



The Strand

November 2015

eNewsletter for the Members of River Strand Golf and Country Club

Connect with your Clubhouse and Community

Read the latest & greatest from River Strand Golf and Country Club



The annual Susan G. Komen Breast Cancer Awareness Tennis Fundraiser that was held at River Strand last month was hugely successful once again! The event raised over \$5100 and still counting—a new record! 100% of the proceeds will go directly into our community for mammograms and follow up care. This event was successful due to the fantastic support and leadership of the event organizers and our tennis staff, not to mention the over 60 residents who participated in the tennis activities and live auction. Way to go River Strand!



Jodi Esteban, Joann Sensabaugh,
Lisa Vokey and Linda Sheldon



Rick Salomone, Roger Raney,
Steve Kriegshber and Jim Gregory



Pat Van Stedum, Pat Springer
And Marti Salerni

Complimentary Bridge Classes To Be Offered By RS Members

Free bridge lessons will be available from 1:00 p.m. to 3:00 p.m. every Monday beginning on January 11th. Advance sign up is necessary. New players should attend on the first session on January 11th at 1:00 pm and plan to make a commitment to attend most sessions (or arrange for makeup times) in order to learn the game in a few months. Self study can help speed the learning process. Resource materials will be provided and recommended.

There will be two groups: beginner and intermediate. If you would like more info, contact Vivienne at 941-251-7494 for beginner lessons or Vicki at 269-579-6127 for intermediate lessons.

Men and women are welcome, as well as couples. You do not need to provide your own partner, even though bridge is played in pairs. There are many players at River Strand who are single or have a spouse who does not play bridge, plus the morning games on Mondays and Fridays are limited to women.

Bridge is a lot of fun, a great way to meet more people and, while challenging, is not that difficult for people who like cards and want a terrific way to keep their minds exercised. Why not give it a try?

COMMUNITY MATTERS

Dan Arens, LCAM



"Please remember that trash and recycling is to be put out the day of pick up and cans taken back in the same day."

Holiday season is fast approaching and I am beginning to see a lot of familiar faces back in the community! Please remember that we have updated the access cards to the fitness and pool areas. If you did not have your card verified prior to leaving for the Summer months, your access has been turned off. Please stop by the administrative office to activate your card as needed or if you have any questions.

We have had some recent issues with the trash and recycling being picked up. Please feel free to contact me or you may contact the Manatee County Utilities directly to inform them of a missed pick up. Please remember that trash and recycling is to be put out the day of pick up and cans taken back in the same day. Reminder: Trash days are Tuesday and Friday, yard waste day is Wednesday and recycle day is Friday. It is highly recommended to use trash cans rather than putting bags of trash at the street as we live in a community with a lot of wildlife that will rip open these bags.

We will be having the parking lot lights of the condos and clubhouse inspected and replaced as needed on a quarterly basis. If you should see any lights out please feel free to contact me and I will add it to our list. The lights that are along the main streets are maintained by FPL. You may contact me regarding issues with these lights or you can report them directly to FPL at www.fpl.com/support/streetlight-single.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!



Did You Know...?

Lunch Buffet Returns

Our Monday through Friday lunch buffet will resume Monday, November 2nd. The price is \$11.95+.

Tuesday Dinner Service

We will also be adding Tuesday evening dinner service back on the calendar beginning Tuesday, December 1st.

Black Friday Restaurant Hours

Restaurant Hours of Operation for Black Friday (the day after Thanksgiving) will be 11am to 7pm. We will serve the lunch menu the entire day. No dinner service.

Has Your Member Minimum Been Met?

Don't wait until last minute this year! The year-end is drawing near so be sure you are aware of the remaining balance on your food minimum. One way to meet that is through catering for a holiday party or family gathering. Contact Nikki at 941-932-8664 to discuss menu options.

Ring In The New Year With Us!

River Strand Clubhouse New Year's Eve tickets will go on sale Thursday, November 12th. Final specifics are being fine tuned and an email announcement going out soon will include all the details. Save The Date!

Member Golf Shop Holiday Sale and Clubhouse Holiday Social Is December 9th

Mark Your Calendar for our annual River Strand shop till you drop sale event in the Pro Shop and then join your fellow members in the clubhouse for a holiday social. We have a special surprise for those who attend the social so make sure you plan to attend!

Fitness Center Equipment

Just an FYI. The fitness center equipment is for use by our members within the confines of the fitness center and should not be "borrowed" or temporarily removed. Thank you for respecting this property.

Cart Paths Only

Golfers Please Note: We will adhere to cart paths only through November 9th while irrigation and over seeding settle on the course. Thank you for your cooperation.



**Thursday
November 19
6:00pm-9:00pm**

River Strand Golf & Country Club

This month we will serve from the limited dinner menu below. This will be the only menu available that evening and we ask that you dine with us if you play Trivia. Sign up for Trivia at the administrative office by Monday, November 16th so we can staff accordingly.

Teams of 8 are the maximum number allowed. If you do not have a full team, you can be paired with one. Individuals are always welcome to attend this very fun and exciting evening.

A River Strand Member Favorite Event!



Chicken Wings \$11.00
Choice of Blue Cheese or Ranch

Vegetable Egg Rolls \$9.95

Waygu Beef Burger \$15.00
Char-Grilled American Kobe Beef
Your Choice of Cheese, Onion Straws

Sesame Ahi-Tuna \$12.00
Sesame Crusted Ahi Tuna on a
bed of Asian Super Slaw, Wasabi Aioli,
With an Orange Ginger Sauce

Portabella Ravioli \$14.95
Mushroom stuffed ravioli in a
Marsala Wine sauce.

Rosemary Roasted Chicken \$16.95
Rice Pilaf & Vegetable Du Jour

Pot Roast \$17.95
Garlic Mashed Potatoes & Vegetable Du Jour

Fish & Chips \$15.00
Golden Crispy Filets with French Fries & Tartar

River Strand Signature Salad \$10.95
Mixed Greens, Pears, Berries, Toasted Almonds
Brie Cheese, Tangerine Vinaigrette
With Chicken \$14.95 With Shrimp \$15.95

Entrees served with choice of:
House or Caesar Salad



GOLF UPDATE

PGA Head Golf Professional, Corey Pion

First of all, I would like to welcome back the members who have recently arrived and welcome to all the new homeowners as I look forward to meeting you. My door is always open, so please pop in and say hi or introduce yourselves if we haven't met. I hope that you all had a good summer away and are now enjoying the fall weather here in Florida. If you weren't here this summer, you didn't miss anything but a lot of rain and extremely long hot days.

Chelsea Reminders: We have now gone back to 4 days out on the tee sheet instead of the 7 days that it was this summer. Also, when booking tee times on Chelsea, please do not request anything on Tuesday or Wednesday mornings until 11:40, as nothing will be available due to our Men's and Ladies' Associations. You are more than welcome to participate in these leagues, the sign up forms and sheets are located in the pro shop. The 18 hole leagues require a handicap with us and are fun and competitive with different games each week. The 9 Hole leagues are much more relaxed and a good way to get started and meet new members. Also, with the increasingly large numbers in our league days, please refrain from coming out to practice those mornings until after 9am and the leagues have dispersed onto the golf course.

We are still getting new arrivals of merchandise for the upcoming season, so come check out some of hottest fashion lines in the industry today. Remember as members you get 20% off all tops, bottoms and headwear. If I don't have your size I can do special orders for you, or if you want to come look at any of my catalogs, you can special order that way as well.



Extra! Extra! Notice to all Readers:

We really hope our members read the October newsletter tongue-in-cheek article from our very own Nate Griffin, Director of Tennis, about why he believes that tennis is better than golf. If not, you definitely should have! This month, Corey Pion, Director of Golf, retaliates with his Top 10 reasons why golf is better than tennis. Read his great article on page 11 and we will let you decide which sport is better! (P.S. We will take a tie because we really do have a deep fondness for both sports!)

GOLF TIP OF THE MONTH

PGA 1st Assistant Golf Professional
Oscar Parks

The most important part of a good tip is the right dollar amount! Ha Ha. But seriously, the best tips or drills are the ones that are brief and simple. Something that gets the golfer into a mode where they can relax, reset their swing, and get their round of golf back on the right track. I know that's easier said than done. So here are a few of the things that have always worked for me over the years.

When you start to miss your shots badly; fat, thin, topped, sliced, hooked, whiffed, etc. The best thing that you can do is to take a step back, away from the other golfers in the group, and try to slow everything down. Take a deep breath, stand tall, check your grip, then get into a comfortably wide stance. Start by taking slowest swing that you can, then gradually increase your swing speed until you reach full power; it is very important to stay in balance as you try and find your optimum tempo. What you are trying to do is reset your swing's tempo. When you have good tempo you can sense the club's acceleration through to the finish of the golf swing.



RIVER STRAND TENNIS PROGRAMS

Junior Clinics (sign up on www.makeclubreservations.com)

Pee Wee Clinic (3-4 yr old) – Friday, 4:30-5:00 p.m. \$10 per class

Stars Clinic (5-14 yr old) – Mon, Wed.& Fri. 5:00-6:30 p.m. \$20 per class

Adult Clinics (sign up on www.makeclubreservations.com)

Nate's 3.0-3.5 Clinic - Monday, 6:30 – 8:00 p.m. \$20.00 per class

Abdul's 90 Minute Drill and Play – Tues. & Thurs. 8:00-9:30 a.m. \$20.00 per class

Tuesday's with Tiffany Clinic – Tuesday: 6:00 – 7:00 p.m. \$15 per class

Gary's Beginner's 101Clinic- Wednesday, 5:30-6:30 p.m. \$15.00 per clinic

Tiffany's Mixed Doubles Clinic – Thursday: 6:00 – 7:00 p.m. \$15 per class

Shot of the Week – Saturday, 9:00 a.m.-9:30 a.m. (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00 – 11:30 a.m. \$20.00 per class

Adult Social Play (sign up on www.makeclubreservations.com)

Morning Doubles: Monday, Wednesday, Friday, and Saturday, 9:30 - 11:00 a.m., cost: \$2.00

Men's Night: Tuesday, 7:00-9:00 p.m. cost: \$2.00

Mixed Doubles Night: Thursday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner)

8.5/9.0 Mixed Doubles Night: Wednesday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner)

TENNIS PRO SHOP HOURS

Monday-Friday, 8:00 a.m. – 7:00 p.m.

Saturday and Sunday – 8:00 a.m. – 3:00 p.m.

Email: tennispro@riverstrandtennis.com

Pro Shop Phone: 941.932.8680

COURT HOURS

All days - 7 a.m. - 9:30 p.m.

TENNIS STAFF/LESSON FEES

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40, 1 Hour Private: \$80

(buy 5, get 1 free)

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35, 1 Hour Private: \$70

(buy 5, get 1 free)

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35, 1 Hour Private: \$70

(buy 5, get 1 free)

Asst. Tennis Professional–Tiffany Davis, PTR

½ Hour Private: \$35, 1 Hour Private: \$70

(buy 5, get 1 free)

Assistant Tennis Professional – Gary Coulter

½ Hour Private: \$30, 1 Hour Private: \$60

(buy 5, get 1 free)



GUEST FEE POLICIES

Guest fees are \$10 per player in season (Oct 1-May 31) \$5 per player (June 1-Sept 30).

COURT RESERVATION POLICIES

1. You are allowed to make social reservations 72 hours in advance. Event registrations can be made as soon as the Tennis staff opens the registrations, i.e., morning doubles is entered 7 days in advance, bookings can begin immediately.
2. League matches - warm up courts can be booked 1 day in advance, i.e. Thursday at 7 a.m. you can make a reservation for Friday. The staff will typically brush the courts from 11-11:30 in preparation of a league match, if possible.
3. Please check in with the pro shop prior to play to confirm your court reservation.
4. Reservations are limited to 1.5 hours.
5. Flex league reservations must be played during non-prime time hours.

BALL MACHINE POLICIES

1. Ball machine reservations can be made 48 hours in advance.
2. Ball machine reservations are limited to 1 hour.
3. Please bring the remote to the front desk after play.
4. Ball machine may not be reserved outside of Pro Shop hours.
5. Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

COURT RULES/ETIQUETTE

1. Soft/clay court shoes are required.
2. Please wear appropriate tennis clothing, no cut offs, bathing suits, etc.
3. Men-shirts required while on the court.
4. Please refrain from loud conversations that distract adjacent courts.

When signing up for the 1st time at
www.makeclubreservations.com use
 Facility Code: river1 - Member Type: annual



River Strand Ladies Bridge

Bridge meets at 9:30am every Monday and Friday and ends around noon. Lunch afterward is optional. To sign up to play call Pauline Tasler at 941-405-4733 or email ptasler@gmail.com or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, fun game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 9:30am. Contact Judi Aharon at 336-407-7625 to play.

Texas Hold-Em Poker

Texas Hold-Em is held every Thursday from 5:00 pm to 8:00 pm. Group size is limited to 50 players. \$10 to Buy-In. Winners receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week.

River Strand Ladies Mahjong

Ladies Mahjong plays every Wednesday at 9:00am. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group and players of all skill levels are welcome! Contact Lynne Monnell 941-201-4253 or email her at gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings in the card room from 5:30pm - 8:00pm. Contact Larry Sivak at lesivak@msn.com or 941-251-7494.

COMMUNITY CENTER UPDATE



The pool has been filled with water and the whole pool deck has really come together. Just waiting for pool furniture.

The half basketball court has been striped and is ready for opening day.



Pickle Ball courts have also been striped. Start reading up on the game rules and get ready for the action.



Golf Course Maintenance Report

Jamie McCrosky, GCSA

"Now that we are finished with greens aerifications, we will start working on green speed and consistency. We will incorporate light verticutting, grooming, and topdressing throughout season to keep them firm and smooth."

As we stated last month, we are moving out of summer renovation season and into the winter months. I talked about the overseed process last month being different from previous years. For a refresher, we closed all courses down for 3 days at the end of October to overseed all 3 nines together. We will be running an excessive amount of irrigation to establish the seed on tees and fairways, therefore we will keep the course cart path only until November 10th. I want to point out as the seed germinates and starts to grow we will wait a period of time to first cut the new grass. The rye grass will be long and thick for a few days while you are playing until we mow it. It is important to give the grass a chance to develop a good root so that we don't tear it out during the first mowing's.

During our 3 day closure, we made a big push improving the consistency of our bunkers by adding some sand and doing some drainage repairs on some needed ones. We had a very wet summer and the bunkers washed out frequently. Now that we are out of the rainy season we should see the bunkers more attractive aesthetically and playability wise.

November 5th and 6th we will have contractors on site applying new pine straw to our ornamental grass beds around the golf course, which will improve look and contrast to the golf course.

Now that we are finished with greens aerifications, we will start working on green speed and consistency. We will incorporate light verticutting, grooming, and topdressing throughout season to keep them firm and smooth.

Happy Thanksgiving to everyone and their families!!

Upcoming events:

- Golf course over seeded: course will be cart path only from October 29th through November 9th; reopening November 10th.
- Driving range tee will be closed through overseed process from October 29th through November 9th; reopening November 10th.

Practice will be available on the artificial tee line.

- Chipping will be available on practice green closest to Grand Estuary Trail; we will over seed chipping approach closest to range tee, therefore closed.



A MINI HISTORY LESSON

What did the Pilgrims eat at the first Thanksgiving?

The meal consisted of deer, corn, shellfish and roasted meat, which is far from today's traditional Thanksgiving feast. They played ball games, sang and danced. Much of what most modern Americans normally eat on Thanksgiving was not available in the year 1621.

NOVEMBER **GOLF EVENTS**

"Fall Fling" 18 Hole Couples Event

November 15th - 1pm Shotgun

Thanksgiving Day

Tee times until 12pm

Ladies' Day

8:30am Shotgun - Tuesday

Men's Day

8:30am Shotgun - Wednesday

Saturday Clinics

Adults: Every Saturday at 10am
(Please call pro shop to sign up)

Juniors: Every Saturday at 11am
(Please call pro shop to sign up)



JUST A LITTLE *Reminder*

- Range balls must be purchased before the Pro Shop closes at 6pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.

Condo Corner

Matt Koratich, CMCA

Greetings Condo Owners,

Budget season is now upon us, and your Association's Board of Directors has worked diligently with Management to prepare the budget for 2016. The aim of the annual budget is to assure that there are sufficient funds to cover the costs of properly maintaining and repairing the common areas and carrying out required administrative and other responsibilities of the Association throughout the year. The annual budget is a projected estimate for these costs and, at its most basic level, is used to balance income against expenditures in an effort to prevent overspending. The Board of Directors is ultimately responsible for the fiscal management of the association in a manner that promotes the maintenance, upkeep, replacement and repair of all elements comprising the common areas. Through the budgeting process, preventative maintenance schedules and routines are established for the upcoming year to insure the common areas are kept pristine; thus, maintaining property values for all owners.

You will receive a copy of the proposed budget for your Association via regular mail. Included in this mailing will be a Notice for the Board of Directors Meeting at which the Board will adopt the budget for the 2016 fiscal year, which runs from January 1 through December 31. Should you have any specific questions about your Association's budget, please do not hesitate to contact your Association Manager.

Once the budget is adopted, all homeowners will receive a new coupon book for the 2016 Budget cycle. ACH (automatic payment) accounts will automatically reflect the 2016 quarterly assessment and will be debited on the third business day of January, April, July, and October. Any homeowners who are not currently using ACH (automatic payment), but wishes to have it as their payment option may stop by the River Strand front desk to obtain the ACH form for your Condo Association.



TENNIS TIP OF THE MONTH

SCOTT POTHUL, DIRECTOR OF JUNIOR TENNIS

Let's talk overhead smash! When we see a ball that is trying to get over our head or is in an attack position above our head, we need to use our overhead smash. Notice I have described two different scenarios. Either way, we must first get out of our volley ready position and get into our overhead coil. Three steps make up a good coil position and they can all happen at once! First, take an initial step back in order to get your body sideways and set your feet like you would for a serve. Second, point up at a 45 degree angle to your contact point. This allows you to guide the ball in and sets your shoulders at an angle up toward your contact point. This is important so that you can displace your power up to the hit. And third, get your hitting hand back behind your head with the tip of the racquet up like a torch. The club player needs this torch position more on the serve as well. Now that you are in a good coil position you can move more effectively and efficiently in order to get yourself behind and underneath the ball. Practice moving in your coil using your sideways shuffles. In many cases two or three simple shuffles are enough to get you behind the ball. I see two major mistakes by the club player. One is that a club player tries to backpedal under the ball and either trips or has no time to get into a coil before the ball arrives. Second is that many players try to point up and set the racquet back behind them just as the ball arrives to contact point. In other words the mistake is lack of preparation in trying to time everything at once! So now that you have established a good coiled position behind the ball, here it comes! Use your quick, little steps in your coiled position in order to zone in on an ideal contact point. When you are ready to swing the racquet, plant your back foot, step out with your front side and stretch up for that ball. Your point arm will begin to drop in toward your chest and the back foot will pivot so that you can rotate your shoulders and hip into the shot. Stretch up!! There should be a slight angle up and out from your hitting shoulder to the contact point. You can hit a slice overhead or learn to pronate your wrist in order to flatten your hit out and get more power. Use more slice on the deeper overhead attempt so that you can control the ball better. Go for more power on the shorter attack attempt. After contact and extension, your hand drops to finish toward the opposite pocket, your elbow should follow, and the tip of the racquet should point back toward the fence. If you hit the winner the point is yours! But don't take that for granted. Follow that ball back into the net and split step into your volley ready position. If that ball is lobbed again it is time to start all over!!!!!! Have fun, see you on the courts.



TRUSCAPES

COMMUNITY LANDSCAPE UPDATE

- We've completed the turf fertilization during the month of October and we prepare ourselves to fertilize your ornamental shrubs in preparation for the cooler weather closely approaching us. This ornamental fertilization will help strengthen the roots and prepare the plants for any freeze we may experience this winter. It will also give the flowering bushes a boost to produce some more bloom before things get very cold.
- Our trimming crew has commenced their trimming of the ornamental shrubs, canopy trees and palms. The goal is to be done with all of the pruning of the multi-family and single family residences before the ornamental fertilization followed by a mulching application just before the holiday season.
- The mowing crews will continue mowing every-other week during November and December. The lawn weeds and ornamental weeds should be finishing and we will continue to spot treat as needed during this coming month of November.
- Our irrigation department will be inspecting the system as we do monthly and seasonally adjusting it to avoid over watering of the lawn as we enter the fall/winter season that requires less irrigation and supplemental watering.
- If you are thinking of doing some annual flowers for the holidays we suggest the following; Petunias, Geraniums, Wax Leaf Begonias, Impatiens, Poinsettias, Alyssums and Dusty Miller.



TOP 10 REASONS WHY GOLF IS BETTER THAN TENNIS

Corey Pion, PGA Head Golf Professional

"I will have to admit that the article in last months newsletter from my friend, Nate Griffin, who is also the River Strand Director of Tennis, momentarily got me fired up. But after reading it a second time I settled down, realizing that it was actually greatly entertaining, all in fun and an excellent opportunity to retaliate with the Top 10 Reasons Why Golf Is Better Than Tennis...so here goes:

- #10. No one ever bought a house with a tennis court view.
- #9. On the golf course, you don't have to grunt every time you hit a shot.
- #8. Golfers play in all types of weather conditions; you never see a tennis player running around the court in rain gear.
- #7. People travel the world to play different golf courses. They do not usually travel the world to play different tennis courts.
- #6. You can have a conversation with your playing partners in golf, conduct business and even enjoy an adult beverage or two during the round.
- #5. Professional golfers don't rip their shirts off after they win a tournament.
- #4. Golf is not only equally enjoyable in a group, but possible, to play alone.
- #3. You can fault on your first serve in tennis and redo without penalty. In golf, you have to count every shot with out a redo. (OK, maybe a mulligan on occasion, but that is not being mentioned here.)
- #2. They make movies about golf.
- #1. According to television ratings, the 2015 tennis U.S. Open had 853,000 viewers while golf's U.S. Open had a shocking 11.2 million viewers. Proof of it's level of popularity. Need I say more?

River Strand Community Connections Giving Tree For The Holiday's

Christmas is a joyous time of the year filled with gifts and gatherings. Where most people enjoy the fellowship of family and friends.

But for many, this wonderful time of year falls short. Why not make this a memorable Christmas for a child in need?

We will have our Christmas Giving Tree again this year in the clubhouse administrative office.

It will be set up around Thanksgiving. Please plan to pull a wish tag this year. It will certainly brighten the holidays for a child in the community.

CHICKS AND FLICKS



Wednesday, November 4th at Noon
Meet at Paris Bistro in Lakewood Ranch

Visit with your River Strand friends at lunch and then pick your movie from those currently playing at Lakewood Ranch Cinemas, if you wish. Show times begin at approximately 1:30 pm. New faces are always welcome!

First Wednesday of every month, lunch locations will vary. RSVP: tamip@riverstrandgolf.com.

FOOD & BEVERAGE CALENDAR

NOVEMBER 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2	3	4	5 Lunch 11am-4:30pm Dinner 5:30pm-8pm	6 Lunch 11am-4:30pm Dinner 5:30pm-8pm	7 Lunch 11am-6pm Bar 11am-7pm
8 Lunch 11am-5pm Bar 11am-6pm	9 Lunch 11am-5pm Bar 11am-6pm	10 Lunch 11am-5pm Bar 11am-6pm	11 Lunch 11am-4:30pm Dinner 5:30pm-8pm	12 Lunch 11am-4:30pm Dinner 5:30pm-8pm	13 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	14 Lunch 11am-6pm Bar 11am-7pm
15 Lunch 11am-5pm Bar 11am-6pm	16 Lunch 11am-5 pm Bar 11am-6pm	17 Lunch 11am-5pm Bar 11am-6pm	18 Lunch 11am-4:30pm Dinner 5:30pm-8pm	19 Lunch 11am-4:30pm TRIVIA NIGHT 5:30 pm Happy Hour Ends 4:30pm	20 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	21 Lunch 11am-6pm Bar 11am-7pm
22 Lunch 11am-5pm Bar 11am-6pm	23 Lunch 11am-5pm Bar 11am-6pm	24 Lunch 11am-5pm Bar 11am-6pm	25 Lunch 11am-4:30pm No Dinner Service	26 THANKSGIVING BUFFET 11AM, 1PM, 3PM	27 Lunch Menu 11am-7pm	28 Lunch 11am-6pm Bar 11am-7pm
29 Lunch 11am-5pm Bar 11am-6pm	30 Lunch 11am-5pm Bar 11am-6pm					

KITCHEN CONNECTION

Executive Chef, Esteban Herrera

Multi-Berry Crème Brule



Yield: 6 servings

Ingredients:

1 Quart Heavy Cream
1 vanilla bean split and scraped
12 (each) blueberries
12 (each) blackberries
6 (each) strawberries, sliced
1 cup of sugar, divided
6 large egg yolks
2 Quarts hot water

Garnish:

Fresh whipped cream
6 (each) strawberries

Directions: Preheat oven to 325 degrees F. Place the cream, vanilla bean and its pulp into a medium saucepan set over medium-high heat, bring to a boil. Remove from heat and remove the vanilla bean.

In a medium bowl whisk together $\frac{1}{2}$ cup sugar and egg yolks until well blended. Add the cream, a little at a time, stirring continually. Divide the three berries and place them into 6 - 8 oz ramekins. Pour the liquid into the 6 ramekins. Place the ramekins in a large roasting pan. Pour hot water into the pan to come halfway up the sides of the ramekins. Bake in the hot water bath for 40 to 45 minutes. Remove ramekins from roasting pan and refrigerate for 2 hours.

Remove the Crème Brulee from refrigerator. Divide remaining $\frac{1}{2}$ cup of sugar equally among the 6 dishes and spread evenly on top. Using a kitchen torch, melt the sugar to form a crispy top. Garnish with whipped cream and fresh strawberry.

THANKSGIVING BUFFET

Thursday, November 26th - 11:00 am, 1:00 pm & 3:00pm Seating's

SOUPS

Butternut Squash Beef Vegetable with Barley

SALADS

Mixed Greens with Assorted Toppings
Tomato & Mozzarella
Carrot Salad, Ambrosia Salad
Broccoli & Walnut Salad, Fruit Display
Cheese Display, Shrimp Cocktail
Assorted Rolls
Assorted Holiday Dessert Selections

CARVING STATION

Roast Turkey with Cranberry Sauce
Honey Glazed Ham

ENTREES

Roast Pork with Mushroom Sauce
Beef Stroganoff with Egg Noodles
Pistachio Crusted Baked Salmon
Whipped Yukon Gold Potatoes
Candied Yams
Holiday Stuffing
Green Bean Casserole

\$38.95++ Adults

\$17.95++ Children 4-12

Advanced Credit Card Reservations Required.
Call 941-708-3837



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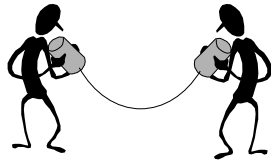
November Fitness and Social Activities

FITNESS

AQUA FIT:	9:15 am on Monday and Wednesday.
CARDIO TENNIS:	6:30 pm on Wednesday and Friday. \$15 members.
FITNESS 101:	November 18th at 10 am for Fitness Equipment instruction and 10:30 am for Weight Training instruction.
FIT 4 LIFE:	8:00 am on Monday and Wednesday.
FLOW YOGA:	6:00 pm Monday. Intermediate practice.
RIVER STRAND STRIDERS:	9:00 am on Tuesday, Thursday and Saturday. Pavilion at Central Park.
SPORTS YOGA:	Introductory classes are on November 9, 10 and 14. See calendar at left for times. Classes are \$15. Permanent dates will be determined based upon best dates from attendees.
TAI-CHI:	9:00 am Tuesday. Pavilion at Central Park. (Moved from lighthouse.)
YOGA:	9:00 am on Thursday & Friday.
ZUMBA:	11:30 am on Monday.
ZUMBA TONING/STEP MIX:	11:30 am on Tuesday.
ZUMBA TONING:	11:30 am on Wednesday.

SOCIAL

BRIDGE:	9:30 am on Monday and Friday.
BUNCO:	9:30 am on the first Thursday of the month.
CHICKS AND FLICKS:	First Wednesday of every month. This month is Paris Bistro for lunch at noon. Followed by a Lakewood Ranch Cinemas movie of your choice.
FLAG DEDICATION CEREMONY:	Honor those who serve our country at a simple ceremony at the clubhouse flag pole on November 10th at 11:30 am. All are welcome to attend.
MAHJONG:	9:00 am on Wednesday.
MIXED BRIDGE:	5:30 pm on Wednesday. No game on November 25.
SARASOTA BALLET:	Only 8 tickets left! Dinner at Roast Restaurant and ballet at the Sarasota Opera house. RSVP to tamip@riverstrandgolf.com .
SPORTS YOGA WORKSHOP:	10:00 am on November 3rd. Presentation on the benefits of yoga for the athlete. Complimentary.
TEXAS HOLD-'EM:	5:00 pm - 8:00 pm on Thursday. Sign up in the golf shop. No Game on 11/26.
THANKSGIVING GIFT CARD DRIVE:	Help those less fortunate. Drop \$10 grocery store gift cards to the admin office for distribution to needy families to help them enjoy a nice Thanksgiving Dinner by November 16th. See page 18.
TRIVIA NIGHT:	Thursday, November 19th. 6 pm to 9 pm. We ask that those who play Trivia order dinner. RSVP by November 16th in the admin office or 941-708-3837.
VETERANS NETWORK:	Thursday, November 5th at 6:30 pm in the conference room.



ClubConnections

Membership & Communications Director, Tami Prince

November reminds us of all we should be thankful for and I hope everyone enjoys good times with friends and family over the holidays. As usual, we have a lot to do around the clubhouse, pencil in the following dates and stay tuned for additional events that will pop up this month.

CHICKS AND FLICKS on November 4th. Meet at Paris Bistro in Lakewood Ranch at Noon. Always looking for new faces!

SPORTS YOGA introductory classes are November 9th, 10th and 14th. Learn from a PGA Certified Yoga expert and get a jump on your New Year's resolutions. See calendar on pages 14 and 15.

VETERANS FLAG DEDICATION join the River Strand Veterans Network Group on Tuesday, November 10th at 11:30 am for a dedication to those community members who have served or are serving. The ceremonies include a Color Guard and Bugler. Join us in Honoring the heroes who keep us safe. Free.

MEMBER GOLF WELCOME BACK FALL FLING is here! Sunday, November 15th. Meet up with your returning friends, enjoy a good round and a bite. Sign up in the golf shop.

THANKSGIVING BUFFET November 26th. 3 seating's in which to savor the Chef's famous turkey, truly known the world over.

MEMBER GOLF SHOP SALE AND HOLIDAY SOCIAL is on December 9th. Be sure to save the date for an exceptional annual sale in the golf shop and the member engaging holiday social in the clubhouse. We're thrilled that we will have special holiday entertainment that evening, plan to attend both events.

INAUGURAL HOLIDAY WALKABOUT is on December 12th. Read every inch of the inside back cover to learn the details regarding this event. We have a amazing number of host homes already, so not to worry if you are unable to host. A fabulous opportunity to meet a lot of your neighbors and spread some holiday cheer.



Welcome to our newest members! Be sure to sign up in the Administrative Offices at the clubhouse for our New Member Orientation.

These informative sessions take place in the clubhouse board room at 2 pm on the first Friday of every month.

Meet other new members and get your River Strand bearings.

RSVP required.

Elizabeth Romero
 Steve & Melissa Bristol
 James & Judy Pearson
 Sven Herdler
 Joseph & Marguerite Fauci
 Charles Ferrell & Katina Gillespie
 Mark Heiniger
 Anne & Billy Heller
 Ward & Sonia Leggitt
 Charles & Karla Olsen
 Clark Randolph
 Don Pearcey & Janice DeSilva
 Tom Dupont
 Eric Leap & Mark Little
 Gary Symon
 Jaime & Marisol Rios

James & Doleci Dzurus
 Arthur & Phyllis Valadie Jr.
 Steven & Debra Thompson
 Louis Nel
 Donna Collins
 Ron & Bonnie Dubin
 Walter & Frances Johnson
 Mark & Doreen Rodo
 Mark & Midge Speciner
 Michael & Linda Kutch
 Debra Hare

River Strand Clubhouse, Community and World Views

"It's raining, can I come in?"
Submitted by Phil Lahm.



Hudson McDonald, shown left with Dad Michael, is ready to practice his long drive.



The Budapest Parliament, above left, as seen from across the Danube River and the Schonbrunn Palace in Vienna, above right, are shared by Craig and Pat Springer who took a river cruise trip this past August.



Exhaust trail from Atlas V launch from Cape Canaveral as seen from the Villas. Shared by Nick Kramer.



Another shot of the Atlas V launch shared by Susan O'Brien.

Email your photos to tamip@riverstrandgolf.com for possible inclusion in an upcoming newsletter.

River Strand Golf and Country Club
and the
River Strand Veterans Network Group
cordially invite you to the

FORMAL DEDICATION OF OUR NATIONAL FLAG IN HONOR OF THE VETERANS IN OUR COMMUNITY

Tuesday, November 10, 11:30 am
River Strand Clubhouse Flag Pole

Opening Ceremony
Posting of the Colors by the American Legion Honor Guard
National Anthem
Opening Prayer
Guest Speaker
Recognition of Present & Past Deployed Men and Women
Closing Remarks

Please RSVP by replying to tamip@riverstrandgolf.com.

live
**YOUR
BEST**
life



SPORTS YOGA INTRODUCTORY CLASSES

Monday, November 9th at 10:00 am

or

Tuesday, November 10th at 10:00 am

or

Saturday, November 14th at 8:00 am

Fitness Center Aerobics Room

Join Sage Johnson, PGA Certified Yoga Instructor, for an introductory Sports Yoga class. The benefits of his sports yoga program will improve your overall fitness and health, which will in turn allow you to become a better athlete, golfer or tennis player.

If these introductory classes are well received, we will arrange a schedule of regular weekly classes while considering days and times that work best for participants and instructor.

\$15 per person
One Hour Session. Class size is limited.

RSVP to tamip@riverstrandgolf.com or 941-932-8669



Hello Fine Members,

As the holidays draw near, it's a good time to not only count our blessings, but also make ourselves aware of those who are less fortunate.

This time last year, we promoted a community wide Gift Card Drive that was amazingly successful in making Thanksgiving better for the disadvantaged, especially families with children. We gathered almost \$1300 in grocery store gift cards to help feed local families and the hungry at Our Daily Bread food bank in Bradenton, among others.

We hope to match (or even exceed!) this wonderful goal again this year. Could you help? If so, please drop off grocery store gift cards (Walmart and Publix are recommended) in increments of \$10 to the River Strand clubhouse administration office or the golf shop counter before November 16th. Cash donations will be accepted and converted to gift cards prior to distribution. Thank you for your interest in helping needy families enjoy a lovely Thanksgiving dinner this year.

This is one way in which in our community can continue to grow united in spirit and make a difference. We would welcome your suggestions as to other avenues where we can lend support to our River Strand and local neighbors. Please do not hesitate to get in touch with your ideas.

Warm Regards,

Tami Prince
Membership and Communications Director
River Strand Golf and Country Club

P.S. We will begin promoting our Christmas Giving Tree project, which was also highly successful last year, very soon!

River Strand Golf and Country Club Member Event

Welcome Back Fall Fling

Sunday, November 15

1:00 pm Shotgun

18 Hole Couples Event

1 Best Ball of 2—Gross and Net Prizes

\$107 per couple includes cart fees,
dinner for 2 and prizes.



Sign Up In The Golf Shop



Sign Up Now

Inaugural River Strand Golf and Country Club Holiday Walkabout

Saturday, December 12, 2015

Beginning at 4:30 pm

We are initiating an annual River Strand resident tradition that we hope will last through the years with our Inaugural River Strand Golf and Country Club Holiday Walkabout. On this very special, community engaging occasion, residents will share appetizers and desserts in the homes of other River Strand residents. It will be an excellent way to spread some holiday cheer while getting to know your neighbors.

The event will begin at 4:30 pm on Saturday, December 12th during which time participants will visit three homes for an hour and a half each. You will be required to bring your own beverage of choice to each home as well as provide an appetizer or dessert at one of the homes you visit. Host homes are needed and will host one group in their home and visit two other homes during the evening. Each home will have a different assembly of people so you will meet a mix of new friends.

This event is open to River Strand adult residents only. Singles are welcome to join the fun and may invite a guest. When signing up, please indicate whether you would like to be a host home and please try to be generous in this regard, we need host homes for this event to work. Shortly after Thanksgiving, all participants will receive more information, such as the timeline, the addresses of the homes in which you will be enjoying your new friends and what you will be asked to contribute—appetizers or desserts.

Sign-up reservations will only be accepted until November 13th.

Please sign up now by simply replying to this email or via email to Tami Prince at tamip@riverstrandgolf.com. Include your name and the name of your significant other or guest, address, phone number, email address and whether you are signing up as a host home or participant. If you have questions, we ask that you please contact residents Stan and Patti Zimmer at 941-405-4321 prior to signing up to expedite the sign up process. We expect a significant level of participation, which will require timely organization, so please sign up as soon as possible. This event will only grow in numbers each year and we would be delighted in your first year participation.

HOST HOMES

- The primary function of the host home is to provide a place for 8 to 12 people to gather for ninety minutes.
- Participants will be assigned to bring enough food (appetizer or dessert) for 8 to 12 people to your home.
- Each participant supplies their own beverage of choice that they will take to each home throughout this event.
- A host home will make available glassware, silverware, small plates, napkins, ice or other items as needed.

Sign Up Now! Email Tami Prince at tamip@riverstrandgolf.com.

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 8:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-4:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Fitness Center
24 Hours, every day
Member photo id card needed for access.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Property Managers - River Strand/Heritage Harbour
Dan Arens, LCAM, Single Family Homes
Phone: 941-932-8663
E-Mail: darens@theiconteam.com
Matt Koratich, LCAM, Condominiums
Phone: 941-932-8671
E-Mail: mkoratich@theiconteam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: pcattanach@theiconteam.com

River Strand Master Association Board Member
Terry Lyons
Phone: 941-896-7525
Email: ternanlyons@aol.com

Golf Course Superintendent
Jamie McCrosky, GCSA
Phone: 941-748-8626
E-Mail: jamiem@riverstrandgolf.com

Head Golf Professional
Corey Pion, PGA
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Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: tennispro@riverstrandtennis.com

Executive Chef
Esteban Herrera
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E-Mail: estebanh@riverstrandgolf.com

Food & Beverage Manager
Nicole Resner
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E-Mail: nicoler@riverstrandgolf.com

Membership & Communications Director
Tami Prince
Phone: 941-932-8669
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Administrative Assistants
Charli Carlson: admin@riverstrandgolf.com
Bianca Johnson: reception@riverstrandgolf.com
Phone: 941-708-3837

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

