



The Strand

October 2016

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your
Clubhouse and Community

All the News from River Strand Golf & Country Club

COMMUNITY MATTERS

Dan Arens, LCAM

The cooler weather is fast approaching! Please remember that we have completed the vehicle transponders verification at the Club. If you did not have your transponder verified in person or via email, your access has been turned off. Please call or stop by the administrative office, if you have any questions.



We have had some recent issues with the trash and recycling not being picked up. Please contact Manatee County Utilities directly to inform them of the missed pick up at (941) 792-8811. Please remember that trash and recycling is to be put out on the curb the day of pick up and garbage cans taken back in on the same day. It is highly recommended to use trash cans rather than putting unprotected bags of trash on the street, as we live in a community with a lot of wildlife that will rip open these bags.

We will be having the parking lot lights of the condos and clubhouse inspected and replaced as needed on a quarterly basis. If you should see any lights out please feel free to contact me and I will add it to our list. The lights that are along the main streets are maintained by FPL. You may contact me regarding these lights or you can report them directly to FPL at www.fpl.com/support/streetlight-single. We are scheduled to have the condo lights replaced during the first week of October.

It has been brought to my attention that we have had questions at various times from residents who are unaware of who to contact with issues. Please know that we always have a Manager on Duty during the weekend. If you are unsure of who to contact, please feel free to contact me directly on my cellphone and I will reach out to the appropriate person.

The security guard at the gatehouse is unable to leave their post to handle emergencies, and the roving patrol officer is an employee of Heritage Harbour requiring the one officer to patrol all locations located within Heritage Harbour. If you have an emergency, please dial 911. Do not wait for the roving patrol officer to arrive.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!

Chicks And Flicks



Wednesday, October 5th at Noon
Meet at the Polo Grill & Bar
10670 Boardwalk Loop
Lakewood Ranch, FL

Visit with your friends and neighbors at lunch and pick your movie from currently playing titles. New Faces are Always Welcome!
Chicks And Flicks is held the first Wednesday of every Month, lunch location will vary per month.

Check out the movie listings at these theaters:
Lakewood Ranch Cinema 941-955-3456, Royal Palm Cinema 941-752-3796 (cash only), Parkway 8 Cinema 941-360-6741, DeSoto 6 Colonia Cinema 941-405-9247, Regal Cinema 844-462-7342, Burns Court Cinema 941-955-3456, Regal Cinema—Hollywood 20 844-462-7342

RSVP to LHoppe@TheIconTeam.com by Monday, October 3rd



The September Luncheon at Carmel Kitchen & Wine Bar.

STAY TUNED
A NEW
DINNER MENU IS
COMING SOON!

Important Reminders

- Dinner Service is available **Wednesday thru Friday**. Reservations are recommended. Seating on the 1/2 hour from 5:30 pm to 8:00 pm. There is no dinner service on Saturday, Sunday, Monday or Tuesday evenings.
- **Blue Plate Specials** are available in the Dining Room **EVERY Wednesday Night** in October. See Page 17 for a complete listing of Blue Plate Specials.
- **Are you creative?** Reserve your vendor table for the **River Strand Holiday Arts and Crafts Fair** on November 12th. Deadline for vendor reservations is Thursday, October 13th. See page 7 for more information.
- **Calling all Football Fans!** A few tickets are still available for the Tampa Bay Buccaneers & New Orleans Saints Football game on **Sunday, December 11th**. Please call the Administrative Office to make reservations at 941-708-3837.
- Don't Miss **Karaoke Night** in the River Strand Dining Room. Sing your heart out and win prizes on **Tuesday, October 18th**. See page 13 for more information.
- **River Strand's Holiday Walkabout Progressive Dinner** returns on **Saturday, December 10th**. Don't miss out on this great Holiday event. See page 10 for more information.
- Save the Date for the **Annual Charity Golf Event at River Strand**. It will be held on **March 13-15, 2017**. See page 16 for more details.
- Join us for our **Say Good "Bayou" to Summer Pool Party** on **Sunday, October 9th** from 12:00pm to 3:00pm at the Clubhouse Pool. See additional information on page 13.
- Don't miss **Oktoberfest** at the Clubhouse on **Thursday, October 20th**. See more info on page 19.

IMPORTANT ANNOUNCEMENT !

During the last 12 months many residents have expressed a desire to have the deadline for the Food Minimum moved from December 31 to a date in the 1st quarter of each year. The comments are generally based around the premise that many residents are not on site during the latter part of December to spend the remaining balance of their minimums.

A review of the Food Minimum program by the Board, management and residents has resulted in the following change to be made in 2016. The Food Minimum deadline date is being moved to March 31, 2017 from December 31, 2016. This means that for 2016 you will have 15 months to use up your Food Minimum. Moving forward the Food Minimum deadline will be March 31 of each year.

JUST A LITTLE
Reminder

Homeowners:
Your \$200 Transfer Fee must be submitted with your Transfer/Guest Form in order for the payment to be properly credit the correct account.

GOLF COMMENTS FROM COREY

PGA Head Golf Professional, Corey Pion



We are getting new merchandise in for the season on a monthly basis. Come check out the new arrivals and if we don't have your size we can special order most pieces for you. Remember as members you get 20% off tops, bottoms and headwear. Come in and see for yourself. We are doing something different this year with shoes. We will have displays of the newest brands of shoes and do special orders only. You can expect delivery of your orders in less than a week!

Our Member Events Schedule is now out for the upcoming season! I am excited about this year's events and I hope that we continue to have increased participation for these great events. If you would like a copy of the member events schedule it can be found on our website, in the pro shop or I can also email you a copy if you need one.



Golf Course Reminders:

- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.
- Please help keep our course beautiful by filling in your divots and ranking your tracks in the sand.

Golf Yoga is Back for the Season!

See Page 14 & 15 for More Details.
You Must Register in Advance with the instructor by email at sagejohnson@comcast.net



Golf Rules Tip of the Month

PGA 1st Assistant Golf Professional, Oscar Parks



As most of you have probably noticed, there are fewer and fewer off-course golf retailers where you can buy clubs and merchandise. The majority of golfers now choose to buy their golf clubs from an online source without definitively knowing if what they are purchasing is going to be the right fit for their golf game. This is a practice that can become very costly and time consuming; searching for a club, waiting for it to arrive and then hoping it compliments your golf swing. If it doesn't work, then you must start the process all over again.

The solution is to have a professional club fitter evaluate your golf game and swing. This type of analysis will help to determine the appropriate number of clubs you actually need as well as the composition of your new set. For example, a women who hits the ball roughly 125 yards with her driver will likely hit her 9 iron about 65-70 yards. If she carries an 8 iron (80yds) and a 7 iron (90yds), the playable gap between her 7 and driver is only 35 yards. The statistics show that the majority of women who fall into this model will only hit the ball about four yards further as she goes up the set. Four yards is not enough space to really even see a discernable gain in yardage between clubs; therefore, the next longest club that this golfer should carry is a 28 degree hybrid (which is a 5 iron loft), a 19-22 degree fairway wood and then the driver. This kind of spacing should allow the golfer to see a difference in carry and distance with each longer club.

On the other end of your set of clubs are the wedges. I always ask my students, is it more important to know what you hit 150 yards or 15 yards? The answer of course is 15 yards, not everyone can hit the ball 150 yards and from 15 yards away one should expect to hit the ball an accurate distance. Therefore, as per our example, this woman should carry a pitching wedge (46/48 degrees), sand wedge (54/56 degrees) and a lob wedge (58/60 degrees) to help her gain better accuracy in her short game. In total we have now fitted our example with a new set of clubs that is made up of only 10 clubs (Driver, Fairway, Hybrid, 7, 8, and 9 irons, PW, SW, LW and a putter). This will inevitably save this golfer money because she is buying fewer clubs (the USGA permits 14 clubs in a set) and will make her club choice less confusing because her selection is more finite.

The great news for our clubs members is that we have a Certified Titleist Club Fitter on our staff, Oscar Parks, who is available at your convenience to perform this invaluable service. Buying golf clubs from your home club is beneficial to the club and if you run into a problem with any of your new clubs, the club's golf shop is not going to go out of business anytime soon. The club fitting costs \$50. Should you purchase your new clubs from River Strand that fee will be deducted from the purchase price of your new set of clubs.

OCTOBER GOLF EVENTS

Ladies' Day Tuesday at 8:00am—Shotgun start
Men's Day Wednesday at 8:00am—Shotgun start

SATURDAY CLINICS

Adults: Every Saturday at 10-11am
 (Please call pro shop to sign up)
Juniors: Every Saturday at 11am
 (Please call pro shop to sign up)



**Ed Sheehan , #4 Sanctuary
 on September 11, 2016**

A Note from Nate

USPTA Director of Tennis, Nate Griffin



Season is almost here, but it sure doesn't feel like it yet with the hot and humid weather we have been experiencing. Yet in tennis, we play on. The staff gets through it, the events are still very well attended, and construction on Court 9 pushes on!

Within the next few weeks and months, we will welcome back our snowbirds, our local leagues will begin again, and the activity will ramp up in a big way.

Here are my top 10 reminders for our returning players and our new homeowners:

1. Make sure you use our online court reservations system, www.makeclubreservations.com. This system will allow you to book courts, book the ball machine, participate in morning doubles, clinics, socials, men's night, mixed doubles night, and it will have all the rules and policies on the site as well. The code for residents to create an account on this system is "river1".
2. Remember that you can reserve the ball machine 2 days in advance, book social reservations 3 days in advance, and make reservations for our club sponsored events up to 7 days in advance.
3. Morning doubles will "not" resume at the normal 9:30am time slot. It will remain at the summer time of 8:30 to 10:00am. This will allow for booking of 9 more courts of play from 10:00 to 11:30am, and another 9 courts of tennis play after that.
4. All league play will begin no earlier than 12:00pm (noon). This will ensure more court availability for member-member play, and will help maximize court utilization during season.
5. Remember that if you must take your name off of morning doubles, you must do so before 6:00pm the night before. This will allow players on the wait list to be notified in advance of openings, and will allow for availability of the court to other members if possible.
6. It's always a good idea to familiarize yourselves with proper tennis etiquette and dress code. Some of the most common mistakes we see are: not wearing proper soft sole tennis shoes, not wearing appropriate tennis clothing, not checking in to the pro shop before play, interrupting other players with loud and unnecessary conversations during play, showing up late to your court reservation or an organized activity, not reminding your guests to check in and pay guest fees before play (Guest fees are \$10 per player after October 1, \$5 per player for registered house guests).
7. Remember private lessons are available from all of our professional tennis staff for full hour or half hour rates. Stop by the tennis pro shop to sign up or see page 7 for more details on pricing.
8. Remember to support your club and staff by taking clinics and lessons, and purchasing your equipment and apparel in the pro shops. We really appreciate it and we will always work for your business. We are always trying to stay competitive with the online retailers, so that members have the convenience of shopping on-site at River Strand.
9. Breast Cancer Awareness Tennis Day is Saturday, October 8th. Cost is \$40 per player, please sign up on www.makeclubreservations.com. For more information, please see the flyer on page 7.
10. Court 9 construction is expected to be completed and ready for play by October 31st, Halloween!!!

UPCOMING EVENTS

Saturday, October 8th

Breast Cancer Awareness
Tennis Day 9am - 1pm

Saturday, October 15th

Free Pickleball Clinic
10:30am - 11:30am

Event Sign up at
www.makeclubreservations.com

RIVER STRAND TENNIS PROGRAMS

Junior Clinics (sign up at www.makeclubreservations.com)

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics (sign up on www.makeclubreservations.com)

Abdul's 90 minute drill and play – Tues. & Thurs. 8:00–9:30am, \$20 per class

Monday Ladies Clinic – Monday, 10:00–11:30am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday's with Nate Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

Adult Social Play (sign up on www.makeclubreservations.com)

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm,
cost: \$2 (sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:00–10:00am,
cost: \$2

TENNIS STAFF/LESSON FEES

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40 1 Hour Private: \$80
(buy 5, get 1 free)

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35 1 Hour Private: \$70
(buy 5, get 1 free)

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35 1 Hour Private: \$70
(buy 5, get 1 free)

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 1 Hour Private: \$60
(buy 5, get 1 free)

TENNIS PRO SHOP HOURS

Monday-Friday, 8:00am – 7:00pm

Saturday and Sunday, 8:00am – 3:00pm

Email: ngriffin@TheIconTeam.com

Pro Shop Phone: 941-932-8680

Signing up for the 1st time at
www.makeclubreservations.com,
facility code: river1, member type: annual

COURT HOURS

All days – 7am – 9:30pm



HOLIDAY ARTS & CRAFTS BAZAAR

River Strand Resident Artists and Crafters are invited to participate as vendors in the Arts and Crafts Bazaar. Registration forms can be picked up in the Administrative Office or on the website at www.riverstrandgolf.com/-upcoming-events. Registration deadline is Thursday, October 13, 2016. Hurry! Space is limited!

Some of River Strand's finest member artisans will showcase their handcrafted gifts and artwork. Residents can view and purchase the works of these talented artists and crafters of all types. Just in time for Christmas!

SATURDAY, NOVEMBER 12TH
9 AM TO 1 PM
THE COMMUNITY CENTER



River Strand Tennis Policies

Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)

- All no show's to any of the events will get a written warning for 1st offense, the 2nd offense will be a 2 week suspension from club organized play.
- If you need to cancel Morning Doubles, players must cancel no later than 10:00 p.m. the night before the event. Men's night and Mixed night players must cancel no later than 2:00 p.m. the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

Guest Fee Policies:

- Guest fees are \$10 per player in season (Oct 1-May 31) and \$5 per player (June 1-Sept 30).
- Guests can play no more than 4 times per month, there is no limit on house guest play.
- House guest fees are \$5 per player.
- Members are responsible for reminding their guests to pay prior to play.

Court Reservation Policies:

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.
- Flex league reservations must be played during non prime time hours.

Ball Machine Policies:

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

Court Rules/Etiquette:

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, midriffs, jerseys, cargo shorts or bathing suits. Men - shirts are required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.



Saturday, October 15th

from 10:30am to 11:30am

**Meet at the Pickleball courts next to
the Community Center**

No sign-up necessary, this is a just show up event.

**All ages and abilities are welcome,
especially beginners.**

**No need to bring equipment,
everything will be provided.**

**If you have any questions contact the Tennis Shop
at 941-932-8680 or email ngriffin@TheIconTeam.com.**

Residents enjoy US Open Tennis Mixer



Members enjoyed at tennis clinic, mixer, lunch and trivia in celebration of the US Open Tennis Tournament at River Strand on Saturday, September 10th.






RIVER STRAND BREAST CANCER AWARENESS TENNIS DAY

Saturday, October 8, 2016
9:00am

Includes a pro clinic, round robin tennis, lunch and auction.
Cost is \$40

Includes lunch on the patio with the Auction to follow.

This is always a fun Saturday morning!

All are welcome to participate or donate.

Once again with your support we are having this event to raise awareness for breast cancer. All proceeds go to Susan G. Komen for the Cure.

If you would like to honor someone's memory or celebrate someone's survivorship, this year we will have posters on each of the tennis courts. A donation of \$25 or more will get your poster there for the month of October. Let's see if we can fill the courts with pink posters! Contact the Tennis Pro Shop for more details.

Sign up now on MakeClubReservations.com

Golf Course Maintenance Report

Renze Berg, GCSA

I'm sure many of you have heard that we will not be overseeding fairways and tees this upcoming season. We want to do what is best for the overall health of the turf grass. One of the big complaints is the transition from overseed after it dies off and we are left with thin fairways for a few months during the months of March through

May. We will be applying fertilizer more often throughout the season to help with growth and color. It will be crucial to avoid worn down areas, which we will rope off to allow healing of grass. When the grass does go into its dormancy period with the colder weather it will have the tendency to tighten up, which will result in tighter lies and longer ball roll. This year will be a good test year to see how well the grass reacts and recovers. I am very optimistic you will enjoy it this season.

We have repaired all the bridges over the summer and have completed repairs on the transitions for entering and exiting the bridges. This will create a smoother ride for the golf carts and for you. We will begin putting out pine straw at the end of October which will take a few weeks to pack down to a smooth finish. Enjoy the courses and your golf game.

Chef Radames provides "frozen cooking demo"



Save the Date

The residents of River Strand are cordially invited to participate in

The Second Annual River Strand Holiday Walkabout

on

Saturday, December 10, 2016

starting at 4:30 in the afternoon

The Holiday Walkabout is a progressive party where you will have the opportunity to share appetizers and desserts with your neighbors at three different homes with three different groups of people. There's no cost. You need only make appetizers or desserts and bring along your preferred beverage. We expect to need at least 60 host homes again this year and we'd appreciate it if you volunteered to host one 90-minute session, but it's not required to participate. For now, just save this date and plan to join us in this annual kick-off of the holiday season at River Strand. More specific information will be available in the October newsletter.

COMMUNITY LANDSCAPE UPDATE

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

The smell is in the air telling us autumn is around the corner and with that TruScapes Industries, Inc. wishes to welcome everyone to our fourth quarter news article. As our plants are preparing for the cooler drier weather quickly approaching our team members are also preparing and below we explain what everyone can expect concerning our services during the fall months and start of winter.

This quarter (October – December) most will notice that we go from weekly mowing events to every-other-week mowing event throughout St. Augustine and Bahia turf areas around the community. The bed edging frequencies will also be reduced to keep from enlarging your plant beds further than desired during the slow growing patterns of the turf. Our ornamental bed weeding frequency will remain the same at monthly service intervals of mechanical means and herbicide applications for the smaller less noticeable weeds.

Our trimming technicians will be more nurturing of the ornamental plants being a bit more selective and less aggressive during the pruning events. We want to make sure we leave enough leaf tissue on the plants to help preserve them during the cooler months and start of the winter later this quarter. We will also be allowing for some blooms to be enjoyed by many residents returning to their winter homes. All that in mind plays a huge role for the curb appeal of the community combined with a fresh coat of mulch historically applied during the month of November/December to really freshen the look of all the yards.

The irrigation technicians will be performing the usual monthly inspections of the watering system and cleaning the VU flow filters where it applies. They will also make adjustments to the seasonal settings on the timer as we move deeper into the drier and cooler season. For most, there will not be a noticeable difference in the shorter irrigation run times and weeks of skipped irrigation cycles depending on the amount of precipitation experienced and or cool temperatures. We all know the cooler the temperature the less likely we would need to water for long periods of time. As I am sure we've read before, we want to be mindful that too much water can be as bad as not enough water as this contributes too many aquatic lawn weeds and can lead to fungus in the following months especially if we experience a very cold winter.

As we leave the heavy rains and hot weather in our rearview mirror we come out of our fertilizer black out period also known as the nitrogen fertilizer ban months in our county. Many will notice our techs busy at work the month of October making granular applications of turf fertilizer followed by the ornamental plant bed fertilization. This process will be repeated in December. By doing this, it will preserve the green appearance of the already established lawns and provide the energy and color to the younger lawns are in need of by also driving roots deep into the ground. It is critical and important to us that we strengthen the turf grass for any potential freeze we may experience before the end of the year. Our trained technicians will also be looking for any fungus activity in the lawns following fertilization applications when it's more common to occur.

In walking, driving and meeting with residents on occasions I know that there are allot of green thumbs in the community that like to keep busy around their gardens digging their seasonal flower beds. With that in mind, you may wish to look into planting Geraniums, Impatiens, Begonias, Pansies and or Petunias...winter for us in Florida gives us a wide range of annual flowers to splash lots of color around our gardens.

We wish everyone in the community a joyful fall and winter surrounded by friends and family as the holidays quickly approach.



FOOD & BEVERAGE CALENDAR

BOO!

OCTOBER 2016



No Lunch Buffet Being Served

Dinner Reservations Accepted from 5:30pm to 8:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="border: 1px solid blue; padding: 5px; text-align: center;"> BLUE PLATE SPECIAL EVERY WEDNESDAY NIGHT \$11.95++ </div> <p>See Page 17 for a complete listing for the Month of September</p>						
2 Lunch 11am-5pm Bar 11am-7pm	3 Lunch 11am-5pm Bar 11am-7pm Charity Golf Outing 1pm	4 Lunch 11am-5pm Bar 11am-7pm	5 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	6 Lunch 11am-4:30pm Dinner 5:30pm-8pm	7 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	8 Lunch 11am-5pm Bar 11am-7pm Breast Cancer Awareness Tennis Day 9am-1pm
9 Lunch 11am-5pm Bar 11am-7pm Say Good "BAYOU" to Summer Pool Party 12pm to 3pm	10 Lunch 11am-5pm Bar 11am-7pm	11 Lunch 11am-5pm Trivia Night Buffet 5:30pm-8:30pm Reservations Required (No Regular Dinner Menu)	12 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	13 Lunch 11am-4:30pm Dinner 5:30pm-8pm	14 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	15 Lunch 11am-5pm Bar 11am-7pm
16 Lunch 11am-5pm Bar 11am-7pm	17 Lunch 11am-5pm Bar 11am-6pm	18 Lunch 11am-5pm Karaoke Night Buffet 5:30pm-8:30pm Reservations Required (No Regular Dinner Menu)	19 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	20 Lunch 11am-4:30pm Oktoberfest Dinner Buffet 5:30pm-8:00pm Reservations Required (No Regular Dinner Menu)	21 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	22 Lunch 11am-5pm Bar 11am-7pm
23/30 Lunch 11am-5pm Bar 11am-7pm	24/31 Lunch 11am-5pm Bar 11am-7pm 	25 Lunch 11am-5pm Bar 11am-7pm	26 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	27 Lunch 11am-4:30pm Dinner 5:30pm-8pm	28 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	29 Lunch 11am-5pm Kim Betts & Gamble Creek Band 6:00pm-9:00pm Reservations Required (No Regular Dinner Menu)



SAY GOOD "BAYOU" TO SUMMER POOL PARTY

Sunday, October 9th
12:00pm to 3:00pm

Buffet Menu

New Orleans Style Jambalaya Buffet (\$20.00 inclusive) with Shrimp, Sausage & Chicken. Cucumber & Tomato Salad, Garlic Bread & Cookies

Hamburger with Chips (\$8 inclusive)

Kids Hotdog with Chips (\$3 inclusive)

Drink Specials & Live Music by the Pool
Advance reservations are not required.



River Strand



KARAOKE Night

Tuesday, October 18th
5:30pm to 6:30pm Dinner
6:30pm to 8:30pm Karaoke

Karaoke & Buffet Dinner - \$25 per person
Karaoke Only - \$10 per person

Prizes will be Awarded

Buffet Menu

Herb Crusted Baked Cod with Lemon Butter
Wild Rice, Grilled Vegetables & Cookies

No Regular Dinner Menu and Advance Reservations Required.
Payment Required with Reservations.

Call the Clubhouse at (941) 708-3837 to Make Your Reservations

Trivia Night

Tuesday, October 11th
5:30pm-7:00pm Dinner Buffet
6:30pm-8:30pm Trivia

 Buffet Dinner & Trivia - \$25 per person 
Trivia Game Only - \$10 per person

Teams of 8 are the maximum number recommended. If you do not have a team, you can be paired with one. Individuals are always welcome to attend fun event.

Call (941) 708-3837 to Make Your Reservations

BUFFET MENU

Chicken Francaise with Lemon Butter Sauce, Cherry Tomato Salad, Roasted Vegetables, and Buttermilk & Chive Mashed Potatoes

No Regular Dinner Menu, Reservations Required with Credit Card



KIM BETT'S

GAMBLE CREEK BAND



Saturday, October 29th
6:00pm to 9:00pm \$45 per person

Buffet Menu

Mixed Greens
Fennel, Red Onion, Radish, Apples, Sweet Potato & Honey Shallot Vinaigrette
Quinoa Tabbouleh with Swiss Chard & Squash
Braised Short Ribs
Mushroom Risotto, with Sautéed Spinach, Almond, Tomato, Shiitake Salad
Salmon with Braised Greens, Shallots, Butter Sauce
Halloween Dessert Buffet

Live Country Music
Halloween Party & Prizes for Best Costumes

Call the Clubhouse at 941-708-3837 to Make Reservations

No Regular Dinner Menu and Advance Reservations Required.
Payment Required with Reservations.



FITNESS & SOCIAL CALENDAR OCTOBER 2016



*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <h2 style="font-family: cursive;">Happy Halloween</h2>						
						<p>1</p> <p>RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am</p>
2	<p>3</p> <p>Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 11:30am Yoga 4pm Mah jongg 6pm*</p>	<p>4</p> <p>Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 11:30am Texas Hold-Em 5:20pm*</p>	<p>5</p> <p>Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Golf Yoga 9:30am Chicks and Flicks 12pm Zumba Tone/Step 11:30pm Mixed Bridge 5:30pm*</p>	<p>6</p> <p>Tai-Chi 9am Walking Club 9am Yoga Stretching 9am BUNCO 9:30am Bands & Butts 10:30am Golf Committee Meeting 3pm Book Club 5:30pm* Veterans 7:00pm</p>	<p>7</p> <p>Yoga 9am Bridge 9:30am Zumba-Aqua 11:30am New Member Orientation 2pm</p>	<p>8</p> <p>RS Striders Walking Club 9am - Pavilion Golf Yoga 11:15am Breast Cancer Awareness Tennis Day 9am-1pm</p>
9	<p>10</p> <p>Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah jongg 6pm*</p>	<p>11</p> <p>Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 10:30am RSCCC 4:30pm Texas Hold-Em 5:20pm*</p>	<p>12</p> <p>Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Golf Yoga 9:30am Zumba Tone/Step 10:30pm Neighborhood Watch 3:30pm* Mixed Bridge 5:30pm*</p>	<p>13</p> <p>Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am</p>	<p>14</p> <p>Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am</p>	<p>15</p> <p>RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am Golf Yoga 11:15am Free Pickleball Clinic 10:30am*</p>
<p>16</p> <p>Girl's Night Out 6pm*</p>	<p>17</p> <p>Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah jongg 6pm*</p>	<p>18</p> <p>Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*</p>	<p>19</p> <p>Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Golf Yoga 9:30am Fitness 101 10am* Zumba Tone/Step 10:30am Mixed Bridge 5:30pm*</p>	<p>20</p> <p>Tai-Chi 9am Walking Club 9am Yoga Stretching 9am BUNCO 9:30am Bands & Butts 10:30am Book Club 5:30pm*</p>	<p>21</p> <p>Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am</p>	<p>22</p> <p>RS Striders Walking Club 9am - Pavilion Golf Yoga 11:15am</p>
<p>23/30</p>	<p>24/31</p> <p>Fit 4 Life 8am Aqua Fit 9:15am Golf Yoga 9:30am Bridge 9:30am Zumba 10:30am Yoga 4pm Mah jongg 6pm*</p> <p style="text-align: center;">BOO!</p>	<p>25</p> <p>Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 10:30am Texas Hold-Em 5:20pm*</p>	<p>26</p> <p>Fit 4 Life 8am Mah jongg 9am* Aqua Fit 9:15am Golf Yoga 9:30am Zumba Tone/Step 10:30am Mixed Bridge 5:30pm*</p>	<p>27</p> <p>Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am Budget & Finance Committee 6:30pm*</p>	<p>28</p> <p>Yoga 9am Bridge 9:30am Zumba-Aqua 10:30am</p>	<p>29</p> <p>RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am Golf Yoga 11:15am</p>



October Fitness and Social Activities



FITNESS

AQUA FIT:	9:15 am on Monday and Wednesday at the Clubhouse Pool. Classes are \$7
BANDS & BUTTS:	10:30am on Tuesday and Thursday at the Clubhouse Fitness Room. Bands & Butts is full body strength training for a stronger, leaner, fit body. Classes are \$10.
FIT 4 LIFE:	8:00 am on Monday and Wednesday in the Clubhouse Fitness Room. Classes are \$7.
FITNESS 101:	10:00 am on Wednesday, October 19th in the Community Center Fitness Room. Learn the Basics of Exercise. See page 17 for more information.
MOMMY & ME FITNESS:	9:30 am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.
RIVER STRAND STRIDERS:	9:00 am on Tuesday, Thursday and Saturday at the Pavilion in Central Park.
TAI-CHI:	9:00 am on Tuesday & Thursday at the Pavilion in Central Park. Classes are \$5.
GOLF YOGA	9:30 am on Monday & Wednesday. 11:15 am on Saturday in the Clubhouse Fitness Room. Classes are \$15. (Attendees must register in advance at sagejohnson@comcast.net)
YOGA:	4:00 pm on Monday & 9:00 am on Friday in the Clubhouse Fitness Room with Kathy Rome
YOGA STREACHING:	9:00 am on Thursday in the Clubhouse Fitness Room with Denise Paska.
ZUMBA:	10:30 am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.
ZUMBA-AQUA :	10:30 am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.
ZUMBA TONING/STEP MIX:	10:30 am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

SOCIAL

***PLEASE NOTE SOME SOCIAL GROUPS WHO HAVE PREVIOUSLY MET AT THE RIVER STRAND CLUBHOUSE, WILL RELOCATE TO THE COMMUNITY CENTER. PLEASE REVIEW THOSE AND THEIR START DATE BELOW:**



BIBLE STUDY	10:00 am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.
BRIDGE:	9:30 am on Monday and Friday. Group will play at the Clubhouse.
BUNCO:	9:30am the first and third Thursday of the month in the Clubhouse Card Room.
CHICKS AND FLICKS:	First Wednesday of every month. This month Wednesday, October 5th meet at The Polo Grill & Bar at Noon followed by a movie of your choice. See page 2 for more information.
GIRLS' NIGHT OUT:	6:00 pm on Third Sunday of the Month at the Community Center. See flyer on Page 17 for more information.
LADIES MAH JONGG:	9:00 am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941)201-4253 or gmonnell@tampabay.rr.com .
MAH JONGG:	6:00 pm till 8:00pm on Monday. Group meets at the Community Center.
MAH JONGG LESSONS:	Group has suspended meetings for the Summer Months. Will be back for season.
MIXED BRIDGE:	5:30 pm on Wednesday. Group will play at the Community Center.
TEXAS HOLD-'EM:	5:20 pm-8:00 pm on Tuesday. Group will play at the Community Center.
VETERANS NETWORK:	7:00 pm on the first Thursday of the month in the Clubhouse Conference Room.
NEIGHBORHOOD WATCH:	3:00 pm at the Community Center on the first Wednesday of the month. This month rescheduled for the second Wednesday of the month
KNITTING CLUB:	Meeting at homes for the Summer Months.
BOOK CLUBS:	5:30 pm-8:00 pm at the Community Center meets first Thursday of the month. (Full) 5:30 pm-8:00 pm at the Community Center meets third Thursday of the month. (Full)
RIVER STRAND TRANSITION	
BUDGET & FINANCE COMMITTEE:	6:30 pm on the Fourth Thursday of the month in the Community Center.
RSCCC MEETING:	4:30 pm on the Second Tuesday of the month in the Clubhouse Conference Room.
GOLF COMMITTEE MEETING:	3:00 PM on the First Thursday of the month in the Clubhouse Conference Room.





River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first and third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge

(Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm -8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.



TRANSITION COMMITTEE CHAIRMAN
INFORMATION

<u>Committee Name</u>	<u>Chairman</u>
Food & Beverage	Phil Lahm
Email address:	philclahm@gmail.com
Meetings held on a	as Needed Basis

Tennis	Janice McLeod
Email address:	janicebmmcleod@gmail.com
Meetings held on a	as Needed Basis

Golf	Chuck Glasser
Email Address:	caglasser@aol.com
Meetings held on the 1st Thursday of the Month	at 3pm in the Clubhouse Conference Room.

Property Management	Eddie Hicks
Email Address:	jeh0100@aol.com
Meetings held on a	as Needed Basis

Budget/Financing	Bill Moritz
Email Address:	number1nole23@gmail.com
Meetings held on the 4th Thursday of the Month	at 6:30pm in the Community Center.

Compliance	Bob Walsh
Email Address:	RTW967@gmail.com
Meetings held on the 2nd Tuesday of the Month	at 4:30pm in the Clubhouse Conference Room.

Girl's Night Out

Sunday, October 16th

6pm to 9pm

**Community Center
6835 Willowshire Way**



Please bring six one dollar bills for a variety of games.

Bring a hearty appetizer or small covered dish to share and a drink of choice, if desired. Water and tea are provided.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!



August Girl's Night Out Event.

BLUE PLATE SPECIAL

EVERY WEDNESDAY NIGHT \$11.95++

October Specials

October 5th -

Bourbon Chicken over Rice

October 12th -

Lemon Baked Cod with Creamy Mashed Potatoes

October 19th -

Grillades over Cheesy Grits

October 26th -

Pork Chops with Cabbage & Apples



FITNESS 101

- Hand Weight
- Barbell
- Weighted Ball
- Foam Roller
- Stability Ball
- Bosu Ball
- Ab Roller
- Bands
- Kettlebell
- Elliptical
- Treadmill
- Recumbent Bike
- Leg Press
- Stretch Cage
- Abdominal
- Hip Abductor/Adductor
- Leg Extension
- Seated Leg Curl
- Lat Pull
- Overhead Press
- Chest Press

Learn the basics.

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

Wednesday, October 19th
10:00 am

**Community Center at the
Sanctuary Fitness Room**

EQUIPMENT 101

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.



Food & Beverage News

Member Charge Accounts:

To insure accurate billing and application of your food minimum, please present your member identification card to your server when charging to your member account.

Thank you!

Heritage Harbour's
RIVER STRAND
GOLF AND COUNTRY CLUB

John Q Public
Member Number: 0000
Member Since: 2016
Clubhouse: 941-708-3837
Golf Pro Shop: 941-708-3617
www.riverstrandgolf.com

Letter to the Residents

Dear Residents,

As we get closer to the transition I am writing to you in order to thank you for your involvement and participation in the process and in hope that you will continue to help the River Strand managers and staff by assisting us in our efforts to provide you with outstanding opportunities to enjoy yourselves at the many venues available at River Strand.

Whether it involves an experience at one of our many pools, at the tennis or pickleball courts, on the golf course, in the restaurant, with administration staff or throughout the community, the River Strand staff does strive to provide you with the best and the staff is ready to assist. With your assistance proper efforts can be made to initiate improvements to areas brought to our attention that we may have overlooked.

The transition process will continue to bring change to current policies and programs. Those changes may not benefit all but are intended to benefit the community overall. As we all work together to develop new programs and policies, your community will continue to improve and solidify its position as a preferred community in which to live.

Thank you.

Patrick Cattanach
General Manager

Construction on the New Court 9 Moves Forward



Work began with grass and dirt being removed on August 4th.

Club Connections

Lifestyle Director, Lori Hoppe

Welcome to our newest members!

Stop by the Conference Room at the clubhouse for our New Member Orientation.

These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on October 7th.

Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

Richard & Irene Rivera
Pedro & Patricia Serrano-Chalco
Irene Pepe
Shirley Radford
Kathryn Kelchner
Robert & Marian Goecker
John & Sharon Bowers
Robert & Joyce Campbell
Paul & Nona Fenton
Timothy & Jayne Healy
Wade & Cheryl Pratt
Joseph DeFano
John and Alexandrina Menzies
Nelson & Gladys Alvarez
Jessica Ross
Amy Bast
Michelle Adamy-Stiles
Lila & Jeffrey Massey
Luc Beauchamp & Louise Peachey
Jack & Jane Silver
Robert & Debra Rager



Final construction on Court 9 is expected to be completed by October 31th.

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

We would like to update the residents regarding the record high temperatures we have experienced this summer and what that may mean for the community retention ponds and options we have for successive summers. First of all, we have experienced 13 straight months of record highs and in the course of our activities through August, I have taken water samples in excess of 85-90 degrees F. What does that mean for the pond health? First of all, as air temperatures rise so do the water temperatures. When they get above about 80 degrees Fahrenheit, numerous species of algae and cyanobacteria thrive and exponentially multiply and release. As water temperatures exceed 87 degrees, numerous species of bacteria begin to increase and thrive. High water temperatures also mean that the water holds less dissolved oxygen as well, making for a more stressed environment for the fish. Algae further reduces the dissolved oxygen as well.



With worsening weather conditions within the state and our water bodies, it is ever more crucial that we try and limit our fertilizer usage, debris runoff and try and maximize the aquatic plant health and propagation. Aeration is another way we may enhance the overall water quality and dissolved oxygen levels and minimize fish kills. This will keep fish kills such as we are currently seeing at our beaches to a minimum. Monitoring the fish populations over successive years is also another way to limit stress and minimize fish kills. Native aquatic plants can help shield the shallow areas from the heat and list where algae can thrive as well as utilize nutrients that may otherwise be used by nuisance weeds or algae.

When we are experiencing high temperatures above 90 degrees, please avoid submerging any mucus membrane within the water of a retention pond so as to avoid any bacterial infections. While we have not documented any reported incidents such as this in the area, they are increasing statewide and we will keep you updated on further occurrences. As fall approaches and temperatures more normalize, we should see a decline in algae and bacterium throughout Manatee County.



Thursday, October 20th

5:30pm to 8:00pm \$28 per person

Beer Tastings, German Music & Food

German Dinner Buffet

Bratwurst with Apple, Onion & Cabbage

Chicken Schnitzel

Braised Red Cabbage

Grilled Pork Tenderloin with Caramelized Apple Demi

Pretzels and Whole Grain Mustard

Herbed Spaetzli

Crispy Potatoes with Corned Beef & Swiss Cheese

Roasted Beet Salad and Warm German Salad

Call the Clubhouse at 941-708-3837
to Make Dinner Reservations

No Regular Dinner Menu and Advance Reservations Required.
Payment Required with Reservations.

Trunk or Treat
Monday, October 31st
6:00pm to 8:00pm
at the Clubhouse Parking Lot

Parents bring the kids by for one stop treat shopping and to meet your neighbors as well.

Open your trunk and share treats with the kids and bring something fun to share with the grown ups along with your lawn chairs and small tables.

If you have questions please feel free to email Dee Dee Fusco at afusco20@yahoo.com or call (570) 772-3382. Additional updates will be posted to Nextdoor.com

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 9:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Community Association Managers
Dan Arens, LCAM, River Strand
Phone: 941-932-8663
E-Mail: DArens@TheIconTeam.com
Matt Koratich, LCAM, Condominiums/Heritage Harbour
Phone: 941-747-7261
E-Mail: MKoratich@TheIconTeam.com
Kasey Dick, LCAM, Condominiums
Phone: 941-747-7261
Email: KDick@TheIconTeam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: PCattanach@TheIconTeam.com

River Strand Master Association Board Member
Terry Lyons
Phone: 941-896-7525
Email: tERNANLYONS@aol.com

Golf Course Superintendent
Renze Berg
Phone: 941-748-8626
E-Mail: RBerg@TheIconTeam.com

Head Golf Professional
Corey Pion, PGA
Phone: 941-708-3617
E-Mail: CPion@TheIconTeam.com

Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: NGriffin@TheIconTeam.com

Executive Chef
Radames Febles
Phone: 941-932-8665
E-Mail: RFebles@TheIconTeam.com

Food & Beverage Manager
Wendy Wallis
Phone: 941-932-8664
E-Mail: WWallis@TheIconTeam.com

Lifestyle Director
Lori Hoppe
Phone: 941-932-8671
E-Mail: LHoppe@TheIconTeam.com

Administrative Office
Angela Duncan & Tara Scheid
Phone: 941-708-3837
E-Mails: RSreception@TheIconTeam.com &
admin@riverstrandgolf.com

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

