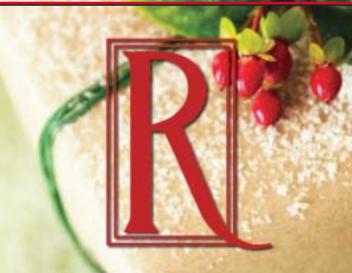
NOVEMBER/ DECEMBER 2006



RAVINIA CLUB & SPA

BUSINESS · SOCIAL · ATHLETIC

Established 1987

Meethe Staff.

Steve Franke, General Manager, stevefranke@raviniaclub.com
Rhonda VanSchepen, <i>Membership Director</i> , rhondavanschepen@raviniaclub.com . 770 395-5148
Ginny Mattox, Member Relations Director, ginnymattox@raviniaclub.com 770 395-5167
Charles Tantum, Club Accountant, charlestantum@raviniaclub.com
Laura Potts, Catering Director, laurapotts@raviniaclub.com
Paul Lewis, Athletic Director, paullewis@raviniaclub.com
Natlee Spence, Service Director, natleespence@raviniaclub.com
Marcy Betz, Spa Director, marcybetz@raviniaclub.com
Eric DaRin, Executive Chef, ericdarin@raviniaclub.com
Greg Hazard, Maintenance Director, greghazard@raviniaclub.com
Bryan Felker, <i>Dining Room Manager</i> , bryanfelker@raviniaclub.com

Athletic Desk 770 392-7301 • Receptionist 770 392-7300 Reservation Line 770 392-7315 • Spa at Ravinia 770 392-7333

Hours of Operation Rotisserie Grille

Lunch

Monday - Friday, 11:30am - 2:00pm

Dinner

Thursday & Friday, 6:00pm - 9:00pm

Rotisserie Lounge

Monday & Tuesday, 4:00pm - 10:00pm Wednesday - Friday, 4:00pm - 11:00pm

Courtside Café

Complimentary Breakfast
Monday - Friday, 6:30am - 9:00am
Luncheon Buffet
Monday - Friday, 11:30am - 2:00pm

Athletics

Monday - Friday, 5:00am - 9:00pm Saturday & Sunday, 8:00am - 5:00pm

Ravinia Spa

Tuesday - Friday, 10:00am - 7:00pm Saturday, 9:00am - 4:00pm

Ravinia Childcare

Monday - Friday, 9:00am - 1:30pm Monday - Friday, 4:00pm - 8:00pm Saturday, 8:00am - 1:00pm \$4.00 per child per hour



NOVEMBER WELCOME NEW MEMBERS DECEMBER

Drew Abernethy
Lester Adams
Matthew Bertram
Joanna & Patrick Beugnon
Derrick Black
Joan & Julian Black
Heather & Philip Botwinik
Ly Bui & Robert Nguyen
Joshua Champion
Brynn Chapman
Tyler Courtney
Lisa Crotty
Jill Cady & Doug Dixon
Patricia & Bill Doyle

Claydene & Jim Dunlap
Marianne & Bert Eaton
Rachel Foster
Jeanette Gardner
Dorothy & Jo Garson
William Gruver
Shana & Viktor Gurkov
Brenna Hauenstein
Dedre & Mike Henderson
Lara & Matthew Hernandez
Melinda James
Ryan Kenyon
Jay McGinnity
James McLamore

Carol Morrissey
Bret Mullenix
Stewart Muller
Windy & Mike Nicholson
David Pahl
Hathaway Pendergrass
Wendy & Jeff Ritchey
Shirley & Leonard Sheppard
Charlene & John Thibodeau
Jennifer Turpin
Catherine & Frank Weber
Kevin Wilcox
Lee Winters
Gabriela & Kevin York

THANK YOU TO NEW MEMBER SPONSORS

NEW MEMBERS:

For All New Members: New Members or any Members who have not attended a New Member Orientation, please to try to join us on one of the following dates: November 8 at 8:00 am or 6:00 pm, November 15 at 6:00 pm or December 13 at 6:00 pm. If these dates are not convenient for you, please call Ginny Mattox, 770-395-5167, to RSVP or to schedule a time that better fits your schedule.

HAPPY HOLIDAYS

My appreciation goes to all of you who participated in the annual Member survey. I just received the results and have begun to share them with my staff. The survey uncovered a number of areas that you feel need attention. We will use the comments and suggestions as a roadmap for 2007 in trying to make the Ravinia Club the best it can be.

I hope you will be able to attend the Annual Holiday Party which will be held December 4 from 5:30-7:30pm. Chef Eric and his staff are planning a menu that will pull out all the stops. On behalf of the entire staff, I would like to wish you and your families a happy and safe holiday season and a prosperous new year.

Steve Franke General Manager

ATHLETICS

RAVINIA ATHLETICS -Steps to a healthier lifestyle...

The Golf Connection "The Science of Performance":

Improve your game! Spinal care and Golf Specific Conditioning will:

- · Improve posture
- · Improve body mechanics
- Improve muscle balance
- · Increase strength and stamina
- Enhance flexibility
- Enhance reactive responses
- Reinforce spinal stability
- · Create an overall healthier, physically fit body
- Improve your golf performance

Paul Lewis & Dr. Daniel Bart have developed a golf-specific program which addresses the root issues of your golf..... You! Contact: 770-395-5196 for information on the next Golf Connection- 3 week intensive- date.

The Ravinia Golf putting green

Ravinia brings the "green" to you! Whether a weekend warrior or professional, improve your putting at the Ravinia putting green, located on the athletics floor.

The Wellness Connection

Health, quality of life and longevity is the focus of the Wellness Connection, incorporating spinal care with Ravinia's chiropractor, Dr Daniel Bart; postural care and functional training with Ravinia's athletics director, Paul Lewis, and; dietary, nutritional care with Ravinia's Dietition, Jackie Warren.

Contact: Dr Bart- 770-395-5179
Paul Lewis 770-395-5196

Jackie Warren 678-357-5451

Table tennis

(competition)- One of Ravinia's latest additions is a professional table tennis table. So join the fun, spirit, competition with other Ravinia members and test your hand-eye coordination with this entertaining pastime / sport.

Health Coaches / Personal Trainers

Don't Wait for New Years resolutions. Make a difference in your lifestyle, waistline and energy levels with an individualized program, to promote your wellbeing. With diverse approaches to exercise, Paul Lewis, Scott Hausler, Ron Read and Paul Wagner offer you their professionalism. Sign-up today!

Sunday seminars with Ron Read

Ron will be conducting practical exercise seminars every Sunday, between 3 - 4pm. Topics will include: Goals and Workout Programming: Machines, Free Weights, and The Mix; Essentials for Intermediate Body building; and an array of other topics. Call 770-392-7301 for this Sunday's topic.

Lunch Lectures

As part of Ravinia's ongoing Lunch and Learns, Ravinia Athletics offers a host of health and medical lectures by professionals in their fields. Contact Ravinia Athletics for information on upcoming lectures.

Baseball instruction with Scott Hausler

Scott has specialized in baseball coaching for years and offers your children the edge in baseball training. Contact the Ravinia Athletics desk for more information- 770-392-7301.

Swim instruction

Barry Graham - The "I Can Man" has returned to Ravinia to instruct your children and you. Contact Barry at 404-378-3789 for information and an appointment.

"Recess"

Fun, varied and challenging, "Recess" classes have taken off at the Ravinia Club, and you're missing the opportunity to become functionally younger year after year. Join your Ravinia peers (age 50+) and reap the rewards of improved balance, cardio conditioning and movement, Monday's, Wednesday's and Friday's 10-11am, in Ravinia's basketball court.

Ravinia Athletics / Wellness 2006 to date:

Squash, basketball and aerobics rooms re-surfaced

New cardio and strength equipment

Athletics floor painted

Wellness Connection

Lunch Lecture Series

Heart healthy meals

Golf Connection

Chiropractor

Dietition

Golf putting green

Table tennis

Swim instructor

"Recess"

Wellness Connection Monthly Newsletter

Ravinia Athletics Monthly Newsletter

FLU SHOTS

Monday, November 13 8:00 - 11:00 AM \$ 30.00

(Will be charged to your Member Account)



7:00 pm Reception • 8:00 pm Dinner \$50.00++ per person • \$65.00++ per person with wine pairings

Enjoy this opportunity to mingle with friends while enjoying butlered hors d'oeuvres and wine. A sumptuous five-course gourmet dinner prepared by Chef Eric DaRin will follow. Wines will be paired to complement each course. Singer and guitarist Julie Gribble will provide dinner music. An elegant evening not to be missed!

Reservations required, call 770-392-7300.

Wine Dinner Menu

Amusé

Sip of Cream of Forest Mushroom Soup with Sherry Gruyere and Roasted Quail Toast

1st Course

Butternut Squash Ravioli with Duck Confit Wilted Greens, Tomato Concasse & Sage Cream *Léon Beyer – Pinot Gris – Alsace*

2nd Course

Salad of Mixed Field Greens with a Fig Merlot Vinaigrette Caramelized Shallots, Roasted Figs & Toasted Almond Bleu Cheese Château du Cray – Montagny – 1'er Cru – 2001 Chardonnay

3rd Course

Pomegranate Sorbet Lime Oil

4th Course

Kona Coffee Crusted Rack of Lamb Cocoa Dusted Scallops Black Truffle Risotto Haricot Verts & Carrot Bundles Jus - Lie Chăteau Tournefeuille – Laland de Pmerol – 2001

5th Course

Dark Chocolate Soufflé
Framboise Crème Anglaise
Clairette de Die – Cuvée Impériale Tradition - NV

Thanksgiving Day Grand Buffet

Thursday, November 23rd
11:30 am - 2:30 pm
(Seatings on the half hour)
\$28.95++ Adults • \$12.95++ Ages 5-12
Complimentary under 5

A Ravinia tradition, share this holiday with family and friends at the Ravinia Club. Chef Eric and his culinary team will offer a plentiful buffet to include:

Gingered Pumpkin Soup

Cold Salad Station

Caesar Salad, Marinated Vegetable Salad, Autumn Salad,

Pasta Salad and Shrimp Salad

Carving Station
Salt & Herb Crusted Roasted Prime Rib of Beef
Caramelized Onions
Horseradish Cream Sauce

Roasted Turkey Cranberry & Spiced Apple Chutney Homemade Turkey Gravy

Hot Buffet

Walnut Crusted Salmon with a Spiced Mustard Beurre Blanc
Slice Roasted Turkey
Parsley Crusted Tilapia with Lobster Cream
Traditional Southern Stuffing
Roasted Brown Sugar Spiced Sweet Potatoes
Roasted Garlic Mashed Potatoes
Baked Acorn & Butternut Squash
American Indian Rice Pilaf
Fresh Green Beans with Sautéed Onions & Bacon

Dessert Station

Pumpkin Pie, Pecan Pie, Assorted Mini Tarts, Fresh Fruit with Chocolate Fondue, Pumpkin Mousse Trifle, and Cinnamon & Sugar Spiked Apple Crisp

Please call 770-392-7300 for reservations.

NOVEMBER

						小器 1
S	M	T	W	T	F	S
			1 •\$3 Cocktails	2 Rotisserie Dining 6-9pm • \$3.00 Wine	Rotisserie Dining 6-9pm TGIF	• Athletics 8am-5pm • Spa 9-4
5 • Athletics 8am - 5pm • Workout Seminar 3-4pm	6 • Mustard Seed Member Bartender 5:30-8pm	7 • Two for Tuesday • Ladies Night Out 6:30pm	8 • \$3 Cocktails • Member Orientation	9 Rotisserie Dining 6-9pm \$3.00 Wine 19th Hole Outing	• Rotisserie Dining 6-9pm	• Athletics 8am - 5pm • Spa 9-4 • Gourmet Wine Dinner
• Athletics 8am-5pm • Workout Seminar 3-4pm	13 • \$2 Draft Beer • Flu Shots 8-11am • Member to Member	14 • Two for Tuesday	15 • \$3 Cocktails • Member Orientation	• Rotisserie Dining 6-9pm • Champagne & Dessert Wine Tasting	• Rotisserie Dining 6-9pm • Super TGIF with Kenny & the Jets (Last TGIF of 2006)	• Athletics 8am -5pm • Spa 9-4
• Athletics 8am-5pm • Workout Seminar 3-4pm	20 • \$2 Draft Beer	21 • Two for Tuesday	22 •\$3 Cocktails	23 Thanksgiving Buffet Athletics 9am-1pm	24 Athletics 5am-9pm Club Offices and Dining Closed	25 • Athletics 8am - 5pm • Spa 9-4
26 • Athletics 8am - 5pm	27 • \$2 Draft Beer	28 Two for Tuesday	29 - \$3 Cocktails	30 Rotisserie Dining 6-9pm \$3.00 Wine		

DECEMBER

S	M	T	W	T	F	S
					1 • Rotisserie Dining 6-9pm	2 • Athletics 8am - 5pm • Spa 9-4
3	4	5	6	7	8	9
Athletics 8am-5pmVisit with Santa 1-3pm	Annual Holiday Party 5:30-7:30 pm	• Two for Tuesday	• \$3 Cocktails	• Rotisserie Dining 6-9pm • \$3.00 Wine	Rotisserie Dining CLOSED	• Athletics 8am - 5pm • Spa 9-4
10	11	12	13	14	15	16
• Athletics 8am - 5pm	• \$2 Draft Beer	• Two for Tuesday	• \$3 Cocktails • Member Orientation	• Rotisserie Dining 6-9pm • \$3.00 Wine	Rotisserie Dining CLOSED	• Athletics 8am - 5pm • Spa 9-4
17	18	19	20	21	22	23
• Athletics 8am - 5pm	• \$2 Draft Beer	• Two for Tuesday	• \$3 Cocktails	• Rotisserie Dining 6-9pm • \$3.00 Wine	• Bistro Dining 6-9pm	• Athletics 8am - 5pm • Spa 9-4
24	25	26	27	28	29	30
• Athletics 9am - 1pm	MERRY CHRISTMAS CLUB CLOSED	• Two for Tuesday	• \$3 Cocktails	• Rotisserie Dining 6-9pm • \$3.00 Wine	• Bistro Dining 6-9pm	• Athletics 8am - 5pm • Spa 9-4
31 New Year's Eve Gourmet Dinner • Athletics 9am -1pm	JANUARY 1 ST , 2007 HAPPY NEW YEAR! • Athletics 9am - 1pm					



Sunday, December 31

6:30 pm – 9:30 pm \$50.00++ without Wine \$65++ with Wine Pairings

-New Years Eve Menu-

-Salad-

Seared Scallop with an Applewood Smoked Bacon & Mustard Vinaigrette, Winter Field Greens, Tomato Concasse, Shaved Red Onion, Cucumber Ribbon *Morandé Vitisterra Chardonnay* –

Casablanca Valley – Chile

-Appetizer-

Pomegranate & Molasses Glazed Squab with Roasted Figs
Spiced Couscous

A to Z Pinot Noir - Oregon

*-Intermezzo-*Tart Red Grapefruit Sorbet

-Entrée-

Pan Roasted Petite Filet Mignon,
Southern Dry Rubbed Brochette of Prawns
Cassoulet of Black Eyed Peas & Brunoise Vegetables
Slow Braised Kale with Salt Pork
Finished with Shaved Truffle Demi Glace
Graham Beck Railroad Red Cabernet
Sauvignon Reserve – South Africa

-Desserts-

Dark Chocolate Torte with Hints of Hazelnut & Raspberry
White Chocolate Shavings
Kenwood Yulupa Cuvée Brut - California

Enjoy an elegant and serene dinner with friends and family. The Lounge will remain open until the arrival of the New Year 2007.

Champagne & Dessert Wines

Thursday, November 16 • 7 – 9:00 pm

We hope you will join us for our last wine tasting of 2006. At least four distributors will be present to offer many Champagnes and dessert wines for tasting and purchasing. Chef Eric will prepare hors d'oeuvres to complement the selection. Learn about the Wine Society 2007.

\$ 25 ++ per person

Complimentary for Wine Society Members Please call 770-392-7300 for reservations.

RAVINIA CLUB ANNUAL HOLIDAY RECEPTION



You are invited to start the Holiday Season with your friends at the Ravinia Club and join us for this seasonal celebration for our Members. Enjoy cocktails, festive hors d'oeuvres and desserts.

Please RSVP by calliling 770-392-7300.



Holiday Hours of Operation:

Thursday, Nov 23:

Thanksgiving Buffet 11:30 am – 2:30 pm Athletics 9 am – 1 pm

Friday, Nov 24:

Normal hours for Athletics 5 am - 9 pm Club Offices & Dining Closed

Sunday, Dec 24: Athletics 9 am – 1 pm

Monday, Dec 25: Club Closed

Sunday, Dec 31: Athletics 9 am – 1 pm

Monday, Jan 1: Athletics 9 am – 1 pm

Visit with Santa!



Sunday, December 3rd

He's making a list, And checking it twice... Santa returns to Ravinia!

All Ravinia children are invited to stop by for cocoa and cookies with Santa.

Don't forget your cameras and your "wish list."



A Ravinia Member Tradition The tradition continues every Friday evening through November 17!

Join us in the Rotisserie Lounge for an endless array of food and Club brand drinks from 5:30 - 7:30 pm. A great way to begin the weekend with your friends, coworkers, and fellow Members! Due to holiday conflicts, TGIF "takes a break" and will end for the holidays beginning Thanksgiving weekend. TGIF will return on Friday, January 5, 2007. Only \$10 for Members and \$15 for Guests, all-inclusive.



for Guests, all-inclusive.

These Fridays will feature special entertainment which will begin at 7 pm. TGIF will be extended from 5:30 - 8:00 pm. \$15 for Members and \$20

Friday, November 17 • With live performance by Ravinia's own Kenny & and the Jets

Our last TGIF of 2006, this one will be a blast! The ever-popular Kenny & the Jets are back "by popular demand" and promise to play favorites as well as new scores. Between sets, Scott will double as D.J. and play favorite Oldies to dance to. TGIF will be extended from 5:30 – 8:00 pm. \$15 for Members and \$20 for Guests, all inclusive. Music will continue until 10 pm.

MEMBER BARTENDER FOR CHARITY Continues

Benefiting the children of Mustard Seed Communities and Pro Nino Monday, November 6 • 5:30 – 8:00 pm

Hosted by Soren Ludwig and Global Peace Containers, the evening's proceeds will benefit children in Jamaica and Honduras through Mustard Seed Communities and Pro Nino. The organizations build schools, teach and care for abandoned children in these countries. The evening's silent and live auction items will be plentiful and include Persian rugs, jewelry, art, pottery, sports memorabilia and wines. Bocco Wines will offer a wine tasting. Cash bar for Guests.

CLUBS WITHIN THE CLUB...

19th Hole Golf Group

Thursday, November 9 Dunwoody Country Club

Mark your calendars for this next outing "close to home." 19th Hole Outings are designed for all levels from

beginners to pro, and play follows a "best Ball Scramble Format." Tee-times will begin early afternoon. The all inclusive price will be \$95. Call Ginny at 770-395-5167 or email ginnymattox@raviniaclub.com to reserve a spot or to be added to the 19th Hole distribution list.



Tuesday, November 7 6:30 pm

Complimentary hors d'oeuvres Drinks by Signature

Safety Tips and Self Defense Presented by Peggy Brown - American Martial Arts

Be safe this Holiday Season! Before you hit the shopping malls and parking lots, learn how to become more aware of your surroundings! Peggy Brown will teach us personal safety tips and preventative self defense strategies and techniques. Special guest, Darren Maloney, Communications Officer for Gwinnet County Police Department, will share his experiences. Dress is casual.

"Member to Member"

sponsored by Ageless at Ravinia

"Christmas is what you make it"

Monday, November 13 11:30 Soup, salad, sandwich buffet

12:15 Program and demonstration

\$15++ per person

Alice O'Neil has graciously agreed to present this popular program and demonstrate holiday items that can be made with "your own two hands." Among others, she will explain and demonstrate an item suitable for a Thanksgiving table, a holiday wreath, and an item that can be made with children/grandchildren. Printed directions for making each item will be available. Leading the way to a healthy lifestyle with a younger body and mind irrespective of age, *Ageless at Ravinia* offers terrific options such as the "Recess" exercise program, socializing opportunities, heart healthy dining, lectures on health-related topics and new friendships.



November: This Thanksgiving, we are giving thanks to our clients, new and old. Through the month of November, book a service and receive 10% off the service.

December: Spa gift certificates make ideal gifts. Come in or call today and get your custom certificate boxed in our special holiday wrapping. Gift certificates can be purchased for any service or value amount.

Ravinia Spa therapists are available on the following schedule:

Massage Therapist		Massage Therapist, cont.		Nail Technician	
Bonnie	Tue 10-3	Stephanie	Wed 9:45-1:30	Ayanna	Tue 11-6
	Wed 12-7		Fri 9:45-1:30		Wed 11-5
	Thur 12-6		Sat 9:15-1:00		Thur 11-6
Druon	Thur 10.20 /				Fri 11-5
Bryan	Thur 10:30-6	Estheticia	n		Sat 11-4
Christine	Fri 10-6	Inkeri	Wed 10-2		
	Sat 9-5		Thur 2-6:30	Laser Technician	
	Sun 9-5		Fri 10-5	Martha	Mon 1-8
	Mon 10-6		Sat 10-4 (every other)		Tue 1-8
Jill	Sat 9-2	Misha	Wed 2-6		
Kerri	Tue 2-8		Fri 12-6 Sat 10-4 (every other)		

HOURS OF OPERATION:

Tuesday-Friday 10 AM - 7 PM • Saturday 9 AM - 4 PM 770.392.7333

UPCOMING EVENTS

Epicurean Dinner – Wednesday, January 10

Wine Society Kick Off & Wine Tastings

Thursday, January 25 and February 22

Valentine's Dinner - Wednesday, February 14

BOOK CLUB

Tuesday, November 28 6:15 PM

Come with a book you have recently read and would like to discuss. For information, email steve.newfield@nadel.com

BRIDGE GROUP

Meets every other Thursday at 7 pm. For further information, call Ginny at 770-395-5167 or email ginnymattox@raviniaclub.com

CHICK-FIL-A "PEACH" BOWL

TICKETS AVAILABLE • Saturday, December 30 • 8 pm Kickoff

A C C T E A M V E R S U S S E C T E A M

Please call Ginny at 770-395-5167 or email ginnymattox@raviniaclub.com for tickets.



Please visit the Club's complete photo album at http://ravinia.smugmug.com/ Compliments of our Member, Jack Graves.

BOARD OF GOVERNORS Jud Bass

Board Chairman

Henry Aaron Tony Miller

Billy Payne

Mary Donne Peters

Mort Aronson Ed Archer

Steve Porter

Brenda Brettschneider Dwight Bell Tom Quinn

Ed Rankin

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Embree Robinson

Ken Campbell Steve Brown

Keegan Federal Michaeline M. Roland

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RAVINIA

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CLUB & SPA