

## CURRENTLY USED PRODUCTS AND TECHNOLOGY



[v1sports.com](http://v1sports.com)

Awarded the "Best Golf Swing Analyzer" by Golf Digest, V1 Pro allows instructors to capture and analyze swing videos, plus create and deliver video lessons. Video is captured in HD in 240fps. Instructor can share lessons with students via email or text, plus do side by side video comparison of past swings or tour professional swings.

All lessons include the option of video analysis, at the discretion of the instructor, or request of the student.



[4dmotionsports.com](http://4dmotionsports.com)

4d Motion is a revolutionary wireless 3D Full Body and Club Motion Capture system. Sensors smaller than a poker chip capture movement in 3D for analysis on a smartphone or tablet. The software provides Real Time or recorded 3D visualization of a player's setup and swing, data, graphs, and even an overlay comparison of swings. There is so much data and angles that can be analyzed, every lesson experience will be different with this system. Included at request or at instructor's discretion.

Perfectly aligned with Cory's teachings, this training aid has many beneficial uses for both instructor and student. It can be used to help learn and utilize the Steps in Cory's program, plus act as a test to confirm positions.



[powerpackagegolf.com](http://powerpackagegolf.com)

Benefits include developing a better takeaway and wrist set, learning to enter the swing plane in perfect form, squaring the face properly, and helping a player discover better core rotation. See Cory for purchasing options as well. Available RH, LH, oversize, and now junior RH and LH.



[superspeedgolf.com](http://superspeedgolf.com)

The Superspeed Golf training system is the Tour Proven, fastest way, to increase your clubhead speed. Works great for golfers of all ages and abilities. Using different weighted sticks, along with tested routines and methods, a player will physically learn to educate the body to swing faster, thus swinging the club faster. Cory will introduce you to the program at your request and test your swing speed before and after work with the program's basic training.



[eyelinegolf.com](http://eyelinegolf.com)

Eyeline Golf is the number one trusted training aid company in the world, with over 570 Tour Players having either requested to use or have used offered products without any product endorsements. Specializing in short game and putting aids, Eyeline Golf also has full swing offerings to help improve the game of all golfers. Cory will use several different aids to help speed the learning process during your lessons on the range or short game area.



[planeswing.com](http://planeswing.com)

The Plane Swing is used in correlation with the instruction given to better enhance the feeling of keeping the golf club on the correct plane throughout the swing. Consistent use of the Plane Swing will better educate the body through feel and strength development to help create the muscle memory necessary to keep that correct plane intact. Great for beginners and great for those incorporating change in their swing.

## LESSON PACKAGES AND PRICES

### ADULT LESSONS

1 HOUR LESSON-	\$ 90.00
½ HOUR LESSON-	\$ 60.00
5 HOUR SERIES-	\$ 375.00

### JUNIOR LESSONS

1 HOUR LESSON-	\$ 60.00
½ HOUR LESSON-	\$ 40.00
5 HOUR SERIES-	\$ 250.00

- ALL LESSONS INCLUDE OPTIONAL ON SITE VIDEO ANALYSIS, AND, OR 3D ANALYSIS USING 4D MOTION; AND ARCHIVED COPIES OF THE DATA.
- 1 HOUR LESSONS CAN INCLUDE UP TO 4 PEOPLE WITHIN THE LESSON. FRIENDS AND FAMILY ALWAYS WELCOME.
- 1 HOUR LESSONS ARE EQUIVALENT TO AN HOUR ON THE RANGE, SHORT GAME AREA, OR UP TO 9 HOLES ON THE GOLF COURSE FOR A PLAYING LESSON.



## CORY BROOKS

### CERTIFIED PGA PROFESSIONAL

**"OUR FAMILY HAS BEEN VERY IMPRESSED WITH CORY'S WORK WITH OUR BOYS. HE TRULY DOES A GREAT JOB WITH MAKING GOLF FUN FOR ALL AGES. VERY HAPPY THAT WE WERE REFERRED TO HIM!!"**

**--AARON ANDERSON & FAMILY--**

**"WE TRULY ENJOYED OUR LESSONS ON TUESDAYS. NOT ONLY INSTRUCTIONAL, BUT SO FUN. OUR RELATIONSHIP IS SPECIAL AND UNIQUE!"**

**--MARK AND ELAINE MILLER--**

# 2021 LESSON PROGRAM

## CORY BROOKS

**\*\*CERTIFIED PGA PROFESSIONAL\*\***

**DIRECTOR OF INSTRUCTION AT  
GOLF UNIVERSE**

**PGA INSTRUCTOR AT  
ZINTEL CREEK GC**

**BOOK BY PHONE AT 209-918-2700**

OR

**EMAIL AT [cbrooks@pga.com](mailto:cbrooks@pga.com)**

*LIKE ME ON FACEBOOK*

[facebook.com/CoryBrooksPGA](https://facebook.com/CoryBrooksPGA)



**Driving Range**

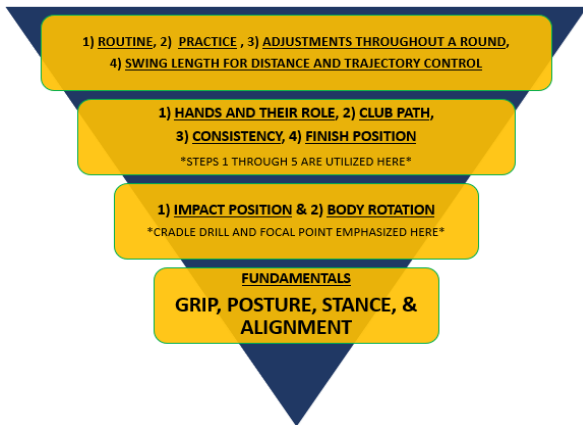
HOME FOR THE MAJORITY OF YOUR LESSONS, GOLF UNIVERSE'S DRIVING RANGE IS WHERE YOU WILL WORK ON YOUR FULL SWING, WEDGE GAME, AND MUCH MORE.

V1 PRO, SUPERSPEED GOLF, POWER PACKAGE PRO, PLANE SWING, AND 4D-MOTION USED HERE.



ZINTEL CREEK GOLF CLUB WILL BE USED FOR THE MAJORITY OF YOUR SHORT GAME WORK, CLINIC, AND PLAYING LESSON NEEDS.

V1 PRO, 4D MOTION, POWER PACKAGE PRO, AND EYELINE GOLF USED HERE.



ALTHOUGH EACH LESSON AND SERIES MAY DIFFER, THE BASIC STRUCTURE OF YOUR TYPICAL 5-LESSON SERIES IS LISTED BELOW.

<b>5 LESSON SERIES - SAMPLE ITINERARY</b>	
LESSON 1-	INTRODUCTION TO FUNDAMENTALS (GRIP, POSTURE, STANCE) <b>EXPERIENCED PLAYERS- FUNDAMENTALS REVISITED</b>
LESSON 2-	BASICS WORK AND USING THE 5 STEPS TO SHAPE YOUR NEW SWING <b>EXPERIENCED PLAYERS- FULL SWING INCLUDING THE 5 STEPS</b>
LESSON 3-	SHORT GAME BASICS (PUTTING, CHIPPING, AND PITCHING) <b>EXPERIENCED PLAYERS- SHORT GAME AND GREENSIDE BUNKER WORK</b>
LESSON 4-	FURTHER EXAMINATION OF THE FULL SWING PLUS ALIGNMENT <b>EXPERIENCED PLAYERS- FULL SWING, ALIGNMENT, &amp; PRE-SHOT ROUTINE</b>
LESSON 5-	FURTHER EXAMINATION OF LONG AND, OR SHORT GAME <b>EXPERIENCED PLAYERS- PLAYING LESSON- TAKING IT TO THE COURSE</b>

**\*EACH WEEK'S CONTENT SUBJECT TO CHANGE BASED ON THE INDIVIDUAL\***

## “The Foundation of the Golf Swing”

### FUNDAMENTALS

THE FUNDAMENTALS ARE KEY TO DEVELOPING A CONSISTENT OVERALL GAME; WHETHER IT BE FULL SWING, WEDGE GAME OR SHORT GAME, OR PUTTING.

A FUNDAMENTAL IS DEFINED AS A BASIC PRINCIPLE, RULE, LAW, OR THE LIKE; THAT SERVES AS THE GROUNDWORK OF A SYSTEM.

WORKING WITH CORY, YOU WILL LEARN TO DEVELOP THE FOUR MAIN FUNDAMENTALS; GRIP, POSTURE, STANCE, AND THEN ALIGNMENT, EMPHASIZED IN THAT ORDER. ASSURED THAT THESE FOUR ARE UNDERSTOOD AND APPLIED, A GOLFER CAN THEN EVALUATE THE SWING ITSELF, ASSURED THAT THEY ARE IN A CORRECT STARTING POSITION.

LOOKING AT THE INVERTED TRIANGLE ABOVE, IT IS SHOWN THAT ANYTHING LISTED ABOVE THE FOUR FUNDAMENTALS SIMPLY CANNOT STAND ON THEIR OWN WITHOUT THAT BASE OF FUNDAMENTALS.

AS YOU LEARN MORE THROUGH YOUR LESSONS, AND THINGS BEGIN TO OR GO AWAY, IT WILL BE TAUGHT TO YOU TO CONSISTENTLY GO BACK AND CHECK THESE FOUR FUNDAMENTALS AT ALL TIMES. IF THOSE FOUR CAN BE CHECKED OFF AS BEING IN POSITION, THEN THE STUDENT OR INSTRUCTOR CAN LOOK AT OTHER ASPECTS TO FIND THE PROBLEM AT HAND.

**GRIP-** HOW THE HANDS ARE HELD ON THE CLUB AT ADDRESS.

**POSTURE-** HOW THE BODY CORRECTLY LEANS DOWN TO THE BALL AT ADDRESS.

**STANCE-** HOW THE FEET ARE SET, BALL IS PLACED, AND WHERE HANDS HANG AT ADDRESS.

**ALIGNMENT-** HOW THE BODY, ALONG WITH THE BALL, ARE CONSISTENTLY SETUP TO AIM A BALL AND THE BODY PROPERLY TO THE TARGET.

### TWO KEY CONCEPTS TAUGHT AT THE END OF LESSON 1 OR BEGINNING OF LESSON 2 AFTER FUNDAMENTALS

**CRADLE DRILL-** HELPS TEACH THE STUDENT THE PROPER WAY TO TURN THE SHOULDERS AND HIPS BACK AND THROUGH WHILE STAYING IN POSTURE.

**FOCAL POINT-** USING YOUR EYES TO FOCUS ON DIFFERENT POINTS IN FRONT OR BEHIND THE BALL TO GET DESIRED SPIN, TRAJECTORY, AND FLIGHT; ALL WITHOUT CHANGING YOUR SWING.

ONCE YOU HAVE BEGUN TO CONSISTENTLY USE THE FUNDAMENTALS, THE OVERALL SWING IS BROKEN DOWN INTO 5 STEPS. EACH STEP IS AS IMPORTANT AS THE NEXT. STEPS 2-5 EACH HAVE POSITIONS FROM WHICH A PARTIAL OR FULL SWING CAN BE MADE FROM, IN ORDER TO LEARN THE STEPS FASTER AND MORE EFFICIENTLY.

### THE “5 STEPS” TO EFFICIENTLY LEARN YOUR NEW GOLF SWING

STEP 1-	MOVING THE CLUB BACK, USING JUST THE SHOULDERS, TO START THE BACKSWING <b>CLUB NATURALLY MOVES BACK, SIMILAR TO A PUTTING STROKE</b>
STEP 2-	SETTING THE “PACKAGE”- LEARN TO HOLD TENSION IN THE TRAIL WRIST <b>THE PACKAGE (WRISTCOCK, WRIST HINGE) IS SET AND HELD THROUGHOUT THE SWING</b>
STEP 3-	FULLY TURNING THE SHOULDERS TO THE TOP OF THE BACKSWING WITH TENSION <b>GET THE FEELING OF PROPERLY USING YOUR SHOULDERS, TURNING AGAINST YOUR HIPS</b>
STEP 4-	GETTING THE CLUB BACK CORRECTLY ON THE WAY DOWN, JUST BEFORE IMPACT <b>LEARN TO GET THE CLUB BACK ONTO PLANE, BUT STILL HOLD YOUR PACKAGE INTACT</b>
STEP 5-	POWERFUL IMPACT AND A CONSISTENT FINISH <b>LEARN AND FEEL THE WAY TO UTILIZE THE LARGER MUSCLES OF THE HIPS TO PROPEL THE SWING THROUGH IMPACT WITH CONSISTENCY AND POWER, AND COME TO A SAFE, CONSISTENT FINISH</b>

WANT A TEST RUN, A REFRESHER, OR CONTINUE WHAT YOU’VE LEARNED?

-----\$15-\$20 CLINICS-----

- OFFERED APRIL- OCTOBER
- UP TO 8 STUDENTS PER SESSION
- ONE SESSION PER WEEK
- TIMES MAY VARY, TUES/WED/THUR/SAT’S
- CLINICS UP TO 1 ½ HOURS EACH
- BRING FRIENDS, FAMILY, CO-WORKERS, ETC
- CALL OR EMAIL CORY FOR DETAILS



### 2021 SPRING & FALL JUNIOR CLINICS PLUS, JUNIOR SUMMER CAMP INCLUDING PGA JR LEAGUE

INSTRUCTED BY CORY BROOKS, CERTIFIED PGA PROFESSIONAL

-ALL JUNIORS, AGES 7-17 ELIGIBLE-

-TAUGHT AT ZINTEL CREEK GC & GOLF UNIVERSE-

-TUES, THURS, & SATURDAYS FOR CLINICS-

-TUESDAYS, THURSDAYS, & SATURDAYS FOR CAMP-

-CLINICS ARE MARCH-MAY AND SEPTEMBER-NOVEMBER-

-SUMMER CAMP WILL BE CONDUCTED MAY-AUGUST-

**“PLEASE CONTACT LATE FEBRUARY FOR COVID UPDATES”**

(209-918-2700)

(cbrooks@pga.com)



READY TO TAKE YOUR GAME TO THE COURSE?

### -PLAYING LESSONS AVAILABLE-

- TAUGHT AT ZINTEL CREEK OR COLUMBIA POINT
- UP TO 3 STUDENTS PER SESSION
- SAME PRICE AS A 1 HOUR LESSON
- UP TO 9 HOLES PER SESSION, MAX OF 2HRS
- EXTRA GOLF CART FEE MAY APPLY
- LEARN STRATEGY, WORK ON SCENARIOS
- FORTIFY A PRE-SHOT ROUTINE

-CALL OR EMAIL CORY BROOKS FOR DETAILS-