MEET THE STAFF

Steve Franke, General Manager, stevefranke@raviniaclub.com..................................770 395-5181
Ginny Mattox, Member Relations Director, ginnymattox@raviniaclub.com.................770 395-5167
Sheila Arant, Club Accountant, sheilaarant@raviniaclub.com.................................770 392-7304
Laura Potts, Catering Director, laurapotts@raviniaclub.com ................................770 392-7328
Paul Lewis, Athletic/Wellness Director, paullewis@raviniaclub.com .......................770 395-5196
Jennifer Little, Spa Director, jenniferlittle@raviniaclub.com ................................770 392-7337
Eric DaRin, Executive Chef, ericdarin@raviniaclub.com .....................................770 392-7302
Greg Hazard, Maintenance Director, greghazard@raviniaclub.com ......................770 395-5158

Athletic Desk 770 392-7301 • Receptionist 770 392-7300
Spa at Ravinia 770 392-7337

HOURS OF OPERATION

Rotisserie Grill
Lunch
Tuesday - Friday, 11:30am - 2:00pm
Dinner
Thursday & Friday, 6:00pm - 9:00pm
Rotisserie Lounge
Monday & Tuesday, 4:00pm - 10:00pm
Wednesday - Friday, 4:00pm - 11:00pm

Courtside Café
Complimentary Breakfast
Monday - Friday, 6:30am - 9:00am
Luncheon Buffet
Monday - Friday, 11:30am - 2:00pm

Athletics
Monday - Friday, 5:00am - 8:30pm
Saturday & Sunday, 8:00am - 4:00pm

Ravinia Spa
Tuesday - Friday, 10:00am - 7:00pm
Saturday, 9:00am - 4:00pm

Ravinia Childcare
Monday - Friday, 9:00am - 1:30pm
Monday - Friday, 4:00pm - 8:00pm
(Thursday & Friday, 8:30pm)
Saturday, 8:00am - 1:00pm
$4.00 per child per hour

EMPLOYEES OF THE MONTH

October
Joseph Musa
Paul Wagner

November
Beverly Armstrong
Rolanda Culpepper
**Welcome New Members**

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<td>Shannon and Brad Davis</td>
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<td>Mitch and Lisa Crowe</td>
<td>Erik Hansson</td>
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<td>Donald and Ling Goh</td>
<td>Anne Marsden</td>
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<td>Matthew and Lindsay Hahn</td>
<td>David and Patricia Schmitt</td>
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<td>Sherry and Kenneth Levy</td>
<td>Paul and Amy Snyder</td>
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<td>Alex Okulski</td>
<td>Paul Huang and Jean Song</td>
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<td>Deanna and Joseph Payne</td>
<td>Argus Wiley</td>
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<td>Augustus and Gloria Pritchett</td>
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<td>Kimberley and Stan Ward</td>
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**THANK YOU TO ALL MEMBER SPONSORS!**

**ATTENTION NEW MEMBERS**

New Members or any Member who has not attended a New Member Orientation, please plan to attend on one of the following dates to meet other new Members and become “oriented” to Club procedures, rules, events and benefits of membership: January 14 or February 17 at 8 am or 6 pm. Contact Ginny Mattox, Member Relations Director, to schedule your orientation, 770-395-5167.

**FROM THE BOARD OF GOVERNORS**

A special thank you to our 2009 outgoing Board of Governors: Mort Aronson, Brenda Brettschneider, Sharon Cohen, Eva Ferguson, Ginny Greulich, Sean O’Toole, Dr. Jennie Springer and Jim Underwood. Their dedication, contributions and leadership are very much appreciated. A special thanks goes to Sean O’Toole for his service as Chairman for the last two years!

A warm welcome and congratulations to our new Board Members: Tom Brettschneider, Dave Greulich, Bruce Hamilton, Jessica Lalley, Joe Pyen, John Sousa, Dottie Toney and Chet Zalesky. Bill Tidwell will serve as the 2010 Chairman.

**THANK YOU**

_The entire staff of the Ravinia Club wishes to thank our Members for their generous donations to the Employee Holiday Fund. We wish you a healthy, happy and successful New Year._
Personal Training
Restart, rekindle, refresh and ignite your fitness and wellbeing through the commencement of 2010. Ravinia’s Health Coaches/Personal Trainers are fired up to empower, motivate and support you in your desire to be fitter and healthier from the year 2010 onwards. We will:

• Establish your foundation
• Ensure that you are accountable to your program
• Challenge you to look at fitness and health from a new prospective
• Motivate you to act outside the box throughout your program, by reinforcing new ideas and mindset towards your fitness and health goals.

Contact Paul Lewis: 770-395-5196 or paullewis@raviniaclub.com for further information about a suitable program and Coach/Trainer.

2010 Assessments
Based on the success of 2009’s baseline fitness assessment, we are offering all Members the opportunity to evaluate or re-evaluate your 2010 fitness and health objectives. Contact one of our Coaches/Trainers or the Ravinia Athletics Desk at 770-392-7301 for further information about these free-to-Member assessments.

Group Fitness Classes
Ravinia Athletics & Wellness offers an array of challenging and professionally led group fitness classes. Whether you desire to:

• Improve cardiorespiratory fitness
• Tone and build muscle
• Improve flexibility
• Be part of a unique group setting

We have the options and you have the opportunities. Scott Hausler (Ravinia Group Fitness Supervisor) will help you plan your weekly group fitness program. Contact Scott Hausler at 770-392-7301.

Nutrition Specialists
For 2010 Ravinia Athletics and Wellness will offer personalized and professional nutrition services. Informational sessions to begin in January.
**Weight Watchers**

This program continues into 2010 after a successful introduction at the Ravinia Club. Weight Watchers isn’t a diet; it’s a healthy way to live. Lose weight with weight loss plans developed by Ravinia’s Weight Watchers expert. Group sessions will be held every Wednesday @ 11am in the Yoga/Zen Room on the Athletics Floor.

**Argentine Tango**

Join acclaimed Horacio Arcidiacono, founder and main instructor of the Buenos Aires Tango Academy. Horacio, born in Buenos Aires, began teaching tango more than 10 years ago in Buenos Aires and has continued his success and enthusiasm for Argentine Tango, instructing throughout Atlanta. Socialize and enjoy the passion and intensity of Argentine Tango, in a fun and exciting environment, every Friday evening at the Ravinia Club. This is a program not to be missed!

**Yoga for Children: Help Enhance Your Child’s Concentration**

Yoga helps children develop better body awareness, self-control, flexibility and coordination. Take a leap into 2010 with movement and sensory/motor stimulus. Taught by Yoga and Children’s Yoga instructor Mary Bass, every Tuesday afternoon at 4 pm.

**Ravinia’s Chiropractor**

Regular chiropractic care offers a natural approach in maintaining good health and in the prevention of disease. Chiropractic care is proven to be safe and effective and is tailored to each patient’s age, condition and spinal needs. A healthy spine is the key to total body fitness. The mutual responsibility of our relationship with you is to help prevent health problems before they occur. The concept of prevention is inherent in every aspect of our clinic. Early detection and adjustment of spinal problems (subluxations) prevent them from becoming more serious.

At Pinnacle Chiropractic the Gonstead System of Chiropractic care, known throughout the profession as *The Gold Standard of Chiropractic Care*, is utilized. The Gonstead system gives rise to a specific, definite approach, to every segment of the spinal column. Digital Thermography Testing is incorporated to determine exactly where irritation within the nervous system is occurring. All Ravinia members are offered the opportunity to examine their true neurological function with a complimentary Digital Thermography Exam. Call today to set up your FREE exam…..You may be very surprised with the results! (678)591-4483.
Tranquil Tuesdays

Relax and pamper yourself with a weekday treatment. Book a one-hour Massage or Facial on Tuesdays in January and February and receive $10 off.

Pigment Regulator Masque Treatment

This treatment is a unique, customizable chemical peel targeting hyperpigmentation that improves the uneven appearance of photo-damaged skin after only one treatment. Dramatic results can be seen after 4-6 treatments. The masque combines high performance brightening and anti-inflammatory agents with a powerful exfoliating acid solution to accelerate cell renewal and diminish hyper pigmentation.

January/February Special: $100 (Regular Price: $125)

Valentine’s Day

February 14th is the day for love! Show your Sweetheart how you really feel this Valentine’s Day and treat him/her to a relaxing day at the spa. The Spa at Ravinia offers massages, facials, manicures, and pedicures. Book your services now! Gift Certificates are also available. During the week of February 8th, the Spa will offer chocolate and champagne with every service.

Chocolate Pedicure

During the month of February pamper your inner chocoholic! This decadent treatment begins with a soothing chocolate moisturizing foot soak, followed by chocolate sugar scrub exfoliation treatment, chocolate renewing masque and chocolate bliss crème massage.

Join our Email List

Receive special promotions and last-minute savings on treatments and retail. Call 770-392-7337 or email jenniferlitle@raviniaclub.com to be added to our list.

On Sundays and Mondays when the Spa is closed, appointments may be booked by calling the Athletics Desk at 770-392-7301.
This exciting program was launched last year, and this year’s series promises to be a stellar opportunity to enhance your skills. The programs are scheduled for the first Thursday of each month (with the exception of July, August and December) and are designed for business executives to network as well as broaden their talents. The format gives participants an opportunity to enjoy a break after work, mingle with Ravinia Club peers and other Perimeter area business people, and learn from noted “experts in their fields.” Each event starts at 5:30 with a Cash Bar and hors d’oeuvres for attendees to enjoy while meeting other professionals followed by the program at 6pm.

Cocktails and Connections
Thursday, January 7 • 5:30 – 7:30 pm • Hors d’oeuvres, cash and signature bar
This kick-off event will provide opportunity to socialize, network and learn about the year’s series of programs. We will be joined by members of the Dunwoody Chamber of Commerce, Rotary Club of Dunwoody, Institute for Management Studies, EWomen’s Network and other professional groups that meet regularly at Ravinia Club. These groups will also share information on opportunities available within their respective groups.

Cracking the Code: Secrets for Selling to the Top in 2010
Presented by Stephen J. Bistritz, Ed.D
Thursday, February 4 • 5:30 – 7:30 pm • Hors d’oeuvres, cash and signature bar
With over 40 years of high-tech sales, sales management and training management experience, Dr. Steve Bistritz is co-author of Selling to the C-Suite published by McGraw-Hill in 2009. After ground breaking research and ten years of asking CXO-level executives about their relationships with professional salespeople, Steve reveals what executives themselves tell us works from their perspective. This presentation will highlight how professional salespeople can

- Gain access to senior-level client executives
- Establish trust and credibility, so that they get return access
- Leverage relationships with senior-level client executives
- Create and communicate value at the executive level

It also reveals when executives personally enter the buying process and sheds light on what role they play at crucial steps in that process.

Steve spent more than 27 years with IBM in sales and training-related positions before working for a sales training company where he led the development of sales training programs which were delivered to tens of thousands of salespeople worldwide. He holds a doctorate in human resource development from Vanderbilt University and is currently president of his own sales training and consulting firm, based in Atlanta.
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**Share the Best Kept Secret**

**Sponsor a New Member and Receive $500!**
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Burgundy and Rhone Wine Dinner

Wednesday, January 13
6:30 pm Mix and Mingle
7:00 pm Dinner
$ 85 ++ per person ($75++ Wine Society Members)
$ 65++ without wine

Come in from the cold and enjoy Chef Eric’s 4-course gourmet dinner paired with Rhones and Burgundys selected by distributor, Kelly Wheeler of ConVinum Wines. As dinner is enjoyed, Kelly will educate guests on the excellent Burgundys and Rhones served. A triple-degreed wine professional, Kelly is a Senior Instructor at the Atlanta Wine School where he specializes in French and Italian wines. He has visited every one of our Burgundy winemakers in their homes and knows their wines intimately.
Valentine’s Dinner and Dance
Saturday, February 13 • 5:30-9:30 PM
$60++ Without Wine • $75++ With Wine Pairings
Reservations required, 770-392-7300, and are available on the half-hour starting at 5:30 pm.
A 24-hour cancellation policy will be in effect.
Steal away and join us for an enchanted evening to include music and dancing for the perfect celebration of this special day!

MENU

1st Course
Smoked Bacon Wrapped Sea Scallop
Sweet Georgia Shrimp Crème
Fried Leeks

2nd Course
Duck Confit Salad
Baby Winter Greens
Maytag Blue Cheese
Sundried Cherries
Maple Walnut Vinaigrette

3rd Course
Blood Orange & Basil Sorbet

4th Course
Porcini Dusted Fillet of Beef
Truffle Infused Sunchoke Puree
Haricot Vert
Red Wine Reduction Sauce
-or-
Asian Glazed Sea Bass Fillet
Lobster & Sweet Pea Risotto
Sesame Baby Spinach
Shoyu & Miso Broth

5th Course
Trio of Chocolate
White Chocolate Raspberry Crème Brulee Shot
Dark Chocolate Sorbet
Milk Chocolate Sand with Macerated Strawberry
Wine Society

Attention Wine Lovers…
Wine Tasting and Wine Society 2010 Overview
Thursday, January 28 • 7:00 pm
Reservations Required. 770-392-7300

The Ravinia Club Wine Society returns for 2010 and should prove to be the best yet! As we have done the last few years, we will offer variety to the tasting format and include interactive as well as educational tastings. Join us for our introductory January Tasting which will provide an opportunity to learn what’s on schedule for the upcoming year. Select wines from our current wine portfolio will be sampled. January’s tasting will be complimentary for Ravinia members. Reservations are required!

The charge to join the Wine Society remains $150 per person. For those of you who have not attended a Wine Tasting, this is a unique opportunity to taste a plethora of wines, gain further education, socialize, meet fellow Members, enjoy complementing hors d’oeuvres, and buy wines at great value. Each tasting features 20-30 wines ranging in price from $10-$100, and at least four or five experts in the field are on hand to educate us. This is a fantastic opportunity to sample wines before buying.

The Wine Society entitles you to:
- Complimentary admission to all monthly tastings ($25++ per person if not a member of the Wine Society)
- Cost plus 10% on wine purchases from monthly tastings
- Club Wine Storage – four bottles maximum
- No corkage fee for wine purchased from monthly tastings
- Special pricing for Wine Dinners

Schedule for 2010
- January 28 (Introduction)
- February 25 (Wines Made with Love)
- March 25 (Blending Class)
- April 29 (Wines to feel good about drinking)
- May 27 (Bubbles and BBQ)
- June 24 (Wines that put Regions on the Map)
- July 29 (All American: Red, White & Brew)
- August 26 (Blind Tasting & Wine Trivia)
- September 30 (Wines to Fall For)
- October 28 (Emerging Wine Regions)
- November 18 (Wines to Give and Get)
SPECIAL CLUB EVENTS

Book Club
Dinner and a Movie
Tuesday, January 26
6:00 pm
Ravinia’s Book Club meets monthly and is open to all Members. At January’s meeting, Breakfast at Tiffany’s will be discussed followed by the showing of the movie. Cocktails and bar menu available. For further information, contact Steve Newfield at steve.newfield@nadel.com.

Third Thursday Family Night at Courtside
Thursday, January 21
Thursday, February 18
5:30 – 7:30 pm
$15 ++ per adult/complimentary for children with paying adult Mark every third Thursday and bring the family to the Club for Family Night, a Ravinia tradition. Chef Eric will prepare a family-friendly buffet! Paul Wagner will provide simple athletic competitions for the children. For those enrolled in Kids’ Karate, this is a perfect opportunity to feed your hungry children, avoid the traffic and meet other Ravinia families.
Reservations required. 770-392-7300.
SPECIAL CLUB EVENTS

TGIF

A Ravinia Member Tradition

The tradition continues every Friday evening beginning January 8!

Join us in the Rotisserie Lounge for an endless array of food and Club brand drinks from 5:30-7:30 pm. A great way to begin the weekend with friends, coworkers and fellow Members! Only $10 for Members and $15 for Guests, all-inclusive.

Super “Super Bowl” TGIF

Friday, February 5

A kick-off to the weekend’s Super Bowl XLIV in Miami.

Enjoy Club brand drinks and plentiful hors d’oeuvres with a football tailgating theme.

Dress to support your favorite NFL team, optional.

TGIF will be extended from 5:30 – 8:00 pm.

$15 for Members and $20 for Guests, all-inclusive.

DJ music for entertainment and dancing will begin at 6:00 and continue to 9:00 pm.

First Wednesday Trivia Night

Wednesday, January 6

Wednesday, February 3

6:30-8:00 pm

Do you remember? Every first Wednesday evening at 6:30 pm, Trivia is played in the Rotisserie Lounge. Enjoy $3 Cocktails and Rotisserie Lounge Menu with a Trivia Night “Feature.” Three rounds are played, and a drink ticket is awarded to each member of the winning team. Teams are limited to four players. Bring a partner or join a team!
RAVINIA CLUB & SPA
BUSINESS/SOCIAL/ATHLETIC
ESTABLISHED 1987
Two Ravinia Drive
Suite 100
Atlanta, GA 30346
www.raviniaclub.com

BOARD OF GOVERNORS

William Tidwell
Board Chairman

Henry Aaron
Jud Bass
Shannon Blackburn
Tom Bretsneider
Steve Brown
Chrix Cox
Kay Evans
Thomas Evans
Dave Greulich
Bruce Hamilton
Larry Hart
Malcolm Kilpatrick
Jessica Lalley
Robert Lane

William Porter Payne
Tom Purcell
Joe Pyen
Hal Smith
John Sousa
Ben Spalding
Dottie Toney
Jackie Ward
Larry Warner
Chet Zalesky