hurricane season; please have your plan in place. Be advised that homes in River Strand equipped with storm shutters; shutters cannot be shut except within 72 hours of a named storm in which our county is threatened and must be opened or removed within 48 hours after the passing of the event.

Starting June 1st the pedestrian gates will be accessible by access card only 24 hours a day 7 days a week.



Visit [www.riverstrandgolf.com](http://www.riverstrandgolf.com) for up coming events, meeting notices and/or meeting minutes.

- ~ Up coming events can be found under the clubhouse tab.
- ~ Board of Directors meeting agendas and minutes can be found under the River Strand BOD tab.
- ~ All Committee meeting agendas and minutes can be found under the Committees tab

## Chicks And Flicks



Wednesday, June 7th at Noon  
Meet at MacAlisters Grille & Tavern  
8110 Lakewood Main St, Lakewood Ranch, FL 34202

**New Faces & Friends are Always Welcome!**  
Meet & Mingle with your River Strand Neighbors & Friends  
at Lunch and Select a Movie from Currently Playing Titles  
or Simply Enjoy Lunch with the Ladies.  
**Car Pooling is Suggested!**

Chicks And Flicks is Held the first Wednesday of  
Every Month, the Lunch Location Changes Every Month.

RSVP to [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com) by  
Monday, June, 5th.



The May Luncheon Pier 22.

# FRIDAY NIGHT ENTERTAINMENT

**Wendy Wallis, Food & Beverage Manager**

Here is the Friday lineup for the month of June  
6:00pm - 9:00pm

- Friday, June 2nd Skyway
- Friday, June 9th Sarah Combs
- Friday, June 16th Boardwalk Baby
- Friday, June 23rd Classic Wax
- Friday, June 30th Tropical Sounds with Tom Hayden



## Slow Roasted Prime Rib Every Friday Night



### Prime Rib Special

10 oz. - \$25.95++ or 12 oz. - \$29.95++

Includes your choice of:

Caesar or House Salad, Whipped or Baked  
Potato & Fresh Vegetable du Jour

Call 941-708-3837 for Reservations

*Save the Date*  
*July 4th*  
*Pool Party!*

12:00pm - 3:00pm  
Food, Games, Music & More!



# GOLF COMMENTS FROM COREY

## PGA Head Golf Professional, Corey Pion

Hopefully everyone is getting a chance to take advantage of the reciprocal courses. Please make sure we are following the procedure for reciprocals. It's part of our agreement with the other courses for our staff to call your desired course with the number of players, and date of play. Make sure that you bring your Member ID with you as well.

Junior Golf Camps are starting this month. If you have kids or friends with kids we are going to be offering several camps through-out the summer. Please let me know if you have questions about dates or prices, I can send you the flyer or you can swing by the pro shop and pick one up.

We just received to 2017 U.S Open merchandise in! Limited apparel so come get your shirts and hats while supplies last.

2017-2018 Member Events Schedule coming out soon!  
Also stay tuned for a New Summer Events Schedule!



**Robert Hood #5 Estuary  
on May 8, 2017**

Late Day Ranger cell phone  
number when the Pro Shop is closed.  
Report incidents out on the  
golf course. (941) 730-4436

The phone number will be located on  
the golf cart signs and on your receipt from  
the pro shop, so make sure you save it in  
your own personal cell phone.

## June GOLF EVENTS

### **Ladies' Day -**

8:30am Shotgun—Tuesday

### **Men's Day -**

8:15am Shotgun—Wednesday

## SATURDAY CLINICS

**Adults:** Every Saturday at 10-11am,  
(Please call pro shop to sign up)

**Juniors:** Every Saturday at 11:00  
(Please call pro shop to sign up)

# GOLF TIP OF THE MONTH

## PGA Assistant Golf Professional, Oscar Parks



### What to do when you have an unplayable lie in a bunker?



One thing to remember is that you always can attempt to play your golf ball as it lies. However, at a course like River Strand you may find yourself with a lie that is simply unplayable.

Many of you already know how to proceed when declaring a ball unplayable from a "normal" situation, but when your ball is in the bunker it can be a little confusing. When dropping from an unplayable bunker lie you need to drop **IN THE BUNKER**.

Here is the rule addressing how to proceed from an unplayable lie, be sure to read section "C", Rule 28:

"The player may deem his ball unplayable at any place on the course, except when the ball is in a water hazard. The player is the sole judge as to whether his ball is unplayable. If the player deems his ball to be unplayable, he must, under penalty of one stroke:

- Proceed under the stroke and distance provision of Rule 27-1 by playing a ball as nearly as possible at the spot from which the original ball was last played (see Rule 20-5); or
- Drop a ball behind the point where the ball lay, keeping that point directly between the hole and the spot on which the ball is dropped, with no limit to how far behind that point the ball may be dropped; or
- Drop a ball within two club-lengths of the spot where the ball lay, but not nearer the hole.

If the unplayable ball is in a bunker, the player may proceed under Clause a, b or c. If he elects to proceed under Clause b or c, a ball must be dropped in the bunker. When proceeding under this Rule, the player may lift and clean his ball or substitute a ball."

### Golf Course Reminders:

- No personal golf carts allowed on the course.
- Range balls must be purchased before 6:00pm and the range closes at 7:00pm
- Please remember the golf course is designated for registered golfers only. No jogging, walking, biking or use of your own personal golf carts, etc. This is for your safety.
- No driving range balls or bags shall ever leave the driving range area. Do not take them home with you. If you see someone taking them inform the golf shop.
- Help keep our course beautiful by filling your divots on the driving range and the course, also raking your tracks in the sand.
- Please park your personal golf cart in the designated spots in our parking lot.



# TENNIS TIP OF THE MONTH

**Tennis Professional, Nate Griffin**

## TENNIS AND RACQUETS AND STRINGS 101 (Nate's top 10)

10. If you choose to play with a heavier racquet (over 11oz) the racquet will be more stable and will absorb the shock of a hard hit ball much better than a light racquet.
9. A lighter racquet will be easier to swing and maneuver. This will allow you to swing faster and potentially have more racquet head speed.
8. Power in a racquet = larger head size, larger beam thickness, longer racquets, open string patterns, wider throats.
7. Control in a racquet = smaller head size, thinner beam width, shorter racquets, closed or dense string patterns, narrow throat.
6. Heavier racquets are typically more head light and lighter racquets tend to be made more head heavy.
5. An “evenly balanced” racquet doesn’t tip one way or the other and are generally better for your shoulder and arm.
4. Polyester strings are the best for producing spin given that you already have a fast swing and already are using lots of topspin.
3. Polyester strings are harsher on your arm and lose tensions more quickly.
2. Multifilament strings are softer on your arm and elbow and hold tension much longer.
1. If you string your racquet a bit looser (under 50 lbs), you will have more power and you will be able to swing a bit smoother; if you string a racquet tighter (over 55 lbs), you will have more control, but you will need to swing harder to get the power, which is a bit harder on the arm, especially if you don’t have proper technique and follow through.

### Court Maintenance

**We have added 2 pallets of coarse clay on courts 6 thru 9 and will continue to add clay and work on projects throughout the summer.**

**Projects include adding clay, removing old clay, repairing lines, nets, windscreens, and fences.**



# RIVER STRAND TENNIS PROGRAMS

## Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm,  
\$20 per class

## Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am,  
\$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm.

\$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

## Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost:  
\$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2 (sign up  
with partner)

Men's 4.0/4.5 Day: Sunday, 8:30–10:00am, cost: \$2

## Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

**Director of Tennis - Nate Griffin, USPTA**

½ Hour Private: \$40 or 1 Hour Private: \$80

**Head Tennis Professional – Abdul Idi, USPTA**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Scott Pothul**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Ben Zink, USPTA**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Gary Coulter**

1/2 Hour Private: \$30 or 1 Hour Private: \$60

## Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm

Saturday & Sunday, 8:00am – 3:00pm

Email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)

Pro Shop Phone: 941-932-8680

**Signing up for the 1st time at**

**[www.makeclubreservations.com](http://www.makeclubreservations.com),**

**facility code: river1, member type: annual**

**Court Hours** All days – 7am – 9:30pm

## River Strand Jr. Summer Tennis Camps 2017

<b>River Strand Tennis</b> 7135 Grand Estuary Trail Bradenton, FL 34212 941-932-8680	<b>Daily Schedule:</b> 9:55 a.m. Arrival–Check-in 10:00 -11:45 a.m. Tennis instruction, games, match play 10:00-12:00 p.m. Tournament training 11:45-1:30 p.m. Lunch and Swim 1:30 p.m. Pick-up at swimming pool
<b>USPTA Tennis Professionals</b> Nate Griffin–Director of Tennis Abdul Idi–Head Tennis Pro Scott Pothul–Assistant Tennis Pro Ben Zink–Assistant Tennis Pro	
<b>CAMP SESSIONS</b> MONDAY THRU THURSDAY RAIN DATE FRIDAY  <b>SUMMER CAMP DATES:</b> JUNE 5-8 JUNE 12-15 JUNE 19-22 JUNE 26-29 JULY 3-6 JULY 10-13 JULY 17-20 JULY 24-28 JULY 31-AUGUST 3 AUGUST 7-10	<b>Fees</b> \$150 per week -member/\$160 per week-non member \$40 per day-member/\$45 per day-non-member  <i>This is a fun filled week of tennis instruction where students will learn how to play the game of tennis in a friendly and fun learning environment. Ages 5-15 welcome, students will be placed in age/ability appropriate groupings.</i>
Phone: 941.932.8680 <a href="http://www.riverstrandcountryclub.com">www.riverstrandcountryclub.com</a> E-mail: <a href="mailto:ngriffin@theiconteam.com">ngriffin@theiconteam.com</a>	<div style="text-align: center;">  </div> <ul style="list-style-type: none"> <li>THINGS TO BRING:</li> <li>Tennis Racquet, water bottle</li> <li>Small bag with sun screen, hat, swimsuit, and towel</li> <li>Bring your own lunch, refrigerator and microwave on site.</li> </ul>

## UPCOMING TENNIS EVENTS

Saturday, June 10th

French Open Mixer  
9am - 12pm  
\$25 per player

Event Sign up at  
[www.makeclubreservations.com](http://www.makeclubreservations.com)

Morning Doubles:

Monday, Wednesday, Friday & Saturday's  
8:30am - 10:00am  
\$2 per player

Leagues and Ladders:

Looking for a singles game?  
Join our ladder!



# A TRIP TO LAGOS, NIGERIA

## Tennis Professional, Nate Griffin

Head Tennis Professional Abdul Idi made a two week visit to his hometown of Lagos, Nigeria. River Strand members donated clothing, shoes, tennis bags, and tennis racquets. Abdul donates his time to underprivileged youth in the Lagos area as he gives tennis clinics and exhibitions back to the community. The River Strand Tennis family is very proud to have Abdul on staff and be able to be a part of such a great program that Abdul has created. Thanks Abdul Idi!!



River Strand Golf & Country Club

## PICKLEBALL

### Pickleball Play Open Play

**All levels Group**

**Monday & Wednesday: 6:00-7:00pm**

**Intermediate-Advanced Group**

**Sunday through Saturday: 9:00-10:30am**

**Beginner Group**

**Sunday through Saturday: 10:30-11:30am**

Sign up at

[www.makeclubreservations.com](http://www.makeclubreservations.com),

facility code: river1, member type: annual

Beginner Pickleball Clinic,

\$10 per player

Mondays: 3:30-4:30pm

**If you have any questions contact the Tennis Shop  
at 941-932-8680 or email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)**

### Pickleball Beginner Clinics

#### First Monday of the month

June 5th

3:30pm - 4:30pm

3 person minimum

**Event Sign up at**

[www.makeclubreservations.com](http://www.makeclubreservations.com)

**Facility code: river1**

**\$10 cash per clinic**





# **PICKLEBALL TIP OF THE MONTH**

**Tennis Professional, Nate Griffin**

## **Injury Prevention for Pickleball**

Pickleball is a great sport and I recommend it to everybody.....

As long as you are physically ready for it. But Nate, I don't want to work out for pickleball, I want to play Pickleball for exercise.

While I understand that reasoning, it is the same as what we tell our tennis players. You need to do strength training and flexibility training so that your stabilizer muscles can handle the rigors of the quick start and stop movement in a racquet sport.

Pilates and Yoga are highly recommended. I would also recommend leg strengthening exercises and a lot of core muscle grouping workouts. You will need good posture and strength in your core and in your glutes so that your hamstrings don't take on too much of the load.

Balancing exercises for your legs and ankles are highly recommended.

Pickleball is a great sport, so stay healthy and injury free, so you can enjoy it!

For more tips, check with your Tennis Staff and/or sign up for some River Strand fitness classes (Yoga, Water Aerobics, Pilates, etc...)



# RENZE'S MAINTENANCE REPORT

## Renze Berg, GCSA

During the past 2 weeks, we have been very busy doing many cultural practices to Tributary. We have aerified greens, tees, fairways and rough, followed by an aggressive verticutting to greens, tees and fairways.

Tributary has healed well and will be open on June 5th.

From June 5th –June 26th, Estuary course will be closed and we will be doing the same practices during the 3 week closure. Throughout the summer, we will continue to aerify, verticut and topdress the driving range tee every month to level the hitting surface as much as possible. During the month of June, we will finish landscaping the back of clubhouse and Proshop. We will also have the palm trees around Tennis and the Clubhouse trimmed in the month of June as well. Enjoy your summer!

## LANDSCAPE UPDATES

- New plants have been added to the large pots in the pool area.
- The new landscaping in the back of the Golf Pro shop will be finished this month.
- The palm trees around the Tennis Pro Shop and the Clubhouse will be trimmed this month.
- Lava Rock has been added around the tennis courts



# COMMUNITY LANDSCAPE UPDATE

**Llomell Llorca, President & CEO, TruScapes Industries, Inc.**

Dear residents,

Spring is here once again and the TruScapes Industries team is taking services to the next level for the residents of River Strand. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides. As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs / rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape. Our irrigation crews will continue performing their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn, this is attributed to the warmer temperatures and the absence of rain so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key entering the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed. In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we as a commercial applicators are limited as to what fertilizers we can apply and when as directed by local county authorities in helping preserve our natural environment around us. We wish all of the residents of River Strand a joyful spring season with all of the scents blooming shrubs and trees have to offer during this time of the year as we work hard on gardens and turf areas.

Finally...for the residents that like to add some splash of color to their gardens and seek suggestions on what annuals to install this time of the year, our team recommends Pentas, Dragon Leaf Begonias and Vincas, these come in many different colors and will tolerate the weather spring and early summer has to offer.













# FOOD & BEVERAGE CALENDAR

## JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Lunch 11am-4:30pm Dinner 5:30pm-8pm	2 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	3 Lunch 11am-4:30pm Bar 11am-7pm
4 Lunch 11am-5pm Bar 11am-7pm	5 Lunch 11am-5pm Bar 11am-7pm	6 Lunch 11am-5pm Bar 11am-7pm 	7 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm	9 Lunch 11am-4:30pm Dinner 5:30pm-8pm <b>Crab Night</b> 	10 Lunch 11am-4:30pm Bar 11am-7pm
11 Lunch 11am-5pm Bar 11am-7pm	12 Lunch 11am-5pm Bar 11am-7pm	13 Lunch 11am-5pm Bar 11am-7pm 	14 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	15 Lunch 11am-4:30pm Dinner 5:30pm-8pm	16 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	17 Lunch 11am-4:30pm Bar 11am-7pm
18 Lunch 11am-5pm Bar 11am-7pm 	19 Lunch 11am-5pm Bar 11am-7pm	20 Lunch 11am-5pm Bar 11am-7pm 	21 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	22 Lunch 11am-4:30pm Dinner 5:30pm-8pm	23 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	24 Lunch 11am-4:30pm Bar 11am-7pm
25 Lunch 11am-5pm Bar 11am-7pm	26 Lunch 11am-5pm Bar 11am-7pm	27 Lunch 11am-5pm Bar 11am-7pm 	28 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	29 Lunch 11am-4:30pm Dinner 5:30pm-8pm	30	

**Saturday, Sunday & Monday - Lunch Menu: 11:00am - 5:00pm Bar Open 11:00am - 7:00pm**  
**Tuesday - Friday Lunch Menu: 11:00am - 4:30pm Wednesday - Friday Dinner Menu: 5:30pm - 8:00pm**  
**Bar Open 11:00am - 9:00pm**  
**Happy Hour Daily: 11:00am - 7:00pm**





*All-You-Can-Eat Snow Crab Legs*

**\$29.95**

June 9, 2017

Served with Your Choice of Baked Potato or Rice,  
Fresh Vegetable, Garlic Bread & Drawn Butter

Call 941-708-3837 to make dinner reservations

*Regular dinner menu will also be available*



## **June Specials**

June 7th - Liver & Onions, Mashed Potatoes and Roasted Vegetables

June 14th- Chopped Steak with Onions, Mushrooms, Gravy & Mashed Potatoes

June 21st - Grilled Pork Ribeye, Sweet Potatoes & Green Beans

June 28th - Grilled Chicken, Baby Carrots and Red Bliss Potatoes with a Pecan Butter Sauce



Join Chef Radames  
on Thursday, June 29th at 2pm  
for a Cooking Demonstration

**Space is Limited, Only of 20 Spots Available!**

**\$20 per Person**

Call 941-708-3837  
or email [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com)  
to reserve your spot today!

## Tuesday Night

*Events*

**5:00pm – 7:00pm**

June 6th -

**Taco Tuesday**

June 13th -

**Trivia Night**

June 20th -

**Burger Night**

June 27th -

**Pasta Night**



Sunday, June 18th

6pm to 9pm

Community Center

6835 Willowshire Way

Please bring six one dollar bills for a variety of games.

Bring a hearty appetizer or small covered dish to share and a drink of choice, if desired. Water and tea are provided.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!



*It's all about*  
**DAD**  


*June 18, 2017*

join us for the

Ultimate Build-Your-Own Bloody Mary Bar,  
Manly Restaurant Specials Designed just for Dad!

Chicken or Beef Fajitas

Cubans & French Fries

Baby Back Ribs, Baked Beans, Corn & Coleslaw

**AND**

Complimentary Ice Cream Sundae Bar  
for all Dads!

**11:00am - 5:00pm**

## FITNESS 101

### Learn the Basics

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

### EQUIPMENT 101

Wednesday, June 21st at 6:00pm

Fitness Room at the Community Center

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.

Hand Weight	Recumbent Bike
Barbell	Leg Press
Weighted Ball	Stretch Cage
Foam Roller	Abdominal
Stability Ball	Hip Abductor/Adductor
Bosu Ball	Leg Extension
Ab Roller	Seated Leg Curl
Bands	Lat Pull
Kettlebell	Overhead Press
Elliptical	Chest Press
Treadmill	

## Pickleball Beginner Clinics

### First Monday of each month

Starting May 1st

3:30pm - 4:30pm

3 person minimum

**Event Sign up at**

[www.makeclubreservations.com](http://www.makeclubreservations.com) | Facility code: river1

**\$10 cash per clinic**





# TRIVIA NIGHT

**Tuesday, June 13th**

**Dinner Buffet Begins at 5:30pm  
Trivia Game Begins at 6:30pm**

**Buffet Dinner & Trivia - \$25 per person inclusive**

Teams of 8 are the maximum number recommended.  
If you do not have a team, you can be paired with one.  
Individuals are always welcome to attend fun event.

**Call (941) 708-3837 to Make Your Reservations**

## BUFFET MENU

Grilled Chicken with Picatta Sauce,  
Blackened Corvina with Mango Relish  
Roasted Brussels with Bacon & Parmesan Risotto

**No Regular Dinner Menu,  
Reservations Required with Credit Card**



## Comes to River Strand!

Create a one-of-a-kind tote bag with step by step instructions from an experienced local artist!

**When:** June 6, 2017

**Time:** 1:00pm - 3:00pm

**Where:** Sanctuary Clubhouse  
6835 Willowshire Way

**Cost:** \$40 per person

**Painting:**



**Register:** [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com)  
or call 941-708-3837 option 1

**FRIDAY  
JULY  
7TH**



**1ST PITCH  
7:10PM**

## TAMPA BAY RAYS VS. BOSTON RED SOX

Bus leaving River Strand  
Clubhouse at 5:00pm  
Seats in Lower Box,  
Section 127  
\$60.00 per person  
Includes Transportation, Ticket  
and a Free Rays Hat!

Email [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com)  
or stop by the administrative  
office to make  
your reservations.



## fused glass wind chimes!

with Liana Martin from Firebug Designs

**Friday, June 16, 2017**

from 10:00am to 12:00pm at the  
Community Center  
**\$25 Per Person**

Please register with the administrative office (941)708-3837 or by  
email to [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com)  
Payment is due upon reservation.

*Spaces are limited!*

This is a great class for  
someone looking for a fun way  
to be creative while learning  
the art of fused glass.  
No experience necessary. All  
materials included.



# FITNESS & SOCIAL CALENDAR

## JUNE 2017

\*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 <a href="#">Beginner Tai-Chi</a> 9am <a href="#">Yoga Stretching</a> 9am <a href="#">BUNCO</a> 10:00am <a href="#">Butts &amp; Abs</a> 10:30am <a href="#">Golf Yoga</a> 11:30am <a href="#">Men's Asian Cards</a> 3pm*	2 <a href="#">Bridge</a> 9:30am <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Fiber Arts Club</a> 2pm* <a href="#">Hand &amp; Foot</a> 6:00pm*	3 <a href="#">Mommy &amp; Me</a> <a href="#">Fitness</a> 9:30am <a href="#">Golf Yoga</a> 11:15am
4	5 <a href="#">Bridge</a> 9:30am <a href="#">Zumba</a> 10:30am <a href="#">Mah Jongg</a> : 6:00pm*	6 <a href="#">Bible Study</a> 10am* <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Texas Hold-Em</a> 5:20pm*	7 <a href="#">Mah Jongg</a> 9:00am* <a href="#">Zumba Tone/Step</a> 10:30am <a href="#">May I? Game</a> 1:30pm* <a href="#">Mixed Bridge</a> 6:00pm*	8 <a href="#">Beginner Tai-Chi</a> 9am <a href="#">Butts &amp; Abs</a> 10:30am <a href="#">Golf Yoga</a> 11:30am <a href="#">Men's Asian Cards</a> 3pm* <a href="#">Social Game Night</a> 6:00pm*	9 <a href="#">Bridge</a> 9:30am <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Hand &amp; Foot</a> 6:00pm*	10 <a href="#">Golf Yoga</a> 11:15am
11	12 <a href="#">Bridge</a> 9:30am <a href="#">Zumba</a> 10:30am <a href="#">Mah Jongg</a> : 6:00pm*	13 <a href="#">Yoga Fusion</a> 9:00am <a href="#">Bible Study</a> 10am* <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Texas Hold-Em</a> 5:20pm*	14 <a href="#">Mah Jongg</a> 9:00am* <a href="#">Zumba Tone/Step</a> 10:30am <a href="#">May I? Game</a> 1:30pm* <a href="#">Mixed Bridge</a> 6:00pm*	15 <a href="#">Beginner Tai-Chi</a> 9am <a href="#">Yoga Stretching</a> 9am <a href="#">BUNCO</a> 10:00am <a href="#">Butts &amp; Abs</a> 10:30am <a href="#">Golf Yoga</a> 11:30am <a href="#">Men's Asian Cards</a> 3pm*	16 <a href="#">Bridge</a> 9:30am <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Fiber Arts Club</a> 2pm* <a href="#">Hand &amp; Foot</a> 6:00pm*	17 <a href="#">Mommy &amp; Me</a> <a href="#">Fitness</a> 9:30am <a href="#">Golf Yoga</a> 11:15am
18 <a href="#">Girls Night Out</a> 6:00pm*	19 <a href="#">Bridge</a> 9:30am <a href="#">Zumba</a> 10:30am <a href="#">Mah Jongg</a> : 6:00pm*	20 <a href="#">Yoga Fusion</a> 9:00am <a href="#">Bible Study</a> 10am* <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Texas Hold-Em</a> : 5:20pm*	21 <a href="#">Mah Jongg</a> 9:00am* <a href="#">Fitness 101</a> 10:00am* <a href="#">Zumba Tone/Step</a> 10:30am <a href="#">May I? Game</a> 1:30pm* <a href="#">Mixed Bridge</a> 6:00pm*	22 <a href="#">Beginner Tai-Chi</a> 9am <a href="#">Yoga Stretching</a> 9am <a href="#">Butts &amp; Abs</a> 10:30am <a href="#">Golf Yoga</a> 11:30am <a href="#">Men's Asian Cards</a> 3pm* <a href="#">Social Game Night</a> 6:00pm*	23 <a href="#">Bridge</a> 9:30am <a href="#">Zumba-Aqua</a> : 10:30am <a href="#">Hand &amp; Foot</a> 6:00pm*	24 <a href="#">Golf Yoga</a> 11:15am
25	26 <a href="#">Bridge</a> 9:30am <a href="#">Zumba</a> 10:30am <a href="#">Mah Jongg</a> : 6:00pm*	27 <a href="#">Yoga Fusion</a> 9:00am <a href="#">Bible Study</a> 10am* <a href="#">Zumba-Aqua</a> 10:30am <a href="#">Texas Hold-Em</a> : 5:20pm*	28 <a href="#">Mah jongg</a> 9:00am* <a href="#">Zumba Tone/Step</a> 10:30am <a href="#">May I? Game</a> 1:30pm* <a href="#">Mixed Bridge</a> 6:00pm*	29 <a href="#">Beginner Tai-Chi</a> 9am <a href="#">Yoga Stretching</a> 9am <a href="#">Butts &amp; Abs</a> 10:30am <a href="#">Golf Yoga</a> 11:30am <a href="#">Men's Asian Cards</a> 3pm*	30 <a href="#">Bridge</a> 9:30am <a href="#">Zumba-Aqua</a> : 10:30am <a href="#">Hand &amp; Foot</a> 6:00pm*	



# FITNESS & SOCIAL ACTIVITIES

## JUNE 2017

### FITNESS

#### AQUA FIT:

#### BUTTS & ABS

#### FIT 4 LIFE:

#### FITNESS 101:

#### FITNESS BALL CLASS:

#### GOLF YOGA

#### MOMMY & ME FITNESS:

#### BEGINNER & INTERMEDIATE TAI-CHI

#### YOGA:

#### YOGA FUSION:

#### YOGA STREACHING:

#### ZUMBA:

#### ZUMBA-AQUA :

#### ZUMBA TONING/STEP MIX:

Classes will resume in September

10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

Classes will resume in September

10:00am on Wednesday, May 24th in the Community Center fitness room. Learn the Basics of Exercise.

Classes will resume in October.

Thursday 11:30am and 11:15am on Saturday in the Clubhouse Fitness Room. Classes are \$15.

**(ALL Attendees must register in advance at [sagejohnson@comcast.net](mailto:sagejohnson@comcast.net))**

9:30am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.

9:00am on Thursday at the Pavilion in Central Park. Classes are \$5. For those who want to develop or hone their Tai Chi skills.

Classes will resume in October.

9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. Classes are \$5.

9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5. (NO CLASS JUNE 8TH)

10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

10:30am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.

10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

### SOCIAL

#### BIBLE STUDY:

#### BOOK CLUB:

#### BRIDGE:

#### BUNCO:

#### CHICKS AND FLICKS:

10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

Will resume Monday, November 27th

9:30am on Monday & Friday. Group will play at the Clubhouse.

10:00am on the first Thursday of the month in the Clubhouse Card Room.

First Wednesday of every month. This month Wednesday, June 7th meet at MacAlisters Grille & Tavern at Noon .

followed by a movie of your choice. See page 2 for more information.

#### FIBER ARTS CLUB:

2:00pm-4:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month. All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.

#### GIRLS' NIGHT OUT:

6:00pm on the third Sunday of the month at the Community Center. See flyer on page 17 for more information.

#### HAND & FOOT CARD GAME:

6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 603-586-4569

#### LADIES MAH JONGG:

9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 or [gmonnell@tampabay.rr.com](mailto:gmonnell@tampabay.rr.com).

#### MAH JONGG:

6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

#### MAY I? GAME

1:30pm on Wednesday at the Community Center.

#### MEN'S ASIAN CARDS GROUP

3:00pm on Thursday at the Community Center.

#### MIXED BRIDGE:

6:00pm on Wednesday at the Community Center.

#### SOCIAL GAME NIGHT:

6:00pm on the second and fourth Thursday in the Community Center (Card games and/or board games)

Contact Peyton Wynns at 941-284-2131 with questions or suggestions.

#### TEXAS HOLD-'EM:

5:20pm-8:00pm on Tuesday. Group will play at the Community Center.

#### VETERANS NETWORK:

6:30pm on the first Thursday of the month in the Clubhouse Conference Room.







### River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

### Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

### Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

### River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

### May I?

May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

## **COMMITTEE LIAISON** **INFORMATION** **(Current as of 3/28/2017)**

### **Compliance -**

Anita Tierney  
atierney@riverstrandbod.com

### **Finance -**

Scott Hancock  
shancock@riverstrandbod.com

### **Food & Beverage -**

Mike Fisher / Bob Walsh  
mfisher@riverstrandbod.com  
bwalsh@riverstrandbod.com

### **Golf -**

Charles Glasser  
cglasser@riverstrandbod.com

### **Safety & Security -**

Bob Walsh  
bwalsh@riverstrandbod.com

### **Social -**

Mike Fisher  
mfisher@riverstrandbod.com

### **Tennis -**

Eddie Hicks  
ehicks@riverstrandbod.com



# Committee Chair Information

<b><u>Committee Name:</u></b>	<b><u>Chair &amp; Email</u></b>
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net
Compliance Committee:	Lance Dunn ldunnersccc@gmail.com
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com
IT Committee:	Jim Moline jmoline@yahoo.com
Safety, Security & Emergency Preparedness Committee:	Ray Phaneuf decoyray@gmail.com
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com
Golf Greens Committee:	Samara Paice spaice13@gmail.com
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com
Tennis Committee:	Jack Wilson jack@jackmwilson.net
ARC Committee:	Shaun Fitzer sfitzer@theiconteam.com

**If you have any comments, questions or concerns please contact the committee chair at the email address above for the applicable committee.**





## Cinco De Mayo Party!



## Bunco Ladies Lunch



## Club Connections

Lifestyle Director, Angela Duncan

### Welcome to our newest members!

Stop by the Conference Room at the clubhouse for our New Member Orientation.

These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on June 2nd.

Shaun & Samantha Notman
Mauro & Rina Bartolai
Woody & Janie Wilson
Cecelia & Stephen Hunsberger
Marla & Joseph Coniglio
Chris & Holly Baum
Rob Miller
Carol Barr
Perry & Margaret Beck
Eash Properties LLC (Perry & Edna Eash)
Arthur Herchen Jr
Michael & Lisa Cordell
Mark & Carol Chadwick
Barry & Carla Gallas
Cluny & Golda Sheppard
George Lorbert & Cynthia Garrett
Hans & Trudy Wessels
Michael Harris
Carlos & Donna DaSilva
Anthony & Pamela Pollack
John & Marilyn Lash
Brian & Wendy Stevens
Daniel & Lisa Kleeberg
Thomas & Victoria McHenry
Glenn Derrington & Sharon Perez
Robert & Vicki Hrabovecky
Robert Masters
Daniel & Patricia Herman
John & Charlene Hollingsworth
Robert & Sylvie Hurtubise



# Important Reminders

- Golf Member Appreciation Month - **1/2 price rounds 11am to 3pm thru June!**
- **Social Members are invited to play golf!** \$12.81 for 9 Holes; \$23.50 for 18 Holes thru June!
- Dinner Service is now available **Wednesday thru Friday**. Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- **Seating in the Grille Room is on a first come, first serve basis.**  
**No reservations will be accepted for the Grille Room.**
- **Blue Plate Specials** are available on **Wednesday Nights**.  
See Page 13 for a complete listing of Blue Plate Specials in June.
- See page 13 for our new **Tuesday Night Theme Events!** Trivia, Burger Night, Taco Night etc!
- July 7th - **Tampa Bay Rays vs. Boston Rex Sox!** See more details on page 15.

## Member ID Requirement Changes



Please excuse the inconvenience, we are now requiring all members to present their member ID cards at all points of sale; Restaurant, Bar, Tiki Bar, Golf Shop, Tennis Shop and Administration Office.

This is to insure accurate billing and application of your food minimum.

If you haven't done so already please stop by the administration office to have your card encoded with your member number.

Children under the age of 14 who ride the bus and access the community through the pedestrian gates will need to come by the administration office as well to receive a "children's ID card". The pedestrian gates will be locked and they will need this card to enter the community.



# RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail  
Bradenton, FL 34212  
941-708-3837 Phone  
941-708-3785 Fax  
[www.riverstrandgolf.com](http://www.riverstrandgolf.com)

Lennar Customer Care  
866-226-4057

Icon Management Services  
941-747-7261 Phone  
941-526-3283 After Hours

Clubhouse General Office  
Mon-Fri, 9:00am-5:00pm  
Phone: 941-708-3837

Golf Shop  
Every Day, 6:00am-6:00pm  
Phone: 941-708-3617  
Late Day Ranger: 941-730-4436

Tennis Shop  
Monday-Friday, 8:00 am-7:00 pm  
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room  
941-932-8667  
Check calendar for seasonal hours of operation.

Swimming Pools  
Open from dawn until dusk.

Gate Attendant  
Phone: 941-746-2167 (gatehouse)  
E-Mail: [gatehouse@riverstrandgolf.com](mailto:gatehouse@riverstrandgolf.com)  
Envera (Gate Company): 941-556-0732 (24-hours)  
Nightly Security Patrol: 941-549-9637

Community Association Managers  
Shaun Fitzer, LCAM, Single Family Homes/River Strand  
Phone: 941-932-8663  
E-Mail: [SFitzer@ThelconTeam.com](mailto:SFitzer@ThelconTeam.com)  
Lee Weiss, Condominiums/Heritage Harbour  
Phone: 941-747-7261  
E-Mail: [lweiss@ThelconTeam.com](mailto:lweiss@ThelconTeam.com)  
Kasey Dick, LCAM, Condominiums  
Phone: 941-747-7261  
Email: [KDick@ThelconTeam.com](mailto:KDick@ThelconTeam.com)

General Manager  
Pat Cattanach, PGA, LCAM  
Phone: 941-708-3837  
E-Mail: [PCattanach@ThelconTeam.com](mailto:PCattanach@ThelconTeam.com)

River Strand Master Association Board President  
Terry Lyons  
Phone: 941-896-7525  
Email: [tlrsbod@aol.com](mailto:tlrsbod@aol.com)

Golf Course Superintendent  
Renze Berg  
Phone: 941-748-8626  
E-Mail: [RBerg@ThelconTeam.com](mailto:RBerg@ThelconTeam.com)

Head Golf Professional  
Corey Pion, PGA  
Phone: 941-708-3617  
E-Mail: [CPion@ThelconTeam.com](mailto:CPion@ThelconTeam.com)

Director of Tennis  
Nate Griffin, USPTA  
Phone: 941-932-8680  
E-Mail: [NGriffin@ThelconTeam.com](mailto:NGriffin@ThelconTeam.com)

Executive Chef  
Radames Febles  
Phone: 941-932-8665  
E-Mail: [RFebles@ThelconTeam.com](mailto:RFebles@ThelconTeam.com)

Food & Beverage Manager  
Wendy Wallis  
Phone: 941-932-8664  
E-Mail: [WWallis@ThelconTeam.com](mailto:WWallis@ThelconTeam.com)

Lifestyle Director  
Angela Duncan  
Phone: 941-932-8671  
E-Mail: [ADuncan@ThelconTeam.com](mailto:ADuncan@ThelconTeam.com)

Administrative Office  
Deanna Broten & Cherry Aasen  
Phone: 941-708-3837  
E-Mails: [RSreception@ThelconTeam.com](mailto:RSreception@ThelconTeam.com) &  
[admin@riverstrandgolf.com](mailto:admin@riverstrandgolf.com)

Concession Supervisor  
Laura Kommick  
Phone: 941-708-3837, ext. 110

