



# The Strand

May 2017

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your  
Clubhouse and Community

All the News from River Strand Golf & Country Club

# COMMUNITY MATTERS

## Shaun Fitzer, LCAM



Important reminder that Architectural Review Requests must be received by the second Wednesday of the month for consideration the third Tuesday. Work cannot start until the request has been reviewed and approved officially by the ARC committee.

2017 has been a dry year so far and irrigation is vitally important to keeping our community green. Please contact the property manager or the administrative office if you are having watering issues. Please note that over watering will lead to excessive weeds and staining of the sidewalks and curbs. For single family homeowners please be sure to check the GFCI device on the inside of your garage to insure that power is maintained to the time clock (home checkers should be aware to make sure this outlet is functioning).

During the month of May we will be performing repairs to the Sanctuary exit gate. The gate will need to be open for several days during the week in order to complete the repairs.

Please check out the calendar on the website and in the newsletter for announcements about upcoming committee meetings which are scheduled. All committee meetings are open for the membership to attend. Meeting dates are determined by the committee members.

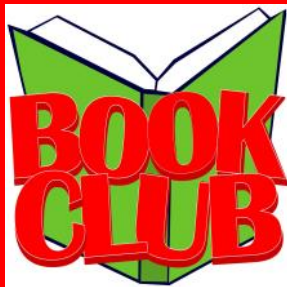
The board of directors has made it mandatory for staff to request the presentation of the member ID card, and a new system of encoding the card can help speed up this process. Members can come to the administrative office to have their cards encoded.

Starting on June 1st the pedestrian gates will be locked down 24 hours a day. Access cards limited to only the pedestrian gates which must be updated in August of each year are available for the under age members of the community. Please stop by the administrative office to have the picture ID card created.

### Sanctuary Wifi

The Sanctuary Clubhouse now  
has wifi available!

Network: Sanctuary Rec Facility  
Password: Riverstrand



**The Book Club**  
Will resume Monday,  
November 27th  
Contact Janice States  
at (412) 720-3647  
or  
statesjanice@icloud.com  
for more information.  
We'd love to have  
you join us!

### Chicks And Flicks



Wednesday, May 3rd at Noon  
Meet at Pier 22  
1200 1st Ave West Bradenton, FL 34205

**New Faces & Friends are Always Welcome!**  
Meet & Mingle with your River Strand Neighbors & Friends  
at Lunch and Select a Movie from Currently Playing Titles  
or Simply Enjoy Lunch with the Ladies.  
**Car Pooling is Suggested!**

Chicks And Flicks is Held the first Wednesday of  
Every Month, the Lunch Location Changes Every Month.

RSVP to [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com) by  
Monday, April 3rd.



The April Luncheon at Mattisons City Grille.



# FRIDAY NIGHT ENTERTAINMENT

**Wendy Wallis, Food & Beverage Manager**

Here is the Friday lineup for the month of May  
6:00pm - 9:00pm

- Friday, May 5th Classic Wax
- Friday, May 12th Sarah Combs
- Friday, May 19th Broadway Baby
- Friday, May 26th Skyway



**Many Residents and their families enjoyed River Strand's Easter Brunch!**



# GOLF COMMENTS FROM COREY

## PGA Head Golf Professional, Corey Pion

I wanted to start this months Newsletter by congratulating the following members for their excellent play in our year end Club Championships. Scott and Sam Paice are our 2017 Couples Club Champions and a special shout out to Sam Paice for shooting her personal best round of her life with a 1 over 73!!! Well done Sam! Beatriz Niemeyer showed her toughness again this year as she won her 3rd straight Ladies' Club Championship. Jean Cooper won our first Ladies' Senior Club Championship in the 65 & up division. Congrats to Jack McCauley for firing consecutive 78's to win two of his last 3 Club Championships. Ken Hemsworth won our first Senior Men's Division from the White tees 65 & Up and Jay Young is our Green Tee Club Champion 65 & up!

Now that season is winding down and a lot of you have gone home or leaving shortly, I just wanted to say thank you for another great season at the club. We hope you have a great summer and will see you in the fall or when you return.

Junior Golf Camps are around the corner. If you have kids or friends with kids we are going to be offering several golf camps through-out the summer. We now have flyers in the pro shop with the specifics. Let me know if you need a copy and I can email you one as well.

Reciprocal season is now upon us and we have the reciprocal list in the pro shop, at the front desk, on the website or I can email it to whoever needs it (cpion@theiconteam.com). Like in the past the procedure for reciprocals is to call us in the pro shop with your desired course, number of players, and date of play and we will make that call for you. Please do not call the course yourselves and have a couple of other courses in mind as back-ups.



**Barbara Wishart #2 Estuary**    **Sally Graham #2 Tributary**  
**on March 21, 2017**                **on March 28, 2017**  
**Linda Schultz, #5 Estuary**    **Natalie Bradley #2 Tributary**  
**on April 6, 2017**                **April 22, 2017**

Late Day Ranger cell phone  
 number when the Pro Shop is closed.  
 Report incidents out on the  
 golf course. (941) 730-4436

The phone number will be located on  
 the golf cart signs and on your receipt from  
 the pro shop, so make sure you save it in  
 your own personal cell phone.

## MAY GOLF EVENTS

**9 & Dine** May 1st—4pm

**Ladies' 18 Holes -**

8:30 Shotgun—Tuesday

**Ladies' 9 Holes -**

9:00 Shotgun—Tuesday

**Men's 18 Holes -**

8:15 Shotgun Wednesday

**Men's 9 Holes - 9:00 Shotgun Wednesday**

## SATURDAY CLINICS

**Adults:** Every Saturday at 10-11am,  
 11am-12pm

(Please call pro shop to sign up)

**Juniors:** Every Saturday at 12:00

(Please call pro shop to sign up)

# GOLF TIP OF THE MONTH

## PGA Assistant Golf Professional, Oscar Parks



### When is a ball unplayable and what are my options?

There's a number of times during a round of golf that we find ourselves with a less than desirable lie, unable to make a swing or even advance your ball. You may be in a bunker, in the rough, in the mucky grass, etc.; you may even think to yourself that there should be some sort of relief from your position. Here is what you are permitted to do should you find yourself in a similar predicament.

A player may deem their ball unplayable at any place on the course, except when the ball is in a water hazard. You are the sole judge and always entitled to claim an unplayable lie. Under the rule (Rule 28—Ball Unplayable) you incur a one stroke penalty, but are then permitted to take relief from your troubling situation. There are three specific options when taking an unplayable lie. The first option is to go back to the spot where you played your last shot. The second is to drop your ball within two club lengths of where the ball came to rest, no closer to the hole. The third and final option is to take the point at which the ball came to rest and move back away from the hole in a straight line as far back on that line as you would like.

In summary, if you find yourself worse off than you were, from where you previously hit your last shot, you would probably be better off taking an unplayable. For example, if you are in the fairway and you hit your shot into a bunker immediately in front of you and you don't have the confidence to hit it out of the ball now lies in a much more difficult position. You would be best served to take an unplayable following the afore mentioned rules.

### Golf Course Reminders:

- Dress code is required at the range and practice facility. You must have a collared shirt and no denim is allowed.
- Range balls must be purchased before 5:30pm and the range closes at 6:30pm
- Please remember the golf course is designated for registered golfers only. No jogging, walking, biking or use of your own personal golf carts, etc. This is for your safety.
- No driving range balls or bags shall ever leave the driving range area. Do not take them home with you. If you see someone taking them inform the golf shop.
- Help keep our course beautiful by filling your divots on the driving range and the course, also raking your tracks in the sand.
- Repair ball marks on the green.



# TENNIS TIP OF THE MONTH

## Tennis Professional, Nate Griffin

### 50-25-25 and Lessons!

Summer is here and the local league seasons are finished. This is a great time to work on your game now that you aren't in the middle of competition.

Many players make the mistake of thinking that the only way they will improve their tennis is to play better players. While there are some advantages of playing better players, the only true way to get better is to improve your skills. Most accomplished tennis players have gone through some directed training and instruction at some point. Can't afford to get a private lesson with the pro's? Find a way to get a clinic once in a while or look for areas in your game that you know are holding you back.

Bottom line is that you aren't going to reach your true potential or even get close to your potential if you don't work on your game. You should be practicing your serve, hitting on the ball machine, sparring with a partner, or even doing shadow swings with fundamental technique. The other area that everybody can always improve on is fitness. This is probably the most important as this will for sure have a positive influence on your quality of life as well. Whether it is weight training, yoga, pilates, running, biking, swimming, stretching, on court movement drills, jump-rope, or any fitness/nutritional advantage you can find, embrace it and stick with it!

As far as playing matches, this should of course be part of your training. The best advice I have for you in match play is that if you were playing 4 matches a week, you should be trying to schedule one player that you will almost always beat so you can work on your technique and those tactics you are working on. You should also be playing 2 or half of your matches against players that will beat you roughly half of the time and vice versa. You will learn to be much more mentally tough if you are involved in close matches that require some mental fitness. Last, but not least, you should look to find one player a week that is willing to play against you (remember even a stronger player should be looking to play 1 match a week against a weaker player!) so that the better player can exploit your weaknesses as they will almost always be beating you. The better players can find a way to actually exploit your weaknesses which will seem painful but it is actually exactly what you want to happen so you know what you need to be working on in practice.

Of course I can't get through this article without giving my team a plug...come on over to the Tennis Pro Shop and one of our Tennis Professionals will be happy to work with your goals.



April 22, 2017 Tennis Members Appreciation Day!

# RIVER STRAND TENNIS PROGRAMS

## Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm,  
\$20 per class

## Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am,  
\$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm.

\$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

## Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost:  
\$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2 (sign up  
with partner)

Men's 4.0/4.5 Day: Sunday, 8:30–10:00am, cost: \$2

## Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

**Director of Tennis - Nate Griffin, USPTA**

½ Hour Private: \$40 or 1 Hour Private: \$80

**Head Tennis Professional – Abdul Idi, USPTA**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Scott Pothul**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Ben Zink, USPTA**

½ Hour Private: \$35 or 1 Hour Private: \$70

**Assistant Tennis Professional – Gary Coulter**

1/2 Hour Private: \$30 or 1 Hour Private: \$60

## Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm

Saturday & Sunday, 8:00am – 3:00pm

Email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)

Pro Shop Phone: 941-932-8680

**Signing up for the 1st time at**

**[www.makeclubreservations.com](http://www.makeclubreservations.com),**

**facility code: river1, member type: annual**

**Court Hours** All days – 7am – 9:30pm

## River Strand Jr. Summer Tennis Camps 2017

**River Strand Tennis**  
7135 Grand Estuary Trail  
Bradenton, FL 34212  
941-932-8680

**Daily Schedule:**

9:55 a.m.	Arrival–Check-in
10:00 -11:45 a.m.	Tennis instruction, games, match play
10:00-12:00 p.m.	Tournament training
11:45-1:30 p.m.	Lunch and Swim
1:30 p.m.	Pick-up at swimming pool

**USPTA Tennis Professionals**  
Nate Griffin–Director of Tennis  
Abdul Idi–Head Tennis Pro  
Scott Pothul–Assistant Tennis Pro  
Ben Zink–Assistant Tennis Pro



**CAMP SESSIONS**  
MONDAY THRU THURSDAY  
RAIN DATE FRIDAY

**SUMMER CAMP DATES:**  
JUNE 5-8  
JUNE 12-15  
JUNE 19-22  
JUNE 26-29  
JULY 3-6  
JULY 10-13  
JULY 17-20  
JULY 24-28  
JULY 31-AUGUST 3  
AUGUST 7-10

**Fees**  
\$150 per week -member/\$160 per week-non member  
\$40 per day-member/\$45 per day-non-member

*This is a fun filled week of tennis instruction where students will learn how to play the game of tennis in a friendly and fun learning environment. Ages 5-15 welcome, students will be placed in age/ability appropriate groupings.*

Phone: 941.932.8680  
[www.riverstrandcountryclub.com](http://www.riverstrandcountryclub.com)  
E-mail: [ngriffin@theiconteam.com](mailto:ngriffin@theiconteam.com)



- THINGS TO BRING:
- Tennis Racquet, water bottle
- Small bag with sun screen, hat, swimsuit, and towel
- Bring your own lunch, refrigerator and microwave on site.

## UPCOMING TENNIS EVENTS

Friday, May 19th

Kids Tennis Night Out

5pm - 8pm

Event Sign up at

[www.makeclubreservations.com](http://www.makeclubreservations.com)



# PICKLEBALL TIP OF THE MONTH

**Tennis Professional, Nate Griffin**

## Practice tips for Pickleball:

Play 1 on 1 crosscourt to improve accuracy and consistency.

Do you ever find yourself at the Pickleball courts with only you and 1 other player and you are looking to play doubles? Don't pack it in....play 1 on 1 diagonal pickleball! With an imaginary line down the middle of the court, go ahead and play out points crosscourt and you will find yourself in longer rallies than usual which will build your mental toughness and endurance. You will also find that you will get to play more of a variety of balls with the longer rallies so you will get to practice more volleys and half volleys as well. Last, but not least, it will force you to be a more accurate player as you only have half the court to work with, so when you get back to playing doubles the court will feel much larger.

So remember, practice and play some 1 on 1 crosscourt pickleball to improve your game!



### Pickleball Play Open Play

**All levels Group**

**Monday & Wednesday: 6:00-7:00pm**

**Intermediate-Advanced Group**

**Sunday through Saturday: 9:00-10:30am**

**Beginner Group**

**Sunday through Saturday: 10:30-11:30am**

Sign up at

[www.makeclubreservations.com](http://www.makeclubreservations.com),

facility code: river1, member type: annual

Beginner Pickleball Clinic,

\$10 per player

Mondays: 3:30-4:30pm

**If you have any questions contact the Tennis Shop  
at 941-932-8680 or email: [ngriffin@TheIconTeam.com](mailto:ngriffin@TheIconTeam.com)**

## Pickleball Beginner Clinics

### First Monday of the month

May 1st

3:30pm - 4:30pm

3 person minimum

**Event Sign up at**

[www.makeclubreservations.com](http://www.makeclubreservations.com)

**Facility code: river1**

**\$10 cash per clinic**





# **10 DID YOU KNOW'S ABOUT TENNIS AND PICKLEBALL PROGRAM?**

## **Tennis Professional, Nate Griffin**

1. We now have a tennis and pickleball committee which is chaired by Jack Wilson, and the Board Liaison is Eddie Hicks.
2. Beginner Pickleball clinics will be the first Monday of every month, from 3:30-4:30, cost is \$10, instructor will bring equipment (must register online at [makeclubreservations.com](http://makeclubreservations.com), minimum of 3 player sign up.
3. Pickleball paddles and balls are available for rental or purchase in Tennis Pro Shop.
4. Head Tennis Professional Abdul Idi will make a trip to his hometown of Lagos, Nigeria from May 4-19. Abdul will be giving free clinics and equipment to the local youth. If you have any tennis racquets or shoes you would like to donate, please drop them off at Tennis Pro Shop.
5. Tennis Pro Shop attendant Nicole Caruso will be attending the University of Florida beginning in late June. Best wishes to Nicole and she will be missed by her coworkers and members for sure!
6. New to River Strand? Welcome!! You can sign up for tennis and pickleball programs by going to [www.makeclubreservations.com](http://www.makeclubreservations.com), or if you go to [www.salixreservations.com](http://www.salixreservations.com) –be sure to click on log in from that screen, and then you can create a new member account. Facility code is river1, and choose member type annual.
7. Summer camp is right around the corner and will begin on June 5th. We do a Monday-Thursday camp all summer long, ages 6-14, 10:00 a.m. – 1:30 p.m.
8. Saturday morning doubles will be discontinued during the off season, and we will pick it back up again in season. We hope a few players step up and help organize play on Saturday for the off season.
9. Looking for a game or to organize a game? Use the club wall and the member search to find similar level players and invite them to play.
10. Summer season is court maintenance time for the tennis department, so expect a court to be out most of the summer season as we repair lines, fences, perimeters, and add new clay.



# RENZE'S MAINTENANCE REPORT

## Renze Berg, GCSA

As we enter the month of May, the courses seem to be healing well from all the cart traffic over the winter golf season. There are some thin areas on the fairways and tees, but they are filling in after we applied the pre-emergent/fertilizer throughout all three courses. We had no April showers to bring May flowers, so we are having to water quite a bit more than last year to relieve the dry areas throughout the courses. On May 15th, Tributary will close for three weeks for our aerification process and will reopen on June 5th. Estuary will close from June 5th through June 26th. During the closures, we will aerify greens, tees, fairways, rough and collars. We will also verticut greens, tees, collars and fairways more aggressively than in years past. We will use a 5/8th tine for this first round so we can remove more thatch from the greens surface. Throughout the summer, we will address some of the traps that need to have liner taken out and re-sod the faces of the traps for them to function properly. The new Greens Committee will have their first meeting this month, so we will discuss many issues and come up with positive solutions to benefit River Strand.

## LANDSCAPE UPDATES

- The dying hedge around the Tennis courts will be removed and we are adding flowers and lava rock.
- New landscaping will be added to the back of the clubhouse near the dining room.
- Mid-May we will be adding new landscape around the waterfall at the main entrance.



# COMMUNITY LANDSCAPE UPDATE

**Llomell Llorca, President & CEO, TruScapes Industries, Inc.**

Dear residents,

Spring is here once again and the TruScapes Industries team is taking services to the next level for the residents of River Strand. As we commence what marks the start of our growing season in our industry our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing, this will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often, a larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides. As standard practice recommended by the University of Florida, Spring is the ideal time to do cut backs / rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits like; removes infected or dead wood within the plant from the prior growing season, disease control and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation pruning our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape. Our irrigation crews will continue performing their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawn, this is attributed to the warmer temperatures and the absence of rain so it is crucial that we keep our team focused in keeping the proper moisture level. Keeping the proper moisture in the soils will be key entering the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed. In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we as commercial applicators are limited as to what fertilizers we can apply and when as directed by local county authorities in helping preserve our natural environment around us. We wish all of the residents of River Strand a joyful spring season with all of the scents blooming shrubs and trees have to offer during this time of the year as we work hard on gardens and turf areas.

Finally...for the residents that like to add some splash of color to their gardens and seek suggestions on what annuals to install this time of the year, our team recommends Pentas, Dragon Leaf Begonias and Vincas, these come in many different colors and will tolerate the weather spring and early summer has to offer.














# FOOD & BEVERAGE CALENDAR

## MAY 2017

Dinner Reservations Accepted from 5:30pm to 8:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lunch 11am-5pm Bar 11am-7pm  <b>Couples 9 &amp; Dine</b>	2 Lunch 11am-4:30pm Dinner 5:30pm-8pm	3 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	4 Lunch 11am-4:30pm Dinner 5:30pm-8pm	5 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	6 Lunch 11am-4:30pm Bar 11am-7pm
7 Lunch 11am-5pm Bar 11am-7pm	8 Lunch 11am-5pm Bar 11am-7pm	9 Lunch 11am-4:30pm	10 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	11 Lunch 11am-4:30pm Dinner 5:30pm-8pm	12 Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment 6pm - 9pm	13 Lunch 11am-4:30pm Bar 11am-7pm
14 Mother's Day Brunch 10:00am-2:00pm 	15 Lunch 11am-5pm Bar 11am-7pm	16 Lunch 11am-4:30pm Dinner 5:30pm-8pm	17 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	18 Lunch 11am-4:30pm Dinner 5:30pm-8pm	19 Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment 6pm - 9pm	20 Lunch 11am-4:30pm Bar 11am-7pm 
21 Lunch 11am-5pm Bar 11am-7pm	22 Lunch 11am-5pm Bar 11am-7pm	22 Lunch 11am-4:30pm Dinner 5:30pm-8pm	23 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	24 Lunch 11am-4:30pm Dinner 5:30pm-8pm	25 Lunch 11am-4:30pm Dinner 5:30pm-8pm  Live Entertainment 6pm - 9pm	26 Lunch 11am-4:30pm Bar 11am-7pm
27 Lunch 11am-5pm Bar 11am-7pm	28 Lunch 11am-5pm Bar 11am-7pm 	29 Lunch 11am-4:30pm Dinner 5:30pm-8pm	30 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	31 Lunch 11am-4:30pm Dinner 5:30pm-8pm		



**Mother's Day Brunch** **MAY 14**

.....

Buffet from:  
10:00am to 2:00pm  
(seating every 1/2 hour)

.....

Adults: \$32.95  
Kids: \$12.95  
(plus tax & gratuity)  
Kids 4 & Under Free

.....

Credit Card Reservations Required.  
48 Hour Cancellation Policy  
Call 941-708-3837




### Friday, May 5th

South of the Border Buffet,  
Margaritas Galore & Music by "Classic Wax"

5:30pm - 9:00pm

#### BUFFET MENU

- SALSA ROJA, & GUACAMOLE WITH CRISPY TORTILLA CHIPS
- SPINACH SALAD WITH JICAMA, ORANGES, PICKLED ONIONS, PEPITAS WITH TEQUILA PAPAYA VINAIGRETTE
- BLACK BEANS, RICE, CORN AND FLOUR TORTILLAS
- BUILD YOUR OWN TACO STATION
- CARNE ASADA, CHIPOTLE SHRIMP, PORK CARNITAS
- CHURROS WITH DULCE DE LECHE, TRES LECHE

**\$18.50++ per person**

REGULAR DINNER MENU NOT AVAILABLE



## **BLUE PLATE SPECIAL**

**Wednesday Nights 12.95++**

## **May Specials**

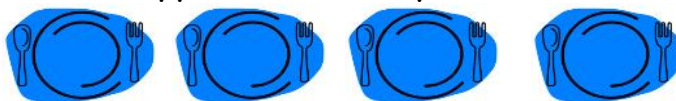
**May 3rd - Shrimp & Grits**

**May 10th- Pepper Steak with  
Garlic Mashed & Roasted Brussels**

**May 17th - Pan Roasted Pork Loin  
with Bourbon Molasses Glaze  
over Mashed Sweet Potato**

**May 24th - Roasted Turkey with  
Garlic Mashed Potatoes & Green Beans**

**May 31 - Fried Catfish, Apple Coleslaw,  
Hush Puppies & Lemon Caper Tartar Sauce**



## **HAPPY MEMORIAL DAY!**

### **MEMORIAL DAY POOLSIDE COOKOUT**

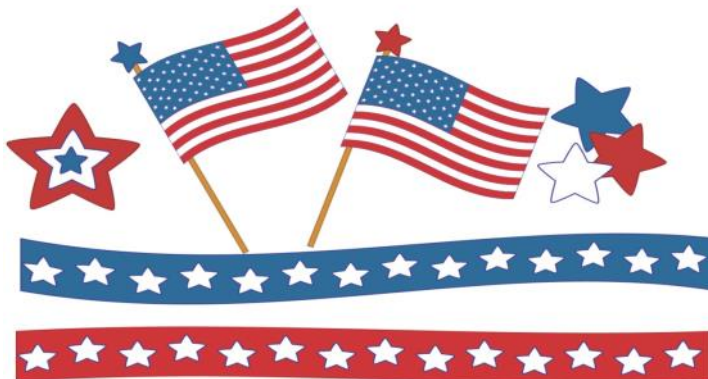
**MONDAY, MAY 29TH 12:00PM TO 3:00PM**

**COLOR GUARD & VETERAN'S PRESENTATION  
LIVE MUSIC, GAMES & TIKI BAR DRINK SPECIALS**

**ADULTS: \$8.00++ KIDS: \$5.00++**

#### MENU

**BURGERS & HOT DOGS,  
ASSORTED SIDES**



# FITNESS & SOCIAL CALENDAR

## MAY 2017

\*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah Jongg: 6:00pm*	2 Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	3 Fit 4 Life 8am Aqua Fit 9:15am Zumba Tone/Step 10:30am Chicks and Flicks 12pm May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	4 Beginner Tai-Chi 9am Yoga Stretching 9am BUNCO 9:30am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm*	5 Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am Fiber Arts Club 2pm* Hand & Foot 6:00pm*	6 Mommy & Me Fitness 9:30am Golf Yoga 11:15am
7	8 Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah Jongg: 6:00pm*	9 Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	10 Fit 4 Life 8am Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	11 Beginner Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Social Poker- 6:00pm*	12 Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am Hand & Foot 6:00pm*	13 Golf Yoga 11:15am
14 	15 Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah Jongg: 6:00pm*	16 Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	17 Fit 4 Life 8am Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	18 Beginner Tai-Chi 9am Yoga Stretching 9am BUNCO 9:30am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm*	19 Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am Fiber Arts Club 2pm* Hand & Foot 6:00pm*	20 Mommy & Me Fitness 9:30am Golf Yoga 11:15am
21 Girls Night Out 6:00pm*	22 Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah Jongg: 6:00pm*	23 Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	24 Fit 4 Life 8am Aqua Fit 9:15am Fitness 101 10:00am* Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	25 Beginner Tai-Chi 9am Yoga Stretching 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Social Poker 6:00pm*	26 Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am Hand & Foot 6:00pm*	27 Golf Yoga 11:15am
28	29 Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah Jongg: 6:00pm*	30 Golf Yoga 9:15am Bible Study 10am* Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*	31 Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I? Game 1:30pm* Line Dancing 2pm Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*			





# FITNESS & SOCIAL ACTIVITIES

## MAY 2017

### FITNESS

#### AQUA FIT:

9:15am on Monday & Wednesday at the Clubhouse Pool. Classes are \$7.

#### BUTTS & ABS

10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

#### FIT 4 LIFE:

8:00am on Monday & Wednesday in the Clubhouse Fitness Room. Classes are \$7.

#### FITNESS 101:

10:00am on Wednesday, May 24th in the Community Center fitness room. Learn the Basics of Exercise.

#### FITNESS BALL CLASS:

3:30pm on Wednesdays at the Clubhouse Fitness Room. Space is limited. Please contact Kathy Rome at 609-980-7914 to register. Remember to bring your own ball.

#### GOLF YOGA

9:30am on Monday, 9:15am on Tuesday, 11:30am on Thursday or 11:15am on Saturday in the Clubhouse Fitness Room. Classes are \$15. **(ALL Attendees must register in advance at [sagejohnson@comcast.net](mailto:sagejohnson@comcast.net))**

#### MOMMY & ME FITNESS:

9:30am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.

#### LINE DANCING:

2pm on Wednesday in the Clubhouse Fitness Room. Classes are \$5.

#### RIVER STRAND STRIDERS:

9:00am on Tuesday, Thursday & Saturday at the Pavilion in Central Park.

#### BEGINNER & INTERMEDIATE TAI-CHI

9:00am on Thursday at the Pavilion in Central Park. Classes are \$5. For those who want to develop or hone their Tai Chi skills.

#### YOGA:

4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome.

#### YOGA STRETCHING:

9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5.

#### ZUMBA:

10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

#### ZUMBA-AQUA :

10:30am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.

#### ZUMBA TONING/STEP MIX:

10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

### SOCIAL

#### BIBLE STUDY:

10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

#### BOOK CLUBS:

Will resume November 27th

#### BRIDGE:

9:30am on Monday & Friday. Group will play at the Clubhouse.

#### BRIDGE LESSONS:

1:30pm on Tuesday at the Community Center.

#### BUNCO:

9:30am on the first and third Thursday of the month in the Clubhouse Card Room.

#### CHICKS AND FLICKS:

First Wednesday of every month. This month Wednesday, May 3rd meet at Pier 22 at Noon followed by a movie of your choice. See page 2 for more information.

#### FIBER ARTS CLUB:

2:00pm-4:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month. All are welcome: Knitters, Crocheters, Quilters etc.. **If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.**

#### GIRLS' NIGHT OUT:

6:00pm on the third Sunday of the month at the Community Center. See flyer on page 19 for more information.

#### HAND & FOOT CARD GAME:

6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 603-586-4569

#### LADIES MAH JONGG:

9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253 or [gmonnell@tampabay.rr.com](mailto:gmonnell@tampabay.rr.com).

#### MAH JONGG:

6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

#### MAY I? GAME

1:30pm on Wednesday at the Community Center.

#### MEN'S ASIAN CARDS GROUP

3:00pm on Thursday at the Community Center.

#### MIXED BRIDGE:

6:00pm on Wednesday at the Community Center.

#### SOCIAL POKER:

6:00pm on the second and fourth Thursday in the Community Center.

#### TEXAS HOLD-'EM:

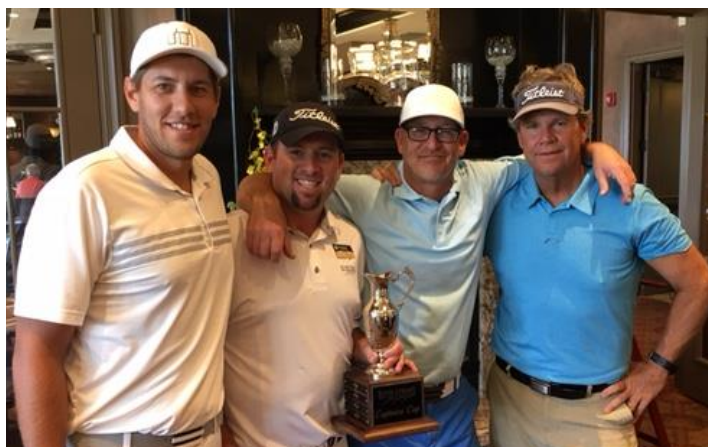
5:20pm-8:00pm on Tuesday. Group will play at the Community Center.

#### VETERANS NETWORK:

6:30pm on the first Thursday of the month in the Clubhouse Conference Room.



## Captains of the Captains Cup!



Andrew Grady, Oscar Parks, Dave Kono & John Drysdale

## Couples Club Championship!



Scott & Sam Paice

## Men's Club Championship!



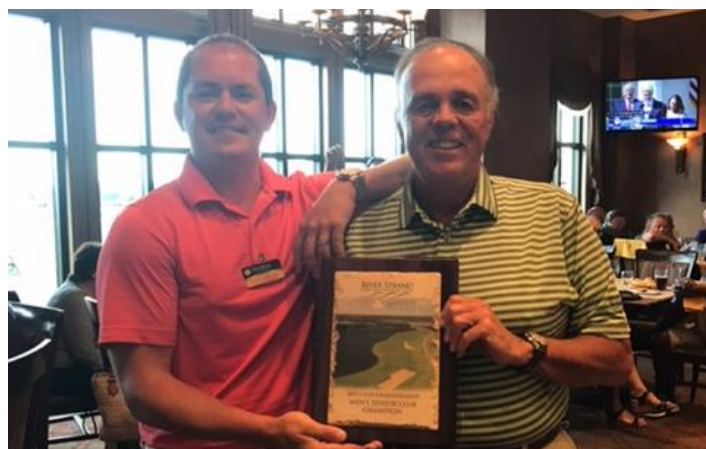
Jack McCauley

## Ladies Club Championship!



Beatriz Niemeyer

## Senior Men's Club Championship!



Jay Young

## Senior Ladies Club Championship!



Jean Cooper





**DIANA ROSS**

The one-and-only Diana Ross returns to Ruth Eckerd Hall!  
Don't miss this Motown legend deliver her countless  
chart-topping hits: "Stop! In the Name of Love,"  
"Come See About Me," and "Ain't No Mountain High Enough."

**Wednesday, June 21, 2017**  
**\$125 per person**  
(Price includes the ticket to the show, dinner and  
coach bus trip to the performance)  
**Show starts at 8:00pm**  
**Bus will be departing at 4:30pm**

For Reservations call 941-708-3837  
or email [aduncan@theiconteam.com](mailto:aduncan@theiconteam.com)  
Credit Card Required for Reservation



**Karaoke Night**

**Saturday, May 20th**

Astound your friends with yet  
another one of your hidden talents!

5:30pm - 6:30pm Dinner  
6:30pm - 9:00pm Karaoke

**Karaoke & Buffet Dinner**  
**\$25 per person**

No Regular Dinner Menu Available  
Advance Reservations Required  
Call the Clubhouse to make  
your Reservation  
941-708-3837




**Sunday, May 21st**

6pm to 9pm  
Community Center  
6835 Willowshire Way

Please bring six one dollar bills for a variety of games.

Bring a hearty appetizer or small covered dish to share  
and a drink of choice, if desired. Water and tea are pro-  
vided.

New to River Strand or been around awhile  
and looking for a chance to meet  
other women in the neighborhood?  
Leave your men at home and come  
check us out!

**A River Strand Resident Event!**



## FITNESS 101

### Learn the Basics

Take a guided tour through the  
fitness center with a certified  
fitness instructor and learn  
proper equipment use and  
technique. No need to  
pre-register, just get here!

### EQUIPMENT 101

**Wednesday, May 24th at 10:00am**

**Fitness Room at the Community Center**

Learn the proper form and technique for using hand weights  
to strength train and improve each area of your body.

Hand Weight	Recumbent Bike
Barbell	Leg Press
Weighted Ball	Stretch Cage
Foam Roller	Abdominal
Stability Ball	Hip Abductor/Adductor
Bosu Ball	Leg Extension
Ab Roller	Seated Leg Curl
Bands	Lat Pull
Kettlebell	Overhead Press
Elliptical	Chest Press
Treadmill	





### River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

### Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

### Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

### River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

### May I?

May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

## **COMMITTEE LIAISON** **INFORMATION** **(Current as of 3/28/2017)**

### **Compliance -**

Anita Tierney  
atierney@riverstrandbod.com

### **Finance -**

Scott Hancock  
shancock@riverstrandbod.com

### **Food & Beverage -**

Mike Fisher / Bob Walsh  
mfisher@riverstrandbod.com  
bwalsh@riverstrandbod.com

### **Golf -**

Charles Glasser  
cglasser@riverstrandbod.com

### **Safety & Security -**

Bob Walsh  
bwalsh@riverstrandbod.com

### **Social -**

Mike Fisher  
mfisher@riverstrandbod.com

### **Tennis -**

Eddie Hicks  
ehicks@riverstrandbod.com



## Committee Chairman Information

<b><u>Committee Name:</u></b>	<b><u>Chairman &amp; Email</u></b>
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net
Compliance Committee:	Lance Dunn ldunnersccc@gmail.com
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com
IT Committee:	Jim Moline jmoline@yahoo.com
Safety, Security & Emergency Preparedness Committee:	Ray Phaneuf decoyray@gmail.com
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com
Golf Greens Committee:	Samara Paice spaice13@gmail.com
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com
Tennis Committee:	Jack Wilson jack@jackmwilson.net
ARC Committee:	Shaun Fitzer sfitzer@theiconteam.com

**If you have any comments, questions or concerns please contact the committee chairman at the email address above for the applicable committee.**





We are always updating our website with the most current information!

Visit [www.riverstrandgolf.com](http://www.riverstrandgolf.com) for up coming events, meeting notices and/or meeting minutes.

## Gator on Tributary Hole 8



To make the shot or not to make the shot...  
Contributed by Scott Wakefield

## Club Connections

Lifestyle Director, Angela Duncan

### Welcome to our newest members!

Stop by the Conference Room at the clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on May 5th.

David Reilly & Carol Kolkmeier
RJ & Sharon Dominic
Paul Pierre
Jack & Semira Veletanlic
Walter & Karen
Scott & Sheila Linden
John Zelem
Clara & Leonard Patterson
Robert & Carol DeGrandchamp
Mathew Manoj
Arden & Frances Koon
Brian & Laura Boyd
Elmer & Linda Wright
Greg Buchanan & Stephanie Lucas
Paula Nevinger
Gregory & Deidra Arends
Harold Stout
Lynda & Sidney Cutt
Andrew & Rhonda Barrett
Michael Higgins & Judy Ryan
Louis & Esmeralda Aguayo
Keith & Tammy Hartley
Thomas & Jean Hartmann
Larry & Kathy Hough
Vincent & Sharon Filimon
Jane Bergin
Charles & Lorene Hagan
Rosemarie Foster
Anthony Sharpe
Kevin & Toni Porcelli
Michael & Linda Kutch
Dennis & Shirley Hayes
Victor & Kathleen Charron
Gordon & Cathleen Wright
Richard & Marlene Rose
Sherry Fragapane
John Lakin & Jo Anne Lanza
Shaun & Samantha Notman
Mauro & Rina Bartolai
Woody & Janie Wilson



## Important Reminders

- Dinner Service is available **Tuesday thru Friday** through May. Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- **Seating in the Grille Room is on a first come, first serve basis. No reservations will be accepted for the Grille Room.**
- **Blue Plate Specials** are available in the Dining Room on **Wednesday Nights**. See Page 13 for a complete listing of Blue Plate Specials in May.
- **Diana Ross** is coming to Ruth Eckerd Hall! June 21, 2017 Reserve your tickets now! See page 17 for more details.
- **Don't Forget Mom on Mother's Day!** Take her to Brunch at River Strand.
- **Fiesta!** Check out our **Cinco De Mayo Night** on Friday, May 5th. See page 13 for the complete menu.

### Member ID Requirement Changes



Please excuse the inconvenience, we are now requiring all members to present their member ID cards at all points of sale; Restaurant, Bar, Tiki Bar, Golf Shop, Tennis Shop and Administration Office.

This is to insure accurate billing and application of your food minimum.

If you haven't done so already please stop by the administration office to have your card encoded with your member number.

Children under the age of 14 who ride the bus and access the community through the pedestrian gates will need to come by the administration office as well to receive a "children's ID card". The pedestrian gates will be locked and they will need this card to enter the community.



# RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail  
Bradenton, FL 34212  
941-708-3837 Phone  
941-708-3785 Fax  
www.riverstrandgolf.com

Lennar Customer Care  
866-226-4057

Icon Management Services  
941-747-7261 Phone  
941-526-3283 After Hours

Clubhouse General Office  
Mon-Fri, 9:00am-5:00pm  
Phone: 941-708-3837

Golf Shop  
Every Day, 6:00am-6:00pm  
Phone: 941-708-3617  
Late Day Ranger: 941-730-4436

Tennis Shop  
Monday-Friday, 8:00 am-7:00 pm  
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room  
941-932-8667  
Check calendar for seasonal hours of operation.

Swimming Pools  
Open from dawn until dusk.

Gate Attendant  
Phone: 941-746-2167 (gatehouse)  
E-Mail: gatehouse@riverstrandgolf.com  
Envera (Gate Company): 941-556-0732 (24-hours)  
Nightly Security Patrol: 941-549-9637

Community Association Managers  
Shaun Fitzer, LCAM, Single Family Homes/River Strand  
Phone: 941-932-8663  
E-Mail: SFitzer@ThelconTeam.com  
Lee Weiss, Condominiums/Heritage Harbour  
Phone: 941-747-7261  
E-Mail: lweiss@ThelconTeam.com  
Kasey Dick, LCAM, Condominiums  
Phone: 941-747-7261  
Email: KDick@ThelconTeam.com

General Manager  
Pat Cattanach, PGA, LCAM  
Phone: 941-708-3837  
E-Mail: PCattanach@ThelconTeam.com

River Strand Master Association Board President  
Terry Lyons  
Phone: 941-896-7525  
Email: tlrsbod@aol.com

Golf Course Superintendent  
Renze Berg  
Phone: 941-748-8626  
E-Mail: RBerg@ThelconTeam.com

Head Golf Professional  
Corey Pion, PGA  
Phone: 941-708-3617  
E-Mail: CPion@ThelconTeam.com

Director of Tennis  
Nate Griffin, USPTA  
Phone: 941-932-8680  
E-Mail: NGriffin@ThelconTeam.com

Executive Chef  
Radames Febles  
Phone: 941-932-8665  
E-Mail: RFebles@ThelconTeam.com

Food & Beverage Manager  
Wendy Wallis  
Phone: 941-932-8664  
E-Mail: WWallis@ThelconTeam.com

Lifestyle Director  
Angela Duncan  
Phone: 941-932-8671  
E-Mail: ADuncan@ThelconTeam.com

Administrative Office  
Deanna Broten  
Phone: 941-708-3837  
E-Mails: RSreception@ThelconTeam.com &  
admin@riverstrandgolf.com

Concession Supervisor  
Laura Kommick  
Phone: 941-708-3837, ext. 110

