

Tai Chi

@ Shawnee Country Club
in the fieldhouse - near the proshop

Tuesdays & Thursdays

9:30 AM

with **Debbie**

Begins Tues. Jan 2nd

Great**LIFE**
Live. Play. Better.



YOGA CLASS

with **Cydney**

@ Shawnee Country Club
Bring your yoga mat.

**Mondays
&
Wednesdays**

5:30 PM

**Begins
Mon. Feb 5**

Great**LIFE**
Live. Play. Better.