

Baseline Newsletter

June 2023



Directory

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For students, June is a month of celebration as they look forward to the completion of another school year and to 'moving up' to the next grade level. Some students anticipate 'moving on' as they celebrate the milestone of graduation. June at Central Park Tennis Club has a similar vibe as we conclude the term for our outgoing Directors and Executive Officers of the Board and welcome a new class of Directors. Our "ceremony" is the Annual Meeting - this year scheduled for Wednesday June 21. I encourage you to attend as it's a great opportunity to hear from our Committee Chairs about the work their respective committees have been doing; to honor distinguished members for their service; to celebrate our outgoing Directors; and to congratulate our newest class of Directors. Directors to the Board serve a three year term and are voted upon by you, the membership. The vote for your new Directors is currently underway via electronic ballot. Each membership has one vote and the primary email address on record for each membership received the ballot a few days ago.



PRESIDENT

ELIZABETH GRAVES

Milestone celebrations invite reflection, something I feel keenly this month as my oldest prepares to graduate from high school and I conclude my term as president. Looking back over the year, it has been a busy and exciting one at CPTC: it has encompassed our 50th Anniversary celebration and the start of the outdoor court rebuild. I am grateful for members like Helen Suk and Jack Goldberg who have vision for the Club, and to our Committee Chairs and all the members who serve on our committees. I am grateful for their time, thoughtful consideration, and service to our Club. I am deeply thankful to the Board of Directors for their leadership and guidance; in particular to Fred Wurden and Tom Werner who served this year as Vice President and Secretary-Treasurer respectively; and to 'graduating' Directors Christine Garnett, Kevin Harrang, and Mei McRae; and to Wayne Lim who served a fourth year on the Board as immediate past president. I am also incredibly thankful for Darin, Julie, Laurie and all our staff and Pros whose dedication and hard work make this club run smoothly.

It has been a fun and memorable year and I hope to celebrate all that is the Central Park Tennis Club with you on June 21. See you then!

[Check out our website for past Board minutes.](#)

ATTENTION EQUITY MEMBERS:

HAVE YOU VOTED FOR THE 2023 BOARD ELECTION?

The 2023 Board of Directors Election is currently live! All equity members received an electronic ballot through email from "Election Runner" on Tuesday, May 30th. If you can't find the email and haven't voted yet, please email [Darin](#) to get your ballot. The election will end on **Monday, June 19th**.

Happy Voting!



New Policy Change

Failure to Use Court:

"It is considered Failure to use the Court if the member with the court reservation fails to actively play tennis on the court for more than 45 minutes. The court owner must be in proper court attire/shoes and engaging in tennis activities (hitting balls, serving, etc). The member must give prior notification to the Front Desk if they will be vacating prior to the end of court time. A penalty fee will be imposed and charged to the reserving member's account if this rule isn't adhered to (see Violations & Penalties)."

New Policy Addition

Manipulation of Gametime System:

"Abuse of the court reservation system by actions that contrive or "manufacture" the availability of courts for a member. This includes a pattern where a court is reserved then canceled so as to create an available court for a family member or another member. Systematic abuse of the reservation policy will be monitored by Club Management and any determination of a violation of club rules will only result subsequent to a written warning from Club Management."

Introducing our new Administrative Director!

Samantha Millard

I'm thrilled to be rejoining the Central Park community! I know many of you, as I was fortunate to be the Memberships & Marketing Director from 2011-2014. For those I haven't met, I look forward to meeting you very soon! Throughout my career, there have been a lot of high highs, but the greatest of all has been the privilege of working at Central Park. It truly is a magical place, rooted in community and full of joy!

A little bit about me:

I have a Bachelors in Business Administration, a Masters in Hospitality Management and roughly 10 years experience in the hospitality industry. I'm extremely passionate about the club and providing the highest level of expertise and service. Outside of work, I love spending time with my family, traveling, hiking, beach combing, working out, playing tennis, and volunteering within my community.



REMINDER: Reed Building (1-4)

Access has Changed

- The walkways from the clubhouse to Court 1 door are under construction (See area pictured below).
- Follow signage from front desk and exit out the door located past the multi-purpose room.
- For courts 1-3, enter through the door at the bottom of the steps ([WATCH VIDEO HERE](#))
- For court 4, follow original path along the building and around the corner
- Re-enter the clubhouse using the same path

For a time lapse video of the project so far, [click HERE!](#)

June 2023

Thursday, June 8

Monday, June 12

Tuesday, June 13

Wednesday, June 14

June 16-18

Sunday, June 18

Wednesday, June 21

Friday, June 23

Monday, June 26

Wednesday, June 28

Fitness Committee Meeting - 6:00pm

Tennis Committee Meeting - 6:00pm

Facilities Committee Meeting - 4:30pm

Membership Committee Meeting - 6:00pm

Hosting USTA 18+ Playoffs

Father's Day

President's Reception - 5:30pm

Annual Meeting 6:30pm

USTA Mixed 40/55 Begins

Summer Junior Program Begins

Board Meeting - 6:00pm

Welcome to our New Members

Welcome New Equity Members

Karrie Koh

Kimberly Martin & Family

Ranne McIntyre

Adrian Cosma & Family

Welcome New Young Professional

Zhentao Lin



Best to our Resigning Members

Dominic Calvert-Lee

Mini Griffin

Troy Nunes & Family

COMMITTEE REPORTS

MEMBERSHIP | CHAIR [CLELLIE DOBBS](#)

Hello all,
Happy Summer!!!!

I know everyone is busy with Graduations, or Father's day this month, or planning that great vacation, so I will keep this brief!

The membership committee will be meeting Wednesday, June 16th, pretty much for the sole purpose of planning the Summer Club Beach Bash. This is the big one! The big party out by the pool that we wait for all year long! We will be trying to figure out what will be fun and what kind of menu to offer the membership.

I'm sure we will also face the ever so important question, to Karaoke, or not to Karaoke!!!! It is generally a hit! Members love it; will you want to take a turn?

If you have any ideas or suggestions about food, games, or activities, let us know, drop us a line, or swing into the membership office and talk with Laurie or Darin. We have plenty of time but we want to have all plans wrapped up by mid-July so when August rolls around, and it's time for the bash, we are good to go!!! See you around the club!

FACILITIES | CHAIR [LYNDA CARLSON](#)

Thank you to all who came out and helped prep our outside areas for the start of the summer season! The pool furniture and BBQ's were cleaned, planters are now filled with beautiful plants and we are ready for some fun in the sun.

The pool opened on Memorial Day weekend to a beautiful weekend. Enjoy the time with your family and friends. We replaced 3 dogwood trees and are working to improve the landscaping.

Please bring any issues to our committee, Darin or the front desk. Thank you.

TENNIS | CHAIR [GEORGE HAYS](#)

The Tennis Committee met Thursday, May 11 in person and via Zoom. A subcommittee heard appeals of five court usage violations, granting three. The Committee as a whole then heard and denied an appeal of one of the subcommittee denials. The Committee then approved two policy changes regarding court usage, one addressing failures to use a reserved court, and the other addressing manipulation of the Gametime system.

FINANCE | CHAIR [PETRA CARL](#)

This month the Finance Committee discussed the financial ramifications of the perks allowed to people who are on the waitlist. The waitlist was much shorter when this was started and now we have over 100 people waiting for an opportunity to join. I guess this is a good problem to have, but we talked about that too. This is my last month as committee chair. Thank you to all of the members who have participated on committees and I encourage anyone who has not, to consider joining one.

PICKLEBALL | CHAIR [CAROLYN WERNER](#)

Pickleball socials continue to fill to capacity and have proven to be a fun event at Central Park. Our June 10th social is already full with a waitlist. We look forward to seeing a packed house again for lots of pickleball play in the Roberts Building and then a potluck dinner to follow in the clubhouse. There will be two more socials this summer on Sat July 29 and Fri Aug 25.

Outside play will resume on Court 18 once the construction project is complete, and we look forward to improvements in the lining of courts, with better spacing and less confusion over line colors.

FITNESS | CHAIR [ANNA DUFF](#)

The Ad-hoc Fitness Committee has been hard at work identifying ways to improve the fitness spaces, equipment and offerings at CP. A couple of changes you may notice soon: The multipurpose room will be a lot busier over the summer. Chad Smith will be leading a fitness add-on to the junior program, so they will occupy that room each weekday afternoon from 1-2pm and then again from 3-4 pm. Clay Runnels will also hold his Fit2Play class on Tuesday and Thursday mornings 9-9:45 and Bootcamp on Tuesday and Thursday 5:45-6:50 pm, and again on Saturdays 9-10am. Finally, at some point soon, we will restore some space to the stretching area in the Fitness Court by relocating the elliptical that we put in that space during the pandemic. So if you're looking for that elliptical, look in the multipurpose room!

As we look ahead to the fall and beyond, we want to start providing some exciting new fitness offerings. Got an idea of a piece of equipment you'd like to see at CP? Click [HERE](#) to provide your input. Also, in the member survey many of you filled out this spring, we heard from a lot of people interested in yoga at CP. If that sounds like you, click [HERE](#) for a survey on some specifics.

MANAGER'S MISCELLANY

May was an exciting month here at the club. We kicked it off with a fun filled pickleball social, put on by our very own Pickleball Committee. It was a full event with great points and great food. We are looking forward to the next one on June 10th! We then followed up the next week-end with our Member Work Party, where over 40+ gracious members came out and got us ready for the pool and summer season! I'd like to thank each and every member who came out to help, and also to Phil who kept his streak to over 20 years as our grill master!

May was also monumental as it was the month we brought on two new employees to the team! The first would be Samantha Millard as our new Administrative Director. Samantha is well known for the great job she did as an employee from 2011-2014, and we couldn't be happier to have her back! The second would be the hire of our new Maintenance Assistant Alan Gutierrez! Alan has a vast background in maintenance and will be a wonderful addition to our staff. He started at the end of the month and has been all hands on deck learning the ins and outs of the Club from Chris. Please say hello when you see him!

June will include our Annual Meeting on Wednesday, the 21st. This is a great opportunity to hear from your committee chairs and president, and learn about all the progress we made over the past year! The month also includes hosting the USTA 18+ Playoffs June 16-18. Please come out and support your fellow members who will be competing.

As we move through the Outdoor Court Project construction timeline, I'd like to send my appreciation for everyone's cooperation with the ongoing changes in logistics and access. These minor inconveniences will be fully worth it for the final outcome. We just ask that you please check-in, follow the designated paths, and be courteous to others when crossing courts.

With the weather changing for the good, we hope you are able to come and have a drink on the deck, or enjoy family time at our pool. The summer is one of the best times of year here at Central Park, and we're looking forward to another great one with exciting things in store!

See you around!

-Darin Rauso, Club Manager

CPTC Election of Directors:

Last Day to Vote Electronically - Monday, June 19th

Notice of Annual Meeting to Equity Members

Please mark your calendars for the Club's Annual Meeting, which will take place at the Club on Monday, June 21, 2023, beginning with the President's Reception at 5:30pm. At this meeting, the results of the election of directors will be announced, and the three new directors will be introduced.

The candidates for election to the Board are **Steve Carl, Lynda Carlson, Barry Katz, Beth Lehman-Brooks, Tim Malone, and Arjang Tahmasebie.**

Check out their bios [HERE!](#)



Steve Carl



Lynda Carlson



Barry Katz



Beth Lehman-Brooks



Tim Malone



Arjang Tahmasebie

Member Work Party 2023



Pool Now Open on Weekends!

The pool is open on weekends ***weather permitting*** until the middle of June, and then we'll transition to being open every day. Current hours of the pool will be 4-8pm Fridays & 12-8pm Saturday and Sunday. Make sure to reserve a slot in Gametime under the Pool tab and enter all member and guests names. Please keep in mind all pool guests are subject to an \$10 fee, and must sign our guest waiver. Always check Gametime for pool closures. We look forward to a summer full of swimming and tennis!



PLEASE CLEAN BBQ'S AFTER EACH USE! THANK YOU!



Cup Applications Available!

Friday, June 9th - Last date for applications

[Application Form HERE](#)

2023 Summer Jr. Program

Summer Dates:

June 26th – August 24th

- Classes held weekly Monday - Thursday
- Register by the week

[Click Here for More Info, Pricing, & Registration!](#)

PRO REPORT

The Dreaded Lobber Playing against good lobbers can be a challenging task, but with the right approach and practice, you can improve your skills and increase your chances of success. Here are some tips to help you learn to play against good lobbers:

Anticipate the lob: Pay attention to the opponent's positioning and shot selection to anticipate when they might hit a lob. Look for cues such as their body position, racket angle, or the height of the ball. Anticipating the lob will give you more time to react and adjust your positioning.

Maintain a good court position: Position yourself slightly farther back from the net than usual to prepare for potential lobs. This will give you a better chance to reach the ball and make a solid shot. Stay light on your feet and be ready to move quickly.

Footwork and balance: Develop quick footwork and maintain good balance when moving back to retrieve a lob. Make small, controlled adjustments to ensure you're in the right position to make a solid shot. Avoid over hitting or being off-balance, as it can compromise your shot quality.

Use the overhead smash: The overhead smash is a powerful offensive shot that can help you counter a lob effectively. When hitting an overhead smash, focus on timing and technique. Position yourself underneath the ball, use a high backswing, and generate power by keeping the ball in front of you. Aim to hit the ball with a downward trajectory, making it difficult for your opponent to return.

Mix up your shots: Varying your shots can keep your opponent off balance. Combine aggressive shots with softer shots, such as drop shots, slices, or angled shots. By mixing up your shots, you can make it harder for your opponent to anticipate your next move and disrupt their lobbing rhythm.

Practice your defensive shots: Work on your defensive shots, especially your high volleys and overhead shots. Practice hitting balls at varying heights to simulate lob returns. Focus on keeping your shots deep and controlled to deny your opponent an opportunity to get their lob going.

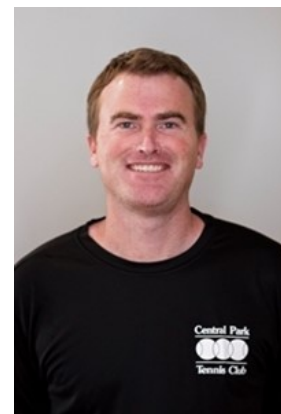
Improve your net game: Develop your volleying skills to help neutralize lobs. By becoming proficient at hitting volleys, you can intercept lobs earlier and take control of the point. Practice quick reflexes, soft hands, and precision in your net play.

Mental resilience: Playing against good lobbers requires mental resilience. Stay focused, remain calm, and be patient. Accept that you may not win every point and be prepared for longer rallies. Maintain a positive mindset and adapt your strategy as needed.

Play against lobbers: Seek out practice opportunities against skilled lobbers. Playing against them regularly will help you become familiar with their playing style and improve your ability to counter their shots.

Remember, playing against good lobbers is a skill that develops over time with practice and experience. Stay committed, work on your weaknesses, and enjoy the challenge of overcoming this playing style. See you on the courts

Jeff Eicher CPTC Tennis Professional



Jeff Eicher
[Tennis Professional](#)



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Ready to get your racquets serviced?

Simply fill out the stringing information [form online here](#) or under the *About Tab* at www.centralparktennisclub.com

Email Phil to set up drop off and pick up
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Aggressive Patience - The Essential Strategy for Winning more Tennis Matches

talkingtonet.net

Aggressive Patience is a strategy, and the practical tactics for applying it will vary from player to player, from game to game, even from point to point.

Here are some typical examples of it in practice...

1) Trade more, but with a purpose

As a rule of thumb for most players, about 80% of shots should go cross-court. So don't rush to hit a winner down the line. Rather, you should patiently hit cross-court, sending the ball back where it came from, building control and subtly maneuvering your opponent wider and wider, or deeper and deeper, until the percentages are in your favor and you're in the right position to hit the winner - which by now might be a very easy shot..

If it takes you a few extra shots each rally to get there, be ok with it. If you win 60% of points where you hit five shots, but only 50% with four shots, then the smart choice is to play the additional stroke.

Trading patiently for a while also gives you the opportunity to test your opponent's consistency and spot any weaknesses in their game. Do they struggle with the deeper ball? Can they match you for ten shots or do they break down after seven? Do they lose their own patience?

2) Play 'set up' shots, not just winners

When you've successfully built the point and the time does feel right to close out the point, you don't necessarily need to hit a screamer that leaves your opponent stranded. A 70% effort shot that sets up an easy volley might win more often for you.

3) Hit high percentage first serves

If you're having a bad serve day, don't be afraid to take pace off the first serve, perhaps add a bit more spin, and get your percentages up. There's a big psychological benefit to just getting a lot of first serves in as you don't feel that second-serve pressure all the time. And opponents tend to be more defensive on first serves even when they're below maximum pace.

BUT... Aggressive Patience isn't a rigid tactical formula that you should just mindlessly follow.

You need an open-minded appreciation of what's happening in a match: to notice what's going wrong and have the patience and self-awareness to go back to basics and build a more effective playing approach.

If you're flying and everything is going in, you don't really need to worry about Aggressive Patience. But if you're in trouble in a game or facing a more talented opponent, it can dig you out of a hole and give you the best possible chance of winning.

Join Our Boot Camp Community!

Instructor: Clay Runnels, FAS



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Frequently Asked Questions

Q: What is the new path to the Reed Building?

A: Please refer to page 3 of the newsletter.

Q: What is the new path to the Roberts Building?

A: Check in at the front desk, then exit back out the main entrance and through the exit gate to the Roberts Building.

Q: Do we need to check in at the desk first before a lesson?

A: We are asking that you please check-in before your private lesson. Group clinics that you sign up for on classes & events you don't need to check-in.

Q: What courts are the ball machines on?

A: Courts 7, 8, & 9.

Q: Why did you move the lessons and programs around to different buildings?

A: The logistics plan put in place by management was made for the safety and consideration of our members, staff, and junior program, mainly due to the change in access to the Wright Building.

Q: Why is the 8:30pm court time blocked off in the Wright Building?

A: With the new access to the Wright Building being on the street, it is a safety and liability concern of walking on the street at night. Therefore, we are closing that time.

Q: Where is the Junior Program Entering/Exiting?

A: Orange, Green, & Futures will use the Roberts Building, and will access by going through the exit gate and into the Roberts Building. Challengers/Tour will use the Reed Building using the current Jr path from the gravel lot.

Q: If I'm on Court 8 and need to use the restroom, do I need to go across three courts to exit?

A: Yes. During the project, members will need to be understanding of this. Please be courteous, aware, and wait for a stoppage of play before crossing over. Thank you!

Clinics & Programs At CPTC

Clinic	Day of Play	Time	Max # of people	Cost
Lisa's Skills & Strategy 3.0+ Intermediate	Monday	8:30 - 9:30am	4	Sign up dependent
Blakeley Cardio Tennis	Monday	10:00 – 11:30am	7	\$35
Phil's Skills & Drills 3.0+	Monday	8:30 – 10:00 pm	6	Sign up dependent
Chad Cardio Tennis	Tuesday	9:00 – 10:00 am	6	\$25
Chad Cardio Tennis	Wednesday	9:00 – 10:00 am	6	\$25
Chad Cardio Tennis	Wednesday	10:00 – 11:30 am	6	\$35
Phil's Skills & Drills 3.5+	Wednesday	8:30 - 10:00 pm	6	Sign up dependent
Chad Cardio Tennis	Friday	8:30 – 9:30 am	6	\$25
Chad Cardio Tennis	Friday	9:30 – 10:30 am	6	\$25
Lisa's Beginner Skills & Drills	Friday	9:30 - 10:30 am	4	Sign up dependent

Click [here](#) to refresh yourself about our programs. Here all the details:

All program sign ups are online in GameTime. Program times will be **one hour and 30 minutes**.

Program sign ups open at different times. GameTime will open the sign up for the following programs. See schedule and times below:

Program	Day of Play	Time	# of courts	Sign up Starts	Sign up Ends
Men's Night	Monday	5:30-7:00 pm	4	Saturday prior 7 am	Day of 11:30 am
Women's Night	Tuesday	5:30-7:00 pm	4	One week prior 7 pm	Monday prior 7 pm
Women's Day	Wednesday	10:00-11:30 am	2	One week prior 9:30 am	Tuesday prior 10:00 am
Singles Night	Wednesday	5:30-7:00 pm	4	Monday prior 12 pm	Tuesday prior 5:30 pm
Saturday Men's Doubles	Saturday	8:30-10:00 am	3	One week prior 7 am	Friday prior 8:30 am
Saturday Women's Doubles	Saturday	10:00-11:30 am	2	One week prior 7 am	Friday prior 8:30 am

Thinking of a Move?



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and/or Outside

- Blend Strength and Endurance
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- Mobility
- Aerobic Fitness
- Balance

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MEET YOUR GOALS!!

YOUR AD HERE

