

The Strand

October 2015

eNewsletter for the Members of River Strand Golf and Country Club



Connect with your
Clubhouse and Community

Read the latest & greatest from River Strand Golf and Country Club

Halloween Party

Thursday, October 29th
Dinner 5:30pm - 8:00pm

Live Music and Dancing
6:00-10:00pm

.2 for 1 House Wine,
Domestic Draft & House Cocktails
(for those guests in costume)

Reserve your spot today!

For Reservations:
Call 941-708-3837 or e-mail:
admin@riverstrandgolf.com



FULL MOON MENU

Salads & Soup

Black Eye Chicken Soup
Green Salad with Toxic Mushrooms
Voodoo Caesar Salad
Rotten Tomato & Cucumber Salad
Devil Eggs

Entrées

Chainsaw Cut Up Prime Rib

Hotter Than... - Baked Chili Dusted Grouper Garnished with Crawfish and Red Curry Spicy Sauce

Werewolf Gumbo - Macadamia Crusted Chicken Stuffed with Spinach, Fontina Cheese and Blood Orange Sauce

Vampire Bites - Sautéed Pork Loin Tips with Pears, Caramelized Onions and Grenadine Glaze

Open Casket Vegetables - Ratatouille Stuffed in Potato Skin Caskets and Roasted Pepper Sauce

Dark Abyss Station

Chocolate Mousse with White Ghost
Grave Diggers Dirt Cake
Halloween Cookies

\$26.95++



COMMUNITY MATTERS

Dan Arens, LCAM



"Now is a great time of year to take a look at your home to assess if cleaning is needed due to our daily summer rains that leave behind mildew."

We are looking forward to some cooler fall weather and the welcoming of many of our neighbors back home! We have been doing some fall clean-up around the clubhouse, pool and tennis facility. Now is a great time of year to take a look at your own home to assess if cleaning is needed from our daily summer rains that leave behind mildew. Please be aware our annual mulching is scheduled for the fourth quarter.

We have received a very informational community landscape update from TruScapes this month and are sharing the details on page 10.

In the last few news articles we referenced www.nextdoor.com as great tool to communicate with your neighbors. It is great to see so many of you have decided to join this website. This website is not managed by the club and the club has no affiliation with this website. However, this is a great place to ask for advice, place classified ads, or get to know some of your neighbors.

The Community Center in The Sanctuary is nearing completion and we will advise as soon as we know as to opening date. Though member usage rules and regulations are still being finalized, we would like let you know that it will be available to rent for private events. Please contact Tami Prince for more info.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!



Did You Know...?

Golf Course and Driving Range Closures Oct 26-28

We plan to oversee beginning Monday October 26. The courses and driving range will be closed to give us time to apply the seed uninterrupted and start the watering process. They will reopen on Thursday, October 29th.



Get Your Pink On!

Saturday, October 10th, 9:00 am
River Strand Breast Cancer Awareness
Tennis Clinic, Mixer, Lunch & Live Auction

Join us for a fun morning of tennis, lunch, and auction. Sign up now on makeclubreservations.com.

All proceeds go to Susan G. Komen for the Cure. We raised over \$5,000 last year. Let's see if we can top that!

Cost is \$25 and includes lunch on the patio. Don't miss out on the fun of bidding for some great items...we have our famous auctioneer back this year and he promises a few surprises!

All levels are welcome to participate or donate.

We Welcome New Pro Shop Staff!

JAY BLACKWELL

We'd like to extend a warm welcome to a new member of our golf staff, Jay Blackwell.

Jay comes to us directly from The Golf Club of New England in Stratham, New Hampshire. GCNE is one of the most prestigious clubs in New Hampshire and a recent host of the USGA Junior Amateur Championship. Before GCNE, Jay served as the Head Professional at Boothbay Country Club in Boothbay, Maine. Prior to Boothbay, he served on the professional staff at the 8th oldest club in the country, Kebo Valley Golf Club in Bar Harbor, Maine.

A Maine native, Jay has been working in the golf industry for over a decade. After attending Plymouth State College in Plymouth New Hampshire, Jay made the move south to Sarasota in 1997. Working as a golf professional at local courses such as Gator Creek, The Preserve at Tara & Tara Golf and Country Club he has a well-rounded base of experience in the community to share with our members.

After spending the last 8 summers in New England Jay recently moved back to the gulf coast, year round. He lives in Sarasota with his girlfriend Nida and his cat Tiger. A true New Englander at heart, he grew up playing ice hockey, football, baseball and golf...and maintains his love for all of them.

As a Class A PGA Professional Jay has a wealth of instruction experience that he is eager to share with men, women & youngsters of all ages and ability. Also an avid player, Jay is always looking for a game in his free time, so do not hesitate to call on him if you need help rounding out your foursome.



KRISTINA WAGNER

We'd also like to welcome another addition to the Pro Staff, Kristina Wagner, who will be starting the first week in October.

Kristina comes to us from Mattawang Golf Club in New Jersey. Kristina is currently finishing out her schooling as an LPGA Teaching and Club Professional member and will receive her LPGA Status hopefully within the next year. She started playing competitive golf when she was 13 years old and won multiple tournaments throughout her high school career. She earned First Team All-State in 2008 and was a two time winner in the New Jersey Women's Public Links Championship in 2010 & 2011. After establishing and managing the women's golf team in high school her interest in the game of golf flourished. Kristina took her game and passion to High Point University in North Carolina where she played Division I golf and later became captain of the team.

After Kristina graduated from High Point in 2013, she went back to New Jersey to continue her career at Mattawang Golf Club in Belle Mead, NJ where she has worked for 8 years. Kristina will bring strong customer service as well as enthusiasm to learn and grow under the tutelage of the professional staff at River Strand. "It's been a dream of mine to take my career to the next level in Florida and I'm very grateful for the opportunity at River Strand". Be sure to stop in the Pro Shop to give Kristina a warm River Strand welcome as well.

TENNIS TIP OF THE MONTH

ABDUL IDI, HEAD TENNIS PROFESSIONAL



When you are transitioning from the baseline to the net for a volley, focus on your opponent's racquet face. If it's in a closed position, then move in close to the net and anticipate a driving shot. When the racquet face is in an open position, look to hold your ground and look to go back in anticipation of a lob, and be prepared to hit a high volley or an over-head smash!!

GOLF UPDATE

PGA Head Golf Professional, Corey Pion

We are getting new merchandise in for the season on a monthly basis. Come check out the new arrivals and if we don't have your size we can special order most pieces for you. Also, we have a huge golf equipment sale going on now at 10% over cost for all in-stock golf equipment. We are gearing up for this next seasons new arrival of equipment and are offering the best prices out there! Come in and see for yourself.

Our Member Events Schedule is now out for the upcoming season! I am excited about this year's events and I hope that we continue to have increased participation. If you would like a copy of the member events schedule it can be found on the inside back cover of this newsletter, on our website, in the pro shop or I can also email you a copy.

FYI: THE GOLF MEMBER EVENT CALENDAR IS HERE! GET YOUR CALENDAR READY, CHECK INSIDE THE BACK COVER FOR IMPORTANT DATES, AND THEN PEN THEM IN!

GOLF TIP OF THE MONTH

PGA Assistant Golf Professional Jay Blackwell

Here's a question we've been asked to clarify more than once ~ **"If you hit a ball into a water hazard, can you hit a provisional ball before going to search for the original?"**

First, let's remember, it's always ok to make exceptions. In the name of "pace of play", during rounds strictly for practice or leisure, be sure to keep pace with the group in front of you. For now though, let's take a closer look at how to proceed if you're playing in a tournament or planning to enter your score for handicap tracking.

This is how it works ~ If you are virtually certain your ball is in a water hazard, you can't hit a provisional. The next shot you hit is considered a ball in play (plus add a penalty stroke). If you hit a ball in a hazard, proceed under your normal water hazard rules. If you think your ball could possibly be outside the hazard, then you can hit the provisional. But if it turns out that your ball is in the hazard, you must abandon the provisional.



Extra! Extra!
Notice to all Readers and Golfers:
The golf shop staff would like to make you aware that since the tennis department has "thrown down the gauntlet" with their "funny" article on page 11, they definitely plan to "take up the gauntlet" and rise to their challenge with top 10 reasons why golf is better than tennis! They will post their response article in the November newsletter. Stay tuned and be sure to read the newsletter next month!



RIVER STRAND TENNIS PROGRAMS

Junior Clinics (sign up on www.makeclubreservations.com)

Pee Wee Clinic (3-4 yr old) – Friday, 4:30-5:00 p.m. \$10 per class

Stars Clinic (5-14 yr old) – Mon, Wed.& Fri. 5:00-6:30 p.m. \$20 per class

Adult Clinics (sign up on www.makeclubreservations.com)

Nate's 3.0-3.5 Clinic- Monday, 6:30 – 8:00 p.m. \$20.00 per class

Abdul's 90 minute drill and play – Tues. & Thurs. 8:30-10:00 a.m. \$20.00 per class

Tuesday's with Tiffany Clinic – Tuesday: 6:00 – 7:00 p.m. \$15 per class

Gary's Beginner's 101 Clinic- Wednesday, 5:30-6:30 p.m. \$15.00 per clinic

Tiffany's Mixed Doubles Clinic – Thursday: 6:00 – 7:00 p.m. \$15 per class

Shot of the week – Saturday, 9:00 a.m.-9:30 a.m. (Free)

Scott's 3.5-4.0 Clinic- Sunday, 10:00 – 11:30 a.m. \$20.00 per class

Adult Social Play (sign up on www.makeclubreservations.com)

Morning Doubles: Monday, Wednesday, Friday, and Saturday, 9:30 - 11:00 a.m., cost: \$2.00

Men's Night: Tuesday, 7:00-9:00 p.m. cost: \$2.00

Mixed Doubles Night: Thursday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner)

8.5/9.0 Mixed Doubles Night: Monday, 7:00-9:00 p.m. cost: \$2.00 (sign up with partner)

TENNIS PRO SHOP HOURS

Monday-Friday, 8:00 a.m. – 7:00 p.m.

Saturday and Sunday – 8:00 a.m. – 3:00 p.m.

Email: tennispro@riverstrandtennis.com 941.932.8680

TENNIS STAFF/LESSON FEES

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40, 1 Hour Private: \$80 (buy 5, get 1 free)

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35, 1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35, 1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional – Tiffany Davis, PTR

½ Hour Private: \$35, 1 Hour Private: \$70 (buy 5, get 1 free)

Assistant Tennis Professional – Gary Coulter

½ Hour Private: \$30, 1 Hour Private: \$60 (buy 5, get 1 free)





River Strand Ladies Bridge
 Bridge meets at 9:30am every Monday and Friday and ends around noon. Lunch afterward is optional. To sign up to play call Pauline Tasler at 941-405-4733 or email ptasler@gmail.com or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco
 Newcomers are welcome! This is a simple, fun game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 9:30am. Contact Judi Aharon at 336-407-7625 to play.

Texas Hold-Em Poker
 Texas Hold-Em is held every Thursday from 5:00 pm to 8:00 pm. Group size is limited to 50 players. \$10 to Buy-In. Winners receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week.

River Strand Ladies Mahjong
 Ladies Mahjong plays every Wednesday at 9:00am. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group and players of all skill levels are welcome! Contact Lynne Monnell 941-201-4253 or email her at gmonnell@tampabay.rr.com.

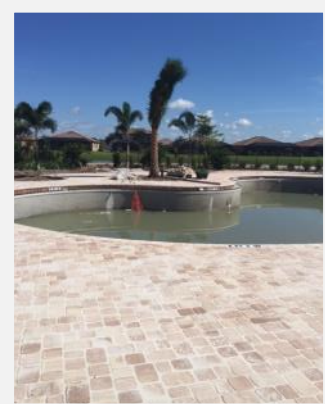
River Strand Mixed Bridge (Men and Women)
 Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings in the card room from 5:30pm - 8:00pm. Contact Larry Sivak at lesivak@msn.com or 941-251-7494.

COMMUNITY CENTER UPDATE



Flooring in multi-purpose room is complete. (Note: Same flooring was installed in fitness center). This will be great for multi-use purposes.

Pickle Ball courts are surfaced and almost complete.



The new landscaping will be beautiful at the pool deck area.



Landscaping has also been installed at the main entrance to the Community Center.

Golf Course Maintenance Report

Jamie McCrosky, GCSA

"We will close the courses to oversee all the nines at once starting on Monday October 26th and reopen on Thursday the 29th. The courses and driving range will be closed during this time to give us the time to apply the seed uninterrupted and start the watering process"

We are coming to the end of our course closings for aerifying and getting ready for overseed and the fall/winter season. Sanctuary is currently on its last closing and will reopen on October 12th. As mentioned in previous months we had an above normal summer for rainfall and finally we settled into some normalcy in September with typical weather patterns.

We are doing the overseed different than previous seasons. In the past we would close each course down for 2 weeks and overseed and all 3 nines would reopen the week of Thanksgiving. With our membership growing we saw last year with high demand of play in October and early November, 18 holes wasn't enough. We will overseed all the nines at once starting on Monday October 26th and reopen on Thursday the 29th. The courses and driving range will be closed during this time to give us the time to apply the seed uninterrupted and start the watering process. The courses will be on the damp side germinating the seed, therefore we will be cart path only until the weekend of November 7th. Not only will all 3 nines be open during this period, but they will also be open for a few weeks between last course closing and overseed dates. Like last year we will only overseed tees and fairways. One difference being we will not overseed collars, as in previous years we have experienced bad overseed transition on the collars in the summer time. As we saw with healthier rough this summer we should see the same with the collars next summer.

To get ready for the overseed we will be applying pre plant fertilizer to the courses and spray pre-emergent weed control to help control winter poa annua and rye germination in the roughs. During the 3 day closure to overseed, we will also take advantage of the down time to continue to work on bunkers. After the very rainy season we need to replenish sand in some and work on some drainage issues. We will work through each course while closed and address as many bunkers as we can. For the greens as we transition out of aerifications we will work on smoothness, speed, and getting all the courses consistent seeing that we aerify each nine at different dates throughout summer.

Upcoming events:

- September 28th through October 11th: **Sanctuary closed** for aerification.
- October 26th through the 28th: **All courses and driving range closed** for overseed





GOLF LEAGUES AND CLINICS

Ladies Day

8:00 am Shotgun Tuesday

Men's Day

8:00 am Shotgun Wednesday

Saturday Clinics

Adults:

Saturday at 10am

Please call pro shop to sign up.

Juniors:

Saturday at 11 am

Please call pro shop to sign up.

JUST A LITTLE *Reminder*

- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.

Condo Corner

Matt Koratich, CMCA

Of the many things your Condo Association assessment pays for, insurance is one of the most important. Association governing documents and state law require the association board to purchase adequate insurance as part of a comprehensive risk-management program.

Our association has two major types of commercial insurance coverage—property and liability.

Property insurance covers loss of or damage to any common structures or physical property caused by fire, flood, storms or other natural events. For instance, if high winds uproot a tree that damages a common roof, the association's property insurance would cover the cost of repairs. Property insurance may also cover what we call "human perils" (such as theft) and "economic perils" (such as stock market fluctuations) that might impact our association's investments.

Liability insurance covers losses that would result if someone took legal action against the association for an injury, financial loss or other type of damage. For example, one important type of liability insurance, called Directors' and Officers' insurance, covers volunteers like board and committee members so they're not jeopardizing their personal assets to serve the association.

The Association's insurance does not cover owners or residents, their homes or belongings. Each member should have his or her own insurance policy. If you need information about homeowners insurance, talk to a licensed insurance agent who specializes in homeowners associations. Or you may want to talk to the association's insurance provider; this person will know exactly where the association's master policy coverage ends and where yours should begin. This prevents you from over or under insuring yourself.

If you would like more information on insurance responsibilities, or if you have any questions about the Association's insurance coverage please feel free to reach out to me.



MacMillan, Wright & Ashton Ballet
Saturday, November 21, 7:30 pm

Sarasota Opera House, Balcony Prime
\$65 Includes Transportation and Ballet
RSVP for ballet and dinner on your own at
Roast Restaurant. Ticket quantities limited.

tamip@riverstrandgolf.com
or 941-932-8669.

CANADIAN THANKSGIVING BUFFET
 Monday October 12, 5:30pm -8:00pm

<p>SOUP Butternut Squash</p> <p>SALADS Mixed Greens with Assorted Toppings Caesar Salad Ambrosia Salad Broccoli & Walnuts Cranberry Sauce Assorted Rolls</p>	<p>CARVING STATION Roast Turkey with Cranberry Sauce Honey Glazed Ham</p> <p>ENTREES Whipped Yukon Gold Potatoes, with Gravy Holiday Bread Stuffing Green Bean Casserole Cauliflower Au Gratin</p>
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Assorted Holiday Dessert Selection

\$26.95++ Adults \$12.95++ Children 4-12

Call 941-708-3837 for Reservations
 River Strand Golf & Country Club
 7155 Grand Estuary Trail, Bradenton, FL 34212



TRIVIA NIGHT

Thursday
October
15th
6:00pm-9:00pm
TEAMS OF 8
Dinner
5:30pm-8:00pm

at
River Strand Golf & Country Club

Trivia & Dinner \$22 All Inclusive

Dinner Buffet

- Vegetable Lasagna
- Meatloaf with Gravy
- Chicken Marsala
- Garlic Mashed Potatoes
- Vegetable Medley
- Mixed Greens
- Chocolate Cake



TRUSCAPES TRUSCAPES COMMUNITY LANDSCAPE UPDATE

- During the month of September our chemical department has been working vigorously to help minimize any fungus activity in the lawn due to all of the rainfall we've experienced in our geographic area. We will continue our efforts throughout the month of October to make sure no one experiences loss of turf because of this...please be on the lookout and alert us of any spots in the lawn that don't improve over the next 4-6 weeks.
- In October we will be making our first granular fertilizer application on the turf since the blackout period, this will drive the roots deeper into the ground and improve the thickness of the new and or older lawns in the community and the color will improve drastically as well in preparation for the cooler weather months.
- During the fertilization visit we will also be doing shrubs spot treatments for any active insects and or fungus. Our irrigation department did a thorough irrigation inspection in September and will do one again in October in preparation for what we expect to be a short winter drought.
- Our weekly lawn mowing will be reduced to every-other week now starting October first, this too will help drive roots deeper and provide enough leaf tissue for the cooler weather approaching.
- The detail trimming crew during the month of October will be doing their usual pruning, this will help control any wild growth of plants from the heavy growing season and leave things looking nice and manicured as the holiday season approaches.
- For the homeowners who like to do personal annual flowers: we are recommending Petunias and Geraniums. They are beautiful for the fall and winter season, they should last a good 4-6 months with little fertilization required. Unlike what Impatiens annuals require at times.



TOP 10 REASONS WHY TENNIS IS BETTER THAN GOLF

Nate Griffin, USPTA Director of Tennis

As a disclaimer, I am a 10 handicap golfer and enjoy golf very much, but I very much look forward to a rebuttal from my good friends on the golf staff! I also enjoy my golf privileges so remember this is a light hearted article, I personally am a huge advocate for both golf and tennis, as they teach you many life lessons and are lifetime sports. But what the heck, here we go.....

#10. It's more exciting to watch tennis on television. There is more action and sometimes a sharp contrast in styles and personality when watching a great singles match or doubles match. The whisper of the golf announcers puts most of us to sleep.

#9. It's more social (especially doubles) You can't hide on a driving range in tennis. You need an opponent to play with, and you need to keep that relationship in good tact to continue to play with that opponents or group of players.

#8. It's more high action! The adrenaline that you get in a match when you are having good baseline or volley exchanges is on average much higher than the adrenaline you get while golfing.

#7. Tennis is a tougher mental challenge, because you constantly have to adjust to your opponents shots and tactics. Other than the Ryder Cup and similar formats, in golf you rarely are squared away mano vs. mano for 18 holes. You are basically playing against yourself and trying to get the lowest score possible. In tennis, you may have the world's best forehand but your opponent will find a way to hit it to your backhand. The U.S. Open in golf, you need 4 great rounds to win it over 4 days. At the U.S. Open in tennis, you need to win 7 matches to win the title, over 13 days!

#6. It's safer! Taking Florida for example, in golf, you can face wild animals, alligators, flying golf clubs, and a golf ball traveling over 100 mph. In tennis, you can get hit by a fast tennis ball, but it's softer, and fuzzier.

#5. It's easier to be a beginner in tennis. You have less shots to learn in tennis and can play a match after a few lessons. If you are a good athlete, you can probably play a beginner match on day 1. To be able to play a golf course, learn the rules, not hold up your foursome, and the group behind you; can take months, if not years!

#4. It's more fun! Being able to run around and smack a ball around and win a bunch of points is exciting in itself. Because you are burning more calories and using more energy, your body releases endorphins, which gives you a euphoric feeling, which leads to more smiles and more high fives (To be fair to golf, if you get with the right personalities, there can be plenty of smiles and high fives as well!).

#3. It takes less time. Average tennis reservations slots are 90 minutes. I can play 18 holes of golf in the summer in under 2 hours because the course is not packed, but I've seen rounds last 4-5 hours. Talk about getting in serious trouble with the wife!! (ME: I'm going golfing, My wife: When are you coming back? Me: 5 hours?? Wife: (I can't repeat it in this newsletter)

#2. It can be less expensive. The cost of a new state of the art racquet is \$200.00. The cost of a top of the line set of golf clubs can be \$700-\$1,200 (that's without the \$300 driver and \$200 putter). The average club player will restring their racquet two times a year at \$35 per restringing. Tennis balls are \$4 a can. A sleeve of ProV golf balls will run around \$10-\$15 (you can lose those by the 2nd hole!!) Golf memberships are anywhere between 2 to 10 times more expensive than a tennis membership. An average guest fee for tennis at a country club is \$5 to \$15 depending on season. A round of golf can be \$25-\$125 depending on season.

#1. It's healthier. While golf gets you outside and gets you moving a little bit, this is by far the #1 reason to play tennis. You will burn way more calories in tennis than you will in golf, even if you are walking the course. Walking is good for the heart as well, but the fast movement in tennis will get your heart in the optimum range, especially in a drills clinic or a Cardio Tennis clinic!! You are also constantly exercising your brain in tennis, you have to change tactics and adjust to your opponent at all times.

FOOD & BEVERAGE CALENDAR

OCTOBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Lunch 11am-4:30pm Dinner 5:30pm-8pm	2 Lunch 11am-4:30pm Dinner 5:30pm-8pm	3 Lunch 11am-2:30pm Bar 11am-2:30pm PRIVATE EVENT
4 Lunch 11am-5pm Bar 11am-6pm	5 Lunch 11am-5pm Bar 11am-6pm	6 Lunch 11am-5pm Bar 11am-6pm	7 Lunch 11am-4:30pm Dinner 5:30pm-8pm	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm	9 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	10 Lunch 11am-2:30pm Bar 11am-2:30pm PRIVATE EVENT
11 Lunch 11am-5pm Bar 11am-6pm	12 Lunch 11am-5 pm Bar 11am-6pm CANADIAN THANKSGIVING BUFFET	13 Lunch 11am-5pm Bar 11am-6pm	14 Lunch 11am-4:30pm Dinner 5:30pm-8pm	15 Lunch 11am-4:30pm TRIVIA NIGHT 5:30 pm Happy Hour Ends 4:30pm	16 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	17 Lunch 11am-6pm Bar 11am-7pm
18 Lunch 11am-5pm Bar 11am-6pm	19 Lunch 11am-5pm Bar 11am-6pm	20 Lunch 11am-5pm Bar 11am-6pm	21 Lunch 11am-4:30pm Dinner 5:30pm-8pm	22 Lunch 11am-4:30pm Dinner 5:30pm-8pm	23 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	24 Lunch 11am-6pm Bar 11am-7pm
25 Lunch 11am-5pm Bar 11am-6pm	26 Lunch 11am-5pm Bar 11am-6pm	27 Lunch 11am-5pm Bar 11am-6pm	28 Lunch 11am-4:00pm	29 Lunch 11am-4:30pm Dinner 5:30pm-8pm Halloween Party!	30 Lunch 11am-4:30pm Friday Dining 5:30pm-8pm	31 Lunch 11am-6pm Bar 11am-7pm



KITCHEN CONNECTION

Chef de Cuisine, Esteban Herrera

Chef Esteban's Rustic Meatloaf

"This is a very easy and no fail recipe for meatloaf. It won't take long to make at all, and it's quite good. Present it on a bed of cheddar mashed potatoes and a fresh vegetable."

Servings: 6

Ingredients:

- 1 1/2 pounds ground beef
- 1 egg
- 1 onion, chopped
- 1 cup milk
- 1 cup dried bread or cracker crumbs
- salt and pepper to taste

Topping:

- 2 tablespoons brown sugar
- 2 tablespoons prepared mustard
- 1/3 cup ketchup

Preparation:

Preheat oven to 350 degrees F (175 degrees C).

In a large bowl, combine the beef, egg, onion, milk and bread OR cracker crumbs. Season with salt and pepper to taste and place in a lightly greased 5x9 inch loaf pan, OR form into a loaf and place in a lightly greased 9x13 inch baking dish.

In a separate small bowl, combine the brown sugar, mustard and ketchup. Mix well and pour over the meatloaf and bake for 1 hour.



THANKSGIVING BUFFET

Thursday, November 26th - 11:00 am, 1:00 pm & 3:00pm Seating's

SOUPS

Butternut Squash Beef Vegetable with Barley

SALADS

Mixed Greens with Assorted Toppings
Tomato & Mozzarella
Carrot Salad, Ambrosia Salad
Broccoli & Walnut Salad, Fruit Display
Cheese Display, Shrimp Cocktail
Assorted Rolls
Assorted Holiday Dessert Selections

\$38.95++ Adults

\$17.95++ Children 4-12

CARVING STATION

Roast Turkey with Cranberry Sauce
Honey Glazed Ham

ENTREES


Roast Pork with Mushroom Sauce
Beef Stroganoff with Egg Noodles
Pistachio Crusted Baked Salmon
Whipped Yukon Gold Potatoes
Candied Yams
Holiday Stuffing
Green Bean Casserole

*Advanced Credit Card Reservations Required.
Call 941-708-3837*



FITNESS & SOCIAL CALENDAR

OCTOBER 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<p>4</p> <p>What fitness class would you like to see on Sunday over the winter season? Contact Tami with your suggestions!</p>	<p>5</p> <p><u>Fit4Life</u> 8:00 am <u>Aqua Fit</u> 9:15 am <u>Bridge</u> 9:30 am <u>Zumba</u> 11:30 <u>FLOW Yoga</u></p>	<p>6</p> <p><u>Tai-Chi</u> 9:00 am Lighthouse <u>Walking Club</u> 9:00 am—Pavilion <u>Zumba Toning/Step</u> 11:30 am <u>Circuit&Interval</u> 6pm</p>	<p>7</p> <p><u>Fit4Life</u> 8:00 am <u>Mahjong</u> 9:00 am <u>Aqua Fit</u> 9:15 am <u>Zumba Toning</u> 11:30 am <u>Chicks & Flicks-Noon</u> <u>Mixed Bridge</u> 5:30 pm</p>	<p>8</p> <p><u>Walking Club</u> 9:00 am <u>Yoga</u> 9:00 am <u>Bunco</u> 9:30 am <u>Texas Hold-Em</u> 5:00 pm <u>Circuit&Interval</u> 6pm <u>Veterans</u> 6:30pm</p>	<p>9</p> <p><u>Yoga</u> 9:00 am <u>Bridge</u> 9:30 am <u>YOUNG@HEART</u> 11:00am</p>	<p>10</p> <p><u>RS Striders</u> <u>Walking Club</u> 9:00 am Meet at Pavilion</p>
<p>11</p> <p>What fitness class would you like to see on Sunday over the winter season? Contact Tami with your suggestions!</p>	<p>12</p> <p><u>Fit4Life</u> 8:00 am <u>Aqua Fit</u> 9:15 am <u>Bridge</u> 9:30 am <u>Zumba</u> 11:30 <u>FLOW Yoga</u> 6:00 pm</p>	<p>13</p> <p><u>Tai-Chi</u> 9:00 am Lighthouse <u>Walking Club</u> 9:00 am—Pavilion <u>Zumba Toning/Step</u> 11:30 am <u>Circuit&Interval</u> 6pm</p>	<p>14</p> <p><u>Fit4Life</u> 8:00 am <u>Mahjong</u> 9:00 am <u>Aqua Fit</u> 9:15 am <u>Zumba Toning</u> 11:30 <u>Mixed Bridge</u> 5:30 pm</p>	<p>15</p> <p><u>Walking Club</u> 9:00 am <u>Yoga</u> 9:00 am <u>Texas Hold-Em</u> 5:00 pm <u>Circuit&Interval</u> 6pm TRIVIA NIGHT AND DINNER</p>	<p>16</p> <p><u>Yoga</u> 9:00 am <u>Bridge</u> 9:30 am <u>YOUNG@HEART</u> 11:00am</p>	<p>17</p> <p><u>RS Striders</u> <u>Walking Club</u> 9:00 am Meet at Pavilion</p>
<p>18</p> <p>What fitness class would you like to see on Sunday over the winter season? Contact Tami with your suggestions!</p>	<p>19</p> <p><u>Fit4Life</u> 8:00 am <u>Aqua Fit</u> 9:15 am <u>Bridge</u> 9:30 am <u>Zumba</u> 11:30 <u>FLOW Yoga</u> 6:00 pm</p>	<p>20</p> <p><u>Tai-Chi</u> 9:00 am Lighthouse <u>Walking Club</u> 9:00 am—Pavilion <u>Zumba Toning/Step</u> 11:30 am <u>Circuit&Interval</u> 6pm</p>	<p>21</p> <p><u>Fit4Life</u> 8:00 am <u>Mahjong</u> 9:00 am <u>Aqua Fit</u> 9:15 am <u>Zumba Toning</u> 11:30 am <u>Mixed Bridge</u> 5:30 pm</p>	<p>22</p> <p><u>Walking Club</u> 9:00 am <u>Yoga</u> 9:00 am <u>Armchair Africa</u> 10am <u>Texas Hold-Em</u> 5:00 pm <u>Circuit&Interval</u> 6pm</p>	<p>23</p> <p><u>Yoga</u> 9:00 am <u>Bridge</u> 9:30 am <u>YOUNG@HEART</u> 11:00am</p>	<p>24</p> <p><u>RS Striders</u> <u>Walking Club</u> 9:00 am Meet at Pavilion</p>
<p>25</p> <p>What fitness class would you like to see on Sunday over the winter season? Contact Tami with your suggestions!</p>	<p>26</p> <p><u>Fit4Life</u> 8:00 am <u>Aqua Fit</u> 9:15 am <u>Bridge</u> 9:30 am <u>Zumba</u> 11:30 <u>FLOW Yoga</u> 6:00 pm</p>	<p>27</p> <p><u>Tai-Chi</u> 9:00 am Lighthouse <u>Walking Club</u> 9:00 am—Pavilion <u>Zumba Toning/Step</u> 11:30 am <u>Circuit&Interval</u> 6pm</p>	<p>28</p> <p><u>Fit4Life</u> 8:00 am <u>Mahjong</u> 9:00 am <u>Aqua Fit</u> 9:15 am <u>Fitness 101</u> 10 and 10:30am <u>Zumba Toning</u> 11:30 am <u>Mixed Bridge</u> 5:30 pm</p>	<p>29</p> <p><u>Walking Club</u> 9:00 am <u>Yoga</u> 9:00 am <u>Texas Hold-Em</u> 5:00 pm <u>Circuit&Interval</u> 6pm HALLOWEEN PARTY</p>	<p>30</p> <p><u>Yoga</u> 9:00 am <u>Bridge</u> 9:30 am <u>YOUNG@HEART</u> 11:00am</p>	<p>31</p> <p><u>RS Striders</u> <u>Walking Club</u> 9:00 am Meet at Pavilion</p>



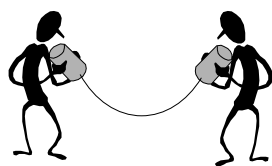
October Fitness and Social Activities

FITNESS

AQUA FIT:	9:15 am on Monday and Wednesday.
CARDIO TENNIS:	6:30 pm on Wednesday and Friday. \$15 members.
CIRCUIT & INTERVAL TRAINING:	New! 6 pm on Tuesday and Thursday. Complimentary. See details at Club Connections in Fitness Center lobby.
FITNESS 101:	October 28th at 10 am for Fitness Equipment Usage instruction and 10:30 am for Weight Training instruction. Complimentary. See details at Club Connections in Fitness Center lobby.
FIT 4 LIFE:	8:00 am on Monday and Wednesday.
FLOW YOGA:	6:00 pm Monday. Intermediate practice.
YOUNG@HEART:	New! 11:00 on Friday. Complimentary. Info page 5. See details at Club Connections in Fitness Center lobby.
RIVER STRAND STRIDERS:	9:00 am on Tuesday, Thursday and Saturday. Pavilion at Central Park.
TAI-CHI:	9:00 am Tuesday at Central Park Lighthouse.
YOGA:	9:00 am on Thursday & Friday.
ZUMBA:	11:30 am on Monday.
ZUMBA TONING/STEP MIX:	11:30 am on Tuesday.
ZUMBA TONING:	11:30 am on Wednesday.

SOCIAL

ARMCHAIR TRAVELER—AFRICA:	Join River Strand Member Mattie Watson on October 22nd at 10:00 am. See the flyer on page 18 for details. Complimentary.
BRIDGE:	9:30 am on Monday and Friday. To RSVP see page 7.
BUNCO:	9:30 am on the first Thursday of the month.
CHICKS AND FLICKS:	First Wednesday of every month. This month is Pinchers for lunch at noon. Followed by a Lakewood Ranch Cinemas movie of your choice.
HALLOWEEN PARTY:	Thursday, October 29th. Call 941-708-3837 to RSVP. Details inside front cover of this newsletter.
MAHJONG:	9:00 am on Wednesday. RSVP see page 7.
MIXED BRIDGE:	5:30 pm on Wednesday. RSVP see page 7.
TEXAS HOLD-'EM:	5:00 pm - 8:00 pm on Thursday. Sign up in the golf shop.
TRIVIA NIGHT:	Thursday, October 15th. 6 pm to 9 pm. Dinner required and served between 5:30 and 8pm. See menu on page 10. RSVP 941-708-3837.
VETERANS NETWORK:	Thursday, October 1st at 6:30 pm in the conference room.



ClubConnections

Membership & Communications Director, Tami Prince

Fall brings more and more returning members every day and we are excited to get another season underway. Join us at the clubhouse whenever you can to meet your neighbors and make new friends. Events for October include:

CHICKS AND FLICKS on October 7th. Meet at Casa Maya in Lakewood Ranch at Noon.

SUNSET TROPICAL CRUISE on October 17th. \$36 per person for cruise and transportation. See flyer on page 18. Almost sold out!

HALLOWEEN PARTY on October 29th. \$26++ Call 941-708-3837 to reserve. Dinner at 5:30pm. Live music and dancing at 6pm.

We have 2 new fitness classes starting this month. **YOUNG @ HEART** on Friday mornings at 11am and **CIRCUIT & INTERVAL TRAINING** on Tuesday and Thursday at 6:00pm. Pick up a flyer at Club Connections in the Fitness Center lobby for details. Complimentary.

Lots of events to come this season. Be sure to read your monthly newsletter from cover to cover and also read all of our email so that you can stay up to date. Tickets for all events will sell fast, so be sure to reserve quickly if it looks like fun!

My door is always open if there is anything at all that I can do for you. Or, you can always stop by just to say hello!



**NEW MEMBER?
HAVE QUESTIONS?**

Sign up today in the Administrative offices at the clubhouse for our New Member Orientation.

These informative sessions take place in the clubhouse Board Room at 2 pm on the first Friday of every month.

Meet other new members and get your River Strand bearings.

- Elizabeth Romero
- Steve & Melissa Bristol
- James & Judy Pearson
- Sven Herdler
- Joseph & Marguerite Fauci
- Charles Ferrell & Katina Gillespie
- Jorik Hatlegierde

- Michael & Marie Garcia
- William & Kathleen Born
- Karen & Joseph Bruno
- Michael Schmitt
- Thereselle Copeland
- Michael & Sandra Bartko
- Joseph & Sandra Moreno
- Paul & Tracey MacKinnon
- Marty Jones
- Kent & Kelly MacCarl
- Carol & Kim Campbell
- Lawrence Morris
- Jackie & Anthony Commissar
- Rob Commissar
- Mike Cranswick & Kathy Marshall
- Anthony & Patricia Bondi
- George & Bette Scott
- Antony D'Ombraim
- Robert & Glenda Milne
- Albert & Betty Morena

- Robert Halfyard & Mary Kavanagh
- Steven & Kathleen Mahoney
- Douglas & Suzanne Meyer
- Richard Noble & Pamela Mitchell
- Shawn & Shelly Meighan
- Taylor McLeod
- Kirk & Monika Gustie
- William & Suzanne Lewis
- Michael & Patricia Berry
- Gregory & Regina Massimillo
- Bruno & Lorna Pomponio
- Thomas Andrisano
- Shawn & Teri Kelly
- Kenneth & Susan Hemsworth
- Susan Spiezio
- Paul & Janet Peyser
- Hattie Grimsley
- Russell & Elizabeth Elliott
- Richard & Carol Horan
- Phillip & Kelly Rosu
- Terry & Tammy Fahy
- Peter Tucker
- Thomas Bonfiglio

River Strand Clubhouse, Community and World Views



Defending champions -- Salomone/Finman (left) -- took on a challenge from the feisty Esteban/Severs team (right). Guess who bounced back from a 6-0 loss in the first set to win the match...

Phil Lahm shares this inspirational double rainbow viewed during an early morning tee time.



River Strand ladies 4.0 team surprises tennis staff member, Bill Bosold, with a Happy Birthday present on Sept 5th.



Wildebeest, Cape Buffalo and Hippopotamus shown at right are courtesy of Mattie Watson. Sign up for her Armchair Traveler presentation on Africa to see more photos. Details are on page 18.



Email your photos to tamp@riverstrandgolf.com for possible inclusion in an upcoming newsletter.

CHICKS AND FLICKS



Wednesday, October 7th at Noon
Meet at Casa Maya in Lakewood Ranch

Visit with your River Strand friends at lunch and then pick your movie from those currently playing at Lakewood Ranch Cinemas. Show times begin at approximately 1:30 pm.

First Wednesday of every month, lunch locations will vary.
Email: tamip@riverstrandgolf.com to reserve. Carpool is available.

The Armchair Traveler

Tanzania, Africa –
Lions and Zebras and Birds - Oh Wow!

Thursday, October 22—10:00 am—River Strand Clubhouse
Presentation is Free. RSVP Required: tamip@riverstrandgolf.com



In June of 2014, River Strand residents Jim and Mattie Watson had the opportunity to travel to Tanzania for an African Safari. Although the trip was billed as a bird watching safari, Jim and Mattie also saw many other large and interesting animals during their trip through the Serengeti, in the Ngorongoro Crater and in Tarangire National Park. Mattie is eager to share their experiences during this amazing journey.

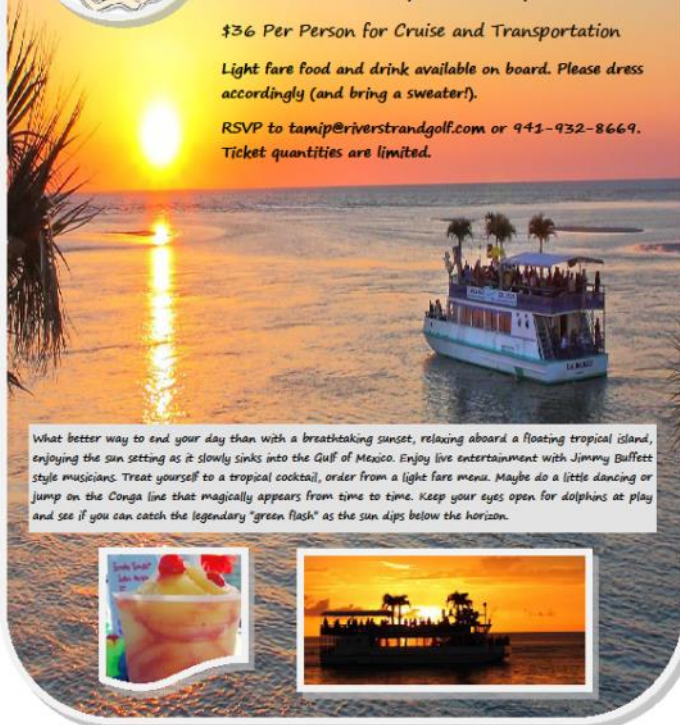
Tropical Sunset Cruise

Saturday, October 17
MiniBus Departs River Strand 5:00pm
Sunset Cruise 6:30pm to 8:30pm

\$36 Per Person for Cruise and Transportation

Light fare food and drink available on board. Please dress accordingly (and bring a sweater!).

RSVP to tamip@riverstrandgolf.com or 941-932-8669.
Ticket quantities are limited.



What better way to end your day than with a breathtaking sunset, relaxing aboard a floating tropical island, enjoying the sun setting as it slowly sinks into the Gulf of Mexico. Enjoy live entertainment with Jimmy Buffett style musicians. Treat yourself to a tropical cocktail, order from a light fare menu. Maybe do a little dancing or jump on the Conga line that magically appears from time to time. Keep your eyes open for dolphins at play and see if you can catch the legendary "green flash" as the sun dips below the horizon.



SAVE THIS DATE!

The residents of River Strand
are cordially invited to participate in

The First Annual River Strand Holiday Walkabout

on

Saturday, December 12, 2015

starting at 4:30 in the afternoon

The Holiday Walkabout is a progressive party where you will have the opportunity to share appetizers and desserts with your neighbors at three different homes with three different groups of people. There's no cost. You need only make appetizers or desserts and bring along your preferred beverage. We expect to need a number of host homes and we'd appreciate it if you volunteered to host one 90-minute session, but it's not required to participate. For now, just save this date and plan to join us in this annual kick-off of the holiday season at River Strand. More specific information will be available in the October newsletter.

MEMBER GOLF EVENTS 2015-2016 SEASON

*Ladies' Day Every Tuesday—8:30AM *Men's Day Every Wednesday—8:30AM

October:

10/26-10/28 ALL COURSES AND RANGE CLOSED DUE TO YEARLY OVERSEEDING

November:

11/2 Couples 9 & Dine 3:00pm
11/15 Fall Fling Welcome Back (18 Holes) 1:00pm
11/26 THANKSGIVING DAY Tee Times until 12pm

December:

12/5-6 Fall Member/Member (Men &Ladies) T-Times
12/7 Couples 9 & Dine 3:00pm
12/9 Holiday Golf Shop Sale 10am-7pm
12/24 Christmas Eve Tee Times until 12pm
12/25 MERRY CHISTMAS Course Closed

January

1/4 Couples 9 & Dine 3:30pm
1/24 Couples 18 Holes "Jack & Jill" 1:00pm

February:

2/1 Couples 9 & Dine 3:30pm
2/6 Couples 1 Day Member-Guest 1:00pm
2/13 Cupid Classic (Couples 18 Holes) 1:00pm
2/20-21 Spring Member/Member (Men &Ladies) T-Times

March :

3/5-6 36 Hole Club Championship T-Times
3/7 Couples 9 & Dine 3:30pm
3/19 Member-Guest 1 Day (Men & Ladies) 1:00pm
3/27 18 Hole Couples Club Championship T-Times

April:

4/4 Couples 9 & Dine 4:00pm

May:

5/2 Couples 9 & Dine 4:00pm

All Events Include a Meal. Register for these events in the pro shop.

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 8:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-4:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Fitness Center
24 Hours, every day
Member photo id card needed for access.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Property Managers - River Strand/Heritage Harbour
Dan Arens, LCAM, Single Family Homes
Phone: 941-932-8663
E-Mail: darenstheiconteam.com
Matt Koratich, LCAM, Condominiums
Phone: 941-932-8671
E-Mail: mkoratich@theiconteam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: pcattanach@theiconteam.com

River Strand Master Association Board Member
Terry Lyons
Phone: 941-896-7525
Email: ternalyons@aol.com

Golf Course Superintendent
Jamie McCrosky, GCSA
Phone: 941-748-8626
E-Mail: jamiem@riverstrandgolf.com

Head Golf Professional
Corey Pion, PGA
Phone: 941-708-3617
E-Mail: corey@riverstrandgolf.com

Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: tennispro@riverstrandtennis.com

Executive Chef
Esteban Herrera
Phone: 941-932-8665
E-Mail: estebanh@riverstrandgolf.com

Food & Beverage Manager
Nicole Resner
Phone: 941-932-8664
E-Mail: nicoler@riverstrandgolf.com

Membership & Communications Director
Tami Prince
Phone: 941-932-8669
E-Mail: tamip@riverstrandgolf.com

Administrative Assistants
Charli Carlson: admin@riverstrandgolf.com
Bianca Johnson: reception@riverstrandgolf.com
Phone: 941-708-3837

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

