# The Strand May 2018

E-Newsletter for the Members of River Strand Golf & Country Club

# Connect with your Clubhouse and Community All the News from River Strand Golf & Country Club

# COMMUNITY MATTERS Shaun Fitzer, LCAM



Florida is known as a seasonal state with the largest concentration of visitors during the months of January-April. Starting in June we will be entering into hurricane season. Leading up to this time the Safety committee of River Strand will be putting on an event to help owners prepare for the eventuality of a storm occurrence.

The Architectural Review Committee has adopted guidelines to help owners select storm shutters and to replace windows with impact

resistant glass. Please see the Architectural Review forms and guidelines under "Member Forms" on the River Strand website.

The next Architectural **Review Committee** meeting will be held on May 15th at 2PM with the cut off for submission to be on May 9th. Please remember that all documents listed on the architectural request forms must be submitted with your application. For your protection, we require that all vendors either be incorporated in Florida, or have a vendor's license. Additionally, we ask that all vendors carry liability insurance, and provide a certificate of insurance with the name of the owner of the property or River Strand named as the certificate holder.

# **Board of Directors News**

The River Strand Board of Directors is working on some projects that we expect will enhance our community and improve the member experience. We plan to use several methods to keep members informed of our efforts and how they may impact you. We will use this corner of the monthly newsletter to share some of the "highlights." This is in addition to our broadcast emails, our meeting minutes, and our audio recordings of the Board meetings themselves.

The golf course is the Club's major asset. It impacts not only the value of the Club itself, but also the value of our homes. We have authorized ICON to test two different types of grass on Tributary 7 and Tributary 9. We expect this will enable our golf course specialists to make more informed decisions over the next few years when considering plans to resurface the courses.

We have also approved the purchase of a new Club Management software system. The new system should result in more efficient operations and enhance the ability of staff to serve our members. We will provide updates on this project as plans unfold and agreements become solidified. Some of the benefits include

- Members' ability to make dining and event reservations online;
- Your ability to review your member charge bills and receipts within 24 to 72 hours of making a purchase rather than having to wait until you receive a bill at the end of the month;
- Club management's access to more-timely financial statements enhancing the decision-making processes.

Remember -- if you have questions or just want to share your thoughts about River Strand, feel free to reach out to any of the Board members or to the many volunteers, who are active members of the several Board-authorized committees.

# Board of Directors & Committees

Bob Walsh	bwalsh@riverstrandbod.com	President	
Tim Curran	tcurran@riverstrandbod.com	Vice President	
Scott Hancock	shancock@riverstrandbod.com	Treasurer	
Anita Tierney	atierney@riverstrandbod.com	Secretary	
Samara Paice	spaice@riverstrandbod.com	Director	
Al Ambrosino	aambrosino@riverstrandbod.com	Director	
Eddie Hicks	ehicks@riverstrandbod.com	Director	

Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison: Tim Curran & Scott Hancock
Compliance Committee:	Lance Dunne - Idunnersccc@gmail.com Stanley Nachimson - Co Chair - snachimson@gmail.com BOD Liaison: Tim Curran & Anita Tierney
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison: Eddie Hicks
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison: Anita Tierney
Safety, Security & Emergency Preparedness Committee:	John Caraciolo joncara19@aol.com BOD Liaison: Al Ambrosino
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison: Al Ambrosino
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison: Samara Paice & Scott Hancock
Golf Greens Committee:	Randy Clark BOD Liaison: Samara Paice
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison: Al Ambrosino & Bob Walsh
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison: Eddie Hicks
ARC Committee:	Pauline Tasler ptasler@gmail.com

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# GOLF COMMENTS FROM AARON

## Director of Golf, Aaron Merritt

As our 2017-18 season comes to a close, we wish everyone a joyful, and safe summer – full of birdies & eagles! It's been an extremely pleasant season meeting everyone and working to provide you a pleasant golf experience. For our seasonal members, see you next fall, and for our members that spend summers with us at the club, we are working diligently to build our reciprocal list for you to enjoy other local clubs. You can view our list of approvals on the RS website. In addition, we are developing a "travel league" to be played once per month at some of the finer resorts in the immediate areas around Florida (pricing and dates TBA) and other activities to keep you busy.

Also, starting in June – we are hosting our annual junior summer camps! For those juniors who enjoy the game or want to start learning, schedule them to spend a week with our professional instructors. Fliers with available dates will be sent out via RS eblasts, and can be located on the RS website.

Our first month with new carts and the GPS units have been successful but we are still adding new features each week. Coming soon, yardages will reflect our front, middle, and back pin placements. In addition, (coming soon) we will be incorporating our Tiki Bar Select menu, to place orders from your carts. To learn more about some of the GPS applications, you can visit the "Visage behind the scenes" on the RS website. Please keep your feedback coming, it's been instrumental in fine tuning our system to fit your needs.

### **IMPORTANT NEWS TO NOTE**

WALKING Golfers - effective 4/30/18, the Board recently approved a joint recommendation by the Golf Greens and the Golf Activities committees requiring walking golfers to carry sand bottles. Please show the Pro Shop staff, or your friendly neighborhood Starter(s), your sand bottle upon checking in.

What does this mean? If you are walking in the afternoons you have to carry your own sand bottle, not a River Strand sand bottle. (These bottles are intended for players in carts and we have a limited amount.) The Pro Shop has sand bottles for sale at cost plus tax, rounded to the next dollar. These bottles will clip on the push carts and can be refilled from the sand boxes at the tee blocks during play.

### **SPECIAL REMINDERS:**

Golf Shop Discounts - Members receive 20% OFF ALL apparel and preferred pricing on accessories, and equipment. Stop by to shop for some of the latest golf trends!

River Strand Practice, Putting Greens, and Driving range, are all NON-SMOKING areas. We appreciate your consideration toward others and cooperation with this "Clubhouse Rule".

See you on the links!



# Ladies Golf Association

The 9 and 18 Hole Ladies leagues have officially concluded for the 2017-2018 season, but...

# The 9 and 18 Hole Ladies leagues will continue Tuesday league play <u>all year long</u>!

The 9 Hole Ladies will continue to play regular golf and the 18 Hole Ladies will play a different format every week depending on participation.



Weekly sign ups through golf genius will continue all throughout the spring/summer.

Safe travels and have a great summer to all league members traveling back home for the summer!

# May Golf Events

5/2 1 BB of 4 Front 9 & 2 BB of 4 Back 9 NET (Paired ABCD) Season finale!

> 18 Hole Ladies League: See you next season!

9 Hole Ladies League: See you next season!





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# Tennis Tip

Nate Griffin, Director of Tennis, USPTA

Server's & Returner's Jobs In Doubles

The Server's jobs:

-Announce the score before each point.

-Target your opponent's weakness or serve down the "T" most of the time.

-Communicate this with your partner.

-Get 75% of your 1st serve into play.

-Become comfortable serving & volleying. (Going to the net immediately following your serve.)

The Returner's jobs:

-Position yourself based on the server's likely serves.

-Watch the server's toss so you can read and react as early as possible.

-Help call the out serve, especially when they are hit wide. Work on returning the serve cross-court and also lob over the net player to set up your partner.

-Become comfortable following your returns to the net.

# Trudi Roesh Tennis Tournament

What a great turnout we had! All proceeds went to the Trudi Roesh Memorial Scholarship Fund



# **Pickleball Tip** Nate Griffin, Director of Tennis, USPTA

# Mix it up in pickleball, like a boxer!!

If you are an active fan of any individual vs. individual sporting match, you have indeed seen how athletes need to mix up styles against their opponents to keep them off rhythm. Think of a boxer and how they don't simply throw full punches all the time, they mix up the jab and the pace and then deliver the big hit.

Pickleball strategy is no different in that if your opponent starts to get in a rhythm with the type of speed and direction of the ball that you give, they will no doubt gradually adjust and get comfortable with it. So, give them something different, as that will also allow you to explore their possible weaknesses.

Maybe they are comfortable with the hard driving shots! So, see how they respond with a soft drop shot, a lob, or a few more down the line shots instead of going entirely cross court. Also, maybe you want to give them a different formation look with you or your partner playing strong,



in the middle of the court, and see if they can beat you down the alley and force them to change their style of play.

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But remember, if your style is working and you are winning, then keep doing what you are doing!

# **RIVER STRAND TENNIS PROGRAMS**

### Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

### Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Nate's Drills–Monday & Wednesday: 10:00–11:00am. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

### Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2 Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2

### Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free) **Director of Tennis - Nate Griffin, USPTA** <sup>1</sup>/<sub>2</sub> Hour Private: \$40 or 1 Hour Private: \$80 **Head Tennis Professional – Abdul Idi, USPTA** <sup>1</sup>/<sub>2</sub> Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Scott Pothul** <sup>1</sup>/<sub>2</sub> Hour Private: \$35 or 1 Hour Private: \$70 **Assistant Tennis Professional – Gary Coulter** 1/2 Hour Private: \$30 or 1 Hour Private: \$60 <u>Tennis Pro Shop Hours</u>

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680

<u>Court Hours</u> All days – 7am – 9:30pm

# <u>Pickleball Beginner</u> <u>Clinics</u>

# First Monday of the month

May 7th 3:30pm - 4:30pm 3 person minimum

Event Sign up at www.salixreservations.com Facility code: river1

\$10 cash per clinic



# Hurricane, Tornado and Emergency Preparedness

### ARE YOU READY?

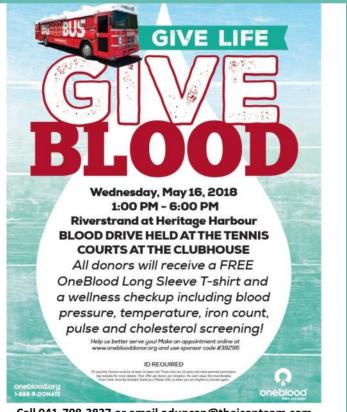
Learn what you need to do before disaster strikes to protect yourself, your family, your property, and your community.

Do you know where to go if you had to evacuate? Are you aware of where shelters are located near you? What can you do with your pets? Does your family have an emergency communication plan and 72 hour kit if you need to shelter in place? How best can you prepare your home? Are you aware there is a special needs registry?

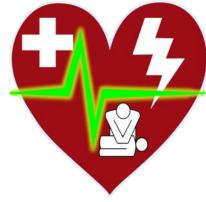
Steve Litschauer, Chief, Operations Section Manatee County Emergency Management will be the speaker.

### Thursday, May 10, 2018 From 9:00am - 11:00am in the Dining Room of the main clubhouse.

(presentation will include evacuation levels, hurricane categories, storm watch and storm warnings) Call 941-708-3837 to make reservation.



Call 941-708-3837 or email aduncan@theiconteam.com to make your reservation today!



Join us for CPR & AED Training!

Covers Adult, Child & Infant This is a family friendly event Cost is \$10 per person

# **River Strand Invites you to LEARN CPR!**

It is critical to acquire the knowledge and skills necessary to save lives by performing CPR. Although, it is necessary to call 911 during an emergency, it is critical to maintain oxygen flow to the brain to increase the chances of survival. Cardiopulmonary Resuscitation is a method used to maintain oxygen flow throughout the brain, the heart, and the rest of the body. CPR is necessary once an individual becomes unresponsive and not breathing. In addition, the use of a defibrillator (AED) is also critical to increasing the chances of survival. Join us to learn how performing CPR and using an AED can save a life!

# May 14, 2018 3:00pm to 6:00pm

Location: River Strand Dining Room Call 941-708-3837 or email aduncan@theiconteam.com for reservations **Reservation Deadline:** Monday May 7th

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# RENZE'S MAINTENANCE REPORT Renze Berg, GCSA

This month we will be closing Tributary golf course April 30th – June 25th for our summer maintenance program. During this month, we are re-grassing number 7 with Bimini Bermuda grass and number 9 with Celebration Bermuda grass. These two grasses are highly recommended by USGA and have been proven grasses over the last 5 years and are certified. We will aerify greens twice and do a dryject treatment as well during the 8 weeks we are closed. This will give the course plenty of time to heal before the next course closure. We are aerifying tees, fairways, rough and verticutting these areas as well during each course closure.

Last month, number 8 Estuary and number 8 Sanctuary bridges were repaired. The underneath frame of the bridges and the pilings were concreted and new cross beams were installed. During the course closures we will repair loose boards and re-stain bridges.

By the first week in May, all three courses will have been fertilized and a pre-emergent weed control applied; which we do every three months. With the warmer weather upon us, you will notice the grass in all areas come out of its dormancy and grow much more upright, thus giving you better lies. Other projects we will address will be: repairing the stairs coming out of number 7 Sanctuary trap, adding cordgrass to bare areas in some native areas throughout all three 9 holes and landscaping the island by the driving range.

# STRAND POND REPORT George Colbath, Biologist, Pond Professional, LLC

Even though our drought continues, spring growth abounds. We can expect water levels to continue to recede through much of May. With the lower water, many of the aquatic plants are no longer within the water column. As a result, they cannot currently assist with nutrient level control. Ammonia, a key nutrient in algae growth, is increasing as we lose vegetative filtration and the nutrient load concentrates in smaller bodies of water. Ammonia levels in the ponds rise from 2 primary sources, runoff (fertilizer, etc.) and fish. Some ponds are now experiencing increases in planktonic algae as a result of this. Our team is responding accordingly with added algaecide treatments as problems are detected. Most of this should rapidly subside as water levels return to normal with the summer rains. Ponds experiencing continued ammonia toxicity (shown by repeated and continued algae blooms) can be tested and scheduled for selective fish netting to thin out the overall populations as needed.

A nuisance fish of some prominence locally is the highly colorful, Blue Tilapia. This species, native to Africa, infests Florida fresh and brackish waters. You may recognize their beds/holes along the shorelines of our ponds. They can cause erosion, high ammonia levels and competition with native fish. Tilapia are highly prolific and near impossible to eradicate completely. Wading birds, gators, otters and native bass assist in keeping their populations in check. Human control methods are primarily through cast netting.

Pond Professional, LLC is an environmentally responsible company, using many "green" approaches and only utilizing



EPA aquatically approved and regulated herbicides/algaecides in order to better protect our local ecosystem. All of our technicians are licensed with the State of Florida.

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# **COMMUNITY LANDSCAPE UPDATE** Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Spring is here once again and the TruScapes team is taking services to the next level. As we commence what marks the start of our growing season, in our industry, our team starts preparation and services to encompass for the more active outdoors when it comes to horticulture care.

During the next quarter (April-June) you will notice weekly mowing. This will help control the fast growing pace of the St. Augustine and Bahia turf areas throughout the community. Our crews will be edging the ornamental beds more often. A larger than normal ornamental weed crew will be in place starting in April to help us keep the weeds in the ornamental beds under control with the assistance of pre and post emergent herbicides. As standard practice, recommended by the University of Florida, Spring is the ideal time to do cut backs - rejuvenation pruning on certain flowering shrubs such as Hibiscus, Jatropha's, Fire bush etc. This is done for many benefits, like; it removes infected or dead wood within the plant from the prior growing season, disease control, and it promotes a much fuller and denser bush with likely more blooms for all of us to enjoy. Among the rejuvenation, pruning, our trimming crew will remove brown or yellow palm fronds, touch up and lift Oak tree canopies and shape other ornamental bushes and grasses throughout the landscape.

Our irrigation crews will continue preforming their monthly irrigation inspections. The second quarter of the year is typically when we see hot spots or dry spots in the lawns. This is attributed to the warmer temperatures and the absence of rain, so it is crucial that our team focuses on keeping the proper moisture level. Keeping the proper moisture in the soils will be key as we enter the third quarter later this year when lawn insects like to attack the areas that were weaken or drought stressed. In preparation for this, our lawn and ornamental pest control department will be making a preventative application of insecticide during the month of May. Making such application will prevent us from having an insect outbreak that can potentially harm a lot of our vegetation. During this second quarter, our fertilization department will make one last fertilization application for the turf and for the shrubs before we hit the "black out period" where we, as a commercial applicators, are limited as to what fertilizers we can apply and when, as directed by local county authorities, in helping preserve our natural environment around us.

As we work hard on gardens and turf areas, we wish all of the residents of River Strand a joyful spring season with all of the scent blooming shrubs and trees have to offer during this time of the year.

Finally...for the residents that like to add some splash of color to their gardens and seek suggestions on what annuals to install this time of the year, our team recommends Pentas, Dragon Leaf Begonias and Vincas, these come in many different colors and will tolerate the weather spring and early summer has to offer.





# FOOD & BEVERAGE CALENDAR MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	2 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	3 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	4 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	5 Lunch 11am-5:00pm Bar 11am-7pm Mint Juleps & MARGAR MAS 5pm
6 Brunch 10am-2pm Bar Menu 3pm-5pm Bar 10am-7pm	7 Lunch 11am-5pm Bar 11am-7pm	8 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	9 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	10 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	11 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	12 Lunch 11am-5:00pm Bar 11am-7pm
13 Mothers Day Brunch 10am-2pm Bar Menu 3pm-5pm Bar 10am-7pm	14 Lunch 11am-5pm Bar 11am-7pm	15 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm	16 Lunch 11am-4:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	17 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	18 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	19 Lunch 11am-5:00pm Bar 11am-7pm
20 Brunch 10am-2pm Bar Menu 3pm-5pm Bar 10am-7pm	21 Lunch 11am-5pm Bar 11am-7pm	22 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	23 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	24 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	25 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	26 Lunch 11am-5:00pm Bar 11am-7pm
27 Brunch 10am-3pm Bar Menu 3pm-5pm Bar 10am-7pm	28 Lunch 11am-5pm Bar 11am-7pm Memorial Day Pool Party 12pm-4pm	29 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	30 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	31 Lunch 11am-3:30pm Bar Menu 3:30pm-4:30pm Dinner 4:30pm-8pm	*****	

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# FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup in the dining room for the month of May - Entertainment is from 6:00pm - 9:00pm

> May 4th - Rod Keiser May 11th – Sara Combs May 18th – Mark Miller May 25th – John Rinell

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# BEER. WINE AND SPIRIT OF THE MONTH!

- Beer Big Nose IPA from Swamp Head \$5.00
- Wine Ponga Sauvignon Blanc New Zealand \$5.00
- Spirit Pineapple Mango Infused Vodka \$5.00

# RESTAURANT HOURS OF OPERATION

Tuesday Lunch - 11:00am to 3:30pm Tuesday Night Buffet - 4:30pm to 8:00pm Wednesday- Friday Lunch Menu - 11:00am to 3:30pm Bar Menu Only - 3:30pm to 4:30pm Dinner Menu/Bar Menu - 4:30pm to 8:00pm



Sunday Brunch Menu - 10:00am to 2:00pm Bar Menu - 3:00pm to 5:00pm

Dinner Take Out Orders - 4:30pm to 6:00pm ONLY





May 2nd - Chicken Alfredo May 9th - Shrimp & Grits May 16th - Roasted Turkey May 23rd - Meatloaf May 30th - Ziti & Meatballs





### TUESDAY, MAY 15TH

Arrive between 5:00pm - 6:00pm for Dinner Service Trivia Game Starts at 6:30pm

DINNER & TRIVIA \$27 PER PERSON

Plated Dinner Menu:

Choice of: Choice of Stuffed Pork Tenderloin, Polenta & Fresh Vegetables OR Crab Cakes with a Red Pepper Coulis served with Wild Rice & Fresh Vegetables Assorted Cookies

No Regular Dinner Menu Will Be Available RESERVATIONS REQUIRED

Deadline to submit team is May 7th by 5:00pm

Make your reservation via the separate mail sent May 1st

Memorial Day

Pool Party with The Big Z Band

Monday, May 28th | 12:00pm - 4:00pm \$15<sup>++</sup> per person

Join us for some fun in the sun!

Menu

Hamburgers, Hotdogs & Fried Chicken | Potato Salad & Macaroni Salad Fresh Fruit | Bags of Chips

**Reservations open on Monday, May 7th.** An email will go out with a link to reserve your spot.



Mether's Day Brunch

Sunday, May 13th Buffet from: 10:00am to 2:00pm (seating every 1/2 hour)

\$32.95 - Adults | \$12.95 - Kids (plus tax & gratuity) Kids 4 and under Free Credit Card Reservations Required. 48 hour cancellation policy Call 941-708-3837 to make your reservation today!

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Brunch Menu sent via email April 30th



# Flying Solo Tiki Bar Tuesday Meet-Ups!

Starting Tuesday, March 27th and every Tuesday following 4:30pm - ???

Beverages and Snacks are available for purchase at the Tiki Bar Come and enjoy! It's a great way to casually meet fellow Solo neighbors!

riverstrandflyingsolo@gmail.com

New Members are always welcome!





941-708-3837 or aduncan@theiconteam.com Deadline to reserve is Monday, May 21, 2018 \$25 per person **POST GAME FIREWORKS!** Create Your Own Gift Bags Learn to paint using the ONE STROKE method created by Donna Dewberry. Classes are fun and surprising! It's not uncommon to hear people say they can't draw, much less paint. Drawing is not a requirement to learn how to paint using the ONE STROKE method.

VS.

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Painting gift bags is a great way to begin learning.

ALL SUPPLIES ARE INCLUDED

Each student will leave with 12 gft bags hand painted by themselves!

Tuesday, May 22, 2018 1:00pm | Sanctuary Clubhouse

\$25 per person

Call 941-708-3837 or email aduncan@theiconteam.com to make your reservation today!





# Chicks And Flicks



Wednesday, May 3rd at Noon Meet at BRIO Tuscan Grille 190 University Town Center Dr, Sarasota, FL 34243

New Faces & Friends are Always Welcome! Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.

> Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month. RSVP to aduncan@theiconteam.com by

> > Monday, April, 30th.





The Recreation and social committee are happy to announce that River strand now has a.....



SOI+UICOAY, MOY 19th All OBES WEICOME! (minors must be accompanied by an adult)

TIME: 6:00PM - doors open at 5:00PM Bring Your own beverage & Munchies Price: \$4.00 Per Book (6 games in each) \$1.00 Per Daubers (or bring your own) Location: sanctuary clubhouse CASH ONLY! (small bills please) An email will be sent Friday, May 4th to make reservations

\*\*Bingo Night Will continue on the third saturday of each month

# SAVE THE DATE!

Group Travel

Presentations

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# June 25th & 26th

More information to come!



## Join in on the fun!

This is a simple, game that anyone can play and is very easy to learn. Take the opportunity to meet and laugh with old pals and new friends! Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table. But really, almost any number can play!

> Thursday, May 3rd at 10:00am in the main clubhouse Card Room Enjoy lunch with the ladies after the game at Carmels Kitchen and Wine Bar 8433 Cooper Creek Blvd., Bradenton

RSVP to aduncan@theiconteam.com by Monday, April 30th if you will be attending Bunco and/or Lunch.

Thursday, May 17th at 10:00am in the main clubhouse Card Room Enjoy lunch with the ladies after the game at the River House Reef and Grill 995 Riverside Dr., Palmetto, Fl

RSVP to aduncan@theiconteam.com by Monday, May 14th if you will be attending Bunco and/or Lunch.

# FITNESS & SOCIAL CALENDAR MAY 2018



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Book Club with Linda</u> 10:00am <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Book Club</u> <u>with Paulette 6:00pm</u>	2 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit 9:15am</u> <u>Zumba Tone/Step</u> 10:30am <u>May 11:30pm*</u> <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	3 <u>Yoga Stretch 9am</u> <u>Bunco</u> 10:00am <u>Butts &amp; Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> <u>3pm*</u> <u>Iexas Hold-Em</u> <u>5:20pm*</u> <u>Veterans Network:</u> <u>6:30pm</u>	4 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand &amp; Foot</u> 6:00pm*	5
6 <u>Bowling</u> 6:00pm	7 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Weight Watchers</u> 1:00pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm*	8 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Book Club with Linda</u> 10:00am <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Book Club</u> <u>with Paulette 6:00pm</u>	9 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	10 <u>Yoga Stretch 9am</u> <u>Tai-Chi</u> 10:00am <u>Butts &amp; Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Men's Asian Cards</u> <u>3pm*</u> <u>Texas Hold-Em</u> 5:20pm*	11 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand &amp; Foot</u> 6:00pm*	12
13 <u>Bowling</u> 6:00pm	14 <u>Fit 4 Life:</u> 8am <u>Aqua Fit</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Weight Watchers</u> 1:00pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm	15 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am	16 <u>Fit 4 Life:</u> 8am <u>Mah Jonga</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	17 <u>Yoga Stretch</u> 9am <u>Tai-Chi</u> 10:00am <u>Bunco</u> 10:00am <u>Butts &amp; Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> <u>3pm*</u> <u>Texas Hold-Em</u> <u>5:20pm*</u>	18 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand &amp; Foot</u> 6:00pm*	19 <u>Bingo 5</u> :00pm
20 <u>Girls Night Out</u> 6:00pm <u>Bowling</u> 6:00pm	21 <u>Fit 4 Life:</u> 8am <u>Aqua Fit:</u> 9:15am <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Weight Watchers</u> 1:00pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm*	22 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	23 <u>Fit 4 Life:</u> 8am <u>Mah Jongg</u> 9:00am* <u>Aqua Fit</u> 9:15am <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	24 <u>Yoga Stretch</u> 9am <u>Tai-Chi</u> 10:00am <u>Butts &amp; Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> 5:20pm*	25 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua:</u> 10:15am <u>Hand &amp; Foot</u> 6:00pm*	26 <u>Memoria Day</u> <u>Marauders</u> <u>Baseball Game</u> <u>6:30pm</u>
27 <u>Bowling</u> 6:00pm	28 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Weight Watchers</u> 1:00pm <u>Yoga</u> 4:00pm <u>Mah Jongg</u> 6:00pm*	29 <u>Yoga Fusion</u> 9:00am <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am <u>Social Game Night</u> 6:00pm*	30 <u>Mah Jongg</u> 9:00am* <u>Zumba Tone/Step</u> 10:30am <u>May 1</u> 1:30pm* <u>Fitness Ball Class</u> 3:30pm <u>Mixed Bridge</u> 6:00pm*	31 <u>Yoga Stretch</u> 9am <u>Tai-Chi</u> 10:00am <u>Butts &amp; Abs</u> 10:30am <u>Golf Yoga</u> 11:30am <u>Line Dancing</u> 2:00pm <u>Men's Asian Cards</u> 3pm* <u>Texas Hold-Em</u> 5:20pm*		

### The Strand

# FITNESS & SOCIAL ACTIVITIES MAY 2018

#### **FITNESS**

AQUA FIT:

BUTTS & ABS: FIT 4 LIFE:

FITNESS 101:

FITNESS BALL CLASS: GOLF YOGA:

BEGINNER & INTERMEDIATE TAI-CHI:

LINE DANCING:

YOGA: YOGA FUSION: YOGA STRETCH: ZUMBA: ZUMBA-AQUA : ZUMBA TONING/STEP MIX:

#### SOCIAL

BIBLE STUDY: BINGO: BOOK CLUB: BOOK CLUB WITH PAULETTE: BOOK CLUB WITH LINDA:

#### BOWLING:

BRIDGE: BUNCO: CHICKS AND FLICKS: EUCHRE:

FIBER ARTS CLUB:

GIRLS' NIGHT OUT: HAND & FOOT CARD GAME:

#### LADIES MAH JONGG:

MAH JONGG: MAY I? GAME MEN'S ASIAN CARDS GROUP MIXED BRIDGE: SOCIAL GAME NIGHT:

TEXAS HOLD-'EM: VETERANS NETWORK: WEIGHT WATCHERS:

Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes.	
LAST CLASS MAY 23rd. Classes will resume September 5th.	
10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.	
Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes.	
LAST CLASS MAY 23rd. Classes will resume September 5th.	
11:00am on Wednesdays. In the Community Center fitness room. Learn the Basics of Exercise.	
CLASS WILL RESUME THIS FALL	
Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome.	
Tuesdays and Thursdays at 11:30am in the Clubhouse Fitness Room. Classes are \$15.	
( <u>ALL</u> Attendees must register in advance at sagejohnson@comcast.net)	
10:00am on Thursday at the Pavilion in Central Park.	
Classes are \$10. For those who want to develop or hone their Tai Chi skills.	
2:00pm—2:45pm Beginners 2:50pm—3:00pm Advanced Beginners Thursday's in the Clubhouse	
Fitness Room	
4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. \$5 per class	•
9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska.	
9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5	
10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.	
10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.	
10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.	
1000 and an Turaday, at the Constant with Constant (Lawrence Thru the Dible", (Dr. 1) Michael Democrat	
10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.	
Every third Saturday of each month. 6:00pm in the Sanctuary Clubhouse.	
Will resume Monday, November 27th	
6:00pm in the Community Center the first Tuesday of every month. <b>THIS GROUP IS FULL AT THIS TIME.</b> 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members	
welcome! Any questions contact Linda at 410-935-7083	
Every Sunday 6:00pm. Meet at AMF Bradenton Lanes. Contact Maria Russo at	
mariaarusso325@gmail.com for more information.	
9:30am on Monday & Friday. Group will play at the Clubhouse.	
10:00am on the first & Third Thursday of the month in the Clubhouse Card Room.	
First Wednesday of every month.	
7:00pm on Sundays (except the 3rd Sunday of each month) in the Sanctuary Clubhouse.	
Anyone interested in joining our group to message me at farrell.rosie@gmail.com or	
call me 989-387-0482	
2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month.	
All are welcome: Knitters, Crocheters, Quilters etc If you are interested in Free Beginner Knitting	
Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.	
6:00pm on the third Sunday of the month at the Community Center.	
6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played	
with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569	
9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group	
for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253	
6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.	
1:30pm on Wednesday at the Community Center.	
3:00pm on Thursdays at the Community Center.	
6:00pm on Wednesday at the Community Center.	
6:00pm on Tuesdays in the Community Center except the first Tuesday of the month.	
(Card games and/or board games)	
Contact Peyton Wynns at 941-281-2131 with questions or suggestions.	
5:20pm-8:00pm on Thursdays. Group will play at the Community Center.	
6:30pm on the first Thursday of the month in the Clubhouse Conference Room.	
1:00pm on Mondays. If you are interested in joining the group email aduncan@theiconteam.com	

The Strand



### River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

### <u>Bunco</u>

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

### Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

### River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

### River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

### May I?

Newcomers and beginners always welcome to our mixed group. 'May I' is a card game, similar to Rummy, but no prior knowledge is needed. We will help you pick up all the basics fast so that you can enjoy the game. We meet at 1:30 on Wednesdays in the Community Center. Any questions? Just email me at walsh.elaine@outlook.com

### Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

# **Fitness Class Descriptions**

Interested in one of our fitness classes? Check below for a full description of a class you may want to take. Keep checking for other class descriptions added in the future.

#### Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

#### Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

#### Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

### Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

### Aqua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

### Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

#### Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

#### Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

### Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

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According to the National Fire Protection Association, between 2009 and 2013 on average there were 8,900 home fires per year that involved grills, hibachis, or BBQ's.

These fires caused an average of 10 fatalities per year and \$113 million per year in direct property damages. 83% of these fires were caused by problems with grills fueled by gas, 13% by charcoal (or solid fuel) and 4% by electrical or other type of combustion.

River Strand has 984 living units in buildings that house more than two living units per structure (Coach homes, Verandas, Terraces). These living units share walls, floors, ceilings, and balcony areas.

The Manatee County Fire Department regulations restrict the type and size of grills that may be used in multi-living-unit buildings in our community. The regulations are intended not only to reduce the threat of fires, but also to protect residents and properties from the effects of smoke from their neighbors grill.

If you live in a multi-living-unit dwelling and want to find out what cooking devices are allowed in our fire district, please check with the East Manatee county fire department. They can be reached at 941-751-5611.

Don't forget, all multi-living-unit dwellings are a part of individual condominium associations. Those associations may have restrictions that are more stringent than the county.

# **Important Reminders**

- The next Board of Directors meeting will be held on Monday, May 7th at 10:00am in the Main Clubhouse Dining Room.
- Trivia will be held on May 15th!
- Dinner Service is now available Tuesday thru Friday. Call 941-708-3837 option 2 to make reservations.
  Reservations are required for the dining room. Seating on the half hour from 4:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings (unless otherwise noted due to a special event)



RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

Lennar Customer Care 866-226-4057

Icon Management Services 941-747-7261 Phone

Clubhouse General Office Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

<u>Golf Shop</u> Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

<u>Tennis Shop</u> Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

<u>Swimming Pools</u> Open from dawn until dusk.

<u>Gate Attendant</u> Phone: 941-746-2167 (gatehouse) E-Mail: gatehouse@riverstrandgolf.com Envera (Gate Company): 941-556-0732 (24-hours) Day Time Roving Patrol & Nightly Security Patrol: 941-549-9637

Community Association Managers

Shaun Fitzer, LCAM, Single Family Homes/River Strand Phone: 941-932-8663 E-Mail: SFitzer@theiconteam.com Sandy Ellis, Heritage Harbour Masters Phone: 941-747-7261 E-Mail: sellis@theiconteam.com <u>General Manager</u> Robert Brown, CCM Phone: 941-708-3837 E-Mail: RBrown@theiconteam.com

<u>River Strand Master Association Board President</u> Bob Walsh Phone: 941-896-7525 Email: bwalsh@riverstrandbod.com

Golf Course Superintendent Renze Berg Phone: 941-920-2274 E-Mail: RBerg@theiconteam.com

Director of Golf Aaron Merritt, PGA Phone: 941-708-3617 E-Mail: AMerritt@theiconteam.com

Director of Tennis Nate Griffin, USPTA Phone: 941-932-8680 E-Mail: NGriffin@theiconteam.com

Executive Chef Radames Febles Phone: 941-932-8665 E-Mail: RFebles@theiconteam.com

Food & Beverage Manager David Mclaughlin Phone: 941-932-8664 E-Mail: DMclaughlin@theiconteam.com

<u>Lifestyle Director</u> Angela Duncan Phone: 941-932-8671 E-Mail: ADuncan@theiconteam.com

Administrative Office Deanna Broten Laurel Johnson Phone: 941-708-3837 E-Mails: rsreception@theiconteam.com & admin@riverstrandgolf.com

<u>Concession Supervisor</u> Laura Kommick Phone: 941-708-3837, ext. 110

