

Baseline Newsletter

March 2023



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March hails the advent of Spring, or around here it hails second winter (or maybe it just hails). My budding crocuses and emerging daffodils, that were under a veil of snow earlier this week, seem to long for warmer temps. Perhaps you are too? One of our members even penned a number of haiku poems lamenting the unrelenting cold. If you find yourself in the can't-wait-for-Spring camp, the good news is that time is on your side. Whether any of us is ready or not (I personally adore winter), time will march forward and Spring will come.



PRESIDENT
ELIZABETH GRAVES

Similarly, just as seasons change and time moves on, our club has concluded its jubilee year and is entering a new phase. A few weeks ago, the membership voted in favor of the Outdoor Court Rebuild project. Thank you to all who took the time to vote, to ask questions, and be informed. Once again you showed your care and stewardship of our facility - one of the great hallmarks of the members of Central Park Tennis Club. You will soon see the next phase of the project begin, namely construction. Like spring emerging from a long winter, it is an exciting time of renewal for the club. As with any sort of renewal or growth it does not happen without some discomfort. Our outdoor spaces will be in construction 'mode' for a handful of months which will require flexibility and patience from all of us. "Eyes on the prize" will be our motto which won't be a big stretch for Central Park Tennis Club members who are no strangers to setting their sights on big goals and digging deep to achieve them.

If stewardship is one of the hallmarks of our membership, generosity is certainly another. In February, the Cups committee hosted a fundraiser to benefit Seattle Angels, a nonprofit that works to support youth in foster care. The committee set a fundraising goal of \$5000. Baskets were auctioned and donations taken. When all was said and done, they had raised an astounding \$12,100! Thank you to all who donated items for the baskets; to those who bid on the baskets; to those who donated directly to Seattle Angels; and to those who hosted the event. Your generosity is touching.

Once again, I am filled with gratitude for our members - our community, and our club. It may be cold outside, you have warm hearts. Keep being awesome and I'll see you at the Club.

[Check out our website for past Board minutes.](#)

Reminder: Membership Dues Increase

Effective March 1st, 2023

At the January meeting, after reviewing the comprehensive analysis of the Finance Committee and Management, the Board of Directors voted to approve the budget for 2023 which includes a 4.5% increase in dues and an increase of the monthly capital assessment by \$5 for Equity members.

Our dues serve to maintain the club's first-rate tennis offerings, to keep the club financially healthy, and to prepare for future repairs and investments that will make the club even stronger moving forward. As costs increase and the club continues to age, this increase in dues will allow the club to keep pace and maintain our standard of excellence.

Lesson Rate and Tennis Ball Increase

With the approval of the 2023 Operating Budget, the Board has approved an increase in tennis balls and tennis lesson rates to offset associated operational costs.

Effective March 1, tennis balls will cost \$5.25 per can and one-hour private lessons will be \$90 per hour. Group lesson rates will also see similar increases.

Click [HERE](#) to view the lesson rates.

We are committed to maintaining the club's first-rate tennis offerings with quality tennis pros and lessons that will keep you playing a lifetime.

We thank you for your understanding.

March 2023

Monday, March 6

Wednesday, March 8

Thursday, March 9

Sunday, March 12

Monday, March 13

Tuesday, March 14

Friday, March 17

Tuesday, March 21

Wednesday, March 22

Monday, March 27

Friday, March 31

Early Spring Jr Session Begins

Membership Committee Meeting - 6:00pm

Fitness Committee Meeting - 6:00pm

Daylight Saving Time - Spring Forward!

Tennis Committee Meeting - 6:00pm

Facilities Committee Meeting - 4:30pm

St. Patrick's Day Mixer - 5:30pm

Finance Committee Meeting - 6:00pm

Board of Directors Meeting - 6:00pm

Cup Committee Meeting - 1:00pm

Parent/Junior Mixer Event - 4:00-7:00pm

Welcome
to our
New Members

New Equity Member

Jay Tsao & Family

Deng Yu & Family

Jiyan Gu & Family

Ben Paul & Family

Transitioning to Social

Lyn McCoy



Best to our Resigning Members

Noah Stevens & Family

JJ Singh & Family

COMMITTEE REPORTS

MEMBERSHIP | CHAIR [CLELLIE DOBBS](#)

This month's events are a St. Patty's Day Tennis Mixer March 17th, Tennis at 5:30pm, and an Irish Buffet at 7:00pm. The Irish buffet is catered by Neighborhood Grills Catering, and includes Corned Beef and Cabbage, mashed potatoes and roasted root vegetables all for \$30. Sign up [HERE](#)!

The Parent/Junior mixer is scheduled for March 31st; Kids can play tennis with pros on courts 1 – 4, while parents network in the Reed lobby. The cost is only \$15 per family; Pizza for those attending will be served. This is a partnership we are developing with the junior program in hopes of bringing the parents, juniors, Pro's and the entire club membership closer together. At this time, Members only! Sign up [HERE](#)!

Happy Spring.

FACILITIES | CHAIR [LYNDA CARLSON](#)

We are starting to work the details around the much needed refresh to the men's and women's locker rooms in the main clubhouse. So if you see some of us in both locker rooms it's part of our process to understand the current condition as well as look at some improvement options. Our next committee meeting will be reviewing details.

We have also reviewed bids to improve the lighting at the Junior entrance off the gravel lot. And bids to update our interior lighting throughout the clubhouse.

We appreciate your input on any maintenance issues you observe that need attention.

TENNIS | CHAIR [GEORGE HAYS](#)

At its February 2023 meeting, the Tennis Committee heard, a proposal from parents for junior members to create a club-sponsored match play competition for advanced juniors. The Committee also approved a request to add a wait-list member to a men's USTA 4.5 18+ team and to add nonmembers to a women's 5.0 18+ USTA team.

FINANCE | CHAIR [PETRA CARL](#)

This month the Finance Committee reviewed and discussed options regarding the down payment on the Outdoor Court Project, as well as ideas for placement of cash for future projects and operating costs. The Finance committee will meet again on March 21st at 6:00pm.

PICKLEBALL | CHAIR [CAROLYN WERNER](#)

Court 18 is available to reserve weather permitting until the outdoor project commences in April. Remember to call the front desk to reserve your court. We are following the winter schedule so anytime is currently open for pickleball as long as court 18 is not already booked for tennis.

Your pickleball committee is working hard to provide opportunities to play during the outdoor court project. Be on the lookout for monthly pickleball socials during the summer months. Everyone is welcome to come out and play

Also please contact our email CPTC.pickleball@gmail.com to be added to the Whatsapp for future pickleball play on court 18 once the rebuild is complete.

MANAGER'S MISCELLANY

Did February seem to go by lightning fast or just me? Probably because there's only 28 days... It was an eventful and busy month here at the club! Last month included our annual Bellevue Club/Central Park Tournament. A big thank you to our Lisa Moldrem and Brian Nash at Bellevue Club for another fun and successful event! Please see results and pictures on page 10. Another February event included the Cups Fundraiser benefiting Seattle Angels. The Cups Committee worked hard coordinating this event and it paid off! These kind of events you really see how generous our membership is. To see the total amount raised refer to page 8.

March includes some new events guided by our Membership Committee, including a St. Patrick's Day Mixer on March 17th. This will include tennis and an Irish Buffet included. To register, click [HERE](#). We are also hosting a Parent/Junior mixer event on March 31st, where children in our Jr Program will play, and parents will socialize to get to know one another. To register, click [HERE](#).

With the outdoor court project being approved, logistics are being determined on member access to the tennis buildings, court placement adjustment, and more. Look out for further details in the coming weeks. We appreciate your understanding and flexibility as we get through the construction together. If you have any questions on anything, feel free to shoot me an email or stop by my office. See you soon!

Interim Manager - Darin Rauso

USTA TEAMS LOOKING FOR PLAYERS

18+ Weekend:

3.0 Women - [Lynda Carlson](#)

3.0 Women - [Mallica Sikka](#)

3.5 Women - [Jillian Lee](#)

4.0 Men - [Skanda Iyer](#)

4.5 Men - [Andrew Shen](#)

65+ Weekday:

7.0 Women - [Cindy Zens](#)

7.0 Men - [George Hays](#)



Outdoor Court Project

Vote Results

A total of 327 memberships voted out of 500. A simple majority was needed to pass. Thank you to all Equity Memberships that voted.

Yes, I approve - 76%

No, I do not approve - 22%

Abstain - 2%

OUTDOOR COURT PROJECT
- JACK GOLDBERG, COMMITTEE CHAIR

As I am sure everyone knows, the membership voted overwhelmingly in favor of the Court Rebuild Project. Our committee was particularly pleased with the high voter turnout. Clearly members want to maintain and improve our outdoor courts and surrounding areas.

We are currently waiting for the City of Kirkland to finish the permit review. It appears we have a few more i's to dot and t's to cross but we've been told that permits will be ready any day now. Our designers and engineers are making some final touches to the plans, some of which are in response to member feedback. The contractor will then finalize the contract, Elizabeth, our Club President will sign it and away we go.

Please mentally prepare yourself for noise, dust and disruptions. Construction can look like a big chaotic mess while it is happening. Access to the Wright building will be a challenge at times. The staff is working on various ideas to get people to and from those courts.

Be patient. It will be worth it!

Upcoming March Events!



**TENNIS SOCIAL MIXER
& IRISH BUFFET \$30.00**

**ANOTHER
"JUST FOR FUN"
TENNIS EVENT!**

March 17th
Tennis at 5:30pm
Irish Buffet & Social
at 7:00pm



[SIGN UP HERE!](#)

March 31st
4pm-7pm

Reed Building
Courts 1-4



March 31st
4pm-7pm

Reed Building
Courts 1-4

**Parents/Juniors
Mixer!**

Members Only

Refreshments
Will be served

\$15 Per Family
Sign up online



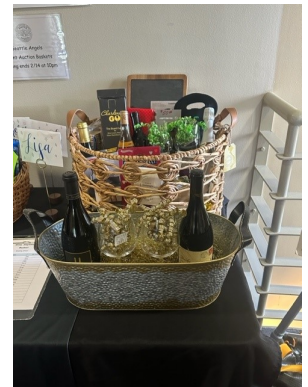


To sign up, click [HERE!](#)

Cups Committee

Seattle Angels Fundraiser

After all said and done, with basket raffles, check donations, Cups event, and check matching, the members raised a total of **\$12,100** for Seattle Angels! An incredible showing of generosity from our membership. A big thank you to our Cups committee who led the charge!! (Heidi Nevin, Kaylee Nilan, Lana Hansen, Ronni Fields, Anna Duff, Carly Oberg, Deborah Murray, Laurie Uhrich & Lisa Moldrem)



Central Park Junior Tennis Program

We are committed to the DEVELOPMENT of GOOD ATHLETES & GOOD PEOPLE

Early Spring Session 2023

March 6th - April 23rd

Class schedule & registration dates (registration opens in red)

Early Spring 2023	March 6th - April 23rd	Monday, February 13th
Late Spring 2023	May 1st - June 18th	Monday, April 3rd

- Read the Jr Newsletter [HERE](#)
- Summer Registration open March 15th!

COMPETITION INFORMATION

USTA
MEMBERSHIP



STARS
TOURNAMENTS



YELLOW BALL
TOURNAMENTS



Central Park/Bellevue Club Tournament

Event	Champions	Finalists
Men's 6.0 Doubles	David Angelone/Bruce Seeley (BC)	Marshall Winget/Dan Warren (CP)
Men's 7.0 Doubles	Jack Albrecht/Joe Albrecht (BC)	Joe Bilsborough/Justin Bird (BC)
Men's 8.0 Doubles	Leon Ma/Chen Nie (CP)	Mark Peden/Scott Mullet (CP)
Women's 5.0 Doubles	Rachel Rubens/Brooke Krekel (BC)	Mindy Park/Flora Wilson (BC)
Women's 6.0 Doubles	Susanna Wilken/Elizabeth Graves (CP)	Jocelyn Foley/Denise Braza (BC)
Women's 7.0 Doubles	Claudia Huzar/Anna Graves (BC)	Priyanka Joshi/Jennifer Kalman (CP)
Women's 8.0 Doubles	Connie Min/Linda Chung (BC)	Sydney Bloch/Sarah Sun (BC)
Women's Open Doubles	Heidi Kresken/Elizabeth Gorey (CP)	Holly Yang/Priscilla McAughan (CP)
Men's Open Doubles	Mario Lopez/Jeff Stoner (BC)	Andrew Shen/Peter Griff (CP)
	Champions	Finalists
Mixed 6.0 Doubles	Priyanka Prasad/Ratish Prasad (BC)	Denise Angelone/David Angelone (BC)
Mixed 7.0 Doubles	Natalie Pryde/Bruce Seeley (BC)	Lindsey Holt/Adam Holt (BC)
Mixed 8.0 Doubles	Priyanka Joshi/Madhur Joshi (CP)	Shelley Holm/Joce Jorge (BC)
Mixed Open Doubles	Jessie Gong/Andrew Shen (CP)	Cindy Nelson/Andrew Parcel (BC)



FITNESS CLASS ALERT!

FIT FOR TENNIS

Taught by Clay Runnels

When: Tuesdays & Thursdays from 9:00-9:45am

Duration: Ongoing until March 23rd

Price: \$25 drop-in

Where: Central Park's Multipurpose Room

Improve your tennis with this fun new fitness class!

These classes will focus on:

Agility - Quickness - Power

To register or for Questions Contact Clay at clay@fit2playnw.com



PRO REPORT

Wow, it's March already and Spring will be here before we know it. Spring means growth and new change and I'm excited for the outdoor court project which is about to begin! I appreciate all the hard work from everyone who is making this happen. As the world #5 Women's player Caroline Garcia says, "if you're not moving forward, then you're falling behind!" We already have some of the nicest tennis courts in the PNW, but this is going to put us a step above! We who call Central Park home are very lucky to have such great, dedicated people to help us through these challenging months ahead. The drawings of the project look great, and it will be well worth it when it's all done!



Phil Ansdell

[Tennis Professional](#)

Having been employed at Central Park since June 1984, (whew, time flies... that's almost 39 years!), I've seen our club go through many changes. I remember when coming up to the front desk, it was a straight and angular staircase, instead of the current rounded one. The ceiling was open all the way to the top where you could see the windows that are currently in the conference room above the front desk, and there was a walkway that went to nowhere up there. Those of you who remember that will know what I'm talking about. Bernice, the manager who hired me at the time, used to have her office up there, and would stand on that walkway watching like a hawk to make sure the club was running smoothly. Haha! Those were the days before the club had computers and we had to input the court reservations by pencil. So it was easy for things to go horribly wrong. How times have changed. I miss those days! I remember when the court surface on the indoor courts was carpet. That didn't last long because it wore out pretty fast. I remember when the viewing area in the Reed building was added, and that was a huge improvement. I remember when the parking lot was where the Roberts building currently is. Adding the Roberts building again helped our club become the best indoor facility in the PNW. Every change has been well thought out and for the better. I'm impressed with the visionaries that make it happen!

It is so great seeing our club grow and improve! I hope your tennis games are doing the same. If you're not moving forward, you're falling behind!

I hope you're making plans, and following through. See you on the courts, maybe indoors this Spring, and Summer!



RACQUET STRINGING AVAILABLE - DROP OFF SERVICE!

Ready to get your racquets serviced?

Simply fill out the stringing information [form online here](#).

Email Phil to set up drop off and pick up
Phila@centralparktennisclub.com

7 Tips to Never Miss an Overhead

active.com

1. Keep Your Eyes on the Ball

As soon as you start thinking about missing, you might have the tendency to take your eyes off the ball before contact. When your eyes leave the ball, your head shifts and when the head shifts, the face of the racquet does so as well.

2. Use Your Free Hand

As soon as you see the shot is an overhead, get your free (left or right) hand up and point at the ball until you hit it. Doing this helps you keep your eyes on the ball. Watch the pros, they point at the ball as soon as they see it is a lob.

3. Get Their Early

Make sure you get under the ball early. Move with the ball as soon as you see it is a lob.

4. Bring Your Racquet Back Early

The earlier you bring your racquet back before the swing, the more time you have to prepare to hit the shot. If you wait too long, you will be in a rush to swing and it can throw off everything.

5. Don't Slam the Ball

Don't try to slam balls that are too low. Some balls that are low look like they can be overheads, but they should be high volleys. It can be extremely difficult to hit an overhead on a low floater. You will have to determine for yourself which is which.

6. Don't Swing

Avoid swinging at the ball as hard as you can. You do not need to knock the overhead into the stands like the pros.

Slow the swing down and go for placement. Usually on an overhead you can easily put it away hitting only 50 percent to 60 percent as hard as you can, but with nice placement. (I usually go for about 80% or so).

7. Keep the Ball in Play

If the ball gets behind you, just try and hit the ball back in play. Trying to hit an overhead that gets behind your body will make the ball soar too long. Try to hit the ball a foot or so out in front of your body, just like the serve.

Try to follow these general tips for successful overheads. The overhead needs to be a shot that you can execute easily as you are in complete control of the point.

Frequently Asked Questions

Q: May I still reserve the Multipurpose room if I want to have the space to myself?

A: **Yes! Just go into Gametime in the Multipurpose Room tab and reserve the hour slot.**

Q: How do I operate the Exit Gate?

A: **Simply wave your hand in front of the sensor, at the beginning of the path. The door will then open for you to exit.**

Q: How do I schedule a private lesson?

A: **We now have open lesson times, available to reserve in Classes & Events! Look for “Pro Open Lesson” and register. It’s that easy!**

Q: If I see a maintenance item that needs fixed, what do I do?

A: **Please email Chris at maintenance@centralparktennisclub.com. If urgent, please notify the front desk.**

Q: May I hook my phone up to multipurpose room TV?

A: **Yes! Follow the instructions listed by the TV.**

Q: Is the Phone Mount holder only available on Court 4?

A: **Yes. We have a designated bracket on Court 4 to hang the mount. We will gauge interest and discuss adding additional brackets on other courts if the demand is there.**

Q: Where is the Junior Program Entering/Exiting?

A: **The junior program will be entering and exiting in the gravel parking lot through the pathway to the left of the pool. Signage is posted in the gravel parking lot.**

Q: Is FitnessOnDemand still offered?

A: **No, as of February 1st, FOD will end. We are looking at more in person fitness options in the multipurpose room.**

Clinics & Programs At CPTC

Clinic	Day of Play	Time	Max # of people	Cost
Lisa's Skills & Strategy 3.0+ Intermediate	Monday	8:30 - 9:30am	4	Sign up dependent
Blakeley Cardio Tennis	Monday	10:00 – 11:30am	7	\$35
Phil's Skills & Drills 3.0+	Monday	8:30 – 10:00 pm	6	Sign up dependent
Chad Cardio Tennis	Tuesday	9:00 – 10:00 am	6	\$25
Chad Cardio Tennis	Wednesday	9:00 – 10:00 am	6	\$25
Chad Cardio Tennis	Wednesday	10:00 – 11:30 am	6	\$35
Phil's Skills & Drills 3.5+	Wednesday	8:30 - 10:00 pm	6	Sign up dependent
Chad Cardio Tennis	Friday	8:30 – 9:30 am	6	\$25
Chad Cardio Tennis	Friday	9:30 – 10:30 am	6	\$25
Lisa's Beginner Skills & Drills	Friday	9:30 - 10:30 am	4	Sign up dependent

Click [here](#) to refresh yourself about our programs. Here all the details:

All program sign ups are online in GameTime. Program times will be **one hour and 30 minutes**.

Program sign ups open at different times. GameTime will open the sign up for the following programs. See schedule and times below:

Program	Day of Play	Time	# of courts	Sign up Starts	Sign up Ends
Men's Night	Monday	5:30-7:00 pm	4	Saturday prior 7 am	Day of 11:30 am
Women's Night	Tuesday	5:30-7:00 pm	4	One week prior 7 pm	Monday prior 7 pm
Women's Day	Wednesday	10:00-11:30 am	4	One week prior 9:30 am	Tuesday prior 10:00 am
Singles Night	Wednesday	5:30-7:00 pm	4	Monday prior 12 pm	Tuesday prior 5:30 pm
Saturday Men's Doubles	Saturday	8:30-10:00 am	3	One week prior 7 am	Friday prior 8:30 am
Saturday Women's Doubles	Saturday	10:00-11:30 am	2	One week prior 7 am	Friday prior 8:30 am

Thinking of a Move?



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Wesley K. Nomi, DMD
2017 Arizona School of Dentistry
and Oral Health



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- Flexibility
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- Balance

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MEET YOUR GOALS!!

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