



FREE SOUP

ALL ENTREES SERVED WITH A FREE CUP OF SOUP AND RUTHIE'S KETTLE CHIPS

Country Chili

a hearty stew loaded with ground beef, beans and spices... a great choice! cup 3.99 bowl 5.99

Chicken Pot Pie Soup

creamy chicken and veggie stew, topped with a puff pastry cup 3.99 bowl 5.99

Dockside Seafood Chowder

a scrumptious combination of shrimp, crab, scallops and clams with lots of herbs and potatoes in a creamy broth cup 3.99 bowl 5.99

Creamy Tomato N' Herb

so good you'll think grandma's in the kitchen! a tomato cream broth with just the right amount of herbs cup 3.99 bowl 5.99



UPGRADE YOUR SOUP
FOR 1.99



Side Salad

a bed of fresh, mixed greens topped with shredded cheese, cucumbers, tomatoes, croutons, red onion and sprouts, with your favorite dressing

Onion N' Ale Soup

savory broth topped with a crunchy herbed crouton and lots of cheese, baked in a crock until hot and bubbly 5.99

TRADE YOUR CHIPS FOR A SIDE
FOR .99



Beer Battered French Fries

Cornbread Stuffing

Onion Rings

Smashed Potatoes

Cinnamon Glazed Apples

Chef's Veggie

Tater Tots

Carrots N' Celery w/ranch dip

House-Made Slaw

DAILY SPECIALS

- MONDAY Gourmet Mac N' Cheese

every Monday served all day ~ come and enjoy one of our mac n' cheese creations all for the special price of 10.99 includes FREE SOUP and Ruthie's Kettle Chips

- TUESDAY All You Can Eat Wings only 12.99

every Tuesday served all day, we start you out with a dozen of our amazing wings and reload your plate six more wings at a time... how many can you eat? only 12.99 per person *sharing is not allowed! No Doggie Bags!

- WEDNESDAY \$ 1.00 Deals

build your own plate... select as many of these items as you like and our Chef's will serve them up fast 1.00 each

Fries with Cheese or Gravy Mini Burger
Cup of Creamy Tomato N' Herb Ball Park Dog
Mini Gourmet Mac N' Cheese

- THURSDAY Meatloaf Madness

our famous meatloaf dishes at a special price every Thursday, includes a cup of FREE SOUP and Ruthie's Kettle Chips

Got Meatloaf? a smaller version of our famous meatloaf mountain, layered on toast and smothered with grandma's gravy 7.99

Meatloaf Mountain
layered on sourdough toast with mashed potatoes, grandma's gravy, onions, tomatoes, and bacon 12.99

Meatloaf Sandwich
our famous meatloaf, grilled patty melt style on sourdough bread with melted american cheese and bbq sauce 7.99

- FRIDAY Fish Fry Frenzy

offered at a special price every Friday... includes french fries, cole slaw, tartar sauce and a cup of FREE SOUP!

Fish N' Chips **Clam Basket**
fresh beer battered 11.99 corn flour breaded 9.99

Butterfly Shrimp
flavorful panko breaded shrimp 11.99

Captain's Combo Platter
lots of shrimp, cod and clams 15.99

- SATURDAY 2 for \$15 Lunch

Saturdays served 11 a.m - 2 p.m ~ any two sandwiches or burgers for only 15.00 WOW! the best part is your sandwiches include a cup of FREE SOUP and Ruthie's Kettle Chips

- SUNDAY SUPER SIX! ONLY \$6.00

every Sunday starting at 6 p.m., our six most popular menu items are only 6.00 and include a free cup of soup and Ruthie's Kettle Chips

Bases Loaded Nachos
Chicken Caesar Salad
Lum's Burger
Shepherd's Pie
Meatball Pasta Bake
Cheddar Cheese Steak

▣ Daily Specials are not available for carry out

BEVERAGES

BEER ON TAP

Ask about our Seasonal Special

Budweiser	Harpoon IPA	Pabst Blue Ribbon
Bud Light	Labatt Blue	Long Trail Blackbeary Wheat
Switchback	Coors Light	Shock Top Belgian White

16 oz Pints N'
23 oz Big Daddy's

OUR PRIVATE LABEL DRAFTS

VSG All Star Brew

our house home brew of six row barley, corn grits and yakima hops... a classic lager by High Falls Brewing Co. on special every day! (16oz) 3.49 (23oz) 4.49

Old Duffers Ale

crafted especially for the Willston Golf Club and us by The Long Trail Brewery ~ we consider it a light/dark ale... or is it a dark/light ale? you decide, on special every day! (16oz) 4.99 (23oz) 5.99

BOTTLED BEER

Budweiser	Heineken	Labatt Blue Light
Bud Light	Sam Adams	Mike's Hard Lemonade
Miller Lite	Bass	Twisted Tea Half N' Half
Michelob Light	Guinness	Smirnoff Ice
Michelob Ultra	Labatt NA	Smirnoff Raspberry
Corona		

HOUSE WINES BY THE GLASS

VINTED BY BAREFOOT CELLARS

Pinot Grigio	White Zinfandel	Merlot
Chardonnay		Cabernet

GREEN DEMON MARGARITA!

a classic 16 oz cocktail of good booze and our secret lemon, lime and orange mixer... special price every day 6.99



We serve Coca-Cola soft drinks

Coke

Diet Coke

Rootbeer

Orange

Sprite

Free Refills
on all sodas!

Ginger Ale

Dr. Pepper

Lemonade

Iced Tea



Dasani Bottled Water 1.59

**OVER 1 MILLION
WINGS SERVED
SINCE 2009**

STARTERS

**tasty appetizer + cold beer + good
friends = Good Eats!**

Wings

we have a thing for our wings... marinated in our secret blend of herbs and spices, oven roasted and flash fried until crispy on the outside and juicy on the inside then tossed in one of our homemade sauces, served with celery sticks, carrot sticks and your choice of bleu cheese or ranch dressing... extra sauce add .99
six 6.99 twelve 12.99 twenty-four 24.99

Homemade Sauces

- ONE FLAVOR PER ORDER PLEASE

TERIYAKI

a blend of soy, pineapple, garlic and ginger

SMOKED BACON & CHEDDAR

smothered with cheddar cheese and bacon crumbles

ROASTED GARLIC & PARMESAN

a mouthwatering blend of garlic, herb and parmesan cheese

VSG HOUSE SPECIAL

this sauce makes the best wings you've ever had!! a combo of spice, bbq, garlic and a dash of secret stuff

BUFFALO BLEU CHEESE

our mild buffalo sauce blended with bleu cheese dressing... no dipping required

HONEY BOURBON BBQ

a bit of sweet... a bit of spice everyone can enjoy

MILD BUFFALO

the classic wing sauce served our way

CAJUN

cajun seasoned then black hot grilled

HOT BUFFALO

our classic wing sauce with added spice for heat

Boneless Chicken Fingers

boneless tender chicken loins battered, fried and tossed in your choice of one of our homemade sauces, served with celery sticks, carrot sticks and your choice of bleu cheese or ranch dressing
five 8.99 ten 15.99

* Wings prices subject to change based on market price

Party Platter

enough to feed the whole team!
a huge platter... dozen wings, onion rings, little piggies, loaded nachos, cheese fries and fried cheese sticks... **49.99**

Bases Loaded Nachos

toasted tortilla chips topped with our country chili, cheese, lettuce, tomatoes, scallions, olives and jalapeños, served with sour cream, guacamole and salsa for dipping **10.99**

Chili Con Queso

a melty, meaty and cheesy combination of our housemade country chili and our cheddar cheese sauce, served with toasted tortilla chips for dipping **6.99**

Guacamole, Salsa N' Chips

our freshly prepared guacamole and salsa served with toasted tortilla chips **6.99**

Irish Nachos

crispy fries smothered with our country chili, cheesy queso, bacon bits, sour cream and chives, baked en casserole **9.99**

Fried Cheese Sticks N' Pepperoni Coins

battered cheese sticks and fried pepperoni coins, served with Papa and Gigi's marinara sauce for dipping **7.99**

French Bread Pizza *New!*

crusty and garlicky french bread loaves topped with three cheeses and marinara, served with ranch dipping sauce
just cheese 6.99 pepperoni 7.99

Little Piggies

deep-fried mini corn dogs, served with ketchup and mustard for dipping **6.99**

Buffalo Fried Shrimp

five breaded butterfly shrimp, flash fried, tossed in a mild buffalo sauce and served with cool ranch for dipping **8.99**

Long Trail Ale Onion Rings

a huge pile of sweet onion slices dipped in batter, then fried to a crunchy golden brown, served with our spicy ranch dressing for dipping **6.99**

SportsGrill Fries

a jumbo order of our seasoned fries **5.99**
TOPPED WITH CHEESE, GRAVY OR BOTH! 6.99
TOPPED WITH CHILI AND CHEESE 7.99

**fresh greens and toppings + homemade
dressings = Good Eats!**

Clubhouse Salad

the basic salad with mixed greens topped with ripe tomatoes, carrots, onions, croutons, cucumbers and sprouts, dusted with shredded Vermont cheddar cheese and served with your choice of dressing **8.99**

Cobb Salad

a bed of mixed greens topped with grilled chicken, guacamole, tomatoes, bleu cheese crumbles, bacon, veggies and a hard boiled egg **12.99**

Caesar Salad

classic combo of crisp romaine lettuce with croutons, olives and parmesan cheese, all tossed in a creamy parmesan and peppercorn dressing **8.99**
WITH GRILLED CHICKEN 12.99

Dressings: Ranch ~ Bleu Cheese ~ Thousand Island ~ Italian Vinaigrette ~ Parmesan Peppercorn

Chef Salad

fresh, mixed greens with julienne turkey, ham, bacon, eggs, olives, tomatoes, carrots, onions, croutons, cucumbers and sprouts, finished with shredded Vermont cheddar cheese, served with choice of dressing **12.99**

Buffalo Finger Salad

boneless chicken tenders tossed in a mild buffalo sauce then layered on crisp greens with tomatoes, carrots and celery, served with bleu cheese dressing **11.99**

Mediterranean Salad

crisp greens with parmesan and cheddar cheeses, tomatoes, olives, onions and croutons all tossed in italian vinaigrette dressing **8.99**
WITH GRILLED CHICKEN 12.99

SANDWICHES

Chicken Teriyaki

asian marinated chicken breast with melted swiss cheese, bacon and grilled pineapple rings on a toasted bun 9.99

Meatloaf Sandwich

our famous meatloaf, grilled patty melt style on sourdough bread with melted american cheese and bbq sauce 9.99

VSG Beefsteak

country fried tender top steak smeared with our secret sauce on a toasted bun with lettuce, tomato and onion 9.99

Reuben

classic corned beef on grilled rye with sauerkraut, melted swiss and thousand island dressing 9.99

Cheddar Cheese Steak

shaved steak grilled with peppers, onions and mushrooms on a toasted hoagie roll with melted cheddar cheese 9.99

Big Grilled Cheese

a triple decker sandwich of grilled sourdough bread melted swiss, american and cheddar cheeses, served with our yummy tomato and herb soup for dipping 7.99

ADD TOMATO OR BACON for .99 each

Charlie's Red Hots

the classic double hot dog sandwich with Charlie's secret recipe meat sauce, mustard and onions 7.99

Sausage Hoagie

grilled italian sausage with peppers, onions and marinara sauce on a toasted hoagie roll 9.99

Pulled Pork

slow roasted pulled bbq pork topped with cole slaw, served on a toasted bun 9.99

Chicken B.L.T and C.

grilled, marinated chicken breast with crisp bacon, lettuce, tomato and cheddar on a toasted bun 9.99

California Chicken

grilled marinated chicken breast with fresh guacamole, salsa and american cheese on a toasted bun 9.99

Lucky Club

a classic triple decker with ham and turkey, crisp bacon, lettuce, tomato, american cheese and mayo 9.99

Deli Fresh Sandwiches 8.99

Choose Your Bread:

Sourdough, Hoagie Roll, Kaiser Bun, Wheat, Rye

Choose One Meat:

Black Forest Ham, Shaved Turkey, Corned Beef, B.L.T.

Choose Up to 5 Toppings:

Swiss, Cheddar, American, Lettuce, Tomato, Sprouts, Red Onion, Jalapeños

Choose Your Favorite Dressings:

Mayo, Italian Vinaigrette, Yellow Mustard, Thousand Island, Stone Ground Mustard

LUNCH DOUBLE PLAY

Served 11 a.m - 2 p.m...

Pick two items from the following for only 6.99

- **Half Sandwich** with fries
- **Cup of Soup**
- **Side Salad**

Big Buffalo

battered chicken tenders tossed in buffalo sauce, topped with cheese sauce and bleu cheese crumbles, served on a toasted hoagie 9.99

Chicken Philly

tender strips of chicken breast grilled with peppers, onions and mushrooms on a toasted hoagie roll with cheddar cheese 9.99

BIG BURGERS

our half pound fresh Angus beef *burgers are flat iron grilled **PINK (med rare to med) or NO PINK (med well to well)** on a toasted bun with lettuce, tomato and onion

Lum's Burger

made famous by the landmark Lums Restaurant, which occupied this building prior to the SportsGrill, dusted with Ollies 21 herb and spice blend and topped with bacon, cheddar, grilled onions and thousand island dressing 9.99

British Burger

mushroom lover's dream! lots of mushrooms sautéed in garlic parmesan butter, topped with swiss 9.99

Philly Burger

our big burger with grilled peppers, onions, mushrooms and cheddar cheese 9.99

Guacamole Bacon Burger

our big burger topped with home-made guacamole, crisp bacon and american cheese 9.99

Garden Veggie Burger

a guilt free burger... a blend of veggies, pattied and topped with lettuce, tomato, sprouts and spicy ranch 9.99

Black N' Bleu Burger

our big burger seared with cajun spices, basted in steak sauce then topped with bleu cheese crumbles 9.99

Bourbon BBQ Burger

our big burger topped with cabot cheddar, onion rings and basted with our sweet & spicy homemade bbq sauce 9.99

Patty Melt

our big burger on grilled sourdough with onions, thousand island and swiss cheese 9.99

Aloha Burger

our big burger topped with crisp bacon, swiss cheese, grilled pineapple and glazed with teriyaki sauce 9.99

The "OMG" Burger Challenge!

tackle a huge triple decker with two 1/2 pound burgers, 1/3 pound bbq pulled pork, 1/2 pound of cheese, 4 bacon strips and a pile of lettuce, tomatoes and onions. Served with a pound of fries and a Free Cup of Soup. Eat every last bite, unassisted in less than an hour and become member of our All-Star Wall of Fame with a Commemorative T-Shirt. \$29.99

CREATE YOUR OWN BURGER

load up our big burger with your choice of up to three of these **FREE** toppings: 9.99 additional toppings .99 each

salsa
swiss
cheddar

guacamole
american
parmesan

ranch dressing
jalapeños
black olives

buffalo hot sauce
bleu cheese crumbles
1000 island dressing

pepper
strips
mushrooms

grilled onions
bbq sauce
bacon or ham

TV DINNERS

Hot Turkey

slow roasted, thick slices of turkey breast layered over cornbread stuffing, covered with grandma's gravy 10.99

Hot Hamburger

half pound Angus beef *burger layered on toast and smothered with grandma's gravy 9.99

Country Fried Steak

ten oz's of tender top steak battered with secret herbs and spices, flash fried and smothered with cream gravy 13.99

Shepherd's Pie

the best!... layers of ground beef and veggies topped with smashed potatoes and pan gravy, baked en casserole 12.99

Got Meatloaf?

a smaller version of our famous meatloaf mountain, layered on toast and smothered with grandma's gravy 9.99

Baked Chicken Vermont *New!*

a casserole layered with herb chicken breast, maple ham, cornbread stuffing and apples, smothered with grandma's gravy and cheddar cheese and baked until hot and bubbly 14.99

Stuff on a Shingle

chipped corned beef in a creamy cheese sauce baked til hot and bubbly, served with toast points for dipping 8.99

Old Smoky

meatballs layered on garlic bread, smothered with marinara sauce, melted cheddar and parmesan cheese 9.99

Meatloaf Mountain

our famous meatloaf layered on sourdough toast with mashed potatoes, grandma's gravy, onions, tomatoes, and bacon 14.99

Louisville Hot Brown

roasted turkey slices layered on toast with cheese sauce, gravy, chopped tomato, grilled onions and smoky bacon, covered with cheese and baked en casserole 11.99

FISH FRY BASKETS

all baskets are served with fries, house-made slaw and tartar sauce

Fish N' Chips 13.99 **Clam Basket** 11.99

Butterfly Shrimp 12.99

Captains Combo Platter (Shrimp, Cod N' Clams) 16.99

GOURMET MAC N' CHEESE

Mom's Five Cheese Recipe Mac

mom's creamy five cheese sauce recipe baked with buttery crumbs and more cheese until hot and bubbly 9.99

Cajun Chicken Alfredo Mac *New!*

spicy slices of grilled chicken top this casserole of noodles and garlicky alfredo sauce 14.99

Spicy Jambalaya Mac

cajun grilled chicken and sausage in a spicy tomato and jalapeño cheddar sauce 15.99

Chili Mac

country chili and five cheese sauce, topped with jalapeño peppers and crunchy tortilla bits 12.99

Philly Cheesesteak Mac

shaved steak with mushrooms, onions and peppers baked in a casserole of curly noodles and Philly-licious cheese 14.99

Maple Sugar Ham Mac

slow roasted shaved ham baked with mom's five cheese mac, topped with buttery cracker crumbs 12.99

Pepperoni Pizza Mac

amazing! crispy pepperoni coins, marinara and cheddar cheese top mom's five cheese mac n' cheese 12.99

Bacon Cheese Burger Mac

grilled burger with crisp bacon and cheddar baked in a skillet with mom's mac n' cheese 14.99

Buffalo Chicken Mac *New!*

slices of grilled buffalo chicken baked with mom's five cheese mac n' bleu cheese crumbles 14.99

Lobster Pie

fresh Maine lobster claw and tail meat baked en casserole with a garlic-parmesan and herb cheddar cheese sauce, topped with buttery cracker crumbs 22.99

PASTA BAKES

all pasta bakes are served with crunchy garlic bread

Meatball Pasta Bake *New!*

a casserole of our curly noodles tossed in three cheese marinara sauce and topped with our meatballs and more cheese then baked 14.99

Italian Sausage Pasta Bake *New!*

you'll love this casserole of curly noodles tossed in our three cheese marinara sauce topped with italian sausage and more cheese then baked to perfection 14.99

Chicken Parmesan Pasta Bake *New!*

another great casserole of curly noodles tossed in our three cheese marinara sauce, topped with tender chicken and plenty of melted mozzarella 14.99

DESSERTS

perfect meal + sweet ending = Good Eats!

Sudden Death Chocolate Lava Cake

a warm chocolate bundt cake filled with hot, sweet cream ganache, topped with vanilla ice cream, chocolate and caramel sauce 5.99

Ice Cream Sundae

scoops of vanilla ice cream drizzled with chocolate and caramel sauces, topped with fresh whipped cream and a cherry 3.99

Hot Apple Crisp Ala Mode

a delicious treat of sliced apples baked in a brown sugar and cinnamon glaze then topped with a sweet crumbled cookie crust, topped with vanilla ice cream and caramel 6.99

HOW WAS YOUR VISIT?

Compliments or Complaints,

We would like to hear what we are doing well and what we could improve. Let us know. Thank You.

Owned and Operated by:

Chris Purdy

vermontsportsgrill@yahoo.com

802.860.2009

In appreciation of your business. We want you to be completely satisfied that your food was prepared using the finest ingredients, honestly priced and served in an efficient and friendly fashion. If there is any problem, please notify us. We guarantee to resolve any issue you may have.

ROOKIES

great price + fun place to go = Good Eats!

for our fans under 12 years old

kids meals are served in frisbees that you can keep!

includes Ruthie's Kettle Chips and a vanilla ice cream sundae for dessert! 5.99

Add milk, juice or soda for .99

Mac N' Cheese

a junior size portion of our mom's five cheese recipe

Little Chef's Salad

greens topped with turkey, ham and bacon with garden veggies and Vermont cheddar

Mini Cheeseburgers

two of these famous little * burgers with melted american cheese

Ball Park Frank

sooo good, you'll think you're at the game!

Grilled Cheese N' Tomato Soup

kids all time favorite sandwich with our yummy tomato soup for dippin'

Chicken Fingers

boneless chicken tenders with ranch dressing for dippin'

an 18% gratuity will be added to parties of 8 or more

* Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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