

JUNIOR CAMP 2017



WILDERNESS RIDGE JUNIOR GOLF
SPONSORED BY **Wilson**



The **JUNIOR CAMP** at Wilderness Ridge is a weeklong golf discovery experience! During the week, we will cover most aspects of the game in a beginning stage atmosphere, highlighted by fun drills, games and contests. The overall mission for our Junior Camp program is to provide each child with a consistent and fun environment, while being introduced to the game by our caring and specialized staff. We want to energize your kids, giving them the desire to learn more and advance their game to the next level.

Each day of camp, groups will focus on chipping, putting or full swing in 45-minute rotations. The information is fun, easy to understand and filled with lots of drills and games they can play on their own or with their parents. On the last day of camp, we will spend the day playing games at each station, incorporating the lessons learned through the week, but in a fun contest for all. For the full swing game, we will use the KWIK Golf game, in which kids play a course for time and not score. Following the games, our staff will wrap things up a lunch and prizes for each child.



Chris Thomson, PGA
Director of Golf



Wilderness Ridge Golf Club | 1800 Wilderness Woods Place | Lincoln, NE 68512 | 402.434.5106 | wildernessridgegolf.com



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STATIONS



PUTTING

- Learn the basics of the putting grip, stance and aim.
- Learn and understand the golf green and the best ways to take care of this as a golfer.
- Learn how to fix ball marks, scuff marks, etc.
- Learn the basics of what "BREAK" is and how it affects your golf ball.
- Learn the basics of distance and direction through a series of drills and games that help focus the understanding & need to control the aim and speed of your golf ball.
- Play the famous "Hans Friedelstein" game and compete for points and prizes.

CHIPPING

- Learn proper set up and aim.
- Learn the correct motion and size of swing necessary to make the ball stay low and roll.
- Learn through a series of drills and games, the understanding and need to keep the ball low in the air to let it roll farther than it flies.
- Play Tic – Tac – Toe Chipping, Closest to the Pin, Chip into the Circle and Hang Man.

FULL SWING

- Learn the proper grip, alignment and posture necessary to make a fundamental golf swing.
- Understand balance.
- Practice full swings with irons and woods throughout the week, with focus on fundamentals (GRIP, AIM, STANCE, POSTURE along with proper weight transfer and balance).
- Practice proper alignment with targets and nets on the range.

SPECIALIZED LEARNING: SNAG®

Throughout the week, we will be using special equipment called SNAG, Starting New At Golf. It is a fun game that is easy to learn and can be played anywhere. SNAG contains all the basic elements of golf, but in a modified form. Falling somewhere between miniature golf and regulation golf, SNAG allows for full shots, pitching, chipping and putting. SNAG contains all the elements of golf but in a modified form. The game has its own simplified rules and terminology that adds fun to the learning and playing experience. SNAG equipment and training tools are specifically designed to simplify the learning process.

KWIK GOLF

Golf is often thought of to be a slow moving sport. Not now! Once again, we will use the KWIK Golf system, which allows kids to play a fast-paced, safe game of golf focusing more on speed than it does score. The game is fast moving and extremely fun for kids!

APPLICATION



\$165 PER STUDENT

Five (5) days (1.5 hours per day) of golf instruction and fun!

Please circle the preferred date/time below.
Open to the first eighty (80) entrants per session.

**JUNE
5 - 9**

8:30AM - 10:00AM

**JUNE
26 - 30**

8:30AM - 10:00AM

**JULY
17 - 21**

8:30AM - 10:00AM

Student's Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Age: _____ Gender: _____ Date of Birth: _____

School Attending: _____ Years Played: _____

Parent/Guardian Name: _____

Parent/Guardian Phone: _____

Parent/Guardian Email: _____

Parent/Guardian Signature: _____

The Junior Camp program addresses the introduction to the game for younger, beginner level children. Once their skill levels have progressed, they will be ready to "graduate" to a higher level program. Many move over to our Junior League and/or Transition League programs, both developmental leagues that prepares kids for more golf and work to polish their game during junior high as they begin to think about high school options.