



Rockwall Golf & Athletic Club (RGAC) – Summer Swim Team
Home of the STINGRAYS!

The Rockwall Golf & Tennis Club provides an educational and FUN environment for swimmers throughout the summer. We pride ourselves on creating a positive experience for children of all skill levels. Our goal is to teach the value of team cooperation, safety, hard work, and the pursuit of personal excellence. Through the *Stingray Team* experience, we hope to give your children memories and tools to help build a healthy and happy future. We take swimmers from ages 5 to 17, beginners should be able to swim a length of the pool without aid with their face in the water with some breathing patterns (head in/out of water). We will accept swimmers that can demonstrate the ability to perform basic strokes and can complete an entire practice with an attitude of wanting to swim. The first week of practice will be used as a “try-out” session for these swimmers. Final decision will be made by the coaches. The Stingray swimmers compete in the Dallas Summer Swim League and we are so proud to be the defending champions for our division.

Coach Wagner da Silva has been coaching at the Rockwall Aquatic Center with RACE since 2011. Prior to coming to Rockwall, he was a coach for 21 years in Wisconsin and he has over 30 years of vast experience teaching infants to Triathletes. Wagner was also named Wisconsin Age Group Coach of the Year for 2008 by his fellow coaches. “I enjoy working with these great young minds and I have so much fun coaching in the summer never gets old.”

Coach Kim Lester also coaches at the Rockwall Aquatic Center. She has joined us from AZ. Kim was a competitive swimmer and also has over 20 years of coaching experience as well as running her own swim lesson program in the past. Coach Kim has had the opportunity to coach next to Michael Phelps coach, Bob Bowman as well.

We do offer a swim lessons for kids to learn how to swim and also for kids that are trying to make it to a competitive swim team. If you are interested in lessons please contact me at rockwallswimming@gmail.com or 608.335.2318

2018 Registration Form – one per swimmer please

You can mail your registration to Wagner da Silva – 1240 Potter Ave – Rockwall, TX 75087

Swimmer's Name: _____ M/F DOB _____ Age _____
 Parents' name: _____ Cell # _____
 Parents' name: _____ Cell # _____
 Address: _____
 Emergency name and cell # _____ Date: _____
 e-mail(s): _____
 e-mail(s): _____

Registration night-Suit Fitting – May 5th 5:30 – 6:30pm at RGAC - 2600 Champions Dr, Rockwall.

Swimmer's assessments will take place May 16th between the hours of 5:30 and 6:30pm at RGAC - 2600 Champions Dr, Rockwall.

Practice schedule & Fees (Make the check-out to Wagner da Silva):

May 26th Saturday - 11 & Older 7:15 – 8:15

May 29th	Tuesday -	10 & Under	8:15 – 9:00
May 30th	Wednesday –	all ages	6:30 – 7:30
		10 & Under	4:00-4:45
		11 & Older	4:45 – 6:00

June 4th	Monday-Friday	8 & Under - Novice	9:10-9:50am	Members \$220	Non-Members \$260
(School is out!!)		7 – 10 - yr - Advanced	8:50-9:50am	Members \$250	Non-Members \$290
		11 & Older	7:15- 8:45am	Members \$280	Non-Members \$320

*1st sibling 10% off, 2nd sibling 20% off

Parent/Guardian Waiver

I understand that participation in the activity involves a certain degree of risk. I have carefully considered the risk involved in the activity. I understand the activity is entirely voluntary and requires participants to abide by applicable rules and standards of conduct. I release the Rockwall Golf & Athletic Club, its owners, the activity coordinators and all employees, volunteers and related parties from any and all claims or liability arising out of this participation.

In case of emergency involving my child, I understand that every effort will be made to contact me. If I cannot be reached in an emergency, I hereby give permission for the adult supervisor in charge; to treat or secure treatment for the person described herein.

Participant's signature _____ Date: _____
 Parent/guardian printed name: _____
 Parent/guardian signature: _____ Date: _____

Fee Enclosed: \$ _____ _____ Cash Make the check to Wagner Dasilva _____ Check # _____

Parent involvement:

I understand that by joining this swim team I will be available for volunteering at home swim meets. I also understand that I might be called to help and volunteer at the end of the season Championship meet.

_____ Set up	_____ Timer	_____ Runner (bring the sheets from the timers to the table)
_____ Awards	_____ Computer	_____ ready bench
		_____ Meet marshal
		_____ take down

Name: _____ Signature: _____ Date: ____ / ____ / ____