

E-Newsletter for the Members of River Strand Golf & Country Club



Connect with your Clubhouse and Community

All the News from River Strand Golf & Country Club

COMMUNITY MATTERS

Shaun Fitzer, LCAM

Association online billpay letters have been sent to all owners. This letter details how you can pay your first quarter 2018 River Strand quarterly amounts. All owners must utilize the system to pay the quarterly amount, as **all previous automatic payments systems will no longer be valid** for paying quarterly fees to River Strand. Monthly club charges will continue to be paid in the previous fashion. A demonstration of the new payment system (which is estimated to save the community \$60,000 in bank fees in 2018) will be held at the budget meeting to take place on November 14th at 6PM in the Bayside church located at 15800 State Road 64, Bradenton, FL. By signing up for the automatic debit option with the bank you will be saving the club money and ensuring that your account is always charged at the same time each quarter (1st business day after the 3rd of the month when due), and eliminate fees for the community.

Renovation work is scheduled to start on November 6th for the pool located at 8206 Grand Estuary Trail. Both the pool, the pool deck and the flooring in the bathrooms will be renovated during this process, and the pool and bath area will be closed to the public form the 6th-30th of November.

Mulch delivery and installation started on October 27th. A team of volunteers is working with the CAM to track the project which is anticipated to be complete by November 1.

The next Architectural review deadline will be November 15th for consideration on November 21st.



FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup in the dining room for the month of November - Entertainment is from 6:00pm - 9:00pm



The Annual Budget Meeting is Tuesday, November 14th

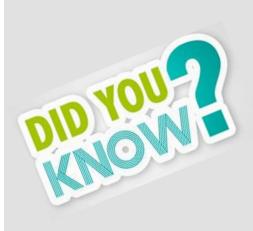
The meeting will be held at 6:00pm at Bayside Community Church 15800 State Road 64 Bradenton, FL 34212

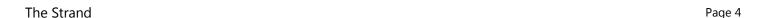


Their new address is 5540 State Road 64 East, Suite 220, Bradenton, FL. 34208 located at the corner of SR 64 and Morgan Johnson Road.

The Library in the main clubhouse has moved!

The library that was located in the card room has now moved to the Billiards Room in the main clubhouse.





GOLF COMMENTS FROM OSCAR

Interim PGA Head Golf Professional, Oscar Parks

Over the past few months the Florida State Golf Association has measured and re-rated each nine holes at River Strand. In accord with the PGA's "Tee It Forward" campaign, we added a new forward tee (Silver) to all courses. The intention is to encourage golfers to play the golf course from a position where it is more likely that you will have a chance of reaching the green in regulation, ultimately providing you the opportunity to shoot a lower score. Additionally, the "RED TEES" have been changed to "GOLD" and the Championship tees has been changed from "GOLD" to "BLACK."

The new tees and course ratings were implemented this past Monday, October 23rd; consequently, when posting scores please make sure that you select the appropriate tee. By the time this article is printed the color changes will have been implemented, which should help eliminate any confusion.

With these changes and additions it is crucial that all members who have a handicap here at River Strand post your scores. This will help the Handicap Committee further develop the scorecard and more accurately define the golf course's Handicap Allocation for tournament play.

An introduction to our Wednesday "Men's Day" golf leagues...

18 Hole Men's League

River Strand Golf & Country Club is home to one of the largest Men's Day Golf Leagues in the state of Florida. Depending on the time of season you may be part of a 130 person field with the purse to match.

Our 18 Hole Men's League competes throughout a 34 week schedule utilizing a revolving series of formats to keep things fresh & fun. Simply visit the Golf-Shop to pick up your registration form and return it along with your \$45 League dues and you will be included in our weekly email sign-up list. There is no weekly commitment from you so only sign-up for the events you are interested in on a week-to-week basis.

Once you begin competing you can follow the weekly results online through the www.riverstrandgolf.com website and you can even track your personal statistics on the same site.

9 Hole Men's League

If you are interested in playing in a less competitive/demanding setting we offer our 9 Hole Men's League. Simply visit the Golf-Shop and add your name to the weekly roster as a single or as a group and we'll set your tee times and any necessary pairings. The 9 Hole is open to all golf members and requires no dues.

For more information on either of our Men's Leagues or general golf events check out our "Member Event Schedule" found at www.riverstrandgolf.com/-member-events-schedule.

Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436

Ladies Golf Association

The River Strand Ladies' 9 and 18 Hole Leagues host over 200 women every Tuesday. Every week, we play different formats and games, some individual, some team play, all fun. All golf members and golf transfer members are invited to join and play in the 9 or 18 Hole league. Registration forms can be found in the pro shop along with packets outlining important league information and the 2017-2018 schedule.

18 Hole League

8:30 Shotgun every Tuesday (unless noted on schedule) Our 18 Hole Opening Scramble and Luncheon will take place on **November** 7th starting at 8:30 a.m.



9 Hole Partee League

9:00 Shotgun every Tuesday (unless noted on schedule)
Our 9 Hole Opening Scramble and Luncheon will take place on October
31st starting at 9:00 a.m.

The 9 and 18 hole league luncheons will take place immediately after the round in the dining room. We hope that everyone can stay for lunch after league play as it is a great time to socialize with other ladies, enjoy some food and drinks as and keep up to date on Ladies Day info and other River Strand events. Feel free to contact me with any questions you may have.



Kristina Wagner Krca.wagner@gmail.com Phone: 941-708-3617

November Golf Events

November 1 - 18 Hole Men's League "Opening Day"

November 4 - (2 Person Best Ball Challenge) "Saturday Side Game"

November 7 - 18 Hole Ladies "Opening Day"

November 12 - "Fall Ball" 4 Person Teams (Mixed Couples)

*Event: 1 BB on Odd Holes & 2 BB on Event Holes (NET)

November 14 & 15 - 2017 Heritage Harbour Cup (Men's League Inter-Club)

November 18 - Skins Game (Individual Gross & Net, Flighted) "Saturday Side Game"

** USGA Handicap required for any Net competitions, open to all members**

Tennis Tip

Nate Griffin, Head Tennis Professional

Chip and charge in doubles!

What is the most common formation in club level doubles? In my opinion and in what I have seen in the past 18 years of teaching club level doubles, I would say it is 1 up and 1 back. For those of you who aren't sure of the tennis lingo...that means there is one player at the back of the courts (baseline) and one player that stays up by the net to volley. There are many reasons for this, but the primary reason is that most club level players aren't very comfortable with volleys and overheads, so this allows the baseline player to hit groundstrokes and cover the lob over the net player. With that understanding, it is actually a great tactic to chip the serve back short and force the serving player to come up to the net. The returner can then follow up the chip (block return) with moving forward in the court and looking to hit a volley or overhead on the next ball. This takes the server out of their comfortability and forces more action in the point.

How to hit the block return? Remember, that the length of your backswing determines the power of the shot as does the speed of the incoming shot (this is why it's easier to play against somebody who hits with pace!). Therefore, you do not need much of a backswing at all. You will simply keep the backswing short and move your body forward into the shot and keep your racquet movement still, firm, and solid. You will try to strike slightly down and across the balls to impart a bit of backspin on the ball which will help control it and keep it low and short.

So get out there and try to add another weapon to your tennis arsenal!

Nate Griffin, USPTA



Tennis & Pickleball Charity Event

Our annual River Strand Breast Cancer Fundraiser was a huge success! Tennis and pickleball players got together on Saturday, October 21, and raised over \$5000 to donate to the cause. The money they raised goes directly into our local community to provide mammography's, care, treatment, and counseling for those in need.

The day included a breakfast, tennis and pickleball play, a lunch and an auction masterfully officiated by our own Nate Griffin and Abdul Id, auctioneers extraordinaire. Dedications to individual victims of breast cancer were displayed by the courts.

It was a wonderful day which reflected the generosity of the residents of our community!









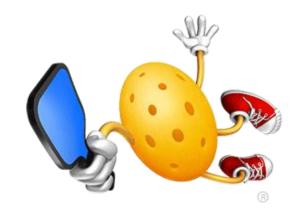


PICKLEBALL TIP

Tennis Professional, Nate Griffin

Bring the kids out!

All racquet sports are great to build hand-eye coordination and pickleball is a great sport for the youngsters as they can control the ball a bit easier and it is played on a smaller court area. This will allow you to spend less time picking up balls and more time getting into some longer rallies.



With a smaller paddle that they can handle and a larger ball, they will be making contact a bit easier than some other sports which will help build their confidence in themselves to play sports in general. As many of you know, I am a huge advocate of younger children playing multiple sports. My wife and I have 3 children ages 6, 8, and 10, and they are involved in multiple sports as well.

Pickleball is a great sport that can be enjoyed by the entire family and get off those smartphones and video games and start spending some true quality time together. This will also help your children or grandchildren learn to stay active and be outdoors, which will help them build habits of physical activity and an overall healthy lifestyle.



Pickleball Beginner Clinics First Monday of

the month
November 6th
3:30pm - 4:30pm
3 person minimum

Event Sign up at www.makeclubreservations.com Facility code: river1

\$10 cash per clinic

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30–10:00am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class Thursday's 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class Shot of the week – Saturday, 8:00–8:30am (Free) Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00-9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2

(sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: \$2

Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

Director of Tennis - Nate Griffin, USPTA½ Hour Private: \$40 or 1 Hour Private: \$80

Head Tennis Professional - Abdul Idi, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70 Assistant Tennis Professional – Scott Pothul

1/2 Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional - Ben Zink, USPTA

1/2 Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 or 1 Hour Private: \$60

Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm Saturday & Sunday, 8:00am – 3:00pm Email: ngriffin@TheIconTeam.com Pro Shop Phone: 941-932-8680

Court Hours All days - 7am - 9:30pm

Battle of the Sexes

Come join in on River Strands re-make of

Bobby Riggs vs. Billy Jean King!



Saturday, December 9th 9am - 12pm

The men (armed with wooden racquets) will be taking on the ladies for a fun and social event followed by lunch on the Tennis patio.

\$25 per person inclusive of lunch and drinks

Call 941-932-8680 to make your reservation today!

All Events Sign up at Salixreservations.com

Morning Doubles:

Monday, Wednesday, Friday & Saturday's 8:30am - 10:00am \$2 per player

Leagues and Ladders: Looking for a singles game? Join our ladder!

941-932-8680



RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

Over this last month we have noticed and been made aware of issues with the greens on the three golf courses. The issues relate to condition of the putting surface, speed of the greens, areas of invasive grasses on the greens and fairways, softness of the greens surfaces and scalping of the grass on the greens by the greens mowers. Most of the concerns are related to the seasonal maintenance of the greens that concluded in October. You will notice a steady improvement of the putting surfaces in the next few weeks and the speed on the greens will also become consistent from golf course to golf course. The scalping noticed on the greens is primarily attributable to excess growth on the green as a result of the fertilizer applications that are put down after the aerification process. The fertilizer helps growth and also speeds up the repair of the greens surface after aerification. We had to adjust bearings on two mowers which were identified as the mowers that were scalping greens.

We have applied the fall fertilizer throughout all courses the last week of October and we will begin applying liquid fertilizer through the irrigation system beginning in November. The program will be utilized on the fairways every 3-4 weeks depending on weather to help with growth and color.

We applied a pre-emergent weed control at the end of October, which will carry us to January and then we will apply again. You will see changes in the color of some fairways as the weeds die off. Those areas will grow back in with Bermuda grass

Last month we installed a sand/shell mix to #8 Estuary fairway trap to convert it into a waste bunker. The trap is located along the lake in front of the tees. The shell in front of #4 waste area trap. Please do not drive in the waste bunkers. We have started to add sand to all the greenside traps and will continue through this month, which we will also add sand to some of the fairway traps as needed. You will notice the whiter color of the new sand.

On November 13 - 15, we are having a treatment done to the greens called Dryject. This is a process where a machine goes over the greens and blows sand down into an 8 inch hole and helps firm up greens and helps with root growth. We will close each nine for one day. There will be minimal disruption to the greens surface, the small holes left behind will be healed in a few days. You can visit Dryject as the following website (Dryject.com) if you would like to look up this process.

At the end of the month, we are having pine straw applied throughout the courses and boulevards, which was held back due to hurricane scheduling. Enjoy this great weather and good golf!

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

Going into November, the community can expect the water levels to drop and some slight yellowing of native vegetation. We have completed our winter sub-surface weed treatments and will monitor this going through until the rainy season. With Florida winter's in decline, various vines continue to take hold in some areas that normally would not due to freeze. As the wetlands dry up this winter, some of my items shall work on thinning out some of the heavier infested areas. We shall even do this for native vines not only nuisance as we feel it harms the area by even strangling out native trees if let go too long. The community had a handful of storm water structure issues during the rainy season but our staff was quickly on top of those before nay flooding developed. We shall conduct



another thorough inspection this winter of all grating etc. to ensure all is clear for next year as well.

The community may be seeing some migratory birds now such as Canadian Geese throughout the community.

If anyone notices erosion issues starting to develop as the water levels recede, please bring it to the attention of management or myself to we may asses and put a plan in place to correct if needed before they get more serious. My crews try and keep eye out for this sort of thing but they don't catch everything. The midge season also seems to be finally passed us now with the cooler weather. It was abnormally long this year, doubling in time frame over prior years. We shall use the dry water months to ready ourselves for next year's growing season and try to be even more prepared for similar conditions next year. For all those homeowners who reached out to provide much needed feel back and compliments to my staff, I would like to thank you.



JOIN US FOR THE 2018 ANNUAL RIVER STRAND CHARITY EVENT

Friday, March 2 through Wednesday, March 7, 2018

For the benefit of the Manatee Food Bank & Hope Family Services!

- · Putting and Closest-to-pin contests
- · Tennis Carnival and Exhibition Play
 - Pickleball Tournament
 - · Live and Silent Auctions
 - · Women's Golf Tournament
 - Men's Golf Tournament
 - Card Games

For River Strand Residents and their Guest! This years theme is "Swingin' at the Strand"





The Strand

FOOD & BEVERAGE CALENDAR NOVEMBER 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
T	Guera namks		Lunch 11am-4:30pm Dinner 5:30pm-8pm	2 Lunch 11am-4:30pm Dinner 5:30pm-8pm	3 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	4 Lunch 11am-5:00pm Bar 11am-7pm
5 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	6 Lunch 11am-5pm Bar 11am-7pm	7 Lunch 11am-4:30pm Dinner 4:30pm-8pm	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm	9 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	11 Lunch 11am-5:00pm Bar 11am-7pm
Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	13 Lunch 11am-5pm Bar 11am-7pm	14 Lunch 11am-4:30pm Dinner 4:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	16 Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	18 Lunch 11am-5:00pm Bar 11am-7pm
Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	20 Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-4:30pm Dinner 4:30pm-8pm	22 Lunch 11am-5:00pm Bar 11am - 5pm	Thanksgiving 12:00pm - 4:00pm Seating on the 1/2hr.	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	Lunch 11am-5:00pm Bar 11am-7pm
26 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	27 Lunch 11am-5pm Bar 11am-7pm	28 Lunch 11am-4:30pm Dinner 4:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm		90bb/e.

Saturday & Monday - Lunch Menu: 11:00am - 5:00pm Bar Open 11:00am - 7:00pm
Tuesday 11:00am—8:00pm Wednesday - Friday Lunch Menu: 11:00am - 4:30pm Wednesday - Friday Dinner Menu: 5:30pm - 8:00pm
Bar Open 11:00am - 8:00pm Sunday Brunch: 10:00am - 3:00pm Bar Open 10:00 - 7:00pm

Happy Hour Daily:11:00am - 7:00pm



TUESDAY, NOVEMBER 14TH

See New Trivia

Guidelines Below!

Arrive between 5:00pm - 6:00pm for Dinner Service Trivia Game Starts at 6:30pm

DINNER & TRIVIA \$27 PER PERSON

Plated Dinner Menu:

Caesar Salad

Choice of Chicken Puttanesca or Braised Short Ribs Roasted Garlic Mashed Potatoes & Broccoli Rabe Assorted Cookies

No Regular Dinner Menu Will Be Available

RESERVATIONS REQUIRED

Deadline to submit team is October 31st

Team Captain or Co-Captains click the link below to make your teams reservation.

https://goo.al/forms/e4KOaQRY8OBoanVK2



October Specials

November 1st - Beef Stroganoff November 8th - Stuffed Shells with Sausage & Marinara November 15th - Chicken & Brie November 29th - Shrimp Pad Thai











New Trivia Guidelines

- Each team selects a team name and fills out a Trivia Team Form, by clicking the link at the bottom of the next page or found in the Administration Office of the main Clubhouse.

 A member/guest can only be listed on one team per event.

 Smaller teams may be joined in effort to maximize capacity
 Each team selects a capitain and co-capitain to represent their team.

Team Selection

- Z weeks prior to the event all teams that have signed up, will be placed in a raffle bin. An Icon staff member and a member of the Food & Beverage Committee will pull out team names from the raffle bin until the room is full. 3 additional teams will be selected for a waiting list in the event a team cancels.

 An email will be sent out the following day, informing the membership of the selected teams.

Table & Meal Selection

- The team captain will be sent a meal selection form via email to be filled out and submitted. This form can also be filled out in the Administration Office at the main Clubhouse.

 Please note, if you do not receive a confirmation email your order is NOT confirmed.

 Table selection for the teams will be selected by using past history and special request. Please note, NO team has a guarantee table and your assigned table is final for that evening.

 The management will do the very best they can to accommodate all teams.

Night of the Event

- The room will be open at 5:00pm for early diners, team members can receive their meal anytime between 5:00 & 6:00

 Upon arrival team members will pick up their place cards at the host stand. The card will identify your table number and meal selection, please position this card in front of your place setting, to insure proper meal service.

 Now, sit back, relax and let our wonderful wait staff serve you a great meal!

Winning Teams

- Congratulations on your win!!!!
 The winning teams will check with the Trivia Host and fill out the form asking you have you will like your gift cards dived up.
 The gift cards will be available in the Administration Office in the main Clubhouse after 3.00pm the following day.

Thanksginin

\$37 Adults / \$16 Children 4-11 / 4 & Under Free 12:00 to 4:00pm Reservations on the Half Hour Call 941-708-3837 to make your reservation today!

Soup & Salads

Roasted Acom Squash with Apples & Sage

Baby Kale, Almonds, Fennel, Dried Cranberies, Radish and Raspberry Vinaigrette

Grilled Radicchio, Walnuts Spinach, Whole

Grain Dijon Dressing

Mixed Greens & Assorted Dressings

Shrimp Cocktall Station

Carving Station

Brown Sugar Glazed Ham with Cherry Pineapple Chutney

Herb Citrus Roasted Turkey with Orange Cranberry Sauce and Turkey Gravy

Entrees & Sides

Pumpkin Ravioli, Roasted Mushrooms, Arugula, Shaved Onion & Tomato Conserve Herb & Parmesan Crusted Salmon with a

Lemon Butter Sauce Apple Walnut Stuffing

Green Bean Casserole with Fried Leeks Truffled Mashed Potatoes

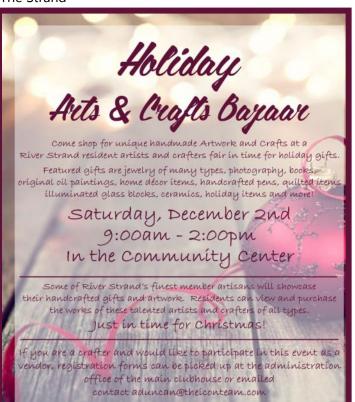
Desserts

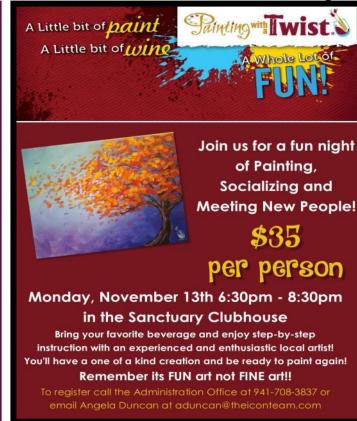
Sweet Potato Pie Chocolate Cake Apple Pie Pumpkin Cheesecake

Kids Buffet

Chicken Fingers, Tator Tots and Mac & Cheese







Liana Martin is back from Firebug Designs with

fused glass ornaments!



Thursday, November 30th

from 10:00am to 12:00pm at the Community Center \$25 Per Person

Please register with the administrative office (941)708-3837or by email to aduncan@theiconteam.com

Payment is due upon reservation.

Space is limited! Make Your Reservation Today!



This is a great class for someone looking for a fun way to be creative while learning the art of fused glass.

No experience necessary.

All materials included.

You're invited to



Saturday, December

The Detective Dinner Theater - featuring The Clearwater Players - present an original interactive comedy murder mystery! They involve you in the action - You figure out the clues and solve the murder! And, they make it even more fun by providing you with some "DDT" money to bribe the players for even more clues and to answer your questions! They alternate throughout the evening between an act of the play and a dinner course, so there's always enough time for you to interrogate the suspects! Before they are through, everyone fills out a ballot and prizes are awarded to the person, or persons, who have solved the murder by deducing the correct suspect and listing the most correct clues!

Bus will depart River Strand at 5:30pm

\$75.00 per person (interactive show, bus trip and dinner)

Reservation deadline Friday, November 17th

Dinner menu includes:

Daily Crafted Mixed Greens Garden Salad Chef's Daily Crafted Chicken Creation Daily Crafted Pastry Dessert Coffee, Tea, Water and Soda

*Chef's Daily Crafted Vegetarian and Vegan options always available upon request



Call 941-708-3837 to make your reservation or email aduncan@theiconteam.com

Rize and Shine!

join us for

Sunday Brunch



Every Sunday! 10:00am - 3:00pm

> Bar Menu Available 3:00pm - 5:00pm

RESERVATIONS REQUESTED 941-708-3837

Solo Mixor

Are you a single person or someone who likes to socialize but your spouse or partner does not?

River Strand has many "sensational solo s" looking for the opportunity to meet others to enjoy conversation, dining, entertainment and friendship.

Please join us on Saturday, November 18th at 6:00pm at the Community Center in the Sanctuary. BYOB and, if you wish, an appetizer to share (but not required).

This will be a fun gathering and we need your input and volunteer efforts to form a River Strand Solo's Group.

No reservations required but requested, contact Angela Duncan at aduncan@theiconteam.com or just show up!

If you are interested in taking a lead please contact Patti Reid, Chairman, Recreation and Social at recreationandsocial@gmail.com or Angela Duncan, Lifestyle Director at aduncan@theiconteam.com.

BUNCO Tts How We Roll!

NEWCOMERS ARE WELCOME!

This is a simple, game that anyone can play and is very easy to learn.

Take the opportunity to meet and laugh with old pals and new friends!

Bunco is a social dice game, traditionally played with 12 players who are divided into three tables with four players at each table.

But really, almost any number can play!

Join in on the fun
Thursday, November 2nd at 10:00am
in the main clubhouse Card Room
Enjoy lunch with the ladies after the game at

the River House Reef & Grille 995 Riverside Dr, Palmetto, FL 34221

RSVP to aduncan@theiconteam.com by Monday, October, 30th if you will be attending Bunco and/or Lunch.

The Bunco group meets on the first and third Thursdays of each month.

Girls Night Out

presented by The Craft Bar

Sunday, November 19th

6:30pm - 8:30pm

Grab your favorite beverage (adult or not) and join us at the Sanctuary Community Center for a unique crafting experience.

\$30 per person

(includes all materials)

This month we will be featuring a DIY holiday dessert plate. It makes a perfect hostess gift. No previous crafting talent required; this is a fun easy project.



Sign up today!

Call 941-708-3837 or email aduncan@theiconteam.com

<u>Upcoming Girls Night Out:</u> Sunday December 17th, Cookie Exchange. Get out your favorite cookie recipe and prepare to share! Details in Decembers Newsletter.

<u>Volunteers:</u> We are looking for volunteers to organize the monthly Girls Night Out. If you are interested please contact Angela Duncan at 941-932-8671 or aduncan@theiconteam.com

The Strand

FITNESS & SOCIAL **CALENDAR NOVEMBER 2017**

Page 16

*Denotes Clubs/C	Classes Meeting at the (Community Center				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1			1 Mah Jongg 9:00am* Zumba Tone/Step 10:30am May I 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	2 Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	3 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Fiber Arts Club</u> 2:00pm <u>Hand & Foot</u> 6:00pm*	4 <u>Golf Yoga</u> 11:30am
5	6 <u>Bridge</u> 9:30am <u>Zumba</u> 10:30am <u>Yoga</u> 4:00pm <u>Mah Jonga</u> 6:00pm*	7 <u>Bible Study</u> 10am* <u>Zumba-Aqua</u> 10:15am <u>Golf Yoga</u> 11:30am	8 Fit 4 Life: 8am Mah Jonga 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	9 Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	10 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua</u> 10:15am <u>Hand & Foot</u> 6:00pm*	11 <u>Golf Yoga</u> 11:30am
12 <u>Craft Bar</u> 6pm*	13 Fit 4 Life: 8am Aqua Fit 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jongg 6:00pm (this week will be in the Card Room)	14 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	15 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May I 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	16 Yoga Stretch 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	17 Bridge 9:30am Yoga 9:00am Zumba-Aqua 10:15am Fiber Arts Club 2:00pm Hand & Foot 6:00pm*	18 <u>Golf Yoga</u> 11:30am
19	20 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jonga 6:00pm*	21 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	22 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm*	Yoga Stretch 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*	24 <u>Bridge</u> 9:30am <u>Yoga</u> 9:00am <u>Zumba-Aqua:</u> 10:15am <u>Hand & Foot</u> 6:00pm*	25 Golf Yoga 11:30am
26	27 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Yoga 4:00pm Mah Jongg 6:00pm*	28 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Golf Yoga 11:30am Social Game Night 6:00pm*	29 Fit 4 Life: 8am Mah Jongg 9:00am* Aqua Fit 9:15am Zumba Tone/Step 10:30am May 1 1:30pm* Fitness Ball Class 3:30pm Mixed Bridge 6:00pm* Fitness 101: 6:00pm*	30 Yoga Stretch 9am Butts & Abs 10:30am Golf Yoga 11:30am Men's Asian Cards 3pm* Texas Hold-Em 5:20pm*		

Page 17 The Strand

FITNESS & SOCIAL ACTIVITIES **NOVEMBER 2017**

FITNESS

AQUA FIT: Mondays & Wednesdays - at 9:15am. \$7 per class or \$65 for 10 classes.

CLASSES RESUMING OCTOBER 11TH

BUTTS & ABS 10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

FIT 4 LIFE: Mondays & Wednesdays - at 8am. \$7 per class or \$65 for 10 classes.

CLASSES RESUMING OCTOBER 16TH

FITNESS 101: 6:00pm on Wednesday, November 29th in the Community Center fitness room.

Learn the Basics of Exercise.

FITNESS BALL CLASS: Wednesdays at 3:30pm in the Clubhouse Fitness Room with Kathy Rome.

GOLF YOGA Tuesdays, Thursday and Saturday 11:30am—12:30pm in the Clubhouse Fitness Room. Classes are

\$15.

BEGINNER & INTERMEDIATE TAI-CHI

(ALL Attendees must register in advance at sagejohnson@comcast.net)

9:00am on Thursday at the Pavilion in Central Park.

Classes are \$5. For those who want to develop or hone their Tai Chi skills.

4:00pm on Monday & 9:00am on Friday in the Clubhouse Fitness Room with Kathy Rome. YOGA:

\$5 per class.

YOGA FUSION: 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. YOGA STRETCH: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5... 10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time. ZUMBA: ZUMBA-AQUA: 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time. ZUMBA TONING/STEP MIX: 10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

SOCIAL

BIBLE STUDY: 10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

BOOK CLUB: Will resume Monday, November 27th

BOOK CLUB WITH PAULETTE: 6:00pm in the Community Center the first Tuesday of every month.

BOOK CLUB WITH LINDA: 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members

welcome! Any questions contact Linda at 410-935-7083

9:30am on Monday & Friday. Group will play at the Clubhouse. BRIDGE:

BUNCO: 10:00am on the first Thursday of the month in the Clubhouse Card Room.

Beginning in November the group will meet the first and third Thursday of each month.

CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, October 4th

Meet at Eds Tavern in Lakewood Ranch at Noon.

followed by a movie of your choice. See page 2 for more information.

FIBER ARTS CLUB: 2:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month.

All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting

Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.

GIRLS' NIGHT OUT: 6:00pm on the third Sunday of the month at the Community Center. See flyer on page 14

for more information.

HAND & FOOT CARD GAME: 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played

with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569

LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group

for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253

MAH JONGG: 6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

1:30pm on Wednesday at the Community Center. MAY I? GAME MEN'S ASIAN CARDS GROUP 3:00pm on Thursdays at the Community Center. MIXED BRIDGE: 6:00pm on Wednesday at the Community Center.

SOCIAL GAME NIGHT: 6:00pm on Tuesdays in the Community Center except the first Tuesday of the month.

(Card games and/or board games)

Contact Peyton Wynns at 941-284-2131 with questions or suggestions.

TEXAS HOLD-'EM: 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.



River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays.

Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions

Interested in one of our fitness classes?
Check below for a full description of a class you may want to take.
Keep checking for other class descriptions added in the future.

Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Agua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle. \$5 per class.

Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

Committee Chair Information

Committee Name:	Chair & Email			
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison - Scott Hancock shancock@riverstrandbod.com			
Compliance Committee:	Lance Dunne Idunnersccc@gmail.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com			
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com			
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com			
Safety, Security & Emergency Preparedness Committee:	Al Ambrosino gateturner@verizon.net BOD Liaison - Bob Walsh bwalsh@riverstrandbod.com			
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com			
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com			
Golf Greens Committee:	Samara Paice spaice13@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com			
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com			
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com			
ARC Committee:	Pauline Tasler sfitzer@theiconteam.com			



Club Connections

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on November 3rd.

Daniela Pestova & Pavel Habera				
Tom Smola / The Moorings Estates, LLC				
Petr Michovsky				
Csilla Torma				
Linda Grasso				
Stephen & Lynn Sparkes				
James & Rose Bergandy				
Charles & Phyllis Surma				
Karen Stefanski				
Ronald & Elizabeth Springer				
Daniel Burke				
Tom Smola / The Moorings Estates, LLC				
Leo Batton Jr				
Craig & Jeannie Harvey				
Daniel & Victoria Burke				
Motria & David DeLuca				
Charles & Rachelle Strimpell				
Robert & Patricia Daley				
Richard Harazim & Monika Harazimova				
David & Linda-Marie Burke				
David & Robyn Wilson				
Joann & Peter Valenti				
Michael McGowan				
Kent & Robin Asleson				
Roy Lindsay				
Jason & Kelly Ann Turner				
Robert & Vicki Pomfret				

Reminders

- The Administration Office will be closed Thursday, November 23rd in observance of the Thanksgiving day holiday.
- SAVE THE DATE!
 Tampa Bay Buccaneers vs.
 Detroit Lions Sunday, December
 13th! Details to be announced!
- Trivia will be held the first
 Tuesday of each month starting in November.
- May I Card Game is starting back up! Wednesday, November 1st 1:30pm in the Community Center.
- Monday Night Mah Jongg will be held in the card room on Monday, November 13th instead of the Community Center.
- Dinner Service is now available
 Tuesday thru Friday.

Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on

Saturday, Sunday or Monday evenings.

 SAVE THE DATE! 2018 River Strand Annual Charity Event will be Friday, March 2nd—Wednesday, March 7th! Details to follow!





The Third Annual River Strand Holiday Walkabout

Saturday, December 9, 2017

starting at 4:30 in the afternoon

Residents of River Strand are invited to the third annual Holiday Walkabout. On this very special occasion, many residents open their homes to share appetizers and desserts with other residents of River Strand. The event will begin at 4:30 on Saturday afternoon, December 9th. It's a day-into-evening affair. If you want to participate, please sign up at email rewalkabout@gmail.com with your name(s), address, phone and host-yes or no

Sign-up will begin on Monday, October 28rd and end on Saturday, November 25th. Firm Deadline for signups

We expect a large turn out this year. So, please, if you can, it would be very helpful if you could sign up early. This event is open to residents only. However, singles are welcome to invite a guest. Also, if two singles want to be assigned together, please be sure to sign up together. When you sign up, please indicate whether you want to be a host home. We need at least 60 host homes again this year. Shortly after Thanksgiving, you will receive more information about where you will be enjoying your appetizers and desserts and what you will be asked to contribute to one of the homes — appetizers or desserts. If you have any questions about this event or special circumstances that are important to you, please contact Stan Zimmer by email rewalkabout@gmail.com or call 941-405-4321. Reply with your name(s), address, phone, email, host yes or no.

HOST HOMES

- The primary function of the host home is to provide a place for 10 to 14 people to gather for ninety minutes.
- Participants from three households (including the host home) will be assigned to bring enough food (appetizers or desserts) for 14 people at one of the homes.
- Each guest supplies his/her own beverage of choice throughout this event.
- A host home needs to make available glasses, small plates, napkins, forks and spoons, as needed. Paper goods are very acceptable.

We expect to need at least 60 host homes again this year. Please, consider opening your home to your neighbors for this event.

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail Bradenton, FL 34212 941-708-3837 Phone 941-708-3785 Fax www.riverstrandgolf.com

<u>Lennar Customer Care</u> 866-226-4057

Icon Management Services 941-747-7261 Phone 941-526-3283 After Hours

<u>Clubhouse General Office</u> Mon-Fri, 9:00am-5:00pm Phone: 941-708-3837

Golf Shop Every Day, 6:00am-6:00pm Phone: 941-708-3617 Late Day Ranger: 941-730-4436

Tennis Shop Monday-Friday, 8:00 am-7:00 pm Saturday & Sunday, 8:00 am-3:00 pm

<u>Grille Room</u> 941-932-8667 Check calendar for seasonal hours of operation.

Swimming Pools

Open from dawn until dusk.

<u>Gate Attendant</u> Phone: 941-746-2167 (gatehouse) E-Mail: gatehouse@riverstrandgolf.com

Envera (Gate Company): 941-556-0732 (24-hours)

Nightly Security Patrol: 941-549-9637

<u>Community Association Managers</u> <u>Shaun Fitzer, LCAM,</u> Single Family Homes/River Strand

Phone: 941-932-8663
E-Mail: SFitzer@ThelconTeam.com

Lee Weiss, Condominiums/Heritage Harbour

Phone: 941-747-7261

E-Mail: lweiss@ThelconTeam.com Kasey Dick, LCAM, Condominiums

Phone: 941-747-7261

Email: KDick@ThelconTeam.com

<u>General Manager</u> Pat Cattanach, PGA, LCAM

Phone: 941-708-3837

E-Mail: PCattanach@ThelconTeam.com

River Strand Master Association Board President

Terry Lyons

Phone: 941-896-7525 Email: tlrsbod@aol.com

Golf Course Superintendent

Renze Berg

Phone: 941-920-2274

E-Mail: RBerg@ThelconTeam.com

Interim Head Golf Professional

Oscar Parks, PGA Phone: 941-708-3617

E-Mail: OParks@ThelconTeam.com

<u>Director of Tennis</u> Nate Griffin, USPTA Phone: 941-932-8680

E-Mail: NGriffin@ThelconTeam.com

Executive Chef Radames Febles Phone: 941-932-8665

E-Mail: RFebles@ThelconTeam.com

Food & Beverage Manager

David Mclaughlin Phone: 941-932-8664

E-Mail: DMclaughlin@ThelconTeam.com

<u>Lifestyle Director</u> Angela Duncan Phone: 941-932-8671

E-Mail: ADuncan@ThelconTeam.com

Administrative Office

Deanna Broten Laurel Johnson Phone: 941-708-3837

E-Mails: rsreception@ThelconTeam.com &

admin@riverstrandgolf.com

Concession Supervisor Laura Kommick

Phone: 941-708-3837, ext. 110

