

# Baseline Newsletter

## January 2021



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Happy New Year!

I see a bright future for getting the Club open soon and spending some time with all of you on the courts. Maybe even in the not-too-distant future we'll be able to have a glass of wine on the deck and give each other real high fives!

November and December were tough decision months for your Board. We had to consider all the financial ramifications of the current closure and how to move forward while keeping the Club fiscally sound. Difficult adjustments have been made to staffing and payroll. Julie, Laurie and Blakeley are working on operational efficiencies, member connection and upcoming programming. We've even applied for a Washington Works III Grant from the State. Vlad and Chris continue to maintain the club and work on enhancements such as the "touchless" exit gate and water dispensers. Once we get the green light to open, we'll be ready!

Our membership waitlist is smaller than what we're accustomed to, but Laurie continues to receive new membership inquiries and is actively giving tours. Those interested in joining Central Park can generally get in within the next month. It really is a great time to join if you know someone who may be interested. Take a look at the membership article in this month's newsletter for ideas on how you can introduce your friends to our club.

Several of you have reached out to me over the last month expressing appreciation for the hard work of the Board, Julie and her staff. The feedback has been sincere and we appreciate it. I'm thankful to be working with such a dedicated group. And our membership is second to none.

Hope to see you all on the courts soon!



### **Watch your emails**

*We will send updated dates to resume the Club Championships once we reopen.*



**PRESIDENT**  
**NANCY GOLDBERG**



# January 2021



Friday, January 8

Membership Committee Meeting 9:00 am

Monday, January 11

Member Tennis Play begins\*

*Other activities on hold one week\**

Monday, January 11

Tennis Committee Meeting 6:00 pm

Tuesday, January 12

Facilities Committee Meeting 4:30 pm

Monday, January 18

Programs/Lessons/Clinics begin\*

Wednesday, January 20

Finance Committee Meeting 6:00 pm

Wednesday, January 27

Board of Directors Meeting 6:00 pm

Monday, February 1

Winter Session of Jr Team begins\*

*\*Dependent on status of state mandated closure*

## *“12 Days of Central Park”*

### *Staff Holiday Video*

If you missed it, check it out [HERE!](#)



**We have Central Park Tennis  
Club gift cards for your  
favorite Member!**

**[PURCHASE HERE](#)**



# MANAGER'S MISCELLANY

Well, not my usual January newsletter and reflecting on the past 9 months of newsletter articles and email notifications, nothing about 2020 was usual. I am sure you can all agree!



Instead of dwelling on a brutal year (as one member puts it) I'd like to share the good takeaways!

First— Members that stayed with our tennis community through the ups and downs, and members that became diligent in following the protocols to keep our tennis club open.

Second— Board of Directors and Committees that dedicated their time and efforts to understanding the state mandates, CPTC budgets and realizing it was up to them to make some very difficult recommendations and decisions; putting their personal opinions aside in making these decisions in the best interest of the Club.

Third— Staff that remains devoted to the Club and our members. With forced time off for most, staff stayed engaged through email, text and virtual meetings. While we called these check ins—there was still plenty of business to cover as well as building team camaraderie. We learned of Dea's passion for real estate, and as you will read in her article, a new chapter in her life. We learned of Blakeley's leadership talents, now overseeing our Junior program. We learned that Ethan loves road trips, Lisa is a devoted tour guide for her family, and Phil has been painting up a storm. Jeff's favorite movie is Top Gun, Kathryn is going crazy over online schooling and Chad is mastering the juggle of two toddlers at home! Your front desk staff is ready to come back and for those of us that have been working (Laurie, Vlad, Chris and myself), we are ready to open the doors to your smiling faces.

So, while it has been a topsy turvy way to get to 2021, I am grateful for every single person in my life, past and present. The challenges I have faced this year, I truly believe you have faced them with me. I know there have been times of frustration or angst because a decision or decisions impacted or changed the way you thought things should be, I have had those frustrations and angsts too. The good news is - we have stayed patient, respectful and together through all of it. Central Park is a special community (family), and I am thankful we survived 2020. We still have hurdles in front of us, probably more changes, but from what we have accomplished in the last 9 months, I have confidence we will get through this next phase and on to our "new normal".

For those of you that are having difficulty making financial ends meet, please reach out to me and I will work with our Committees and Board to see if we can help in some way.

Keep staying tuned in, be safe and be healthy! Notifications will go out about openings, procedures, etc. We have made a few changes, so make sure to watch for the emails.

[Julie Wheadon, Club Manager](#)

## Pop Up Shop Feedback?

**Email Laurie:**

[membership@centralparktennisclub.com](mailto:membership@centralparktennisclub.com)



# COMMITTEE REPORTS

## MEMBERSHIP | CHAIR [ANNIE OTTESEN](#) & [JOYCE ISMON](#)

Happy New Year!!!! Central Park is still the place people want to play tennis. We have new members joining every month and our waitlist is growing. Did you know that when you refer someone to the club and they become a member, you get a **free lesson** ? Now would be the perfect time to brush up your tennis skills and show your friends our beautiful club! We are looking forward to seeing you on the courts!

## FACILITIES | CHAIR [STEVE COLEMAN](#)

The new exit from the courts directly to the parking lot should be completed by the time you read this. We have been waiting for a phone hook up and that should now be completed.

The roof repairs to the courts are underway and will be done when we reopen. For those of you who have stopped by the club you will notice that the gravel parking lot has been closed off. Seems trespassers with way too much time on their hands have been doing donuts. Jack Goldberg has volunteered to start locating contractors for scoping in 2021 for the resurfacing the outdoor and stadium courts. We have received the touchless water dispensers for the courts and the filler for the clubhouse for planned installation in January 2021. Carpeting replacement is in process.

Julie has been working with other tennis clubs to compile material and data for lobbying for a regulatory distinction between indoor tennis facilities and other types of gyms with the hope that we could reopen soon. Committee member, Bill Skilton, has been leading an ongoing discussion of indoor air safety and the health ramifications for Central Park both on the indoor courts and the gym. More on this most important issue to follow.

The next Facility Committee meeting will be Tuesday, January 12, 2020 at 4:30 PM. Please have a safe Holiday season and we'll hopefully see you on the courts early next year.

## TENNIS | CHAIR [BETH LEHMAN-BROOKS](#)

Happy New Year and we made it to 2021! It's quite possible we tripped over the finish line but we can bid adieu to 2020 and I find myself hopeful.

FIRST: I'd like to introduce, [Kirsten Barnes](#), as the new Tennis Committee chairperson. With Steve Shimkus' membership shifting to seasonal, I was asked if I could assume his board seat for the remainder of his tenure.

SECOND: The Tennis Committee, led by Girish Patwardhan and Julie Wheadon, has altered the GameTime waitlist procedure to create a more equitable experience for our members. When we open again, you will have a different experience timeframe for a waitlisted court. After discussing our situation with GameTime it was suggested we move our waitlist to a 48-hour window. The waitlist is available for the upcoming 48 hours when you're eligible.

- Today is Tuesday so I can add myself to a waitlist for Wednesday and Thursday
- If a court opens today (Tuesday) - members may book it as a walk-on.
- All courts beyond the 48-hour period are available for reservations. This allows members that cannot even get one reservation, a chance to get a court.

Continue with Member play on only 2 courts per day, however, only 1 of those courts can be a reserved court (program courts are considered a reserved court). Pro-allocated lesson courts are exempt from the 2 per day.

Hope to see you out on the courts soon!

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**Important Reminder!**

Please remember to check your emails!



# COMMITTEE REPORTS

## FINANCE | CHAIR [PETRA CARL](#)

This month our committee discussed the budget for 2021. As you can imagine, this year's is much more difficult to prepare. We went through the approach used and believe that it has been prepared to the best of our abilities.

We also made our recommendation to pay our pro staff at 70% of their salaries for January. We will meet again in early January and are hopeful that we will be open. If that is not the case, our discussions will be more somber.

I hope that you all had a good holiday and that things will be brighter in 2021!

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## Better Than Take Out - Pad Thai



Inspired by:

<https://foodbabe.com/vegetarian-pad-thai-recipe-tastesbetter-takeout/>

*Ok when it's cold and frosty out who doesn't love warm comforting noodles like Pad Thai? This recipe is fast, easy, and much healthier than take out and loaded with veggies! This one pot dish will have you wanting to double the recipe to have leftovers during the week. For extra protein add grilled tempeh or grilled chicken. - Cathy Long*

**Serves 2-4 Total Time: 20 minutes**

### Ingredients

• 1 small package of flat wide brown rice noodles (8 ounces) • 1 tablespoon coconut oil • 2 cups broccoli florets • 2 carrots, grated • 1 red pepper diced • ½ yellow onion, thinly sliced • 2 garlic cloves, minced

### Almond Sauce:

• 1 tablespoon Almond Butter • 3 tablespoons hot water • 2 tablespoons Coconut Aminos • 2 tablespoons Apple Cider Vinegar • 1 tablespoon honey • Pinch red pepper flakes

Toppings: • Sea salt and pepper, to taste • 2 scallions, chopped • 4 lime wedges • handful of chopped almonds

### Preparation

1. Cook the brown rice noodles according to package instructions and set aside.
2. While the noodles are cooking make the almond sauce. In a small bowl mix the almond butter with the hot water and whisk until combined. Add the rest of the ingredients and whisk again until combined.
3. In a saute pan, add 1 tablespoon of oil over medium high heat. Add the veggies and cook for 4-5 minutes. Add the garlic and cook an additional 1-2 minutes.
4. Add the almond sauce and rice noodles to the pan and toss to combine.
5. Take off the heat and season with salt and pepper and top with the scallions, lime wedges and chopped almonds for crunch! Enjoy!

*\* Always try to buy organic when possible*

# PRO REPORT

## Congrats— we made it to 2021!

On behalf of all the staff at CPTC, I want to thank our members as well as Julie and the board who have been very supportive in helping us navigate the club through this trying time. Crossing my fingers (and toes) that we will be seeing each other again on January 5<sup>th</sup>. We know that the day we can play tennis at the club again will be an epic day!

I'd like to take this opportunity to share some personal news with all of you. The month of January will be the last month that I will be coaching at the club because I want to pursue my passion in commercial real estate.

About four and a half years ago, Central Park gave me an amazing opportunity to create a junior development program. Countless hours were put in by the coaches, parents, and players towards building this tremendous program. With 233 juniors calling CPTC their home for tennis activities, I can proudly say that we have an amazing community of tennis families at Central Park.

I will miss all of the members and the fellow staff who have become like a family to me. So many sweet memories...

- Winning the Summer Team Challenge with Jeff and the Zebras.
- Wearing a coconut bikini top and grass skirts as the official attire of the Luau exhibition.
- Blakeley and I rocking matching costumes on Halloween.
- And last but not least, a successful Family Fun Day with 50 families participating in the parent/child team challenge.

And of course, many more amazing moments...I will never forget all the great memories.

So why would I leave all of these great things, one might ask. At first, I thought I was crazy to change careers in the middle of pandemic. In reality, it just accelerated it. I've always had a passion for real estate. I have had success in my own real estate investments, yet there is still so much to learn. 112 hours of real estate courses and 76 informational interviews later, I know that I have to jump in with both feet to pursue this passion of mine. It is my goal to become an expert in commercial real estate, just like in coaching tennis. I am committed to dedicating my best effort to achieving this goal.

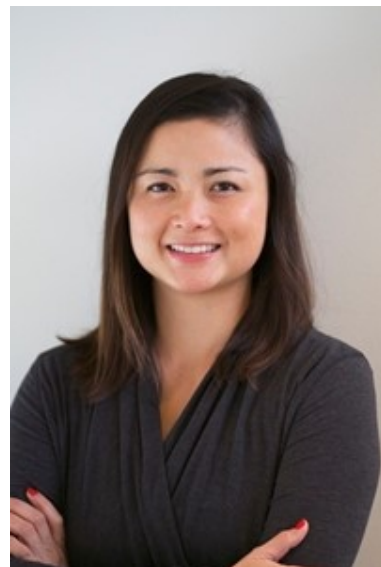
Starting in January 2021, I will be starting as an Associate Broker at Lee & Associates, a national company, comprised of many successful senior brokers, and I am beyond excited to start learning from them. But, once a coach, always a coach. My biggest calling is to help people. So, I look forward to "coaching" my new clients in their real estate investments decisions.

I am wishing all the best to the Central Park family, a club that holds such a special place in my heart. I know that the club will continue to do great things. I hope to stay connected with the club in any way that I can— I know I will miss the people at CPTC the most. Let's stay in touch! I can be reached at my cell 206-383-3399 or email at [deasumantri@gmail.com](mailto:deasumantri@gmail.com).

Here's to an amazing 2021; it's never goodbye, only see you later....

Love,

Dea





## **RACQUET STRINGING AVAILABLE - DROP OFF SERVICE!**

Ready to get your racquets serviced for play when we reopen?

Simply fill out the stringing information [form online here](#) or under the *About Tab* at [www.centralparktennisclub.com](http://www.centralparktennisclub.com)

Email Phil to set up drop off and pick up  
[Phila@centralparktennisclub.com](mailto:Phila@centralparktennisclub.com)



The Adult 40+ Season has been postponed until March 2021

If you are interested in joining a team—[click here](#)  
for teams that have signed up to participate.

### **Welcome New Equity Members**

*DeBroglia Family*

*Jeremy & Christina Lehman*

*Vassilii Nemtchinov*

*Yan Guo & Family*

### **Welcome Seasonal Members**

*Eric Berg*



### **Best to our Resigning Members**

*Jennifer Ross*

*Wayne Williams*

*Theo McDonald*

*Serene Zhang*

*Dan and Pam Hay*

*Katie & Dean Tarabochia*

### **Welcome Junior Member**

*Cody Runner*

## Clinics & Programs are back at Central Park starting the week of January 18\*

\*(Dependent on state mandated closure)

Click [here](#) to refresh yourself about our clinics. Here all the details –all sign up begins 1 week prior:

Clinic	Day of Play	Time	Max # of people	Cost
Lisa's Skills & Strategy 2.5 Intermediate	Monday	8:45 - 9:45 am	4	Sign up dependent
Lisa's Skills & Strategy 3.0+	Monday	9:45 - 10:45 am	4	Sign up dependent
Chad Cardio Tennis	Tuesday	8:45 - 9:45 am	6	\$20 per person
Chad Cardio Tennis	Wednesday	9:45 - 10:45 am	6	\$20 per person
Phil's Skills & Drills 2.5+	Wednesday	5:30 —7:00 pm	6	Sign up dependent
Phil's Skills & Drills 3.5+	Wednesday	7:15 —8:45 pm	6	Sign up dependent
Lisa's Skills & Strategy 3.5+	Thursday	9:45 - 10:45 am	4	Sign up dependent
Chad Cardio Tennis	Friday	8:45 - 9:45 am	6	\$20 per person
Lisa's Skills & Strategy 3.0+	Friday	8:45 - 9:45 am	4	Sign up dependent
Chad Cardio Tennis	Friday	9:45 - 10:45 am	6	\$20 per person
Ethan Cardio Tennis	Sunday	5:30—7:00 pm	6	Sign up dependent

Click [here](#) to refresh yourself about our programs. Here all the details:

All program sign ups are online in GameTime. Program times will be **one hour and 30 minutes**.

**Program sign ups open at different times. GameTime will open the sign up for the following programs. See schedule and times below:**

Program	Day of Play	Time	# of courts	Sign up Starts	Sign up Ends
Men's Night	Monday	5:45-7:15 pm	4	Day of Play 7 am	Day of Play 1 pm
Women's Night	Tuesday	5:45-7:15 pm	4	One week prior	Monday prior at 7 pm
Singles Night	Wednesday	5:45-7:15 pm	4	Monday prior 12 pm	Tuesday prior or 5:30 pm
Saturday Men's Doubles	Saturday	9:00 – 10:30 am	4	One week prior	Friday prior 9 am
Saturday Women's Doubles	Saturday	9:00 – 10:30 am	1	One week prior	Friday prior 9 am

**Once we re-open sign up in [GAMETIME](#) for our weekly programs or clinics:**

- Click “Classes & Events” tab on the top left of screen next to “Dashboard” and “Tennis”.
- Click on “Select” on event that you want - Spot is held for 5 minutes.
- Click “Register” and then follow prompts – you will get a confirmation page & email when you finish

# Central Park Junior Tennis Program

*We are committed to the **DEVELOPMENT** of **GOOD ATHLETES** & **GOOD PEOPLE***

## Condensed Winter Junior Program

*February 1—February 28*

[Register Here!!](#)

### **Red Stars I & II**

*Tuesday/Thursday 3:30 pm - 5:00 pm & Sunday 8:30 am - 10:00 am*

### **Orange Stars I & II**

*Tuesday/Thursday 3:30 pm - 5:00 pm & Sunday 8:30 am - 10:00 am*

### **Green Stars I & II**

*Monday/Wednesday 4:00 pm - 5:30 pm & Sunday 10:00 am - 11:30 am*

### **Bronze I & II**

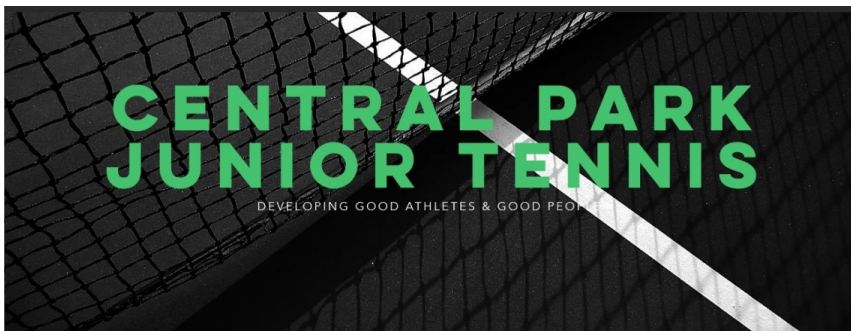
*Monday/Wednesday 4:00 pm - 5:30 pm & Sunday 10:00 am - 11:30 am*

### **Silver**

*Monday/Wednesday 3:30 pm - 5:30 pm & Sunday 11:30 am - 1:30 pm*

### **Gold**

*Tuesday/Thursday 5:00 pm - 7:00 pm & Sunday 11:30 am - 1:30 pm*



**Junior Team Parents & Students...**

<https://www.cptcjuniorteam.com>



## **Wave to our.... HIGHLIGHTED NEW MEMBERS!**

### **JOETTE & JJ DALTON - Family Member**

*Over this quarantined summer we embraced outdoor activities we could do together. JJ and I played tennis for fun YEARS ago while living in Chicago. We decided to dust off our old racquets, and have some fun - we both caught the tennis bug! The Joshi's are great friends of ours, and we love playing together. We are native mid-westerners (Milwaukee, Chicago, Kansas City, KS) and moved to Redmond in 2017 to start a kids business. We love the PNW! We are so excited to start this tennis journey and get to know the CPTC family!*



### **VIKAS KHANDURI - Family Member**

*We love the facility and the staff was nice, especially the interaction with Julie was great and a welcoming experience. I completed my Bachelor of Engineering and graduated with an MBA - Finance. I worked for Microsoft for 12 years and now work for JPMorgan Chase. I am from Nainital, India and love hiking and skiing and look forward to making new friends and playing tennis.*

### **LUKE BURTIS - Single Member**



\* \* \* \* \*

**Are you New Member within the last 6 months? We'd love to hear your story!! Please send a small paragraph about yourself and/or your family and a picture, if you'd like, so we can share with our members in the next Newsletter.**

**Email Laurie: [membership@centralparktennisclub.com](mailto:membership@centralparktennisclub.com)**

## ADVERTISING

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1981 UW Dental School

**Wesley K. Nomi, DMD**  
2017 Arizona School of Dentistry  
and Oral Health



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[SparkHealthCoaching.com](http://SparkHealthCoaching.com) for a free Health  
History to see if coaching can help you feel your  
best!