

Julie Devinny

Julie has been a fitness instructor and entrepreneur for over six years after leaving a ten-year career as an Assistant Vice President in banking and licensed stockbroker. She is the mother of five children and demonstrates fitness and wellness in every aspect of her life. Julie has a background in dance beginning 42 years ago with her foundation in Ballet. Her love for dance grew and she is an instructor in Ballet, Pointe, Tap, Jazz, Modern and Lyrical. Julie is also a seasoned choreographer. Her love for dance led her into fitness and wellness career the past six years. In addition to holding a national Group Fitness certification, she is also certified to teach: general group exercise classes, strength, stretch and core classes, Barre Fitness, Aquatics, Practical Pilates, Zumba®, Zumba® Gold, Zumba® Toning, Aqua Zumba®, Zumba® Step, Zumba® Kids, Zumba® Kids Jr, Kickboxing, Senior classes, Seated classes for special needs participants, and Hi-Lo aerobics. Julie is the Fitness Director for Danz For Fitness providing comprehensive fitness and wellness programming and large-scale special event presentations.

