

ORANGE TEE:

GOLF COURSE

Familiarize yourself with various hazards

Lateral Water Hazard

Options

Drop the ball within two clubs lengths of where the ball went into the hazard, no closer to the hole

Assess yourself a one stroke penalty

Out of Bounds

Go back and replay last shot

Don't forget to add the 2 stroke penalty

Hitting out of a Bunker

Do not ground your club

Always rake sand trap when finished

Un-Playable Lie

When you feel you cannot take a swing and make contact with the ball

Drop the ball within two club lengths of where the ball came to rest

Add a one stroke penalty

Notice the wind

How will it affect your shot

Down wind-Less Club

Head wind-More Club

Notice Elevation changes

Uphill-More Club

Downhill-Less Club

TECHNIQUE

It's now time to take a full swing

Gripping the club with both hands swing the club away from the target. You have now completed the backswing.

Now swing the club from the top down towards the ball (downswing) while skimming the grass and finish with club over your shoulder to complete the follow-through. Your belt buckle should be facing the target.

Practice makes perfect

Develop a Pre-Shot Routine (a repeatable sequence of practice strokes and setup actions taken before a shot is taken) to build consistency

Practice 2-3 times a week

Hit range balls

Practice your swing in front of a mirror to create muscle memory

Chip

Putt

Practice your tempo with everything (thinking "1-2-3")

Hit shots closer to your target line by practicing alignment

Be consistent – Swing the same way every time

DID YOU KNOW? You can use your clubs as alignment aids while practicing. Simply lay them on the ground to point towards your imaginary target line.

CLUBS

Know your distance

Practice every club in your bag and write down how far you hit each club consistently

Use these yardages on the golf course to hit it the correct distance

Yardages are marked from tee boxes and your scorecard

Practice using different clubs to control the height of your shot

QUICK TIP: Quit the guessing games! Download our free mobile app and have yardages to the hole instantly in your hand!

SCORING

Tee box honors

The person who had the lowest score on the previous hole has the honor of teeing off first

Person with second lowest score, tees of second

Keep this trend until all 4 have teed off

Green etiquette

The person who has the longest putt goes first

Person with second longest putt, putts second

Keep this trend until all 4 have finished the hole

Record your score

Compare to “Personal Par”