



The Strand

September 2017

E-Newsletter for the Members of River Strand Golf & Country Club

Connect with your
Clubhouse and Community

All the News from River Strand Golf & Country Club

COMMUNITY MATTERS

Shaun Fitzer, LCAM



Access control: Owners are requested to access the website www.myenvera.com and ensure that your contact information and guest list is up to date. This system is utilized by security to ensure that only authorized people come onto the property. If the information is not correct your guests may be denied access. We ask that owners who are using broad categories for allowable access such as "pool guy" or "cleaning lady" please input the actual name of the company or person accessing the property. It is up to you as owners to determine how secure your property environment is.

Architectural review: The next cut off for submission to the architectural review committee is September 13th and the meeting will be held on September 19th at 3PM in the Clubhouse conference room.

Owners who have provided the office with email addresses will be getting an email from riverstrand@ivotehoa.com – this will provide you with a link to register to vote on important items that require input of the association. Based on the response of the community we hope to utilize this system for future association matters requiring member voting. This will eliminate the need for members to respond by physical mail. Please follow the link and respond to the questions.



Visit www.riverstrandgolf.com for up coming events, meeting notices and/or meeting minutes.

- ~ Up coming events can be found under the clubhouse tab.
- ~ Board of Directors meeting agendas and minutes can be found under the River Strand BOD tab.
- ~ All Committee meeting agendas and minutes can be found under the Committees tab

Chicks And Flicks



Wednesday, September 6th at Noon
Meet at Geckos
4310 State Rd 64 E, Bradenton, FL 34208

New Faces & Friends are Always Welcome!
Meet & Mingle with your River Strand Neighbors & Friends at Lunch and Select a Movie from Currently Playing Titles or Simply Enjoy Lunch with the Ladies.

Car Pooling is Suggested!
If anyone is available to carpool please let me know when you call or email to make your reservation.

Chicks And Flicks is held the first Wednesday of every month, the lunch location changes every month.

RSVP to aduncan@theiconteam.com by Monday, September, 4th.

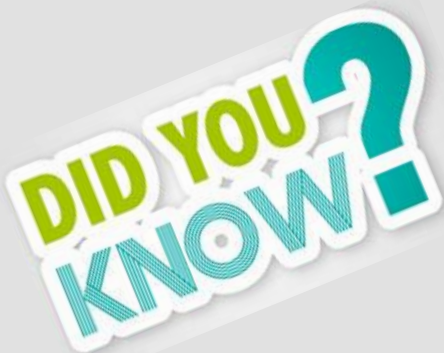


The August Luncheon at Blu Mangrove Grille

FRIDAY NIGHT ENTERTAINMENT

Here is the Friday lineup for the month of September
6:00pm - 9:00pm

September 1st - Georgia and Mike
September 8th - Sarah Combs
September 15th - Skyway
September 22nd - Rita Wilson
September 29th - Sarah Combs



Having an in home party?

River Strand has a full catering menu you can order from for any occasion!

You can find the menu located on our website www.riverstrandgolf.com. Click on the Clubhouse tab, then choose Banquets.

We look forward to the honor of assisting you plan this very special gathering of your family and friends!

GOLF COMMENTS FROM OSCAR

Interim PGA Head Golf Professional, Oscar Parks

Even though there have been some changes around the club there are still a few constants at River Strand GCC. It is still very "HOT" here in West Bradenton. Rod, our resident cart barn meteorologist, is still keenly predicting the local weather far better than any of our local weather forecasters. Regular afternoon showers as well as our summer maintenance program have the golf course in great shape heading into the last round of aerifications this year.

Our summer junior golf programs came to an end in August, which is always bittersweet. Like most parents we are happy to see the summer come and it is twice as nice to send them back to school. I think prolonged exposure to the kids probably pushes Dave to the brink of never having kids of his own and I would hate to deprive him of one of life's great pleasures. On behalf of the staff and our junior golfers, I would like to send out a big "Thank You" to all of those members who donated clubs and golf balls to the program, those who enrolled their children in camp and everyone whom may have had to play through or around the organized chaos that golf camp sometimes resembles. Your patience and understanding is greatly appreciated!



My hope is that everyone has enjoyed their summer and you are all looking forward to returning HOME to River Strand. The upcoming season is full of events and tournaments that can be enjoyed by golfers of all skill sets. By the time this article is published, a finalized 2017 / 2018 event guide will be sent out to the membership and posted on the River Strand website. So start making plans to participate in one the club's golf leagues or one of the many fun events that we have planned over the next eight months.

As for me, I am enjoying my new role here at the club and would love to continue serving in this greater capacity here at River Strand Golf & Country Club.





SEPTEMBER **GOLF EVENTS**

Saturday, September 9, 2017

3 Blind Mice (90% Handicap)

Entry fee: \$10

This is an individual Net game,
after the round you will throw out your three worst scores;
one Par 5, one Par 4 and one Par 3

Saturday, September 23, 2017

"Playoff Payoff" (90% Handicap)

Entry fee: \$10 - 2 BB of 2

Your new score combined with a
PGA Tour Championship
contestants' final round score, you must choose the
player prior to your round or when you turn in
your scorecard after your Saturday round.



Day Ranger cell phone number when the Pro Shop is closed.
Report incidents out on the golf course. (941) 730-4436

Tennis Highlights

Nate Griffin, Head Tennis Professional

- * Wimbledon Mixer for tennis event was well attended with 48 players on July 15th.
- * All 9 tennis courts were scarified and coarse clay material was added to blend with har tru clay over the summer
- * All 9 tennis courts are in the process of getting their "final lift" before season begins again in November. This includes new posts, lines, nets, and new clay.
- * Our full time court maintenance staffer (Bill Bosold) continues to rehab and improved from a broken hip, and we send him our best wishes.
- * Another successful summer camp has come to an end as we had 10 weeks of junior tennis camp which involved learning a lifelong game in tennis, and having some fun each day at lunch and the pool. We averaged around 8-12 youth per week and a great time was had by all.
- * We saw our typical summer rain pattern and many social games, events, and leagues were cancelled and rescheduled as all tennis players kept their weather radar apps nearby!
- * The tennis and pickleball committee has been hard at work looking to recommend improvements in the facilities to the pickleball center and the tennis center.
- * We had a few leagues over the summer, and many teams are being formed and prepped for our upcoming USTA, Tri-Cities, Men's Suncoast, and Ladies Sunshine leagues.

Good luck to all of our teams!

PLEASE JOIN US

2017 River Strand Charity Tennis and Pickleball Event!

For all River Strand members and guests
(beginners welcome!)

When: Saturday, October 21, 2017

Time: 9:00am - 11:45am

Lunch & Auction: 12:00pm

Format: Social Round Robin Mixer

Cost: \$50 per player (inclusive lunch)
cash or checks payable to Susan G. Komen

Sign up at salixreservations.com or
by emailing Nate at ngriffin@theiconteam.com

Deadline to register is October 18th



How To Get “Unstuck” In Tennis

Nate Griffin, Head Tennis Professional

If you are a tennis player or you have a friend or family tennis friend, you will know that they do not have real names, instead they sometimes refer to themselves by a number.

Hi, I'm a 3.5. That's great, I'm a 3.0! I wish I was a 4.0. What am I? a 2.5?

I'm referring to, of course, our NTRP rating scale as 1.0 is a beginner and a 7.0 is a tour professional.

Most players dream of getting to that next level, but only few ever move up past 1 or 2 levels. The highest level a club player generally can get to is a 4.5, but if they were a star at a different sport growing up, some may get to a 5.0, especially if they are taking lots of instruction and working on their game.

The main reason players don't continue to move up the ladder is that they fail to truly commit to a lifelong improvement view of their game. They feel that this is about all they are going to be able to do, and they stop learning. This is fine as long as they are realistic with themselves and they have a good attitude towards winning and losing.

The problem arrives when that player gets frustrated about their results and about their losing and not being able to move to the next level. The truth is they would need to take a hard look at their game from a totality perspective and be honest about the areas in their game that they need to address.

Most of the times this is a physical and athletic issue as tennis is primarily a movement sport. You also need great hand-eye coordination which is why several tennis players at the highest point of our game are also multi sport athletes.

It is also a very highly skilled sport which takes hours and years of specialized training with a professional, which can be very costly, and few have this option.

I would venture to say the main reason people don't get to that next level though, is a lack of understanding for how the game is played. There is a basic strategy and understanding that most players are missing. They don't understand which shot to hit when, and even if they know which stroke to hit when, do they "own" that shot.

If you can't make that shot 9 of 10 times in practice, than it is not owned!

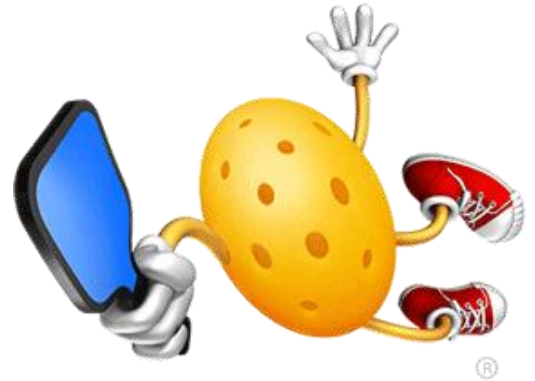
The good news is most of this is possible, but it is going to take a lot of commitment and a willingness to revamp your game, and possibly even take some tennis lessons or clinics from the professionals.



PICKLEBALL TIP

Tennis Professional, Nate Griffin

Pickleball is a great up and coming sport. But like I tell my tennis players, you can't play if you are injured! All the instructional tips are great, but at the end of the day, the most important bit of advice I can give everybody is focus in on your overall health and injury prevention program so that you can enjoy this sport.



Warming up prior to playing is one of the best ways to minimize the risk of developing an injury. In general, warm up activities should involve the entire body, mimic the sport you are playing, and last for 5 to 10 minutes. A good warm up for pickleball might be a brisk walk, a light jog, riding a bike or playing at half speed. Once your heart rate, breathing, and body temperature have increased, take a few minutes to stretch your shoulders, neck, back, hips, knees, and ankles.

Looking at the big picture, I hope that all of you decide to "live an active lifestyle" and consult your physician for more recommendations as well as licensed and certified physical trainers.

PICKLE! PICKLE! PICKLE!



Pickleball Play Open Play

All levels Group

Monday & Wednesday: 6:00-7:00pm

Intermediate-Advanced Group

Sunday through Saturday: 9:00-10:30am

Beginner Group

Sunday through Saturday: 10:30-11:30am

Sign up at

www.makeclubreservations.com,
facility code: river1, member type: annual

Beginner Pickleball Clinic,

\$10 per player
Mondays: 3:30-4:30pm

**If you have any questions contact the Tennis Shop
at 941-932-8680 or email: ngriffin@TheIconTeam.com**

Pickleball Beginner Clinics

First Monday of
the month

August 7th

3:30pm - 4:30pm

3 person minimum

Event Sign up at

www.makeclubreservations.com

Facility code: river1

\$10 cash per clinic

RIVER STRAND TENNIS PROGRAMS

Junior Clinics

Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, \$10 per class

Stars Clinic (5-14 yrs. old) – Mon, Wed.& Fri. 5:00–6:30pm,
\$20 per class

Adult Clinics

Abdul’s 90 minute drill and play – Tues. & Thurs. 8:30–10:00am,
\$20 per class

Tuesday’s with Abdul Clinic – Tuesday: 6:00–7:00pm. \$15 per class

Thursday’s 3.5-4.0 Clinic – Thursday: 6:00–7:00pm. \$15 per class

Gary’s Beginner’s 101 Clinic - Wednesday, 5:30–6:30pm.
\$15 per class

Gary’s Intermediate Clinic - Friday, 5:30–7:00pm, \$15 per class

Shot of the week – Saturday, 8:00–8:30am (Free)

Scott’s 3.5-4.0 Clinic - Sunday, 10:00–11:30am, \$20 per class

Adult Social Play

Morning Doubles: Mon., Wed., Fri., and Sat., 8:30–10:00am,
cost: \$2

Men’s Night: Tuesday, 7:00–9:00pm, cost: \$2

Mixed Doubles Night: Thursday, 7:00–9:00pm, cost: \$2
(sign up with partner)

Men’s 4.0/4.5 Day: Sunday, 8:30–10:00am, cost: \$2

Tennis Staff/Lesson Fees

(Buy 5 Lessons, Get 1 Free)

Director of Tennis - Nate Griffin, USPTA

½ Hour Private: \$40 or 1 Hour Private: \$80

Head Tennis Professional – Abdul Idi, USPTA

½ Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Scott Pothul

½ Hour Private: \$35 or 1 Hour Private: \$70

Assistant Tennis Professional – Ben Zink, USPTA

½ Hour Private: \$35 or 1 Hour Private:\$70

Assistant Tennis Professional – Gary Coulter

1/2 Hour Private: \$30 or 1 Hour Private: \$60

Tennis Pro Shop Hours

Monday-Friday, 8:00am – 7:00pm

Saturday & Sunday, 8:00am – 3:00pm

Email: ngriffin@TheIconTeam.com

Pro Shop Phone: 941-932-8680

Court Hours All days – 7am – 9:30pm



US OPEN

Tennis Mixer

Saturday, September 2nd

9am to 12pm

\$10 per person

Beginners Welcome!

Round Robin Mixer

Refreshments and Drinks Provided



Make reservations at salixreservations.com
Or email Nate at ngriffin@theiconteam.com

All Events Sign up at
Salixreservations.com

Morning Doubles:
Monday, Wednesday,
Friday & Saturday’s
8:30am - 10:00am
\$2 per player

Leagues and Ladders:
Looking for a singles game?
Join our ladder!

941-932-8680

RENZE'S MAINTENANCE REPORT

Renze Berg, GCSA

In September, we will be on our third round of closures for all three nines. We will aerify greens, tees and fairways, as well as verticut them to help smooth out grain.

We have experienced a lot of difficult weather over the summer and the courses have seemed to handle it well, with little disease pressure.

The bridges will be stained and loose boards will be replaced during the month of September.

All course bathrooms have been painted and will be pressure washed during this month as well.

We will continue to repair washout areas in greenside traps throughout the next two months and start installing fresh trap sand in October, after the heavy rains are behind us.

Thank you for your patience this summer and enjoy some great golf!

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

I would like to take this opportunity to go over some current events our community has experienced throughout the summer rainy months. As many homeowners may be aware, the heavy rains have been flushing in some weeds such as hydrilla, floating duckweed and water lettuce to select ponds over the last month. While this is a concern, we have been able to react rapidly enough with the aid of the Golf Course Superintendent, Renze Berg, as well as the Property Manager, Shaun Fitzer. Their regular site inspections enable Pond Professional to treat said problems without delay as they occur in between our maintenance events, preventing them from spreading to many ponds. I just want to let every one know that this, while unpleasant, is not something we can prevent or pre-treat for during this time of year. Fortunately it is not long lasting either. As all water flows through River Strand from SR64 towards the river, we can only react as it happens. The problems were all solved in a fairly rapid time frame over July as they occurred. The heavy in-flush of nutrients from all the street runoff as well as the rapid change in pH, turbidity and salinity a heavy downpour can and did result in 2 "fish-kill" events on pond H2 and the driving range lake. Having taken some water samples, we have determined that the massive deluge of water volume stressed out the ecosystems on these particular ponds, causing fish not tolerant of the altered pH and salinity to die off. We must remember that, while unfortunate, some times this will occur over the years on select ponds and dramatic weather events. These are retention ponds and all street drains lead to them We would ask that homeowners refrain from dumping anything in the drains so as to help us minimize said events in future. Another way we can be pro-active next year is in regards to the driving range lake. While we can not prevent all the fish from dying, we can mitigate it should we experience similar conditions in future. The majority of affected fish were a species of schooling bait fish called Shad, that unbeknownst to us established a healthy population within the driving range lake. They are very sensitive to dramatic water chemistry changes. By stocking some native Bass in the spring, they can assist in managing the Shad population so we don't see such a massive die offs in future. Even though these are man made retention ponds, they develop into their very own separate ecosystems, each with their own strengths and weaknesses. While we work hard to always stay knowledgeable and on top of maintenance for each and every pond, they are fluid and always changing. We greatly appreciate all input regarding things that may occur or become noticeable between our monthly maintenance events. Please direct any further inquiry to myself and I will assist in any way I can.



COMMUNITY LANDSCAPE UPDATE

Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Dear residents,

TruScapes Industries, Inc. wish you a very warm welcome to our third quarter news article. Summer is here along with high humidity levels, hot temperatures and lots of rain. Our team continues to push forward in keeping your community looking nice during this very busy and active growing season.

This quarter (July – September) residents will continue to notice the weekly mowing events taking place throughout the St. Augustine and Bahia turf areas around the neighborhood. The service techs will continue the frequent bed edging of your ornamental beds and suppressing the flower bed weeds via mechanical means and herbicide applications monthly.

By now, the flowering plants our team cut back during the second quarter of the year have come back with a vengeance, pushing allot of green growth and many flowers for everyone to enjoy the colorful display and pleasant fragrance they have to offer. As our trimming crews make their rounds throughout the community, we will be doing light pruning on some shrubs and a bit more aggressive on those fast growing plants that attempt to take over most of the landscape. This will help us keep most ornamental plants under control and in doing so there will be some loss of blooms. It will only be temporary and within two to three weeks the shrubs will be full of flowers again but not looking as wild which is what we are trying to achieve.

The irrigation technicians will be preforming the usual monthly inspections of the watering system and cleaning the VU flow filters where it applies. They will also make adjustments to the seasonal settings on the timer as we move deeper into the rainy season. For most, there will be a noticeable difference in the shorter irrigation run cycles and weeks of skipped irrigation cycles depending on the amount of precipitation experienced. We want to be mindful that too much water can be as bad as not enough water as this contributes to many aquatic lawn weeds and can lead to fungus down the road in the following months.

In preparation for the potential of aquatic lawn weeds and peak of the fungus activity, our pest control and fertilization department will be doing monthly inspections of the lawns and shrubs throughout the community. They will keep their eyes wide open looking for chewing insects, fungus, turf weeds etc. These spray techs are trained to identify areas of concern or activity and spot treat as needed.

For the residents that like to get their hands dirty working in their seasonal flower beds you may wish to look into planting Coleus (lots of color selection), Penta's and Caladiums as these flowers can tolerate the wet and hot weather.

We wish everyone in the community a safe summer full of fun activities while our team handle the needs of your landscape.



FOOD & BEVERAGE CALENDAR SEPTEMBER 2017



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	2 Lunch 11am-5:00pm Bar 11am-7pm
3 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	4 Lunch 11am-5pm Bar 11am-7pm 	5 Lunch 11am-4:30pm Bar 11am-7pm 	6 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	7 Lunch 11am-4:30pm Dinner 5:30pm-8pm	8 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	9 Lunch 11am-5:00pm Bar 11am-7pm
10 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	11 Lunch 11am-5pm Bar 11am-7pm	12 Lunch 11am-4:30pm Bar 11am-7pm 	13 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	14 Lunch 11am-4:30pm Dinner 5:30pm-8pm	15 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	16 Lunch 11am-5:00pm Wine Tasting See page 13 for details
17 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	18 Lunch 11am-5pm Bar 11am-7pm	19 Lunch 11am-4:30pm Bar 11am-7pm 	20 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	21 Lunch 11am-4:30pm Dinner 5:30pm-8pm	22 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	23 Lunch 11am-5:00pm Bar 11am-7pm
24 Brunch 10am-3pm Bar Menu 3pm - 5pm Bar 10am-7pm	25 Lunch 11am-5pm Bar 11am-7pm	26 Lunch 11am-4:30pm Bar 11am-7pm 	27 Lunch 11am-4:30pm Dinner 5:30pm-8pm 	28 Lunch 11am-4:30pm Dinner 5:30pm-8pm	29 Lunch 11am-4:30pm Dinner 5:30pm-8pm Live Entertainment 6pm - 9pm	30 Lunch 11am-5:00pm Bar 11am-7pm

Saturday & Monday - Lunch Menu: 11:00am - 5:00pm Bar Open 11:00am - 7:00pm
Tuesday - Friday Lunch Menu: 11:00am - 4:30pm Wednesday - Friday Dinner Menu: 5:30pm - 8:00pm Bar Open 11:00am - 8:00pm
Sunday Brunch: 10:00am - 3:00pm Bar Open 10:00 - 7:00pm
Happy Hour Daily: 11:00am - 7:00pm

The Recreation & Social committee happily announces our first event!



Join us for a
Wine Tasting

Saturday, September 16, 2017
4:00pm - 6:00pm
In the clubhouse dining room

\$15 per person

Representatives from Republic National and Southern Wine and Spirits will pour tastings of 16 wines from a selection in our restaurant.

Wines poured include Rieslings, Chardonnays, Sauvignon Blancs, Pinot Noirs, Zinfandel and Cabernets, accompanied by an assortment of crackers, cheese and fruit.

100 pre-paid, non-refundable reservations are available up to a maximum of two (2) people per member number.

Reservations begin Tuesday, September 5, 2017 at 9:00am

Contact Angela Duncan, Lifestyle Director
941-932-8671 by phone or in person to make your reservation.

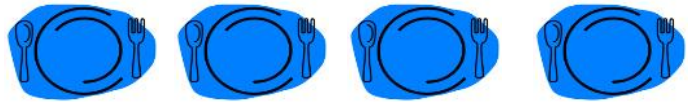
The Grille Room will remain open for casual dining with a limited Bar Menu until 8:00pm



BLUE PLATE SPECIAL
Wednesday Nights 12.95++

September Specials

- September 6th - Salisbury Steak with Mushroom Gravy & Mashed Potatoes
- September 13th - Chicken & Sausage Gumbo
- September 20th - Goulash with Egg Noodles
- September 27th - Chicken Pot Pie




LABOR DAY

POOL PARTY & COOKOUT

Monday, September 4, 2017

Come celebrate Labor Day and say goodbye to summer here at River Strand! Enjoy the sunshine, pool, live music with the Z Band, good food and drink specials from the Tiki Bar!

Food Service: 12:00pm - 3:00pm
Music: 12:00pm - 4:00pm

\$8.00++

MENU:
your choice of: a Grilled Burger, Jumbo All Beef Hot Dog or a Pulled Pork Sandwich served with Watermelon, Pasta Salad and Coleslaw

First Come First Serve

Tuesday Night
Events

5:00pm – 7:00pm

- September 5th - **Rib Night**
- September 12th - **Burger Night**
- September 19th - **Taco Tuesday**
- September 26th - **Trivia Night**



**Learn something
new this year!**

Take a trip with us to
Carla's Clay Studio for a
Clay Date!



Come create a medium size serving bowl that you can
design, decorate and paint with color!
Great as a centerpiece bowl for fruit, decorative balls or can
be used for salads etc. It will be food safe and sturdy!

WHEN: Saturday, September 30, 2017

TIME: 2:00pm - 4:00pm (Bus will depart River Strand at 1:00pm)

WHERE: Carla's Clay Studio - 1733 Northgate Blvd.

COST: \$55 per person

(to include - bus trip there and back, 2 hour class and your clay creation!)

Call 941-708-3837 or email aduncan@theiconteam.com
to make your reservations today!



Soap Making Class

with the Folk School at Florida Maritime Museum



This hands-on class is a great start to the world of soap making. Roll up
your sleeves and begin making cute, artistic and novelty soap with
natural melt and pour soap base. You will learn how to make at least
3 different soaps to take home or give away as gifts. Unleash your
creativity by customizing your soaps with color, fragrance and other
additives such as herbs.

DATE: Thursday, September 14, 2017

TIME: 1:00pm - 3:00pm

WHERE: Sanctuary Clubhouse

COST: \$35 per person

Call 941-708-3837 or email aduncan@theiconteam.com
to make your reservation today!



Sunday, September 17th

7:00pm to 8:30pm

Community Center
6835 Willowshire Way

Please bring six quarters for a variety of games.
This month we will be doing LCR games!

Bring something to drink and your game of
LCR Wild if you have one.

New to River Strand or been around awhile and
looking for a chance to meet other women in the
neighborhood? Leave your men at home and
come check us out!



A River Strand Resident Event!



Tuesday, September 26th

Dinner Buffet Begins at 5:30pm

Trivia Game Begins at 6:30pm

Buffet Dinner & Trivia - \$25 per person inclusive

Teams of 8 are the maximum number recommended.
If you do not have a team, you can be paired with one.
Individuals are always welcome to attend fun event.

Call (941) 708-3837 to Make Your Reservations

BUFFET MENU

Pasta Primavera and Chicken Piccata
served with a Mixed Greens Salad and Assorted Dressings

**No Regular Dinner Menu,
Reservations Required**



Rise and Shine!

join us for

Sunday Brunch

Every Sunday! 10:00am - 3:00pm

Bar Menu Available 3:00pm - 5:00pm

RESERVATIONS REQUESTED

941-708-3837



SAVE THIS DATE!

The residents of River Strand
are cordially invited to participate in

**The Third Annual
River Strand Holiday
Walkabout**

on

Saturday, December 9, 2017

starting at 4:30 in the afternoon

The Holiday Walkabout is a progressive party where you will have the opportunity to share appetizers and desserts with your neighbors at three different homes with three different groups of people. There's no cost. You need only make appetizers or desserts to one home and bring along your preferred beverage. We expect to need at least 60 host homes again this year and we'd appreciate it if you volunteered to host one 90-minute session, but it's not required to participate. For now, just save this date and plan to join us in this annual kick-off of the holiday season at River Strand. More specific information will be available in the October newsletter when you can register.

events in the bay area

A Taste of Downtown - Saturday, September 9th
This established Sarasota tradition will bring you to Sarasota Opera House, where your favorite downtown restaurants will be showcasing their tasty dishes paired with fine wines, assorted beers and specialty cocktails. Proceeds from this event benefit the Sarasota Youth Opera, who will perform during the event. Come mix & mingle, sample tasty bites, and have a drink with us to celebrate the end of summer in Sarasota!

Location: 61 N. Pineapple Ave., Sarasota

Visit <http://www.escape-to-sarasota.com/september-sarasota-events.html> for more information.

Clearwater Super Boat Races - Sept. 29 - Oct. 1
Not only one of the top boat races in the state of Florida, the multi-day Clearwater Super Boat, held in September, also features parades, and a bespoke village with food vendors and live entertainment.

Location: Clearwater Beach

Visit <http://www.clearwatersuperboat.com/schedule> for a complete schedule of events!

FITNESS & SOCIAL CALENDAR SEPTEMBER



*Denotes Clubs/Classes Meeting at the Community Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Bridge 9:30am Zumba-Aqua 10:15am Hand & Foot 6:00pm*	2 Golf Yoga 11:15am
3	4 Bridge 9:30am Mah Jongg: 6:00pm*	5 Bible Study 10am* Book Club: 10:00am Zumba-Aqua 10:15am Men's Asian Cards 3pm* Book Club: 6:00pm*	6 Mah Jongg 9:00am* Zumba Tone/Step 10:30am Mixed Bridge 6:00pm*	7 Butts & Abs 10:30am Golf Yoga 11:30am Texas Hold-Em 5:20pm*	8 Bridge 9:30am Zumba-Aqua 10:15am Hand & Foot 6:00pm*	9 Golf Yoga 11:15am
10	11 Labor Day red Party Bridge 9:30am Zumba 10:30am Mah Jongg: 6:00pm*	12 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Men's Asian Cards 3pm* Social Game Night 6:00pm*	13 Mah Jongg 9:00am* Zumba Tone/Step 10:30am Mixed Bridge 6:00pm*	14 Yoga Stretching 9am Butts & Abs 10:30am Golf Yoga 11:30am Texas Hold-Em 5:20pm*	15 Bridge 9:30am Zumba-Aqua 10:15am Hand & Foot 6:00pm*	16 Golf Yoga 11:15am
17	18 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Mah Jongg: 6:00pm*	19 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Men's Asian Cards 3pm* Social Game Night 6:00pm*	20 Mah Jongg 9:00am* Zumba Tone/Step 10:30am Mixed Bridge 6:00pm* Fitness 101: 10:00am*	21 Yoga Stretching 9am Butts & Abs 10:30am Golf Yoga 11:30am Texas Hold-Em 5:20pm*	22 Bridge 9:30am Zumba-Aqua: 10:15am Fiber Arts Club 2pm* Hand & Foot 6:00pm*	23 Golf Yoga 11:15am
24	25 Fit 4 Life: 8am Aqua Fit: 9:15am Bridge 9:30am Zumba 10:30am Mah Jongg: 6:00pm*	26 Yoga Fusion 9:00am Bible Study 10am* Zumba-Aqua 10:15am Men's Asian Cards 3pm* Social Game Night 6:00pm*	27 Mah jongg 9:00am* Zumba Tone/Step 10:30am Mixed Bridge 6:00pm*	28 Yoga Stretching 9am Tai Chi: 9am Butts & Abs 10:30am Golf Yoga 11:30am Texas Hold-Em 5:20pm*	29 Bridge 9:30am Zumba-Aqua: 10:15am Fiber Arts Club 2pm* Hand & Foot 6:00pm*	30 Golf Yoga 11:15am



FITNESS & SOCIAL ACTIVITIES

SEPTEMBER 2017

FITNESS

AQUA FIT:

BUTTS & ABS

FIT 4 LIFE:

FITNESS 101:

FITNESS BALL CLASS:

GOLF YOGA

BEGINNER & INTERMEDIATE TAI-CHI

YOGA:

YOGA FUSION:

YOGA STREACHING:

ZUMBA:

ZUMBA-AQUA :

ZUMBA TONING/STEP MIX:

Mondays & Wednesdays—Resuming September 18th at 9:15am. \$7 per class or \$65 for 10 classes.

10:30am on Thursday at the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

Mondays & Wednesdays—Resuming September 18th at 8am. \$7 per class or \$65 for 10 classes.

10:00am on Wednesday, August 20th in the Community Center fitness room.

Learn the Basics of Exercise.

Classes will resume in October.

Thursday 11:30am and 11:15am on Saturday in the Clubhouse Fitness Room. Classes are \$15.

(ALL Attendees must register in advance at sagejohnson@comcast.net)

9:00am on Thursday at the Pavilion in Central Park.

Classes are \$5. For those who want to develop or hone their Tai Chi skills.

Classes will resume in October.

9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska.

Classes are \$5. NO CLASS September 5th.

9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are \$5.

No class September 7th.

10:30am on Monday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

NO CLASS MONDAY, SEPTEMBER 4th DUE TO LABOR DAY HOLIDAY

10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are \$5 or \$7 for 1st time.

10:30am on Wednesday in the Clubhouse Fitness Room. Classes are \$5 or \$7 for 1st time.

SOCIAL

BIBLE STUDY:

BOOK CLUB:

BOOK CLUB WITH PAULETTE:

BOOK CLUB WITH LINDA:

BRIDGE:

BUNCO:

CHICKS AND FLICKS:

FIBER ARTS CLUB:

HAND & FOOT CARD GAME:

LADIES MAH JONGG:

MAH JONGG:

MAY I? GAME

MEN'S ASIAN CARDS GROUP

MIXED BRIDGE:

SOCIAL GAME NIGHT:

TEXAS HOLD-'EM:

VETERANS NETWORK:

10:00am on Tuesday at the Community Center. "Journey Thru the Bible" w/Dr. J. Michael Ramage.

Will resume Monday, November 27th

6:00pm in the Community Center the first Tuesday of every month.

10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members welcome! Any questions contact Linda at 410-935-7083

9:30am on Monday & Friday. Group will play at the Clubhouse.

10:00am on the first Thursday of the month in the Clubhouse Card Room.

Beginning in November the group will meet the first and third Thursday of each month.

First Wednesday of every month. This month Wednesday, August 2nd

Meet at Blue Mangrove Grille at Noon .

followed by a movie of your choice. See page 2 for more information.

2:00pm-4:00pm at the Community Center meets first, third & fifth (if possible) Friday of the month.

All are welcome: Knitters, Crocheters, Quilters etc.. If you are interested in Free Beginner Knitting Lessons, please call Shirley Goss at (941)251-6416 to schedule a time.

6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569

9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253

6:00pm till 8:00pm on Monday. Group meets at the Community Center. No Registration Needed.

1:30pm on Wednesday at the Community Center. CANCELLED TILL NOVEMBER

3:00pm on Tuesdays at the Community Center.

6:00pm on Wednesday at the Community Center.

6:00pm on Tuesdays in the Community Center except the first Tuesday of the month.

(Card games and/or board games)

Contact Peyton Wynns at 941-284-2131 with questions or suggestions.

5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

6:30pm on the first Thursday of the month in the Clubhouse

Conference Room.





River Strand Ladies Bridge

Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco

Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker

Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. \$10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg

Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)

Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?

May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

Hand & Foot Card Game:

Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions

Interested in one of our fitness classes?

Check below for a full description of a class you may want to take.

Keep checking for other class descriptions added in the future.

Yoga Stretch:

A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:

This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:

This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:

A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Aqua Zumba:

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:

We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor, The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:

A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Yoga:

Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle.

Balance Ball Yoga:

Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.

Committee Chair Information

<u>Committee Name:</u>	<u>Chair & Email</u>
Finance Committee:	Alan Sukoneck a.sukoneck@comcast.net BOD Liaison - Scott Hancock shancock@riverstrandbod.com
Compliance Committee:	Lance Dunne ldunnersccc@gmail.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com
Property Management Committee:	Paul Martin pmartin135@tampabay.rr.com BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com
IT Committee:	Jim Moline jmoline@yahoo.com BOD Liaison - Anita Tierney atierney@riverstrandbod.com
Safety, Security & Emergency Preparedness Committee:	Ray Phaneuf decoyray@gmail.com BOD Liaison - Bob Walsh bwalsh@riverstrandbod.com
Recreation & Social Committee:	Patti Reid recreationandsocial@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com
Golf Activities Committee:	Patricia Braeger pat.braeger@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com
Golf Greens Committee:	Samara Paice spaice13@gmail.com BOD Liaison - Charles Glasser cglasser@riverstrandbod.com
Food and Beverage Committee:	Phil Lahm philclahm@gmail.com BOD Liaison - Mike Fisher mfisher@riverstrandbod.com
Tennis Committee:	Jack Wilson jack@jackmwilson.net BOD Liaison - Eddie Hicks ehicks@riverstrandbod.com
ARC Committee:	Pauline Tasler sfitzer@theiconteam.com

Club Connections

Lifestyle Director, Angela Duncan

Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on September 1st.

Mark & Sherrie Dennison
John & Valerie Sjoval
Ellen Hunt
Jan & David Shullick
Shari Constantine & Mark Godlewski
Mark & Paula Scott
Albert & Ruth Patrick
Steven Diemand
Lynne & Stephen DePaulo
John & Dawn McGarry
Thomas & Kathryn Kelleher
Stephan Reuschel
Michael & Deirdre Behrens
Tom & Karen Vaclavik
William & Deborah Moore
Thomas & Cynthia Ernst
Anthony & Barbara Ungarelli
John & Donna Simonds
Albert & Susan Kinal
Mark & Janice Monaghan
John & Rosalba Caracciola
Sonia & Sherwood Lank
John & Lynn McCauley
James Sugent
Ted & Karen Kohuth
Nicole & Ryan Hebl
Joseph & Denise Ercole
Thomas & Noel Morton

Important Reminders

- The **Administration Office will be closed Monday, September 4th** to observe Labor Day. Regular business hours will resume Tuesday, September 5th.
- **Member ID Requirement Changes:** We are now requiring all members to present their member ID cards at all points of sale. Stop by the administration office to have your ID card encoded with your member number if you haven't done so all ready.
- Children under the age of 14 who ride the bus and access the community through the pedestrian gates will need to come by the administration office as well to receive a "children's ID card" The pedestrian gates will be locked and they will need this card to enter the community.
- Dinner Service is now available **Tuesday thru Friday.** Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- Join us every Sunday for our **Sunday Brunch!** 10am - 3pm
- Seating in the Grille Room is on a **first come, first serve basis.**
- See page 13 for our new **Tuesday Night Theme Events!** Trivia, Burger Night, Taco Night etc!



River Strand Event Photos

The eclipse from River Strand
Monday, August 21, 2017 2:58pm
Photo Credit: Craig Springer



The Bunco group out to lunch after a fun game of Bunco last month at the Shake Station in Ellenton!

Junior Golf Summer Camp!



Tennis Summer Camp: Nate our Tennis Pro and some of the kids getting back from the pool on the last day of summer camp!

RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL 34212
941-708-3837 Phone
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 9:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617
Late Day Ranger: 941-730-4436

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Community Association Managers
Shaun Fitzer, LCAM, Single Family Homes/River Strand
Phone: 941-932-8663
E-Mail: SFitzer@TheIconTeam.com
Lee Weiss, Condominiums/Heritage Harbour
Phone: 941-747-7261
E-Mail: lweiss@TheIconTeam.com
Kasey Dick, LCAM, Condominiums
Phone: 941-747-7261
Email: KDick@TheIconTeam.com

General Manager
Pat Cattnach, PGA, LCAM
Phone: 941-708-3837
E-Mail: PCattnach@TheIconTeam.com

River Strand Master Association Board President
Terry Lyons
Phone: 941-896-7525
Email: tlrbsod@aol.com

Golf Course Superintendent
Renze Berg
Phone: 941-920-2274
E-Mail: RBerg@TheIconTeam.com

Interim Head Golf Professional
Oscar Parks, PGA
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E-Mail: OParks@TheIconTeam.com

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E-Mail: NGriffin@TheIconTeam.com

Executive Chef
Radames Febles
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E-Mail: RFebles@TheIconTeam.com

Food & Beverage Manager
Wendy Wallis
Phone: 941-932-8664
E-Mail: WWallis@TheIconTeam.com

Lifestyle Director
Angela Duncan
Phone: 941-932-8671
E-Mail: ADuncan@TheIconTeam.com

Administrative Office
Deanna Broten
Laurel Johnson
Phone: 941-708-3837
E-Mails: rsreception@TheIconTeam.com &
admin@riverstrandgolf.com

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110

