



FITNESS & WELLNESS

August 2022

RESIDENT SPONSORED ACTIVITIES

MONDAY

Bridge

Hammock Meeting 8/1, 8/8, 8/15, 8/22, 8/29
@1:00pm
Contact: Nancy Baker
Nbaker2001@aol.com

Intermediate Line Dance

The Leland Room 8/1, 8/8, 8/15, 8/22, 8/29
@12:30pm
Contact: Helen Wisz
Helenwisz88@gmail.com

Mahjong

The Community Commons 8/8, 8/15, 8/22, 8/29
@1pm
Contact: Susan Lyons
susanedlyons@yahoo.com

Craft Beer Club

Email for location & time
Contact: Andrea West
Amwest922@gmail.com

Ping Pong

Reflections Facility 8/1, 8/8, 8/15, 8/22, 8/29
@7pm
Contact: Chuck Bins
chuckbins@gmail.com

TUESDAY

Bridge Group

The Cutlar Community 8/2, 8/9, 8/16, 8/23, 8/30
@12:30pm
Contact: Ben Reischer
Ben.reischer@gmail.com

Mad Mat'ers Group

The Community Commons 8/2, 8/9, 8/16, 8/23, 8/30
@9:30am
Contact: KC Seigfreid
kcseigfreid@yahoo.com

Intermediate line dance

The Leland Room @ 2:15pm
Contact: Lorrie & Steve Gregory

Advanced line dance

The Leland Room @ 3:15pm
Contact: Lorrie & Steve Gregory
winddancerlg@aol.com

CareGivers Group

Hammock Meeting Facility 8/2, 8/16
@10am
Contact: Eileen Scanlon
eileenscanlon@gmail.com

Bunco

Hammock Meeting Facility 8/16
@7pm
Contact: Diane Briggs
Debriggs516@gmail.com

TUESDAY (CONT.)

Wood Workers Group
Community Commons 8/16
@5pm
Contact: Greg Miller
Imsantaclaus1@hotmail.com

Mexican Train
Community Commons 8/9, 8/16, 8/23, 8/30
@1:30pm
Contact: Marcia Belford
Mbel0254@comcast.net

WEDNESDAY

Chess Club
The Community Commons 8/3, 8/10, 8/24, 8/31
@9:00am
Contact: Lee Lowery
leeelowery@sbcglobal.net

Beginner Bridge
Hammock Meeting Facility 8/3, 8/10, 8/17, 8/24, 8/31
@1:00pm
Contact: Judy Williams
judywilliams685@outlook.com

Writers Group
Hammock Meeting Facility 8/3, 8/17, 8/24, 8/31
@2pm
Contact: Chuck Bins
chuckbins@gmail.com

THURSDAY

Mad Maters'
The Community Commons 8/4, 8/11, 8/25
@9:30am
Contact: KC Seigfreid
kcseigfreid@yahoo.com

Duplicate Bridge
Hammock Meeting Facility 8/4, 8/11, 8/18, 8/25
@12:30
Contact Ben Reischer
Ben.reischer@gmail.com

Poker
The Community Commons 8/11, 8/18, 8/25
@7:00pm
Contact: Bill Cocker
billyc7906@aol.com

Beginner 1-B Line Dance
The Leland Room @ 11:45
Contact: Lorrie & Steve Gregory
Beginner 1-A Dance
The Leland Room @ 12:45
Contact: Lorrie & Steve Gregory
winddancerlg@aol.com

Sit & Stitch
Community Commons 8/4, 8/18, 8/25
@1pm
Contact: Lili Fiore
lilster@live.com

FRIDAY

Scrapbookers of Leland
The Community Commons 8/12
@5:00pm
Contact: Beth Bucker
bethbucker@atmc.net

Intermediate Line Dance
The Leland Room 8/5, 8/12, 8/19, 8/26
@2 pm
Contact Helen Wisz
Helenwisz88@gmail.com

FRIDAY(CONT)

Cards For Kindness

Community Commons 8/12

@12:00pm

Contact Joan Barbret

joanbarbret@gmail.com

Beginning Bridge 2

Hammock Meeting Facility 8/5, 8/12, 8/19, 8/26

@9:00am

Contact: Rick Bucker

Rick.bucker@atmc.net

Quilt & Cruise

Hammock Meeting Facility 8/26

@11am

Contact: Dawn Olmstead

Dawnolm611@gmail.com

SATURDAY

Intermediate Line Dance

The Leland Room 8/13, 8/20, 8/27

@2:00pm

Contact: Helen Wisz

Helenwisz88@gmail.com

BF Shag Party

The Leland Room 8/6

@6:00pm

Contact: Pam Bacon

Pbacon89@gmail.com

Cards for Kindness

Community Commons 8/27

@10am

Contact: Joan Barbret

joanbarbret@gmail.com

SUNDAY

Beginner Shag

The Leland Room

@12pm

Intermediate Shag

@1pm

Contact: Lorrie & Steve Gregory

winddancerlg@aol.com



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At Brunswick Forest