



Tennis & Fitness
ACADEMY

HIGH PERFORMANCE COMPETITION TEAM

SGI Tennis Academy programs are designed for athletes that are willing to work hard and become the best they can be. Every athlete, of any ability level, will benefit from the training programs. The athletes will be evaluated on their first day of practice and placed in groups to maximize their potential in challenging groups, throughout the school year. Each staff professional is dedicated to the personal development and improvement of every athlete, from intermediate to top tournament competitive players.

This program includes:

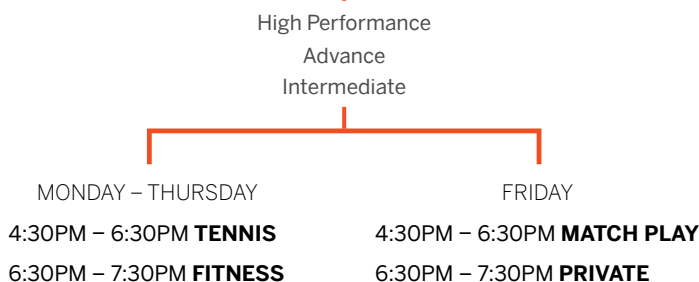
- Technical advice in all areas.
- ITF Tournament Travel (within the US & abroad).
- One private lesson per session.



Days per Session →	TWO	THREE	FOUR	FIVE
Session* Fee	\$450.00	\$680.00	\$940.00	\$1,180.00
2 Sessions	\$900.00	\$1,360.00	\$1,886.00	\$2,124.00
3 Sessions	\$1,350.00	\$2,040.00	\$2,820.00	\$3,186.00
4 Sessions	\$1,800.00	\$2,720.00	\$3,760.00	\$4,248.00
5 Sessions	\$2,250.00	\$3,380.00	\$4,680.00	\$5,310.00

PREPAY
& SAVE

TRAINING SCHEDULE



Spring Session 1 Jan 2 to Jan 27	Spring Session 2 Jan 30 to Feb 24	Spring Session 3 Feb 27 to Mar 24
Spring Session 4 Mar 27 to Apr 21	Spring Session 5 Apr 24 to May 19	

Each session consist of 4 weeks, with minimum of 2 session commitment.

One-hour private lesson included on 3, 4 and 5 days sessions.

Additional private lessons at \$55/hour.

TRAINING INCLUDES

TENNIS	FITNESS
Technique	Mobility
Drills	Endurance
Live Ball	Strength / Core
Live Ball + Points	Agility

Non-members add 15% to listed prices