



At Your Service

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Message from the President



Golf is Not Like Riding a Bicycle!

Great to be back in the saddle again. Many of you have said how much you missed my writings for the Cateechee Chronicle....well, a few of you said that....actually, I can't remember anyone saying that....Let's not let facts get in the way of a good story.

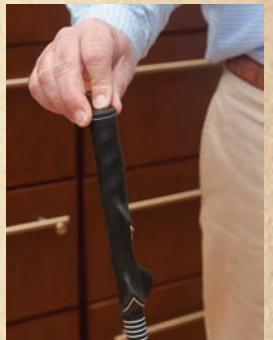
Back in April of this year I lost my balance. Call it Vertigo, call it Inner Ear Problems...whatever....stumbling around, not driving, and having to hold onto stationary objects reallyuh.....INHALED! So, I have just started playing golf again. And it is not like riding a bicycle for the first time after a long time! I assumed that 40 years of playing golf would overcome a minor problem of losing my balance and then regaining it. Not so. Recently, I made a comment to some friends, "So this is what it feels like to be a lousy golfer!"

Back to square one. I mean all the way back to square one. So far back to square one that Jeff Gotham put training grips on my sand wedge and 6 iron! If you play this poorly, you might as well learn a proper grip. The good news is the weather has changed and cool weather helps get me excited about practicing. I now know that this will be a slow process which means, Patience, Patience, Patience. And I am not long on Patience, a personality flaw for sure. J.B. Holmes (PGA Tour) just underwent brain surgery to correct problems that affected his balance. And considering his swing speed, ball speed, and method of earning a living.....balance is critical.



If we happen to be on the range at the same time please hit from behind me (to my left). For your safety and my peace of mind! Maybe my game will come back, maybe it won't.....but I will keep trying!

Michael



On the Green with Buck Workman, CGCS



The incredibly difficult summer of 2011 is over! The relentless heat was extremely stressful on our bentgrass greens at Cateechee and we were fortunate to keep all greens open for play throughout the summer. The turf team worked diligently day after day employing best management practices to keep the greens alive. I am happy to report that fall aerating has now been completed and with the cooler temperatures the bentgrass greens should return to their optimum performance.

Tees and fairways were over seeded with winter rye grass the last week of September. Dry conditions made germination and establishment slower than normal. We do however expect that the over seeding will be successful and provide dramatic color on the course for the next several months. Players provide a key element in this process by abiding to cart path only rules. Your cooperation is appreciated and not taken for granted.

The clubhouse lawn areas have been seeded with winter grass and fall flowers are scheduled to be installed on October 19th providing a beautiful landscape for the winter months.

Over the next several months the turf team will be cleaning and clearing select native areas. Some irrigation upgrades and repairs will be made and as time and funding permits we will continue with the sand bunker renovations.

Don't forget that fall is a great time to play tennis. The cooler dry air keeps the red clay courts in top condition. Come out and take advantage of our unique playing surface because winter is just around the corner.



I have completed the annual report to Audubon International and we have been recertified as a Signature Sanctuary for the 13th straight year. Cateechee is currently the only course in Georgia with that distinction. I would like to thank Terry, Rita and all the volunteers from the Hart County Master Gardner Club for monitoring and maintaining the nest boxes. I also thank Dr. Parshall Bush, Dr. Clint Waltz, Dr. Keith Karnok and graduate student J. B. Workman from the University of Georgia for providing expert water analysis and pesticide reduction research. It would not be possible to maintain our signature status without the effort of the volunteers.

Member satisfaction is what motivates the Cateechee turf care team. Your compliments and encouragement is what got us through the tough days this summer. I want to thank all who participated in the annual divot party prior to over seeding. Your volunteer spirit demonstrates your passion for the club and quality playing conditions. The turf team at Cateechee looks forward to serving you for the remainder of this year and hopefully for many years to come.



Director of Golf

Jeff Gotham



Need Holiday Gift Ideas???? The Golf Shop is your place to go for that unique gift idea. You can order as few as one dozen golf balls with your golfer's name imprinted or a message on them. You could make arrangements for a putter fitting session and a new custom fit putter as a gift. Do you have a junior that wants to start playing golf but doesn't have clubs? Stop by and check out the perfectly sized and weighted clubs for juniors being produced by U.S. Kids Golf. You can purchase as few as three clubs to get a junior started. These and other ideas are here for you. Take advantage of the golf expertise at your own club and find that "out of the ordinary" gift.

Golf Lesson Packages... In keeping with a Holiday tradition, our PGA Professional, Jeff Gotham, is making available the opportunity to purchase a 3 lesson package for \$100 as a gift to yourself or someone else from now until the end of December. This has long been a popular gift idea for a beginning golfer or for the golfer wanting to sharpen their skills for the spring season. Contact Jeff for more details.

The Buckaroo... The Buckaroo Tournament will once again be held the day before Thanksgiving. All Cateechee members are invited to play in this annual event that helps raise a little money for a local family or two in need this time of year. The date is Wednesday, November 23rd and has a 12:30 p.m. shotgun start. The sign up sheet and other details about this event will be posted in the golf shop.

Golf Course Closed... The golf course will be closed Thanksgiving and Christmas Day so that all of our hard working staff can enjoy these holidays with their families. Thanks for a great 2011. We are all looking forward to a brighter, and hopefully cooler summer in 2012.

The Canongate Family

Healy Point Country Club
Part of the Canongate Family Available to You!



Healy Point, located just south of Atlanta in Macon, Georgia, is a golf tradition that has been pleasing members and guests since 1972. Designed by Gary Player, the course is an equal balance of both challenge and beauty. Healy Point features 18 holes of championship golf with five sets of tees to accommodate golfers of all skill levels.

With impeccable maintenance year round, this expertly groomed course will impress even the most difficult critics. The 18th hole is one of the most unique holes of all the Canongate courses. The tee shot requires you to lay up or try to land on an island fairway before attempting to go for the green. Healy Point's panoramic beauty is heightened by an abundance of natural wildlife.

The greens were over-seeded recently and provide a great surface to play on! Also, visit the clubhouse to see the new 2,000 square foot state-of-the-art fitness facility.

Tee	Par	Yardage	Rating	Slope
Gold	72	6,702	72.9	139
Blue	72	6,245	71.0	131
White	72	5,834	Men - 69.0	129
			Ladies - 74.6	136
Black	72	5,000	Men - 65.5	117
			Ladies - 70.1	125
Red	72	4,681	Men - 64.1	114
			Ladies - 68.2	121

Healy Point is located off of I-75 south of Atlanta. Take Exit 169 (Arkwright Road). After exiting, turn left onto Arkwright Road. The entrance to River North (security gate) is approximately a half mile down on the right. The clubhouse is three miles from the security gate.

To book your tee time at Healy Point, call 478-743-1495 and identify yourself as a member of Cateechee. Weekday tee times may be made up to 7 days in advance and weekend/holiday tee times may be made the preceding Thursday.

CLGA

Audrey Burke



2011 CLGA Officers

President – Audrey Burke
Vice President – Jackie Brenner
Cateechee Chronicle – Kathy Heriford

Secretary – Bonne Olsen
Treasurer – Marti Reckdenwald

CLGA Purpose

Our purpose is to promote the interest, enjoyment, skill, knowledge of and respect for the game of golf among the women of the Cateechee Golf Club. This association supports observance of the USGA Rules of Golf and the USGA Handicap Index System.

CLGA Eligibility & Dues

CLGA membership is open to women golfers who are members of the Cateechee Golf Club and are 18 years of age or older. Membership dues in the CLGA are \$30.00, payable March each year. For further information, please contact our Membership Chairperson, Tammy Hutchinson, by telephone at 706-377-2872 or e-mail tammyhut@yahoo.com.

CLGA Meetings

The CLGA has its monthly meeting the second Wednesday of each month, followed by play. In December, an annual Awards Luncheon recognizes the achievements of our members.

CLGA 2011 Play Days

Play for the 2011 season began March 2 and continues through November. The 9 hole group plays on Monday and Wednesday. The 18 hole group plays on Wednesday.

CLGA 2011 Tournament Schedule

Red, White & Blue: We hosted our sixth annual Red, White & Blue Tournament on June 16. The format was a four person, two better ball event. However, one of the better ball scores has to be posted with the Red, White & Blue ball. The teams represented over a dozen clubs in north Georgia and South Carolina. All our guests received gifts from those donated by our members. We had a beautiful day to play and enjoyed the company and the luncheon that followed.

Club Championship: The ninth annual Cateechee Ladies Club Championship was held on September 14 and 15. Jeanine Douglas is our new Club Champion. Darlene Dye won the Handicap Championship with Ellen Brothers claiming 2nd Low Net. Congratulations to our winners!

Punkin' Open: This new, two-person member team even was added to our calendar last year. And our day of fun, crazy golf was on October 26th. Results were not ready by press time.

Chicks & Crows

We have had some really fun times at our monthly events this year and even got to compete in "Big Break Cateechee" in July. Bonne Olsen and Karen Komatz were the chairs for this event and had the 2 man/2 woman teams compete at 5 stations that included the 100 yard approach, 50 yard pitch shot, bunker shot, chip shot and long putt. No, there was no glass breaking station, as the stations they did have were dangerous enough. All of our monthly chairs have done a fantastic job this year in helping us mix it up and have a lot of fun and laughs. Our season finale for the Chicks and Crows was held on Sunday, October 23rd.

Northeast Georgia Women's Golf Association

The CLGA hosted the year end, two day championship here at Cateechee. The weather did not cooperate as well as we had hoped, but all the players enjoyed our great course. 63 players representing 13 different clubs from northeast Georgia participated. The 2011 Low Gross Champion was Darlene Werhnyak from Innsbruck. The Low Net Champion for 2011 was our own Kaye Lewis. The winning team was our own Cateechee ladies and we will once again proudly display the trophy in the clubhouse for the next year!



CLGA Scholarship Fund

One of most important activities each year is the awarding of the CLGA scholarship to a high school senior golfer for outstanding achievement. To fund this important endeavor, we held a putting contest on the practice green on July 30. The winner of the contest was Alan Powell who won a three night stay at Amelia Island. The second place gift card was won by Jeep Burke and Mike Stuckey took home dinner for two at Frohmuller's for his third place finish.

*****We will be holding another Putting Contest on Friday, November 25, so please stop by play and support a worthy cause.*****



Darlene Dye, Jeanine Douglas, Ellen Brothers

Club Championship Winners



Red, White & Blue Tournament



RWB 1st Place Team



RWB 2nd Place Team



RWB 3rd Place Team



Darlene Werhnyak, Kaye Lewis

Northeast Georgia Women's Golf Association Championship



Jackie Brenner, Candy Taylor, Darlene Dye, Kaye Lewis, Audrey Burke



Breakfast with Santa

AT CATEECHEE GOLF CLUB

Saturday, December 10 | 9:00 am - 11:00 am

Santa is making a special stop at Cateechee Golf Club just for you to make sure that he has your Christmas list!



BREAKFAST MENU

Pancakes and French Toast Sticks with Warm Maple Syrup
Bacon & Sausage | Scrambled Eggs & Grits
Assorted Fresh Fruit | Orange Juice, Milk, Coffee and Water

\$13 FOR ADULTS
\$10 FOR CHILDREN 6-12

Price includes sales tax and gratuity.

Children 5 and under eat free.

For reservations, please call Mimsy at 706-856-2314.



Holiday Buffet at Catechee

SUNDAY, DECEMBER 18

11:30 am to 2:00 pm

Buffet Menu

Holiday Salad, Pasta Salad, Fresh Fruit Salads

Rosemary Roasted Airline Chicken Breast

Turkey & Dressing with Gravy

Cranberry Chutney

Roasted Pork Loin Carving Station with Praline Glaze

Macaroni & Cheese

Garlic Roasted New Potatoes

Sweet Potato Soufflé

French Green Beans accented with Red Bell Pepper and Basil Cream

Sautéed Squash & Zucchini

Assorted Pies & Cakes

Coffee, Tea, Soft Drinks and Water

The cost is \$21 for adults and \$10.50 for children 6 to 12. Children 5 and under eat for free.

Plus sales tax and gratuity.

FOR MORE INFORMATION, OR TO MAKE RESERVATIONS, CONTACT THE WATERFALL GRILLE AT 706-856-3312.



Member News

Member Wine & Cheese

Tuesday, November 15th
from 5-7 p.m. in the Pro Shop.
Come out and take advantage
of member only discounts,
preview new arrivals and do
some early Christmas shopping!



Member Only Dining

The first Sunday of each month,
5:30 - 9:00 pm, beginning January 2012.
(\$3 Margaritas, \$2 Drafts, \$4 Wells)



Member Christmas Party

Sunday, December 4th from 7:00 pm – 10:00 pm
Heavy hor'dorves as well as open bar (for the first hour).

Please let Tonya Whitsel know if you will be attending. She can be reached at twhitsel@canongategolf.com or 706.988.0560.



9 & Wine

First Thursday of every month
beginning at 5 p.m. 9 holes of
golf followed by a social hour
of wine.

Qigong Classes

Who: Instructors - Annie & Morris Cleveland

What: Qigong is a 5000 year old energy art for strengthening the flow of life force & improving health. Its recent surge in popularity has been a result of Qigong's fun and dynamic movements of practice in a slow graceful manner. The Qi (life force) literally throbs and pulsates in your hands. Some say it's the most tangible experience of the spiritual life force energy (God). It yields a strong "Qi Feeling" in minutes. 200 million people are practicing Qigong worldwide.

When: Tuesday evenings from 5:00 p.m. to 6:00 p.m.

Where: Cateechee Golf Club

- Why:** Benefits of Qigong:
- Lose Weight
 - Makes your Body Strong
 - Builds Energy
 - Tones Muscles
 - Moves the blood
 - Promotes Mental Clarity



"Dr. Oz believes that Qigong can help you stay young. It is an ancient Chinese practice that is great to focus our natural energies. Dr. Oz believes it is also a great way to slow down the aging process."

Tinsel & Turkey Holiday Buffet

Cateechee Golf Club



Contact
Mimsy Barfoot
at
Cateechee
Golf Club
to make your
reservation

706.856.2314
mimsy@hartcom.net

Happy Holidays!

If a big party isn't in the budget, Tinsel & Turkey is ideal for small offices and groups who want the holiday experience without the private party cost!

Bring your co-workers, bridge friends, golf buddies, best friends and family for this delicious celebration of the season!

- Tuesday, December 13th
- Lunch - 11:00 am - 2:00 pm
- Dinner - 5:30 pm - 8:30 pm (cash bar available)
- \$14.95 per person
- Especially designed for groups of 6 - 25 people. Non members welcomed!
- Buffet includes iced tea and coffee
- Menu includes Sliced Turkey with Homemade Cornbread Stuffing, Maple Glazed Ham, Sweet Potato Soufflé, Macaroni & Cheese, Country Style Green Beans, Holiday Desserts, and much more!
- *20% service charge & 7% sales tax are in addition to price per person.*

NEW YEAR'S EVE CELEBRATION

AT CATEECHEE GOLF CLUB

Join us for a special New Year's Eve
dinner in the Waterfall Grille.

CHEF'S SPECIAL SELECT MENU

5:30 pm - 9:00 pm

For dinner reservations, please call the
Waterfall Grille at 706-856-3312.

Join us afterwards to groove to the music from
"THE FABULOUS REFLECTIONS"

LIVE MUSIC

8:30 pm - 12:30 am

\$80 per couple

\$40 per person

*Price includes heavy hors d'oeuvres,
champagne toast, party favors,
tax and gratuity.*

For party reservations, please call
Mimsy at 706-856-2314.



November 2011

Qigong Class
November 1, 8, 15, 22 & 29
5 p.m. - 6 p.m.

9 & Wine
November 3
5 p.m.

CLGA Meeting
November 9

Member Wine & Cheese
November 15
5 p.m. - 7 p.m.
Pro Shop

The Buckaroo
November 23
12:30 p.m. Shotgun Start

Thanksgiving Day
November 24
Clubhouse & Golf Course CLOSED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Qigong Class	2	3 9 & Wine	4	5
6	7	8 Qigong Class	9 CLGA Meeting	10	11	12
13	14	15 Qigong Class Member Wine & Cheese	16	17	18	19
20	21	22 Qigong Class	23 The Buckaroo	24 Thanksgiving Day Clubhouse & Course CLOSED	25	26
27	28	29 Qigong Class	30			

December 2011

9 & Wine
December 1
5 p.m.

Qigong Class
December 6, 13, 20 & 27
5 p.m. - 6 p.m.

Breakfast with Santa
December 10
9 a.m. - 10 a.m.

Tinsel & Turkey Holiday Buffet
December 13
11 a.m. - 2 p.m.
5:30 p.m. - 8:30 p.m.

CLGA Meeting
December 14

Holiday Buffet
11:30 a.m. - 2 p.m.

Christmas Day
December 25
Clubhouse & Course CLOSED

New Year's Eve Party
December 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9 & Wine	2	3
4	5	6 Qigong Class	7	8	9	10 Breakfast with Santa
11	12	13 Tinsel & Turkey Holiday Buffet Qigong Class	14 CLGA Meeting	15	16	17
18 Holiday Buffet	19	20 Qigong Class	21	22	23	24
25 Christmas Day Clubhouse & Course CLOSED	26	27 Qigong Class	28	29	30	31 New Year's Eve Party

January 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Year's Day January 1 Clubhouse CLOSED</p> <p>Member Only Dining Sunday, January 1 5:30 p.m. - 7 p.m.</p> <p>Qigong Class January 3, 10, 17, 24 & 31 5 p.m. - 6 p.m.</p> <p>9 & Wine January 5 5 p.m.</p>	1 New Year's Day Clubhouse CLOSED	2	3 Qigong Class	4	5 9 & Wine	6	7
	8	9	10 Qigong Class	11	12	13	14
	15	16	17 Qigong Class	18	19	20	21
	22	23	24 Qigong Class	25	26	27	28
	29	30	31 Qigong Class				

Catechee Member's join us for our 2nd Annual

SOUPER BOWL

Golf Tournament

Saturday, Feb 4th at 11:00 a.m.

Shotgun start with Chili Tailgate to follow!

Make your own Foursome • Each player can purchase 2 Mulligans for \$10

Format & details to be announced.

RSVP by Thursday, February 2nd in the Pro Shop at 706.856.3323.