



The Strand

September
2016

E-Newsletter for the Members of River Strand Golf & Country Club

**Connect with your
Clubhouse and Community**

All the News from River Strand Golf & Country Club

COMMUNITY MATTERS

Dan Arens, LCAM

We are in full swing of hurricane season! Please remember that shutters are not allowed to be put up prior to the National Weather Service putting in place a hurricane watch for the county or municipality. These shutters must be taken down within 72 hours after the hurricane watch expires. The Association does not hang residents shutters, so please be sure to have someone scheduled to do this for you if you are not living in River Strand during hurricane season.



Manatee County is updating their recycling program. All residents that put their recycling out on the street will be receiving a new single stream recycling cart the week of September 12th. Please make arrangements if you are not in the area to have your new recycling cart placed inside your garage.

During recent afternoon storms, we have had damage to the pool furniture. Please be sure to put all furniture back in its original position and to put all umbrellas down after you are done using them.

We have added a new member to our administrative staff. Please help me welcome, Tara Scheid, she will be working at the front administrative desk.

Thank you to all of the residents that have stopped by so far to have their vehicle transponders verified. We began this process during the summer months to make the process as smooth and quick as possible. Please be sure to stop by to have your transponder verified if you have not already done so. If you are an owner that uses rental cars, please contact us and we will inform you of the rental transponder program that we have available. As a reminder, unverified transponders will be deactivated on September 15, 2016.

As always, it is my pleasure being your Community Association Manager, and if you should need anything please feel free to call or email me!

Chicks And Flicks



Wednesday, September 7th at Noon
Meet at Carmel Kitchen & Wine Bar
Shoppes at University Center
8433 Cooper Creek Blvd., Bradenton, FL

Visit with your friends and neighbors at lunch and pick your movie from currently playing titles. New Faces are Always Welcome!
Chicks And Flicks is held the first Wednesday of every Month, lunch location will vary per month.

Check out the movie listings at these theaters:
Lakewood Ranch Cinema 941-955-3456, Royal Palm Cinema 941-752-3796 (cash only), Parkway 8 Cinema 941-360-6741, DeSoto 6 Colonia Cinema 941-405-9247, Regal Cinema 844-462-7342, Burns Court Cinema 941-955-3456, Regal Cinema—Hollywood 20 844-462-7342

RSVP to LHope@TheLeonTeam.com
by Monday, September 5th



The August Luncheon at Michelangelo's Pizzeria.



INTERESTED IN STARTING NEW CARD GAME GROUP??

“May I?” is an amusing and sociable card game. Technically, it’s a form of progressive rummy (you make sets and runs). In practice it’s a fun and rewarding way to spend a couple of hours on a game that is easy to learn and where success depends on a good balance of skill and luck.

I’d love to start a social “May I?” group for ladies. If any of you are interested, or just have a question, please email me at walsh.elaine@outlook.com

Important Reminders

- Dinner Service is available **Wednesday thru Friday**. Reservations are recommended. Seating on the 1/2 hour from 5:30 pm to 8:00 pm. There is no dinner service on Saturday, Sunday, Monday or Tuesday evenings.
- **Blue Plate Specials** are available in the Dining Room **EVERY Wednesday Night** in September. See Page 17 for a complete listing of Blue Plate Specials.
- **Single Stream Recycling Carts are Coming to River Strand!** See page 10 for more details. Manatee County Utilities Department will be dropping them off at your home soon.
- **Save the Date for Kim Betts & the Gamble Creek Band** on Saturday, October 29th in the Dining Room. Also, **Karaoke** is coming to River Strand on **Thursday, October 13th**.
- **River Strand's Holiday Walkabout Progressive Dinner** returns on **Saturday, December 10th**. Don't miss out on this great Holiday event. See page 10 for more information.
- **Are you creative?** Reserve your vendor table for the **River Strand Holiday Arts and Crafts Fair** on November 12th. Deadline for vendor reservations is Thursday, October 13th. See page 17 for more information.
- **Live Maine Lobster Fly In Night** in the Dining Room. See page 7 for more information.
- Are you ready for some football? River Strand is planning a trip to the **Tampa Bay Buccaneers football** game. Call the clubhouse to reserve your tickets now for **Sunday, December 11th**. See page 13 for more information.
- Have you been to a Cooking Demo yet? Chef Radames will be holding another **Cooking Demonstration** on **Tuesday, September 27th** at 3pm. Reserve your spot today! See page 13 for more information.

IMPORTANT ANNOUNCEMENT!

During the last 12 months many residents have expressed a desire to have the deadline for the Food Minimum moved from December 31 to a date in the 1st quarter of each year. The comments are generally based around the premise that many residents are not on site during the latter part of December to spend the remaining balance of their minimums.

A review of the Food Minimum program by the Board, management and residents has resulted in the following change to be made in 2016. The Food Minimum deadline date is being moved to March 31, 2017 from December 31, 2016. This means that for 2016 you will have 15 months to use up your Food Minimum. Moving forward the Food Minimum deadline will be March 31 of each year.

Kimberly Betts
 & THE GAMBLE CREEK BAND

Save the Date!!

Performing Live
 at River Strand on
Saturday, October 29th

www.kimbetts.com

GOLF COMMENTS FROM COREY

PGA Head Golf Professional, Corey Pion

Season will be here before we know it! With that being said; if any of you are having problems with the Chelsea system, or have any questions about it, please let me or my staff know. This way we can get you more comfortable using our Tee Time System before season begins.

We would ask our members to keep a handicap with us if you plan on playing in any member events or outside events for this upcoming season. Even if you

have a handicap with your other home club, we would ask you to do so here at River Strand as well. Please make sure that you are posting every score whether it is 18 holes or only 9 holes. If you do not finish a hole or two, use the ESC (Equitable Stroke Control) sheet that is by our handicap posting computer. If you have any questions about this or about handicaps in general, please feel free to ask one of our friendly golf professionals in our pro shop. All scores must be posted to ensure accurate handicaps for events. Thank you.



SEPTEMBER GOLF EVENTS

Ladies' Day Tuesday at 8:00am—Shotgun start
Men's Day Wednesday at 8:00am—Shotgun start

SATURDAY CLINICS

Adults: Every Saturday at 10-11am
 (Please call pro shop to sign up)
Juniors: Every Saturday at 11am
 (Please call pro shop to sign up)

Golf Course Reminders:

- Range balls must be purchased before 6pm and the range closes at 7pm.
- Please remember the golf course is designated for registered golfers only. Please no jogging, walking, biking or your own personal golf carts, etc. This is for your safety.
- Please park your personal golf cart in the designated spots in our parking lot.
- No driving range balls or bags should ever leave the driving range area. Please do not take them home with you. If you see someone taking them please inform the golf shop.
- Please help keep our course beautiful by filling your divots and raking your tracks in the sand.



Golf Rules Tip of the Month

PGA Assistant Golf Professional, Jay Blackwell



While a friendly round of golf may call for "it's ok" rules when playing tournament play calls for a stricter adherence to the rules. Getting your swing tournament ready can be a daunting task, there is no reason to make it even more difficult to score by not following the rules properly. Here is a list of some rules you need to be aware of come tournament time...

1. Count your clubs...14 clubs maximum, Avoid the two-stroke penalty by double-checking your bag before teeing off.
2. Ball falls off the tee...There's a shocking amount of players that aren't 100 percent sure what to do when this happens. Simple: You get to re-tee without penalty. (Exception: You've already whiffed on the first shot. If the ball then falls off, you have to play it as it lies.)
3. Giving Advice...On the weekend, you may ask your friend what iron they just hit, or, while on the green, point to a spot and say, "I think this is the line." While such behavior is standard in a normal round, it's deemed illegal in competitive play. The penalty is two strokes. (Exception: In a team match, you and your partner, as well as respective caddies, can discuss strategy.)
4. The difference between water and lateral hazards...A water hazard is marked in yellow, lateral in red. If you aren't going to attempt to play from the hazard -- and unless you have a clean shot, we advise you don't -- you are facing a one-shot penalty. For a water hazard, a player has three options: Option 1—Go to the designated drop area (not all hazards have this). Option 2—Identify where your ball last crossed the water hazard, then drop as far back as you want from that spot and the pin. Option 3—Play your next shot by dropping a ball nearest to the point where your last stroke was played. You can re-tee if it was your first shot.
5. A lateral hazard is slightly different. Like with yellow stakes, you have to identify where the ball crossed into the hazard. However, you are given a two club length area to drop. You can also go on the other side of the hazard -- assuming no closer to the hole -- and drop there as well.
6. Improving your lie or position by moving growing things...Your ball comes to rest under a tree, and it appears you have a shot. Only problem is a pesky limb interfering with your backswing. No worries; you can break that branch off, yes? Nope: You cannot improve the position or lie of your ball. This includes moving or bending anything growing or fixed in the realm of your envisioned swing.
7. Bunker rules...The two biggest infractions in the sand are grounding your club and moving impediments from the bunker. This pains me to bring up, but my high school coach made me call both infractions on a competitor in a match: He chunked his first bunker shot, causing him to slam his club in disgust. He then threw out a few rocks around his ball before attempting his next shot, both violations. If you thought he was mad then, you should have saw his face after I sheepishly told him about said offenses.
8. Rake in the bunker...This is another area that causes confusion, but if your ball comes to rest against a rake, you are allowed to move the tool, as the USGA defines it as a "movable obstruction."
9. Tapping down putts...This doesn't come up as much anymore, as many players wear softless spikes. Nevertheless, you'll occasionally come across spike marks on the green and be tempted to press them down. DON'T: That act constitutes a two-stroke penalty.
10. Lost ball time...You have five minutes to search for a ball. The clock begins when you start looking, not after you've hit your shot. After five minutes, the ball is considered lost.
11. Relief from cart paths, ground under repair, immovable objects...Most players understand they get help in such scenarios. In that same vein, most don't know the proper way to push ahead. You take your stance, from there getting one club length of relief. The new spot has to be without interference from what caused the drop. From the USGA: "For example, if the ball lies on a cart path, the ball must be dropped at a point where the cart path does not interfere with the lie of the ball, his stance, and also the area of intended swing. If the ball comes to rest in such a position, it must be re-dropped."

Keeping these rules in mind will prevent you from adding any strokes to your round that should easily be avoided.

A Note from Nate

USPTA Director of Tennis, Nate Griffin



Top 10 tips for River Strand Tennis Players

10. Focus on improvement, not results. As we move into busy season, many players will be participating on teams and competitions. This is a great way to find out what you need to improve on. Rather than focusing in on your results, focus on improving your game. Obvious ways are evaluations from the pro staff, followed by lessons, clinics, ball machine practice, or just directed attention to specific areas of your game.

9. Invite somebody to play in your group that normally doesn't play with your group or your ranking. Just like you like to play with players that are stronger than you, so do others. Invite somebody who may be a little weaker to play in your group. You will make their day and you will learn to play with different playing styles. You may even have a new friend outside the tennis world as a result.

8. Organize a game outside of morning doubles. While our organized events are great, you should take some steps to start building some games outside of the staff organized groupings. You will gain a new appreciation of what it is like getting players to commit to a day and a time. This is also a great way to free up more spots for other to play in morning doubles group and you will build some strong relationships with your group of players as well.

7. Don't take TENNIS so seriously! I've seen this at other clubs and as well here at River Strand. Even when I'm playing for money or in a professional exhibition, I do NOT (most of the time) take myself too seriously. This is just a game that I love to play, and I love to teach, and I love to give others a passion for this wonderful game. Playing on teams and in leagues is great, but don't get carried away! Stop getting so worked up about who you play with and what level you are is not good for your health, its not good for others around you, and its not good for the club atmosphere as whole. So lighten up and have fun!

6. Mix up your doubles play with some singles play once in a while, and vice versa. Singles and doubles compliment each other in terms of skills and decision making. If you are primarily a doubles player, playing singles will help you with your stamina, variety of shots, consistency, and decision making. If you are primarily a singles player, doubles will help you relax and have more fun, (if you let it) and will help you with your returns and your volleys.

5. Don't overplay! You will be surprised how much better your game will get and how much more fun you will have if you don't make tennis into a replacement for a job! Don't play 2 or 3 times a day, and definitely don't play every day! That is a sure way to take the fun out of it and take it too seriously. If you just can't play every other day, try at first by taking 1 day off a week, then 2 days off a week. Many tennis injuries are caused by overuse of the smaller muscle grouping that need a break. This is why children who are pushed into one sport rather than multiple sports before the age of 14 have a 85% greater chance of injury and burnout. That is

Story Continued on Page 9.

UPCOMING TENNIS EVENTS

Saturday, September 10th

US Open Mixer 9am to 1pm

Tuesday, October 4th

Ladies Tri-Cities Kick-off Party & Lunch
9am - 1pm including lunch

Save the Date - Saturday, October 8th

Breast Cancer Awareness Tennis Day
9am - 1pm (Details TBA)

Event Sign up at

www.makeclubreservations.com

RIVER STRAND TENNIS PROGRAMS

Junior Clinics (sign up at www.makeclubreservations.com)

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm, \$20 per class

Adult Clinics (sign up on www.makeclubreservations.com)

Abdul's 90 minute drill and play – Tues. & Thurs. 8:00–9:30am, \$20.00 per class

Monday Ladies Clinic – Monday, 10:00–11:30am, \$20 per class

Tuesday's with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday's with Nate Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary's Beginner's 101 Clinic - Wednesday, 5:30–6:30pm. \$15.00 per class

Gary's Intermediate Clinic - Friday, 5:30–7:00pm, \$15.00 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott's 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20.00 per class

Adult Social Play (sign up on www.makeclubreservations.com)

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am, cost: \$2

Men's Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2
(sign up with partner)

Men's 4.0/4.5 Day: Sunday, 8:00–10:00am,
cost: \$2

TENNIS STAFF/LESSON FEES

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40 1 Hour Private: \$80
(buy 5, get 1 free)

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35 1 Hour Private: \$70
(buy 5, get 1 free)

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35 1 Hour Private: \$70
(buy 5, get 1 free)

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 1 Hour Private: \$60
(buy 5, get 1 free)

TENNIS PRO SHOP HOURS

Monday-Friday, 8:00am – 7:00pm

Saturday and Sunday, 8:00am – 3:00pm

Email: ngriffin@TheIconTeam.com

Pro Shop Phone: 941-932-8680

Signing up for the 1st time at
www.makeclubreservations.com,
facility code: river1, member type: annual

COURT HOURS

All days – 7am – 9:30pm



Tennis Mixer

Saturday, September 10th
9am to 1pm
\$25 per person

**Includes tennis clinic,
mixer, lunch & trivia**



Make reservations at
www.makeclubreservations.com

Live Maine Lobster Fly In at the Clubhouse

Thursday, September 15

\$42.00*

Poached Pear Salad with
Baby Greens, Pecans,
Goat Cheese, and a
Champagne Vinaigrette

Served with Spaghetti
Squash with Ginger Lime
Butter & Herb Roasted
New Potatoes

The Regular Dinner Menu will also
be available.

Lobsters must be reserved at the time of the
reservation by Monday, September 12th

*Tax & Gratuity are not included in price.
Lobsters are 1.5 pounds each.

Call the Clubhouse at

941-708-3837 to make

Dinner Reservations & Reserve your Lobster



River Strand Tennis Policies

Event Cancellation Policies: (Morning Doubles, Men's Night, and Mixed Doubles Night)

- All no show's to any of the events will get a written warning for 1st offense, the 2nd offense will be a 2 week suspension from club organized play.
- If you need to cancel Morning Doubles, players must cancel no later than 10:00 p.m. the night before the event. Men's night and Mixed night players must cancel no later than 2:00 p.m. the day of the event.
- Wait list players should be aware of their position on the wait list and check emails accordingly.

Guest Fee Policies:

- Guest fees are \$10 per player in season (Oct 1-May 31) and \$5 per player (June 1-Sept 30).
- Guests can play no more than 4 times per month, there is no limit on house guest play.
- House guest fees are \$5 per player.
- Members are responsible for reminding their guests to pay prior to play.

Court Reservation Policies:

- Social reservations can be made up to 3 days in advance.
- Club organized reservations can be made up to 7 days in advance.
- League match warm ups can be made 1 day in advance.
- Please check in with the pro shop prior to play to confirm your court reservation.
- Reservations are limited to 1.5 hours.
- Flex league reservations must be played during non prime time hours.

Ball Machine Policies:

- Ball machine reservations can be made 48 hours in advance.
- Ball machine reservations are limited to 1 hour.
- Ball machine may not be reserved outside of Pro Shop hours.
- Court 3 is the preferred court for ball machine reservations, courts 1,2,4, and 5 are available as well.

Court Rules/Etiquette:

- Soft/clay court shoes are required. No cross trainers, walking shoes, or running shoes.
- Please wear appropriate tennis clothing, no cut offs, running shorts, midriiffs, jerseys, cargo shorts or bathing suits. Men - shirts rare required.
- Please refrain from loud conversations that distract the adjacent courts
- Please close the gates and turn off the lights after play.



Saturday, September 17th

from 10:30am to 11:30am

**Meet at the Pickleball courts next to
the Community Center**

No sign-up necessary, this is a just show up event.

**All ages and abilities are welcome,
especially beginners.**

**No need to bring equipment,
everything will be provided.**

**If you have any questions contact the Tennis Shop
at 941-932-8680 or email ngriffin@TheIconTeam.com.**

Residents Love All-You-Can-Eat Snow Crab Night



Resident Tina Barnett shows off her snow crab claws at All-You-Can-Eat Snow Crab Night at the Clubhouse.



Art & Phyllis Valadie wore matching crab outfits to the All-You-Can-Eat Snow Crab night and brought their own implements of crab destruction! Pictured in the background is Paul Bondi.

Note from Nate Continued from page 6.

crazy! Also, you play your best tennis when you are making good decisions and your mind is strong and fresh. Overplaying does not allow you body and mind adequate time to be relaxed and quiet.

4. Get on a physical fitness program to help your tennis. While playing tennis for exercise is perfectly fine, it is also true that if you are going to play a lot of tennis, you better be training for tennis in the gym as well. I recommend you find a personal trainer with at least a little knowledge of tennis and find a program that you can do to stabilize and strengthen your muscles for the load that your body will endure in tennis.

3. Join other groups and play in other sports. Whether it is joining a walking group, a zumba class, water aerobics, golfing, playing pickleball or bridge. Everybody needs some balance in their life, and this is especially true when it comes to tennis, because it can become very addicting. As the saying goes, too

much of anything is not a good thing.

2. Focus on great nutrition to help your tennis and keep you healthy. Consult with a nutritionist or a dietitian and make sure you are taking care of your body. You owe it to yourself and to those around you who care about you. Not only will this make you feel better about yourself, but this will have a huge impact on your tennis game. You will be able to play longer, quicker, and with less chance of injury, whether from too much weight on your joints, or a better chance of not cramping or dehydrating.

1. Invite somebody to this great sport that you love so much. Whether it is an acquaintance, a close friend, or a family member, get somebody out to the courts. You can play with then yourself, get them into a game of their level, or get them started with private lessons or a beginners clinic. It is very rewarding when you can help somebody discover a new interest or hobby. This is especially true if you can get your spouse, friend, or family member to start enjoying the game with you.



Single Stream Recycling Carts are Coming to River Strand (Courtesy of Manatee County)

What is Single Stream Recycling?

It's the easy way to recycle! Instead of separating your recyclables into two containers, all recyclables can be mixed together in your blue cart. No more sorting!

When will I get my new cart?

Recycling carts will be delivered to River Strand Residents the week of September 12th according to Manatee County. All residents should make arrangements with a neighbor, relative or friend to have their new recycling cart moved from the curb to inside their home or garage. Manatee County will not delay the delivery of your cart.

Questions?

Call Manatee County Utilities Customer Service at 941-792-8811



Food & Beverage News

Member Charge Accounts:

To insure accurate billing and application of your food minimum, please present your member identification card to your server when charging to your member account.

Thank you!



Save the Date

The residents of River Strand are cordially invited to participate in

The Second Annual River Strand Holiday Walkabout

on

Saturday, December 10, 2016

starting at 4:30 in the afternoon

The Holiday Walkabout is a progressive party where you will have the opportunity to share appetizers and desserts with your neighbors at three different homes with three different groups of people. There's no cost. You need only make appetizers or desserts and bring along your preferred beverage. We expect to need at least 60 host homes again this year and we'd appreciate it if you volunteered to host one 90-minute session, but it's not required to participate. For now, just save this date and plan to join us in this annual kick-off of the holiday season at River Strand. More specific information will be available in the October newsletter.

GOLF COURSE MAINTENANCE REPORT

Renze Berg, GCSA

The third round of aerifications are now beginning. Since we only have two weeks for the greens to heal, we will use a smaller aerification hole to insure better recovery. All bridges have now been stained and repaired. All of the rotted planks have been replaced and over 10 dead palms and pines have removed throughout the courses. We are now addressing repairs to the paths that enter and exit the bridges, making a smoother transition for them. Estimates for rain shelters on each 9 holes are being obtained. During the month of August, we had over thirty inches of rain, which causes excessive growth and wet mowing conditions and bunker washouts. Therefore, we will add sand in traps during October and November. Hopefully September will be a dryer month! Enjoy the courses and stay hydrated out there.

COMMUNITY LANDSCAPE UPDATE

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

TruScapes Industries, Inc. wishes you a very warm welcome to our third quarter news article. Summer is here along with high humidity levels, hot temperatures and lots of rain. Our team continues to push forward in keeping your community looking nice during this very busy and active growing season.

This quarter (July – September) residents will continue to notice the weekly mowing events taking place throughout the St. Augustine and Bahia turf areas around the neighborhood. The service technicians will continue the frequent bed edging of your ornamental beds and suppressing the flower bed weeds via mechanical means and herbicide applications on a monthly basis.

By now, the flowering plants our team cut back during the second quarter of the year have come back with a vengeance, pushing a lot of green growth and many flowers for everyone to enjoy the colorful display and pleasant fragrance they have to offer. As our trimming crews make their rounds throughout the community, we will be doing light pruning on some shrubs and a bit more aggressive on those fast growing plants that attempt to take over most of the landscape. This will help us keep most ornamental plants under control and in doing so there will be some loss of blooms. It will only be temporary and within two to three weeks the shrubs will be full of flowers again but not looking as wild, which is what we are trying to achieve.

The irrigation technicians will be performing the usual monthly inspections of the watering system and cleaning the VU flow filters. They will also make adjustments to the seasonal settings on the timer as we move deeper into the rainy season. For most, there will be a noticeable difference in the shorter irrigation run cycles and weeks of skipped irrigation cycles depending on the amount of precipitation experienced. We want to be mindful that too much water can be as bad as not enough water as this contributes to many aquatic lawn weeds and can lead to fungus down the road in the following months.

In preparation for the potential of aquatic lawn weeds and peak of the fungus activity, our pest control and fertilization department will be doing monthly inspections of the lawns and shrubs throughout the community. They will keep their eyes wide open looking for chewing insects, fungus, turf weeds etc. These spray techs are trained to identify areas of concern or activity and spot treat as needed.

For the residents that like to get their hands dirty working in their seasonal flower beds you may wish to look into planting Coleus (lots of color selection), Penta's and Caladiums as these flowers can tolerate the wet and hot weather.

We wish everyone in the community a safe summer, full of fun activities while our team members handle the needs of your landscape.



FOOD & BEVERAGE CALENDAR

SEPTEMBER 2016



No Longer Serving the Lunch Buffet

Dinner Reservations Accepted from 5:30pm to 8:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>See Page 17 for a complete listing for the Month of September</p>				1	2	3
				Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-5pm Bar 11am-7pm
4	5	6	7	8	9	10
Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-5pm Bar 11am-7pm Labor Day Pool Party 12pm-3pm 	Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	Lunch 11am-5pm Bar 11am-7pm US Open Mixer
11	12	13	14	15	16	17
Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-5pm Trivia Night Buffet 5:30pm-8:30pm Reservations Required (No Regular Dinner Menu)	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Maine Lobster Fly In Night 	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	Lunch 11am-5pm Bar 11am-7pm
18	19	20	21	22	23	24
Lunch 11am-5pm Bar 11am-7pm Golf Event 1pm	Lunch 11am-5pm Bar 11am-6pm	Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Name That Tune 6:30pm - 8:30pm 	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	Lunch 11am-5pm Bar 11am-7pm
25	26	27	28	29	30	
Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-5pm Bar 11am-7pm	Lunch 11am-5pm Bar 11am-7pm Cooking Demo w/Chef Radames 3pm 	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm	Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6:30pm - 8:30pm	



Are you READY for some Football?

Sunday, December 11, 2016
Pregame Tailgate Party & 1:00pm Game
\$120 per person



VS



Join your fellow River Strand football fans to a trip to Raymond James Stadium! You will be picked up by a First Class Coach bus at the Clubhouse prior to the game. A ticket to the Pre-game Tailgate party with an all-you-can-eat buffet along with water, soda, beer and wine, plus live band performances. And finally, a ticket to the Buccaneers game located in the 200 lower level section near Buccaneer Cove and the end zone.



Don't Miss Out!!
 Call the 941-708-3837 or
 email LHoppe@theiconteam.com
 to reserve your tickets today!



Pool Party & Cookout
Monday, September 5th
12:00pm to 3:00pm
Live Music

Menu
Grilled Burgers & Hot Dogs,
Pulled Pork Sandwiches,
Potato Salad, Watermelon and
Baked Mac & Cheese
Adults: \$10.00 inclusive
Kids: \$7.00 inclusive




TriviaNight

Tuesday, September 13th
 5:30pm-7:00pm Dinner Buffet
 6:30pm-8:30pm Trivia



Buffet Dinner & Trivia - \$25 per person
Trivia Game Only - \$10 per person



Teams of 8 are the maximum number recommended. If you do not have a team, you can be paired with one. Individuals are always welcome to attend fun event.


Call (941) 708-3837 to Make Your Reservations



BUFFET MENU
 Roast Pork Tenderloin with Pineapple Salsa
 & Molasses Butter Sauce, Mashed Sweet Potatoes
 and Green Beans

**No Regular Dinner Menu,
 Reservations Required with Credit Card**

Cooking Demonstration
 With Chef Radames Febles




Tuesday, September 27th at 3pm
Theme this month: Appetizers

Space is Limited, Only 20 Spots Available!

Menu
 Arepas, BBQ Pulled Pork with Pickled Pineapple,
 Avocado & Cueso Fresco
 Duck Crepes with Cucumber, Julienne Vegetables Scallions
 & Hoisin Ginger Sauce
 Coconut Shrimp Ceviche, with Roasted Chilies & Lime

\$20 per Person

**To Reserve Your Spot Call 941-708-3837
 or email rsreception@theiconteam.com**

FITNESS & SOCIAL CALENDAR

SEPTEMBER 2016



*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 HAPPY LABOR DAY						
4	5	6	7	8	9	10
	Bridge 9:30am Zumba 11:30am Mah jongg 6pm*	Tai-Chi 9am Walking Club 9am Bible Study 10am* Zumba-Aqua 11:30am Texas Hold-Em 5:20pm* Main Fitness Center Closed for Repainting	Mah jongg 9am* Chicks and Flicks 12pm Neighborhood Watch 3:30pm* Mixed Bridge 5:30pm* Main Fitness Center Closed for Repainting	1 Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am Golf Committee Meeting 3pm Book Club 5:30pm* Veterans 7:00pm	2 Bridge 9:30am Zumba-Aqua 11:30am New Member Orientation 2pm	3 RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am
11	12	13	14	15	16	17
	 Bridge 9:30am Zumba 11:30am Mah jongg 6pm*	Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 11:30am RSCCC 4:30pm Texas Hold-Em 5:20pm*	Mah jongg 9am* Zumba Tone/Step 11:30pm Mixed Bridge 5:30pm*	Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am	Bridge 9:30am Zumba-Aqua 11:30am	RS Striders Walking Club 9am - Pavilion Mommy & Me Fitness 9:30am Free Pickleball Clinic 10:30am*
18	19	20	21	22	23	24
	Fit 4 Life 8am Aqua Fit 9:15am Bridge 9:30am Zumba 11:30am Mah jongg 6pm*	Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 11:30am Texas Hold-Em 5:20pm*	Fit 4 Life 8am Aqua Fit 9:15am Mah jongg 9am* Zumba Tone/Step 11:30am Mixed Bridge 5:30pm* Fitness 101 6pm*	Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am Budget & Finance Committee 6:30pm* Book Club 5:30pm*	Bridge 9:30am Zumba-Aqua 11:30am Girl's Night Out 6pm*	RS Striders Walking Club 9am - Pavilion
25	26	27	28	29	30	
	Fit 4 Life 8am Aqua Fit 9:15am Bridge 9:30am Zumba 11:30am Mah jongg 6pm*	Tai-Chi 9am Walking Club 9am Bible Study 10am* Bands & Butts 10:30am Zumba-Aqua 11:30am Texas Hold-Em 5:20pm*	Fit 4 Life 8am Aqua Fit 9:15am Mah jongg 9am* Zumba Tone/Step 11:30am Mixed Bridge 5:30pm*	Tai-Chi 9am Walking Club 9am Yoga Stretching 9am Bands & Butts 10:30am	Bridge 9:30am Zumba-Aqua 11:30am	





September Fitness and Social Activities

FITNESS

AQUA FIT:	9:15 am on Monday and Wednesday at the Clubhouse Pool. Classes are \$7
BANDS & BUTTS: 	10:30am on Tuesday and Thursday at the Clubhouse Fitness Room. Bands & Butts is full body strength training for a stronger, leaner, fit body. Classes are \$10.
FIT 4 LIFE:	8:00 am on Monday and Wednesday in the Clubhouse Fitness Room. Classes are \$7.
FITNESS 101:	6:00 pm on Wednesday, September 21st in the Community Center Fitness Room. Learn the Basics of Exercise. See page 17 for more information.
MOMMY & ME FITNESS:	9:30 am on Every other Saturday in the Clubhouse Fitness Room. Classes are \$10.
RIVER STRAND STRIDERS:	9:00 am on Tuesday, Thursday and Saturday at the Pavilion in Central Park.
TAI-CHI:	9:00 am on Tuesday & Thursday at the Pavilion in Central Park. Classes are \$5.
YOGA STREACHING:	9:00 am on Thursday in the Clubhouse Fitness Room. Free class.
ZUMBA:	11:30 am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.
ZUMBA-AQUA :	11:30 am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.
ZUMBA TONING/STEP MIX:	11:30 am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

****The Main Clubhouse Fitness Center will be closed for Repainting September 6 - 9th****



SOCIAL

***PLEASE NOTE SOME SOCIAL GROUPS WHO HAVE PREVIOUSLY MET AT THE RIVER STRAND CLUBHOUSE, WILL RELOCATE TO THE COMMUNITY CENTER. PLEASE REVIEW THOSE AND THEIR START DATE BELOW:**

BIBLE STUDY	10:00 am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.
BRIDGE:	9:30 am on Monday and Friday. Group will play at the Clubhouse.
BUNCO:	Not Meeting for the Summer. Games will begin again in October.
CHICKS AND FLICKS:	First Wednesday of every month. This month meet at Carmel's Kitchen & Wine Bar at Noon followed by a movie of your choice. See page 2 for more information.
GIRLS' NIGHT OUT:	6:00 pm on Third Sunday of the Month at the Community Center. See flyer on Page 19 for more information. This Month will be on Friday, September 23rd.
LADIES MAH JONGG:	9:00 am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941)201-4253 or gmonnell@tampabay.rr.com.
MAH JONGG:	6:00 pm till 8:00pm on Monday. Group meets at the Community Center.
MAH JONGG LESSONS:	Group has suspended meetings for the Summer Months. Will be back in the Fall.
MIXED BRIDGE:	5:30 pm on Wednesday. Group will play at the Community Center.
TEXAS HOLD-'EM:	5:20 pm-8:00 pm on Tuesday. Group will play at the Community Center.
VETERANS NETWORK:	7:00 pm on the first Thursday of the month in the Clubhouse Conference Room.
NEIGHBORHOOD WATCH:	3:00 pm at the Community Center on the first Wednesday of the month.
KNITTING CLUB:	Meeting at homes for the Summer Months. Starting again in October.
BOOK CLUBS:	5:30 pm-8:00 pm at the Community Center meets first Thursday of the month. (Full) 5:30 pm-8:00 pm at the Community Center meets third Thursday of the month. (Full)
RIVER STRAND TRANSITION	
BUDGET & FINANCE COMMITTEE:	6:30 pm on the Fourth Thursday of the month in the Community Center.
RSCCC MEETING:	4:30 pm on the Second Tuesday of the month in the Clubhouse Conference Room.
GOLF COMMITTEE MEETING:	3:00 PM on the First Thursday of the month in the Clubhouse Conference Room.





River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first and third Thursday of the month at 9:30am at the Clubhouse. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker

Texas Hold-Em is held Tuesday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge

(Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 5:30pm -8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

Kelli Parker Wished Good Luck with Her Move to Alaska



Fred Neigebauer, Karen Fray, Toby & Louis Leone, Kelli Parker, Maria Lowe, Lou, Linda Savin, Raj Rawanna, Mike & Kimi Brady, Pablo, Jeff & Cyndie Underwood all gathered to wish Kellie Parker goodbye.

TRANSITION COMMITTEE CHAIRMAN
INFORMATION

Committee Name

Chairman

Food & Beverage

Phil Lahm

Email address: philclahm@gmail.com

Meetings held on a as Needed Basis

Tennis

Janice McLeod

Email address: janicebmmcleod@gmail.com

Meetings held on a as Needed Basis

Golf

Chuck Glasser

Email Address: caglasser@aol.com

Meetings held on the 1st Thursday of the Month at 3pm in the Clubhouse Conference Room.

Property Management

Eddie Hicks

Email Address: jeh0100@aol.com

Meetings held on a as Needed Basis

Budget/Financing

Bill Moritz

Email Address: number1nole23@gmail.com

Meetings held on the 4th Thursday of the Month at 6:30pm in the Community Center.

Compliance

Bob Walsh

Email Address: RTW967@gmail.com

Meetings held on the 2nd Tuesday of the Month at 4:30pm in the Clubhouse Conference Room.

HOLIDAY ARTS & CRAFTS BAZAAR

River Strand Resident Artists and Crafters are invited to participate as vendors in the Arts and Crafts Bazaar. Registration forms can be picked up in the Administrative Office or on the website at www.riverstrandgolf.com/-upcoming-events. Registration deadline is Thursday, October 13, 2016. Hurry! Space is limited!

Some of River Strand's finest member artisans will showcase their handcrafted gifts and artwork. Residents can view and purchase the works of these talented artists and crafters of all types. Just in time for Christmas!

SATURDAY, NOVEMBER 12TH
9 AM TO 1 PM
THE COMMUNITY CENTER



September Specials

- September 7th - Shrimp & Grits
- September 14th - Pepper Steak with Garlic Mashed Potatoes & Roasted Brussel Sprouts
- September 21st - Pan Roasted Pork Loin with Bourbon Molasses Glaze over Mashed Sweet Potatoes
- September 28th - Roasted Turkey with Gravy, Garlic Mashed Potatoes & Green Beans



FITNESS 101

- Hand Weight
- Barbell
- Weighted Ball
- Foam Roller
- Stability Ball
- Bosu Ball
- Ab Roller
- Bands
- Kettlebell
- Elliptical
- Treadmill
- Recumbent Bike
- Leg Press
- Stretch Cage
- Abdominal
- Hip Abductor/Adductor
- Leg Extension
- Seated Leg Curl
- Lat Pull
- Overhead Press
- Chest Press

Learn the basics.

Take a guided tour through the fitness center with a certified fitness instructor and learn proper equipment use and technique. No need to pre-register, just get here!

Wednesday, September 21
6:00 pm
Community Center at the Sanctuary Fitness Room

EQUIPMENT 101

Learn the proper form and technique for using hand weights to strength train and improve each area of your body.



Thursday, September 22nd

6:30pm to 8:30pm

in the Clubhouse Dining Room

\$10 per person



Meet the Candidates Night a Big Success



River Strand hosted a “Meet the Candidate” Night on August 1st in the Dining Room for the Candidates running for Manatee County Board of Commissioners.

All White: Residents gather for “White” Party



River Strand residents dressed in all white and enjoyed a night of dinner and dancing with a “white” theme. They also relished in the hot sounds of Vital Signs, which played song favorites from the 60’s to today. A wonderful time was had by all who attended.

Let's Create Art Painting Party at River Strand



River Strand Residents enjoy a painting party run by Let's Create Art of Lakewood Ranch.



Girl's Night Out

Friday, September 23rd
6pm to 9pm
Community Center
6835 Willowshire Way



Please bring six one dollar bills for a variety of games.

Bring a hearty appetizer or small covered dish to share and a drink of choice, if desired. Water and tea are provided.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!



August Girl's Night Out Event.

Would you be interested in a Deep Sea Fishing Trip in October or November?



If the answer is Yes, please contact
Lori Hoppe at LHoppe@TheIconTeam.com
or call me at 941-708-3837



Cost is \$110 per person

**If there is a large enough
group interested,
the entire boat could be
reserved for
River Strand residents.**



Club Connections

Lifestyle Director, Lori Hoppe

Welcome to our newest members!

Sign up in the Administrative Offices at the clubhouse for our New Member Orientation. These informative sessions take place in the clubhouse conference room at 2pm on the first Friday of every month. This month it will take place on September 2nd. Attending the Orientation is a great way to meet other new members and get your River Strand bearings.

Richard & Lucretia Bigler
Robert & Monica Adams
Charles & Marianne Sofman
Phillip & Jean Costa
Robert & Gail Mills
Trudie Cunningham
Rodney & Carol Cannon
Raymond Penge
Lewis Sofman
Kristen & Michael Weston
Jeffrey Massey
Janice Reed
Jay Baer & Heidi Fezer
Patrick & Denise Murphy
Oren & Dana Coulter
Richard & Carol Horan
Letitia Keasey
Karen & Neil Montford
Barbara Gimbert
Jane Cabbage & Greg Fanelli
Bob & Scotty Mills
Magda Perez
Michael & Patricia Porrey
Davene Heckman
Linda Hartman
Sarah Adams
Douglas & Mary Slusser
Walter & Ann Bansley
Robert Masters
Richard & Marsha Haddad
Alvaro & Sharyn Quiros
Douglas & Rebecca Young

Murder Mystery Dinner offers 1920's experience



Suzi and Alton Tyndall with Cynthia and Carl Weinrich dressed up for the occasion at the Murder Mystery Dinner.



Paul and Pam Plunkett with Paol and Sheryl Zeppenfeld came dressed for a 1920's speakeasy.



Toga Party Was Fun For All



Pam and Terry Lewis were crowned Emperor and Empress of the Toga Party.



The Gladiator Race was a good time for all the participants.



River Strand servers, Tammie, Roxy & Dara welcomed residents to the Toga Pool Party.



Lisa Larson and Jorge Rodriguez won Best Dressed at the Toga Party.

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 9:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Community Association Managers
Dan Arens, LCAM, River Strand
Phone: 941-932-8663
E-Mail: DArens@TheIconTeam.com
Matt Koratich, LCAM, Condominiums/Heritage Harbour
Phone: 941-747-7261
E-Mail: MKoratich@TheIconTeam.com
Kasey Dick, LCAM, Condominiums
Phone: 941-747-7261
Email: KDick@TheIconTeam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: PCattanach@TheIconTeam.com

River Strand Master Association Board Member
Terry Lyons
Phone: 941-896-7525
Email: tERNANLYONS@aol.com

Golf Course Superintendent
Renze Berg
Phone: 941-748-8626
E-Mail: RBerg@TheIconTeam.com

Head Golf Professional
Corey Pion, PGA
Phone: 941-708-3617
E-Mail: CPion@TheIconTeam.com

Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: NGriffin@TheIconTeam.com

Executive Chef
Radames Febles
Phone: 941-932-8665
E-Mail: RFebles@TheIconTeam.com

Food & Beverage Manager
Wendy Wallis
Phone: 941-932-8664
E-Mail: WWallis@TheIconTeam.com

Lifestyle Director
Lori Hoppe
Phone: 941-932-8671
E-Mail: LHoppe@TheIconTeam.com

Administrative Office
Angela Duncan, Tara Scheid
Phone: 941-708-3837
E-Mails: RSreception@TheIconTeam.com &
admin@riverstrandgolf.com

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

