

LENNAR

# THE *Treviso Bay Tribune*

September 2014

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Villa Rilassare:  
239-228-7027

Golf Shop:  
239-331-2052

Visit our website at  
[Trevisobayhoa.com](http://Trevisobayhoa.com)



**Everyone at Icon Management Services  
wishes everyone at safe and  
Happy Labor Day!**

# *Important Phone Numbers & Hours of Operations*

## **Treviso Bay Sales Center**

239-304-8609

Monday– Saturday

9 AM- 6 PM

Sunday

10 AM-6 PM

## **Lennar Customer Care**

866-226-4057

## **Treviso Bay Golf Pro Shop**

Mark Wilhelmi- Mwilhelmi@theiconteam.com

JD Murray- jmurray@theiconteam.com

239-331-2052

## **Treviso Bay Gate House**

24 hours/7 Week

239-384-9380

## **Property Management Office**

Katrena Meyers- kmeyers@theiconteam.com

Jessica Martin- jmartin@theiconteam.com

239-228-7027

239-293-5688

Monday– Friday

9 AM– 5 PM

## **Golf Course Maintenance**

Peter Vincent- pvincent@theiconteam.com

239-344-9928

## **Tennis Pro Shop**

Shawn Hedrick- shedrick@theiconteam.com

239-228-7027

## **Fitness Center**

Kim Williams- kwilliams@theiconteam.com

239-228-7027

## **Treviso Bay Grille**

Josh Littman- jlittman@theiconteam.com

Adriana Garcia- agarcia@theiconteam.com

Monday– Sunday

11 AM– 4 PM

Bar

Monday– Sunday

11 AM– 6 PM

## **Swimming Pools**

Open from Dawn to Dusk

Emergency

911

Sheriff Collier County-  
NON EMERGENCY

239-252-9300

East Naples Fire Department

239-774-7111

Collier County Water

239-252-6245

Florida Power & Light

800-468-8243

Comcast

800-934-6489

Bulk Account Number

19204-744214-01-3

Waste Management

239-252-2380

Teco Gas

877-832-6747

Bug Free

239-530-7378



# *Treviso Bay's Newest Homeowners*

## **Acqua:**

- MacCartney
- Allen
- Breslin
- Russell/Foselli
- Mello
- Surace
- Clancy/Ibi
- Racioppo



## **Di Napoli:**

- DeBenedictis/Levnaich

**Welcome to  
Treviso Bay!**

## **Via Veneto:**

- Peters
- Fielding
- Kohn

## **Bella Firenze:**

- Herman



# HOA Information

## New Member Meetings



We will be holding our New Member Meeting on September 2nd, 15th, and 29th at 1 PM! These meetings are located at the Treviso Bay Grille. This informational meeting will help your move in process go as smooth as possible!

## Parents with Children: Rules & Regulations

**VILLA RILASSARE:** Children 16 and under must be accompanied by a parent.

**FITNESS CENTER:** Children under 13 are not permitted. Children 13-15 may use the Fitness Center as long as:

- 1) They have had a fitness training session with one of our fitness trainers and a certificate of completion has been filed with the Management Office.
- 2) They are accompanied by a parent.

**SWIMMING POOLS:** Children under 16 must be accompanied by a parent or responsible adult.

## Treviso Bay HOA Website

Treviso Bay HOA is on the internet! You can find helpful links such as a Map of Naples, Latest News, Contact Information, Members Area and Hurricane/Emergency Information.

In the Members Area, you can find links to our monthly newsletter, Community Documents, Architectural Request Forms, Owner Directory Forms, and Rental Information.

Check us out at:  
[www.trevisobayhoa.com](http://www.trevisobayhoa.com)

## Access Cards

Please ensure that you have your membership cards with you at all times while visiting Villa Rilassare! All guests must be accompanied by the member in order to use the amenities.

## Pre-call List at the Gate House: Call 239-384-9380

Please remember to call the gate house to add your guest or vendor to the gate house pre-call list: this will assist in keeping the gate running as efficiently as possible!

# HOA Information

## Quick Courtesy Reminders

- Please remember, when leaving the pool area, always close the umbrellas. Even when it's sunny and calm, please close them to avoid damage should a storm suddenly blow in.
- Please do not bring any outside food or glass containers to Villa Rilassare Pool and Grille, this can void our license!
- Please clean up any spills or mess before leaving the pool area. Be courteous to your neighbors.
- Animals are not permitted in the pool areas.
- Bicyclists must ride with the traffic and obey all traffic controls and signals. Bicyclists riding on sidewalks must yield right of way to pedestrians and must give an audible signal before passing. For more on bicycle law and etiquette, please look at the Florida Bicycle Laws.
- Please park bicycles in the designated areas.
- To avoid confusion, a resident who invites a guest to visit Treviso Bay and enjoy the amenities must stay with his or her guest when using the Fitness Center, Aerobics Room & Pool.

## Work Orders & Landscape Items

If you have a HOA work order or landscape item, please submit a work order online at [TrevisoBayHoa.com](http://TrevisoBayHoa.com).

## Transfers & Rentals

If you have a Transfer or Rental panned for season 2014-2015, the paperwork must be turned in and completed in full 15 days prior to the Rental/Transfer start date.

You can find the Rental/Transfer paperwork online under the Members Area at [TrevisoBayHoa.com](http://TrevisoBayHoa.com).

It is the owner's responsibility to inform their guests of all the Treviso Bay Rules. Management encourages them to also attend the new members meetings!

If you have any questions, please contact the management office at 239-228-7027.

Take a look at the September 2014 calendar for all the events & activities at Treviso Bay!

We also update the left side of the calendar with the onsite hours of operation and contact information!

# Club Information

## Volunteers Needed

If you would like to help with our community Activities, please contact Jessica at [jmartin@theiconteam.com](mailto:jmartin@theiconteam.com)!

## Email Distribution List

If you would like to receive updates for the community with Activities and HOA information or wish to have the newsletter, please email Jessica Martin at [jmartin@theiconteam.com](mailto:jmartin@theiconteam.com).

Also, please email us at anytime if you or a friend are not receiving your email blasts!

## Aerobics With Soul

Thursdays 8:30-9:30 AM Free class with Diane Gayes, volunteer resident instructor. Please join Diane for an energizing workout that will simultaneously engage your mind, body and spirit!

For more information contact: [dianegayes@gmail.com](mailto:dianegayes@gmail.com)

## The Golf Course

The Golf Course will be closed, September 2nd through September 8th for maintenance. The Golf Shop will be open from 9 AM to 5 PM each day during closure.

Contact the Golf Course with any questions!  
239-384-9380

## Kim Williams Personal Trainer

239-272-7027  
[kwilliams@theiconteam.com](mailto:kwilliams@theiconteam.com)

## Club Ambassador

We need the following Club Ambassador's for the following upcoming clubs:

- Bocce Club
- Bridge Social
- Ladies Evening Bunk
- Mah Jongg
- Poker Night
- Sunshine Committee– Putting smiles on those in need
- Euchre!

Please email Jessica at [jmartin@theiconteam.com](mailto:jmartin@theiconteam.com) if you are interested!

# Treviso Bay Tennis

## ATTENTION ALL TENNIS PLAYERS



If you would like to be on the email list for Tennis Events and Notices, please send your name, email address and level of play to [Shedrick@theiconteam.com](mailto:Shedrick@theiconteam.com).

## FREE TENNIS CLINIC Stroke of the Day!

Join us every Friday in September at 8:30am!

Contact Shawn for more information!  
239-228-7027 or [Shedrick@theiconteam.com](mailto:Shedrick@theiconteam.com)

## Round Robins

Monday at 8:30am – Men's RR  
Wednesday at 8:30am – Women's RR  
Thursday at 8:30am – Men's RR

Contact Shawn for more information!  
239-228-7027 or [Shedrick@theiconteam.com](mailto:Shedrick@theiconteam.com)

## TENNIS DIRECTOR SHAWN HEDRICK

Services and Consulting:

- Racquet Stringing and Re-gripping
- Sale of Tennis Equipment
- Demo Racquets
- Tennis Lessons

Contact Shawn for more information!

239-228-7027  
[Shedrick@theiconteam.com](mailto:Shedrick@theiconteam.com)



# *Treviso Bay Fitness*

## Change your Direction Change your Body

Training the body for all-around muscular balance and stability is a key ingredient in creating a comprehensive workout routine. Knowing and understanding that the human body moves in three distinct planes of motion, (the sagittal plane, the frontal plane, and the transverse plane) is an essential component to incorporate into a functional training program.

To picture the three planes of motion would be like drawing three imaginary lines in a three-dimensional cross through the body. The first imaginary line would cross through the center of the body separating the left side from the right side to make up the sagittal plane. The next imaginary line would cross from the left side to the right side separating the front and back halves or anterior and posterior sides of the body to create the frontal plane. The final imaginary line would divide the top of the body from the bottom of the body to create the transverse plane of motion.

The sagittal plane of motion would include back and forth movements, such as forward lunges. This exercise cuts through the sagittal plane due to the front to back or back to front movements. The same goes for the bicep curl as well as the triceps extension. The flexion and extension motion cut directly through the center of the sagittal plane. Knee extensions and hamstring curls are also among the many familiar exercises that cross the sagittal plane. This plane is the most common of the three in both cardio and strength training exercises.

The frontal plane of motion would include movement from left to right or side to side such as lateral dumbbell raises, weighted side bends and jumping jacks. All three of these exercises use adduction or abduction anatomical movements that cross through the body from left to right dividing the body from front to back portions. The transverse plane of motion would include movements that separate the body from top to bottom or superior and inferior sections such as, the standing wood chop, the reaching side lunge and the barbell bench press. These three exercises pass through a line parallel to the ground dividing the body into upper and lower portions. Many sports as well as daily life functional require movement on all three planes at the same time. Tennis, basketball, and volleyball all use three dimensional movement that requires lateral or forward and backward motion simultaneously. The three spot lunge, drop lunge, and the single leg box squats are also good examples of multi-plane movements. Incorporating any of these planes of motions will maximize overall strength, stability and balance in any training regimen.





# Treviso Bay Grille

The Treviso Bay Grille Staff is waiting for you at the Bar & Grille!

Come join us for our delicious lunch specials and don't forget to try our drink of the day, while you lounge by our resort-style pool.

The Treviso Bay Grille is open seven days a week!

Monday – Wednesday 11 AM to 4 PM

Thursday – Sunday 11 AM to 6 PM



**Party Platters**



**Shrimp Cocktail @ the Grille**

## PLAN YOUR NEXT PARTY AT TREVISO BAY!!!

If you are Interested in planning an event, (birthday, baptism, Wedding Party or a Social Gathering) why not Celebrate it here in the resort-style atmosphere, tranquil waterfall sounds, and a wide selection of the most delicious food you have ever tasted. Please contact either Executive Chef Josh or Adriana Food & Beverage Director, and we will work with you to make it an event to remember!!

Email us today, to start planning your special event!

[AGarcia@TheIconTeam.com](mailto:AGarcia@TheIconTeam.com)

[JLittman@TheIconTeam.com](mailto:JLittman@TheIconTeam.com)

# Treviso Bay Grille

Here's a fun Recipe to try at home brought to you by Chef Josh,  
Baltimore-Style Crab Cakes

## Ingredients:

- ~ 1/2 cup mayonnaise
- ~ 1 large egg, beaten
- ~ 1 tablespoon Dijon mustard
- ~ 1 tablespoon Worcestershire sauce
- ~ 1/2 teaspoon hot sauce
- ~ 1 pound jumbo lump crab meat
- ~ 20 saltine crackers, finely crushed
- ~ 1/4 cup canola oil
- ~ Lemon wedges, for serving



## Directions:

1. In a small bowl, whisk the mayonnaise with the egg, mustard, Worcestershire sauce and hot sauce until smooth.
2. In a medium bowl, lightly toss the crabmeat with the cracker crumbs. Gently fold in the mayonnaise mixture. Cover and refrigerate for at least 1 hour.
3. Scoop the crab mixture into eight 1/3-cup mounds; lightly pack into 8 patties, about 1 1/2 inches thick. In a large skillet, heat the oil until shimmering. Add the crab cakes and cook over moderately high heat until deeply golden and heated through, about 3 minutes per side. Transfer the crab cakes to plates and serve with lemon wedges.

## Treviso Bay Now Using Boar's Head Cheeses and Honey Maple Turkey!!

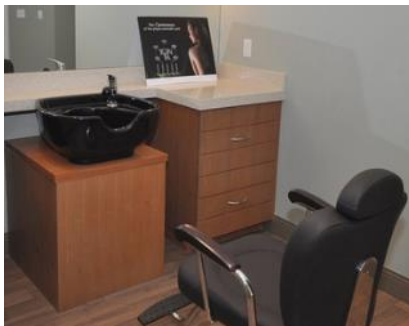


### BOAR'S HEAD IMPORTANCE OF QUALITY

Over 100 years ago, Boar's Head opened its doors with a different set of rules. No cutting corners, no compromises. No sacrificing quality for profits. The result, exceptional Boar's Head products made using only the highest quality ham, turkey, roast beef, chicken - artisan cheeses - products made to standards rarely found in the deli business today. When you want the best, Boar's Head is the name you can trust.

# Treviso Bay Spa

Twinkle Toes Thursdays: Give your Feet a Treat with a full pedicure & receive a complimentary polish change for the hands.



Frizz Free Fridays: Receive a complimentary wash and blow dry and 10% off any other hair service.



## U-Topia Spa at Treviso Bay

Monday- By Appointment Only  
Tuesday- By Appointment Only  
Wednesday- By Appointment Only  
Thursday- 11 AM-2 PM  
Friday- 11 AM-2 PM  
Saturday- By Appointment Only

Call 239-228-7026 to make your appointment today!

**Smell the Roses**  
Your *sweet* reminder to find time for yourself.  
100% of profits from the sales of Smell the Roses are donated to Living Beyond Breast Cancer.  
Smell the Roses is both charitable and pampering! Support a good cause while supporting your skin's functions with the help of rose flower oil and extracts that calm while the rose fragrance refreshes and uplifts the spirit. Who couldn't use a good pick-me-up?

Smell the Roses Hydration Spray  
100% OF PROFITS are donated to Living Beyond Breast Cancer. A beautiful, clean, fresh scent.  
jane irradle  
SMELL THE ROSES  
100% OF PROFITS  
100% OF PROFITS are donated to Living Beyond Breast Cancer. A beautiful, clean, fresh scent.

# A friend in knead is a friend indeed

For the rest of September, receive 20% off 60- and 90-minute spa therapies when you book and visit with a friend! You'll be at BFF status faster than you can say spa.



*\* Offer is only valid from September 1, 2014- September 30, 2014 and is valid towards 60- and 90-minute therapies only.*

**We're on the web!**

**[www.trevisobayvip.com](http://www.trevisobayvip.com)**

**TREVISO BAY MASTER HOA**

9004 Tamiami Trail East  
Naples, FL 34113  
239-331-3391  
239-228-7027  
[kmeyers@theiconteam.com](mailto:kmeyers@theiconteam.com)



*Treviso Bay is unlike any other golf course community Southwest Florida has ever seen. Treviso Bay is world class golf and country club community, surrounded by the luxury of Naples living. No other community in Naples offers you the exclusive benefits associated with a TPC golf experience, included with your new Lennar Home. The homes and amenities exude a Mediterranean flair while the golf course offers a championship experience like no other. Treviso Bay is surrounded by the best of Naples' beaches, shopping, dining, boating, and fishing. Whether you are looking for a spacious single family home, or a maintenance free condominium, Treviso Bay has it all. Welcome to Treviso Bay!*

## **Would you like to be a part of the next newsletter?**

*Any resident* can submit an article, event notices, picture, etc., for our newsletter! Newsletter article submissions should be dropped off at the Management Office or emailed to [jmartin@theiconteam.com](mailto:jmartin@theiconteam.com).

