

HERON LAKES WOMEN'S GOLF CLUB COVID POLICIES AND GUIDELINES AS OF AUGUST 2022

1. **If you have been exposed to a person that has tested positive recently, have no symptoms, and want to golf.** Wear a mask in all indoor spaces (e.g., Pro Shop) and inform your foursome. Keep at least a 6' distance from your fellow players in the round. If you wish to join others at the 19th hole, inform others around you, and wear a mask or if outdoors keep a 6' distance at all times.
2. **If you have recently recovered from Covid and have followed the CDC 5-day isolation and subsequent 5-day masking requirements and have no symptoms.** Inform the members you come in contact with so that they may take actions to protect themselves as needed. Many members have or have loved ones at home with health issues and it is a courtesy to let them make choices about contact/exposure to someone who has recently recovered.
3. **If after 5 days of quarantine and you have no symptoms.** You should inform other members, keep at least a 6' distance and continue to wear a mask until the above 10-day CDC requirements have been met.
4. **If you have tested negative but have symptoms.** Covid symptoms are continuously evolving, and recently include allergy like symptoms, head cold, sore throat, fever and cough. With that in mind, it would be incumbent upon all of us to consider not playing until symptom free. If you decide to play, the policy is to inform the other members, keep at least a 6' distance and wear a mask at all times.