

Please make checks payable to HCCC and mail form, liability waiver, and check to:

Hidden Creek Country Club
ATTN: Tennis 1711 Clubhouse Rd
Reston, VA 20190

PLAYER NAME: _____
MEMBER #: _____
ADDRESS: _____ E-MAIL: _____
CELL PHONE: () _____ HOME PHONE: () _____
2nd CELL PHONE: () _____
PARENT NAME/S: _____
AGE (as of 9/1/18) _____

Meet The Team



John has directed tennis programs for both junior and adult tennis players for more than 20 years. His background in biomechanics and sports physiology is vital to maximizing efficiency and injury prevention for his students. John specializes in doubles strategy for junior and adult players.



Craig has worked with highly-ranked junior tennis players throughout the mid-Atlantic region. His focus on technique development and tennis-specific fitness and movement help his students achieve success in tournament play. Many of his students successfully garner NCAA division I collegiate scholarships.



Michelle spent four years at East Carolina University (2013-17) competing at the NCAA division I collegiate level after playing regional and national level junior tennis. She brings recent understanding of what it is like to compete at the highest levels of junior and collegiate play.



Sam has worked with children around the world since graduating from Florida State. He spent time in Colombia, Korea, and Costa Rica working with the Peace Corps and other organizations for youth education. Sam's love for the sport brings fun and passion to all of his students.



Junior Tennis Ages 4-18

Hidden Creek Tennis Academy

Directed by
John Kratzke
&
Craig Anderson

Nov. 26th to Mar. 3rd

(Off 12/22 to 1/4)



**Hidden Creek
Country Club**

1711 Clubhouse Rd.
Reston, VA 20190

703.437.5222

info@hiddencreekcc.com

Contact John at:
john@fuzzylittleball.com or:

571.246.1926

**Beginner/Advanced Beginner
Intermediate Jr. Tennis Program**

Young tennis players are invited to sign up for a fun introduction to tennis! HCCC Pros **Michelle Castro, and Sam Shroder** will teach classes to emphasize basic stroke production in a fun way and make your kids fall in love with tennis!

Beginner/Advanced Beginner (4-6yrs)

(Red Balls)

Saturday 12:30-1:30pm

Intermediate/Advanced Level (7-10yrs)

(Orange Balls)

Saturday 12:30-1:30pm

Member \$310 per class

Non-Member \$398 per class

Intermediate Level (8-14yrs)

(Players striving for High School Success)

Saturday 1:30-3:00pm

Member \$410 per class

Non-Member \$498 per class

"We train players for success in Tennis and believe that the same principals create success throughout life"

**Advanced
Junior Tennis Program**

John Kratzke and Craig Anderson will direct the Intermediate program. Lesson plans will emphasize footwork, stroke production and match play strategy. Players will gain confidence in forehands, backhands, serves, and volleys as we focus on developing a variety of strokes. Each class will have 30 minutes of fitness.

Advanced Level (11-18yrs)

(High School & Tournament Players)

Friday 4:00pm-5:45pm

Friday 4:45pm-6:30pm

Saturday 10:30am-12:30pm

Member \$510 per class

Non-Member \$598 per class

"Positive energy brings positive results"



**Challengers/Masters
Junior Tennis Program**

Craig Anderson and John Kratzke will direct this program with high energy and focused strategy to help players succeed in tournament play. Technique and decision making during point play will be consistently corrected. Tryout required prior to admission. Each class will have 45 minutes of fitness.

Masters (11-18yrs)

Monday-Thursday 4:00pm-6:30pm

Challengers (11-18yrs)

Monday-Thursday 5:00-7:30pm

Per Week:	Member	Non-Member
1 Class	\$610	\$698
2 Classes	\$1160	\$1336
3 Classes	\$1690	\$1930

Invitational (11-18yrs)

Wednesday 7:30pm-9:00pm

Member \$410 per class

Non-Member \$498 per class

Sunday 5:00pm-7:00pm

Member \$510 per class

Non-Member \$598 per class