

Please make checks payable to HCCC
and mail form, liability waiver, and check to:

Hidden Creek Country Club
ATTN: Tennis 1711 Clubhouse Rd
Reston, VA 20190

PLAYER NAME: _____
MEMBER #: _____
ADDRESS: _____
CELL PHONE: () _____
2nd CELL PHONE: () _____
PARENT NAME/S: _____
AGE (as of 9/1/18) _____
E-MAIL: _____
HOME PHONE: () _____

MEET THE TEAM



John has directed tennis programs for both junior and adult tennis players for more than 20 years. His background in biomechanics and sports physiology is vital to maximizing efficiency and injury prevention for his students. John specializes in doubles strategy for junior and adult players.



Craig has worked with highly-ranked junior tennis players throughout the mid-Atlantic region. His focus on technique development and tennis specific fitness and movement help his students achieve success in tournament play. Many of his students successfully garner NCAA division I collegiate scholarships.



Michelle spent four years at East Carolina University (2013-17) competing at the NCAA division I collegiate level after playing regional and national level junior tennis. She brings recent understanding of what it is like to compete at the highest levels of junior and collegiate play.



Brandon Hall is a former college #1. He has been playing tennis his entire life and teaching tennis for a 3rd of it. Tennis is his passion and he embraces a holistic approach to developing the physical, mental, and emotional side of tennis. His player development philosophy is based around the 4 C's of tennis; coordination, consistency, control and combinations.

EARLY SPRING 2019



JUNIOR TENNIS AGES 4-18

Hidden Creek Tennis Academy

Directed by
John Kratzke
Craig Anderson

March 4th to April 14th

(Off 4/15-4/21)



**Hidden Creek
Country Club**

**1711 Clubhouse Rd.
Reston, VA 20190**

703.437.5222

info@hiddencreekcc.com

Contact John at:

john@fuzzylittleball.com or:

571.246.1926

Beginner/Advanced Beginner

Intermediate Junior Tennis Program

Young tennis players are invited to sign up for a fun introduction to tennis! HCCC Pros **John Kratzke**, **Craig Anderson** and **Michelle Castro** will teach classes to emphasize basic stroke production in a fun way and make your kids fall in love with tennis!

Beginner/Advanced Beginner (4-6yrs)

(Red Balls)

Saturday 12:30-1:30pm

Intermediate/Advanced Level (7-10yrs)

(Orange Balls)

Saturday 12:30-1:30pm

Member \$170 per class

Non-Member \$218 per class

Intermediate Level (8-14yrs)

(Yellow Balls)

Saturday 1:30-3:00pm

Member \$225 per class

Non-Member \$273 per class

Advanced

Junior Tennis Program

John Kratzke and **Craig Anderson** will direct the Intermediate program. Lesson plans will emphasize footwork, stroke production and match play strategy. Players will gain confidence in forehands, backhands, serves, and volleys as we focus on developing a variety of strokes. Each class will have 30 minutes of fitness.

Advanced Level (11-18yrs)

(High School & Tournament Players)

Friday 4:30pm-6:30pm

Saturday 10:30am-12:30pm

Member \$280 per class

Non-Member \$328 per class

“Positive energy brings positive results”



Challengers/Masters

Junior Tennis Program

Craig Anderson and **John Kratzke** will direct this program with high energy and focused strategy to help players succeed in tournament play. Technique and decision making during point play will be consistently corrected. Tryout required prior to admission. Each class will have 45 minutes of fitness.

Outdoor Schedule

Masters & Challengers 4:00-6:30pm

Indoor Schedule

Masters (11-18yrs)

Monday-Thursday 4:00pm-6:30pm

Challengers (11-18yrs)

Monday-Thursday 5:00-7:30pm

Per Week:	Member	Non-Member
1 Class	\$335	\$383
2 Classes	\$630	\$726
3 Classes	\$920	\$1040

“We train players for success in Tennis and believe that the same principals create success throughout life”