

Please make checks payable to HCCC and mail form, liability waiver, and check to:

Hidden Creek Country Club
ATTN: Tennis 1711 Clubhouse Rd
Reston, VA 20190

PLAYER NAME: _____
MEMBER #: _____
ADDRESS: _____ E-MAIL: _____
CELL PHONE: () _____ HOME PHONE: () _____
2nd CELL PHONE: () _____
PARENT NAME/S: _____
AGE (as of 9/1/18) _____

MEET THE TEAM



John has directed tennis programs for both junior and adult tennis players for more than 20 years. His background in biomechanics and sports physiology is vital to maximizing efficiency and injury prevention for his students. John specializes in doubles strategy for junior and adult players.



Craig has worked with highly-ranked junior tennis players throughout the mid-Atlantic region. His focus on technique development and tennis specific fitness and movement help his students achieve success in tournament play. Many of his students successfully garner NCAA division I collegiate scholarships.



Michelle spent four years at East Carolina University (2013-17) competing at the NCAA division I collegiate level after playing regional and national level junior tennis. She brings recent understanding of what it is like to compete at the highest levels of junior and collegiate play.



Brandon Hall is a former college #1. He has been playing tennis his entire life and teaching tennis for a 3rd of it. Tennis is his passion and he embraces a holistic approach to developing the physical, mental, and emotional side of tennis. His player development philosophy is based around the 4 C's of tennis; coordination, consistency, control and combinations.

SUMMER SATURDAYS 2019



JUNIOR TENNIS AGES 4-18

Hidden Creek Tennis Academy

Directed by
*John Kratzke
Craig Anderson*

*June 22nd to August 17th
(Off July 6th)*

**Hidden Creek
Country Club
1711 Clubhouse Rd.
Reston, VA 20190**

**703.437.5222
info@hiddencreekcc.com**

 **Beginner/Advanced Beginner
Junior Tennis Program**

Young tennis players are invited to sign up for a fun introduction to tennis! HCCC Pros **John Kratzke**, **Brandon Hall** and **Michelle Castro** will teach classes to emphasize basic stroke production in a fun way and make your kids fall in love with tennis!

Beginner/Advanced Beginner (4-6yrs)

(Red Balls)

Saturday 12:30-1:30pm

Intermediate/Advanced Level (7-10yrs)

(Orange Balls)

Saturday 12:30-1:30pm

Member \$225 (For 8 Weeks)

Non-Member \$289 (For 8 Weeks)



 **Intermediate/Advanced
Junior Tennis Program**

John Kratzke, **Brandon Hall**, and **Michelle Castro** will direct the Intermediate program.

Lesson plans will emphasize footwork, stroke production and match play strategy.

Players will gain confidence in forehands, backhands, serves, and volleys as we focus on developing a variety of strokes. Each class will have 30 minutes of fitness.

Intermediate Level (8-14yrs)

(Yellow Balls)

Saturday 10:30-12:30pm

Member \$325 (For 8 Weeks)

Non-Member \$389 (For 8 Weeks)

Advanced Level (11-18yrs)

(High School & Tournament Players)

Saturday 10:30am-12:30pm

Member \$325 (For 8 Weeks)

Non-Member \$489 (For 8 Weeks)

Missed Saturday classes may be made up on any *Tennis Camp* day!

**summer
tennis
camp**

John Kratzke, **Brandon Hall**, and **Michelle Castro** will help to develop your junior tennis players through week long camps! With **3 hours per day** on our mostly shaded courts. Players will improve all of their strokes in a fast-paced, fun environment.

Monday to Friday 2:00PM-5:00PM

Week 1 7/15-7/19

Week 2 7/22-7/26

Member \$310 per week

Non-Member \$350 per week

"We train players for success in Tennis and believe that the same principals create success throughout life"