

April 2021

# Dunes West

GOLF & RIVER CLUB

Pro Shop, 843-856-9000 ■ Grille, 843-856-9378  
Fitness Center, 843-881-8735 ■ [www.duneswestgolfclub.com](http://www.duneswestgolfclub.com)



## AROUND THE CLUB

### Spring Fitness Class Session

April 5 – July 3

**Free Trial Week: April 5-10**

**Unlimited Spring Session: \$145**

**Drop-in Class Fee: \$10/class**

To register and pay for classes, please email Jenn at [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com).

### Class Schedule

**Mondays:**

Pilates, 9 a.m.

**Tuesdays:**

Cardio Sculpt, 8:30 a.m.  
Restorative Yoga, 6:30 p.m.

**Wednesdays:**

Pilates, 9 a.m.  
Restorative Yoga, 6:30 p.m.

**Thursdays:**

Cardio Sculpt, 8:30 a.m.  
Restorative Yoga, 6:30 p.m.

**Friday:**

Yoga for You, 9 a.m.

**Saturday:**

Chisel, 8 a.m.



### Fitness Facility Updates

■ When entering the gym, please count the number of current exercise participants to ensure the recommended maximum participant number of six people at a time is not exceeded.

■ Please continue to practice safety by not coming to the gym if you are feeling ill or have been experiencing symptoms of Covid-19, wiping and cleaning equipment before and after use, washing your hands, and wearing face masks when entering and exiting the gym. We thank you for your patience as we continue to navigate this new style of fitness.

■ Reminders on children in the fitness facility: No children under 13 may be in the fitness facility at any time for any reason. Children ages 13-17 must be with an adult 18 years of age or older.

### 2021 Pool Season

**All three pools are scheduled to open April 1** and will be open from 10 a.m.-8 p.m. Pools

### Save the Date!

**Breakfast**

Breakfast Sandwiches Only  
Monday – Friday, 8-11 a.m.

Full Breakfast

Saturday-Sunday, 8 a.m.-12 noon

**Sunday Brunch**

Sunday, 8 a.m.-12 noon

**Lunch**

Daily, 11 a.m.-3 p.m.

**Dinner**

Thursdays, 5-8 p.m.

**April 1**

Pools Open!

**April 2**

Friday Night Tacos

**April 18**

Couples Golf

are included in Athletic and Premier memberships. Members must have access cards to enter the pools. To replace lost access cards, please contact the office at 843-856-9000.

The main pool slide will remain closed until Lifeguards are present. Lifeguards and Pool Attendants will resume weekend-only duty beginning April 10. Beginning on Memorial Day, May 31, Lifeguards and Pool Attendants will resume daily duty.

Lifeguards and Pool Attendants are being hired and managed by



Happy Easter!



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American Pool Management Company/Atkinson Pools. Please contact them with questions, comments or suggestions at 843-568-5371.

## Summer Swim Season is Returning

The Dunes West Swordfish team is happy to announce the return of Summer swim season. Practices and meets may look a little different from past years, but we're moving forward with registration and hiring coaches. Registration will open in the next week or two. Further announcements can be found on our Facebook page, [www.facebook.com/Duneswestswimming](http://www.facebook.com/Duneswestswimming).

## 2021 Car Decals Available

Decals are available in the Pro Shop daily from 7 a.m.-5 p.m. or in the office located upstairs in the Golf Club Monday-Friday from 9 a.m.-3 p.m.

Dunes West members residing outside of the guard gates are required to have

a Dunes West Club 2021 car decal in their windshield when entering the guard gate. These decals solely permit access to the Athletic or Golf Club locations within the neighborhood.

## Friday Night Tacos

Friday, April 2 ■ Dinner, 5-9 p.m.  
The Grille Room

### Friday Specials

See the special board for our:

\$20 Wine Bottle Specials

### Specialty Drink

Margarita, \$9

Ask your server for the night's special.

### SIDES

Add to any entrée.

#### ■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing, \$5

#### ■ Rice & Beans, \$4

### APPETIZER

#### ■ Queso Dip

Tortilla chips & homemade queso dip, \$8

### TACOS

All tacos served in a soft flour tortilla.

Substitute a lettuce wrap at no additional charge.

#### ■ Carne Asada

Marinated flank steak thinly sliced with caramelized sweet onions and drizzled

## Did You Know???

We offer EZ Pay Billing for both your Athletic & Golf dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!  
843-856-9000

with our house queso, topped with house salsa & creamy avocado, \$5.75

#### ■ Hawaiian

Seared, seasoned pork belly, grilled pineapple, salsa & siracha-lime carrot slaw, \$4.75

#### ■ Buffalo Shrimp

Fried Shrimp tossed in wing sauce, with bleu cheese crumbles, shredded lettuce & diced tomatoes, drizzled with bleu cheese dressing, \$5.75

#### ■ Chicken

Braised, pulled chicken breast, roasted corn, house salsa & queso fresco, topped with fried onion straws, \$4.75

#### ■ Taco Bowl

Rice & beans, shredded cheddar cheese, caramelized onions, roasted corn & house salsa, \$9

#### Add for \$5

- Shrimp – Grilled, fried or blackened
- Pulled Chicken • Seared Pork Belly
- Marinated Flank Steak

#### ■ Taco Salad

Mixed greens, shredded cheddar,

## 2021 High School Graduation Banner

To add your graduating senior's name to the banner, please email Jenn at [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com). Please provide your name, your child's first and last name and a good contact number.

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# Save the Date for Summer Camps

## KE Camps 2021

**Who:** Kids ages 4-10; Staff is all-adult and are first-aid and CPR certified.

**What:** Group activities including swimming and tennis, themed days, arts and crafts, team building, educational and service activities and good, old fashioned, friendship building fun!

**When:** Weekly sessions (Monday-Friday) June 21 – July 30. Camp hours are 9 a.m.-4 p.m. with before and after care available

**Where:** West Athletic Club

For registration and more information, 877-671-CAMP(2267).



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caramelized onions, roasted corn, house salsa, fried tortilla strips & Southwestern ranch, \$9

### Add for \$5

- Shrimp – Grilled, fried or blackened
- Pulled Chicken • Seared Pork Belly
- Marinated Flank Steak

## KIDS

Served with tortilla chips & queso.

- Chicken Taco, \$6
- Steak Taco, \$6
- Cheese Quesadilla, \$6
- Chicken Quesadilla, \$6
- Steak Quesadilla, \$6

Summer Camps  
are Back!

## DESSERT

### ■ Churros

Dusted with cinnamon sugar and served with a raspberry dipping sauce, \$6

## Thursday Dinner

The Grille Room ■ Dinner, 5-8:30 p.m.

### Thursday Specials

See the special board for our: \$20 Wine Bottle Specials

## SIDE SALADS

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad**  
Mixed greens with tomatoes, onions, cucumbers & choice of dressing

## APPETIZER

- **Fried Green Tomatoes** topped with grilled shrimp, roasted corn & Alabama white sauce, \$9

## ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Prime Rib** with au jus, mashed potatoes & fresh green beans  
8 oz. Queen-Cut, \$18  
12 oz. King-Cut, \$22
- **Fried Seafood Platter**  
Shrimp, flounder & calamari,

served with hand-cut fries, coleslaw & tartar sauce, \$19

### ■ 16 Spice Chicken

That's way too many spices to list, just trust us! Served on a bed of Low Country risotto with bacon & homemade pimento cheese, \$17

### ■ Baby Back Ribs

Fall off the bone and brushed with a sweet & tangy BBQ sauce, with hand-cut fries & coleslaw  
Half rack, \$17 ■ Full rack, \$21

## SALADS & SANDWICHES

### ■ Burger\*

Have it with or without bacon. Choose from American, cheddar, Swiss or smoked gouda. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

### ■ Chicken Sandwich

Have it grilled or fried, with or without bacon. Choose American, cheddar, Swiss or smoked gouda. Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

### ■ Salmon Salad

Bourbon glazed salmon on a bed of mixed greens with sliced almonds, mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$16

## KIDS

Choose one side.

- Grilled Cheese, \$6
- Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

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Member Member  
Champs

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## Tennis Camp Schedule

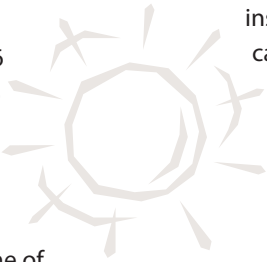
This summer we will be offering four weeks of tennis camps for ages 4-12:

**Week 1:** 6/21-6/25

**Week 2:** 6/28-7/2


**Week 3:** 7/12-7/16

**Week 4:** 7/19-7/23



It is our goal each week to provide a safe and fun environment for your child or children to learn the game of tennis. They will learn the rules and strokes through a variety of games promised to keep their attention. We will be using low compression balls and shorter courts to help speed up the learning process. Also, as part of the camp, the campers will go to the pool each day for the last half hour of the day to cool off. Due to the concern for the ongoing covid-19 pandemic we ask that if your child isn't feeling well please do not bring them for that day. We ask that every camper attend the camp with a mask and extra hand sanitizer in case there may be situations where they may not be able to social distance in the event of a rain shower. Also, if it rains and it looks like we won't be able to conduct the camp for that day a credit will be given due to the rain out. Every Friday there will be prizes, report cards, and pizza party. The cost is \$165 per camper per week.

Please note that if you have a tennis account already set up simply log into your account and click on <Activities> then <Junior Programs>. In order to create an account please go to [www.10sportal.com/club/login/dunes-west-athletic-club](http://www.10sportal.com/club/login/dunes-west-athletic-club) and click



<Customer Sign Up> to create an account. Please set up your kids as a secondary on your account. The system will ask for a credit card during the sign up process. Once you have created an account just follow the above instructions on how to find the camps. If you have any questions regarding camps please text Jack at 843-345-2995.

## USTA Mixed Doubles

USTA Mixed doubles play will begin the middle of April. If you would like more information regarding mixed doubles or to play on a team, please contact Jack Miller at 843-345-2995

## Clay Courts Watering Schedule

With the warmer temperatures upon us the clay courts will now need to be watered after morning play between 12:30-4:30 p.m. as well as in the evening after 9:30 p.m. Please note that the schedule may change depending on temperature changes or weather occurrences.

## Tennis Account

Just a quick reminder that if you have created a tennis account to take lessons or make reservations and you get locked out, do not create a new account! Simply contact Jack so he can send you a temporary password so that you can log in.

## MGA Member Member Results

Ray Dickinson, Mike McCraw,  
69, 67 – 136

## Adult USTA Spring Season

For those that don't know the USTA Spring season actually started in January for the Lowcountry. We would like to say thanks to all the captains and teams that competed in the Spring 2021 season. A special congratulations goes out to the 2.5 ladies team Always Causing a Racquet captained by Kimberly Harris who are in first place with a 7-0 record (as of late March) and the ladies 3.5 team Hot Flashes captained by Maria McTighe and co-captained by Kim Frankel who are currently in second place (as of late March). Way to represent Dunes West!

## GOLF NEWS

## 2021 Member – Member Results

### Saturday

**1st Place:** Greg Lewis, John Carey, 66  
**2nd Place:** David Connell, Ed Clark, 67

### Sunday

**1st Place:** Ray Dickinson, Mike McCraw, 67  
**2nd Place:** Mike Hankins, Kyle Montegary, 67

### Overall Winners

**1st Place:** Ray Dickinson/Mike McCraw, 69, 67 – 136  
**2nd Place:** James Huffman/Joshua Sexton, 69, 69 – 138

Congratulations!

# April



Sunday

Monday

Tuesday

Thursday

Friday

Saturday



4

6

7

1

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga, 6:30 p.m.  
Thursday Dinner  
5-8:30 p.m. RSVPs  
Recommended  
843-856-9378

*April Fools Day*

2

SMGA 9:30-10:33  
LGA 8:45-9:21  
Yoga for You, 9 a.m.  
Friday Night Tacos –  
5-9 p.m. RSVPs  
Recommended  
843-856-9378

*Good Friday*

3

MGA, 7:15-8:09  
LGA, 9:03-9:12  
GOB, 10:06-10:33  
Chisel, 8 a.m.

MGA,  
7:15-7:42

SMGA, 9:30-10:33  
LGA, 8:45-9:21  
Pilates, 9 a.m.

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga,  
6:30 p.m.

SMGA Ryder Cup,  
9:30-10:51  
LGA 9 & Lunch,  
8:36-9:21  
Pilates, 9 a.m.  
Restorative Yoga,  
6:30 p.m.

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga,  
6:30 p.m.  
Thursday Dinner  
5-8:30 p.m. RSVPs  
Recommended  
843-856-9378

SMGA, 9:30-10:33  
LGA, 8:45-9:21  
Yoga for You, 9 a.m.

MGA, 7:15-8:09  
LGA, 9:03-9:12  
GOB, 10:06-10:33  
Chisel, 8 a.m.

*Easter*



11

MGA,  
7:15-7:42

SMGA, 9:30-10:33  
LGA, 8:45-9:21  
Pilates, 9 a.m.

13

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt,  
8:30 a.m.  
Restorative Yoga,  
6:30 p.m.

14

SMGA Ryder Cup,  
9:30-10:51  
LGA 9 & Lunch,  
8:36-9:21  
Pilates, 9 a.m.  
Restorative Yoga,  
6:30 p.m.

LGA Tax Day, 8:09-9:30  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga,  
6:30 p.m.  
Thursday Dinner  
5-8:30 p.m. RSVPs  
Recommended  
843-856-9378

16

SMGA, 9:30-10:33  
LGA, 8:45-9:21  
Yoga for You, 9 a.m.

17

MGA, 7:15-8:09  
LGA, 9:03-9:12  
GOB, 10:06-10:33  
Chisel, 8 a.m.

18

MGA,  
7:15-7:42  
Couples Golf,  
1 p.m.

19

SMGA, 9:30-10:42  
LGA, 8:45-9:21  
Pilates, 9 a.m.

20

LGA, 8:09-8:27  
SLIP, 8:54-9:03  
GOB, 9:12-9:21  
Tournament, 9:30 a.m.  
Cardio Sculpt,  
8:30 a.m.  
Restorative Yoga,  
6:30 p.m.

21

SMGA Ryder Cup,  
9:30-10:51  
LGA 9 & Lunch,  
8:36-9:21  
Pilates, 9 a.m.  
Restorative Yoga,  
6:30 p.m.

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga,  
6:30 p.m.  
Thursday Dinner  
5-8:30 p.m. RSVPs  
Recommended  
843-856-9378

23

SMGA 3 Scrambler,  
9:30-10:51  
LGA, 8:45-9:21  
Yoga for You, 9 a.m.

24

MGA, 7:15-8:09  
LGA, 9:03-9:12  
GOB, 10:06-10:33  
Chisel, 8 a.m.



25

MGA,  
7:15-7:42

26

SMGA, 8:18-9:21  
LGA, 7:33-8:09  
Pilates, 9 a.m.

27

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
Restorative Yoga,  
6:30 p.m.

28

SMGA, 8:18-9:21  
LGA 9 & Lunch,  
9:39-10:24  
Pilates, 9 a.m.  
Restorative Yoga,  
6:30 p.m.

LGA, 8:18-9:03  
SLIP, 9:39-9:57  
GOB, 10:06-10:42  
Cardio Sculpt, 8:30 a.m.  
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*'Tis the season for golf!*

*Arbor Day*