

Around The Club

Yoga Sessions

Tuesdays 9:00 a.m.
September 3rd - October 8th

YOGA Restore this class is designed to be gentle and restorative while at the same time increasing energy levels with deep breathing to rejuvenate and restore the mind. Gentle sun salutations and ample floor/mat work will focus on stretch and strength and will be gentle on the joints. This is the perfect class for a beginner but also for an advanced student who is interested in a more therapeutic and meditative practice.

Wednesdays 9:30 a.m.
September 4th - October 10th

YOGA Invigorate this class is designed for students who desire to expand their practice in all areas and complexities. There will be a generous amount of flow and salutations with great stretch and strength. It will entail strength and cardio segments that will raise the heart rate and fire up muscles focusing on the mind and breath finishing with a well earned savasana! This class is for an active person that desires a physical challenge with a mantra of "Get strong/be calm"!

To reserve your spot, contact Ally Doyle
ally.doyle@sneefarmcc.com



Saturday Cook Out's

Saturday's 11:30 - 2:30
RiverTowne Patio

\$12.00 buffet

Hamburgers, Hot Dogs, Pasta Salad, Chips, and Cole Slaw

RiverDogs Tickets

As a member of RTCC, you are also a season ticket holder for the Charleston RiverDogs!

We have four (4) season tickets for members of the Club to reserve and use at your leisure. Tickets may be reserved up to 30 days in advance. One game permitted per membership.

You may view the complete 2019 RiverDogs schedule at www.riverdogs.com.

You may reserve your tickets by calling Carly at 843-849-2400 ext 2 or email clawson@rivertownecountryclub.com



Wine Tasting

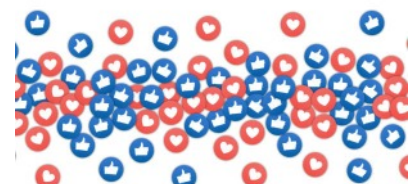
Thursday, August 15th
6:00 - 8:00 p.m.

Light appetizers will be served & Bottles will be available for purchase. Thursday Dinner service will follow.



On Social Media?

Please consider following RiverTowneCC on Facebook, Instagram and Twitter



August 2019

Golf Shop Hours:
Monday
8:00 a.m. - 7:00 p.m.

Tuesday-Friday
6:30 a.m. - 7:00 p.m.

Saturday-Sunday
6:00 a.m. - 7:00 p.m.

Main Phone:
843-849-2400

Tee Times:
843-849-2400 ext 2

Membership:
843-849-2400 ext 3

Restaurant:
843-849-2400 ext 5

Club Website:
rivertownecountryclub.com

Member Website:
rivertownecountryclub.memberstatements.com

Dining

Burgers and Brews

Each Thursday enjoy a special selection of Chef's burgers expertly paired with specially selected beer.

Additional entree specials will also be available!



Enjoy half price bottles of wine at dinner on Thursdays!

Friday Happy Hour

Enjoy 50% off snack items, Chef's nightly specials and drink specials!



Golf

Note from the Pro

Written by Pete Dunham, PGA Professional, Director of Golf.

pete@athleticgolf.net

Take 2 Fix 2. Please take a couple of seconds and fix a couple of ball marks on each green, even if you miss the green. Even if you can't find your own ball mark... If some of the members contribute- it will have a positive effect on the roll of the greens. .. If most of the members take 2 to fix 2- you'll be part of the movement. The Take 2 Fix 2 movement creating great putting surfaces! It's easy. It's simple. I hope you help out in order to make your golf course better.... For you!

Learn from The Bad Shots

We might as well learn from the shots we hit most often....

We all hit way more bad shots than good shots. It's the nature of the game. If a bad shot either makes you mad, or confuses you- you are in for a world of pain in this game.

There's a better way! When you hit a bad shot, be curious. If you hit a shot to the right, don't just say it was terrible, notice where it went and what you felt in your swing. You know the clubface is pointing to the right at impact, and that's important. But notice if it was hit solidly, if it was pushed or sliced and always pay attention to your balance at the end of your swing.

By paying attention, you may find that it was a solid shot with an open clubface. You may feel tension in your shoulders or forearms (which tends to leave the face open). If you are curious rather than mad or embarrassed, you may find you were not that far off and that you know what to rehearse to make your next swing better!

Bad shots can be your best teacher. We all hit enough of them so if we stay curious we have a better chance of improving faster!

Now go PLAY GOLF!

Got it? Good.



Want to improve your swing in 2019-Contact any of the pros at RiverTowne Country Club!

Terese Dynjan 843-801-4101
Terese.dynjan@pga.com

Ty Gosnell tymgosnell@gmail.com

Carly Lawson
clawson@rivertownecountryclub.com

Upcoming Events:

August 10th - Chapman Tournament

9:00 a.m. Shotgun

In the Chapman System, both players on a side tee off, then they switch balls. Player A plays Player B's drive, and vice-versa. Each player hits his or her second shot. They then select the best of the second shots, and from that point until the ball is holed they play only one ball in an alternate shot format.

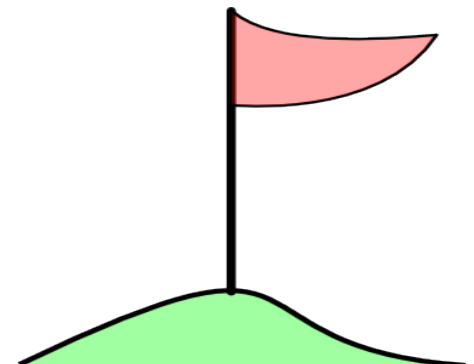
The player with the lower course handicap is allowed 60 percent of course handicap. The player with the higher course handicap is allowed 40 percent of course handicap.

*Players that wish to play the white tees must have their handicap established from the white tees.

\$65 per Full Member
\$45 per Trail Fee Member
\$80 per Non-Resident Member (outside 50 miles)
\$95 per Social Member

Entry includes golf, prizes and lunch after play.

Gross and net prizes



August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Friday Night Happy Hour	
4	5	6	7	8	9	10
	Monday Maintenance	Yoga	Yoga	Burgers and Brews	Friday Night Happy Hour	Chapman Tournament
11	12	13	14	15	16	17
	Monday Maintenance	Yoga	Yoga	Burgers and Brews	Friday Night Happy Hour	
18	19	20	21	22	23	24
	Monday Maintenance			Wine Tasting 6:00 - 8:00 p.m. Burgers and Brews	Friday Night Happy Hour	
25	26	27	28	29	30	31
	Monday Maintenance			Burgers and Brews	Friday Night Happy Hour	